

Knarvik Mila

Resultater Halvmarathon M/K

Halvmarathon : Mænd

Nr	StartNr	Navn	Klub	8,65 km	14,50 km	Mål	min/km
1	591	Ørjan Grønnevig	Stavanger Friidrettsklubb	0:27:24	0:46:43	1:07:36	3:12
2	515	Dadafo Dhaqabi	Vidar, Sportsklubben	0:27:25	0:46:44	1:07:38	3:12
3	689	Frew Zenebe Brkineh	Sandnes IL	0:27:24	0:46:43	1:07:49	3:12
4	1098	Mulugeia Zewde	Nordnes Salhus	0:27:25	0:46:44	1:07:50	3:12
5	577	Simen Bergseth	Skjalg IL	0:28:40	0:48:58	1:12:03	3:24
6	709	Gunnar Osmundsen	-	0:28:41	0:48:59	1:12:20	3:25
7	583	Svein Roar Kvamme	Norna-Salhus IL	0:28:54	0:49:39	1:12:46	3:26
8	564	Ole Mikal Tørsdal	Haugesund Idrettslag Friidrett - gr	0:28:54	0:49:54	1:13:17	3:28
9	565	Ole-Petter Fjeld	Tønsberg Fri-Idrettsklubb	0:28:55	0:50:08	1:14:39	3:32
10	522	Finn Kollstad	Kristiansand løpeklubb	0:29:42	0:51:00	1:14:52	3:32
11	502	Alemayehu Sitotaw	Varegg Fleridrett	0:30:01	0:51:47	1:16:21	3:37
12	582	Svein Glomnes	Fil Aks-77	0:29:41	0:51:52	1:17:33	3:40
13	562	Odin Tveiten	Sturla, IF	0:29:27	0:52:09	1:18:01	3:41
14	511	Bjørn Tore Kronen Taranger	Gular, IL	0:30:34	0:53:05	1:18:04	3:41
15	538	Håvard Austevoll	Kalandseid IL	0:31:17	0:53:03	1:18:23	3:42
16	585	The Real Henrik Angermund	Varegg Fleridrett	0:30:34	0:53:06	1:18:55	3:44
17	553	Marius Skeide Ruth	Stavanger Friidrettsklubb	0:30:34	0:53:05	1:19:15	3:45
18	841	Max Glännefors	GOIF Tjalve	0:31:05	0:53:43	1:19:22	3:45
19	580	Stein Henrik Olausen	Varegg Fleridrett	0:31:22	0:54:25	1:20:04	3:47
20	586	Thomas Grønfor	Førde IL - Friidrett	0:31:49	0:54:44	1:21:04	3:50
21	561	Nils Haktor Bua	Stavanger Friidrettsklubb	0:31:17	0:54:45	1:21:12	3:50
22	557	Matthew Lynas	Varegg Fleridrett	0:31:50	0:54:56	1:21:12	3:50
23	590	Trygve Andresen	Varegg Fleridrett	0:30:49	0:54:46	1:21:35	3:52
24	541	Jon-Geir Iversen	Tromsø Løpeklubb	0:32:12	0:55:23	1:21:46	3:52
25	851	Morten Haugsvær		0:33:15	0:56:38	1:22:48	3:55
26	521	Erik Iden	FRI IL	0:31:54	0:55:49	1:23:09	3:56
27	530	Hans Olav Nybø	Bergen Løpeklubb	0:33:24	0:57:02	1:23:14	3:56
28	1054	Nerijus Radavicius	Fana blikk	0:31:50	0:56:15	1:23:23	3:57
29	631	Benjamin Narum		0:32:22	0:56:57	1:23:39	3:57
30	579	Sondre Øvre-Helland	Viking, TIF	0:31:27	0:57:42	1:24:40	4:00
31	1068	Thomas Rønn-Aar		0:32:34	0:57:08	1:25:12	4:02
32	968	Thomas Bergsvik Thorn	Åsane CK	0:32:55	0:57:16	1:25:32	4:03
33	533	Helge Færø	Fil Aks-77	0:33:44	0:57:58	1:25:36	4:03
