

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Kvinder 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	98	Signe Nyby	Fitness dk - TRI	56:36	14:53	2	3:00	1	5:32:05	32.52	24	2:17	3	3:22:44	4:48	1	9:56:40	
2	75	Cecilie Mathorne	Fitness dk - TRI	59:17	15:36	3	3:25	3	5:13:24	34.46	3	1:49	1	3:39:40	5:12	8	9:57:33	53
3	147	Mie Gjerster	Odense Triathlon Klub	1:22:21	21:40	76	6:18	58	5:05:51	35.31	1	2:31	6	3:39:18	5:11	6	10:16:18	19:38
4	97	Cathrine Johansen	Fitness dk - TRI	1:19:06	20:48	57	4:58	26	5:18:22	33.92	5	2:16	2	3:39:23	5:11	7	10:24:03	27:23
5	185	Mia Bojsen	Islev Triathlon Klub	1:13:52	19:26	41	5:29	38	5:06:46	35.21	2	4:10	38	3:54:15	5:33	16	10:24:31	27:51
6	92	Stine Flandrup	Fitness dk - TRI	1:12:07	18:58	29	4:45	20	5:24:58	33.23	13	2:44	8	3:48:00	5:24	11	10:32:31	35:51
7	74	Louise Høst Carlsen	Fitness dk - TRI	1:24:37	22:16	83	5:30	39	5:21:39	33.58	8	3:52	27	3:37:23	5:09	4	10:32:59	36:19
8	180	Fie Kemplar	Skovshoved Triathlon Klub	1:08:38	18:03	16	6:04	50	5:25:07	33.22	14	3:57	33	3:50:01	5:27	14	10:33:46	37:06
9	125	Betina Enggaard	Fitness dk - TRI	1:14:59	19:43	48	5:42	43	5:32:02	32.53	23	3:08	13	3:44:26	5:19	10	10:40:15	43:35
10	93	Sandy Rosenberg	Fitness dk - TRI	1:09:19	18:14	20	4:48	23	5:28:08	32.91	17	3:08	14	3:56:13	5:35	20	10:41:34	44:54
11	141	Maja Andersen	Team Challenge	1:26:15	22:41	84	4:28	14	5:37:51	31.97	32	2:49	9	3:30:17	4:58	2	10:41:38	44:58
12	116	Josephine Ilchmann Jørgensen	Team Challenge	55:11	14:31	1	4:16	10	5:24:35	33.27	12	5:06	66	4:13:09	5:59	35	10:42:16	45:36
13	79	Camilla Cullum	Team Challenge	1:13:43	19:23	38	3:45	5	5:32:47	32.45	25	4:08	36	3:49:14	5:25	13	10:43:35	46:55
14	102	Anne Baggesgaard Sterndorff	Fitness dk - TRI	1:15:03	19:44	49	6:15	56	5:29:19	32.80	18	5:28	69	3:48:28	5:24	12	10:44:31	47:51
15	87	Marie Louise Halskov Bentsen	Fitness dk - TRI	1:10:00	18:25	22	6:43	69	5:29:24	32.79	21	4:33	48	3:55:52	5:35	18	10:46:30	49:50
16	150	Dorte Kirkeskov Carlsson	Fitness dk - TRI	1:14:39	19:38	45	5:36	40	5:29:20	32.79	19	4:17	41	3:54:12	5:32	15	10:48:04	51:24
17	170	Helle Jørgensen	Odense Triathlon Klub	1:11:51	18:54	27	4:47	22	5:24:13	33.31	10	4:47	59	4:03:31	5:46	28	10:49:06	52:26
18	186	Trine Overgaard	Fitness dk - TRI	1:20:54	21:17	64	6:40	67	5:29:22	32.79	20	4:00	34	3:54:35	5:33	17	10:55:29	58:49
19	91	Camilla Nerstrøm	Fitness dk - TRI	1:12:59	19:12	34	4:49	24	5:39:30	31.81	33	3:13	16	3:56:11	5:35	19	10:56:41	1:00:01
20	119	Maibritt Holm	Aarhus 1900 Triathlon	1:10:55	18:39	25	4:00	8	5:43:43	31.42	36	3:52	28	3:57:54	5:38	25	11:00:23	1:03:43
21	56	Leise Elisabeth Hvid Korsager	Odense Triathlon Klub	1:01:40	16:13	5	3:26	4	5:43:46	31.42	37	4:33	47	4:10:08	5:55	31	11:03:31	1:06:51
22	121	Marie Stoubæk	Team Challenge	1:20:56	21:17	65	5:04	28	5:15:35	34.22	4	2:56	10	4:19:29	6:08	42	11:03:58	1:07:18
23	162	Louise Søby	Team Challenge	1:21:08	21:20	68	10:25	96	5:48:03	31.03	47	8:11	84	3:36:40	5:08	3	11:04:25	1:07:45
24	61	Anne Donaldson	Fitness dk - TRI	1:08:55	18:07	18	6:22	61	5:44:13	31.38	41	4:35	50	4:00:25	5:41	27	11:04:28	1:07:48
25	183	Susan Kjær Jørgensen Stokholm	Frederikssund Triathlon	1:06:09	17:24	13	6:10	52	6:02:09	29.82	70	5:59	71	3:44:13	5:18	9	11:04:38	1:07:58
26	84	Bianca Christiansen	Fitness dk - TRI	1:21:32	21:27	73	7:51	80	5:33:04	32.43	27	5:10	67	3:57:40	5:37	23	11:05:15	1:08:35
27	149	Signe Køngerskov	Langgarverne	1:27:28	23:00	86	7:31	78	5:48:23	31.00	49	5:05	64	3:38:34	5:10	5	11:07:00	1:10:20
28	124	Janne Holstein Andersen	Team Challenge	1:16:29	20:07	52	5:12	32	5:43:46	31.42	38	4:20	43	3:57:52	5:38	24	11:07:37	1:10:57
29	166	Charlotte Wøhik	Fitness dk - TRI	1:21:30	21:26	72	4:35	16	5:24:04	33.33	9	3:14	17	4:15:17	6:02	36	11:08:38	1:11:58
30	108	Sara Vesth	Fitness dk - TRI	1:13:33	19:21	37	6:22	59	5:32:47	32.45	26	3:21	18	4:15:23	6:03	37	11:11:24	1:14:44
31	110	Sarah Buur Bendixen	Fitness dk - TRI	1:20:08	21:05	60	5:49	45	5:18:56	33.86	7	4:39	52	4:22:17	6:12	45	11:11:47	1:15:07
32	142	Mette Resting Olsen	Fitness dk - TRI	1:08:41	18:04	17	6:32	63	5:30:11	32.71	22	4:39	51	4:22:15	6:12	44	11:12:16	1:15:36
33	139	Louise Lillese	Team Challenge	1:21:45	21:30	75	4:38	18	5:18:45	33.88	6	2:24	5	4:27:08	6:19	48	11:14:38	1:17:58
34	120	Tanja Lyngholm Kristiansen	Multiatleterne	1:08:35	18:02	15	6:22	60	5:33:32	32.38	28	3:55	30	4:34:11	6:29	58	11:26:33	1:29:53
35	177	Rikke Bjerre Guldbæk	Vejle IF Triathlon	1:30:26	23:47	88	8:29	85	5:25:18	33.20	15	7:08	80	4:15:40	6:03	39	11:26:59	1:30:19
36	80	Maja Levin Andreasen	Fitness dk - TRI	1:12:45	19:08	33	6:33	64	5:37:46	31.97	31	4:16	40	4:27:10	6:19	49	11:28:29	1:31:49
37	62	Sarah Staal	TriNord	1:20:59	21:18	66	6:10	53	6:03:35	29.70	73	4:02	35	3:56:55	5:36	21	11:31:40	1:35:00
38	187	Pouline Wagtberg	Langgarverne	1:19:03	20:47	55	6:55	73	6:02:36	29.78	71	4:18	42	3:59:26	5:40	26	11:32:16	1:35:36
39	115	Mette Physant Jørgensen	TRI4	1:10:54	18:39	24	5:49	46	5:41:35	31.62	34	3:52	29	4:30:54	6:25	56	11:33:03	1:36:23
40	146	Stine Berg	Multiatleterne	1:23:19	21:55	81	4:07	9	5:51:46	30.70	55	4:28	45	4:10:33	5:56	32	11:34:11	1:37:31
41	72	Line Hoff	Team Challenge	1:13:57	19:27	42	5:26	37	5:45:32	31.26	43	5:06	65	4:24:30	6:16	47	11:34:28	1:37:48
42	66	Rikke Skou Havaleschka	TRI4	1:13:32	19:20	36	5:16	34	5:47:11	31.11	46	3:55	32	4:28:15	6:21	51	11:38:08	1:41:28
43	182	Karin Mannerstedt	Fitness dk - TRI	1:10:44	18:36	23	5:03	27	5:33:41	32.37	29	3:46	26	4:45:06	6:45	66	11:38:17	1:41:37
44	140	Christine Andersen	Team Challenge	1:14:47	19:40	46	7:09	75	6:02:44	29.77	72	3:01	11	4:11:05	5:56	33	11:38:44	1:42:04
45	60	Camilla Theut Severinsen	KTK 86	1:01:48	16:15	6	4:24	12	6:13:22	28.93	84	3:02	12	4:17:41	6:06	40	11:40:15	1:43:35
46	71	Mia Pichard Nielsen	Team Challenge	1:08:12	17:56	14	9:10	90	5:49:19	30.92	51	4:13	39	4:30:40	6:24	55	11:41:32	1:44:52
47	155	Maria Bybjerg	Fitness dk - TRI	1:21:00	21:18	67	5:18	35	5:56:45	30.27	60	3:55	31	4:15:38	6:03	38	11:42:34	1:45:54
48	181	Marie Hjorth	Skovshoved Triathlon Klub	1:17:28	20:22	53	10:01	95	6:03:37	29.70	74	4:45	57	4:07:10	5:51	30	11:42:59	1:46:19
49	57	Annie Bremer Vestergaard	Herlev Tri & Motion	1:20:09	21:05	61	4:39	19	6:16:26	28.69	86	4:53	62	3:57:20	5:37	22	11:43:26	1:46:46
50	107	Mia Nørgaard Fogh	Fitness dk - TRI	1:19:49	21:00	59	5:08	31	5:45:48	31.23	44	6:19	75	4:27:22	6:20	50	11:44:25	1:47:45
51	70	Christina Pedersen	Fitness dk - TRI	1:12:03	18:57	28	7:09	76	5:52:58	30.60	59	4:53	61	4:29:10	6:22	53	11:46:12	1:49:32
52	132	Rebecca Schnell Asmussen	TRI4	1:04:08	16:52	9	3:47	6	5:44:08	31.38	39	3:12	15	4:52:12	6:55	72	11:47:24	1:50:44
53	59	Trine Poulsen	Team Challenge	1:04:46	17:02	10	6:16	57	6:08:24	29.32	81	4:52	60	4:31:24	6:25	57	11:55:40	1:59:00
54	145	Nina Norden Andersen	Fitness dk - TRI	1:12:28	19:04	32	6:55	72	5:57:22	30.22	62	9:37	91	4:29:51	6:23	54	11:56:11	1:59:31
55	100	Katrine Torndyb	Fitness dk - TRI	1:20:14	21:06	62	6:53	71	5:58:46	30.10	66	8:32	86	4:23:25	6:14	46	11:57:47	2:01:07
56	176	Laila Vejrgang	Aalborg Triathlon Klub	1:22:35	21:43	77	6:11	54	5:27:38	32.97	16	6:03	72	4:55:42	7:00	74	11:58:06	2:01:26
57	73	Cecilie Borregaard	Fitness dk - TRI	1:14:09	19:30	44	5:07	29	5:44:10	31.38	40	5:15	68	4:52:38	6:56	73	12:01:17	2:04:37
58	128	Simone Lauridsen	Team Challenge	1:42:16	26:54	98	7:58	81	5:51:22	30.74	54	5:02	63	4:18:33	6:07	41	12:05:10	2:08:30
59	90	Stine Josephine Billy Dahl	Multiatleterne	1:23:31	21:58	82	8:12	84	5:45:53	31.22	45	5:40	70	4:45:12	6:45	67	12:08:26	2:11:46

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Kvinder 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
60	94	Maria-Louise Bang Mortensen	Fitness dk - TRI	1:30:46	23:53	89	5:39	42	5:50:23	30.82	53	3:35	24	4:38:13	6:35	62	12:08:35	2:11:55
61	129	Rie Mark Løve	Team Challenge	1:19:48	20:59	58	9:53	92	6:05:36	29.54	78	4:34	49	4:29:04	6:22	52	12:08:54	2:12:14
62	83	Diana Jeanett Nielsen	Aarhus 1900 Triathlon	1:22:38	21:44	80	6:00	48	5:58:41	30.11	65	3:34	23	4:38:14	6:35	63	12:09:04	2:12:24
63	174	Pia Bonde	Fitness dk - TRI	1:21:30	21:26	71	8:47	87	5:57:30	30.21	63	6:40	76	4:36:13	6:32	61	12:10:38	2:13:58
64	85	Tina Jensen	Fitness dk - TRI	1:20:25	21:09	63	4:58	25	5:57:03	30.25	61	4:24	44	4:46:43	6:47	68	12:13:31	2:16:51
65	101	Anne Vang	TRI4	1:12:19	19:01	30	6:46	70	6:09:00	29.27	82	3:38	25	4:43:01	6:42	65	12:14:42	2:18:02
66	67	Betina Johansen	TRI4	1:09:53	18:23	21	5:08	30	5:52:07	30.67	57	3:28	21	5:04:41	7:13	78	12:15:15	2:18:35
67	130	Helene Buttrup	Team Challenge	1:27:45	23:05	87	4:46	21	6:34:33	27.37	91	2:43	7	4:05:40	5:49	29	12:15:26	2:18:46
68	113	Mai Libach Hansen	Fitness dk - TRI	1:09:15	18:13	19	3:04	2	5:36:40	32.08	30	3:22	19	5:23:52	7:40	84	12:16:10	2:19:30
69	138	Anne-Simone Nielsen	Team Challenge	1:35:48	25:12	95	8:43	86	5:48:29	30.99	50	4:43	55	4:38:50	6:36	64	12:16:31	2:19:51
70	159	Sara Maritta Brasse	Team Challenge	1:15:56	19:58	51	9:54	93	6:25:57	27.98	90	7:33	81	4:21:05	6:11	43	12:20:23	2:23:43
71	157	Edda Bonde Nicolaisen	Fitness dk - TRI	1:22:36	21:44	79	6:55	74	6:07:19	29.40	80	11:22	95	4:34:57	6:30	59	12:23:08	2:26:28
72	167	Camilla Josephson	Fitness dk - TRI	1:21:28	21:26	70	8:02	82	6:16:29	28.69	87	4:46	58	4:35:21	6:31	60	12:26:04	2:29:24
73	163	Ayo Lismark	Roskilde Triathlon Klub	1:01:27	16:10	4	4:38	17	5:42:09	31.57	35	3:29	22	5:36:19	7:58	88	12:28:01	2:31:21
74	123	Carina Jönsson	TRI4	1:14:51	19:41	47	9:03	89	6:05:32	29.55	77	9:00	89	4:51:22	6:54	71	12:29:46	2:33:06
75	53	Simone Kragh Jacobsen	TRI4	1:14:09	19:30	43	5:14	33	6:13:00	28.96	83	8:37	88	4:49:45	6:51	70	12:30:43	2:34:03
76	135	Charlotte Andersen	Fitness dk - TRI	1:01:54	16:17	7	5:42	44	5:59:33	30.04	67	6:07	73	5:18:12	7:32	82	12:31:26	2:34:46
77	165	Sanne Hundborg	Fitness dk - TRI	1:13:48	19:25	39	5:37	41	5:57:34	30.20	64	4:41	53	5:12:18	7:24	80	12:33:55	2:37:15
78	86	Mia Søborg	Team Challenge	1:05:01	17:06	11	4:27	13	6:25:05	28.05	89	4:44	56	4:57:52	7:03	76	12:37:07	2:40:27
79	68	Eva Lenchler	Team Triathlon Herning	1:12:21	19:02	31	5:50	47	5:44:42	31.33	42	7:02	78	5:31:30	7:51	87	12:41:21	2:44:41
80	89	Stine Vesterskov Pedersen	Fitness dk - TRI	1:22:36	21:44	78	9:51	91	5:52:04	30.68	56	6:08	74	5:11:38	7:23	79	12:42:16	2:45:36
81	190	Christina Vestergaard	Team Challenge	1:31:23	24:02	90	9:56	94	5:59:46	30.02	68	9:50	93	4:56:49	7:02	75	12:47:42	2:51:02
83	55	Malene Bredahl Hansen	Odense Triathlon Klub	1:11:49	18:53	26	4:17	11	6:24:55	28.06	88	4:29	46	5:14:52	7:27	81	13:00:19	3:03:39
84	76	Kristina Olesen	Fitness dk - TRI	1:17:56	20:30	54	6:41	68	6:07:11	29.41	79	8:10	83	5:24:53	7:41	85	13:04:50	3:08:10
85	137	Mette Sommer Fritze	Fitness dk - TRI	1:38:22	25:52	96	11:10	98	7:03:52	25.48	95	9:20	90	4:11:57	5:58	34	13:14:38	3:17:58
86	95	Maria Blankholm Møller	Team Challenge	1:33:16	24:32	92	7:23	77	6:44:20	26.71	93	4:09	37	4:47:17	6:48	69	13:16:23	3:19:43
87	171	Louise Bertelsen	Team Challenge	1:21:41	21:29	74	10:54	97	6:45:05	26.66	94	10:51	94	4:58:48	7:04	77	13:27:17	3:30:37
88	52	Katrine Brock	Sønderborg Tri Klub 90 / STK90	1:40:32	26:27	97	6:23	62	6:00:50	29.93	69	4:43	54	5:42:57	8:07	90	13:35:24	3:38:44
89	96	Nina Von Druschke Hetmar	LSK-tri	1:13:07	19:14	35	6:11	55	5:52:32	30.64	58	9:49	92	6:14:33	8:52	93	13:36:09	3:39:29
90	191	Maria Birch Nielsen	Team Challenge	1:45:15	27:41	99	8:59	88	6:14:49	28.82	85	8:37	87	5:24:53	7:41	86	13:42:31	3:45:51
91	122	Katja Termote	Islev Triathlon Klub	1:05:23	17:12	12	6:38	65	6:05:19	29.56	76	8:14	85	6:18:56	8:58	94	13:44:28	3:47:48
92	164	Signe Bendsen	Team Challenge	1:31:26	24:03	91	7:49	79	6:42:14	26.85	92	7:04	79	5:36:36	7:58	89	14:05:07	4:08:27
93	82	Christina Sanderhoff Olsen	Team Challenge	1:34:28	24:51	94	8:06	83	7:17:29	24.69	96	6:49	77	6:00:48	8:32	92	15:07:37	5:10:57
94	184	Keren Levy	Team Challenge	1:34:26	24:51	93	13:15	99	8:12:36	21.92	97	7:43	82	5:58:58	8:30	91	16:06:57	6:10:17
DNF	65	Nicoline Rahbek Dam Sørensen	TRI4	1:03:38	16:44	8	3:50	7	5:24:31	33.28	11	2:23	4					
DNF	161	Signe Boserup	Team Challenge	1:15:07	19:45	50	4:32	15	5:48:21	31.00	48							
DNF	173	Pia Ullum	Fitness dk - TRI	1:21:24	21:25	69	6:03	49	5:49:34	30.90	52							
DNF	109	Tabita Hansen	Team Challenge	1:13:50	19:25	40	6:05	51										
DNF	58	Anne Dorthe Baunerhøj	Fitness dk - TRI	1:26:28	22:45	85	6:39	66										
DNS	154	Lone Borum Stærk	Team Challenge															
DNS	111	Ditte Lybke	Team Challenge															
DNS	99	Anneli Olsen	Fitness dk - TRI															
DNS	51	Anethe Madsen	2Tri-Haslev															
DSQ	69	Mette Wolter Sørensen	Fitness dk - TRI	1:19:04	20:48	56	5:23	36	6:03:44	29.69	75	3:28	20	5:18:45	7:33	83	12:50:23	2:53:43

Individual: Kvinder 40-44 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	202	Lillan Sindahl Glümer	Ninjas.dk	1:17:36	20:25	9	4:55	1	4:56:42	36.40	1	3:26	3	3:25:28	4:52	1	9:48:04	
2	198	Camilla Steenberg	Ganløse Tri-Center	1:10:22	18:31	1	6:02	7	5:34:55	32.25	7	4:00	4	3:41:19	5:14	2	10:36:37	48:33
3	226	Malene Teller Blume	Brøndby Triathlon Club	1:15:36	19:53	7	5:34	5	5:34:23	32.30	6	3:24	2	3:51:39	5:29	4	10:50:34	1:02:30
4	228	Ulla Barkling	Fitness dk - TRI	1:22:29	21:42	14	8:29	15	5:30:03	32.72	5	6:50	14	3:42:53	5:16	3	10:50:42	1:02:38
5	225	Gitte Lyndrup	Røddekro IF Tri	1:10:59	18:40	2	5:11	4	5:29:46	32.75	4	4:00	6	4:07:55	5:52	10	10:57:49	1:09:45
6	205	Anne Louise Gimsing	TRI4	1:11:35	18:50	3	6:52	11	5:47:33	31.08	9	5:01	11	4:03:48	5:46	7	11:14:47	1:26:43
7	231	Annette Christensen	Brøndby Triathlon Club	1:16:46	20:11	8	6:07	8	5:53:56	30.52	12	4:52	8	4:02:10	5:44	6	11:23:49	1:35:45
8	210	Helle Haurum	Aarhus 1900 Triathlon	1:12:14	19:00	4	9:09	18	5:26:24	33.09	3	8:27	19	4:35:33	6:31	15	11:31:44	1:43:40
9	199	Vicki Hansen	Sigma Nordsjælland Triathlon klub	1:21:38	21:28	12	5:57	6	5:54:40	30.45	13	3:12	1	4:08:56	5:53	11	11:34:22	1:46:18
10	227	Vivi Chanette Nielsen	TRI4	1:19:03	20:47	10	6:17	9	6:12:48	28.97	16	5:05	12	3:58:36	5:39	5	11:41:45	1:53:42
11	201	Anne-Marie Jacobsen	Multi Motion Assens	1:31:19	24:01	19	10:21	23	5:53:19	30.57	11	7:11	17	4:06:40	5:50	9	11:48:47	2:00:43
12	193	Lone Knudsen	Fitness dk - TRI	1:25:59	22:37	16	7:35	14	5:45:51	31.23	8	4:54	9	4:41:12	6:39	18	12:05:30	2:17:27

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Kvinder 40-44 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
13	213	Charlotte Larsen	Farsø Tri og Trim	1:54:39	30:10	23	9:07	17	5:58:22	30.14	14	5:01	10	4:21:05	6:11	12	12:28:13	2:40:09
14	196	Anne-Marie Ladefoged	Fitness dk - TRI	1:20:20	21:08	11	9:52	20	6:31:58	27.55	22	4:00	4	4:22:31	6:13	13	12:28:40	2:40:36
15	203	Pia Jørgensen	Islev Triathlon Klub	1:13:45	19:24	5	7:14	12	6:23:18	28.18	18	6:52	15	4:38:52	6:36	17	12:29:58	2:41:54
16	224	Susanne Schwartzbach	Team Challenge	1:36:13	25:18	21	10:02	21	6:11:27	29.08	15	9:55	20	4:25:18	6:17	14	12:32:53	2:44:49
17	218	Anja Geisler	KVIK TRI TEAM	1:23:41	22:01	15	10:06	22	6:20:04	28.42	17	8:23	18	4:38:18	6:35	16	12:40:29	2:52:25
18	216	Susanne Hauerberg Jacobsen	Fitness dk - TRI	1:33:07	24:30	20	5:08	3	5:47:52	31.05	10	6:17	13	5:19:08	7:33	19	12:51:31	3:03:27
19	229	Charlotte Baarts	TRI4	1:29:13	23:28	17	9:44	19	7:03:41	25.49	23	6:54	16	4:05:31	5:49	8	12:55:01	3:06:57
20	219	Hennie Hansen	Team Challenge	1:14:42	19:39	6	8:44	16	6:23:47	28.14	19	12:09	22	5:37:46	8:00	21	13:37:06	3:49:02
21	220	Mette Hyldahl Zimmer	Skovshoved Triathlon Klub	1:21:57	21:33	13	6:35	10	6:30:19	27.67	21	4:07	7	5:34:15	7:55	20	13:37:11	3:49:07
22	209	Ann-Britt Nordby	Team Challenge	1:51:08	29:14	22	5:01	2	6:24:52	28.06	20	11:34	21	5:39:21	8:02	22	14:11:54	4:23:50
DNF	195	Christina Visby	Team Challenge	1:29:55	23:39	18	7:16	13	5:18:10	33.94	2							
DNS	207	Rikkekatrine Rose Larsen	Langgarverne															
DNS	194	Trine Mark	Team Challenge															

Individual: Kvinder 45-49 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	235	Lajla Wolff	Vejen Tri og Motion	1:10:50	18:38	3	5:16	3	5:27:02	33.03	3	3:32	3	4:05:03	5:48	2	10:51:42	
2	246	Sanne Lassen	Sigma Nordsjælland Triathlon klub	1:18:25	20:38	9	4:41	1	5:26:24	33.09	2	1:59	1	4:01:14	5:42	1	10:52:41	1:00
3	241	Susanne Karsvang	KVIK TRI TEAM	1:05:13	17:09	1	9:36	17	5:44:47	31.33	7	5:32	10	4:12:25	5:58	4	11:17:29	25:48
4	259	Vibeke Knudsen	TriNord	1:14:05	19:29	6	7:42	10	5:37:41	31.98	5	3:46	5	4:19:46	6:09	7	11:22:59	31:18
5	249	Vibeke Haaning	Team Challenge	1:29:39	23:35	15	10:21	18	5:18:29	33.91	1	5:49	11	4:19:03	6:08	6	11:23:18	31:37
6	251	Therese Gunni	Skovshoved Triathlon Klub	1:12:04	18:57	4	6:10	5	5:59:53	30.01	11	3:40	4	4:08:12	5:52	3	11:29:57	38:16
7	258	Pernille Gadd	Holbæk Svømme Klub Triathlon	1:09:06	18:10	2	8:30	14	5:37:54	31.96	6	5:03	8	4:34:30	6:30	13	11:35:01	43:19
8	256	Marianne Sunddal	Køge Tri Team 2000	1:24:04	22:07	13	9:16	16	5:48:25	31.00	9	4:26	7	4:18:32	6:07	5	11:44:41	52:59
9	250	Monica Neesgaard	Sigma Nordsjælland Triathlon klub	1:23:59	22:05	12	4:43	2	5:54:49	30.44	10	2:49	2	4:29:45	6:23	12	11:56:02	1:04:21
10	237	Pia Von Gerstenberg Rosted	Sigma Nordsjælland Triathlon klub	1:36:35	25:25	18	6:44	7	5:45:37	31.25	8	5:22	9	4:23:06	6:14	10	11:57:24	1:05:42
11	247	Lene Møller	Team Challenge	1:23:50	22:03	11	7:55	11	6:05:41	29.53	12	7:14	13	4:21:44	6:12	8	12:06:22	1:14:41
12	242	Susanne Vorup	Herlev Tri & Motion	1:21:30	21:26	10	15:27	20	6:26:19	27.96	14	8:26	16	4:22:35	6:13	9	12:34:16	1:42:34
13	239	Tina Hartley	KVIK TRI TEAM	1:30:58	23:56	17	7:57	13	6:25:00	28.05	13	7:05	12	4:28:14	6:21	11	12:39:12	1:47:31
14	238	Trine Krogh Schønberg	Fitness dk - TRI	1:16:49	20:12	7	6:29	6	6:31:17	27.60	15	10:19	18	5:30:08	7:49	16	13:34:59	2:43:18
15	252	Jette Hommelgaard Kristensen	Multiatleterne	1:25:54	22:36	14	7:35	9	6:31:59	27.55	16	7:42	14	5:25:43	7:43	15	13:38:50	2:47:08
16	257	Anna Lechenmayer	Team Challenge	1:48:09	28:27	20	10:53	19	6:36:39	27.23	18	8:31	17	5:20:51	7:36	14	14:05:01	3:13:20
17	245	Marianne Hüche	Team Challenge	1:29:55	23:39	16	9:07	15	6:34:17	27.39	17	7:55	15	6:06:49	8:41	17	14:28:00	3:36:19
DNF	2005	Britta Jegind	TriNord	1:16:57	20:14	8	5:56	4	5:34:19	32.30	4	4:06	6					
DNF	236	Elisabeth Sortsøe Høgsberg	Team Challenge	1:13:20	19:17	5	7:17	8										
DNF	243	Marianne Schøler Nielsen	Rødekro IF Tri	1:40:55	26:33	19	7:56	12										
DNS	234	Cristina Escherich Haldan	Skovshoved Triathlon Klub															
DNS	253	Lotte Bertram	Roskilde Triathlon Klub															
DNS	248	Charlotte Boitumelo Ife	Hareskovens Triathlon Klub															

Individual: Kvinder 50-54 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	271	Else Grønkjær-Bloch	Multiatleterne	1:36:05	25:16	7	7:57	6	5:37:31	32.00	1	5:46	4	4:02:44	5:45	2	11:30:02	
2	260	Lone Christensen	Multiatleterne	1:20:18	21:07	5	7:31	4	6:13:23	28.93	5	6:44	5	3:50:30	5:27	1	11:38:24	8:22
3	265	Bettina Heydenreich	Fitness dk - TRI	1:14:49	19:41	3	6:27	3	5:54:34	30.46	2	5:28	3	4:24:32	6:16	4	11:45:47	15:45
4	270	Dorthe Christensen	KTK 86	1:31:16	24:00	6	8:40	7	6:10:45	29.13	4	5:03	2	4:11:29	5:57	3	12:07:11	37:10
5	269	Gail Hirsch	Fitness dk - TRI	1:17:56	20:30	4	7:48	5	5:57:36	30.20	3	7:32	6	4:41:55	6:40	6	12:12:45	42:44
6	267	Karina Søgaard	Ninjas.dk	1:07:38	17:47	2	5:35	2	6:22:22	28.25	6	2:50	1	4:38:53	6:36	5	12:17:16	47:15
DNF	262	Kaisa I-Jakobsen	LSK-tri	1:04:56	17:05	1	4:45	1										

Individual: Kvinder 55-59 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	272	Una Dahl Meyer	Langgarverne	1:40:40	26:29	1	9:38	1	6:48:38	26.43	1	6:28	1	5:14:30	7:27	1	13:59:53	

Individual: Kvinder 60-64 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	274	Senna Madsen	Multiatleterne	1:19:59	21:02	1	10:06	1	6:29:37	27.72	1	4:53	1	4:25:06	6:16	1	12:29:40	

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Individual: Kvinder Elite

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	34	Tine Holst	Ninjas.dk	1:03:26	16:41	3	2:33	1	5:06:17	35.26	1	2:29	2	3:24:52	4:51	1	9:39:36	
2	32	Kerstin Kiis	KTK 86	1:00:57	16:02	2	2:55	3	5:12:40	34.54	2	1:54	1	3:27:06	4:54	2	9:45:29	5:54
DNF	25	Lisbeth Kristensen	Esbjerg Tri & Multisport	53:05	13:58	1	2:54	2	5:21:33	33.59	3							

Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1288	Anders Christensen	Aalborg Triathlon Klub	58:11	15:18	31	3:36	56	4:40:11	38.55	10	2:19	67	2:59:16	4:14	1	8:43:31	
2	1082	Frederik Lewinsky	TRI4	53:48	14:09	8	2:47	9	4:35:31	39.20	5	1:37	6	3:12:29	4:33	13	8:46:10	2:40
3	975	Martin Lawaetz	Ninjas.dk	1:02:26	16:25	79	3:34	53	4:37:48	38.88	8	1:35	4	3:05:14	4:23	5	8:50:35	7:04
4	1127	Thomas Lawaetz	Ninjas.dk	1:02:51	16:32	85	2:58	21	4:34:24	39.36	3	1:41	9	3:08:53	4:28	9	8:50:45	7:14
5	486	Jesper Bjerrum	TRI4	55:32	14:36	14	2:32	2	4:35:24	39.22	4	1:54	18	3:18:37	4:42	28	8:53:57	10:27
6	317	Jan Henningsen	Team Challenge	54:18	14:17	12	3:07	27	4:32:13	39.68	2	4:00	304	3:21:30	4:46	41	8:55:06	11:35
7	2031	Rasmus Grønnebæk Nielsen	Team Triathlon Herning	58:45	15:27	39	3:00	24	4:51:20	37.07	44	2:51	149	3:01:07	4:17	2	8:57:01	13:30
8	1376	Anders Lawaetz	Ninjas.dk	58:46	15:27	40	2:55	15	4:35:52	39.15	6	1:37	5	3:20:29	4:45	37	8:59:37	16:07
9	446	Michael Elkjær	Viborg Atletik og Motion	1:03:54	16:48	108	2:42	4	4:50:41	37.16	36	1:46	12	3:04:23	4:22	4	9:03:24	19:53
10	1151	Martin Brøndum Klode	Team Delta 508	1:05:30	17:14	138	3:49	69	4:47:46	37.53	24	2:32	100	3:04:11	4:21	3	9:03:47	20:17
11	1375	Mads Bang Jensen	Aarhus 1900 Triathlon	57:29	15:07	22	3:57	82	4:47:29	37.57	23	2:04	39	3:13:08	4:34	16	9:04:05	20:35
12	591	Thomas Rohde	Team Challenge	57:44	15:11	23	3:14	37	4:50:24	37.19	33	1:18	1	3:11:56	4:32	11	9:04:34	21:03
13	989	Martin Rye Ustrup	Ninjas.dk	1:07:00	17:37	169	3:52	76	4:37:42	38.89	7	2:18	65	3:14:33	4:36	18	9:05:24	21:53
14	1429	Jeppe Hofman	Ganløse Tri-Center	58:06	15:17	29	3:16	39	4:43:26	38.11	16	2:27	87	3:19:30	4:43	33	9:06:42	23:12
15	1470	Patrick Hansen	Odense Triathlon Klub	58:23	15:21	35	3:18	41	4:52:03	36.98	48	2:19	68	3:11:48	4:32	10	9:07:49	24:18
16	1030	Lasse Hofman	KTK 86	57:25	15:06	21	3:08	29	4:48:29	37.44	28	2:40	120	3:19:03	4:42	31	9:10:43	27:13
17	341	Thomas Beck	TRI4	47:51	12:35	2	2:54	13	4:45:58	37.77	20	2:39	116	3:32:28	5:02	86	9:11:47	28:17
18	1201	Kasper Birkegaard Pedersen	Team Challenge	1:04:46	17:02	123	4:06	103	4:50:52	37.13	37	1:58	26	3:12:55	4:34	14	9:14:36	31:05
19	1524	Anders Eriksen	Team Challenge	1:11:56	18:55	298	3:57	84	4:51:08	37.10	41	2:09	53	3:06:05	4:24	7	9:15:14	31:43
20	1357	Jesper Eberhard	Aalborg Triathlon Klub	1:08:08	17:55	193	3:12	34	4:54:07	36.72	67	2:07	47	3:08:27	4:27	8	9:15:59	32:28
21	1020	Anders Dalum Balskilde Nielsen	KTK 86	53:22	14:02	7	3:06	26	5:00:59	35.88	116	2:02	34	3:16:58	4:40	23	9:16:25	32:55
22	1385	Andreas Antonsen Damgaard	KTK 86	1:00:19	15:52	54	2:44	6	4:48:52	37.39	29	1:55	19	3:22:39	4:48	46	9:16:28	32:57
23	357	Lars C. Pedersen	Fitness dk - TRI	1:00:38	15:57	56	2:30	1	4:48:23	37.45	27	1:58	28	3:23:08	4:48	47	9:16:36	33:05
24	1422	Mads Groht	Aarhus 1900 Triathlon	1:06:28	17:29	160	5:31	276	4:38:44	38.75	9	4:16	326	3:22:13	4:47	44	9:17:10	33:39
25	1182	Henrik Stavnsgaard	Team Challenge	1:10:57	18:40	276	3:57	83	4:42:23	38.25	14	2:08	50	3:18:05	4:41	26	9:17:28	33:57
26	1306	Jonathan Lawaetz	Ninjas.dk	58:16	15:19	34	3:25	48	4:53:50	36.76	63	2:24	79	3:20:06	4:44	35	9:17:59	34:28
27	1504	Enno Hoffmann-Dose	Team Challenge	56:39	14:54	16	4:44	170	4:40:58	38.44	11	2:38	113	3:33:16	5:03	88	9:18:14	34:43
28	1318	Søren Røhde	Fitness dk - TRI	1:09:26	18:16	234	3:20	42	4:48:14	37.47	26	2:36	106	3:16:11	4:38	21	9:19:45	36:14
29	1307	Mads Morild Møller	RANDERS ATLETIK FREJA	1:00:45	15:59	58	4:35	153	4:53:28	36.80	59	2:12	58	3:18:56	4:42	30	9:19:54	36:23
30	1463	Dennis Sjøner	Team Challenge	59:59	15:47	49	3:46	64	4:53:03	36.86	56	1:55	20	3:21:50	4:46	43	9:20:31	37:00
31	1029	Mads Klaus Hansen	TRI4	58:29	15:23	36	3:24	45	4:57:19	36.33	87	1:42	10	3:21:28	4:46	40	9:22:21	38:50
32	1356	Rasmus Fitzner	KVIK TRI TEAM	56:02	14:44	15	4:06	103	4:52:27	36.93	50	2:09	54	3:28:53	4:56	67	9:23:36	40:06
33	1361	Kasper Borst	Skovshoved Triathlon Klub	1:03:08	16:36	92	4:28	141	4:41:37	38.35	13	2:10	55	3:33:09	5:03	87	9:24:29	40:58
34	310	Jack Classen	Køge Tri Team 2000	58:00	15:15	26	2:43	5	4:56:17	36.45	80	1:40	8	3:26:21	4:53	59	9:24:59	41:28
35	1431	Rasmus Steinfeldt Hvarre	Odense Triathlon Klub	1:04:16	16:54	114	5:38	291	4:47:51	37.52	25	2:51	151	3:24:36	4:50	52	9:25:10	41:39
36	525	Cefat Taslicukur	Triton Tri	1:04:30	16:58	118	5:26	264	4:58:43	36.16	98	3:28	244	3:13:07	4:34	15	9:25:11	41:41
37	1169	Kian Zanno Ejlersen	Team Hechmann Sport	1:19:53	21:01	470	5:23	259	4:54:04	36.73	66	2:24	80	3:05:16	4:23	6	9:26:58	43:28
38	1076	Nikolaj Thoms	Langgarverne	1:01:20	16:08	67	2:45	8	5:01:36	35.81	122	2:20	70	3:20:33	4:45	38	9:28:32	45:02
39	1184	Morten Rasmussen	TRI4	1:08:20	17:58	207	5:13	233	4:54:45	36.64	68	4:48	377	3:17:07	4:40	24	9:30:11	46:40
40	992	Thomas Jensen	TRI4	1:10:12	18:28	251	5:48	302	4:56:52	36.38	86	2:29	92	3:15:08	4:37	19	9:30:27	46:56
41	2027	Steffen Tranberg	Fitness dk - TRI	1:04:26	16:57	116	3:38	57	4:50:57	37.12	38	2:07	45	3:30:00	4:58	72	9:31:07	47:36
42	1440	Mads Fogh Rasmussen	Team Challenge	1:12:51	19:10	329	3:08	28	4:52:44	36.90	54	2:26	84	3:21:37	4:46	42	9:32:44	49:13
43	1442	Nikolaj Astrup Madsen	Team Challenge	1:03:25	16:41	97	4:04	98	5:07:48	35.09	182	2:55	164	3:15:10	4:37	20	9:33:19	49:49
44	1303	Casper Homilius	Aarhus 1900 Triathlon	1:01:24	16:09	68	4:28	143	4:58:11	36.22	94	2:17	63	3:27:14	4:54	62	9:33:32	50:01
45	1097	Michael Smith Larsen	Team Challenge	1:01:15	16:06	65	5:47	300	4:43:25	38.11	15	4:22	341	3:38:57	5:11	121	9:33:44	50:14
46	1510	Erling Madsen	Ninjas.dk	1:13:16	19:16	347	3:57	87	4:51:16	37.08	43	3:17	212	3:22:14	4:47	45	9:33:58	50:27
47	382	Michael Rosendahl	Karlsunde Tri	1:15:36	19:53	404	3:50	71	4:53:17	36.83	57	2:06	44	3:19:31	4:43	34	9:34:17	50:47
48	1447	Morten Hindso	Team Challenge	1:08:11	17:56	195	5:16	243	5:05:47	35.32	160	3:23	225	3:12:21	4:33	12	9:34:55	51:24
49	984	Jacob Lefolli	Team Challenge	52:41	13:51	5	5:36	288	4:52:31	36.92	51	2:46	136	3:41:50	5:15	141	9:35:23	51:52
50	1545	Claus Bæk Andrés	Vejle IF Triathlon	1:02:28	16:26	80	5:53	313	4:50:59	37.12	39	2:57	171	3:34:04	5:04	94	9:36:20	52:49
51	293	Jacob Carstensen	Team Challenge	45:28	11:57	1	2:59	23	4:52:33	36.92	52	1:52	16	3:53:51	5:32	245	9:36:41	53:10
52	2030	Lasse Gliemann Hybholt	Team Challenge	1:04:37	17:00	120	4:22	129	4:51:45	37.02	46	2:00	31	3:34:10	5:04	95	9:36:52	53:22
53	354	Thomas Nielsen	KTK 86	1:01:26	16:09	69	3:15	38	4:52:40	36.90	53	1:57	22	3:38:14	5:10	116	9:37:30	53:59

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
54	1149	Per Skovrup	Haderslev TRI 2000	1:08:22	17:59	209	2:54	14	4:46:59	37.63	22	2:22	72	3:37:03	5:08	107	9:37:39	54:08
55	1310	Kristian Gutte Koch	Hareskovens Triathlon Klub	1:05:10	17:08	132	3:24	47	4:58:19	36.20	97	2:22	74	3:29:05	4:57	68	9:38:18	54:48
56	1120	Tobias Holm Andersen	Brøndby Triathlon Club	1:04:03	16:51	110	2:58	19	5:04:45	35.44	152	2:49	142	3:23:47	4:49	50	9:38:19	54:48
57	1500	Ronni Tolsmark Sørensen	Team Challenge	1:06:20	17:27	158	4:19	123	5:00:03	36.00	111	3:01	182	3:24:53	4:51	53	9:38:35	55:04
58	1088	Sebastian Kjærsgaard	Fitness dk - TRI	1:03:27	16:41	98	4:05	100	4:52:23	36.94	49	7:38	531	3:31:30	5:00	80	9:39:02	55:31
59	1059	Nicolai Holm Jensen	KTK 86	1:03:36	16:44	101	4:08	107	4:53:27	36.80	58	3:00	175	3:35:00	5:05	97	9:39:09	55:38
60	542	Michael Bøeck	Ganløse Tri-Center	1:16:22	20:05	420	5:08	224	4:49:46	37.27	32	2:39	119	3:25:52	4:52	56	9:39:45	56:14
61	1541	Kenneth Kleissl	Fitness dk - TRI	1:08:07	17:55	191	4:00	92	4:49:22	37.32	30	2:57	169	3:35:35	5:06	98	9:39:59	56:28
62	1283	Nikolaj Rud Sørensen	Aarhus 1900 Triathlon	1:08:05	17:55	190	4:17	120	5:06:58	35.18	175	2:29	94	3:18:14	4:41	27	9:40:01	56:30
63	377	Henrik Steen Andersen	Fitness dk - TRI	49:05	12:54	3	5:26	265	4:51:12	37.09	42	3:51	284	3:51:01	5:28	217	9:40:33	57:02
64	1111	Jakob Jensen	Team Triathlon Herning	1:06:23	17:28	159	4:23	132	5:06:24	35.25	167	3:06	196	3:20:33	4:45	39	9:40:47	57:16
65	2028	Paul Buhr	Aarhus 1900 Triathlon	1:08:15	17:57	202	3:56	80	4:41:17	38.40	12	2:33	102	3:45:23	5:20	169	9:41:23	57:52
66	1368	Bjarke N. Andreasen	Aalborg Triathlon Klub	56:54	14:58	17	2:35	3	4:50:33	37.17	34	3:26	237	3:48:03	5:24	189	9:41:29	57:59
67	1406	Timm Jeppesen	Team Challenge	1:17:53	20:29	445	4:38	157	4:53:36	36.79	62	2:38	110	3:23:14	4:48	48	9:41:57	58:26
68	387	Poul Vestergaard	Team Challenge	1:13:23	19:18	351	5:13	235	4:55:04	36.60	70	2:52	157	3:25:51	4:52	55	9:42:21	58:50
69	1268	Anders Zaar Jensen	Team Challenge	1:01:18	16:07	66	3:13	36	5:03:51	35.54	139	3:23	227	3:30:58	4:59	76	9:42:41	59:10
70	1015	Peter Esbjørn	Team Challenge	1:00:50	16:00	59	5:01	206	5:02:08	35.75	127	2:10	56	3:33:18	5:03	89	9:43:26	59:55
71	1517	Christian Bech	Fitness dk - TRI	1:00:08	15:49	51	3:20	43	4:45:37	37.81	19	2:31	96	3:52:00	5:29	233	9:43:34	1:00:03
72	423	Jan Sørensen	Team Challenge	1:12:03	18:57	302	5:32	280	4:55:49	36.51	78	2:49	142	3:27:51	4:55	65	9:44:02	1:00:31
73	1212	Sune Mejlvang	KTK 86	53:53	14:10	9	3:44	60	4:55:47	36.51	77	2:26	83	3:48:55	5:25	199	9:44:42	1:01:11
74	1058	Søren Rocket Treager	Kongens Tri	1:11:56	18:55	297	4:09	109	4:55:35	36.54	75	2:08	49	3:31:05	5:00	78	9:44:50	1:01:19
75	1300	Morten Rødgaard-Hansen	Aarhus 1900 Triathlon	59:59	15:47	50	5:19	250	5:19:45	33.78	292	2:28	91	3:17:38	4:40	25	9:45:07	1:01:36
76	1051	Peter Toft	Team Challenge	1:11:12	18:44	282	6:02	331	5:11:19	34.69	225	4:34	355	3:13:31	4:35	17	9:46:37	1:03:06
77	1475	Alexander Holm Viborg	Team Challenge	1:12:53	19:10	332	3:10	31	5:01:54	35.77	123	2:08	52	3:26:43	4:53	60	9:46:46	1:03:15
78	1532	Kristian Henningsen	KTK 86	1:08:12	17:56	196	6:07	337	5:10:08	34.82	204	4:08	315	3:20:17	4:44	36	9:48:50	1:05:19
79	1296	Jesper Svane	Odense Triathlon Klub	1:06:10	17:24	150	8:40	497	5:04:04	35.52	141	4:38	359	3:25:23	4:52	54	9:48:53	1:05:22
80	1505	Tobias Schelle	Kongens Tri	1:06:49	17:34	163	3:34	54	4:56:34	36.42	84	2:03	36	3:39:58	5:12	128	9:48:56	1:05:25
81	999	Benjamin Nørgaard	TRI4	1:10:53	18:39	274	2:53	12	4:53:53	36.75	65	4:18	333	3:37:06	5:08	108	9:49:01	1:05:30
82	1486	Peter Struckmann	Multiatleterne	1:06:17	17:26	153	4:52	187	5:03:32	35.58	136	2:28	90	3:32:01	5:01	84	9:49:09	1:05:38
83	428	Klaus Borge	Roskilde Triathlon Klub	57:52	15:13	24	3:33	52	4:53:53	36.75	64	2:01	32	3:51:55	5:29	230	9:49:11	1:05:41
84	1391	Anders Heitmann Larsen	Silkeborg Motion/Tri-Klub	1:10:48	18:37	270	3:46	62	5:01:13	35.85	117	3:03	188	3:30:33	4:59	75	9:49:21	1:05:50
85	974	Thomas Vestergaard	KTK 86	59:12	15:34	44	3:17	40	4:56:27	36.43	82	1:43	11	3:48:46	5:25	197	9:49:23	1:05:52
86	1472	Thomas Lykke Sørensen	Aarhus 1900 Triathlon	1:07:44	17:49	176	2:56	16	5:04:35	35.46	150	2:33	103	3:33:27	5:03	90	9:51:14	1:07:43
87	1533	Sebastian Böcher	Team Challenge	1:11:00	18:40	278	5:15	241	4:56:09	36.47	79	2:26	85	3:36:27	5:07	103	9:51:15	1:07:44
88	294	Mogens Venø Jessen	Silkeborg Motion/Tri-Klub	1:07:14	17:41	172	5:08	223	4:56:41	36.40	85	3:01	179	3:39:40	5:12	125	9:51:43	1:08:12
89	1528	Mike Andersen	Aalborg Triathlon Klub	1:08:08	17:55	192	3:50	72	5:11:47	34.64	230	2:00	29	3:26:02	4:52	57	9:51:44	1:08:14
90	541	Thomas Rasmussen	Karlsunde Tri	1:13:16	19:16	346	6:21	349	4:59:56	36.01	109	1:37	7	3:31:00	4:59	77	9:52:07	1:08:37
91	1388	Dennis Matzen	TRI4	1:01:07	16:04	63	2:50	10	5:06:06	35.28	164	1:52	17	3:40:28	5:13	131	9:52:22	1:08:51
92	288	Rasmus Petersen	Fitness dk - TRI	1:04:53	17:04	127	5:50	307	5:10:20	34.80	207	2:06	43	3:29:49	4:58	69	9:52:56	1:09:26
93	1222	Anders Thorsø	Odder Triathlon Klub	1:08:05	17:54	188	4:07	106	5:02:20	35.72	130	2:13	59	3:36:14	5:07	101	9:52:57	1:09:26
94	1373	Lars Dupont Lomholt	Haderslev TRI 2000	1:07:05	17:39	171	5:34	283	5:18:46	33.88	285	3:18	216	3:18:39	4:42	29	9:53:20	1:09:49
95	1022	Morten Bendix Kristensen	Fredericia Triathlon Team	1:03:41	16:45	107	5:15	242	5:07:57	35.07	183	4:32	348	3:31:58	5:01	83	9:53:22	1:09:51
96	1408	Jakob Hirsch	Fitness dk - TRI	1:08:42	18:04	218	4:32	151	4:44:34	37.95	18	3:40	264	3:51:56	5:29	231	9:53:22	1:09:51
97	449	Martin Windfeld Velin	Team Challenge	1:07:56	17:52	178	5:18	248	4:59:46	36.03	108	3:25	233	3:37:14	5:08	110	9:53:38	1:10:07
98	1452	Patrick Wärme	Sigma Nordsjælland Triathlon klub	1:04:46	17:02	122	5:28	268	5:04:19	35.49	145	2:45	134	3:36:36	5:07	105	9:53:52	1:10:21
99	289	Niels Ebbe Lauridsen	TRI4	1:01:49	16:15	70	4:45	172	4:58:12	36.22	95	3:18	215	3:46:11	5:21	176	9:54:13	1:10:42
100	348	Martin Lassen	Fitness dk - TRI	1:00:17	15:51	53	4:19	124	5:05:07	35.40	155	2:02	35	3:42:43	5:16	146	9:54:26	1:10:55
101	1050	Kristoffer Espinoza	Team Challenge	1:06:09	17:24	149	4:21	126	5:13:30	34.45	247	3:00	178	3:28:00	4:55	66	9:54:58	1:11:28
102	1194	Stefan Stougaard	Fitness dk - TRI	1:23:58	22:05	516	6:04	334	5:04:21	35.49	147	3:57	298	3:16:54	4:39	22	9:55:12	1:11:41
103	521	Morten Halkjær	Svendborg Triathlonklub	1:15:32	19:52	402	4:29	146	4:52:50	36.88	55	3:05	194	3:39:28	5:12	123	9:55:23	1:11:52
104	1450	Michael Gudmundsson	Odense Triathlon Klub	1:00:22	15:52	55	4:37	156	4:57:55	36.25	91	6:05	466	3:46:29	5:22	178	9:55:26	1:11:55
105	1282	Johan Durup Fritzeier	Aarhus 1900 Triathlon	1:03:01	16:34	89	3:55	78	4:55:07	36.60	71	2:47	138	3:51:00	5:28	215	9:55:48	1:12:17
106	1502	Sune Guldbrand Hansen	Vejle IF Triathlon	1:17:04	20:16	432	4:07	105	5:02:19	35.73	129	2:07	48	3:30:16	4:58	73	9:55:52	1:12:21
107	1096	Nicklas Plambeck	Fitness dk - TRI	1:14:35	19:37	383	5:12	231	4:51:31	37.05	45	3:11	206	3:41:30	5:14	136	9:55:56	1:12:26
108	1185	Carsten Thygesen	Aarhus 1900 Triathlon	1:01:03	16:03	61	5:20	251	5:03:32	35.58	137	3:10	203	3:43:03	5:17	149	9:56:06	1:12:35
109	533	Thomas Johannes Andersen	Brøndby Triathlon Club	1:08:20	17:58	207	5:14	237	5:01:29	35.82	121	2:24	78	3:38:49	5:11	120	9:56:13	1:12:43
110	373	Peter Moustén	Aalborg Triathlon Klub	1:13:56	19:27	365	6:54	394	5:10:20	34.80	206	5:43	446	3:19:27	4:43	32	9:56:17	1:12:47
111	539	Per Laust Johansen	Team Challenge	1:12:01	18:56	300	5:23	260	4:59:18	36.09	101	1:57	23	3:38:13	5:10	115	9:56:50	1:13:19
112	364	Christian Høftoft Sørensen	Kalundborg Triathlon	1:10:01	18:25	246	5:56	316	5:05:56	35.30	162	3:53	289	3:31:09	5:00	79	9:56:52	1:13:22

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
113	287	Kim Nielsen	LSK-tri	1:03:13	16:38	93	5:39	292	4:55:46	36.52	76	1:48	15	3:50:44	5:28	212	9:57:07	1:13:36
114	1038	Hans Staun-Olsen	Fitness dk - TRI	1:05:27	17:13	137	6:45	379	5:08:11	35.05	185	3:23	228	3:33:44	5:03	92	9:57:28	1:13:57
115	384	Rasmus Fredslund	Team Challenge	1:19:04	20:48	457	4:43	164	4:49:30	37.31	31	4:49	378	3:39:43	5:12	126	9:57:46	1:14:15
116	1311	Rasmus Krodal	Skovshoved Triathlon Klub	1:02:14	16:22	75	2:58	20	4:55:10	36.59	72	2:24	81	3:55:03	5:34	254	9:57:47	1:14:16
117	554	Anders Glümer	TriNord	59:42	15:42	47	5:56	317	5:02:05	35.75	126	2:47	139	3:47:26	5:23	185	9:57:56	1:14:25
118	322	Kasper Therkildsen	Skovshoved Triathlon Klub	1:08:18	17:58	205	5:01	202	4:58:00	36.24	92	2:52	152	3:43:50	5:18	154	9:57:57	1:14:27
119	1228	Dennis Pedersen	Aarhus 1900 Triathlon	1:10:15	18:29	254	4:01	95	5:15:03	34.28	259	1:23	2	3:27:21	4:54	63	9:58:02	1:14:31
120	1468	Jacob Roth	Team Challenge	1:01:54	16:17	71	4:24	135	4:54:58	36.62	69	3:03	189	3:53:56	5:32	247	9:58:13	1:14:42
121	1143	Niels Peter Bækhoj Sørensen	Skive AM Triathlon	1:01:02	16:03	60	4:59	200	4:56:21	36.44	81	2:58	172	3:53:20	5:31	239	9:58:38	1:15:07
122	500	Poul Erik Stockfleth	Hareskovens Triathlon Klub	1:11:38	18:51	294	6:04	333	5:01:22	35.84	120	2:28	89	3:37:18	5:08	111	9:58:48	1:15:18
123	1040	Nikolaj Bebe Andersen	Odense Triathlon Klub	1:02:02	16:19	74	3:45	61	5:23:37	33.37	321	2:11	57	3:27:29	4:54	64	9:59:03	1:15:32
124	1191	Dennis Nielsen	Aalborg Triathlon Klub	1:05:33	17:14	139	2:45	7	5:04:00	35.53	140	2:40	123	3:44:10	5:18	156	9:59:07	1:15:36
125	577	Christian Stenberg	Team Challenge	1:08:12	17:56	197	4:06	102	5:14:36	34.33	255	2:37	108	3:29:49	4:58	70	9:59:19	1:15:48
126	358	Lars Eriksen	TRI4	1:08:03	17:54	183	4:40	160	5:12:12	34.59	236	2:54	161	3:31:37	5:00	81	9:59:24	1:15:53
127	2029	Jacob Erdmann	Aarhus 1900 Triathlon	1:03:15	16:38	94	5:05	217	5:12:39	34.54	242	2:23	75	3:36:04	5:07	100	9:59:24	1:15:54
128	497	Ruben Kornum Nielsen	Holstebro Triathlon Klub	1:12:16	19:00	314	7:26	428	5:10:02	34.84	201	2:39	117	3:27:05	4:54	61	9:59:26	1:15:55
129	285	Martin Olesen	Aarhus 1900 Triathlon	1:04:06	16:52	111	4:36	154	5:00:23	35.96	113	2:20	69	3:48:55	5:25	200	10:00:17	1:16:47
130	1081	Steffen Skastrup	Fitness dk - TRI	58:13	15:19	32	4:23	131	5:14:46	34.31	258	1:56	21	3:41:44	5:15	138	10:01:01	1:17:30
131	2024	Poul Broch	Team Challenge	1:14:26	19:35	376	5:44	299	4:51:05	37.10	40	1:57	24	3:48:22	5:24	193	10:01:33	1:18:02
132	464	Martin Monberg	Ninjas.dk	1:06:20	17:27	157	7:21	423	4:53:34	36.79	60	3:25	235	3:51:03	5:28	218	10:01:42	1:18:11
133	1060	Micalael Christensen	Multiatleterne	1:05:46	17:18	142	7:57	462	4:46:10	37.74	21	4:10	318	3:58:13	5:38	286	10:02:15	1:18:44
134	434	Klaus Jensen	Team Hechmann Sport	1:12:05	18:58	304	5:11	229	5:10:09	34.82	205	2:52	154	3:32:02	5:01	85	10:02:16	1:18:46
135	581	Tom Johan Jensen	TRI4	1:04:51	17:03	126	4:53	189	5:09:06	34.94	194	3:18	216	3:40:23	5:13	130	10:02:31	1:19:00
136	504	Anders Nørgaard Lassen	Team Challenge	1:06:17	17:26	153	4:38	158	4:53:35	36.79	61	3:07	199	3:55:13	5:34	258	10:02:49	1:19:18
137	445	Michael Orsulak	Holstebro Triathlon Klub	1:15:34	19:52	403	3:49	69	4:56:27	36.43	83	2:33	101	3:44:42	5:19	163	10:03:03	1:19:32
138	1293	Daniel Bojsen	KVIK TRI TEAM	59:02	15:32	43	3:51	74	5:12:11	34.60	235	2:59	174	3:45:13	5:20	166	10:03:14	1:19:43
139	1395	Anders Dalsgaard Bonnerup	Aalborg Triathlon Klub	1:02:01	16:19	73	6:16	344	5:06:58	35.18	174	3:51	282	3:44:40	5:19	161	10:03:44	1:20:13
140	301	Kenneth Ejsenhardt	KVIK TRI TEAM	1:05:41	17:16	141	4:48	178	4:58:12	36.22	96	3:32	252	3:51:42	5:29	228	10:03:54	1:20:23
141	476	Rune Pauly	Ganløse Tri-Center	1:09:44	18:20	242	2:53	11	4:59:40	36.04	106	1:47	14	3:50:06	5:27	209	10:04:07	1:20:37
142	438	Janus Nørgaard	Skive AM Triathlon	1:07:50	17:50	177	4:01	94	5:06:07	35.28	165	3:45	271	3:42:37	5:16	144	10:04:18	1:20:47
143	1178	Kenneth Olsen	Fitness dk - TRI	1:09:00	18:09	228	4:49	182	4:51:55	37.00	47	2:08	51	3:56:28	5:36	269	10:04:18	1:20:48
144	1099	Kim A Mikkelsen	Vejen Tri og Motion	1:11:28	18:48	288	4:21	128	4:57:40	36.28	90	2:42	128	3:48:12	5:24	191	10:04:22	1:20:51
145	1479	Kasper Fuhrmann	Aarhus 1900 Triathlon	1:03:32	16:43	100	3:48	67	4:55:31	36.55	74	5:12	412	3:56:22	5:36	268	10:04:23	1:20:52
146	1026	Jacob Koch Pedersen	TRI4	1:02:58	16:34	87	7:21	422	5:09:26	34.90	196	3:53	290	3:41:03	5:14	133	10:04:39	1:21:08
147	1130	Morten Sommer Sahlholdt	KTK 86	1:09:44	18:20	242	4:48	180	4:58:11	36.22	93	5:24	424	3:47:05	5:22	183	10:05:10	1:21:39
148	421	Lars Kure	TriNord	1:12:14	19:00	311	4:30	147	5:15:12	34.27	261	3:02	186	3:30:28	4:59	74	10:05:24	1:21:53
149	1341	Mathias Kristensen	Team Challenge	58:08	15:17	30	4:46	175	5:31:33	32.58	381	4:49	381	3:26:12	4:53	58	10:05:26	1:21:55
150	1018	Mark Strøm	Team Challenge	1:06:56	17:36	166	4:45	173	5:10:44	34.76	215	2:53	159	3:40:18	5:13	129	10:05:34	1:22:04
151	1289	Jesper Englund Hansen	Team Challenge	1:11:06	18:42	279	4:52	186	5:15:06	34.28	260	5:06	405	3:29:53	4:58	71	10:06:00	1:22:30
152	278	Thomas Borlund Vang Klattrup	Skovshoved Triathlon Klub	1:14:17	19:32	372	5:34	285	5:00:19	35.96	112	3:44	270	3:42:12	5:15	142	10:06:05	1:22:34
153	490	Kasper Mønsted	Team Challenge	1:13:12	19:15	342	4:15	117	5:10:55	34.74	219	2:00	30	3:36:31	5:07	104	10:06:51	1:23:20
154	1497	Jannik Lawaetz	Team Challenge	1:05:10	17:08	133	7:39	446	5:24:35	33.27	329	5:57	460	3:23:33	4:49	49	10:06:52	1:23:21
155	1400	Mads Funder	Team Challenge	1:02:59	16:34	88	5:57	319	4:59:35	36.05	105	2:26	86	3:56:17	5:35	267	10:07:13	1:23:43
156	1513	Christian Schønau	Fitness dk - TRI	1:08:04	17:54	186	6:11	341	4:59:29	36.06	102	3:30	248	3:50:24	5:27	210	10:07:36	1:24:05
157	478	Philip Bryde Christiansen	Ninjas.dk	59:39	15:41	46	2:56	18	5:07:29	35.13	180	2:37	107	3:55:08	5:34	256	10:07:47	1:24:16
158	1509	Peter Tue Christensen	HG Atletik, Triathlon og Motion	1:10:27	18:32	262	6:37	368	4:50:38	37.16	35	3:56	293	3:56:15	5:35	265	10:07:50	1:24:20
159	976	Theis Jensen	Slagelse, Korsør & Skælskør Triat	1:06:10	17:24	151	6:04	335	5:02:37	35.69	131	5:01	397	3:48:04	5:24	190	10:07:55	1:24:24
160	1095	Kasper Klänning	Team Challenge	1:15:27	19:51	401	6:49	388	5:11:30	34.67	227	3:02	184	3:31:39	5:00	82	10:08:25	1:24:54
161	363	Jonas Birger-Christensen	Team Challenge	1:02:30	16:26	82	5:15	240	4:59:35	36.05	104	3:48	278	3:57:52	5:38	281	10:08:58	1:25:27
162	327	Mads Overgaard	Silkeborg Motion/Tri-Klub	57:14	15:03	19	5:31	275	5:17:56	33.97	282	4:46	372	3:43:47	5:18	152	10:09:13	1:25:42
163	1516	Martin W. Ø. Larsen	Fitness dk - TRI	1:08:55	18:08	225	5:01	206	5:06:08	35.28	166	2:29	93	3:46:43	5:22	181	10:09:14	1:25:43
164	570	Henrik Nielsen	Roskilde Triathlon Klub	1:06:58	17:37	167	4:03	97	5:10:33	34.78	212	4:19	334	3:43:29	5:17	151	10:09:21	1:25:50
164	1048	Allan Jensen	Hareskovens Triathlon Klub	1:06:09	17:24	148	4:12	113	5:13:09	34.49	245	3:17	213	3:42:36	5:16	143	10:09:21	1:25:50
166	1276	Christoffer Hagemann	Hareskovens Triathlon Klub	1:03:03	16:35	90	4:30	148	5:08:33	35.00	188	2:32	98	3:51:00	5:28	216	10:09:37	1:26:06
167	585	Thomas Beck	Team Challenge	1:12:18	19:01	316	4:13	115	5:05:09	35.39	156	2:39	118	3:45:50	5:21	174	10:10:07	1:26:36
168	1274	Alex Abrahamson	Fitness dk - TRI	1:10:17	18:29	256	6:20	348	4:59:05	36.11	100	3:08	201	3:51:31	5:29	224	10:10:20	1:26:49
169	474	Lars Hornbeck	KVIK TRI TEAM	1:07:18	17:42	174	3:56	81	5:10:43	34.76	214	3:50	279	3:44:36	5:19	160	10:10:21	1:26:51
170	1317	Fredrik Svarre Nielsen	Blovstrød Tri-athleten	1:02:53	16:32	86	5:34	284	5:11:18	34.69	224	3:17	211	3:47:38	5:23	186	10:10:38	1:27:07
171	408	Rasmus Dahl Jensen	Ninjas.dk	1:14:39	19:38	384	3:33	51	5:14:03	34.39	250	2:49	145	3:35:48	5:06	99	10:10:50	1:27:19

