

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Women 18-24 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	56	Leise Elisabeth Hviid Korsager	Odense Triathlon Klub	1:01:40	16:13	1	3:26	1	5:43:46	31.42	1	4:33	2	4:10:08	5:55	2	11:03:31	
2	57	Annie Bremer Vestergaard	Herlev Tri & Motion	1:20:09	21:05	4	4:39	3	6:16:26	28.69	4	4:53	4	3:57:20	5:37	1	11:43:26	39:55
3	53	Simone Kragh Jacobsen	TRI4	1:14:09	19:30	3	5:14	4	6:13:00	28.96	3	8:37	5	4:49:45	6:51	3	12:30:43	1:27:12
4	55	Malene Bredahl Hansen	Odense Triathlon Klub	1:11:49	18:53	2	4:17	2	6:24:55	28.06	5	4:29	1	5:14:52	7:27	4	13:00:19	1:56:48
5	52	Katrine Brock	Sønderborg Tri Klub 90 / STK90	1:40:32	26:27	6	6:23	5	6:00:50	29.93	2	4:43	3	5:42:57	8:07	6	13:35:24	2:31:53
6	54	Amanda Peterson		1:29:46	23:37	5	9:19	6	6:49:24	26.38	6	10:11	6	5:40:28	8:04	5	14:19:06	3:15:35
DNS	51	Anethe Madsen	2Tri-Haslev															

### Individual: Women 25-29 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	98	Signe Nyby	Fitness dk - TRI	56:36	14:53	1	3:00	2	5:32:05	32.52	9	2:17	3	3:22:44	4:48	1	9:56:40	
2	75	Cecilie Mathorne	Fitness dk - TRI	59:17	15:36	2	3:25	4	5:13:24	34.46	1	1:49	1	3:39:40	5:12	4	9:57:33	53
3	97	Cathrine Johansen	Fitness dk - TRI	1:19:06	20:48	28	4:58	13	5:18:22	33.92	2	2:16	2	3:39:23	5:11	3	10:24:03	27:23
4	92	Stine Flandrup	Fitness dk - TRI	1:12:07	18:58	15	4:45	9	5:24:58	33.23	5	2:44	5	3:48:00	5:24	5	10:32:31	35:51
5	74	Louise Høst Carlsen	Fitness dk - TRI	1:24:37	22:16	36	5:30	19	5:21:39	33.58	3	3:52	14	3:37:23	5:09	2	10:32:59	36:19
6	81	Maria Kasurinen	Turun Urheiluliitto / Felt	1:05:18	17:10	7	2:46	1	5:29:21	32.79	7	2:53	6	4:00:45	5:42	13	10:41:01	44:21
7	93	Sandy Rosenberg	Fitness dk - TRI	1:09:19	18:14	11	4:48	10	5:28:08	32.91	6	3:08	8	3:56:13	5:35	9	10:41:34	44:54
8	79	Camilla Cullum	Team Challenge	1:13:43	19:23	22	3:45	5	5:32:47	32.45	10	4:08	17	3:49:14	5:25	6	10:43:35	46:55
9	87	Marie Louise Halskov Bentsen	Fitness dk - TRI	1:10:00	18:25	13	6:43	31	5:29:24	32.79	8	4:33	22	3:55:52	5:35	7	10:46:30	49:50
10	91	Camilla Nerstrøm	Fitness dk - TRI	1:12:59	19:12	19	4:49	11	5:39:30	31.81	14	3:13	9	3:56:11	5:35	8	10:56:41	1:00:01
11	61	Anne Donaldson	Fitness dk - TRI	1:08:55	18:07	10	6:22	27	5:44:13	31.38	16	4:35	23	4:00:25	5:41	12	11:04:28	1:07:48
12	84	Bianca Christiansen	Fitness dk - TRI	1:21:32	21:27	32	7:51	35	5:33:04	32.43	11	5:10	28	3:57:40	5:37	11	11:05:15	1:08:35
13	88	Elena Jopp	USC Kiel	1:12:24	19:02	17	5:32	20	5:36:33	32.09	12	5:19	30	4:13:09	5:59	14	11:12:56	1:16:16
14	80	Maja Levin Andreasen	Fitness dk - TRI	1:12:45	19:08	18	6:33	28	5:37:46	31.97	13	4:16	20	4:27:10	6:19	18	11:28:29	1:31:49
15	62	Sarah Staal	TriNord	1:20:59	21:18	30	6:10	24	6:03:35	29.70	29	4:02	16	3:56:55	5:36	10	11:31:40	1:35:00