34	566	Ove Wolff	Hyllestad IL	0:33:39	0:58:00	1:25:44	4:03
35	938	Stian Hordvik	Grinde-Veten	0:33:11	0:57:55	1:26:28	4:05
36	567	Ove Arne Bernes	Mjøsdalen IL	0:34:17	0:59:15	1:27:20	4:08
37	677	Erik Reikrás	Team Reikrás	0:33:59	0:58:57	1:27:32	4:08
38	919	Sigurd Ekkje	Statoil BIL	0:34:37	0:59:35	1:27:44	4:09
39	1097	Carl Petter Martinsen		0:34:26	0:59:34	1:28:08	4:10
40	881	Rasmus Vive	Statoil BIL Bergen	0:35:16	1:00:06	1:28:14	4:10
41	877	Pål Rørvik		0:34:47	1:00:25	1:28:21	4:11
42	526	Gunnar Aarseth	Stavanger Friidrettsklubb	0:34:32	0:59:51	1:28:51	4:12
43	555	Martin Erdal	Samnanger IL	0:34:31	1:00:01	1:28:58	4:13
44	1050	Matthew Jerrard	Eastleigh Running Club	0:35:03	1:00:32	1:29:02	4:13
45	501	Aleksander Schumann-Olsen	Gular, IL	0:33:56	0:58:57	1:29:03	4:13
46	708	Gunnar Lyngnes		0:35:07	1:00:34	1:29:16	4:13
47	514	Christen Skjerven	Bergens TF	0:33:53	0:59:54	1:29:23	4:14
48	904	Ruben Haugland	No Direction	0:34:16	0:59:31	1:29:47	4:15
49	572	Ragnvald Kanebog	Bergen Løpeklubb	0:34:28	0:59:55	1:30:06	4:16
50	531	Harald Nygård	Fil Aks-77	0:34:18	0:59:41	1:30:10	4:16
51	578	Simen Gudbrandsen	Modum Friidrettsklubb	0:35:12	1:01:50	1:30:47	4:18
52	888	Richard Sherrock		0:36:01	1:01:23	1:30:52	4:18
53	930	Stein Kjetil Hefte	Opptur Motbakkeklubb.	0:35:31	1:01:53	1:31:03	4:18
54	596	Aleksander Bjørøy	Blubbelubb Sportsklubb	0:36:21	1:02:28	1:31:13	4:19
55	894	Robert Næss		0:35:32	1:01:46	1:31:31	4:20
56	636	Bjarte Reed	Førde CK	0:36:16	1:02:17	1:31:40	4:20
57	952	Sverre Johansen	Nordhordland Sykkelklubb	0:36:00	1:02:22	1:31:43	4:20
58	589	Tore Tvilde	Voss IL	0:35:55	1:02:39	1:31:51	4:21
59	1007	Åge Høines	Kondis	0:36:34	1:02:32	1:31:55	4:21
60	512	Børge Harestad	Skjalg IL	0:32:40	0:58:44	1:32:01	4:21
61	905	Ruben Lokøy		0:37:01	1:03:33	1:32:02	4:21
62	1064	Romain Beucher		0:36:00	1:02:20	1:32:18	4:22
63	558	Morten Vestvik	Stavanger Friidrettsklubb	0:36:07	1:02:13	1:32:18	4:22
64	1080	Hans Lie	MRC GLOBAL	0:36:13	1:02:34	1:32:26	4:22
65	563	Ole Gunnar Nordhus	Fana IL	0:36:08	1:02:30	1:32:58	4:24
66	786	Karl Ludvig Daee	Austrheim IL	0:37:59	1:04:48	1:33:00	4:24
67	717	Harald Marthinussen	Eikanger IL	0:36:48	1:03:12	1:33:01	4:24
68	733	Hugo Bjørdal	Kondis	0:36:39	1:02:53	1:33:01	4:24
69	509	Oliver Trew		0:36:50	1:03:42	1:33:17	4:25
70	551	Magne Skumsnes	Fitjar IL	0:35:43	1:02:54	1:33:20	4:25