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
172	1083	Anders Borchorst Gårdhus	Aarhus 1900 Triathlon	1:05:55	17:20	144	5:21	255	5:09:39	34.88	199	5:26	427	3:45:16	5:20	167	10:11:35	1:28:04
173	1116	Bjarne Pedersen	Team Challenge	1:08:46	18:05	221	4:25	139	5:11:01	34.73	220	2:23	77	3:45:48	5:21	173	10:12:21	1:28:50
174	1323	Rasmus Jersild Jensen	Svendborg Triathlonklub	1:08:14	17:57	200	4:03	96	5:07:46	35.09	181	2:39	115	3:49:55	5:26	206	10:12:35	1:29:04
175	1379	Nich Svensson	Team Challenge	1:05:02	17:06	131	4:27	140	4:55:26	36.56	73	2:18	65	4:05:49	5:49	332	10:13:00	1:29:29
176	381	Morten Lund Christiansen	Team Challenge	1:10:35	18:34	265	6:38	373	5:14:07	34.38	252	3:20	219	3:38:23	5:10	117	10:13:01	1:29:30
177	1340	Jason Greve Holbech	Team Challenge	1:10:30	18:33	263	6:40	376	5:00:32	35.94	114	2:55	167	3:53:53	5:32	246	10:14:29	1:30:58
178	1369	Rasmus Hald	Silkeborg Motion/Tri-Klub	1:10:05	18:26	248	4:25	138	5:06:32	35.23	168	2:22	73	3:51:15	5:28	222	10:14:37	1:31:06
179	1496	Jimmy Jespersen	Holbæk Svømme Klub Triathlon	1:06:17	17:26	152	4:31	149	5:04:48	35.43	153	2:17	64	3:56:58	5:36	272	10:14:50	1:31:20
180	1462	Casper Bach Munkholm	Aalborg Triathlon Klub	1:13:01	19:12	335	5:14	238	5:02:14	35.74	128	3:02	186	3:51:47	5:29	229	10:15:17	1:31:46
181	564	Morten Hasselbalch	Team Challenge	1:07:57	17:52	179	4:32	150	5:12:15	34.59	237	2:32	99	3:48:28	5:24	196	10:15:41	1:32:10
182	323	Mikkel Frederik S. Vilhelmsen	Fitness dk - TRI	1:04:13	16:53	112	4:17	121	5:10:03	34.83	202	4:17	328	3:53:49	5:32	244	10:16:37	1:33:06
183	1136	Torben Snabe Hansen	Fitness dk - TRI	1:02:46	16:30	84	4:54	191	5:11:05	34.72	222	10:09	579	3:47:47	5:23	187	10:16:38	1:33:08
184	582	Tommas Jensen	KVIK TRI TEAM	1:09:44	18:20	241	3:51	75	5:05:56	35.30	161	4:12	320	3:52:59	5:31	238	10:16:40	1:33:10
185	1056	Jesper Kargaard Thomsen	Fitness dk - TRI	1:09:36	18:18	237	7:47	455	5:20:00	33.75	294	5:34	433	3:33:47	5:03	93	10:16:43	1:33:12
186	1537	Steffen Jakobsen	Multiatleterne	1:15:58	19:59	409	4:41	161	5:10:26	34.79	209	3:10	204	3:42:47	5:16	147	10:17:00	1:33:29
187	1168	Lasse Lauritsen	Fitness dk - TRI	1:11:36	18:50	292	6:30	358	5:12:30	34.56	239	2:30	95	3:44:06	5:18	155	10:17:10	1:33:40
188	475	Henrik Koppel	Team Challenge	55:19	14:33	13	6:25	355	5:16:52	34.08	271	3:41	265	3:55:01	5:34	253	10:17:17	1:33:46
189	499	Anders Ploug	HG Atletik, Triathlon og Motion	1:09:53	18:23	245	7:46	453	5:04:29	35.47	148	4:21	338	3:51:04	5:28	219	10:17:32	1:34:01
190	473	Peter Poulsen	Køge Tri Team 2000	1:09:29	18:16	235	7:46	452	5:19:25	33.81	289	3:18	214	3:37:38	5:09	113	10:17:34	1:34:03
191	1384	Anders Damm	Aarhus 1900 Triathlon	1:10:25	18:31	259	6:42	378	5:11:24	34.68	226	2:48	140	3:46:46	5:22	182	10:18:02	1:34:31
192	1347	Nick Niebling	Islev Triathlon Klub	49:40	13:04	4	4:24	134	5:09:38	34.88	198	2:55	166	4:12:29	5:58	380	10:19:05	1:35:34
193	284	Jacob Schmidt	Team Challenge	1:02:15	16:22	76	3:57	84	5:03:08	35.63	135	3:58	299	4:05:53	5:49	333	10:19:09	1:35:39
194	1543	Mikkel Skov-Jensen	Team Challenge	1:01:03	16:03	62	8:28	493	5:22:54	33.45	316	9:29	571	3:38:12	5:10	114	10:20:04	1:36:34
195	1336	Nico North Larsen	Kolding Triathlon Klub	1:06:59	17:37	168	4:24	136	5:20:07	33.74	297	3:04	191	3:45:46	5:20	172	10:20:19	1:36:49
196	593	Peter Bason	Team Challenge	1:13:11	19:15	341	6:39	374	5:10:30	34.78	211	3:57	297	3:46:17	5:21	177	10:20:33	1:37:02
197	398	Martin Nymann	Aalborg Triathlon Klub	1:12:33	19:05	320	8:16	481	5:12:58	34.51	244	3:05	194	3:44:11	5:18	157	10:21:01	1:37:31
198	556	Jan Lunddal	Team Challenge	1:16:45	20:11	430	6:21	350	5:04:30	35.47	149	4:54	388	3:49:15	5:25	202	10:21:44	1:38:13
199	389	Lasse Mench	Fitness dk - TRI	1:12:09	18:59	309	3:47	65	5:22:47	33.46	314	1:34	3	3:41:46	5:15	139	10:22:01	1:38:31
200	1461	Simon Immersen Jensen	Aarhus 1900 Triathlon	1:09:06	18:10	230	4:23	133	5:06:56	35.19	172	1:46	13	4:00:03	5:41	296	10:22:14	1:38:43
201	427	Jan Olesen	Team Triathlon Herning	1:05:51	17:19	143	4:24	137	5:05:31	35.35	158	2:02	33	4:04:29	5:47	326	10:22:15	1:38:45
202	536	Ruben Pr Skov	Team Challenge	1:12:30	19:04	319	4:35	152	5:04:15	35.50	143	2:55	162	3:58:06	5:38	284	10:22:18	1:38:48
203	471	Lasse Lindholm	Team Challenge	1:18:43	20:42	455	5:20	253	5:09:59	34.84	200	2:52	153	3:45:27	5:20	170	10:22:20	1:38:49
204	1434	Simon Mark Aagaard	Team Challenge	1:04:41	17:01	121	4:47	177	5:17:13	34.05	277	2:04	41	3:53:38	5:32	242	10:22:21	1:38:50
205	1078	Emil Kulmann Jakobsen	Team Challenge	1:09:49	18:22	244	7:23	425	5:30:56	32.64	374	10:08	578	3:24:16	4:50	51	10:22:30	1:39:00
206	2045	Stephan Rimer	Team Challenge	1:08:42	18:04	217	5:04	215	5:09:27	34.90	197	3:31	251	3:55:52	5:35	263	10:22:34	1:39:03
207	1471	Martin Spliid	Fitness dk - TRI	1:06:06	17:23	147	4:41	162	5:19:34	33.80	291	2:38	111	3:49:39	5:26	204	10:22:36	1:39:05
208	342	Anders Vinther Larsen	Farsø Tri og Trim	58:47	15:28	41	4:12	114	5:30:17	32.70	370	2:44	132	3:46:39	5:22	180	10:22:38	1:39:07
209	550	Ronni Belling	Team Challenge	1:09:42	18:20	240	4:14	116	5:01:13	35.85	118	3:30	250	4:04:14	5:47	325	10:22:52	1:39:21
210	2009	Søren Jørgensen	Fitness dk - TRI	1:13:41	19:23	360	5:41	294	5:14:05	34.39	251	4:12	322	3:45:17	5:20	168	10:22:55	1:39:24
211	491	Adam Powers	Team Challenge	54:02	14:13	10	4:44	169	5:05:36	35.34	159	3:24	230	4:16:03	6:04	400	10:23:48	1:40:17
212	410	Jesper Pedersen	Kolding Triathlon Klub	1:15:20	19:49	397	5:09	228	5:05:15	35.38	157	3:04	193	3:55:11	5:34	257	10:23:58	1:40:28
213	460	Lars Friis Møller	Odense Triathlon Klub	1:03:24	16:40	96	5:32	279	5:23:13	33.41	318	3:39	263	3:48:48	5:25	198	10:24:34	1:41:03
214	2026	Mikkel Højborg Olsen	Team Challenge	1:16:40	20:10	427	3:04	25	5:14:17	34.36	253	2:13	60	3:48:27	5:24	195	10:24:40	1:41:09
215	1295	Christian Rasmussen	Team Challenge	58:48	15:28	42	4:59	199	5:08:57	34.96	192	4:32	347	4:08:02	5:52	352	10:25:16	1:41:45
216	1226	Luigi Kristensen	2Tri-Haslev	1:15:51	19:57	408	5:32	278	5:03:42	35.56	138	3:33	256	3:56:47	5:36	270	10:25:24	1:41:53
217	1001	Brian Løjmand	FFD Kralupy Triathlon	1:06:06	17:23	146	5:29	271	5:20:08	33.74	298	4:38	357	3:49:15	5:25	203	10:25:34	1:42:03
218	1181	Sune Johansson	Team Challenge	1:13:35	19:21	357	6:28	357	5:25:56	33.14	344	2:22	71	3:37:31	5:09	112	10:25:50	1:42:20
219	415	Thomas Baumann	Fitness dk - TRI	1:25:07	22:23	529	5:16	244	4:43:53	38.04	17	2:23	76	4:09:36	5:54	363	10:26:13	1:42:42
220	1134	Jes Frost Vandkrog	Fitness dk - TRI	1:13:09	19:15	338	7:54	459	5:04:19	35.49	146	5:05	402	3:55:48	5:35	262	10:26:14	1:42:43
221	1279	Mads Niemann	TRI4	1:00:13	15:50	52	3:58	90	5:23:47	33.36	324	2:55	162	3:55:31	5:34	261	10:26:22	1:42:52
222	1162	Michael Svensson	Kalundborg Triathlon	1:11:31	18:49	290	5:41	295	5:04:18	35.49	144	3:20	220	4:01:45	5:43	306	10:26:33	1:43:02
223	1154	Søren Guldager Nielsen	Multiatleterne	1:09:42	18:20	239	4:56	194	5:14:23	34.35	254	2:55	165	3:54:39	5:33	251	10:26:33	1:43:02
224	522	Martin Haaning	Odder Triathlon Klub	1:15:13	19:47	395	8:44	500	5:10:46	34.75	217	3:42	266	3:48:26	5:24	194	10:26:49	1:43:18
225	468	Claus Tranberg	Sigma Nordsjælland Triathlon klub	1:18:26	20:38	449	6:17	345	5:16:08	34.16	267	4:38	358	3:41:28	5:14	135	10:26:54	1:43:24
226	465	Rune Larsen	Team Challenge	1:07:35	17:46	175	8:18	482	5:01:15	35.85	119	3:27	242	4:06:40	5:50	343	10:27:12	1:43:41
227	1488	Mark Tranto	TriNord	1:18:33	20:40	452	4:19	122	5:00:01	36.00	110	2:52	154	4:01:39	5:43	305	10:27:22	1:43:51
228	1218	Jens Grønkjær Sjølander Pihl	TRI4	1:03:37	16:44	104	8:20	486	5:17:35	34.01	279	4:39	361	3:53:22	5:31	240	10:27:32	1:44:02
229	375	Jacob Nielsen	Team Challenge	1:13:50	19:25	363	7:03	404	5:16:36	34.11	270	5:37	437	3:44:41	5:19	162	10:27:44	1:44:13
230	528	Thomas Aarhøj Knudsen	Fitness dk - TRI	1:20:13	21:06	477	9:47	540	5:02:01	35.76	125	5:55	458	3:49:57	5:26	207	10:27:51	1:44:21

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Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
231	426	Dennis Christensen	Brøndby Triathlon Club	1:12:23	19:02	317	4:21	127	5:03:01	35.64	134	4:00	302	4:04:32	5:47	327	10:28:15	1:44:44
232	1337	Steffen Wiese Meegaard	Fitness dk - TRI	1:19:41	20:57	467	5:40	293	5:24:43	33.26	332	3:39	262	3:34:51	5:05	96	10:28:32	1:45:01
233	1299	Lau Nikolajsen	Team Challenge	1:14:32	19:36	381	7:28	430	4:57:25	36.31	88	5:41	444	4:03:27	5:46	321	10:28:33	1:45:02
234	1237	Allan Thisted	Team Challenge	1:12:41	19:07	324	5:09	227	5:11:30	34.67	228	3:15	208	3:56:08	5:35	264	10:28:42	1:45:11
235	534	Bo Velds Andresen	Team Challenge	1:23:23	21:56	512	8:30	494	5:11:55	34.63	232	3:29	245	3:41:31	5:14	137	10:28:46	1:45:15
236	1370	Adam Sigbrand	Team Challenge	1:12:51	19:10	328	8:25	490	5:23:26	33.39	319	5:21	420	3:38:45	5:11	119	10:28:46	1:45:16
237	1363	Kenneth Willemoes	Team Challenge	1:11:13	18:44	283	5:33	282	5:06:51	35.20	171	3:46	274	4:02:12	5:44	309	10:29:33	1:46:02
238	510	Sonny Korte	Fitness dk - TRI	1:02:39	16:29	83	2:56	17	5:20:24	33.71	299	2:16	62	4:01:34	5:43	304	10:29:48	1:46:17
239	1405	Nikolaj Rasmussen	Team Challenge	1:08:50	18:06	223	6:41	377	5:04:13	35.50	142	4:21	337	4:05:47	5:49	331	10:29:50	1:46:19
240	1305	Cato Vestergaard	Team Challenge	1:10:48	18:37	271	7:40	448	5:12:23	34.57	238	2:57	170	3:56:16	5:35	266	10:30:01	1:46:30
241	991	Mark Olesen	Team Challenge	57:56	15:14	25	4:42	163	5:21:59	33.54	306	3:26	239	4:02:08	5:44	308	10:30:09	1:46:38
242	1352	Jimmi Carlsen	Team Challenge	1:13:13	19:15	345	6:52	392	5:24:10	33.32	327	2:07	46	3:44:20	5:18	158	10:30:40	1:47:09
243	1358	Jess Laursen	Team Challenge	1:11:27	18:48	287	5:14	239	5:20:01	33.75	295	3:01	183	3:51:09	5:28	220	10:30:51	1:47:20
244	1109	Phillip Brøndum Christensen	Team Challenge	1:09:29	18:17	236	11:04	565	5:25:13	33.21	335	5:48	453	3:39:48	5:12	127	10:31:19	1:47:49
245	414	Simon Tollerud	Team Challenge	1:24:11	22:09	519	5:06	220	5:06:49	35.20	170	3:29	247	3:51:59	5:29	232	10:31:32	1:48:01
246	1381	Philip Danhøj Larsen	Team Challenge	1:08:37	18:03	214	6:00	326	5:12:32	34.56	240	3:04	192	4:01:28	5:43	302	10:31:39	1:48:08
247	1008	Martin Johansen	Team Challenge	1:10:50	18:38	273	4:48	179	5:36:27	32.10	417	3:38	261	3:36:14	5:07	102	10:31:55	1:48:24
248	1482	Jack Streit	Herlev Tri & Motion	1:03:37	16:44	102	2:59	22	5:02:38	35.69	132	2:40	121	4:20:22	6:10	423	10:32:14	1:48:43
249	1387	Nicklas Andersen	Langgarverne	1:13:29	19:20	353	6:01	329	5:25:23	33.19	338	2:41	125	3:45:05	5:20	165	10:32:38	1:49:07
250	1396	Kasper Bay	KTK 86	1:13:03	19:13	336	3:50	73	5:13:30	34.45	246	2:52	156	3:59:47	5:40	293	10:33:00	1:49:29
251	597	Gorm Carson	Kolding Triathlon Klub	1:12:03	18:57	303	6:35	365	5:30:54	32.64	373	4:22	339	3:39:35	5:12	124	10:33:27	1:49:56
252	978	Christian Bech	Team Challenge	1:14:12	19:31	370	6:46	380	5:19:51	33.77	293	3:26	240	3:49:58	5:26	208	10:34:11	1:50:40
253	391	Morten Villadsen	Team Challenge	1:08:05	17:54	187	8:00	464	5:31:02	32.63	375	7:53	541	3:39:14	5:11	122	10:34:12	1:50:41
254	1066	Henrik Vittrup	Team Challenge	1:11:38	18:50	293	7:02	402	5:23:44	33.36	323	4:14	324	3:47:59	5:24	188	10:34:36	1:51:05
255	1153	Christian Hajdú	Team Challenge	1:23:05	21:51	509	5:30	272	5:06:57	35.19	173	4:22	340	3:55:13	5:34	259	10:35:05	1:51:34
256	584	James Johnsen	Team Challenge	1:12:05	18:58	305	10:46	560	5:26:34	33.07	349	4:20	335	3:41:25	5:14	134	10:35:08	1:51:37
257	1544	Jesper Østergård Hansen	Fitness dk - TRI	1:14:58	19:43	390	5:07	221	5:20:30	33.70	300	3:33	254	3:51:15	5:28	223	10:35:21	1:51:50
258	1275	Anders B Jensen	Holstebro Triathlon Klub	1:21:37	21:28	497	5:37	290	5:22:44	33.46	311	2:49	144	3:42:41	5:16	145	10:35:27	1:51:56
259	1348	Kasper Biel	Team Challenge	1:26:51	22:51	539	5:28	270	5:09:00	34.95	193	3:24	229	3:50:49	5:28	213	10:35:30	1:51:59
260	1366	Michael Knudsen	Team Challenge	1:20:55	21:17	487	5:01	209	5:08:53	34.97	190	3:16	210	3:57:28	5:37	279	10:35:31	1:52:00
261	1460	Thor Schnetler	Team Challenge	1:04:30	16:58	117	7:01	399	5:34:46	32.26	406	6:26	485	3:43:09	5:17	150	10:35:50	1:52:19
262	303	Jesper Ulrik Klinggaard Nielsen	Team Challenge	1:08:09	17:55	194	4:43	165	5:11:44	34.65	229	3:46	272	4:07:47	5:52	350	10:36:06	1:52:35
263	334	Dan Bralye	Haderslev TRI 2000	1:34:10	24:46	576	4:08	108	4:31:25	39.79	1	2:04	38	4:24:36	6:16	441	10:36:21	1:52:50
264	1260	Anders Sebastian Næstholdt	TRI4	58:39	15:25	37	3:12	35	5:17:40	34.00	280	3:00	177	4:14:05	6:01	390	10:36:34	1:53:03
265	1084	Philip Alexander Helm	Team Challenge	1:20:10	21:05	474	7:02	401	5:01:58	35.77	124	4:40	362	4:03:23	5:46	319	10:37:10	1:53:39
266	1080	Morten Pehrson	Team Challenge	1:06:05	17:23	145	4:52	185	5:38:58	31.86	435	2:51	147	3:44:34	5:19	159	10:37:18	1:53:47
267	1418	Anders Aagaard Larsen	Fitness dk - TRI	1:17:21	20:21	437	9:43	537	5:22:40	33.47	310	5:09	409	3:43:00	5:17	148	10:37:52	1:54:21
268	1263	Kenneth Nielsen	Odense Triathlon Klub	1:10:44	18:36	269	4:36	155	5:20:45	33.67	301	3:37	260	3:58:15	5:38	287	10:37:56	1:54:25
269	2012	Jens Kaarsberg Puggaard	Team Challenge	1:10:49	18:38	272	4:20	125	5:21:51	33.56	304	2:05	42	3:59:26	5:40	292	10:38:28	1:54:58
270	1217	Jesper Nørgaard	Fitness dk - TRI	1:24:53	22:20	526	5:01	204	5:15:53	34.19	265	2:37	108	3:50:38	5:27	211	10:39:00	1:55:30
271	520	Morten Reinewald	Aalborg Triathlon Klub	1:20:09	21:05	472	5:16	245	5:24:34	33.28	328	2:25	82	3:47:10	5:22	184	10:39:32	1:56:01
272	416	Jacob Zeeberg	Fitness dk - TRI	57:19	15:04	20	4:29	144	4:59:33	36.06	103	2:51	147	4:35:29	6:31	482	10:39:38	1:56:07
273	509	Martin Buhl Svanum	Bagsværd Atletik Club, TRI afdeling	1:06:46	17:34	162	7:14	415	5:38:26	31.91	430	3:13	207	3:44:53	5:19	164	10:40:30	1:56:59
274	1319	Lasse Vig Jensen	Team Challenge	1:12:09	18:59	308	6:36	366	5:23:26	33.39	320	6:07	470	3:52:15	5:30	234	10:40:31	1:57:00
275	1054	Peter Lystrup Christensen	Fitness dk - TRI	1:13:36	19:22	358	4:58	196	5:14:38	34.33	256	3:21	221	4:04:04	5:46	324	10:40:34	1:57:03
276	1483	Mikkel Køster	Team Challenge	58:01	15:16	28	4:23	130	5:00:39	35.92	115	3:02	184	4:34:46	6:30	479	10:40:49	1:57:19
277	1049	Klaus Højbjerg	Team Challenge	1:14:59	19:43	391	5:59	325	5:19:09	33.84	286	2:04	40	3:58:54	5:39	289	10:41:03	1:57:32
278	456	Troels Brøndum Andersen	Team Challenge	1:16:15	20:03	414	4:29	144	5:15:44	34.21	263	2:42	127	4:01:58	5:44	307	10:41:06	1:57:35
279	1424	Anders Corfitz	Team Challenge	1:13:12	19:15	344	4:44	167	5:22:18	33.51	308	3:01	181	3:57:56	5:38	282	10:41:09	1:57:38
280	1012	Peter Buxbom	Fitness dk - TRI	1:12:48	19:09	327	7:13	413	5:08:23	35.02	187	4:41	363	4:08:24	5:53	356	10:41:28	1:57:57
281	1413	Danny Reyes Rasmussen	Fitness dk - TRI	1:14:57	19:43	389	5:43	298	5:41:13	31.65	445	3:23	225	3:37:12	5:08	109	10:42:26	1:58:56
282	979	Simon Brixen	Fitness dk - TRI	1:12:15	19:00	312	7:37	441	5:07:03	35.17	176	4:44	365	4:10:57	5:56	372	10:42:33	1:59:02
283	1465	Martin Thostrup	Skovshoved Triathlon Klub	1:12:52	19:10	330	5:01	209	5:35:02	32.24	407	5:56	459	3:43:49	5:18	153	10:42:39	1:59:08
284	1262	Morten Steen Christensen	TRI4	54:03	14:13	11	5:58	322	5:04:36	35.46	151	3:54	291	4:34:10	6:29	475	10:42:40	1:59:09
285	477	Kim Jacobsen	Holbæk Svømme Klub Triathlon	58:14	15:19	33	5:16	246	5:31:48	32.55	382	3:50	280	4:03:35	5:46	322	10:42:42	1:59:11
286	393	Jesper De Place	Team Challenge	1:10:07	18:26	249	8:39	495	5:17:16	34.04	278	4:10	317	4:02:57	5:45	313	10:43:07	1:59:36
287	437	Michael Boye Christensen	Langgarverne	1:23:41	22:01	513	5:49	305	4:59:44	36.03	107	6:11	473	4:07:52	5:52	351	10:43:15	1:59:44
288	1248	Jonas Nymark Graugaard	Odense Triathlon Klub	1:12:07	18:58	306	6:03	332	5:48:13	31.02	478	3:25	232	3:33:32	5:03	91	10:43:17	1:59:46
289	1042	Simon Kjærsgaard-Andersen	Fitness dk - TRI	1:20:28	21:10	481	7:40	449	5:08:54	34.96	191	5:34	432	4:00:52	5:42	299	10:43:27	1:59:57