16	72	Line Hoff	Team Challenge	1:13:57	19:27	23	5:26	18	5:45:32	31.26	18	5:06	27	4:24:30	6:16	17	11:34:28	1:37:48
17	66	Rikke Skou Havaleschka	TRI4	1:13:32	19:20	21	5:16	16	5:47:11	31.11	20	3:55	15	4:28:15	6:21	19	11:38:08	1:41:28
18	60	Camilla Theut Severinsen	KTK 86	1:01:48	16:15	3	4:24	7	6:13:22	28.93	34	3:02	7	4:17:41	6:06	15	11:40:15	1:43:35
19	71	Mia Pichard Nielsen	Team Challenge	1:08:12	17:56	9	9:10	40	5:49:19	30.92	21	4:13	19	4:30:40	6:24	21	11:41:32	1:44:52
20	70	Christina Pedersen	Fitness dk - TRI	1:12:03	18:57	14	7:09	32	5:52:58	30.60	26	4:53	26	4:29:10	6:22	20	11:46:12	1:49:32
21	59	Trine Poulsen	Team Challenge	1:04:46	17:02	5	6:16	26	6:08:24	29.32	32	4:52	25	4:31:24	6:25	22	11:55:40	1:59:00
22	73	Cecilie Borregaard	Fitness dk - TRI	1:14:09	19:30	24	5:07	14	5:44:10	31.38	15	5:15	29	4:52:38	6:56	28	12:01:17	2:04:37
23	90	Stine Josephine Billy Dahl	Multiatleterne	1:23:31	21:58	35	8:12	38	5:45:53	31.22	19	5:40	31	4:45:12	6:45	25	12:08:26	2:11:46
24	94	Maria-Louise Bang Mortensen	Fitness dk - TRI	1:30:46	23:53	39	5:39	21	5:50:23	30.82	22	3:35	13	4:38:13	6:35	23	12:08:35	2:11:55
25	83	Diana Jeanett Nielsen	Aarhus 1900 Triathlon	1:22:38	21:44	34	6:00	23	5:58:41	30.11	28	3:34	12	4:38:14	6:35	24	12:09:04	2:12:24
26	85	Tina Jensen	Fitness dk - TRI	1:20:25	21:09	29	4:58	12	5:57:03	30.25	27	4:24	21	4:46:43	6:47	26	12:13:31	2:16:51
27	67	Betina Johansen	TRI4	1:09:53	18:23	12	5:08	15	5:52:07	30.67	24	3:28	11	5:04:41	7:13	30	12:15:15	2:18:35
28	63	Ebba Djurberg	SPIF	1:17:38	20:25	25	7:13	33	6:29:19	27.74	36	9:23	37	4:20:19	6:10	16	12:23:49	2:27:09
29	86	Mia Søborg	Team Challenge	1:05:01	17:06	6	4:27	8	6:25:05	28.05	35	4:44	24	4:57:52	7:03	29	12:37:07	2:40:27
30	68	Eva Lenchler	Team Triathlon Herning	1:12:21	19:02	16	5:50	22	5:44:42	31.33	17	7:02	35	5:31:30	7:51	35	12:41:21	2:44:41
31	89	Stine Vesterskov Pedersen	Fitness dk - TRI	1:22:36	21:44	33	9:51	41	5:52:04	30.68	23	6:08	32	5:11:38	7:23	31	12:42:16	2:45:36
33	76	Kristina Olesen	Fitness dk - TRI	1:17:56	20:30	26	6:41	30	6:07:11	29.41	31	8:10	36	5:24:53	7:41	34	13:04:50	3:08:10
34	78	Jessica Löwengren	SPIF	1:25:18	22:26	37	8:24	39	6:12:32	28.99	33	9:40	38	5:14:58	7:27	32	13:10:51	3:14:11
35	95	Maria Blankholm Møller	Team Challenge	1:33:16	24:32	40	7:23	34	6:44:20	26.71	37	4:09	18	4:47:17	6:48	27	13:16:23	3:19:43
36	96	Nina Von Druschke Hetmar	LSK-tri	1:13:07	19:14	20	6:11	25	5:52:32	30.64	25	9:49	39	6:14:33	8:52	38	13:36:09	3:39:29
37	77	Elena Pulyaeva	Trilife.ru	1:05:49	17:19	8	3:11	3	7:28:33	24.08	39	6:52	34	5:46:10	8:12	36	14:30:34	4:33:54
38	82	Christina Sanderhoff Olsen	Team Challenge	1:34:28	24:51	41	8:06	37	7:17:29	24.69	38	6:49	33	6:00:48	8:32	37	15:07:37	5:10:57