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Nr	StartNr	Navn	Klub	8,65 km	14,50 km	Mål	min/km
71	575	Roger Erstad	Varegg Fleridrett	0:35:53	1:03:48	1:33:25	4:25
72	691	Frode Nergaard Fjeldstad		0:37:11	1:03:30	1:33:36	4:26
73	897	Romain Mathieu Laffitte	Technip running team	0:38:02	1:04:22	1:33:40	4:26
74	970	Tomas Marko		0:35:49	1:02:44	1:33:46	4:26
75	597	Alexander Øen Ask		0:36:15	1:03:12	1:33:47	4:26
76	639	Bjørnar Eidsheim	Kløvheim Skulekorps	0:36:02	1:03:10	1:33:55	4:27
77	773	John Arve Michelsen		0:36:40	1:03:45	1:34:07	4:27
78	807	Kåre Teige		0:38:33	1:04:43	1:34:10	4:27
79	996	Øystein Brun	Varegg Team Melkesyre	0:36:32	1:03:19	1:34:12	4:27
80	571	Per Gunnar Alfheim	BFG Bergen Friidrettsklubb	0:36:45	1:04:08	1:34:18	4:28
81	699	Geir Øy	Ave Corpus	0:37:27	1:04:31	1:34:28	4:28
82	989	Viljar Solbakken		0:36:26	1:03:08	1:34:33	4:28
83	550	Lars Bjørnbæk	Idrett Utan Alkohol	0:35:38	1:03:04	1:34:37	4:29
84	1091	Svein Georg Hjelle		0:37:20	1:03:55	1:34:39	4:29
85	852	Morten Hovland Sande	Norsk Gjenvinning Norge AS	0:36:53	1:03:55	1:34:45	4:29
86	640	Bjørnar Rittedal	Sandnes SK/BKK BIL	0:39:32	1:05:38	1:34:51	4:29
87	703	Gianluca Giovannetti	pisa	0:36:15	1:03:22	1:35:13	4:30
88	723	Heine Sletten		0:37:21	1:04:24	1:35:13	4:30
89	517	Ruairidh Finlayson		0:36:51	1:04:15	1:35:22	4:31
90	917	Shezad Inayat		0:36:52	1:05:12	1:35:43	4:32
91	1094	Øivind Nilsen		0:37:33	1:05:16	1:36:02	4:33
92	570	Per Audun Heskestad	Fil Aks-77	0:38:09	1:05:36	1:36:04	4:33
93	524	Frode Røslund	Lindås IL	0:37:40	1:05:14	1:36:15	4:33
94	686	Fredrik Berentsen	Eikanger-Bjørsvik Musikklag	0:37:28	1:05:10	1:36:41	4:34
95	794	Knut Espetvedt	NBK	0:38:17	1:05:49	1:36:42	4:35
96	928	Stefan Brunzell	BTC	0:37:24	1:05:25	1:36:43	4:35
97	716	Hans Roger Hosøy		0:37:11	1:04:28	1:36:49	4:35
98	678	Erlend Låstad		0:37:12	1:03:26	1:36:58	4:35
99	809	Lars-Fredrik Sæthre		0:39:11	1:06:44	1:37:19	4:36
100	535	Herbjørn Brennhovd	Gol IL	0:38:44	1:06:26	1:37:20	4:36
101	906	Runar Sæthre		0:37:29	1:04:57	1:37:26	4:37
102	638	Bjørn Laastad	Statoil BIL	0:37:42	1:05:12	1:37:28	4:37
103	1003	Øyvind Pettersen	Grinde-Veten/Hordvik	0:37:55	1:06:17	1:37:38	4:37
104	776	Jonny Mikalsen	EVRY	0:38:16	1:06:21	1:37:39	4:37
105	660	David Alræk		0:37:43	1:05:59	1:37:41	4:37
106	1000	Øyvind Fjeld	Skogsvåg IL	0:40:16	1:08:29	1:37:43	4:37
107	1074	Jan Atle Polden		0:38:19	1:05:52	1:38:02	4:38
108	890	Roald Flesland Havre		0:37:13	1:05:19	1:38:05	4:38
109	661	David Hine		0:39:21	1:07:07	1:38:14	4:39
110	692	Frode Ølsvoll	Nordre Holsnøy IL	0:39:14	1:07:22	1:38:30	4:40
111	755	Jan Grov	Florø	0:38:49	1:06:51	1:38:32	4:40
112	756	Jan Morten Mathisen		0:38:07	1:06:50	1:39:08	4:41
113	510	Bjørn Ulvang	Svalbard Turn	0:37:18	1:05:39	1:39:18	4:42
114	635	Bjarte Hodnekvam	CSC BIL	0:40:09	1:08:13	1:39:26	4:42
115	682	Espen V. Pedersen	Team Melkesyre	0:40:41	1:08:48	1:39:29	4:42
116	520	Endre Dommersnes	Klypetussen, IF	0:39:01	1:07:29	1:39:41	4:43
117	871	Per Magne Handegård		0:39:49	1:08:23	1:39:59	4:44
118	998	Øystein Husebø	Sparebanken Vest	0:40:37	1:08:40	1:40:10	4:44
119	993	Yngve Holm	Privat	0:40:19	1:08:45	1:40:22	4:45
120	547	Kristen Stæger-Breisnes	Eikefjord IL	0:40:04	1:08:35	1:40:25	4:45
121	974	Toralf Rutledal	BTC	0:39:04	1:07:10	1:40:33	4:45
122	1079	Arild Myhr	AKS	0:40:41	1:09:04	1:40:35	4:46
123	793	Kjetil Salomonsen		0:39:28	1:08:01	1:40:50	4:46
124	840	Mats Olsen		0:37:11	1:08:03	1:41:07	4:47
125	1081	Espen Tofte		0:39:27	1:08:29	1:41:27	4:48
126	855	Nils Anfinset	IL Bjarg	0:40:24	1:08:58	1:41:32	4:48
127	953	Sverre Johan Nærheim		0:40:40	1:09:25	1:41:45	4:49
128	973	Tor Arne Olsen		0:40:31	1:09:26	1:41:49	4:49
129	599	Alexey Tikhonov	Meteor	0:41:40	1:11:26	1:41:59	4:50
130	987	Víaceslav Gracucha	Jondal Stal.	0:37:39	1:07:03	1:42:08	4:50
131	764	Jarle Johan Larsen	BTC	0:41:17	1:09:58	1:42:18	4:50
132	621	Arne Johan Sæle		0:40:58	1:10:05	1:42:21	4:51
133	503	Alf Fjeldstad	Fil Aks-77	0:38:59	1:08:18	1:42:26	4:51
134	826	Magne Kalgraff		0:41:00	1:10:12	1:42:31	4:51
135	1078	Karl Egil Johansen		0:40:15	1:09:47	1:42:56	4:52
136	702	Gert Chen-Nilsen	Astrik	0:40:37	1:09:49	1:43:12	4:53
137	1004	Øyvind Risnes	Bergen Group	0:39:11	1:08:24	1:43:15	4:53
138	822	Lukas Laffers	Team TeleDat	0:40:24	1:09:21	1:43:19	4:53
139	617	Are Totland	Team Melkesyre	0:40:41	1:09:46	1:43:22	4:53
140	667	Eirik Børsheim		0:41:07	1:10:18	1:43:29	4:54