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
290	987	Philip Rødkjær	Team Challenge	1:06:49	17:34	164	5:28	269	5:34:15	32.31	401	5:25	426	3:51:32	5:29	226	10:43:28	1:59:57
291	1249	Anders Aaskov-Hansen	Herlev Tri & Motion	1:04:58	17:05	130	3:31	50	5:38:38	31.89	432	2:46	137	3:53:47	5:32	243	10:43:39	2:00:09
292	1512	Hans-Henrik Hertz	Team Challenge	1:06:19	17:27	156	5:24	262	5:22:49	33.46	315	1:57	25	4:08:38	5:53	357	10:45:06	2:01:35
293	1004	Kristian Thesbjerg	Aalborg Triathlon Klub	1:08:17	17:58	204	6:53	393	5:05:04	35.40	154	3:26	240	4:21:42	6:12	426	10:45:21	2:01:50
294	977	Sebastian Mikkelsen	Aarhus 1900 Triathlon	1:15:39	19:54	406	6:07	337	5:26:01	33.13	345	3:29	246	3:54:09	5:32	249	10:45:22	2:01:52
295	383	Kenneth Søborg	Køge Tri Team 2000	1:08:14	17:57	198	12:54	588	5:19:10	33.84	287	5:47	452	3:59:47	5:40	293	10:45:50	2:02:20
296	1453	Mathias Holmelund	Fitness dk - TRI	1:10:59	18:40	277	5:42	296	5:15:50	34.20	264	5:19	418	4:08:10	5:52	353	10:45:58	2:02:27
297	1338	Jesper Lund	Team Challenge	1:16:49	20:12	431	3:56	79	5:09:23	34.91	195	5:07	408	4:11:31	5:57	375	10:46:44	2:03:14
298	1412	Simon Mæng Bonde	Team Challenge	1:13:32	19:20	354	6:39	375	5:36:19	32.11	414	2:38	114	3:48:15	5:24	192	10:47:21	2:03:50
299	1403	Frederik Holmgaard	Team Challenge	1:11:33	18:49	291	6:25	354	4:59:00	36.12	99	6:27	487	4:24:12	6:15	438	10:47:35	2:04:04
300	367	Jeppe Sørensen	Fitness dk - TRI	1:02:16	16:22	77	5:49	303	5:16:34	34.12	269	5:05	401	4:18:01	6:06	412	10:47:42	2:04:12
301	1511	Niels Christian Larsen	Aarhus 1900 Triathlon	1:02:29	16:26	81	4:44	166	5:29:42	32.76	364	3:30	248	4:07:36	5:52	347	10:47:58	2:04:27
302	1231	Jacob Søndergaard Mikkelsen	Skovshoved Triathlon Klub	1:04:23	16:56	115	3:48	68	5:07:14	35.15	179	2:50	146	4:29:51	6:23	459	10:48:05	2:04:34
303	1380	Andreas Stolt Svantesson	Fitness dk - TRI	1:08:03	17:54	184	3:09	30	5:17:13	34.05	276	2:27	88	4:17:20	6:05	408	10:48:11	2:04:40
304	1530	Kristian Duvald Friis	Fitness dk - TRI	1:13:12	19:15	342	6:48	386	5:13:38	34.44	248	4:33	354	4:10:09	5:55	365	10:48:18	2:04:47
305	1118	Paw De Sparra Lundin	Karlslunde Tri	1:13:56	19:27	366	8:12	477	5:29:44	32.75	366	7:40	532	3:49:09	5:25	201	10:48:38	2:05:08
306	1333	Bo Galsgaard	Aarhus 1900 Triathlon	1:23:10	21:53	510	4:45	171	5:25:53	33.14	343	3:53	287	3:51:42	5:29	227	10:49:21	2:05:50
307	1159	Klavs Moltzen	Aarhus 1900 Triathlon	1:15:21	19:49	398	6:31	361	5:39:19	31.83	439	2:34	105	3:45:42	5:20	171	10:49:26	2:05:55
308	1364	Frederik Thye Hansen	Fitness dk - TRI	1:16:19	20:04	417	3:39	58	5:26:12	33.11	346	4:12	319	3:59:14	5:40	291	10:49:33	2:06:03
309	986	Rasmus Fabius Meinecke	Fitness dk - TRI	1:20:45	21:14	486	6:15	343	5:11:52	34.63	231	4:33	352	4:06:17	5:50	338	10:49:39	2:06:08
310	1503	Kasper Matthiessen	Aarhus 1900 Triathlon	1:10:39	18:35	268	4:49	181	5:12:36	34.55	241	2:40	122	4:19:32	6:08	419	10:50:14	2:06:43
311	318	Thomas Larsen	Fredericia Triathlon Team	1:19:19	20:52	462	4:10	111	5:11:01	34.73	221	4:05	312	4:11:56	5:58	378	10:50:30	2:06:59
312	1265	Erik Wrang Larsen	Team Challenge	1:05:11	17:09	134	9:22	525	5:34:28	32.29	402	4:46	371	3:57:49	5:38	280	10:51:35	2:08:04
313	1115	Martin Ahm Hansen	Odense Triathlon Klub	1:14:19	19:33	373	8:05	468	5:27:27	32.98	353	4:32	351	3:57:19	5:37	278	10:51:41	2:08:10
314	523	Søren Hjermslev	RANDERS ATLETIK FREJA	1:04:32	16:58	119	6:35	364	5:27:36	32.97	355	3:57	296	4:09:21	5:54	361	10:51:58	2:08:27
315	316	Morten Eckholdt	LSK-tri	1:08:38	18:03	215	4:53	188	5:17:51	33.98	281	2:42	126	4:18:54	6:08	416	10:52:56	2:09:25
316	1492	Dennis Skouw Jensen	Team Challenge	1:12:02	18:57	301	5:57	320	5:19:29	33.81	290	4:57	389	4:11:17	5:57	373	10:53:41	2:10:10
317	1365	Andreas Hjort	Team Challenge	1:15:37	19:53	405	5:22	257	5:24:40	33.27	330	4:49	380	4:03:16	5:45	318	10:53:42	2:10:12
318	1302	Kasper Morgan Hansen	Team Challenge	1:08:02	17:54	182	5:27	267	5:10:04	34.83	203	3:43	268	4:26:34	6:18	447	10:53:47	2:10:16
319	589	Brian Hansen	Karlslunde Tri	1:17:52	20:29	444	8:42	498	5:32:02	32.53	384	4:51	382	3:50:49	5:28	213	10:54:15	2:10:44
320	567	Ebbe Hendriksen	Fitness dk - TRI	1:16:36	20:09	425	9:19	522	5:10:49	34.75	218	8:48	558	4:08:58	5:53	358	10:54:28	2:10:58
321	1039	Morten Hansen	Team Challenge	1:08:57	18:08	227	4:46	176	5:15:39	34.22	262	3:53	287	4:21:19	6:11	425	10:54:31	2:11:00
322	516	Mikkel Holtov	Kalundborg Triathlon	1:04:47	17:02	124	3:24	46	5:10:35	34.77	213	3:52	286	4:31:56	6:26	465	10:54:32	2:11:01
323	1019	Søren Marstrand Holm	Team Challenge	1:15:27	19:51	400	4:51	184	5:17:05	34.06	273	4:47	375	4:12:34	5:59	381	10:54:42	2:11:11
324	493	Nicki Hauglund	Team Challenge	1:13:20	19:17	349	10:17	548	5:19:20	33.82	288	5:13	414	4:06:35	5:50	341	10:54:43	2:11:12
325	1360	Thomas Posborg Nielsen	Team Challenge	1:22:45	21:46	506	5:21	254	5:31:19	32.60	379	2:44	131	3:52:49	5:30	237	10:54:55	2:11:24
326	1187	Henrik Holmgaard Olsson	Team Challenge	1:10:20	18:30	258	5:57	321	5:12:11	34.60	234	3:52	285	4:22:54	6:13	433	10:55:12	2:11:41
327	1448	Jonas Kragh	KTK 86	1:08:04	17:54	185	4:55	193	5:31:07	32.62	377	4:39	360	4:06:38	5:50	342	10:55:21	2:11:50
328	1270	Mads Friis	Odense Triathlon Klub	1:05:26	17:12	135	6:24	352	5:31:24	32.59	380	3:19	218	4:09:04	5:54	359	10:55:34	2:12:03
329	1009	Nicolaj Brandenhoff	Team Challenge	1:14:26	19:35	376	9:48	542	5:29:06	32.82	360	8:04	546	3:54:27	5:33	250	10:55:50	2:12:19
330	360	Mikkel Hjorth Christophersen	Fitness dk - TRI	1:01:58	16:18	72	7:18	418	5:22:46	33.46	312	5:32	430	4:18:24	6:07	415	10:55:56	2:12:25
331	1239	Harald Hersted	Team Challenge	58:01	15:15	27	5:13	233	5:35:04	32.23	408	5:59	463	4:11:46	5:57	377	10:56:01	2:12:31
332	481	Michael Gamst	Team Challenge	1:29:33	23:33	562	6:51	389	5:22:01	33.54	307	5:54	456	3:52:33	5:30	236	10:56:50	2:13:19
333	1023	Søren Torbjørn Svendsen	Team Challenge	1:12:59	19:12	334	7:38	444	5:24:41	33.26	331	6:37	493	4:05:24	5:48	330	10:57:17	2:13:46
334	403	Jimmy Woxholt	Holbæk Svømmme Klub Triathlon	1:08:33	18:02	212	4:57	195	5:25:09	33.22	334	4:00	307	4:14:55	6:02	395	10:57:33	2:14:02
335	1343	Martin Bissenbacker Hansen	Fitness dk - TRI	1:08:19	17:58	206	5:07	222	5:33:56	32.34	398	2:52	158	4:07:38	5:52	348	10:57:51	2:14:21
336	1506	Søren Møller Petersen	Fitness dk - TRI	1:35:48	25:12	579	6:10	340	5:16:19	34.14	268	4:53	385	3:54:59	5:34	252	10:58:08	2:14:37
338	467	Jesper Møller	Team Challenge	1:11:52	18:54	295	7:49	457	5:17:06	34.06	274	4:18	331	4:17:25	6:05	409	10:58:28	2:14:57
339	1163	Søren Kastberg	Fitness dk - TRI	1:11:56	18:55	299	7:03	403	5:36:42	32.08	419	5:59	462	3:56:53	5:36	271	10:58:30	2:14:59
340	1435	Jonas Germer-Rasmussen	Fitness dk - TRI	1:10:18	18:29	257	6:06	336	5:25:02	33.23	333	3:56	294	4:13:47	6:00	387	10:59:07	2:15:37
341	1508	Michael Wolthers Nielsen	Fitness dk - TRI	1:04:49	17:03	125	6:55	396	5:24:05	33.33	326	4:28	344	4:18:55	6:08	417	10:59:10	2:15:39
342	432	Martin Sonne	Team Challenge	1:20:02	21:03	471	8:51	505	5:15:53	34.19	266	4:00	302	4:10:32	5:56	369	10:59:17	2:15:46
343	1416	Søren Neergaard	Team Challenge	1:12:52	19:10	331	12:32	585	5:25:14	33.21	336	6:09	471	4:03:01	5:45	314	10:59:46	2:16:16
344	1529	Simon Trier	Team Challenge	1:13:10	19:15	339	9:16	519	5:34:11	32.32	400	4:01	308	3:59:11	5:40	290	10:59:47	2:16:16
345	1354	Joel Chilgenbach Lund	TRI4	1:10:16	18:29	255	6:47	383	5:39:13	31.84	437	8:39	556	3:55:14	5:34	260	11:00:06	2:16:35
346	558	Jakob Ljungberg	Team Challenge	1:24:19	22:11	520	8:56	507	5:16:53	34.08	272	2:58	173	4:07:27	5:51	346	11:00:31	2:17:00
347	553	Kenneth Nielsen	Islev Triathlon Klub	1:06:19	17:26	155	4:39	159	5:07:14	35.15	178	4:26	343	4:38:16	6:35	493	11:00:52	2:17:21
348	2006	Mikkel Henriksen	Team Challenge	1:29:48	23:37	563	9:28	528	5:32:36	32.47	387	3:28	243	3:46:07	5:21	175	11:01:25	2:17:54
349	1291	Simon Henckel Harloff	Team Challenge	1:18:00	20:31	447	4:28	142	5:31:51	32.54	383	4:18	332	4:03:25	5:46	320	11:02:00	2:18:30

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
350	1467	Martin Bayer	Team Challenge	1:40:15	26:22	586	7:16	417	5:30:38	32.66	371	7:14	520	3:36:49	5:08	106	11:02:10	2:18:40
351	311	Denis Dupont	TRI4	1:14:50	19:41	387	6:31	359	5:27:31	32.98	354	7:36	530	4:06:04	5:49	335	11:02:30	2:18:59
352	1487	Lars Hartmann	Fitness dk - TRI	1:13:11	19:15	340	5:53	314	5:27:47	32.95	356	3:32	253	4:12:35	5:59	382	11:02:57	2:19:26
353	1457	Jakob Winther Thomsen	Odense Triathlon Klub	1:08:01	17:53	181	5:26	266	5:30:00	32.73	367	3:37	259	4:15:57	6:03	398	11:02:58	2:19:28
354	563	Thomas Lind	Team Challenge	1:28:14	23:12	552	6:36	366	5:34:31	32.29	403	4:45	369	3:49:40	5:26	205	11:03:44	2:20:13
355	325	Daniel Hovel Hansen	KTK 86	1:11:54	18:55	296	4:16	119	5:10:22	34.80	208	3:07	198	4:34:52	6:30	480	11:04:28	2:20:58
356	559	Søren Sprogøe	KVIK TRI TEAM	1:14:06	19:29	369	5:59	323	5:25:46	33.15	341	2:43	129	4:16:15	6:04	402	11:04:47	2:21:16
357	1063	Martin Posborg	Team Challenge	1:16:44	20:11	428	11:32	577	5:29:11	32.81	361	7:22	526	4:00:01	5:41	295	11:04:47	2:21:17
359	1399	Nichlas Andersen	Team Challenge	1:11:21	18:46	286	4:46	174	5:51:21	30.74	492	2:44	130	3:55:08	5:34	255	11:05:18	2:21:47
360	1245	Erik Langwadt Guld	Ganløse Tri-Center	1:08:36	18:03	213	8:04	466	5:52:36	30.63	500	3:47	277	3:52:18	5:30	235	11:05:19	2:21:49
361	1522	Anders Tinggaard	Hareskovens Triathlon Klub	1:12:35	19:06	321	5:20	252	5:30:03	32.72	369	3:46	273	4:13:41	6:00	386	11:05:24	2:21:53
362	1028	Jørgen Madsen	Aarhus 1900 Triathlon	1:34:19	24:49	577	6:48	385	5:18:23	33.92	284	3:43	267	4:02:31	5:44	311	11:05:43	2:22:12
363	595	Rene Krarup	Team Challenge	1:19:31	20:55	466	5:49	304	4:57:31	36.30	89	2:56	168	4:40:01	6:38	498	11:05:47	2:22:16
364	1094	Mikael Schneider	Fitness dk - TRI	1:13:21	19:17	350	7:51	458	5:21:53	33.55	305	3:08	202	4:20:13	6:09	422	11:06:24	2:22:53
365	1041	Sune Andreas Yung Nielsen	Brøndby Triathlon Club	1:22:38	21:44	504	6:01	330	5:32:49	32.45	391	3:24	230	4:02:18	5:44	310	11:07:09	2:23:38
366	1325	Jakob Munk	Team Challenge	1:21:33	21:27	496	8:44	502	5:17:10	34.05	275	6:57	507	4:12:58	5:59	384	11:07:21	2:23:50
367	494	Uffe David	Team Challenge	1:23:04	21:51	508	8:26	491	5:37:30	32.00	423	6:54	505	3:51:32	5:29	225	11:07:24	2:23:53
368	319	Jakob Glud Borberg	TRI4									4:00	300	3:51:12	5:28	221	11:07:27	2:23:56
369	1214	Martin Murrekilde	Odense Triathlon Klub	1:10:32	18:33	264	11:06	567	5:38:36	31.90	431	9:32	572	3:58:03	5:38	283	11:07:47	2:24:17
370	1002	Per Trave Philipsen	Team Challenge	1:10:02	18:25	247	6:24	353	5:28:45	32.85	359	5:43	447	4:17:03	6:05	406	11:07:55	2:24:25
371	1290	Martin Mortensen	TRI4	1:09:20	18:14	232	5:03	212	5:20:55	33.65	302	4:10	316	4:28:59	6:22	457	11:08:25	2:24:55
372	1139	Chris Christiansen	Fitness dk - TRI	1:14:20	19:33	374	6:54	395	5:08:11	35.05	184	4:47	373	4:34:34	6:30	478	11:08:43	2:25:12
373	422	Peter Thomsen	Team Challenge	1:03:05	16:35	91	5:32	281	5:38:58	31.86	436	4:53	386	4:16:29	6:04	403	11:08:56	2:25:25
374	1014	Lasse Michaelsen	Fitness dk - TRI	1:05:26	17:12	136	3:58	89	5:08:49	34.97	189	2:15	61	4:48:41	6:50	518	11:09:08	2:25:37
375	575	Mads Holm Andersen	Team Challenge	1:16:21	20:05	419	4:44	168	5:39:30	31.81	440	5:37	436	4:03:15	5:45	317	11:09:25	2:25:54
376	1046	Søren Füttrup	Odense Triathlon Klub	1:22:19	21:39	501	5:05	218	5:36:45	32.07	421	5:00	395	4:00:41	5:42	298	11:09:48	2:26:18
377	401	Martin Boye	Team AV Gold	1:21:09	21:21	491	9:18	521	5:52:43	30.62	501	5:07	406	3:41:49	5:15	140	11:10:04	2:26:33
378	1382	Micki Dines Jensen	Aalborg Triathlon Klub	1:18:37	20:41	453	4:11	112	5:38:26	31.91	429	3:08	200	4:06:11	5:50	336	11:10:30	2:27:00
379	1312	Rune J. Andersen	Multiatleterne	1:08:05	17:54	189	5:04	214	5:33:34	32.38	393	4:52	383	4:19:06	6:08	418	11:10:39	2:27:08
380	517	Martin Brandt Nielsen	Team Challenge	1:15:01	19:44	392	7:54	460	5:08:13	35.04	186	2:48	141	4:36:58	6:33	488	11:10:53	2:27:22
381	1411	Mikkel Kaas Pedersen	Team Challenge	1:08:56	18:08	226	7:07	407	5:48:49	30.96	481	4:57	389	4:01:20	5:43	300	11:11:07	2:27:36
382	1345	Alexander Koks Andreassen	Team Challenge	1:08:15	17:57	201	9:13	517	5:47:09	31.11	472	7:07	516	4:00:13	5:41	297	11:11:55	2:28:24
383	1441	Rasmus Næblerød	Team Challenge	1:24:54	22:20	527	7:19	419	5:02:39	35.69	133	4:07	314	4:33:32	6:28	473	11:12:28	2:28:58
384	1035	Bjørn Møller	Team Challenge	1:15:26	19:50	399	9:09	514	5:33:55	32.34	397	7:50	537	4:06:16	5:50	337	11:12:34	2:29:03
385	1204	Jeppe Koch-Olsen	Team Challenge	1:20:09	21:05	473	4:06	101	5:32:41	32.46	389	1:58	27	4:14:01	6:01	389	11:12:53	2:29:23
386	1417	Jacob Quist Boll	Team Challenge	1:07:57	17:52	180	9:41	533	5:38:45	31.88	433	3:25	234	4:13:57	6:01	388	11:13:44	2:30:13
387	1146	Kasper Larn Petersen	Fitness dk - TRI	1:13:53	19:26	364	10:39	556	5:11:10	34.71	223	5:09	410	4:33:17	6:28	471	11:14:07	2:30:36
388	1437	Jonas Modig Hesselholdt	Team Challenge	1:12:47	19:09	326	10:44	559	5:45:03	31.30	461	8:22	550	3:57:14	5:37	276	11:14:08	2:30:37
389	512	Brian Westergaard Hansen	Team Challenge	1:14:49	19:41	386	5:59	324	5:36:41	32.08	418	6:36	491	4:10:35	5:56	370	11:14:39	2:31:08
390	970	Anders Hinrichs	Team Challenge	1:15:45	19:55	407	5:51	308	5:12:46	34.53	243	3:33	255	4:37:10	6:34	490	11:15:03	2:31:32
391	2046	Jacob Garder	Team Challenge	1:20:10	21:05	474	4:00	91	5:25:18	33.20	337	2:51	150	4:23:18	6:14	434	11:15:34	2:32:04
392	1086	Mads Bjørnskov Dalager	Team Challenge	1:27:18	22:58	546	8:20	487	5:32:04	32.52	385	4:47	374	4:03:07	5:45	315	11:15:35	2:32:04
393	1068	Morten Krogh Nielsen	Ninjas.dk	1:19:23	20:53	464	9:47	541	5:42:10	31.56	449	7:08	517	3:57:19	5:37	277	11:15:45	2:32:15
394	994	Mathias Esager	Team Challenge	1:11:12	18:44	280	8:04	465	5:48:01	31.03	476	9:58	576	3:58:37	5:39	288	11:15:49	2:32:18
395	1167	Lasse Brandt Petersen	Team Challenge	1:03:58	16:49	109	8:12	476	5:29:25	32.79	362	6:47	498	4:27:59	6:20	455	11:16:18	2:32:47
396	466	Bo Mortensen	Fitness dk - TRI	1:08:39	18:03	216	5:08	226	5:25:33	33.18	339	9:06	569	4:27:54	6:20	454	11:16:19	2:32:48
397	1171	Kenneth Kristiansen	Team Challenge	1:16:32	20:08	424	8:14	480	5:33:52	32.35	396	5:53	454	4:12:10	5:58	379	11:16:38	2:33:08
398	386	Claus Vognsen	Team Challenge	1:12:10	18:59	310	3:11	32	5:06:03	35.29	163	5:02	399	4:52:29	6:55	524	11:18:53	2:35:23
399	1170	Allan Bandholm Thomsen	Team Challenge	1:20:11	21:05	476	6:47	384	5:31:06	32.62	376	6:17	478	4:14:41	6:02	394	11:19:00	2:35:29
400	346	Christian Hansen	TriNord	1:03:37	16:44	103	3:53	77	5:22:58	33.44	317	5:00	394	4:43:45	6:43	508	11:19:11	2:35:40
401	1036	Chris Schmücker	Atletica Tri Horsens	1:04:13	16:53	112	3:36	55	5:46:35	31.16	469	2:46	135	4:22:33	6:13	430	11:19:40	2:36:10
402	1427	Jonas Johansen	KTK 86	1:08:44	18:05	220	5:30	273	5:18:22	33.92	283	4:18	330	4:42:56	6:42	505	11:19:48	2:36:17
403	594	Thomas Bindesbøll Jakobsen	Team Challenge	1:15:04	19:45	393	5:18	249	5:45:37	31.25	464	3:26	238	4:10:37	5:56	371	11:20:00	2:36:29
404	453	Henning Rosqvist	Team Challenge	1:24:20	22:11	521	10:35	554	5:10:45	34.76	216	8:08	547	4:26:17	6:18	445	11:20:03	2:36:33
405	1394	Dennis Lind-Bruhn	Aarhus 1900 Triathlon	1:12:36	19:06	322	7:33	436	5:32:57	32.44	392	3:43	269	4:23:18	6:14	435	11:20:05	2:36:34
406	1284	Christian Kastenskov	Fitness dk - TRI	1:04:55	17:04	129	5:37	289	5:46:33	31.17	468	5:10	411	4:17:55	6:06	411	11:20:09	2:36:38
407	347	Rasmus Sindahl Dahm	Fitness dk - TRI	1:07:17	17:42	173	6:19	347	5:23:49	33.35	325	4:53	387	4:38:05	6:35	492	11:20:22	2:36:51
408	1273	Troels Kjær Aaskilde	Team Challenge	1:10:12	18:28	251	6:09	339	5:46:06	31.21	466	5:12	413	4:12:51	5:59	383	11:20:28	2:36:57
409	483	Mick Hanning	Slagelse, Korsør & Skælskør Triat	1:13:38	19:22	359	7:56	461	6:12:22	29.00	561	6:11	474	3:40:57	5:14	132	11:21:03	2:37:32

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
410	355	Michael Kjær	Fitness dk - TRI	1:32:18	24:17	571	7:25	426	5:48:10	31.02	477	6:40	494	3:46:35	5:22	179	11:21:06	2:37:36
411	1346	Jesper Gertsen	Odense Triathlon Klub	1:21:05	21:20	490	4:09	110	5:50:42	30.80	490	2:34	104	4:04:00	5:46	323	11:22:28	2:38:57
412	1362	Dan Poulsen	Team Challenge	1:36:34	25:24	582	7:01	400	5:27:15	33.00	350	5:17	417	4:06:26	5:50	340	11:22:31	2:39:00
413	1229	Jim Christensen	Team Challenge	1:13:47	19:24	362	5:17	247	5:47:56	31.04	475	2:45	133	4:13:04	5:59	385	11:22:47	2:39:16
414	400	Michael Brock	Fredericia Triathlon Team	1:19:09	20:49	459	6:38	371	5:45:05	31.30	462	6:05	469	4:06:00	5:49	334	11:22:56	2:39:25
415	1298	Anders Hasselstrøm	Team Challenge	1:11:20	18:46	285	7:31	432	5:23:42	33.36	322	7:01	512	4:33:26	6:28	472	11:22:57	2:39:27
416	1077	Jakob Svendsen	Fitness dk - TRI	1:16:17	20:04	415	5:02	211	5:42:12	31.56	450	3:21	223	4:16:38	6:04	405	11:23:28	2:39:57
417	1055	Thomas Nordestgaard Sørensen	Team Challenge	1:10:26	18:31	260	9:47	539	5:27:21	32.99	352	4:05	311	4:32:23	6:27	466	11:23:59	2:40:28
418	306	Kenneth Fredin Faurholt	Aarhus 1900 Triathlon	1:10:39	18:35	267	7:00	398	5:53:36	30.54	504	7:22	525	4:06:25	5:50	339	11:25:00	2:41:29
419	508	Søren Jensen	RANDERS ATLETIK FREJA	1:19:01	20:47	456	10:18	549	5:37:58	31.96	426	6:05	468	4:11:41	5:57	376	11:25:02	2:41:31
420	1215	Tommy Pedersen	ISK Tri	1:03:38	16:44	105	5:24	261	5:32:43	32.46	390	3:35	257	4:39:49	6:37	496	11:25:06	2:41:35
421	1301	Henrik Jul Sørensen	Esbjerg Tri & Multisport	1:16:18	20:04	416	5:25	263	5:21:00	33.65	303	2:38	112	4:39:54	6:37	497	11:25:12	2:41:42
422	356	Morten Kratz	Fitness dk - TRI	1:16:19	20:05	418	11:23	576	5:33:43	32.36	395	7:55	542	4:16:00	6:03	399	11:25:18	2:41:48
423	1518	Hardeep Rehal	Fitness dk - TRI	1:33:39	24:38	575	11:00	563	5:32:40	32.47	388	6:59	508	4:01:28	5:43	301	11:25:44	2:42:13
424	1322	Thorsten H. Kjærgaard	Team Challenge	1:20:30	21:10	482	4:16	118	6:00:04	29.99	527	3:51	283	3:57:09	5:37	275	11:25:49	2:42:18
425	562	Lars Alber	TriNord	1:12:28	19:04	318	7:37	442	5:36:20	32.11	416	5:31	429	4:24:29	6:16	440	11:26:23	2:42:52
426	1259	Nikolaj Grønbech	Hareskovens Triathlon Klub	1:09:25	18:16	233	3:22	44	5:28:18	32.90	357	3:21	222	4:42:36	6:41	504	11:27:00	2:43:29
427	396	Guner Veliovski	Team Challenge	1:12:15	19:00	313	9:23	526	5:39:17	31.83	438	6:49	501	4:20:01	6:09	421	11:27:43	2:44:12
428	425	Dennis Eirup	Kalundborg Triathlon	1:21:55	21:33	499	9:06	512	5:27:15	33.00	351	6:53	504	4:22:46	6:13	432	11:27:53	2:44:23
429	1449	Nikolaj Blicher Madsen	Odense Triathlon Klub	1:34:22	24:49	578	7:20	421	6:03:40	29.70	537	4:13	323	3:38:36	5:10	118	11:28:09	2:44:38
430	1520	Michael Lohmann Rasmussen	Odense Triathlon Klub	1:16:32	20:08	423	5:51	310	5:22:46	33.46	313	5:23	423	4:37:55	6:35	491	11:28:25	2:44:54
431	291	Søren Frank Hansen	Fitness dk - TRI	1:08:44	18:05	219	5:12	230	5:51:18	30.74	491	5:38	439	4:18:03	6:06	413	11:28:53	2:45:23
432	1451	Kristian Tømmerholt	Team Challenge	1:17:38	20:25	440	5:54	315	5:50:06	30.85	486	5:35	435	4:10:19	5:55	367	11:29:30	2:45:59
433	1131	Benjamin Lajboschitz	KTK 86	1:14:29	19:35	379	4:49	183	5:37:57	31.96	425	5:05	403	4:27:21	6:20	450	11:29:40	2:46:09
434	981	Christian Holmer	Vejle IF Triathlon	1:24:56	22:20	528	6:01	327	5:40:08	31.75	442	4:45	369	4:14:22	6:01	393	11:30:10	2:46:39
435	1326	Anders Allesen Sørensen	Fitness dk - TRI	1:21:16	21:22	493	7:33	435	5:38:04	31.95	427	6:20	480	4:17:12	6:05	407	11:30:22	2:46:51
436	1316	Charlie Vindahl Olsen	Team Challenge	1:08:55	18:08	224	7:08	409	5:34:32	32.28	404	5:47	451	4:34:30	6:30	477	11:30:50	2:47:20
437	1025	Andreas Nyholm	Fitness dk - TRI	1:25:54	22:36	536	9:36	531	5:47:07	31.11	471	6:10	472	4:04:33	5:47	328	11:33:19	2:49:48
438	1045	Dan Tornslev	Team Challenge	1:14:27	19:35	378	13:02	591	5:40:44	31.70	443	9:55	575	4:15:13	6:02	397	11:33:19	2:49:48
439	1244	Rasmus Nederby Michelsen	Holbæk Svømme Klub Triathlon	1:16:12	20:03	412	5:22	258	6:04:09	29.66	538	3:01	180	4:04:47	5:48	329	11:33:28	2:49:58
440	340	Bjørn Metzler	Team Challenge	1:25:13	22:25	531	5:00	201	5:48:26	31.00	480	4:45	368	4:10:31	5:56	368	11:33:53	2:50:23
441	1247	Kasper Overgaard	Team Challenge	1:10:26	18:32	261	5:08	225	5:34:42	32.27	405	6:44	496	4:37:08	6:34	489	11:34:06	2:50:36
442	495	Ole Konge Jensen	Team Challenge	1:27:27	23:00	548	6:46	381	5:55:06	30.42	513	3:46	275	4:01:29	5:43	303	11:34:32	2:51:01
443	1224	Que Son Vu	Fitness dk - TRI	1:26:51	22:51	540	7:20	420	5:45:27	31.26	463	3:37	258	4:11:23	5:57	374	11:34:37	2:51:06
444	1349	Asser Nielsen	Team Challenge	1:01:14	16:06	64	8:58	508	6:10:33	29.15	554	4:37	356	4:09:32	5:54	362	11:34:52	2:51:21
445	349	Jakob Nørr	Karlsunde Tri	1:28:17	23:13	553	11:11	569	5:44:29	31.35	458	8:23	552	4:03:10	5:45	316	11:35:27	2:51:56
446	305	Patrick Didriksen	Team AV Gold	59:34	15:40	45	4:59	198	5:36:00	32.14	411	6:44	497	4:48:22	6:49	517	11:35:37	2:52:06
447	571	Ole Schneider Nielsen	Vejle Tri og Motion	1:16:45	20:11	429	9:26	527	5:42:59	31.49	455	7:07	515	4:19:35	6:09	420	11:35:51	2:52:20
448	1119	Ulrik Oldenburg	TriNord	1:15:13	19:47	394	6:37	369	5:30:53	32.64	372	7:51	539	4:35:51	6:32	484	11:36:23	2:52:52
449	350	Michael Jonassen	Fitness dk - TRI	1:23:14	21:54	511	9:34	530	5:51:24	30.73	493	4:32	349	4:08:19	5:53	354	11:37:02	2:53:31
450	1065	Martin Gammelgaard	Haderslev TRI 2000	1:17:51	20:28	443	9:00	510	5:56:38	30.28	519	6:16	477	4:07:39	5:52	349	11:37:22	2:53:51
451	551	Mikkel Ørskov	Team Challenge	1:39:29	26:10	584	8:07	472	5:33:43	32.36	394	7:13	519	4:09:09	5:54	360	11:37:39	2:54:08
452	505	Casper Franck	TriNord	1:20:45	21:14	485	8:14	479	5:35:54	32.15	410	5:30	428	4:27:27	6:20	451	11:37:47	2:54:17
453	982	Simon Anker Hansen	Team Challenge	1:08:28	18:00	211	7:47	456	5:42:25	31.54	453	3:15	209	4:36:28	6:33	486	11:38:22	2:54:52
454	374	Søren Borch	Vejle IF Triathlon	1:12:07	18:58	307	6:49	387	5:36:10	32.13	413	6:37	492	4:36:50	6:33	487	11:38:31	2:55:01
455	335	Johan Carlsgart	Team Challenge	1:15:17	19:48	396	4:58	197	5:41:25	31.63	447	5:39	442	4:31:43	6:26	464	11:39:00	2:55:29
456	1021	Ulrik Wichmann	Team Challenge	1:09:40	18:19	238	5:47	301	5:20:04	33.74	296	4:52	384	4:58:45	7:04	534	11:39:06	2:55:35
457	568	Stig Granggaard	Vejle IF Triathlon	1:19:10	20:49	460	8:48	504	5:44:30	31.35	459	6:23	482	4:20:39	6:10	424	11:39:27	2:55:56
458	487	Thomas Børsen	Team Challenge	1:17:46	20:27	441	7:14	416	5:31:12	32.61	378	4:48	376	4:38:47	6:36	494	11:39:45	2:56:14
459	380	Peter Dalby Madsen	Team Challenge	1:20:20	21:08	479	8:07	471	5:29:42	32.76	365	10:12	580	4:33:03	6:28	469	11:41:21	2:57:51
460	1240	Mikkel Høgh Hansen	Sigma Nordsjælland Triathlon klub	1:03:40	16:45	106	5:36	287	5:52:15	30.66	497	5:42	445	4:34:23	6:30	476	11:41:34	2:58:04
461	406	Kristian Knudsen	Holbæk Svømme Klub Triathlon	1:12:58	19:11	333	8:56	506	5:30:01	32.73	368	8:22	551	4:42:34	6:41	503	11:42:49	2:59:18
462	1514	Brian Thomassen	TR14	1:13:32	19:21	356	7:47	454	6:08:55	29.28	547	5:46	450	4:07:26	5:51	345	11:43:25	2:59:54
463	1494	Jens Thomsen	Aarhus 1900 Triathlon	1:17:35	20:24	439	7:08	408	6:06:25	29.48	543	5:54	457	4:06:45	5:50	344	11:43:46	3:00:15
464	557	Brian Foged	Team Challenge	1:29:55	23:39	564	10:21	550	5:46:03	31.21	465	7:13	518	4:10:17	5:55	366	11:43:47	3:00:17
465	452	Thomas Borggaard Pajor	Team Challenge	1:18:38	20:41	454	6:38	370	5:10:28	34.79	210	4:44	366	5:03:32	7:11	543	11:43:58	3:00:27
466	1145	Andreas Lund	Fitness dk - TRI	53:17	14:01	6	3:11	33	5:49:01	30.94	482	3:26	236	4:55:07	6:59	529	11:44:00	3:00:29
467	973	Andreas Kildegaard Pedersen	Team Challenge	1:13:32	19:20	355	11:07	568	5:49:56	30.86	484	6:05	467	4:24:14	6:15	439	11:44:52	3:01:21
468	1414	Martin Kongsbak	Team Challenge	1:28:37	23:19	558	7:36	439	5:38:05	31.95	428	4:31	346	4:27:36	6:20	452	11:46:24	3:02:53