DNF	65	Nicoline Rahbek Dam Sørensen	TRI4	1:03:38	16:44	4	3:50	6	5:24:31	33.28	4	2:23	4					
DNF	64	Sofia Johansson		1:21:30	21:26	31	7:54	36										
DNF	58	Anne Dorthe Baunerhøj	Fitness dk - TRI	1:26:28	22:45	38	6:39	29										
DNS	99	Anneli Olsen	Fitness dk - TRI															
DSQ	69	Mette Wolter Sørensen	Fitness dk - TRI	1:19:04	20:48	27	5:23	17	6:03:44	29.69	30	3:28	10	5:18:45	7:33	33	12:50:23	2:53:43

### Individual: Women 30-34 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	136	Monique Burger	Triathlon Vereniging Arnhem	1:00:16	15:51	2	3:01	1	5:02:11	35.74	1	1:53	1	3:38:40	5:10	3	9:45:59	
2	127	Daniela Hafner	USC Kiel, Heeresauswahl	1:01:28	16:10	4	4:08	6	5:28:49	32.85	7	2:53	6	3:35:25	5:06	2	10:12:41	26:43
3	147	Mie Gjerster	Odense Triathlon Klub	1:22:21	21:40	34	6:18	25	5:05:51	35.31	2	2:31	3	3:39:18	5:11	4	10:16:18	30:19

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Women 30-34 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
4	125	Betina Enggaard	Fitness dk - TRI	1:14:59	19:43	22	5:42	18	5:32:02	32.53	10	3:08	10	3:44:26	5:19	5	10:40:15	54:16
5	141	Maja Andersen	Team Challenge	1:26:15	22:41	38	4:28	8	5:37:51	31.97	15	2:49	5	3:30:17	4:58	1	10:41:38	55:39
6	116	Josephine Ilchmann Jørgensen	Team Challenge	55:11	14:31	1	4:16	7	5:24:35	33.27	6	5:06	30	4:13:09	5:59	15	10:42:16	56:17
7	102	Anne Baggessaard Sterndorff	Fitness dk - TRI	1:15:03	19:44	23	6:15	24	5:29:19	32.80	8	5:28	31	3:48:28	5:24	6	10:44:31	58:33
8	112	Britta Gabriel	Triabolas Hamburg e.V.	1:00:56	16:02	3	4:50	11	5:43:12	31.47	17	3:50	17	4:06:31	5:50	11	10:59:17	1:13:18
9	119	Maibritt Holm	Aarhus 1900 Triathlon	1:10:55	18:39	13	4:00	4	5:43:43	31.42	18	3:52	18	3:57:54	5:38	9	11:00:23	1:14:25
10	121	Marie Stoubæk	Team Challenge	1:20:56	21:17	32	5:04	13	5:15:35	34.22	3	2:56	7	4:19:29	6:08	18	11:03:58	1:18:00
11	124	Janne Holstein Andersen	Team Challenge	1:16:29	20:07	24	5:12	16	5:43:46	31.42	19	4:20	22	3:57:52	5:38	8	11:07:37	1:21:39
12	105	Caroline Cornfine	South Coast Endurance	1:19:09	20:49	25	7:42	36	5:45:07	31.29	21	4:03	21	3:54:54	5:33	7	11:10:52	1:24:54
13	108	Sara Vesth	Fitness dk - TRI	1:13:33	19:21	18	6:22	26	5:32:47	32.45	11	3:21	12	4:15:23	6:03	16	11:11:24	1:25:25
14	110	Sarah Buur Bendixen	Fitness dk - TRI	1:20:08	21:05	30	5:49	20	5:18:56	33.86	5	4:39	26	4:22:17	6:12	20	11:11:47	1:25:48
15	142	Mette Resting Olsen	Fitness dk - TRI	1:08:41	18:04	9	6:32	28	5:30:11	32.71	9	4:39	25	4:22:15	6:12	19	11:12:16	1:26:17
16	139	Louise Lillesø	Team Challenge	1:21:45	21:30	33	4:38	9	5:18:45	33.88	4	2:24	2	4:27:08	6:19	23	11:14:38	1:28:40
17	120	Tanja Lyngholm Kristiansen	Multiatleterne	1:08:35	18:02	8	6:22	27	5:33:32	32.38	12	3:55	20	4:34:11	6:29	28	11:26:33	1:40:35