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Nr	StartNr	Navn	Klub	8,65 km	14,50 km	Mål	min/km
141	969	Tom Ludvig Larsen		0:41:20	1:10:45	1:43:44	4:55
142	961	Terje Seilen	ROLLS - ROYCE BERGEN ENGINE	0:42:22	1:11:56	1:43:46	4:55
143	713	Hallvard Anfinset	IL Bjarg	0:41:47	1:11:28	1:43:56	4:55
144	1061	Richard Huse		0:39:26	1:10:18	1:43:57	4:55
145	892	Robert Brown		0:42:42	1:12:08	1:44:08	4:56
146	688	Fredrik Sæbbø	Fjols til Fjells	0:43:46	1:12:53	1:44:23	4:56
147	856	Nils Henry Madsen		0:39:35	1:08:53	1:44:29	4:57
148	542	Jurgen Steinhoff	Fil Aks-77	0:39:25	1:09:38	1:44:29	4:57
149	947	Svein Flatøy	FRAMO	0:41:06	1:10:41	1:44:31	4:57
150	982	Trond Vatnaland	Spirit Stavanger Friidrett	0:41:52	1:11:37	1:44:56	4:58
151	965	Thomas Johannessen	BUB Bergen	0:39:58	1:09:14	1:44:57	4:58
152	623	Audun Kvam	Asplan Viak	0:42:17	1:11:48	1:45:04	4:58
153	914	Sebastien Bougnaud	No	0:43:23	1:12:50	1:45:13	4:59
154	675	Erik Frich Sjurseth	Titlestadguttene	0:42:05	1:12:32	1:45:25	4:59
155	680	Espen Foseid Aakre	Alvidra	0:41:17	1:11:35	1:45:26	4:59
156	600	Alf Gaupås	Kondis	0:42:01	1:12:03	1:45:27	4:59
157	937	Steven Köhler	Goldjunge am Fjord	0:43:19	1:12:51	1:45:30	5:00
158	1029	Giacomo Franchini		0:42:38	1:12:48	1:45:59	5:01
159	736	Håvard Tennebø	Blom Fiskeoppdrett	0:44:29	1:15:04	1:46:07	5:01
160	825	Magnar Uthaug	CSC BIL	0:40:53	1:10:58	1:46:07	5:01
161	1095	Øystein Haaland		0:40:18	1:11:02	1:46:08	5:01
162	967	Thomas Martinsen		0:39:18	1:11:03	1:46:10	5:01
163	1085	Rolf Seldal	-	0:42:09	1:11:58	1:46:17	5:02
164	958	Teemu Ryymin		0:43:56	1:14:00	1:46:24	5:02
165	985	Truls Angerman	Titlestadguttene	0:42:05	1:12:31	1:46:32	5:02
166	595	Alan Vågstøl		0:40:43	1:10:34	1:46:33	5:03
167	891	Roar Sørensen	OneSubsea	0:42:20	1:12:53	1:46:36	5:03
168	694	Frode Moen Aarland	MD Sports Norway	0:40:47	1:11:07	1:46:42	5:03
169	889	Roald Misje		0:41:30	1:12:20	1:47:06	5:04
170	932	Stein Tore Vinterstø		0:42:19	1:12:52	1:47:10	5:04
171	698	Geir Rødland		0:38:40	1:08:48	1:47:33	5:05
172	687	Fredrik Lien	Salland IL	0:44:30	1:15:05	1:47:33	5:05
173	664	Egil Jacobsen	Førde Vulk	0:42:32	1:12:43	1:47:41	5:06
174	507	Arvid Bjørsvik	Viking, TIF	0:41:43	1:12:53	1:47:44	5:06
175	803	Kristoffer Høyheim		0:41:04	1:11:45	1:47:58	5:07
176	770	Joachim Kaufmann	Bergen Osteopatiklinikk	0:41:31	1:12:13	1:47:59	5:07
177	844	Mike Cook	Statoil	0:40:32	1:11:05	1:48:16	5:07
178	659	Daniel Lundekvam		0:41:28	1:12:01	1:48:18	5:07
179	681	Espen Mathiesen		0:42:09	1:12:59	1:48:25	5:08
180	676	Erik Pettersen		0:44:28	1:15:08	1:48:37	5:08
181	800	Kristian Skrede		0:41:33	1:13:27	1:48:42	5:09
182	948	Svein Rasmussen	IL Fenring	0:42:33	1:13:30	1:48:49	5:09
183	1076	Vegard Markhus		0:40:41	1:11:37	1:48:53	5:09
184	753	Ivar Helge Matre	Bjørn West IL	0:42:14	1:13:17	1:48:59	5:09
185	997	Øystein Dalland		0:41:45	1:13:26	1:49:00	5:09
186	1008	Aaron Mckenna Kent		0:42:28	1:13:19	1:49:04	5:10
187	684	Eysteinn Næsheim		0:40:37	1:12:02	1:49:05	5:10
188	592	Øyvind Rørvik	Sogndal IL	0:42:45	1:13:46	1:49:12	5:10
189	527	Gunnar August Larssen	Fil Aks-77	0:41:24	1:12:12	1:49:20	5:10
190	757	Jan Torry Sande		0:42:59	1:14:12	1:49:39	5:11
191	1055	Nikita Zubov	SLOWFOOT	0:41:44	1:13:05	1:49:40	5:11
192	603	Andre Pletten	Dalemarka CK	0:42:37	1:14:13	1:49:54	5:12
193	994	Øistein Haugland		0:42:20	1:13:15	1:49:54	5:12
194	939	Stian Nyhus	Skjåk IL	0:44:33	1:15:50	1:50:00	5:12
195	976	Torstein Stevnebø	Valkyrien Idrettslag	0:42:44	1:14:37	1:50:24	5:13
196	649	Carl-Eirik Steffensen		0:44:45	1:15:53	1:50:31	5:14
197	865	Ole Andre Bjerke	MTB Våpenet	0:43:38	1:15:13	1:50:59	5:15
198	901	Ronny Skråmestø	Team Ricoh	0:44:49	1:15:35	1:51:03	5:15
199	704	Gisle Hjelman		0:42:33	1:13:58	1:51:10	5:16
200	972	Tor Kårstad	WesternGeco Fjord Instruments	0:43:50	1:14:42	1:51:14	5:16
201	895	Robert Sasak		0:41:25	1:14:45	1:51:40	5:17
202	806	Kåre Julshamm	Fisken IL	0:45:15	1:16:51	1:51:42	5:17
203	999	Øystein L. Iversen		0:43:50	1:15:01	1:51:54	5:18
204	641	Bjørn-Christian Kanebog	Kanebog Motivasjon	0:42:15	1:14:54	1:51:57	5:18
205	1077	Michael Mwangi		0:43:56	1:14:02	1:51:58	5:18
206	546	Kjell Sigvart Heltorp	Fil Aks-77	0:40:56	1:12:14	1:52:01	5:18
207	1022	Damian Szycki	Hasacze Szczecin	0:44:12	1:16:20	1:52:02	5:18
208	915	Sebastien Labrousse		0:43:45	1:14:52	1:52:02	5:18
209	885	Rene Ulrich Olsen		0:43:11	1:14:32	1:52:09	5:18
210	605	Andreas Selzer-Jung	Silberjunge am Fjord	0:44:53	1:16:41	1:52:09	5:18