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
469	1000	Jonas Topholt	Team Challenge	1:17:13	20:19	434	6:31	360	5:36:01	32.14	412	3:00	175	4:44:16	6:44	510	11:46:58	3:03:28
470	1481	Bjarke Skov Hansen	Team Challenge	1:27:03	22:54	543	13:51	595	6:04:36	29.62	539	5:01	398	3:57:07	5:37	274	11:47:37	3:04:06
471	1207	Michael S.kristensen	Team Challenge	1:19:23	20:53	463	12:37	587	5:42:33	31.53	454	8:50	560	4:25:22	6:17	443	11:48:43	3:05:12
472	1350	Jonas Pouel Bertram Larsen	Slagelse, Korsør & Skælskør Triatf	1:08:14	17:57	199	13:00	589	6:22:26	28.24	572	10:12	580	3:57:00	5:36	273	11:50:51	3:07:20
473	1277	Kristian Cecil	Odense Triathlon Klub	1:17:47	20:28	442	3:57	86	5:39:56	31.77	441	3:22	224	4:46:21	6:47	514	11:51:22	3:07:51
474	1267	Morten Lund	Team Challenge	1:25:23	22:27	533	7:44	451	5:44:44	31.33	460	6:54	506	4:27:45	6:20	453	11:52:28	3:08:57
475	441	Leo Hansen	Team Challenge	1:14:34	19:37	382	5:14	236	5:56:41	30.28	521	3:10	205	4:33:04	6:28	470	11:52:41	3:09:10
476	435	Peter Jakobsen	Team Challenge	1:10:35	18:34	266	8:06	470	5:37:34	31.99	424	10:37	583	4:46:18	6:47	513	11:53:08	3:09:37
477	2007	Michael Toftelund	Svendborg Triathlonklub	1:32:48	24:25	574	13:02	590	5:36:20	32.11	415	8:36	555	4:22:44	6:13	431	11:53:28	3:09:58
478	1308	Jarl Joachim Christiansen	KVIK TRI TEAM	1:11:12	18:44	281	5:51	309	5:57:29	30.21	523	3:03	190	4:36:02	6:32	485	11:53:35	3:10:04
479	2008	Morten Kjæmpe	Fitness dk - TRI	1:13:06	19:14	337	9:16	518	5:26:24	33.09	347	5:40	443	4:59:24	7:05	536	11:53:48	3:10:17
480	1332	Jesper Wilhelm	Team Challenge	1:08:17	17:58	203	5:06	219	5:40:45	31.70	444	4:22	342	4:56:01	7:00	532	11:54:29	3:10:58
481	1430	Jesper Højgaard Eriksen	Team Challenge	1:18:27	20:38	450	10:56	561	5:53:39	30.54	505	8:57	563	4:24:10	6:15	437	11:56:07	3:12:36
482	1342	Mark Knudsen	Odense Triathlon Klub	1:28:33	23:17	556	4:54	190	5:49:03	30.94	483	2:41	124	4:31:26	6:25	462	11:56:35	3:13:04
483	546	Brian Wallentin Bagge	Team Challenge	1:19:42	20:58	468	5:31	277	5:44:24	31.36	457	4:49	379	4:42:17	6:41	502	11:56:41	3:13:10
484	388	Alex Christiansen	Team Challenge	1:13:18	19:17	348	8:05	467	5:06:41	35.22	169	12:06	589	5:16:43	7:30	558	11:56:51	3:13:20
485	1538	Søren Madsen	Team Challenge	1:14:56	19:43	388	10:11	546	5:54:02	30.51	507	7:51	538	4:30:19	6:24	461	11:57:18	3:13:47
486	1415	Nicolai Mouritzen	Fitness dk - TRI	1:25:55	22:36	537	7:37	443	5:55:42	30.36	516	6:15	476	4:22:29	6:13	429	11:57:57	3:14:27
487	1446	Rasmus Bøggild-Povlsen	Team Challenge	1:16:13	20:03	413	5:03	213	5:53:21	30.57	503	4:33	353	4:39:32	6:37	495	11:58:40	3:15:09
488	1443	Piet Philip Christiansen	Team Challenge	1:13:58	19:27	368	6:46	382	5:41:27	31.63	448	4:44	366	4:52:07	6:55	523	11:59:01	3:15:30
489	1432	Tobias Hartvig	Team Challenge	1:21:26	21:25	495	6:14	342	6:02:54	29.76	536	6:50	502	4:22:03	6:12	427	11:59:26	3:15:55
490	1053	Allan Wiuff Heller Kristensen	Fitness dk - TRI	1:43:19	27:11	594	11:15	573	5:52:05	30.67	496	10:02	577	4:02:54	5:45	312	11:59:33	3:16:02
491	1304	Morten Krusaa	Team Challenge	1:22:35	21:43	503	13:49	593	6:10:30	29.15	553	4:17	328	4:08:24	5:53	355	11:59:33	3:16:02
492	1546	Michael Bille	Aalborg Triathlon Klub	1:11:18	18:45	284	5:01	205	5:52:16	30.66	498	3:06	197	4:48:22	6:49	516	12:00:01	3:16:31
493	993	Alexander Johan Boe Stenderup	Team Challenge	1:13:56	19:27	367	8:47	503	6:04:46	29.61	540	4:05	310	4:29:01	6:22	458	12:00:33	3:17:02
494	489	Anders Friis Olsen	Team Challenge	1:24:52	22:20	525	18:26	603	5:56:01	30.34	518	11:57	588	4:09:58	5:55	364	12:01:12	3:17:41
495	1335	Lasse Sørensen	Team Challenge	1:13:45	19:24	361	8:39	496	5:22:37	33.48	309	6:48	499	5:09:40	7:20	553	12:01:27	3:17:56
496	1321	Peter Bendix Taarnhøj	Team Challenge	1:10:54	18:39	275	5:34	286	5:37:25	32.01	422	4:28	345	5:03:09	7:11	541	12:01:28	3:17:58
497	524	Nicolai Sørensen	Fitness dk - TRI	1:20:59	21:18	488	7:13	414	5:26:25	33.09	348	4:15	325	5:03:29	7:11	542	12:02:19	3:18:49
498	1421	Mikkel Copeland Møller Pedersen	Team Challenge	1:17:17	20:20	435	5:01	203	6:39:43	27.02	585	7:58	544	3:53:35	5:32	241	12:03:32	3:20:01
499	601	Claus Nyrup Højsholt-Nielsen	Aalborg Triathlon Klub	1:29:05	23:26	560	9:53	543	6:02:09	29.82	533	6:28	488	4:16:09	6:04	401	12:03:43	3:20:12
500	501	Troels Panduro Andersen	Team Challenge	1:17:31	20:23	438	7:31	434	5:29:33	32.77	363	7:49	535	5:02:24	7:09	539	12:04:46	3:21:16
501	1535	Jon Petersen Kærsgaard	Atletica Tri Horsens	59:55	15:45	48	5:52	311	5:54:17	30.48	509	3:47	276	5:01:30	7:08	538	12:05:19	3:21:48
502	1278	Michael Lykke	Team Challenge	1:32:10	24:15	570	6:27	356	5:46:08	31.20	467	5:43	449	4:35:37	6:31	483	12:06:03	3:22:33
503	586	Anders Rygaard	Team Challenge	1:30:33	23:49	565	10:14	547	5:58:17	30.14	526	5:07	407	4:22:14	6:12	428	12:06:23	3:22:52
504	300	Christian Klevang	Fitness dk - TRI	1:19:06	20:48	458	9:01	511	5:50:34	30.81	488	5:05	404	4:43:23	6:42	506	12:07:08	3:23:37
505	1251	Mathias Høgh Hansen	Sigma Nordsjælland Triathlon klub									4:00	301	4:49:44	6:51	521	12:09:14	3:25:44
506	1377	Mads Noermark Andersen	Aalborg Triathlon Klub	1:25:16	22:26	532	7:31	433	6:13:50	28.89	564	5:33	431	4:17:52	6:06	410	12:10:01	3:26:30
507	1124	Søren Jacobsen	Team Challenge	1:27:26	23:00	547	12:04	582	5:41:17	31.65	446	6:20	481	4:43:45	6:43	507	12:10:50	3:27:19
508	1474	Rasmus Hansen	BMC	1:28:34	23:18	557	9:07	513	6:01:11	29.90	529	7:05	514	4:26:24	6:18	446	12:12:19	3:28:48
509	297	Ulrik Schultz	Fitness dk - TRI	1:32:25	24:19	572	7:26	427	5:47:39	31.07	473	4:59	392	4:40:33	6:38	500	12:13:00	3:29:29
510	1527	Jan Ohrt Nissen	Vejle IF Triathlon	1:20:15	21:06	478	8:08	474	6:11:26	29.08	559	8:59	564	4:24:48	6:16	442	12:13:35	3:30:04
511	1211	Simon Krug	Team Challenge	1:14:23	19:34	375	8:43	499	5:54:33	30.46	511	7:00	510	4:49:29	6:51	520	12:14:06	3:30:35
512	1473	Jon Nothlev	Team Challenge	1:27:43	23:04	550	7:35	438	6:00:57	29.92	528	6:25	483	4:31:29	6:25	463	12:14:06	3:30:35
513	1294	Magnus Brissing	Team Challenge	1:16:24	20:06	421	11:22	575	6:06:11	29.49	542	6:35	490	4:33:41	6:29	474	12:14:12	3:30:42
514	2025	Johan Peen	Team Challenge	57:05	15:01	18	7:04	405	6:09:33	29.23	548	5:53	455	4:54:40	6:58	528	12:14:12	3:30:42
515	1409	Nick Anker Schøler	Team Challenge	1:42:33	26:59	591	9:11	516	5:50:36	30.80	489	6:14	475	4:25:53	6:18	444	12:14:26	3:30:55
516	2021	Lennart Deleuran	HG Atletik, Triathlon og Motion	1:40:55	26:33	587	9:21	524	5:43:44	31.42	456	13:36	592	4:27:01	6:19	449	12:14:35	3:31:04
517	1242	Ingolf Hersted	Team Challenge	1:09:12	18:12	231	5:01	206	5:46:45	31.15	470	4:03	309	5:09:39	7:20	552	12:14:38	3:31:08
518	1397	Andreas Rieckmann	Team Challenge	1:10:13	18:28	253	8:21	488	6:29:47	27.71	581	5:22	421	4:23:58	6:15	436	12:17:40	3:34:09
519	1433	Jesper Ruben	Team Challenge	1:16:11	20:02	411	9:18	520	6:28:58	27.77	579	9:01	567	4:14:14	6:01	392	12:17:40	3:34:09
520	1327	Mathias Kirkegaard	Herlev Tri & Motion	1:22:55	21:49	507	3:28	49	6:22:04	28.27	571	2:53	160	4:26:34	6:18	448	12:17:51	3:34:21
521	1199	Dennis Toft	Team Challenge	1:27:13	22:57	545	8:27	492	5:35:41	32.17	409	14:00	593	4:52:46	6:56	525	12:18:05	3:34:34
522	404	Rasmus Elgaard	Fitness dk - TRI	1:42:06	26:52	588	6:17	345	5:52:20	30.65	499	5:19	419	4:33:02	6:28	468	12:19:01	3:35:31
523	472	Rene Petersen	Team Challenge	1:19:28	20:54	465	9:39	532	5:50:18	30.83	487	5:43	448	4:53:59	6:57	527	12:19:06	3:35:35
524	279	Mads Ege Grønbæk Larsen	Fitness dk - TRI	1:16:09	20:02	410	8:18	483	5:42:17	31.55	452	4:20	336	5:09:58	7:20	554	12:21:00	3:37:30
525	1386	Anders Andersen	LSK-tri	58:40	15:26	38	6:01	328	5:56:39	30.28	520	7:21	524	5:12:40	7:24	556	12:21:19	3:37:48
526	1313	Mikkel Lerche	Aalborg Triathlon Klub	1:28:26	23:16	555	7:31	431	6:10:12	29.17	550	5:13	415	4:30:10	6:24	460	12:21:29	3:37:59
527	1253	Roar Larsen	Team Challenge	1:30:38	23:50	566	6:59	397	6:25:13	28.04	574	4:16	327	4:16:29	6:04	404	12:23:33	3:40:02

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DM resultater

Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
528	1398	Kristian Staggemeier Bang	Team Challenge	1:27:42	23:04	549	7:36	440	6:27:08	27.90	576	7:03	513	4:14:07	6:01	391	12:23:35	3:40:04
529	1334	Thomas Holm Jensen	Team Challenge	1:23:52	22:04	515	9:10	515	6:02:10	29.82	534	9:26	570	4:41:21	6:40	501	12:25:56	3:42:26
530	1371	Rune Bjørnlund Madsen	Copenhagen Mermates	1:02:26	16:25	78	4:00	93	5:13:57	34.40	249	11:45	587	5:54:26	8:23	580	12:26:32	3:43:01
531	447	Stephan Martinussen	Team Challenge	1:24:09	22:08	518	6:52	391	5:12:06	34.61	233	4:32	350	5:39:43	8:02	568	12:27:20	3:43:49
532	1183	Morten Virenfeldt Nielsen	Fitness dk - TRI	1:17:18	20:20	436	3:46	63	5:25:47	33.15	342	2:31	97	5:38:34	8:01	567	12:27:53	3:44:22
533	1419	Jannik Lerche Rasmussen	Team Challenge	1:06:53	17:36	165	13:46	592	6:27:45	27.85	578	7:48	534	4:32:40	6:27	467	12:28:50	3:45:20
534	561	Peter Mejer Frederiksen	Sigma Nordsjælland Triathlon klub	1:00:38	15:57	57	7:39	445	6:29:47	27.71	580	7:16	521	4:44:20	6:44	512	12:29:37	3:46:06
535	444	Rene Bertelsen	Team Challenge	1:32:42	24:23	573	15:50	600	5:57:46	30.19	525	15:53	594	4:28:27	6:21	456	12:30:37	3:47:06
536	549	Lars Thrandum Pedersen	Team Challenge	1:26:17	22:42	538	5:50	306	5:54:21	30.48	510	6:00	464	4:59:23	7:05	535	12:31:48	3:48:18
537	1117	Asbjørn Borgen	Team Challenge	1:25:51	22:35	535	7:11	412	6:37:29	27.17	584	5:05	400	4:18:11	6:07	414	12:33:44	3:50:14
538	1235	Allan Bækdal	Team Challenge	1:17:11	20:18	433	7:22	424	5:51:53	30.69	495	6:03	465	5:11:42	7:23	555	12:34:09	3:50:38
539	1108	Jonas Kriegbaum	Team Challenge	1:16:37	20:09	426	8:06	469	6:17:13	28.63	566	9:02	568	4:44:17	6:44	511	12:35:14	3:51:43
540	496	Søren Nicolai Boemann Rosenkrar	Team Challenge	1:12:40	19:07	323	6:38	372	5:55:08	30.41	514	4:07	313	5:16:54	7:30	559	12:35:25	3:51:54
541	1031	Jacob Juul Jensen	Team Triathlon Herning	1:05:39	17:16	140	7:34	437	5:47:55	31.04	474	6:52	503	5:29:13	7:48	565	12:37:12	3:53:41
542	506	Rene Hjorth Olsen	Team Challenge	1:22:39	21:44	505	13:56	596	6:17:56	28.58	567	7:41	533	4:35:21	6:31	481	12:37:31	3:54:00
543	1426	Niels Mose Bundgaard	Team Challenge	1:21:39	21:29	498	8:08	473	6:11:04	29.11	558	3:56	292	4:55:26	7:00	531	12:40:12	3:56:41
544	1329	Rasmus Carlslund	Team Challenge	1:11:31	18:49	289	5:43	297	6:07:49	29.36	546	7:22	527	5:08:41	7:18	549	12:41:03	3:57:33
545	1064	Bo Kortsen	Team Challenge	1:46:45	28:05	597	10:37	555	5:36:44	32.07	420	9:01	566	5:01:17	7:08	537	12:44:22	4:00:51
546	997	Morten Johansen	Team Challenge	1:26:56	22:52	542	11:17	574	6:06:26	29.47	544	7:19	522	4:52:46	6:56	526	12:44:41	4:01:11
547	1208	Steen Christensen	Fitness dk - TRI	1:20:28	21:10	480	5:31	274	5:54:07	30.50	508	5:14	416	5:19:47	7:34	561	12:45:05	4:01:34
548	1531	Anders Klose Dahlfelt	Fitness dk - TRI	1:21:19	21:23	494	12:21	583	5:51:32	30.72	494	6:35	489	5:14:12	7:26	557	12:45:56	4:02:26
549	1489	Ulrik Winther Jørgensen	Fitness dk - TRI	1:12:47	19:09	325	7:11	411	5:54:51	30.44	512	8:02	545	5:23:55	7:40	563	12:46:44	4:03:13
550	1540	Sirwan K. Salih	Fitness dk - TRI	1:28:57	23:24	559	10:30	553	6:10:59	29.11	557	10:28	582	4:47:43	6:49	515	12:48:36	4:05:05
551	988	Bjarne P. Sørensen	TriNord	1:44:16	27:26	595	7:04	406	6:13:02	28.95	563	7:00	509	4:40:23	6:38	499	12:51:43	4:08:12
552	1011	Daniel Belstrøm	Fitness dk - TRI	1:25:07	22:23	530	7:39	446	6:04:51	29.60	541	5:37	438	5:08:36	7:18	548	12:51:49	4:08:18
553	1393	Peter Rosengreen	Team Challenge	1:04:53	17:04	128	8:44	501	5:52:55	30.60	502	5:39	441	5:41:49	8:05	569	12:53:58	4:10:27
554	1292	Martin Lindbæk Legaspi	Herlev Tri & Motion	1:14:46	19:40	385	12:37	586	6:01:51	29.85	531	8:08	548	5:20:04	7:35	562	12:57:23	4:13:53
555	1250	Jacob Nash	Team Challenge	1:22:34	21:43	502	7:09	410	6:31:59	27.55	583	6:26	486	4:49:20	6:51	519	12:57:26	4:13:55
556	436	Henrik Vinding	Team Challenge	1:31:37	24:06	569	10:42	558	6:10:57	29.12	556	8:10	549	4:56:11	7:01	533	12:57:34	4:14:03
557	1466	Claus Vogelius	Fitness dk - TRI	1:22:10	21:37	500	8:21	489	6:02:01	29.83	532	8:34	554	5:17:01	7:30	560	12:58:05	4:14:34
558	1175	Dennis Tommy Seiler-Holm	Team Challenge	1:09:05	18:10	229	7:26	429	6:31:22	27.60	582	6:26	484	5:03:51	7:12	544	12:58:08	4:14:37
559	560	Tommy Fuglø	Team Challenge	1:26:54	22:52	541	8:59	509	6:10:12	29.17	551	5:58	461	5:06:15	7:15	546	12:58:16	4:14:45
560	1390	Martin Kuntkes	Fitness dk - TRI	1:10:08	18:27	250	11:42	580	6:21:06	28.34	570	9:01	565	5:06:45	7:16	547	12:58:40	4:15:09
561	339	Michael Qvist	Team Challenge	1:19:11	20:50	461	9:42	534	5:28:22	32.89	358	13:32	591	5:48:31	8:15	575	12:59:16	4:15:45
562	345	Brian Vargas Møller-Iversen	Skive AM Triathlon	1:31:34	24:05	568	11:15	572	6:10:15	29.17	552	11:19	585	4:55:11	6:59	530	12:59:31	4:16:00
563	1287	Rasmus Bolbroe	Team Challenge	1:55:23	30:21	599	15:06	599	6:02:36	29.79	535	7:34	529	4:50:11	6:52	522	13:10:47	4:27:16
564	1174	Tommy Faldt Pedersen	Team Challenge	1:42:13	26:53	589	10:27	551	7:05:51	25.36	590	5:25	425	4:15:08	6:02	396	13:19:02	4:35:32
565	1331	Dan Frimark	Team Challenge	2:20:47	37:02	603	8:14	478	6:11:43	29.05	560	4:00	305	4:43:59	6:43	509	13:28:42	4:45:11
566	1378	Jeppe Lange	Team Challenge	1:28:11	23:12	551	11:06	566	5:55:26	30.39	515	6:41	495	5:48:34	8:15	576	13:29:56	4:46:25
567	1523	Jim Sig Poulsen	Team Challenge	1:47:16	28:13	598	11:50	581	6:14:48	28.82	565	7:56	543	5:09:32	7:20	551	13:31:20	4:47:49
568	580	Thomas Robert Madsen	Fitness dk - TRI	1:24:38	22:16	523	7:59	463	5:57:38	30.20	524	4:42	364	5:59:57	8:31	582	13:34:53	4:51:22
569	514	Ari Oddsson	Team Challenge	1:18:10	20:34	448	10:57	562	6:49:28	26.38	588	7:51	540	5:08:59	7:19	550	13:35:23	4:51:52
570	1374	Michael Møller-Christensen	Fitness dk - TRI	1:28:17	23:13	554	11:34	578	6:41:58	26.87	586	9:42	573	5:04:03	7:12	545	13:35:32	4:52:01
571	1238	Alexander Hansen	Team Challenge	1:29:15	23:29	561	9:42	535	5:55:56	30.34	517	7:21	523	5:53:58	8:23	579	13:36:10	4:52:39
572	1281	Martin Hjorth	Hareskovens Triathlon Klub	1:16:29	20:07	422	8:10	475	5:53:42	30.54	506	5:22	422	6:14:26	8:52	587	13:38:07	4:54:36
573	485	John Weber	Guldborgsund Triathlonklub	1:35:53	25:13	580	8:19	484	5:57:19	30.23	522	8:25	553	5:49:40	8:17	577	13:39:35	4:56:04
574	307	Brian Knudsen	Team Challenge	1:27:03	22:54	544	11:12	570	6:20:56	28.35	569	8:53	561	5:31:34	7:51	566	13:39:37	4:56:06
575	1297	Andreas Fitzner	Team Challenge	1:18:29	20:39	451	5:57	318	6:26:55	27.91	575	4:12	321	5:44:56	8:10	570	13:40:27	4:56:56
576	385	Rasmus Bøgelund	Team Triathlon Herning	1:12:16	19:01	315	13:49	593	6:18:09	28.56	568	11:27	586	5:46:11	8:12	571	13:41:51	4:58:20
578	1269	Christian Remi Wewer	Team Challenge	1:19:53	21:01	469	14:05	597	6:07:16	29.41	545	9:51	574	5:59:45	8:31	581	13:50:48	5:07:18
579	1436	Kenni Birk Andreassen	Team Challenge	1:36:10	25:18	581	11:39	579	6:10:47	29.13	555	7:49	536	5:46:21	8:12	572	13:52:44	5:09:14
580	313	Henrik Lund	Team Challenge	2:00:40	31:45	600	8:20	485	5:48:15	31.01	479	8:54	562	5:47:39	8:14	573	13:53:46	5:10:15
581	1491	Steffen Bøtker	Team Challenge	1:21:02	21:19	489	12:24	584	5:49:58	30.86	485	13:00	590	6:28:07	9:11	589	14:04:29	5:20:58
582	1459	Michael Kronborg-Jensen	Team Challenge	1:17:57	20:30	446	9:45	538	6:01:14	29.90	530	8:45	557	6:27:36	9:11	588	14:05:16	5:21:45
583	1315	Mathias Møller Kristensen	Fitness dk - TRI	1:08:49	18:06	222	10:03	544	7:00:24	25.69	589	5:35	434	5:48:20	8:15	574	14:13:10	5:29:39
584	3047	Jens-Christian Olsen	Team Challenge	1:30:58	23:56	567	6:23	351	6:12:33	28.99	562	17:18	595	6:08:07	8:43	586	14:15:18	5:31:47
585	362	Martin Kragh	Team Challenge	1:42:55	27:04	593	9:42	536	6:10:08	29.18	549	6:49	500	6:07:48	8:42	585	14:17:20	5:33:49
586	1526	Michael Jensen	Fitness dk - TRI	1:24:51	22:19	524	11:00	564	6:27:09	27.90	577	11:11	584	6:05:18	8:39	584	14:19:27	5:35:56
587	1089	Stephen Ciaran Fagan	Team Challenge	1:42:36	26:59	592	9:20	523	6:46:34	26.56	587	3:50	281	5:52:55	8:21	578	14:35:12	5:51:41

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 18-39 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
588	1401	Kennet Nygaard Christoffersen	Team Challenge	1:23:46	22:02	514	10:40	557	7:08:08	25.23	592	4:58	391	6:01:24	8:33	583	14:48:54	6:05:23
589	1330	Tobias Sørig	Team Challenge	1:39:48	26:15	585	14:47	598	7:14:53	24.83	593	18:06	596	5:27:14	7:45	564	14:54:46	6:11:15
DNF	1272	Morten Madsen	Team Challenge	1:20:40	21:13	484	11:14	571	7:08:01	25.23	591	4:00	306	5:02:27	7:10	540	13:46:20	5:02:49
DNF	296	Henrik Wibskov	Kongens Tri	1:07:04	17:38	170	3:57	88	5:07:07	35.17	177	2:03	37					
DNF	1216	Jesper Mærsk Frilund	TriNord	1:03:29	16:42	99	5:12	232	5:14:43	34.32	257	7:00	511					
DNF	545	Peter Hare	Team Challenge	1:03:19	16:39	95	4:55	192	5:38:48	31.88	434	4:59	393					
DNF	1197	Henrik Jensen	Team Challenge	1:25:50	22:35	534	5:05	216	5:25:44	33.16	340	6:19	479					
DNF	1205	Thomas Børresen Lauritzen	Team Challenge	1:21:15	21:22	492	6:51	389	5:34:06	32.33	399	5:39	440					
DNF	1428	Erik Kroun	KTK 86	1:24:33	22:14	522	6:34	363	6:24:03	28.12	573	7:33	528					
DNF	1423	Dennis Arildsen	Fitness dk - TRI	1:20:36	21:12	483	10:09	545	7:50:34	22.95	594	8:49	559					
DNF	309	Allan Bertelsen	Team Challenge	1:06:28	17:29	161	4:04	99										
DNF	1309	Thomas Christoffer Bergfors	Team Challenge	1:08:25	18:00	210	3:42	59										
DNF	995	Christian Mendez	Team Challenge	1:13:28	19:19	352	5:53	312										
DNF	998	Benjamin Mody	KVIK TRI TEAM	1:14:32	19:36	380	6:34	362										
DNF	1104	Martin Miguel Del Pino	Team Challenge	1:38:30	25:55	583	9:31	529										
DNF	1261	Mikael Johnsen	RANDERS ATLETIK FREJA	1:42:19	26:55	590	10:29	552										
DNF	1271	Kasper Olsson	Team Challenge	1:45:56	27:52	596	7:43	450										
DNF	1264	Baldeep Singh	Team Challenge	2:10:27	34:19	601	15:55	601										
DNF	1255	Dennis Kristensen	Team Challenge	2:12:03	34:45	602	16:36	602										
DNF	333	Flemming Odefey	Fitness dk - TRI															
DNF	424	Christian Arndt	Fitness dk - TRI															
DNS	351	Mikkel Strøm	Langgarverne															
DNS	336	Anders Gramkow	Team Challenge															
DNS	337	Anders Willemoes Hansen	Fitness dk - TRI															
DNS	515	Kaspar Nygaard	Team Challenge															
DNS	529	Jesper Gønge Rasmussen	Team Challenge															
DNS	547	Jan Brandt Nielsen	Team Challenge															
DNS	1161	Jack Daniell	Team Challenge															
DNS	1407	Malthe Friis-Olsen	KTK 86															
DNS	1359	Simon Evers	Team Challenge															
DNS	1444	Christopher Wolfgang Thomas	Langgarverne															
DNS	1439	Mark Nilsson	Team Challenge															
DNS	574	Johannes Madsen	Team Triathlon Herning															
DNS	592	Casper Halkjær Pedersen	Team Challenge															
DNS	1266	Peter Lund	Team Challenge															
DNS	1258	Anders Pedersen	Odense Triathlon Klub															
DNS	1223	Henrik Rytz	Aalborg Triathlon Klub															
DNS	1280	Tobias Risom	Karlsunde Tri															
DNS	1241	Nicolaj Kjærulf	Team Challenge															
DNS	1243	Andreas Hedensted	Team Challenge															
DNS	1098	Morten Toft	Odense Triathlon Klub															
DNS	1113	Jesper Christensen	FFD Kralupy Triathlon															
DNS	1128	Sven-Erik Balle-Christensen	Team Challenge															
DNS	1061	Martin Kuld	Skovshoved Triathlon Klub															
DNS	1075	Lars Erik Schmidt	Team Challenge															
DNS	1016	Jesper Baldur Nørregård Hansen	TRI4															
DNS	1189	Simon Bisbo	Team Challenge															
DNS	1085	Jakob Vinther-Nielsen	Aarhus 1900 Triathlon															
DNS	1493	David Hjorth Nielsen	Team Challenge															
DNS	1476	Philip Holten Mora-Jensen	Fitness dk - TRI															
DNS	1519	Lasse Saxe Blixt	Team Challenge															
DNS	399	Erik Skov	Team Challenge															
DNS	417	Rasmus Aabo	Fitness dk - TRI															
DNS	419	Carsten Brokopp	Team Challenge															
DSQ	573	Christian Poul Petersen	Team Challenge	1:24:08	22:08	517	3:48	66	5:32:14	32.51	386	3:57	295	3:54:07	5:32	248	10:58:11	2:14:40
DSQ	1200	Dennis Andersen	Team Challenge	1:14:15	19:32	371	5:21	256	5:42:14	31.56	451	5:00	396	3:58:10	5:38	285	11:04:58	2:21:27