18	115	Mette Physant Jørgensen	TRI4	1:10:54	18:39	12	5:49	21	5:41:35	31.62	16	3:52	19	4:30:54	6:25	27	11:33:03	1:47:04
19	146	Stine Berg	Multiatleterne	1:23:19	21:55	35	4:07	5	5:51:46	30.70	26	4:28	23	4:10:33	5:56	12	11:34:11	1:48:13
20	140	Christine Andersen	Team Challenge	1:14:47	19:40	20	7:09	34	6:02:44	29.77	31	3:01	8	4:11:05	5:56	13	11:38:44	1:52:45
21	107	Mia Nørgaard Fogh	Fitness dk - TRI	1:19:49	21:00	27	5:08	14	5:45:48	31.23	23	6:19	33	4:27:22	6:20	24	11:44:25	1:58:26
22	132	Rebecca Schnell Asmussen	TRI4	1:04:08	16:52	6	3:47	3	5:44:08	31.38	20	3:12	11	4:52:12	6:55	33	11:47:24	2:01:26
23	145	Nina Norden Andersen	Fitness dk - TRI	1:12:28	19:04	15	6:55	32	5:57:22	30.22	27	9:37	40	4:29:51	6:23	26	11:56:11	2:10:12
24	100	Katrine Tornøyd	Fitness dk - TRI	1:20:14	21:06	31	6:53	31	5:58:46	30.10	29	8:32	37	4:23:25	6:14	21	11:57:47	2:11:49
25	128	Simone Lauridsen	Team Challenge	1:42:16	26:54	44	7:58	37	5:51:22	30.74	25	5:02	29	4:18:33	6:07	17	12:05:10	2:19:11
26	131	Kaisa Koivuranta		1:13:29	19:20	17	4:52	12	5:58:34	30.12	28	3:38	16	4:47:28	6:48	31	12:08:01	2:22:02
27	129	Rie Mark Løve	Team Challenge	1:19:48	20:59	26	9:53	40	6:05:36	29.54	36	4:34	24	4:29:04	6:22	25	12:08:54	2:22:55
28	101	Anne Vang	TRI4	1:12:19	19:01	14	6:46	30	6:09:00	29.27	37	3:38	15	4:43:01	6:42	30	12:14:42	2:28:43
29	118	Henna Kuittinen		1:19:57	21:02	28	5:38	17	6:21:25	28.32	38	4:57	28	4:23:30	6:14	22	12:15:26	2:29:27
30	130	Helene Buttrup	Team Challenge	1:27:45	23:05	39	4:46	10	6:34:33	27.37	39	2:43	4	4:05:40	5:49	10	12:15:26	2:29:27
31	113	Mai Libach Hansen	Fitness dk - TRI	1:09:15	18:13	10	3:04	2	5:36:40	32.08	13	3:22	13	5:23:52	7:40	40	12:16:10	2:30:11
32	138	Anne-Simone Nielsen	Team Challenge	1:35:48	25:12	41	8:43	38	5:48:29	30.99	24	4:43	27	4:38:50	6:36	29	12:16:31	2:30:32
33	106	Brynhild Hellström		1:30:46	23:52	40	5:56	22	5:45:26	31.27	22	3:01	9	4:57:26	7:02	36	12:22:34	2:36:35
34	144	Tesa Jenkins		1:20:02	21:03	29	5:11	15	6:05:02	29.59	33	3:29	14	4:54:18	6:58	35	12:28:00	2:42:02
35	123	Carina Jönsson	TRI4	1:14:51	19:41	21	9:03	39	6:05:32	29.55	35	9:00	38	4:51:22	6:54	32	12:29:46	2:43:47
36	135	Charlotte Andersen	Fitness dk - TRI	1:01:54	16:17	5	5:42	19	5:59:33	30.04	30	6:07	32	5:18:12	7:32	39	12:31:26	2:45:27
37	117	Hanna Leena Thim		1:09:32	18:17	11	7:06	33	6:02:57	29.76	32	10:35	42	5:09:57	7:20	38	12:40:06	2:54:07
38	143	Üve Hillep	Heleneholms IF Tri	1:23:45	22:02	36	13:25	44	6:34:37	27.37	40	8:02	35	4:53:39	6:57	34	13:13:25	3:27:26
39	137	Mette Sommer Fritze	Fitness dk - TRI	1:38:22	25:52	42	11:10	41	7:03:52	25.48	42	9:20	39	4:11:57	5:58	14	13:14:38	3:28:40
40	122	Katja Termote	Islev Triathlon Klub	1:05:23	17:12	7	6:38	29	6:05:19	29.56	34	8:14	36	6:18:56	8:58	42	13:44:28	3:58:29