Knarvik Mila

Resultater Halvmarathon M/K

Halvmarathon : Mænd

Nr	StartNr	Navn	Klub	8,65 km	14,50 km	Mål	min/km
211	693	Frode Øvre-Helland		0:39:57	1:12:52	1:52:16	5:19
212	1018	Bruno Klein		0:41:45	1:15:49	1:52:28	5:19
213	602	Anders Kvamme	Team Nautilus	0:44:55	1:16:38	1:53:03	5:21
214	737	Håvard Tjore	Skanska Aktiv	0:44:56	1:16:38	1:53:03	5:21
215	934	Steinar Varøy		0:42:20	1:13:06	1:53:13	5:21
216	975	Tore Arnesen Wensel	FLO MARKAP UVB	0:42:07	1:16:18	1:53:27	5:22
217	1014	Anders Magne Fanavoll		0:45:09	1:17:09	1:53:28	5:22
218	951	Sven-Inge Bergheim		0:42:42	1:15:25	1:53:45	5:23
219	528	Gunvald Gundersen	Klypetussen, IF	0:45:03	1:17:14	1:53:46	5:23
220	712	Gyrd Viljar Guleng		0:43:52	1:16:44	1:53:51	5:23
221	537	Håkon Rongved	Fil Aks-77	0:43:36	1:15:39	1:53:55	5:23
222	1089	Halvor Aas		0:44:39	1:16:44	1:54:03	5:24
223	802	Kristoffer Eriksen		0:43:43	1:16:44	1:54:14	5:24
224	739	Idar Birkeland	WesternGeco Fjord Instruments	0:40:56	1:13:44	1:54:52	5:26
225	981	Trond Treet	FASiA Osteopati	0:47:16	1:19:46	1:55:07	5:27
226	588	Torbjørn Helland	Fil Aks-77	0:46:36	1:19:06	1:55:15	5:27
227	525	Gunnar Nordhus	Fil Aks-77	0:44:27	1:17:01	1:55:18	5:27
228	896	Roger Jakobsen		0:44:21	1:16:04	1:55:23	5:28
229	1045	Marc Prokop		0:46:05	1:18:50	1:55:38	5:28
230	657	Dan Thormodsæter	Blubbelubb Sportsklubb	0:44:20	1:17:56	1:55:41	5:28
231	978	Trond Austrheim		0:41:06	1:14:29	1:55:48	5:29
232	862	Odd Arne Hvidsten	Statoil Mongstad Bedriftsidrettslag	0:43:16	1:15:56	1:55:57	5:29
233	772	Johannes Cappon		0:46:26	1:19:02	1:56:02	5:29
234	1051	Andy Collings		0:42:59	1:16:39	1:56:02	5:29
235	668	Eivind Halle	Nordhordland Ballklubb/Knarvik videregé	0:47:40	1:21:02	1:56:13	5:30
236	1039	Julian Bergler	Ikea Family	0:45:00	1:19:21	1:56:29	5:31
237	854	Niklas Olsvoll	Nordre Holsnøy IL	0:47:34	1:21:05	1:57:01	5:32
238	949	Svein Arne Lynge		0:44:45	1:18:39	1:57:02	5:32
239	861	Nuno Lopes	Lusofonia Bergen	0:44:53	1:18:37	1:57:06	5:33
240	569	Per Skaar	Viking, TIF	0:48:15	1:20:57	1:57:13	5:33
241	1090	Marius Anfinssen		0:47:34	1:21:05	1:57:14	5:33
242	1063	Robert Watson		0:44:00	1:17:26	1:57:15	5:33
243	642	Boguslaw Balicki	FMC Technologies	0:43:40	1:17:44	1:57:25	5:33
244	983	Trond-Even Vågstøl		0:44:55	1:19:37	1:57:34	5:34
245	893	Robert Mikkelsen	Blom Fiskeoppdrett	0:44:13	1:15:52	1:57:34	5:34
246	735	Håvard Sønnesyn		0:55:14	1:26:08	1:57:45	5:34
247	810	Lars-Petter Jevnaker	Trætte Mænd	0:44:38	1:18:21	1:57:48	5:35
248	1082	Jørn Losnegård		0:44:49	1:18:23	1:57:54	5:35
249	769	Jiri Petr	Energopro Praha	0:47:27	1:21:26	1:58:01	5:35
250	775	Jonas Aarø Breivik	Ortun Skole	0:46:02	1:20:04	1:58:17	5:36
251	805	Kyrre Breivik	Uni Research Helse	0:46:02	1:20:04	1:58:18	5:36
252	940	Stig Runar Aaøyen		0:42:12	1:16:17	1:58:21	5:36
253	868	Patrick Frydman		0:51:47	1:22:44	1:58:26	5:36
254	619	Arne Erdal	BKK BIL	0:46:17	1:20:19	1:59:13	5:39
255	988	Vidar Torstad	STATOIL BIL	0:46:25	1:20:31	1:59:14	5:39
256	799	Kristian Heldal	Asplan Viak	0:47:03	1:20:20	1:59:15	5:39
257	964	Thomas Hare		0:46:24	1:19:36	1:59:16	5:39
258	874	Petter Buvik		0:47:37	1:21:59	1:59:24	5:39
259	679	Eskild Gundhus		0:47:13	1:21:05	1:59:26	5:39
260	752	Ivar Dale		0:48:17	1:22:35	1:59:29	5:39
261	516	Einar Nielsen	Fil Aks-77	0:47:06	1:20:59	1:59:57	5:41
262	920	Sigurd Stiansen		0:46:18	1:21:31	2:00:10	5:41
263	870	Per Erik Pettersen	Kondis	0:46:55	1:21:06	2:00:13	5:41
264	864	Olav Knarvik		0:44:27	1:18:15	2:00:16	5:42
265	1052	Michal Pagac		0:48:24	1:23:49	2:00:27	5:42
266	1005	Øyvind Vevang		0:43:27	1:16:34	2:00:32	5:42
267	768	Jim Roger Gripsgård		0:47:13	1:21:05	2:00:50	5:43
268	1024	Evgeny Vereshchagin	slowfoot	0:47:52	1:22:48	2:00:51	5:43
269	869	Paul Hemmer		0:48:57	1:24:46	2:01:00	5:44
270	727	Henryk Strzalkowski		0:49:02	1:23:20	2:01:01	5:44
271	995	Øivind Wendt	MTB våpenet	0:45:28	1:19:37	2:01:04	5:44
272	886	René Gjerde	Rolland skole	0:42:23	1:16:41	2:01:13	5:44
273	867	Ove Landro	Kvernbit	0:47:10	1:21:06	2:01:15	5:44
274	1048	Martin Mihálik		0:47:46	1:20:52	2:01:16	5:44
275	732	Hogne Haugsdal		0:47:17	1:22:01	2:01:34	5:45
276	838	Martin Blom	Blom Fiskeoppdrett	0:46:13	1:21:01	2:01:40	5:46
277	697	Geir Hølleland		0:44:50	1:19:57	2:01:54	5:46
278	1073	Prospero Mauro		0:47:05	1:20:58	2:02:25	5:48
279	1066	Sebastian Luger		0:43:50	1:21:12	2:02:37	5:48
280	714	Halvard Grøttveit	Lindås og Meland Brannvern	0:44:45	1:19:30	2:02:53	5:49