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 40-44 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	805	Jesper Clausen	Ninjas.dk	53:07	13:58	2	3:23	10	4:49:02	37.37	7	1:54	4	3:02:34	4:19	2	8:49:58	
2	831	Morten Sonne	Køge Tri Team 2000	1:09:10	18:12	66	5:17	59	4:44:03	38.02	2	1:59	6	3:00:23	4:16	1	9:00:50	10:53
3	797	Jacob Schiøtt	Viking Atletik	1:13:43	19:23	105	3:01	3	4:44:44	37.93	3	3:37	77	3:07:08	4:26	3	9:12:12	22:14
4	920	Claus Walther Jensen	Team Challenge	1:04:54	17:04	35	5:18	60	4:48:28	37.44	6	2:16	11	3:11:42	4:32	4	9:12:35	22:37
5	674	Martin Pilgaard	Farsø Tri og Trim	1:04:33	16:59	31	3:39	12	4:45:20	37.85	4	1:50	2	3:19:15	4:43	11	9:14:35	24:37
6	751	John Enevoldsen	Køge Tri Team 2000	56:54	14:58	8	5:00	45	4:52:56	36.87	11	3:10	58	3:27:02	4:54	21	9:25:01	35:03
7	705	Michael Dideriksen	Svendborg Triathlonklub	56:53	14:58	7	4:36	35	5:00:46	35.91	34	2:32	24	3:21:41	4:46	13	9:26:27	36:29
8	937	Jesper Mortensen	Team Challenge	1:02:43	16:30	19	4:44	38	5:02:48	35.67	41	3:07	56	3:16:41	4:39	7	9:30:00	40:02
9	855	Søren Jørgensen	KVIK TRI TEAM	1:03:46	16:46	24	5:48	75	5:07:07	35.17	54	2:51	41	3:12:59	4:34	5	9:32:30	42:33
10	719	Theis Slot Heitmann	Karlsunde Tri	1:10:24	18:31	75	3:16	8	4:50:34	37.17	9	1:55	5	3:26:49	4:54	19	9:32:57	42:59
11	629	Claus Hauberg	KTK 86	1:06:08	17:24	44	6:30	104	4:56:34	36.42	21	4:27	107	3:19:34	4:43	12	9:33:10	43:13
12	827	Jacob Kildegaard Larsen	Skovshoved Triathlon Klub	1:05:32	17:14	42	4:54	44	4:55:09	36.59	17	2:21	14	3:26:50	4:54	20	9:34:44	44:46
13	746	Jesper Tougaard	Team Challenge	1:18:21	20:37	139	6:59	117	4:43:41	38.07	1	3:13	64	3:22:55	4:48	14	9:35:08	45:10
14	802	Niels Nørtoft	Kolding Triathlon Klub	1:01:00	16:03	15	3:02	4	4:53:29	36.80	13	1:53	3	3:36:30	5:07	38	9:35:52	45:54
15	867	Thorbjørn Jensen	Fitness dk - TRI	54:40	14:23	3	3:38	11	4:58:03	36.24	29	2:21	17	3:37:19	5:08	41	9:36:00	46:02
16	689	Kenneth Lund Hansen	ALOT - Albertslund Løb og Triathlo	1:02:20	16:24	18	2:55	1	4:53:04	36.85	12	2:06	8	3:36:14	5:07	37	9:36:37	46:40
17	872	Stig Buch-Sørensen	Odense Triathlon Klub	1:15:03	19:44	118	6:09	91	4:55:49	36.51	19	3:04	53	3:17:04	4:40	9	9:37:08	47:10
18	871	Peter Funk	Fitness dk - TRI	59:53	15:45	11	4:38	36	4:57:09	36.35	23	2:22	18	3:34:38	5:05	34	9:38:38	48:40
19	631	Anders Mikkelsen	Aalborg Triathlon Klub	1:14:38	19:38	115	3:15	7	4:55:47	36.52	18	2:42	33	3:24:32	4:50	16	9:40:53	50:55
20	769	Torben Møller Nielsen	Team Challenge	1:10:59	18:40	84	5:08	52	4:54:23	36.69	14	2:33	25	3:28:01	4:55	25	9:41:02	51:04
21	829	Johnny Bay	Sigma Nordsjælland Triathlon klub	59:35	15:40	9	3:43	13	4:49:22	37.32	8	2:27	19	3:46:16	5:21	61	9:41:21	51:23
22	661	Carsten Kraghede	Blovstrød Tri-athleten	1:10:58	18:40	83	4:40	37	5:07:09	35.16	55	2:34	27	3:17:01	4:40	8	9:42:20	52:22
23	656	Ole Goldberg Jepsen	Slagelse, Korsør & Skælskør Triat	1:07:55	17:52	53	4:19	31	5:09:40	34.88	63	3:39	78	3:17:28	4:40	10	9:43:00	53:02
24	698	Thomas Pind	Fitness dk - TRI	1:03:33	16:43	23	5:58	83	4:51:23	37.07	10	4:45	117	3:37:31	5:09	42	9:43:07	53:09
25	902	Jakob De Stricker	LSK-tri	56:07	14:46	6	3:46	15	4:57:59	36.24	27	2:33	26	3:42:48	5:16	50	9:43:12	53:14
26	911	Per Nilsson	Bagsværd Atletik Club, TRI afdeling	54:54	14:26	4	2:55	2	4:48:23	37.45	5	2:21	16	3:56:51	5:36	83	9:45:22	55:24
27	783	Dan Kirkegaard	Køge Tri Team 2000	1:04:28	16:57	29	3:44	14	5:01:39	35.80	37	2:51	40	3:35:02	5:05	35	9:47:41	57:44
28	881	Charley Prødel	ALOT - Albertslund Løb og Triathlo	1:01:31	16:11	17	4:06	23	5:17:54	33.97	94	2:14	10	3:23:10	4:48	15	9:48:52	58:54
29	614	René Vendt	ALOT - Albertslund Løb og Triathlo	1:04:52	17:04	34	3:12	6	5:05:15	35.38	48	3:06	55	3:32:53	5:02	29	9:49:15	59:18
30	774	Henrik Kavsmann	Ninjas.dk	1:04:06	16:51	26	4:17	30	5:05:37	35.34	50	2:50	38	3:33:17	5:03	30	9:50:06	1:00:08
31	640	Thomas Ravnkilde Lauenborg	Svendborg Triathlonklub	1:05:25	17:12	41	5:33	67	5:04:54	35.42	44	2:11	9	3:32:18	5:01	28	9:50:19	1:00:21
32	703	Mikkel Ipsen	Brøndby Triathlon Club	1:00:10	15:49	12	3:52	17	5:09:02	34.95	58	3:05	54	3:34:34	5:05	33	9:50:41	1:00:43
33	764	Michael Holm	Køge Tri Team 2000	59:44	15:43	10	5:32	66	4:54:24	36.69	15	2:21	14	3:49:13	5:25	68	9:51:12	1:01:14
34	779	Jan Berg	Karlsunde Tri	1:21:42	21:29	158	6:45	112	4:57:17	36.33	24	2:49	37	3:25:39	4:52	17	9:54:09	1:04:12
35	929	Jens Bitsch-Nørhave	Sigma Nordsjælland Triathlon klub	1:01:26	16:09	16	4:04	22	5:12:26	34.57	77	3:26	68	3:33:41	5:03	31	9:55:01	1:05:03
36	722	Torsten Due Bryld	KTK 86	55:07	14:30	5	4:17	29	5:04:59	35.41	46	2:17	12	3:48:48	5:25	66	9:55:26	1:05:28
37	2016	Lars Hansen	Fitness dk - TRI	1:14:02	19:28	110	6:00	85	5:05:33	35.35	49	3:03	50	3:27:33	4:55	24	9:56:08	1:06:11
38	854	Rene T Larsen	Hareskovens Triathlon Klub	1:06:51	17:35	46	4:34	33	5:05:53	35.31	51	2:18	13	3:36:55	5:08	40	9:56:29	1:06:32
39	776	Morten Bank-Mikkelsen	Team Challenge	1:04:25	16:56	28	3:50	16	5:10:58	34.73	71	2:59	46	3:34:28	5:04	32	9:56:38	1:06:40
40	890	Lasse S. Hansen	TRI4	1:08:55	18:08	65	3:56	20	4:57:50	36.26	25	3:29	71	3:42:54	5:16	52	9:57:02	1:07:05
41	868	Jan Dehn	LSK-tri	1:08:08	17:55	55	4:02	21	5:14:34	34.33	83	2:46	34	3:28:39	4:56	26	9:58:08	1:08:10
42	956	Johnny Valdemar Jensen	RANDERS ATLETIK FREJA	1:03:04	16:35	21	7:12	121	5:01:33	35.82	35	3:35	76	3:44:16	5:18	54	9:59:38	1:09:40
43	798	Pelle Nilsson	Team Challenge	1:12:57	19:11	98	8:11	151	5:00:08	35.99	32	2:50	39	3:36:13	5:07	36	10:00:17	1:10:20
44	899	Claus Rindshøj	Fitness dk - TRI	1:07:25	17:44	49	5:00	46	5:04:31	35.47	43	2:28	20	3:43:06	5:17	53	10:02:28	1:12:30
45	858	Dennis Jensen	Blovstrød Tri-athleten	1:10:46	18:37	79	6:15	95	5:13:36	34.44	79	2:34	28	3:30:06	4:58	27	10:03:16	1:13:18
46	2019	Keld Mathiasen	Skovshoved Triathlon Klub	1:08:10	17:56	56	5:37	71	5:10:06	34.83	65	4:06	99	3:36:39	5:08	39	10:04:36	1:14:39
47	660	Mikkel Justesen	Roskilde Triathlon Klub	1:14:15	19:32	112	5:17	58	5:15:57	34.18	87	3:48	85	3:26:15	4:53	18	10:05:30	1:15:33
48	670	Mikkel Nymand Flygenring	Team Challenge	1:08:22	17:59	59	6:29	103	5:20:23	33.71	108	3:13	63	3:27:08	4:54	22	10:05:33	1:15:35
49	706	Ebbe Sand	Team Challenge	1:10:45	18:36	78	7:33	133	4:58:33	36.18	30	3:04	52	3:47:21	5:23	63	10:07:14	1:17:16
50	840	Lars Prominczl	KVIK TRI TEAM	1:10:23	18:31	74	5:56	81	5:06:44	35.21	52	3:16	65	3:42:45	5:16	49	10:09:02	1:19:04
51	792	Christian Lippert	Team Challenge	1:07:33	17:46	50	5:01	48	5:09:07	34.94	59	3:00	48	3:46:05	5:21	60	10:10:45	1:20:47
52	695	Gregers Gammelgaard	TRI4	1:05:03	17:06	37	3:23	9	5:11:14	34.70	72	2:47	35	3:49:06	5:25	67	10:11:31	1:21:33
53	694	Jesper André Bartel	Haderslev TRI 2000	1:07:17	17:42	47	4:06	24	5:01:36	35.81	36	3:12	60	3:55:31	5:34	79	10:11:40	1:21:43
54	679	David Horn	Team Challenge	1:08:25	18:00	61	7:30	132	5:09:32	34.89	61	5:07	130	3:41:21	5:14	45	10:11:52	1:21:55
55	697	Henrik Christensen	AAIG Atletik, Tri og Motion	1:07:49	17:50	51	3:11	5	4:58:52	36.14	31	1:45	1	4:01:36	5:43	93	10:13:11	1:23:14
56	962	Preben Moll	Skovshoved Triathlon Klub	1:03:53	16:48	25	5:21	63	5:02:44	35.68	40	6:12	160	3:55:26	5:34	78	10:13:33	1:23:36
57	708	Jakob Ludvigsen	Team Challenge	1:04:42	17:01	33	5:18	61	5:13:15	34.48	78	2:59	47	3:48:07	5:24	64	10:14:20	1:24:23
58	966	Michael Nyholm	Køge Tri Team 2000	1:10:07	18:26	72	10:53	188	5:04:54	35.42	45	4:30	110	3:46:24	5:21	62	10:16:46	1:26:48
59	609	Christian Schröder	Fitness dk - TRI	1:13:22	19:18	101	4:34	34	5:15:56	34.18	86	3:17	66	3:41:25	5:14	46	10:18:33	1:28:35

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 40-44 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
60	693	Frank Mortensen	Odense Triathlon Klub	1:04:33	16:58	30	5:45	74	5:16:02	34.18	88	5:11	131	3:53:10	5:31	73	10:24:39	1:34:41
61	807	Morten Quist	ALOT - Albertslund Løb og Triathlo	1:08:38	18:03	64	3:55	19	5:05:13	35.39	47	2:39	31	4:04:21	5:47	101	10:24:44	1:34:47
62	849	Peter Sylvest	Sigma Nordsjælland Triathlon klub	1:09:59	18:24	71	6:58	115	5:11:37	34.66	75	4:01	95	3:52:55	5:31	72	10:25:29	1:35:31
63	612	Søren Gulbrant	Karlslunde Tri	1:19:44	20:58	147	6:22	98	5:02:30	35.70	39	2:48	36	3:54:16	5:33	75	10:25:38	1:35:40
64	804	Jacob Ibing	Ninjas.dk	1:14:54	19:42	117	5:41	72	5:18:25	33.92	98	2:52	42	3:44:32	5:19	57	10:26:21	1:36:23
65	927	Theis Poulsen	Fitness dk - TRI	1:19:56	21:02	149	5:01	47	5:12:22	34.58	76	4:53	120	3:44:40	5:19	58	10:26:49	1:36:51
66	623	Rasmus Falsig Pedersen	Team Challenge	1:05:24	17:12	40	7:43	138	5:25:55	33.14	120	5:59	158	3:42:11	5:15	48	10:27:11	1:37:13
67	830	Dennis Lanther	TRI4	1:14:27	19:35	113	5:53	77	5:21:21	33.61	111	3:57	92	3:41:49	5:15	47	10:27:25	1:37:27
68	819	Peter Reibert Hansen	Langgarverne	1:27:11	22:56	184	7:46	141	5:18:21	33.93	97	6:42	172	3:27:29	4:54	23	10:27:27	1:37:29
69	795	Kaare Hvid Hansen	TriNord	1:05:20	17:11	39	8:17	153	5:09:38	34.88	62	3:47	84	4:01:39	5:43	94	10:28:38	1:38:41
70	704	Jonas Torstensson	Hareskovens Triathlon Klub	1:10:47	18:37	80	5:34	69	5:24:32	33.28	116	3:25	67	3:44:28	5:19	56	10:28:44	1:38:46
71	818	Per Schou Christensen	TRI4	1:20:15	21:07	152	10:35	186	5:08:05	35.06	56	7:40	180	3:42:53	5:16	51	10:29:26	1:39:28
72	896	Karsten Pflug Jakobsen	GSK-Tri	1:18:42	20:42	141	6:15	96	5:11:26	34.68	73	3:51	87	3:49:28	5:26	69	10:29:40	1:39:42
73	730	Thomas Blom Kristensen	Vejle IF Triathlon	1:02:55	16:33	20	6:40	110	5:33:08	32.42	131	4:45	118	3:44:27	5:19	55	10:31:53	1:41:55
74	611	Heino Tandrup Eilsø	Team Challenge	1:08:30	18:01	62	6:43	111	5:18:16	33.93	95	4:29	108	3:54:32	5:33	76	10:32:29	1:42:31
75	741	Brian Rasmussen	FFD Kralupy Triathlon	1:13:12	19:15	100	6:37	108	5:16:02	34.17	89	5:37	152	3:51:29	5:29	70	10:32:55	1:42:58
76	799	Claus Simonsen	Team Challenge	1:00:16	15:51	13	7:57	148	5:00:13	35.97	33	6:26	168	4:18:53	6:08	136	10:33:44	1:43:46
77	880	Flemming Wewer	Fitness dk - TRI	1:14:50	19:41	116	7:47	142	5:30:22	32.69	126	4:34	111	3:37:36	5:09	43	10:35:08	1:45:10
78	2015	Ken Brix Andersen	Team Challenge	1:19:33	20:56	146	11:25	192	5:39:58	31.77	152	8:07	182	3:16:14	4:39	6	10:35:16	1:45:18
79	763	Johnny Larsen	2Tri-Haslev	1:05:01	17:06	36	4:32	32	5:20:34	33.69	110	2:41	32	4:02:53	5:45	98	10:35:40	1:45:42
80	684	Kim Kielstrup	Team Challenge	1:09:52	18:23	70	9:28	170	5:19:45	33.78	103	3:11	59	3:59:57	5:41	90	10:42:11	1:52:14
81	765	Troels Riis	Roskilde Triathlon Klub	1:09:32	18:17	68	8:29	156	5:18:31	33.91	99	5:03	128	4:01:19	5:43	92	10:42:52	1:52:55
82	616	Thomas Solgaard Sørensen	Sigma Nordsjælland Triathlon klub	1:11:55	18:55	91	4:52	42	5:25:19	33.20	119	3:26	70	3:57:46	5:38	86	10:43:16	1:53:18
83	635	Erlend Sørensen	Team Challenge									4:00	94	4:03:14	5:45	99	10:44:12	1:54:14
84	945	Allan Nielsen	Team Challenge	1:21:46	21:30	160	6:26	101	5:26:48	33.05	121	5:26	144	3:45:29	5:20	59	10:45:52	1:55:55
85	713	Rasmus Calmann-Hinke	Team Challenge	1:14:36	19:37	114	9:33	171	5:36:27	32.10	143	4:15	102	3:41:12	5:14	44	10:46:01	1:56:04
86	915	Jesper Andersen Jeberg	KTK 86	1:05:54	17:20	43	4:14	26	4:55:59	36.49	20	3:35	75	4:36:26	6:33	163	10:46:07	1:56:09
87	835	Erik Dahl	Odense Triathlon Klub	1:03:07	16:36	22	4:51	41	5:37:43	31.98	144	5:17	132	3:55:15	5:34	77	10:46:11	1:56:13
88	778	Simon Lindal	Team Challenge	1:25:07	22:23	175	5:59	84	5:14:09	34.38	82	3:12	62	3:58:15	5:38	87	10:46:40	1:56:43
89	668	Kim Uldahl	Team Challenge	1:17:47	20:28	135	7:40	134	5:23:43	33.36	115	3:09	57	3:56:53	5:36	84	10:49:10	1:59:12
90	788	Allan Damgaard Konradsen	Vejle IF Triathlon	1:15:56	19:58	128	5:55	80	5:17:10	34.05	92	3:50	86	4:08:08	5:52	114	10:50:58	2:01:00
91	775	Christian Hjortkjær	Team Challenge	1:17:57	20:30	136	5:37	70	5:19:20	33.82	102	2:56	45	4:05:21	5:48	104	10:51:09	2:01:11
92	951	Henrik Bruun	Aalborg Triathlon Klub	1:05:03	17:07	38	7:18	128	5:46:05	31.21	164	4:46	119	3:48:42	5:25	65	10:51:52	2:01:55
93	803	Michael Bagge	Team Challenge	1:29:09	23:27	192	5:05	51	5:09:23	34.91	60	4:02	96	4:05:36	5:49	105	10:53:13	2:03:15
94	842	Lars Frydendal	Fitness dk - TRI	1:20:04	21:04	151	6:06	89	5:16:29	34.13	91	5:00	126	4:06:58	5:51	110	10:54:36	2:04:38
95	673	Thomas Herskind	Karlslunde Tri	1:15:24	19:50	122	4:14	27	5:10:42	34.76	68	2:54	43	4:21:32	6:11	144	10:54:44	2:04:47
96	605	Tue Høiland-Carlson	Team Challenge	1:07:57	17:52	54	9:59	178	5:35:18	32.21	137	6:04	159	3:56:24	5:36	82	10:55:40	2:05:43
97	607	Jens Harregaard	Team Challenge	1:08:10	17:56	57	6:11	92	5:19:20	33.82	101	5:19	136	4:16:53	6:05	130	10:55:52	2:05:54
98	883	Max Winther	Odense Triathlon Klub	1:04:11	16:53	27	5:20	62	5:34:20	32.30	135	3:41	81	4:08:45	5:53	116	10:56:15	2:06:17
99	965	Dirch Jans	Team Challenge	1:04:39	17:00	32	5:26	64	5:27:12	33.01	122	2:03	7	4:17:59	6:06	134	10:57:18	2:07:20
100	739	Mick Hartmann Pedersen	Team Challenge	1:18:30	20:39	140	7:42	136	5:23:19	33.40	113	5:56	157	4:03:40	5:46	100	10:59:05	2:09:07
101	800	Lars Olsen	Herlev Tri & Motion	1:12:08	18:58	92	7:41	135	5:30:37	32.67	127	3:04	51	4:06:28	5:50	109	10:59:56	2:09:58
102	963	Peter Heise	Team Challenge	51:02	13:25	1	9:59	177	5:15:18	34.25	84	3:33	73	4:41:33	6:40	172	11:01:22	2:11:25
103	938	Morten Kristensen	Aarhus 1900 Triathlon	1:16:05	20:01	129	6:13	94	5:39:08	31.85	150	3:46	83	3:57:01	5:36	85	11:02:12	2:12:14
104	892	Thomas Morville Helmert	Viborg Atletik og Motion	1:07:54	17:51	52	4:17	28	5:20:22	33.71	107	6:17	162	4:25:30	6:17	153	11:04:17	2:14:19
105	760	Bo Vesterby	Team Challenge	1:09:44	18:20	69	9:46	176	5:06:57	35.18	53	9:00	194	4:28:58	6:22	156	11:04:23	2:14:25
106	843	Jacob Pedersen	TriNord	1:19:14	20:51	144	5:03	50	5:14:03	34.39	81	2:54	44	4:24:12	6:15	151	11:05:25	2:15:27
107	876	Lars Reimar	Fitness dk - TRI	1:11:15	18:44	88	6:25	99	5:20:15	33.72	106	4:55	123	4:23:00	6:13	147	11:05:48	2:15:50
108	606	Thomas Møller Hansen	TRI4	1:15:43	19:55	126	6:06	90	5:41:04	31.67	155	7:38	179	3:55:48	5:35	80	11:06:18	2:16:20
109	718	Jesper Fisker	Islev Triathlon Klub	1:18:57	20:46	143	7:07	120	5:02:19	35.72	38	3:33	73	4:34:30	6:30	161	11:06:24	2:16:27
110	700	Jakob Pedersen	Team Challenge	1:13:50	19:25	108	8:39	160	5:30:21	32.69	124	4:59	124	4:08:44	5:53	115	11:06:31	2:16:34
111	952	Steen Normann Olsen	Team Challenge	1:10:14	18:28	73	8:03	150	5:41:13	31.65	156	5:36	150	4:01:39	5:43	95	11:06:43	2:16:45
112	649	Yves Hensen	Vejle IF Triathlon	1:12:24	19:02	95	6:33	106	5:38:07	31.94	145	3:57	90	4:07:00	5:51	111	11:07:57	2:18:00
113	887	Per Karlsmose	Team Challenge	1:10:51	18:38	81	5:28	65	5:32:58	32.44	130	2:28	20	4:16:17	6:04	129	11:07:59	2:18:01
114	811	Peter Risager	Fitness dk - TRI	1:17:36	20:25	133	5:11	56	5:20:31	33.70	109	2:36	30	4:22:16	6:12	145	11:08:08	2:18:11
115	926	Erik Ingstrup	Aarhus 1900 Triathlon	1:29:21	23:30	193	5:11	55	5:36:16	32.12	142	4:22	104	3:53:30	5:31	74	11:08:37	2:18:40
116	752	Henrik Kristensen	Svendborg Triathlonklub	1:26:19	22:42	182	7:47	144	5:16:14	34.15	90	5:36	151	4:13:03	5:59	121	11:08:56	2:18:59
117	637	Peter Hebin Bruun	Køge Tri Team 2000	1:15:11	19:46	120	5:50	76	5:38:16	31.93	148	6:17	163	4:04:41	5:47	102	11:10:12	2:20:15
118	893	Benjamin Prirsching	Herlev Tri & Motion	1:12:17	19:01	94	10:18	181	5:27:50	32.95	123	7:25	176	4:12:39	5:59	119	11:10:27	2:20:29

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 40-44 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
119	753	Rene Nyberg	Langgarverne	1:15:29	19:51	124	7:17	127	5:40:38	31.71	153	5:19	134	4:02:04	5:44	97	11:10:46	2:20:48
120	886	Kenneth Havndrup	Team Challenge	1:28:08	23:11	187	5:45	73	5:38:10	31.94	146	4:35	112	3:56:12	5:35	81	11:12:48	2:22:51
121	748	Kim Jul Lassen	Team Challenge	1:25:34	22:30	178	6:04	87	5:10:54	34.74	70	3:39	79	4:29:42	6:23	157	11:15:52	2:25:54
122	643	Haukur Ludviksson	Team Challenge	1:08:32	18:02	63	7:25	131	5:50:33	30.81	170	8:30	188	4:01:14	5:42	91	11:16:12	2:26:14
123	942	Søren Vestendahl	Team Challenge	1:28:12	23:12	188	6:37	107	5:20:13	33.73	105	6:45	173	4:14:40	6:02	125	11:16:25	2:26:27
124	754	Jimmy Olsen	TRI4	1:19:31	20:55	145	11:46	195	5:20:05	33.74	104	5:25	143	4:19:46	6:09	137	11:16:32	2:26:34
125	728	Thomas Kokholm	Ninjas.dk	1:11:08	18:42	87	5:33	68	5:36:13	32.12	141	4:07	100	4:20:08	6:09	138	11:17:07	2:27:10
126	873	Georgios Papageorgiou	TRI Fredensborg	1:08:22	17:59	58	7:57	149	5:19:12	33.84	100	7:36	177	4:34:08	6:29	160	11:17:13	2:27:15
127	743	Allan Laumann Nielsen	Team Challenge	1:25:57	22:37	180	10:30	184	5:11:34	34.66	74	8:45	191	4:21:07	6:11	143	11:17:50	2:27:52
128	853	Michael Stensgaard	Silkeborg Motion/Tri-Klub	1:13:29	19:20	102	8:24	155	5:45:52	31.23	163	4:59	125	4:05:46	5:49	106	11:18:28	2:28:30
129	866	Peter Lautrup	Team Challenge	1:15:16	19:48	121	5:58	82	5:13:39	34.43	80	3:31	72	4:41:40	6:40	173	11:20:01	2:30:03
130	687	Ulrik Theophil Jørgensen	Fitness dk - TRI	1:09:31	18:17	67	4:51	40	5:23:02	33.43	112	4:21	103	4:38:30	6:35	167	11:20:14	2:30:16
131	814	Jens Islin	Team Challenge	1:17:43	20:27	134	7:15	126	5:08:45	34.98	57	5:23	140	4:41:10	6:39	171	11:20:14	2:30:17
132	663	Henrik Fornitz Møller	Fitness dk - TRI	1:13:29	19:20	103	4:54	43	5:17:12	34.05	93	4:05	98	4:40:56	6:39	170	11:20:33	2:30:36
133	770	Michael Jensen	TRI4	1:13:54	19:26	109	6:52	113	5:40:52	31.68	154	5:31	145	4:14:44	6:02	126	11:21:51	2:31:53
134	901	Ulrik Trend Mogensen	Team Challenge	1:13:42	19:23	104	11:29	193	5:35:24	32.20	138	8:20	185	4:13:24	6:00	123	11:22:18	2:32:20
135	725	Søren Pomykala	Sønderborg Tri Klub 90 / STK90	1:23:23	21:56	170	9:45	175	5:41:35	31.62	158	5:21	139	4:04:51	5:48	103	11:24:53	2:34:55
136	780	Morten Asmussen	Team Challenge	1:30:06	23:42	195	7:44	139	5:23:38	33.37	114	3:26	69	4:20:38	6:10	140	11:25:30	2:35:33
137	787	Henrik Cloos Skov	Rødetro IF Tri	1:15:26	19:51	123	6:05	88	5:54:00	30.51	179	5:02	127	4:07:13	5:51	112	11:27:45	2:37:48
138	634	Carsten Lindberg Hartvigsen	Team Challenge	1:22:34	21:43	167	10:29	183	5:35:48	32.16	140	8:46	193	4:11:35	5:57	118	11:29:10	2:39:12
139	696	Thomas Dyjak	Fitness dk - TRI	1:15:41	19:54	125	9:18	167	5:31:39	32.56	129	8:42	190	4:24:42	6:16	152	11:30:00	2:40:02
140	625	Jesper Boye	Team Challenge	1:26:33	22:46	183	7:45	140	5:24:51	33.25	118	4:54	122	4:26:17	6:18	154	11:30:18	2:40:21
141	859	Jan Bergendorff Peterson	Team Challenge	1:15:52	19:57	127	8:55	163	5:10:51	34.74	69	3:55	89	4:51:28	6:54	182	11:31:00	2:41:02
142	903	Morten Stampe Møller	Aarhus 1900 Triathlon	1:18:56	20:46	142	8:57	164	5:56:40	30.28	186	7:20	175	3:59:29	5:40	89	11:31:20	2:41:23
143	784	Peder Jensen	Svendborg Triathlonklub	1:18:15	20:35	137	9:08	166	5:24:43	33.26	117	4:02	97	4:35:26	6:31	162	11:31:32	2:41:35
144	2014	Casper Schou	Team Challenge	1:15:09	19:46	119	6:31	105	5:49:55	30.87	169	3:55	88	4:16:08	6:04	128	11:31:35	2:41:38
145	654	Jørn Nielsen	TIK Triathlon	1:22:33	21:43	166	10:25	182	5:45:11	31.29	162	9:56	198	4:06:08	5:49	108	11:34:11	2:44:13
146	909	Jesper Green	Team Challenge	1:11:40	18:51	89	3:54	18	5:53:55	30.52	178	4:44	116	4:20:56	6:10	141	11:35:08	2:45:10
147	882	Mark Strange	TRI4	1:14:12	19:31	111	7:13	123	5:10:13	34.81	66	4:08	101	4:59:57	7:06	186	11:35:40	2:45:43
148	633	John Andersen	Holstebro Triathlon Klub	1:32:28	24:19	199	7:13	124	5:41:27	31.63	157	6:59	174	4:07:38	5:52	113	11:35:43	2:45:46
149	729	Thomas Moesgaard	Kalundborg Triathlon	1:42:59	27:06	206	11:13	191	5:43:11	31.47	160	5:49	156	3:52:40	5:30	71	11:35:51	2:45:53
150	630	Lasse Stougaard	Team Challenge	1:17:18	20:20	132	8:18	154	5:46:08	31.20	165	5:35	148	4:20:34	6:10	139	11:37:51	2:47:53
151	620	Michael Stick	Team Challenge	1:29:01	23:25	191	7:14	125	5:33:26	32.39	132	5:20	138	4:23:10	6:14	148	11:38:09	2:48:12
152	682	Morten Brynitz	TRI4	1:23:28	21:57	171	8:14	152	5:43:13	31.47	161	5:35	149	4:18:06	6:06	135	11:38:35	2:48:37
153	826	Morten Pihlsbech	Team Challenge	1:25:16	22:26	176	10:08	179	5:59:59	30.00	190	5:19	135	3:58:50	5:39	88	11:39:30	2:49:32
154	922	Christian Kjær	Skovshoved Triathlon Klub	1:33:37	24:37	202	6:27	102	5:53:28	30.56	177	4:30	109	4:01:53	5:43	96	11:39:52	2:49:54
155	701	Thomas Damm Nielsen	Kolding Triathlon Klub	1:11:07	18:42	86	10:10	180	5:54:50	30.44	183	6:18	165	4:17:32	6:06	133	11:39:55	2:49:58
156	833	Peter Willems-Alnøe	Team Challenge	1:28:00	23:09	186	7:56	147	5:30:22	32.69	125	9:58	199	4:23:47	6:15	149	11:40:01	2:50:04
157	680	Carsten Rønne	Islev Triathlon Klub	1:17:03	20:16	131	5:01	49	5:34:15	32.31	134	6:27	169	4:37:32	6:34	165	11:40:16	2:50:19
158	639	Lars Poulsen	Team Challenge	1:23:13	21:53	169	9:05	165	5:03:56	35.53	42	5:40	153	4:59:51	7:06	185	11:41:44	2:51:46
159	622	Andreas Wester Hansen	Fitness dk - TRI	1:24:01	22:06	173	12:43	200	5:10:23	34.80	67	8:28	187	4:49:11	6:51	178	11:44:45	2:54:47
160	888	Michael Pedersen	Multiatleterne	1:21:39	21:29	157	7:00	118	5:47:36	31.07	168	2:28	22	4:26:31	6:18	155	11:45:11	2:55:13
161	762	Heinrich Thomsen	Fitness dk - TRI	1:42:48	27:02	205	10:31	185	5:34:12	32.32	133	12:41	203	4:05:51	5:49	107	11:46:00	2:56:03
162	850	Thomas Kingombe Kock	Team Challenge	1:25:52	22:35	179	8:52	162	5:54:32	30.46	181	5:48	155	4:11:27	5:57	117	11:46:29	2:56:31
163	648	Theis Schramm	Fitness dk - TRI	1:22:15	21:38	164	9:23	168	5:51:59	30.68	175	6:34	171	4:17:11	6:05	132	11:47:19	2:57:22
164	801	Mikio Karmann	Brøndby Triathlon Club	1:20:33	21:11	153	5:16	57	6:05:24	29.56	192	3:59	93	4:17:05	6:05	131	11:52:15	3:02:17
165	812	Claus Tønder	Vejle IF Triathlon	1:24:43	22:17	174	7:12	122	5:54:55	30.43	184	6:18	164	4:21:00	6:11	142	11:54:06	3:04:08
166	636	Henrik Ræbild	Brøndby Triathlon Club	1:22:23	21:40	165	7:23	129	5:46:44	31.15	166	4:40	115	4:33:38	6:29	159	11:54:45	3:04:48
167	676	Nicolaj Andersen	Langgarverne	1:22:12	21:37	163	12:32	199	5:35:29	32.19	139	8:12	183	4:37:12	6:34	164	11:55:35	3:05:37
168	626	Thomas Schwartzbach	Team Challenge	1:28:21	23:14	189	16:18	205	5:15:27	34.24	85	9:35	196	4:46:00	6:46	176	11:55:40	3:05:43
169	685	Jesper Christensen	Fitness dk - TRI	1:08:25	18:00	60	5:09	54	4:54:27	36.68	16	2:35	29	5:45:19	8:10	198	11:55:53	3:05:56
170	766	Kasper Olsen	Hareskovens Triathlon Klub	1:12:43	19:08	97	6:59	116	5:54:41	30.45	182	4:53	121	4:38:22	6:35	166	11:57:36	3:07:39
171	967	Christian Colberg	Team Challenge	1:10:27	18:32	76	6:21	97	5:39:20	31.83	151	8:14	184	4:53:37	6:57	184	11:57:58	3:08:01
172	727	Henrik Lethenborg	Team Challenge	1:22:10	21:37	162	16:58	206	5:56:57	30.26	187	8:21	186	4:13:58	6:01	124	11:58:22	3:08:24
173	944	Johan Åsell	Fitness dk - TRI	1:13:02	19:13	99	9:24	169	6:10:44	29.13	196	4:23	106	4:22:16	6:12	146	11:59:47	3:09:49
174	615	Ole William Ingelsson	LSK-tri	1:12:36	19:06	96	8:30	157	5:42:33	31.53	159	5:33	146	4:51:00	6:53	181	12:00:11	3:10:13
175	621	Benjamin Malling Thorsen	Køge Tri Team 2000	1:16:14	20:03	130	12:23	198	5:58:03	30.16	188	5:46	154	4:31:59	6:26	158	12:04:24	3:14:26
176	791	Jesper Buch	Odense Triathlon Klub	1:22:59	21:50	168	8:51	161	5:38:12	31.93	147	7:37	178	4:47:19	6:48	177	12:04:56	3:14:58
177	877	Jan Mortensen	Team Challenge	1:10:44	18:36	77	11:51	196	5:51:08	30.76	172	11:06	202	4:40:52	6:39	169	12:05:40	3:15:42