Knarvik Mila

Resultater Halvmarathon M/K

Halvmarathon : Mænd

Nr	StartNr	Navn	Klub	8,65 km	14,50 km	Mål	min/km
281	960	Terje Hauge		0:47:51	1:23:19	2:03:20	5:50
282	1083	Sindre Didriksen		0:45:34	1:22:28	2:03:30	5:51
283	907	Rune Hagen	Bergen kommune	0:50:06	1:25:37	2:04:13	5:53
284	779	Jostein Holberg		0:46:41	1:21:29	2:04:24	5:53
285	875	Petter Johansson		0:43:34	1:20:49	2:04:36	5:54
286	979	Trond Fauskanger	November Team	0:47:46	1:23:11	2:04:37	5:54
287	898	Ronald Eliassen Hole		0:47:34	1:23:43	2:05:02	5:55
288	804	Kurt Kristian Toft		0:48:09	1:23:45	2:05:15	5:56
289	774	Jon Andreas Hestad		0:41:22	1:16:11	2:05:20	5:56
290	808	Lars Måseide		0:49:02	1:26:23	2:05:24	5:56
291	734	Håkon Furnes		0:48:14	1:24:39	2:05:55	5:58
292	929	Stein Dagfinn Olsen	john flatøy	0:49:45	1:25:46	2:06:06	5:58
293	943	Ståle Arild Grimen		0:48:28	1:24:47	2:06:10	5:58
294	534	Henning Høgheim	Ullensaker/Kisa IL	0:48:30	1:24:26	2:06:22	5:59
295	873	Peter Bosman		0:51:13	1:26:51	2:06:38	6:00
296	785	Karl Weydahl	HiB-BIL	0:47:22	1:23:21	2:06:39	6:00
297	695	Geen Kurt Quilban		0:50:22	1:26:21	2:06:58	6:01
298	690	Frode Floen		0:48:38	1:24:39	2:07:00	6:01
299	798	Kristian Fauskanger	Alt for Damene	0:45:25	1:22:31	2:07:01	6:01
300	656	Dag Olav Løyland		0:45:45	1:21:29	2:07:34	6:02
301	1084	Ketil Morken		0:49:25	1:24:48	2:07:48	6:03
302	866	Ole Martin Løver		0:46:44	1:23:54	2:08:06	6:04
303	959	Terje Alvik	FunRun	0:48:13	1:25:01	2:08:09	6:04
304	700	Geir Atle Myrmoen	FunRun	0:48:16	1:25:03	2:08:11	6:04
305	696	Geir Granerud	FunRun	0:48:17	1:25:03	2:08:12	6:04
306	900	Ronny Larsen	FunRun	0:48:17	1:25:03	2:08:12	6:04
307	665	Eigil Nødtvedt	Fjell kommune	0:49:31	1:24:45	2:08:26	6:05
308	899	Ronny Landaas		0:48:19	1:25:35	2:08:32	6:05
309	1025	Fabian Bentley	AG Larkum	0:47:16	1:24:00	2:08:43	6:06
310	792	Kjell Sørensen	Intensivgymnaset	0:44:27		2:09:09	6:07
311	539	Roger Myhr		0:48:51	1:26:09	2:09:28	6:08
312	1086	Åge Thorsvik		0:48:51	1:26:09	2:09:29	6:08
313	790	Ketil Tjore	Knarvik IL	0:49:01	1:26:44	2:11:15	6:13
314	879	Rajkumar Vutukuri		0:42:05	1:22:28	2:11:18	6:13
315	1057	Oscar Alejandro Aldaz Alvarado	FMC Technologies	0:50:25	1:25:52	2:11:18	6:13
316	1072	Ole Andvik	Idrett utan alkohol	0:52:27	1:29:40	2:12:01	6:15
317	620	Arne Rognebakke	Statoil Bergen	0:52:24	1:29:31	2:12:05	6:15
318	1075	Ole Magne Kvalsvik	Åheim	0:53:11	1:30:20	2:12:08	6:15
319	1034	Jan Van Gils		0:48:52	1:26:45	2:12:25	6:16
320	669	Eivind Jahren		0:52:23	1:29:58	2:12:36	6:17
321	1030	Halgeir Vindenes		0:52:31	1:30:06	2:13:04	6:18
322	500	Aksel Løvenholm	Hovding, TIL	0:52:17	1:30:23	2:14:10	6:21
323	1049	Matej Drotar		0:48:18	1:25:40	2:14:27	6:22
324	797	Kolbjørn Grønner		0:51:28	1:30:13	2:15:27	6:25
325	931	Stein Tore Viken		0:52:38	1:30:24	2:15:45	6:26
326	903	Roy Eikevåg		0:51:57	1:31:24	2:16:39	6:28
327	924	Simon Juhl Andersen		0:47:00	1:29:33	2:18:38	6:34
328	715	Hans Stødle	Sauda Sykkelklubb	0:52:22	1:31:15	2:19:45	6:37
329	618	Arild Kvisgaard		0:54:35	1:34:36	2:20:05	6:38
330	763	Jarle Haugstad	Snik	0:47:56	1:26:46	2:21:20	6:41
331	1001	Øyvind Gill	john flatøy	0:50:29	1:31:10	2:21:29	6:42
332	935	Steinar Øen	Tertnes IL	0:55:05	1:35:24	2:23:41	6:48
333	666	Einar Onarheim		0:49:11	1:28:25	2:24:27	6:50
334	685	Fernando Jr Dela Cruz		0:53:23	1:36:42	2:27:48	7:00
335	887	René Kalhagen Tangen	Fjols til fjells	0:46:53	1:32:08	2:28:25	7:02
336	853	Morten Marthinussen	FHI	0:51:34	1:32:43	2:28:27	7:02
337	1017	Brian Russell		0:48:24	1:30:00	2:29:06	7:04

Halvmarathon : Kvinder

Nr	StartNr	Navn	Klub	8,65 km	14,50 km	Mål	min/km
1	554	Marthe Katrine Myhre	Vidar, Sportsklubben	0:31:06	0:53:44	1:19:07	3:44
2	519	Elise Selvikvåg Molvik	Stavanger Friidrettsklubb	0:31:41	0:54:41	1:20:01	3:47
3	574	Rebecca Louise Hilland	Bergen Løpeklubb	0:32:45	0:56:25	1:23:15	3:56
4	556	Maryna Novik	Klypetussen, IF	0:33:00	0:56:49	1:23:53	3:58
5	508	Audhild Hestad	Gaular IL	0:33:41	0:58:34	1:26:06	4:04
6	545	Kia Gemechu Megersa	Sogndal IL	0:33:05	0:57:56	1:26:26	4:05
7	505	Ann Kristin Mosbron	Stavanger Friidrettsklubb	0:33:31	0:58:17	1:27:00	4:07
8	540	Janne Elin Vatnaland	Stavanger Friidrettsklubb	0:34:23	0:59:38	1:28:07	4:10
9	548	Kristin Husby	Laksevåg TIL	0:34:30	0:59:52	1:28:45	4:12
10	518	Elise Orten	FRI IL	0:35:09	1:00:37	1:29:12	4:13

Knarvik Mila

Resultater Halvmarathon M/K

Halvmarathon : Kvinder

Nr	StartNr	Navn	Klub	8,65 km	14,50 km	Mål	min/km
11	543	Kari Langerud	Åskameratene U&IL	0:35:10	1:00:45	1:30:45	4:18
12	559	Nancy Sommer	Varegg Fleridrett	0:36:58	1:03:59	1:34:26	4:28
13	908	Ruth Duncan	john flatøy	0:36:37	1:03:39	1:34:41	4:29
14	1087	Randi Kjønsnes	Risnes IL	0:37:03	1:04:43	1:36:04	4:33
15	829	Mari Nødtvedt	Medisinerstudentene	0:38:11	1:05:22	1:36:06	4:33
16	1038	Julia Millgrammer	LC Oberpinzgau	0:39:02	1:06:49	1:37:19	4:36
17	848	Mona Løvestakken	Beerenberg	0:37:18	1:05:19	1:37:26	4:37
18	820	Lisa Ødegaard		0:39:09	1:06:57	1:37:53	4:38
19	674	Elisabeth Tangen Haug		0:37:59	1:06:04	1:38:07	4:39
20	744	Ingrid Revheim		0:38:42	1:07:00	1:39:02	4:41
21	815	Linda Amalou	lc ruhrpott america	0:40:00	1:08:04	1:39:20	4:42
22	766	Jeanette Langhelle		0:39:24	1:08:04	1:40:26	4:45
23	880	Ranveig Brekke	Odda IL	0:40:53	1:09:23	1:40:31	4:45
24	614	Anne-Kristine Aadnanes Walseth		0:39:12	1:07:59	1:41:02	4:47
25	762	Jannike Bucher Johannessen		0:39:59	1:08:57	1:41:32	4:48
26	705	Grethe Jørgensen		0:38:20	1:07:07	1:41:32	4:48
27	956	Sølvi Abbedissen		0:41:44	1:10:18	1:41:40	4:49
28	634	Birgit Høyvik		0:40:19	1:09:18	1:42:08	4:50
29	513	Cecilie Landro	Norna-Salhus IL	0:40:14	1:10:27	1:42:57	4:52
30	573	Randi Hernes Tvilde	Voss IL	0:40:09	1:10:01	1:43:42	4:54
31	942	Stine Mari Taule	Kyrkjebø il	0:39:52	1:09:55	1:43:51	4:55
32	749	Irene Kjønnørød	BFG Bergen	0:40:55	1:10:48	1:43:56	4:55
33	812	Lillian Svensen		0:41:35	1:11:39	1:45:05	4:58
34	1023	Elisabet Göransson	Ragunda IF	0:39:52	1:09:49	1:45:06	4:58
35	560	Nermina Kovac	Norna-Salhus IL	0:41:10	1:11:45	1:45:37	5:00
36	1088	Mona Turøy	Sotra s.k	0:42:42	1:12:38	1:45:59	5:01
37	818	Linn Dyveke Wilberg	Ytre Gulen Idrettslag	0:42:53	1:13:19	1:46:11	5:01
38	629	Benedicte Stokke		0:42:25	1:12:58	1:47:15	5:04
39	791	Kine Wold	Salland IL	0:44:30	1:15:06	1:47:33	5:05
40	1092	Bibbi Misje		0:41:17	1:12:17	1:47:34	5:05
41	754	Jagoda Siarkowska	Beerenberg	0:44:28	1:15:08	1:48:33	5:08
42	836	Marlen Kolás Romarheim	Nordhordland lensmannsdistrikt	0:41:41	1:13:17	1:48:36	5:08
43	721	Heidi Espedal	Øl og kondis	0:42:34	1:13:37	1:48:38	5:08
44	1042	Lena Reichgardt		0:43:29	1:14:02	1:49:01	5:10
45	910	Sara Lindström		0:44:00	1:14:48	1:49:09	5:10
46	955	Synnøve Næss	Nordre Holsnøy IL	0:44:16	1:15:40	1:49:36	5:11
47	2799	Lise Vesterbukt	Fana IL	0:43:15	1:15:04	1:50:18	5:13
48	860	Nina Bergsvik Thorn	Bergen Triathlon Club	0:41:48	1:13:34	1:50:34	5:14
49	782	Julie A Tønsaker Watkins		0:43:59	1:15:14	1:50:52	5:15
50	819	Linnea Sophie Adlandsvik		0:43:14	1:14:54	1:50:56	5:15
51	536	Hilde Johansen	Romerike Ultraløperklubb	0:43:47	1:16:52	1:52:42	5:20
52	858	Nina Olsvoll		0:42:56	1:15:00	1:53:11	5:21
53	923	Silje Na-Ge Kulen		0:45:54	1:18:09	1:53:47	5:23
54	738	Ida Haddal		0:45:54	1:18:10	1:53:47	5:23
55	544	Kari Nilsen		0:44:03	1:16:20	1:54:29	5:25
56	957	Tanja Hoel		0:45:56	1:18:21	1:54:40	5:26
57	760	Janne Sørum	Bergen Triathlon Club	0:44:02	1:17:07	1:56:01	5:29
58	962	Theresa Obermeier		0:45:00	1:19:21	1:56:29	5:31
59	650	Cecilie Grøttveit	Knarvik Ungdomskole	0:44:43	1:19:30	1:57:08	5:33
60	944	Susanna Lagerberg	Les Lamynx	0:47:03	1:20:41	1:57:24	5:33
61	613	Anne-Claire Lelong		0:47:03	1:20:41	1:57:24	5:33
62	711	Gunvor Kjos Moltu		0:46:04	1:19:43	1:57:27	5:34
63	1069	Marjan Broekhof		0:50:15	1:23:40	1:57:51	5:35
64	781	Julie Skadal	UBIL	0:45:00	1:19:44	1:57:57	5:35
65	801	Kristine Grønland	BSI orientering	0:45:31	1:19:23	1:58:06	5:35
66	878	Ragnhild Nysæter	Bergen turnforening	0:45:05	1:18:16	1:58:17	5:36
67	1096	Anna Lipniacka	BTC	0:45:41	1:20:07	1:58:17	5:36
68	991	Waltraud Pfeilschifter	Spiridon Frankfurt	0:42:06	1:21:11	1:58:25	5:36
69	849	Mona Grindheim Matre		0:48:00	1:21:08	1:58:27	5:36
70	823	Madelene Skintveit	Knarvik VGS	0:44:35	1:19:11	1:58:34	5:37
71	780	Julia Ann Authén		0:46:26	1:19:37	1:59:17	5:39
72	671	Elin Annie Danielsen	Bergen Triathlon Club	0:46:02	1:20:42	1:59:42	5:40
73	1036	Jeannine Hoppe	LT Nordkreuz	0:47:28	1:21:48	2:00:25	5:42
74	611	Anne Dalheim		0:47:30	1:21:32	2:01:24	5:45
75	765	Jeanette Berg-Larsen		0:45:46	1:19:26	2:01:29	5:45
76	902	Rosalind Dybaa		0:46:27	1:21:57	2:02:00	5:46
77	751	Irmelin Furnes		0:47:44	1:23:22	2:02:21	5:47
78	984	Trude B. B. Kårstad		0:47:23	1:22:11	2:02:32	5:48
79	683	Eveliine Erm	Estonian Academy of Security Sciences	0:46:33	1:21:34	2:02:50	5:49
80	747	Ingvild Næss	Nordre Holsnøy IL	0:48:56	1:24:41	2:03:12	5:50