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 40-44 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
178	836	René Albæk	Vejle IF Triathlon	1:32:55	24:27	201	7:52	146	6:11:02	29.11	197	3:12	61	4:13:11	5:59	122	12:08:11	3:18:13
179	875	Lars Broch	Team Challenge	1:21:38	21:28	156	9:45	174	6:08:52	29.28	195	4:37	114	4:24:05	6:15	150	12:08:55	3:18:57
180	707	Michael Gram Nielsen	Multiatleterne	1:28:50	23:22	190	15:00	203	6:04:44	29.61	191	9:21	195	4:13:01	5:59	120	12:10:54	3:20:57
181	969	Michael Frank	Odense Triathlon Klub	1:19:48	21:00	148	6:39	109	5:34:26	32.29	136	7:45	181	5:02:46	7:10	189	12:11:24	3:21:26
182	768	Gorm Rex Larssen	Triton Tri	1:30:16	23:45	196	8:33	158	5:38:19	31.92	149	5:19	137	4:49:43	6:51	179	12:12:08	3:22:11
183	913	Jonas Hink	Team Challenge	1:23:55	22:04	172	15:09	204	6:14:08	28.87	199	6:13	161	4:15:35	6:03	127	12:14:58	3:25:00
184	688	Henrik Park Preisler	Sigma Nordsjælland Triathlon klub	1:21:06	21:20	155	6:54	114	5:51:08	30.76	171	4:36	113	4:52:17	6:55	183	12:15:59	3:26:01
185	897	Martin Tusgaard Christensen	Fitness dk - TRI	1:11:49	18:53	90	10:58	189	5:55:09	30.41	185	5:24	141	5:02:18	7:09	188	12:25:35	3:35:38
186	667	Brian Faurholt-Langvad	GSK-Tri	1:29:36	23:34	194	7:47	143	6:08:14	29.33	194	3:40	80	4:38:31	6:35	168	12:27:46	3:37:49
187	908	Søren Thysgaard	Ganløse Tri-Center	1:31:06	23:58	197	11:34	194	5:51:35	30.72	174	9:50	197	4:43:56	6:43	175	12:27:58	3:38:01
188	894	Jesper Larsen	Fitness dk - TRI	1:12:14	19:00	93	7:42	137	5:51:22	30.74	173	6:19	166	5:10:34	7:21	193	12:28:09	3:38:12
189	863	Morten Vallentin	Team Challenge	1:13:47	19:24	107	10:38	187	5:54:10	30.49	180	14:33	204	5:00:34	7:07	187	12:33:41	3:43:44
190	786	Peter Pedersen	Team Challenge	1:26:08	22:39	181	12:58	201	5:47:26	31.09	167	5:24	142	5:08:26	7:18	191	12:40:21	3:50:24
191	925	Anders Jannerup	Team AV Gold	1:20:00	21:03	150	6:26	100	6:31:53	27.56	205	3:42	82	4:41:58	6:40	174	12:43:57	3:54:00
192	968	Tonny Liljedahl	Team Challenge	1:20:51	21:16	154	7:24	130	6:07:49	29.36	193	5:18	133	5:03:22	7:11	190	12:44:42	3:54:44
193	924	Henrik Bojsen	Team Challenge	1:31:10	23:59	198	7:07	119	5:58:22	30.14	189	4:23	105	5:25:14	7:42	196	13:06:13	4:16:15
194	610	Thomas Heller	Team Challenge	1:21:43	21:30	159	7:49	145	6:18:58	28.50	201	3:57	91	5:18:35	7:32	195	13:11:01	4:21:03
195	931	Peter Lund	Team Challenge	1:42:01	26:50	203	9:34	172	6:20:02	28.42	202	8:46	192	4:50:59	6:53	180	13:11:19	4:21:21
196	726	Jan Andersen	Team Challenge	1:21:56	21:33	161	13:46	202	6:15:06	28.79	200	8:39	189	5:15:01	7:27	194	13:14:26	4:24:28
197	860	Christian Fossdal Haines	Team Challenge	1:32:41	24:23	200	12:11	197	6:27:05	27.90	204	5:35	147	5:08:31	7:18	192	13:26:00	4:36:03
198	919	Mads Walborg	Team Challenge	1:25:29	22:29	177	9:34	173	6:11:39	29.06	198	10:03	201	5:30:36	7:50	197	13:27:20	4:37:22
199	898	Christian Skifter	Team Challenge	1:42:32	26:58	204	11:00	190	5:52:09	30.67	176	10:00	200	5:56:00	8:26	199	13:51:40	5:01:42
200	651	Thomas Panum	Team Challenge	1:27:56	23:08	185	8:37	159	6:25:21	28.03	203	6:27	169	6:09:37	8:45	200	14:17:56	5:27:58
DNF	847	Thomas Smith	Fitness dk - TRI	1:06:51	17:35	45	5:09	53	4:58:01	36.24	28	3:02	49					
DNF	638	Glenn Thejl	Team Challenge	1:13:45	19:24	106	6:12	93	4:57:57	36.25	26	6:19	167					
DNF	793	John Boel	Holstebro Triathlon Klub	1:11:01	18:41	85	4:51	39	5:10:02	34.84	64	2:32	23					
DNF	808	Ole Bjerg	Team Triathlon Herning	1:00:36	15:56	14	5:54	79	5:18:17	33.93	96							
DNF	690	Kenneth Luxhøi	Fitness dk - TRI	1:10:51	18:38	82	6:03	86	5:31:22	32.59	128							
DNF	957	Lars Heine Andersen	TRI Fredensborg	1:07:24	17:44	48	5:54	78										
DNF	644	Mark Lorenzen	Fitness dk - TRI															
DNS	806	Dennis Kjær	Aalborg Triathlon Klub															
DNS	824	Kim Birkebæk Jensen	Fitness dk - TRI															
DNS	825	Brian Dahlstrøm	ALOT - Albertslund Løb og Triathlo															
DNS	828	Jan Scheel	Rødokro IF Tri															
DNS	737	Andreas Petz	Rødokro IF Tri															
DNS	933	Peter Engel Sørensen	Team Challenge															
DNS	950	Martin Christian Koch	Team Challenge															
DNS	964	Henrik Hansen	Team Challenge															
DNS	675	Thomas Knudsen	Silkeborg Motion/Tri-Klub															
DNS	613	Søren Damsgaard	Team Challenge															
DNS	916	Martin Merstrand	Nyborg Triathlon Klub															
DNS	917	Jens Dam	Multiatleterne															
DNS	652	Lars Barkholt	Team Challenge															
DSQ	912	Tobias Herbert Jensen	Roskilde Triathlon Klub	1:18:20	20:36	138	4:13	25	4:57:08	36.35	22	5:03	129					

Individual: Mænd 45-49 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1676	Jørn Hartmann Madsen	Odense Triathlon Klub	1:03:22	16:40	13	3:54	6	4:44:25	37.97	3	3:06	15	2:59:40	4:15	1	8:54:25	
2	1618	Thorstein Gystad	Silkeborg Motion/Tri-Klub	1:00:48	15:59	5	3:53	5	4:46:34	37.69	5	3:03	13	3:05:08	4:23	2	8:59:24	4:59
3	1797	Niels Kristian Vejen	Roskilde Triathlon Klub	1:10:17	18:29	35	2:53	1	4:46:22	37.71	4	2:38	7	3:17:02	4:40	4	9:19:10	24:45
4	1699	Carsten Steenberg	Ganløse Tri-Center	1:01:14	16:06	6	5:13	32	5:03:47	35.55	19	3:36	31	3:10:58	4:31	3	9:24:46	30:21
5	1698	Martin Lohmann	Bagsværd Atletik Club, TRI afdeling	1:05:58	17:21	18	6:19	60	4:49:20	37.33	7	3:25	28	3:25:07	4:51	9	9:30:07	35:42
6	1661	Allan Maagaard	Team Challenge	57:11	15:02	2	5:17	34	4:41:49	38.32	1	2:18	3	3:45:58	5:21	35	9:32:31	38:06
7	1688	Torben Iversen	Multiatleterne	1:12:23	19:02	43	3:56	9	4:58:38	36.17	13	2:26	4	3:26:28	4:53	10	9:43:49	49:25
8	1566	John Klindt	Odense Triathlon Klub	1:06:04	17:23	20	4:05	10	4:50:41	37.15	10	3:06	14	3:42:51	5:16	29	9:46:45	52:20
9	1735	Claus Leinoe	Skovshoved Triathlon Klub	59:22	15:37	4	3:25	3	4:44:07	38.01	2	3:16	21	3:58:57	5:39	55	9:49:05	54:40
10	1623	Allan Solok	Sigma Nordsjælland Triathlon klub	1:20:33	21:11	92	4:46	21	5:01:19	35.84	16	3:19	25	3:22:22	4:47	7	9:52:17	57:52
11	1568	Jess Langkjær	Silkeborg Motion/Tri-Klub	1:07:17	17:42	24	3:54	7	5:05:32	35.35	23	2:45	9	3:34:32	5:05	14	9:53:57	59:32
12	1669	Michael Skjoldan	Hareskovens Triathlon Klub	1:06:43	17:33	22	4:45	20	4:49:50	37.26	8	2:31	6	3:53:50	5:32	45	9:57:38	1:03:13

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 45-49 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
13	1577	Dennis Stuhr Madsen	Islev Triathlon Klub	1:13:03	19:13	45	6:24	65	5:13:01	34.50	32	3:48	38	3:21:39	4:46	5	9:57:54	1:03:29
14	1643	Peter Schou	Fitness dk - TRI	1:05:32	17:14	14	6:42	68	5:22:35	33.48	50	5:48	88	3:21:40	4:46	6	10:02:14	1:07:49
15	1595	Jørn Heilberg	TRI4	1:06:03	17:22	19	5:10	31	5:02:49	35.67	17	3:15	20	3:45:36	5:20	34	10:02:53	1:08:28
16	1590	Filip Tefke Klein	Team Challenge	1:09:36	18:18	29	4:27	17	4:50:18	37.20	9	3:21	27	3:55:29	5:34	50	10:03:08	1:08:43
17	1640	Tim Kjær-Hansen	Karlsunde Tri	1:05:58	17:21	17	4:09	12	5:07:01	35.18	26	3:14	19	3:42:53	5:16	30	10:03:13	1:08:48
18	1614	Peter Steffensen	Odder Triathlon Klub	1:17:06	20:17	67	5:01	25	4:56:54	36.38	12	3:51	40	3:42:48	5:16	28	10:05:38	1:11:13
19	1604	Jimmi Raadberg	TRI4	1:02:03	16:19	10	4:26	15	5:05:00	35.41	22	4:39	59	3:50:34	5:27	42	10:06:40	1:12:15
20	1733	Morten Hastrup	Hareskovens Triathlon Klub	1:17:24	20:22	70	4:42	19	5:04:35	35.46	21	5:22	77	3:35:10	5:05	15	10:07:12	1:12:47
21	1761	Rolf Sørensen	Team Challenge	1:05:54	17:20	16	5:07	29	4:48:33	37.43	6	5:38	84	4:10:46	5:56	67	10:15:57	1:21:32
22	1745	Søren Bruun	Team Challenge	1:18:35	20:40	83	4:26	16	5:15:47	34.20	36	2:42	8	3:36:54	5:08	19	10:18:22	1:23:57
23	1788	Max Klovgaard Lassen	Bagsværd Atletik Club, TRI afdeling	1:20:23	21:09	90	4:20	14	5:06:06	35.28	25	4:26	52	3:44:41	5:19	32	10:19:53	1:25:28
24	1584	Niels Christian Smed Christensen	TRI4	1:18:01	20:31	78	4:06	11	5:10:19	34.80	27	2:17	2	3:45:33	5:20	33	10:20:13	1:25:48
25	1756	Thomas Nielsen	Odense Triathlon Klub	57:48	15:12	3	5:05	28	5:16:07	34.17	37	4:24	51	3:57:11	5:37	52	10:20:33	1:26:08
26	1810	Hans Høj	Fitness dk - TRI	1:11:05	18:42	39	4:14	13	5:23:43	33.36	53	2:15	1	3:39:34	5:12	22	10:20:49	1:26:24
27	1714	Keld Hansen	Multi Motion Assens	1:09:41	18:20	30	5:19	35	5:21:32	33.59	47	3:48	37	3:40:50	5:13	25	10:21:07	1:26:42
28	1603	Sebastian Carandell	Fitness dk - TRI	1:14:58	19:43	57	6:51	73	5:33:22	32.40	68	3:51	41	3:24:11	4:50	8	10:23:11	1:28:46
29	1670	Kjeld Gravesen	Slagelse, Korsør & Skælskør Triat	1:22:08	21:36	105	4:58	23	5:18:46	33.88	42	3:41	35	3:33:46	5:03	12	10:23:17	1:28:52
30	1685	Claus Femerling Petersen	Team Challenge	1:21:32	21:27	96	5:32	38	5:16:17	34.15	38	5:04	69	3:36:17	5:07	17	10:24:40	1:30:15
31	1752	Jess Lambrechtsen	Odense Triathlon Klub	1:13:55	19:26	46	6:18	59	5:11:46	34.64	29	6:08	93	3:47:47	5:23	37	10:25:53	1:31:28
32	1768	Henrik Nørmølle	Team Challenge	1:22:01	21:34	102	7:13	83	4:56:34	36.42	11	4:27	53	3:59:57	5:41	57	10:30:10	1:35:45
33	1743	Anker Hansen	Sigma Nordsjælland Triathlon klub	1:21:52	21:32	100	6:47	71	5:16:27	34.13	39	5:08	72	3:41:30	5:14	26	10:31:42	1:37:17
34	1702	Michael Kragelund	Odense Triathlon Klub	1:07:41	17:48	25	5:01	24	5:14:31	34.34	34	7:04	115	4:00:10	5:41	58	10:34:26	1:40:01
35	1611	Lars Thomsen	Rødde IF Tri	1:19:14	20:50	85	6:46	70	5:31:25	32.59	65	3:10	17	3:33:55	5:04	13	10:34:27	1:40:02
36	1610	Martin Astradsson	Team Challenge	1:14:35	19:37	52	6:10	54	5:24:18	33.30	54	7:17	117	3:42:18	5:16	27	10:34:36	1:40:11
37	1739	Johnny Jensen	Hareskovens Triathlon Klub	1:12:46	19:08	44	8:03	100	5:16:43	34.10	40	4:59	68	3:54:42	5:33	49	10:37:11	1:42:46
38	1713	Lars Bødker	Holbæk Svømmme Klub Triathlon	1:14:37	19:38	54	5:28	36	5:32:23	32.49	66	5:08	71	3:40:33	5:13	24	10:38:08	1:43:43
39	1646	Peter Vekslund	Hareskovens Triathlon Klub	1:22:20	21:39	106	5:16	33	5:34:18	32.31	71	4:34	55	3:31:43	5:01	11	10:38:10	1:43:45
40	1791	Bo Holm	Rødde IF Tri	1:10:21	18:30	36	7:15	85	5:23:17	33.41	52	5:07	70	3:53:58	5:32	47	10:39:56	1:45:31
41	1751	Otto Vinther Christensen	Team Challenge	1:03:00	16:34	12	6:07	53	5:27:37	32.97	58	3:59	43	3:59:16	5:40	56	10:39:57	1:45:32
42	1769	Erik Søe	Fitness dk - TRI	1:22:49	21:47	108	5:34	39	5:26:44	33.05	55	5:28	79	3:43:29	5:17	31	10:44:04	1:49:39
43	1547	Jan Wodschow Larsen	Sigma Nordsjælland Triathlon klub	1:13:55	19:27	47	6:52	75	5:43:58	31.40	90	3:49	39	3:36:44	5:08	18	10:45:16	1:50:51
44	1762	Klaus Plum	Bagsværd Atletik Club, TRI afdeling	1:17:38	20:25	71	9:39	121	5:36:22	32.11	77	6:16	95	3:35:36	5:06	16	10:45:29	1:51:04
45	1767	Claus Ol Hansen	Herlev Tri & Motion	1:10:34	18:34	37	6:23	63	5:03:00	35.64	18	3:13	18	4:23:08	6:14	88	10:46:16	1:51:51
46	1706	Henrik Bonnerup	TRI4	1:05:51	17:19	15	5:35	40	5:36:21	32.11	76	3:35	29	3:57:24	5:37	53	10:48:44	1:54:19
47	1582	Lars Fogh Iversen	Sigma Nordsjælland Triathlon klub	1:23:04	21:51	111	8:54	110	5:19:33	33.80	45	5:23	78	3:53:06	5:31	44	10:49:57	1:55:33
48	1766	Allan Hendrichsen	Ganløse Tri-Center	1:19:38	20:57	88	7:10	81	5:05:40	35.33	24	3:20	26	4:14:37	6:02	74	10:50:23	1:55:58
49	1608	Allan Agerskov	TRI Fredensborg	1:17:54	20:29	77	6:05	52	5:33:13	32.41	67	4:29	54	3:48:54	5:25	40	10:50:33	1:56:08
50	1632	Claus Engstrøm	Team Challenge	1:26:42	22:48	130	14:34	156	5:20:02	33.75	46	11:16	146	3:38:31	5:10	20	10:51:02	1:56:37
51	1760	Svend Pedersen	ALOT - Albertslund Løb og Triathlo	1:09:46	18:21	32	3:12	2	5:17:47	33.99	41	2:27	5	4:18:39	6:07	79	10:51:49	1:57:24
52	1665	Peter Heering	Team Challenge	1:21:34	21:27	97	9:54	127	5:36:31	32.09	78	6:47	107	3:38:56	5:11	21	10:53:40	1:59:15
53	1697	Karsten Risvig	Islev Triathlon Klub	1:14:35	19:37	53	6:22	62	5:34:41	32.27	72	6:37	103	3:54:23	5:33	48	10:56:36	2:02:11
54	1806	Kjeld Aunstrup	Sigma Nordsjælland Triathlon klub	1:18:04	20:32	79	5:47	45	5:28:41	32.86	59	3:39	33	4:02:24	5:44	59	10:58:32	2:04:08
55	1771	Tom Leth Jensen	Holbæk Svømmme Klub Triathlon	1:26:35	22:47	128	3:55	8	5:14:07	34.38	33	4:00	44	4:12:41	5:59	71	11:01:16	2:06:51
56	1578	Michael Toft	Odense Triathlon Klub	1:17:38	20:25	72	8:16	103	5:37:16	32.02	79	5:45	86	3:53:50	5:32	46	11:02:43	2:08:18
57	1678	Christian Tybjerg Smed	Team Challenge	1:40:21	26:24	153	6:13	56	5:37:53	31.97	80	3:00	12	3:40:24	5:13	23	11:07:49	2:13:24
58	1692	Roland Christiansen	Vejle IF Triathlon	1:12:10	18:59	42	10:27	132	5:26:45	33.05	56	6:56	112	4:11:53	5:58	68	11:08:09	2:13:44
59	1744	Flemming Toft Andersen	Hareskovens Triathlon Klub	56:25	14:50	1	5:46	44	5:22:57	33.44	51	4:57	67	4:38:40	6:36	109	11:08:43	2:14:18
60	2040	Thomas Schwartz	Fitness dk - TRI	1:23:58	22:05	114	5:05	27	5:11:11	34.71	28	4:13	47	4:25:02	6:16	94	11:09:26	2:15:01
61	1620	Ole Frederiksen	Aarhus 1900 Triathlon	1:24:57	22:21	120	7:53	97	5:21:56	33.55	49	10:15	145	4:05:01	5:48	62	11:09:59	2:15:35
62	1631	Jan Meyer-Zeuthen	Skovshoved Triathlon Klub	1:09:19	18:14	28	5:01	26	5:12:33	34.56	31	4:38	58	4:41:02	6:39	113	11:12:31	2:18:06
63	1691	Morten Stobbe	Ganløse Tri-Center	1:40:28	26:26	154	8:01	99	5:35:15	32.22	74	3:17	24	3:47:43	5:23	36	11:14:42	2:20:17
64	1783	Lars Halkier	Skovshoved Triathlon Klub	1:10:15	18:28	34	8:44	107	5:19:25	33.81	43	5:35	82	4:32:42	6:27	104	11:16:40	2:22:15
65	2032	Søren Bredvig	Team Challenge	1:16:29	20:07	63	7:31	88	5:40:39	31.70	84	4:14	48	4:10:11	5:55	66	11:19:02	2:24:37
66	1645	Michael Jessen	Herlev Tri & Motion	1:28:36	23:18	137	9:20	117	5:34:07	32.32	70	9:12	139	3:57:57	5:38	54	11:19:10	2:24:46
67	1716	Jesper Raabjerg Jensen	Team Challenge	1:16:25	20:06	62	10:50	138	5:58:23	30.14	123	6:18	96	3:50:48	5:28	43	11:22:42	2:28:17
68	1709	Palle Berdini	Team Challenge	1:11:07	18:42	40	7:48	95	5:34:49	32.26	73	3:16	22	4:27:06	6:19	98	11:24:05	2:29:40
69	1734	Jan Brøndbjerg	Aalborg Triathlon Klub	1:25:41	22:32	122	9:12	115	5:56:57	30.26	117	6:33	102	3:47:52	5:23	38	11:26:13	2:31:48
70	1619	Rasmus Bundgaard	Fitness dk - TRI	1:25:40	22:32	121	7:00	78	5:30:08	32.71	63	5:09	73	4:18:26	6:07	77	11:26:21	2:31:56
71	1592	Flemming Lund	Team Challenge	1:22:51	21:48	109	6:28	66	5:44:21	31.36	91	4:34	56	4:08:18	5:53	63	11:26:31	2:32:06

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 45-49 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
72	1712	Peter Wennevold	Hareskovens Triathlon Klub	1:18:05	20:32	80	6:14	58	5:29:53	32.74	62	3:36	30	4:29:40	6:23	100	11:27:26	2:33:01
73	1626	Claus Robl	Team Challenge	1:15:02	19:44	58	8:51	109	4:59:18	36.08	14	4:57	66	4:59:44	7:06	127	11:27:50	2:33:26
74	1565	Bjarke Sanbeck	Sigma Nordsjælland Triathlon klub	1:01:40	16:13	7	6:14	57	5:56:41	30.28	116	6:24	98	4:16:56	6:05	76	11:27:52	2:33:27
75	1748	Christian Thulstrup	Vejle IF Triathlon	1:26:38	22:47	129	10:53	139	5:57:08	30.24	118	6:31	101	3:48:17	5:24	39	11:29:26	2:35:01
76	1728	Henrik Dornfeldt	Brøndby Triathlon Club	1:14:08	19:30	48	9:50	124	5:55:02	30.42	113	6:30	100	4:04:24	5:47	61	11:29:51	2:35:27
77	1727	Jan Fussel	TRI4	1:26:22	22:43	126	5:52	48	5:30:31	32.68	64	2:54	11	4:24:18	6:15	92	11:29:56	2:35:31
78	1773	Michael Porsbo	Køge Tri Team 2000	1:21:56	21:33	101	5:51	46	5:36:09	32.13	75	4:20	49	4:22:19	6:12	86	11:30:32	2:36:07
79	1786	Carsten Larsen	Køge Tri Team 2000	1:28:19	23:14	133	10:20	130	5:15:07	34.27	35	5:13	75	4:32:42	6:27	103	11:31:39	2:37:14
80	2038	Michael Vad	Team Challenge	1:21:31	21:26	95	10:33	134	6:02:41	29.78	129	7:31	122	3:49:30	5:26	41	11:31:43	2:37:18
81	1792	Michael Kruse	KVIK TRI TEAM	1:23:32	21:58	112	7:48	96	5:43:12	31.47	88	4:35	57	4:14:35	6:01	73	11:33:41	2:39:16
82	1609	Peter Eberle	Sønderborg Tri Klub 90 / STK90	1:10:47	18:37	38	7:44	93	5:00:20	35.96	15	6:37	104	5:09:54	7:20	136	11:35:20	2:40:55
83	1638	Brian Schyberg	Langgarverne	1:24:30	22:14	117	6:50	72	5:48:26	31.00	99	4:54	65	4:12:09	5:58	70	11:36:48	2:42:23
84	1648	Thomas Hagerup	Team Challenge	1:17:03	20:16	66	6:02	51	5:45:22	31.27	94	7:35	123	4:22:56	6:13	87	11:38:56	2:44:31
85	1755	Lars Nordhild Rønning	TriNord	1:29:27	23:32	138	10:22	131	5:21:37	33.58	48	15:23	152	4:25:26	6:17	96	11:42:14	2:47:49
86	1682	Nicolai Boston	Team Challenge	1:17:24	20:21	69	9:49	123	5:34:03	32.33	69	5:34	81	4:37:43	6:34	107	11:44:32	2:50:07
87	1558	Lars Krebs Lange	Team Challenge	1:16:39	20:10	64	11:11	141	5:27:22	32.99	57	13:08	150	4:36:48	6:33	106	11:45:06	2:50:41
88	1777	Carsten Spliid	Team Challenge	1:11:23	18:46	41	7:40	90	5:58:02	30.17	122	3:46	36	4:25:26	6:17	96	11:46:15	2:51:51
89	1730	Steen Skaarup	TRI Fredensborg	1:20:06	21:04	89	5:58	49	5:57:30	30.21	120	3:53	42	4:19:37	6:09	81	11:47:02	2:52:37
90	2034	Lars Haller	Brøndby Triathlon Club	1:24:11	22:09	115	13:05	151	5:38:49	31.88	82	7:18	118	4:23:47	6:15	89	11:47:08	2:52:43
91	1799	Bo Villadsen	Team Challenge	1:24:26	22:12	116	7:44	94	5:44:53	31.32	93	6:04	92	4:24:17	6:15	91	11:47:21	2:52:56
92	1650	Janus Mens	Skovshoved Triathlon Klub	1:27:03	22:54	132	6:23	64	5:48:35	30.98	100	5:50	89	4:19:33	6:09	80	11:47:22	2:52:57
93	1653	Per Plambeck	Røddekro IF Tri	1:09:43	18:20	31	12:14	149	6:21:20	28.32	147	8:06	127	3:56:11	5:35	51	11:47:32	2:53:07
94	1708	Theis Lihme	TRI4	1:14:30	19:36	51	5:09	30	5:43:23	31.45	89	4:53	64	4:40:44	6:39	111	11:48:37	2:54:12
95	1737	Jan Skaaning	Team Challenge	1:26:07	22:39	125	6:19	61	5:48:35	30.98	101	3:17	23	4:24:20	6:15	93	11:48:37	2:54:12
96	1780	Michael Poulsen	Køge Tri Team 2000	1:08:45	18:05	27	7:00	79	5:19:27	33.81	44	7:26	120	5:06:37	7:15	131	11:49:14	2:54:49
97	1664	Lasse Geisler	KVIK TRI TEAM	1:01:54	16:17	9	7:56	98	5:50:24	30.82	105	7:47	125	4:42:10	6:41	116	11:50:10	2:55:45
98	1573	René Holm	Team Challenge	1:18:57	20:46	84	8:56	112	5:53:13	30.58	111	5:51	91	4:23:58	6:15	90	11:50:54	2:56:29
99	1710	Teddy Christensen	Herlev Tri & Motion	1:16:16	20:04	61	6:01	50	5:57:13	30.23	119	4:00	45	4:30:08	6:24	101	11:53:36	2:59:11
100	1795	Jan Bruun Jørgensen	Esbjerg Tri & Multisport	1:28:27	23:16	135	7:43	91	5:40:32	31.72	83	6:13	94	4:31:09	6:25	102	11:54:02	2:59:37
101	1605	Asger Andreasen	Team Challenge	1:21:42	21:29	98	13:26	154	5:51:49	30.70	109	11:44	147	4:18:28	6:07	78	11:57:08	3:02:43
102	1801	Jan Pedersen	Viborg Atletik og Motion	1:22:07	21:36	104	7:34	89	5:42:44	31.51	87	3:39	34	4:41:34	6:40	115	11:57:37	3:03:12
103	1580	Anders Løjmar	Team Challenge	1:14:49	19:41	56	6:51	73	5:51:05	30.76	107	5:50	90	4:39:43	6:37	110	11:58:16	3:03:51
104	2036	Per Overgaard	Fitness dk - TRI	1:16:05	20:01	59	10:37	136	5:41:32	31.62	86	8:38	132	4:44:02	6:43	117	12:00:53	3:06:28
105	1687	Bent Olsen	Team Challenge	1:25:54	22:36	124	14:50	158	6:01:42	29.86	127	9:31	143	4:09:03	5:54	64	12:00:58	3:06:33
106	1588	Jon Dalgaard Christiansen	Fitness dk - TRI	1:14:40	19:38	55	11:42	146	5:45:46	31.24	95	8:20	129	4:41:00	6:39	112	12:01:27	3:07:02
107	1615	Jens Balle	Kolding Triathlon Klub	1:19:29	20:54	87	7:09	80	6:18:13	28.56	144	6:56	111	4:11:59	5:58	69	12:03:44	3:09:19
108	1784	Henrik Madsen	TRI4	1:18:27	20:38	82	8:37	105	6:18:51	28.51	145	5:47	87	4:13:43	6:00	72	12:05:24	3:10:59
109	1671	Lars Peter Schrøder-Madsen	Team Challenge	1:38:33	25:55	148	7:14	84	5:49:34	30.90	103	6:52	110	4:25:18	6:17	95	12:07:28	3:13:03
110	1778	Claus Riber	Aarhus 1900 Triathlon	1:39:10	26:05	150	6:38	67	6:01:46	29.85	128	5:34	80	4:16:21	6:04	75	12:09:27	3:15:02
111	2033	John Glottrup	Skovshoved Triathlon Klub	1:34:58	24:59	145	9:26	118	6:09:25	29.24	135	7:29	121	4:09:09	5:54	65	12:10:25	3:16:01
112	1747	Michael Linulf	Slagelse, Korsør & Skælskør Triathl	1:26:28	22:45	127	7:43	92	5:47:06	31.12	97	4:52	63	4:44:46	6:44	118	12:10:54	3:16:30
113	1675	Mogens Hoffeldt	Brøndby Triathlon Club	1:20:33	21:11	91	12:31	150	5:53:08	30.58	110	4:22	50	4:41:17	6:39	114	12:11:50	3:17:25
114	1690	Claus Fleron	Odder Triathlon Klub	1:02:13	16:22	11	14:16	155	6:05:29	29.55	131	5:11	74	4:45:11	6:45	119	12:12:18	3:17:53
115	1746	Bo Munch	Team Challenge	1:33:07	24:30	144	5:52	47	6:07:11	29.41	132	6:21	97	4:21:45	6:12	85	12:14:14	3:19:49
116	1717	Peter Kresten Nielsen	Fitness dk - TRI	1:30:11	23:43	140	11:18	142	6:04:39	29.62	130	7:11	116	4:20:58	6:11	84	12:14:16	3:19:51
117	1672	Jens Belher	Fitness dk - TRI	1:22:44	21:46	107	8:44	106	5:38:38	31.89	81	6:45	106	5:00:25	7:07	128	12:17:14	3:22:49
118	1790	Brian Lund	Team Challenge	1:52:08	29:30	160	8:59	113	6:01:08	29.91	126	13:02	149	4:02:54	5:45	60	12:18:10	3:23:45
119	1560	Nikolaj Løbner	Islev Triathlon Klub	1:14:26	19:35	50	7:29	87	6:13:19	28.93	139	5:15	76	4:37:48	6:34	108	12:18:15	3:23:50
120	1677	Steffen Thomsen	Team Challenge	1:22:57	21:49	110	5:40	41	5:41:19	31.64	85	4:40	61	5:03:55	7:12	129	12:18:29	3:24:04
121	1567	Henrik Larsen	Team Challenge	1:40:52	26:32	155	11:43	147	5:50:30	30.81	106	8:44	133	4:28:29	6:21	99	12:20:15	3:25:50
122	1642	Jan Søgaard Rasmussen	Odder Triathlon Klub	1:18:14	20:35	81	9:58	128	6:25:09	28.04	150	8:14	128	4:19:42	6:09	82	12:21:16	3:26:51
123	1794	John Weinreich	Køge Tri Team 2000	1:29:45	23:37	139	9:08	114	5:46:54	31.13	96	7:03	114	4:48:59	6:50	120	12:21:47	3:27:22
124	1787	Jan Møllbach	Fitness dk - TRI	1:22:04	21:35	103	8:56	111	5:51:44	30.71	108	8:29	130	4:51:40	6:54	122	12:22:51	3:28:26
125	1658	Ove Larsen	Team Challenge	1:32:49	24:25	142	11:33	144	6:10:33	29.15	137	9:22	141	4:20:15	6:10	83	12:24:30	3:30:06
126	1683	Hans Schwane	TRI Fredensborg	1:17:07	20:17	68	4:56	22	6:08:55	29.28	134	4:44	62	4:51:09	6:53	121	12:26:49	3:32:24
127	1557	Jens Gadgaard	Team Challenge	1:16:06	20:01	60	11:37	145	5:44:29	31.35	92	7:46	124	5:12:47	7:24	140	12:32:42	3:38:17
128	1736	Per Stjernqvist	Team Challenge	1:41:11	26:37	156	5:41	42	6:08:27	29.31	133	5:36	83	4:34:02	6:29	105	12:34:55	3:40:30
129	1666	Jesper Plesner Jakobsen	Aarhus 1900 Triathlon	1:14:10	19:31	49	9:15	116	5:59:04	30.08	124	6:49	108	5:11:20	7:22	139	12:40:36	3:46:11
130	1696	Henrik Hammer Berthelsen	Sigma Nordsjælland Triathlon klub	1:17:42	20:26	75	5:29	37	5:49:14	30.93	102	4:40	60	5:27:38	7:45	144	12:44:41	3:50:16