Knarvik Mila

Resultater Halvmarathon M/K

Halvmarathon : Kvinder

Nr	StartNr	Navn	Klub	8,65 km	14,50 km	Mål	min/km
81	648	Carina Bringedal	BSI Orientering	0:45:53	1:22:19	2:03:58	5:52
82	626	Barathi Victoria Magerøy	UiB	0:47:00	1:24:22	2:04:09	5:53
83	833	Mariann Kjelby		0:49:37	1:25:19	2:04:11	5:53
84	1093	Kari Hellevang Røttingen		0:47:43	1:23:36	2:04:11	5:53
85	1071	Lene Hollevik		0:47:46	1:23:50	2:04:26	5:53
86	608	Anita Vabø	Fjell kommune	0:49:37	1:25:19	2:04:51	5:55
87	882	Renate Krossøy		0:50:49	1:26:42	2:05:46	5:57
88	724	Helene Reinertsen Langehaug		0:47:50	1:24:18	2:06:02	5:58
89	811	Lene Lunde	Team Solhaug	0:48:29	1:24:32	2:06:14	5:58
90	816	Linda Horn		0:49:08	1:25:40	2:06:45	6:00
91	670	Elin Kvamme	Piddiene	0:51:01	1:26:48	2:06:54	6:00
92	707	Gunn Heskestad		0:49:09	1:25:41	2:07:24	6:02
93	831	Maria Næss	Nordre Holsnøy IL	0:48:52	1:24:30	2:07:49	6:03
94	846	Miriam Jakobs		0:49:57	1:26:59	2:07:54	6:03
95	729	Hilde Aabrekk-Sørensen		0:47:40	1:25:00	2:08:11	6:04
96	977	Trine Dahle		0:48:48	1:26:13	2:08:31	6:05
97	1020	Christina Bocklisch	AG Larkum	0:47:15	1:24:00	2:08:43	6:06
98	743	Inger Johanne Bruntveit		0:50:42	1:27:44	2:08:44	6:06
99	758	Janicke Berthelsen		0:47:55	1:25:26	2:09:15	6:07
100	777	Jorunn Oppedal	CSC	0:50:29	1:27:16	2:09:18	6:07
101	710	Gunnhild Hansen		0:51:30	1:28:34	2:09:31	6:08
102	663	Edel Mo		0:51:30	1:28:34	2:09:31	6:08
103	637	Björg Irene Hagen	Bergen kommune	0:50:16	1:27:29	2:10:01	6:09
104	552	Marit Fosse Sæthre	Fil Aks-77	0:47:08	1:24:09	2:10:02	6:09
105	672	Elisabeth Henriksen		0:49:46	1:26:19	2:10:15	6:10
106	946	Susi Moelter		0:50:58	1:28:04	2:10:45	6:11
107	863	Oddbjørg Risnes Løken	Fretex	0:50:09	1:27:31	2:10:59	6:12
108	622	Aslaug Hetlebakke		0:51:25	1:29:33	2:11:24	6:13
109	911	Sara Ogmundsdottir	BTC	0:49:09	1:25:57	2:11:40	6:14
110	1046	Marij Oostrom		0:48:52	1:26:46	2:12:25	6:16
111	828	Malin Regine Andersen		0:48:45	1:26:36	2:12:51	6:17
112	925	Siri Elisabeth Holberg		0:50:43	1:29:02	2:13:50	6:20
113	1053	Maaik Groeneveld		0:52:49	1:30:52	2:13:53	6:20
114	936	Stephanie Marx		0:51:00	1:28:43	2:13:58	6:20
115	921	Silje Knarvik		0:51:14	1:30:23	2:14:43	6:23
116	750	Irene Titland	Almeland Grethe Regnskap AS	0:49:41	1:28:20	2:15:05	6:24
117	627	Beate Korsøen	Sparebanken Vest	0:49:44	1:29:59	2:15:39	6:25
118	759	Janne Kjempenes		0:52:26	1:31:14	2:16:22	6:27
119	722	Heidi Vestgård		0:51:57	1:31:24	2:16:39	6:28
120	746	Ingunn Kvalsvik		0:53:10	1:31:13	2:16:54	6:29
121	992	Wenche Aarethun	BTC	0:52:06	1:32:36	2:17:27	6:30
122	990	Vivian Kiep		0:52:25	1:32:38	2:17:39	6:31
123	926	Siri Tuft Isdahl	PUMS	0:51:18	1:31:35	2:17:46	6:31
124	1035	Jana Verveide		0:53:16	1:33:24	2:17:55	6:32
125	971	Tonje Aksnes		0:53:16	1:31:57	2:17:57	6:32
126	834	Marianne Ellingsen		0:52:22	1:31:15	2:19:45	6:37
127	616	Ann-Kristin Nordal Seljestokken		0:54:43	1:35:43	2:20:05	6:38
128	876	Priscilla Chang		0:55:07	1:35:11	2:20:22	6:39
129	643	Britt Storlid	john flatøy	0:57:22	1:37:24	2:20:54	6:40
130	628	Beathe Ekhall Stentvedt	Aurland Idrettslag	0:52:12	1:32:09	2:22:08	6:44
131	789	Kerstin Mueller		0:54:45	1:36:43	2:22:32	6:45
132	945	Susanne Grenasberg		0:55:47	1:37:33	2:22:39	6:45
133	1041	Kirsten Nielsen		0:54:44	1:36:30	2:24:20	6:50
134	1019	Caroline Coleman		0:53:07	1:34:41	2:24:22	6:50
135	610	Anna Maksheeva		0:57:00	1:38:18	2:24:35	6:51
136	830	Maria Maksheeva		0:57:01	1:38:18	2:24:35	6:51
137	814	Lin Tove Thomassen		0:57:00	1:38:02	2:27:03	6:58
138	845	Miriam Bandlien		0:55:15	1:38:35	2:27:07	6:58
139	839	Mary Grace Guilaran		0:54:08	1:36:40	2:27:47	7:00
140	645	Britt Nancy Hagen	Aurland Idrettslag	0:55:19	1:38:34	2:28:15	7:01
141	827	Malin Brakstad		0:53:21	1:39:31	2:28:55	7:03
142	847	Mona Godøe		0:57:25	1:40:33	2:29:01	7:03
143	835	Marianne Erstad		0:56:26	1:39:09	2:29:06	7:04
144	632	Bente Stenestø		0:55:45	1:38:00	2:31:06	7:09
145	607	Anita Bjørkli		0:55:22	1:39:11	2:31:24	7:10
146	954	Synnøve Grindheim		0:59:26	1:44:08	2:36:23	7:24
147	832	Maria Torgersen		0:53:05	1:40:03	2:37:50	7:28
148	653	Charlotte Johnsen		0:57:52	1:44:27	2:38:53	7:31
149	909	Sabine Van Den Oetelaar	john flatøy	1:02:23	1:47:20	2:38:54	7:31
150	821	Lisbeth Sjursen		0:56:12	1:42:22	2:39:56	7:34

Knarvik Mila

Resultater Halvmarathon M/K

Halvmarathon : Kvinder

Nr	StartNr	Navn	Klub	8,65 km	14,50 km	Mål	min/km
151	859	Nina Røttingen		0:56:21	1:44:09	2:40:13	7:35
152	843	Merethe Grenasberg		0:57:41	1:45:43	2:41:16	7:38
153	922	Silje Tonning	Grinde-Veten	0:59:35	1:46:57	2:44:21	7:47