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 45-49 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
131	1757	Thomas Gramstrup	LSK-tri	1:17:45	20:27	76	9:50	125	6:16:23	28.70	142	8:49	137	4:52:00	6:55	123	12:44:44	3:50:19
132	1674	Esben Johannsen	Team Challenge	1:42:20	26:55	157	6:56	76	5:57:36	30.20	121	2:53	10	4:59:40	7:06	125	12:49:23	3:54:58
133	1635	Kim Thode Sørensen	Fitness dk - TRI	1:24:48	22:18	118	9:50	126	5:29:14	32.80	61	8:44	134	5:38:31	8:01	150	12:51:06	3:56:41
134	1606	Kim Lintrup	Team Challenge	1:32:50	24:25	143	10:28	133	5:55:05	30.42	114	8:31	131	5:09:04	7:19	134	12:55:57	4:01:32
135	1633	Jan Kristensen	Brøndby Triathlon Club	1:20:57	21:18	93	6:44	69	5:55:10	30.41	115	3:39	32	5:30:16	7:49	146	12:56:44	4:02:19
136	1729	Henrik Schmidt	Team Challenge	1:35:39	25:10	146	13:19	152	5:59:42	30.03	125	9:33	144	4:59:44	7:06	126	12:57:55	4:03:30
137	1731	Bo Kjær Hansen	TRI4	1:25:46	22:34	123	10:36	135	6:10:23	29.16	136	9:23	142	5:09:55	7:20	137	13:06:01	4:11:36
138	3038	Stig Langeskov Petersen	Team Challenge	1:16:58	20:15	65	9:34	120	6:23:55	28.13	149	6:43	105	5:09:19	7:19	135	13:06:26	4:12:01
139	1724	Peter Hansen	Herlev Tri & Motion	1:52:07	29:30	159	6:11	55	5:53:41	30.54	112	6:49	109	5:07:54	7:17	132	13:06:41	4:12:16
140	1587	Andreas Troliding Madsen	Fitness dk - TRI	1:19:27	20:54	86	11:00	140	6:17:09	28.64	143	12:04	148	5:08:48	7:19	133	13:08:27	4:14:03
141	1634	Niels Willer	Team Challenge	1:32:11	24:15	141	15:30	160	5:47:54	31.04	98	8:44	135	5:27:43	7:45	145	13:12:00	4:17:35
142	1782	Flemming Borrevang	Team Challenge	1:38:12	25:50	147	8:07	101	6:23:41	28.15	148	6:57	113	4:57:31	7:02	124	13:14:26	4:20:01
143	1571	Peter Baade	Ninjas.dk	1:17:39	20:25	73	9:45	122	6:15:09	28.79	141	7:49	126	5:31:59	7:52	147	13:22:19	4:27:54
144	1695	Ken Christensen	Langgarverne	1:39:51	26:16	151	11:50	148	6:19:59	28.42	146	9:17	140	5:05:35	7:14	130	13:26:30	4:32:05
145	1718	Anders Lund Rendtorff	Team Challenge	1:46:14	27:57	158	9:29	119	6:14:08	28.87	140	8:45	136	5:11:11	7:22	138	13:29:43	4:35:19
146	1703	Henrik Madsen	Brøndby Triathlon Club	1:21:45	21:30	99	15:10	159	6:34:54	27.35	153	7:23	119	5:13:41	7:25	141	13:32:51	4:38:26
147	1667	Michael Brandt	Team Challenge	1:24:49	22:19	119	14:39	157	6:12:23	29.00	138	18:04	153	5:23:04	7:39	142	13:32:57	4:38:32
148	1719	Aksel Blomgren Ambjørner	Fitness dk - TRI	1:28:24	23:15	134	9:59	129	6:33:07	27.47	152	5:41	85	5:36:17	7:58	149	13:53:26	4:59:01
149	2035	Ole De Groot	Esbjerg Tri & Multisport	1:26:52	22:51	131	16:36	161	6:31:27	27.59	151	13:55	151	5:35:41	7:57	148	14:04:29	5:10:04
150	1700	Bjarne Andersen	KVIK TRI TEAM	1:39:57	26:17	152	7:21	86	6:51:27	26.25	154	4:00	45	5:27:13	7:45	143	14:09:57	5:15:32
DNF	1663	Lars Sørensen	Team Challenge	1:06:48	17:34	23	7:10	81	5:03:57	35.53	20	3:08	16					
DNF	1775	Steen Rocatis	LSK-tri	1:08:13	17:56	26	11:21	143	5:12:06	34.61	30	8:52	138					
DNF	1647	Niels Christian Nielsen	Fitness dk - TRI	1:23:38	22:00	113	8:48	108	5:28:53	32.84	60	6:26	99					
DNF	1715	Nabil Aloush	Sønderborg Tri Klub 90 / STK90	1:28:28	23:16	136	10:45	137	6:57:33	25.87	155	24:52	154					
DNF	1707	Greg Magrath	Skovshoved Triathlon Klub	1:06:37	17:31	21	8:14	102	5:49:44	30.88	104							
DNF	1616	Jan Sunesen	TRI4	1:01:52	16:16	8	3:34	4										
DNF	1583	Kim Hansen	Islev Triathlon Klub	1:09:53	18:23	33	4:41	18										
DNF	1596	Søren Findsen	Fitness dk - TRI	1:17:39	20:25	74	5:45	43										
DNF	1758	Mads Siggaard	Team Challenge	1:21:16	21:23	94	13:24	153										
DNF	1781	Johan Oude Hesselink	Team Challenge	1:38:53	26:01	149	8:31	104										
DNF	1581	Edgar Federico Burgos Acevedo	Team Challenge	1:55:41	30:26	161	6:59	77										
DNS	1576	Nick Uhlmann	Team Challenge															
DNS	1612	Claus Nielsen	Team Challenge															
DNS	1624	Christian Just Trebbien	Team Challenge															
DNS	1726	Kenneth Frostholm Olesen	Fitness dk - TRI															
DNS	1721	Ole Hedensted	Team Challenge															
DNS	1779	Jens Olaf Andersen	Holbæk Svømme Klub Triathlon															
DNS	1738	Jens Eriksen	Team Challenge															
DNS	1740	Ricky Thramkrogart	Blovstrød Tri-athleten															
DNS	1749	Frederik M. Braun	Fitness dk - TRI															
DNS	1809	Kresten Mandøe	Team Challenge															

Individual: Mænd 50-54 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1885	Thomas Fogt	Roskilde Triathlon Klub	1:00:00	15:47	2	3:08	1	4:45:17	37.86	2	2:03	1	3:46:48	5:22	9	9:37:14	
2	1877	John Hvass Møller	Silkeborg Motion/Tri-Klub	1:07:54	17:51	12	4:32	8	4:43:05	38.15	1	2:58	6	3:41:57	5:15	4	9:40:23	3:10
3	1827	Tom Kisbye	Silkeborg Motion/Tri-Klub	1:07:58	17:52	14	4:11	6	4:59:38	36.04	3	2:46	2	3:45:32	5:20	8	10:00:04	22:51
4	1904	Steen Sørensen	TRI4	1:04:58	17:05	5	5:01	12	5:23:19	33.40	13	5:55	39	3:34:00	5:04	1	10:13:11	35:57
5	2041	Dennis Knudsen	Team Challenge	1:05:48	17:18	6	6:43	24	5:15:37	34.22	8	4:02	22	3:44:46	5:19	6	10:16:54	39:40
6	1825	Jan Knudsen	Hareskovens Triathlon Klub	1:19:51	21:00	40	3:52	5	5:10:30	34.78	7	3:56	19	3:40:08	5:12	3	10:18:15	41:01
7	1852	Michael Burmester	Team Challenge	1:03:10	16:37	4	4:19	7	5:29:47	32.75	19	3:04	8	3:43:15	5:17	5	10:23:33	46:19
8	1847	Lars Juul	Team Challenge	1:07:50	17:50	11	5:41	16	5:06:16	35.26	5	4:05	23	4:00:03	5:41	19	10:23:53	46:40
9	1836	Ib Normann	Fitness dk - TRI	1:06:35	17:31	8	6:43	25	5:23:16	33.41	12	5:19	33	3:45:14	5:20	7	10:27:04	49:51
10	1886	Claus Nymand	Guldborgsund Triathlonklub	1:13:24	19:18	24	3:24	2	5:19:15	33.83	9	2:55	5	3:48:21	5:24	11	10:27:17	50:04
11	1823	Jørgen Bie	Rødetro IF Tri	1:16:04	20:01	33	8:42	43	5:07:39	35.11	6	6:06	42	3:55:23	5:34	15	10:33:51	56:37
12	1869	Søren Veje Kristensen	Fredericia Triathlon Team	1:13:06	19:14	20	3:28	4	5:19:27	33.81	10	3:34	15	3:59:21	5:40	17	10:38:56	1:01:42
13	1875	Tommy Seeberg	Haderslev TRI 2000	1:06:28	17:29	7	5:55	18	5:29:27	32.78	18	3:03	7	3:57:15	5:37	16	10:42:05	1:04:52
14	1898	Jens Hovgaard Christiansen	GSK-Tri	1:14:20	19:33	28	3:26	3	5:31:39	32.57	29	2:48	3	3:50:42	5:28	12	10:42:54	1:05:41
15	1835	Torben Jung Laursen	Ganløse Tri-Center	1:33:34	24:37	62	7:54	33	5:28:55	32.84	17	5:47	38	3:34:33	5:05	2	10:50:42	1:13:28

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 50-54 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
16	1828	Klaus Gertsen	Viborg Atletik og Motion	1:18:37	20:41	35	6:45	26	5:30:26	32.69	22	4:46	29	3:50:54	5:28	13	10:51:26	1:14:13
17	1833	Brian Klovgaard Lassen	Bagsværd Atletik Club, TRI afdeling	1:13:09	19:14	21	5:24	15	5:30:34	32.67	24	3:22	11	3:59:38	5:40	18	10:52:06	1:14:52
18	1925	Per Nielsen	Team Challenge	1:07:57	17:52	13	9:08	47	5:39:10	31.84	33	6:11	43	3:55:02	5:34	14	10:57:27	1:20:13
19	1872	Henrik Ertner	Team Challenge	1:13:17	19:17	23	5:16	14	5:27:22	32.99	15	3:37	17	4:16:30	6:04	32	11:06:01	1:28:47
20	1826	Jan Rasmussen	KVIK TRI TEAM	1:10:56	18:39	16	6:19	21	5:48:08	31.02	46	3:35	16	4:01:35	5:43	20	11:10:32	1:33:19
21	1821	Ole Madsen	2Tri-Haslev	1:27:40	23:04	55	6:07	19	5:30:31	32.68	23	4:59	31	4:11:13	5:57	25	11:20:28	1:43:14
22	1845	Peter Alexander Lawaetz	Fitness dk - TRI	1:12:37	19:06	17	8:12	35	5:31:13	32.61	28	7:25	57	4:26:15	6:18	39	11:25:39	1:48:26
23	1848	Claus Hansen	Islev Triathlon Klub	1:18:50	20:44	36	7:26	29	5:22:55	33.45	11	5:56	40	4:30:40	6:24	44	11:25:44	1:48:31
24	1857	Frank Nybo Jensen	Multiatleterne	1:33:53	24:42	63	8:56	44	5:29:51	32.74	20	6:19	46	4:09:10	5:54	24	11:28:07	1:50:53
25	1824	Mark Henriksen	Vejen Tri og Motion	1:19:03	20:47	37	12:24	66	5:48:34	30.98	47	6:46	51	4:01:54	5:43	21	11:28:39	1:51:26
26	1914	Bjørn Jensen	Brøndby Triathlon Club	1:06:53	17:35	9	7:37	32	5:46:19	31.19	43	6:18	45	4:22:07	6:12	38	11:29:12	1:51:59
27	1882	Frank Holst	Vejen Tri og Motion	1:21:21	21:24	46	7:37	31	5:42:01	31.58	36	5:34	37	4:13:40	6:00	28	11:30:11	1:52:58
28	1839	Henrik Nykjær	Team Challenge	1:20:11	21:05	43	5:46	17	5:32:48	32.45	30	3:11	10	4:28:27	6:21	43	11:30:21	1:53:08
29	1841	Henrik K. Nielsen	Køge Tri Team 2000	1:14:35	19:37	30	19:28	75	5:40:46	31.69	34	8:43	65	4:13:02	5:59	26	11:36:32	1:59:19
30	1910	Ole Wessung	Team Challenge	1:30:46	23:52	58	13:15	70	5:42:03	31.57	37	7:03	55	4:04:57	5:48	22	11:38:02	2:00:49
31	1940	Anders H. Baagøe	Team Challenge	1:02:12	16:22	3	7:05	27	5:55:59	30.34	54	3:04	9	4:31:42	6:26	46	11:40:00	2:02:47
32	1837	Lars Bergelius	Langgarverne	1:13:24	19:18	25	5:00	11	5:30:48	32.65	25	5:21	34	4:45:28	6:45	51	11:40:00	2:02:47
33	1868	Søren Hald	Team Triathlon Herning	1:30:10	23:43	57	8:13	36	5:41:51	31.59	35	5:28	36	4:14:54	6:02	31	11:40:34	2:03:21
34	1874	Kjeld Olsen	Sigma Nordsjælland Triathlon klub	1:40:55	26:33	70	8:25	37	5:56:33	30.29	55	9:19	68	3:47:47	5:23	10	11:42:57	2:05:44
35	1905	Jens Heydenreich	Fitness dk - TRI	1:19:29	20:54	38	9:12	49	5:45:52	31.23	42	4:15	24	4:27:14	6:19	40	11:46:00	2:08:47
36	1913	Steen Ulrik Madsen	Team Challenge	1:42:14	26:54	72	8:30	39	5:39:08	31.85	32	8:36	63	4:08:29	5:53	23	11:46:54	2:09:41
37	1953	Ralph Jensen	Brøndby Triathlon Club	1:37:54	25:45	68	9:01	46	5:34:57	32.24	31	4:40	28	4:21:03	6:11	36	11:47:33	2:10:19
38	1830	Claus Bormann Pedersen	Team Challenge	1:17:18	20:20	34	7:59	34	5:47:26	31.09	44	6:54	53	4:28:20	6:21	41	11:47:55	2:10:41
39	1851	Jeppe Guld	Ganløse Tri-Center	1:13:11	19:15	22	4:37	9	5:58:17	30.14	56	3:29	13	4:28:27	6:21	42	11:47:59	2:10:46
40	1933	Palle Sunddal	Køge Tri Team 2000	1:22:29	21:42	51	32:59	76	5:30:54	32.64	26	5:18	32	4:16:44	6:05	33	11:48:23	2:11:09
41	1855	Karl Poulsen	Team Challenge	1:21:41	21:29	47	9:32	51	5:28:13	32.91	16	8:12	60	4:41:42	6:40	49	11:49:17	2:12:04
42	1870	Arnt Danielsen	Team Triathlon Herning	1:13:06	19:14	19	14:28	73	5:59:07	30.07	60	8:20	61	4:14:54	6:02	30	11:49:53	2:12:39
43	1865	Lars Jensen	Sigma Nordsjælland Triathlon klub	1:19:54	21:01	41	12:29	69	5:51:56	30.69	51	7:39	59	4:18:33	6:07	34	11:50:30	2:13:16
44	1854	Henrik Beckwith	TRI4	1:37:15	25:35	66	11:04	60	5:44:29	31.35	39	4:25	27	4:13:32	6:00	27	11:50:43	2:13:29
45	1850	Claus Willen	Team Challenge	1:15:56	19:58	32	10:04	54	5:50:36	30.81	49	9:58	70	4:35:01	6:31	47	12:01:33	2:24:19
46	1889	Finn Larsen	TRI4	1:40:09	26:21	69	11:46	65	5:51:13	30.75	50	6:40	49	4:13:56	6:01	29	12:03:42	2:26:29
47	1862	Claus Rasmussen	Islev Triathlon Klub	1:32:36	24:21	60	11:41	64	5:58:44	30.11	58	6:00	41	4:20:27	6:10	35	12:09:26	2:32:13
48	1931	Niels Mark Aagaard	Team Challenge	1:27:08	22:55	53	9:11	48	5:58:33	30.12	57	3:40	18	4:31:11	6:25	45	12:09:42	2:32:28
49	1946	Heini Vogn	Odense Triathlon Klub	1:14:08	19:30	27	6:12	20	5:44:03	31.39	38	6:37	48	4:58:54	7:04	56	12:09:53	2:32:39
50	1890	Palle R Schalck	TriNord	1:22:16	21:38	50	10:18	56	5:23:46	33.36	14	7:01	54	5:07:19	7:16	60	12:10:39	2:33:25
51	1928	Lars E. Ostergaard	KTK 86	1:30:51	23:54	59	10:17	55	5:52:05	30.67	52	4:49	30	4:35:41	6:31	48	12:13:43	2:36:29
52	1843	Morten Jensen	Team Challenge	1:07:27	17:44	10	13:50	71	5:44:48	31.32	40	8:42	64	5:12:00	7:23	65	12:26:46	2:49:33
53	1881	Carsten Lund	Team Challenge	1:20:17	21:07	44	7:20	28	5:47:36	31.07	45	6:35	47	5:07:54	7:17	61	12:29:41	2:52:27
54	1842	Morten Larsen	Roskilde Triathlon Klub	1:28:41	23:20	56	11:04	61	5:31:06	32.62	27	10:07	71	5:09:25	7:19	62	12:30:22	2:53:08
55	1917	Søren Buurskov Larsen	Brøndby Triathlon Club	1:14:22	19:34	29	12:29	68	5:49:06	30.94	48	7:33	58	5:13:26	7:25	67	12:36:53	2:59:39
56	1860	Michael Ørtoft	Roskilde Triathlon Klub	1:22:12	21:37	49	6:26	22	6:14:15	28.86	66	4:23	26	4:57:36	7:03	55	12:44:51	3:07:38
57	1916	Jan Hollensen	Herlev Tri & Motion	1:21:03	21:19	45	11:17	63	6:27:42	27.86	69	3:30	14	4:43:09	6:42	50	12:46:40	3:09:27
58	1866	Michael Paulsen	Fitness dk - TRI	1:15:48	19:56	31	9:39	52	6:06:42	29.45	61	6:51	52	5:09:52	7:20	64	12:48:51	3:11:37
59	1887	Allan Reinholdt Broch	Brøndby Triathlon Club	1:43:54	27:20	74	14:18	72	5:53:08	30.58	53	10:34	72	4:47:26	6:48	52	12:49:19	3:12:05
60	1900	Nels Kristian Jensen	Farsø Tri og Trim	1:48:40	28:35	76	8:31	41	5:45:13	31.29	41	7:22	56	5:03:30	7:11	57	12:53:14	3:16:01
61	1894	Birger Schultz	Holstebro Triathlon Klub	1:34:59	24:59	65	10:19	57	6:13:55	28.88	65	6:43	50	4:48:45	6:50	53	12:54:39	3:17:26
62	1947	Jackie Moos	Islev Triathlon Klub	1:13:01	19:12	18	12:27	67	6:19:46	28.44	68	6:12	44	5:05:03	7:13	58	12:56:27	3:19:14
63	1924	Lars Christian Robl	Fitness dk - TRI	1:19:42	20:58	39	6:38	23	5:58:50	30.10	59	4:18	25	5:28:10	7:46	68	12:57:36	3:20:23
64	1863	Bjørn Clausen	KVIK TRI TEAM	1:21:44	21:30	48	8:30	40	6:13:39	28.90	64	5:26	35	5:12:12	7:23	66	13:01:29	3:24:16
65	1820	Thomas Garlov	Team Challenge	1:34:44	24:55	64	7:35	30	6:48:20	26.45	73	10:58	73	4:21:36	6:11	37	13:03:10	3:25:57
66	1822	Hans Erik Rasmussen	Odense Triathlon Klub	1:33:32	24:36	61	10:20	58	6:07:16	29.41	62	9:09	67	5:06:57	7:16	59	13:07:12	3:29:59
67	1883	Ole Søndergaard Danielsen	Team Challenge	1:41:14	26:38	71	10:25	59	6:18:02	28.57	67	8:25	62	4:55:04	6:59	54	13:13:09	3:35:56
68	1884	Morten Fly	Team Challenge	1:13:46	19:24	26	9:13	50	6:12:21	29.01	63	9:32	69	5:45:30	8:11	71	13:30:21	3:53:08
69	1942	John Callesen	Sønderborg Tri Klub 90 / STK90	1:37:30	25:39	67	8:58	45	6:32:22	27.53	70	4:00	20	5:09:28	7:19	63	13:32:16	3:55:03
70	1832	Stig Duus Enslev	Fitness dk - TRI	1:27:03	22:54	52	8:29	38	6:44:25	26.71	71	4:00	21	5:31:18	7:51	69	13:55:14	4:18:01
71	1831	John Aamodt	Team Challenge	1:27:34	23:02	54	9:55	53	6:46:28	26.57	72	9:08	66	5:36:37	7:58	70	14:09:41	4:32:28
DNF	1812	Jens Gramkow	Ninjas.dk	57:16	15:04	1	4:39	10	5:04:48	35.43	4	2:51	4					
DNF	1938	René Lorenz	Fitness dk - TRI	1:09:16	18:13	15	8:41	42	5:30:16	32.70	21	3:27	12					
DNF	1951	Jørgen Langaard	Hareskovens Triathlon Klub	1:19:57	21:02	42	5:07	13										

KMD IRONMAN Copenhagen 2013

DM resultater

Individual: Mænd 50-54 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
DNF	1949	Hans Holst	Odense Triathlon Klub	1:43:40	27:16	73	11:07	62										
DNF	1846	Peter Eliott Horslev Jensen	Fitness dk - TRI	1:47:55	28:23	75	16:17	74										
DNF	1895	Morten Dyrved Christiansen	Team Challenge															
DNS	1879	Jørgen Weber Gullev	Kalundborg Triathlon															
DNS	1856	Claus Mulvad Riis	Islev Triathlon Klub															
DNS	1817	Frank Hechmann	Odder Triathlon Klub															
DNS	1932	Søren Steffensen	Sigma Nordsjælland Triathlon klub															
DNS	1901	Kurt Brandt Andersen	Team Challenge															
DNS	1911	Poul Henning Jørgensen	Team Challenge															

Individual: Mænd 55-59 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1966	Jesper Grønbek	Frederikssund Triathlon	1:07:29	17:45	2	5:12	4	5:12:01	34.61	1	3:06	1	3:23:50	4:49	1	9:51:36	
2	1970	Jørgen Peter Nielsen	Roskilde Triathlon Klub	1:10:22	18:30	3	3:53	1	5:19:27	33.81	2	3:26	3	3:49:46	5:26	2	10:26:52	35:16
3	1974	Johnny Petræus	Sigma Nordsjælland Triathlon klub	55:55	14:42	1	4:29	2	5:27:42	32.96	3	5:10	7	4:02:04	5:44	3	10:35:19	43:43
4	1957	Jan Lind-Hansen	TRI4	1:20:46	21:15	7	9:38	6	5:55:21	30.39	7	6:12	10	4:13:57	6:01	6	11:45:52	1:54:16
5	1967	Jens Iver Petersen	Team Challenge	1:31:31	24:05	10	12:05	13	5:50:56	30.78	6	8:10	12	4:03:37	5:46	4	11:46:17	1:54:41
6	1986	Palle Sekshøj-Christensen	Team Challenge	1:37:06	25:33	14	10:05	10	5:57:41	30.20	9	9:04	14	4:05:16	5:48	5	11:59:10	2:07:34
7	1983	Ole Nielsen	Aarhus 1900 Triathlon	1:47:10	28:11	15	10:03	9	5:45:58	31.22	5	5:28	9	4:23:58	6:15	7	12:12:35	2:20:59
8	1958	Ove Nielsen	Aarhus 1900 Triathlon	1:30:24	23:47	9	9:49	8	5:56:13	30.32	8	5:15	8	4:37:03	6:33	8	12:18:42	2:27:06
9	1960	Benny Larsen	KVIK TRI TEAM	1:16:08	20:02	6	5:01	3	5:36:24	32.11	4	3:08	2	5:24:48	7:41	14	12:25:28	2:33:52
10	1982	Poul Erik Tofte	TRI4	1:14:51	19:41	4	9:21	5	6:32:06	27.54	12	6:17	11	5:11:53	7:23	9	13:14:26	3:22:50
11	1954	Niels Holme Pedersen	Fitness dk - TRI	1:35:43	25:11	12	11:38	12	6:09:53	29.20	10	8:35	13	5:14:03	7:26	12	13:19:50	3:28:14
12	1984	Karsten Lybke	Team Challenge	1:47:54	28:23	16	16:52	16	6:12:38	28.98	11	4:00	6	5:15:02	7:27	13	13:36:23	3:44:48
13	1962	Poul Erik Boeberg	Odense Triathlon Klub	1:28:29	23:16	8	19:08	17	6:37:07	27.20	14	4:00	5	5:12:21	7:24	10	13:41:02	3:49:26
14	1985	Asbjørn Lind	Aarhus 1900 Triathlon	1:37:00	25:31	13	12:31	14	6:34:32	27.37	13	9:18	15	5:13:28	7:25	11	13:46:47	3:55:11
15	1971	Ole Larsen	Brøndby Triathlon Club									4:00	4	6:02:13	8:34	16	14:03:10	4:11:34
16	1988	Them Jensen	Multiatleterne	1:15:40	19:54	5	12:48	15	7:12:41	24.96	15	9:31	16	5:48:29	8:15	15	14:39:07	4:47:31
DNF	1973	Danny Svane	Odense Triathlon Klub	1:32:10	24:15	11	9:44	7										
DNF	298	Per Jungersen	Team Challenge	2:20:06	36:51	17	11:05	11										
DNF	1964	Kim Bonde	Slagelse, Korsør & Skælskør Triat															
DNS	1977	Hans-Henrik Basse	Karlsunde Tri															
DNS	1963	Brian Vasa-Akers	Team Challenge															

Individual: Mænd 60-64 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1992	Christian Christiansen	Sønderborg Tri Klub 90 / STK90	1:19:41	20:58	1	8:57	2	6:03:59	29.67	1	8:45	3	4:29:49	6:23	1	12:11:08	
2	1999	Finn Boye Rasmussen	Svendborg Triathlonklub	1:21:38	21:28	2	11:03	5	6:09:30	29.23	3	12:17	5	4:36:29	6:33	2	12:30:55	19:47
3	1998	John Harry Rasmussen	Odder Triathlon Klub	1:27:51	23:07	3	9:20	3	6:13:12	28.94	4	6:25	2	5:28:27	7:46	4	13:25:14	1:14:06
4	1996	Kent Magelund	Brøndby Triathlon Club	1:29:25	23:31	4	10:18	4	6:06:37	29.46	2	10:22	4	5:44:36	8:09	5	13:41:17	1:30:10
5	1994	Keld Blom	Viking Atletik	1:57:57	31:02	5	8:47	1	6:49:02	26.40	5	5:24	1	5:09:28	7:19	3	14:10:35	1:59:28
DNS	1993	Flemming G. Jensen	Langgarverne															

Individual: Mænd 65-69 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	2000	Sven Åge Jørgensen	Islev Triathlon Klub	1:40:25	26:25	1	10:23	2	6:05:39	29.54	1	6:30	1	4:42:10	6:41	1	12:45:04	
DNF	2003	Jørgen Ladegaard	Vejle IF Triathlon	2:01:19	31:55	2	5:43	1										

Individual: Mænd 75-79 år

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
DNF	2004	John Frodven	Team Challenge	1:21:53	21:32	1	15:57	1										

Individual: Mænd Elite

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	13	Jens Petersen-Bach	Odense Triathlon Klub	49:46	13:05	3	2:25	6	4:33:52	39.44	5	1:24	2	2:45:16	3:54	1	8:12:41	
2	10	Henrik Hyldelund	Aarhus 1900 Triathlon	47:19	12:26	1	2:44	7	4:23:59	40.91	1	1:47	6	2:57:53	4:12	4	8:13:39	58
3	9	Esben Hovgaard	TRI4	51:46	13:37	5	2:25	5	4:31:49	39.73	4	1:22	1	2:49:18	4:00	2	8:16:38	3:57

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DM resultater

Individual: Mænd Elite

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
4	7	Jens Grønbek	Hareskovens Triathlon Klub	52:52	13:54	6	2:09	1	4:31:04	39.84	3	1:30	4	3:00:08	4:16	5	8:27:40	15:00
5	2	Jacob Frandsen	TRI4	52:54	13:55	7	2:10	2	4:28:24	40.24	2	1:29	3	3:11:03	4:31	6	8:35:58	23:17
6	18	Anders Wagner	Køge Tri Team 2000	1:01:27	16:10	10	3:07	9	4:42:27	38.24	8	1:59	8	2:55:04	4:08	3	8:44:01	31:20
7	23	Andreas Helbo Beck	Aarhus 1900 Triathlon	49:48	13:06	4	2:12	3	4:38:00	38.85	6	2:14	10	3:26:18	4:53	8	8:58:30	45:49
8	21	Kasper Ougaard	KTK 86	1:00:55	16:01	9	3:03	8	4:43:04	38.15	9	1:58	7	3:30:45	4:59	9	9:19:43	1:07:02
9	24	Nis Lind	TRI4	58:34	15:24	8	3:20	10	4:57:24	36.32	10	2:02	9	3:19:02	4:42	7	9:20:20	1:07:39
10	45	Kronprins Frederik	Team Challenge	1:10:16	18:29	11	7:21	11	5:25:19	33.20	11	3:50	11	3:58:47	5:39	10	10:45:32	2:32:51
DNF	5	Andreas Borch	TRI4	48:29	12:45	2	2:22	4	4:38:17	38.81	7	1:31	5					