41	134	Sathaporn Chartpahol	Fitnes tri.dk	1:40:01	26:19	43	11:11	42	7:04:24	25.45	43	12:49	43	5:00:11	7:06	37	14:08:35	4:22:37
42	114	Nicole Vincenz	A3K Berlin	1:25:16	22:26	37	11:43	43	6:57:26	25.87	41	9:45	41	5:32:15	7:52	41	14:16:23	4:30:24
DNF	126	Marta Ivanusic	3k Sport	1:12:50	19:09	16	7:32	35	5:37:36	31.99	14	6:57	34					
DNF	109	Tabita Hansen	Team Challenge	1:13:50	19:25	19	6:05	23										
DNS	111	Ditte Lybke	Team Challenge															
DNS	103	Catherine Pratt																
DNS	104	Hanna Sellehed	Heleneholms IF Tri Team															
DNS	133	Chiin Hooi Tan	multiatleterne															

### Individual: Women 35-39 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	148	Line Foss		1:18:22	20:37	17	4:40	5	5:00:20	35.96	1	3:59	10	3:22:50	4:48	1	9:50:09	
2	151	Daniela Dihmsmaier		1:04:53	17:04	2	3:10	1	5:19:04	33.85	3	2:23	1	3:47:37	5:23	5	10:17:05	26:56
3	185	Mia Bojsen	Islev Triathlon Klub	1:13:52	19:26	11	5:29	12	5:06:46	35.21	2	4:10	12	3:54:15	5:33	9	10:24:31	34:22
4	180	Fie Kemplar	Skovshoved Triathlon Klub	1:08:38	18:03	5	6:04	16	5:25:07	33.22	6	3:57	9	3:50:01	5:27	7	10:33:46	43:37
5	152	Katarina Radik	fitness dk	1:14:13	19:31	12	5:14	9	5:27:34	32.97	8	3:16	4	3:49:00	5:25	6	10:39:16	49:07
6	172	Nermina Ritter	Martini Racing	1:05:14	17:09	3	5:19	11	5:37:14	32.03	13	2:31	2	3:54:16	5:33	10	10:44:33	54:24
7	150	Dorte Kirkeskov Carlsson	Fitness dk - TRI	1:14:59	19:38	13	5:36	13	5:29:20	32.79	10	4:17	13	3:54:12	5:32	8	10:48:04	57:55
8	170	Helle Jørgensen	Odense Triathlon Klub	1:11:31	18:54	8	4:47	6	5:24:13	33.31	5	4:47	18	4:03:31	5:46	14	10:49:06	58:57
9	186	Trine Overgaard	Fitness dk - TRI	1:20:54	21:17	20	6:40	19	5:29:22	32.79	11	4:00	11	3:54:35	5:33	11	10:55:29	1:05:20
10	162	Louise Søby	Team Challenge	1:21:08	21:20	23	10:25	34	5:48:03	31.03	16	8:11	30	3:36:40	5:08	2	11:04:25	1:14:16
11	183	Susan Kjær Jørgensen Stokholm	Frederikssund Triathlon	1:06:09	17:24	4	6:10	17	6:02:09	29.82	25	5:59	21	3:44:13	5:18	4	11:04:38	1:14:29

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Women 35-39 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
12	149	Signe Køngerskov	Langgarverne	1:27:28	23:00	32	7:31	24	5:48:23	31.00	18	5:05	19	3:38:34	5:10	3	11:07:00	1:16:51
13	166	Charlotte Wøhik	Fitness dk - TRI	1:21:30	21:26	27	4:35	3	5:24:04	33.33	4	3:14	3	4:15:17	6:02	17	11:08:38	1:18:29
14	168	Ozlem Duygu	Team Merkit	1:21:00	21:18	21	7:19	23	5:39:59	31.77	14	5:39	20	4:01:26	5:43	13	11:15:21	1:25:12
15	177	Rikke Bjerre Guldbæk	Vejle IF Triathlon	1:30:26	23:47	33	8:29	27	5:25:18	33.20	7	7:08	27	4:15:40	6:03	19	11:26:59	1:36:50
16	188	Sarah Yates	ProVO2/Wimbledon Windmilers	1:09:11	18:12	6	7:13	22	6:00:58	29.92	24	6:20	23	4:05:22	5:48	15	11:29:03	1:38:54
17	187	Pouline Wagtberg	Langgarverne	1:19:03	20:47	18	6:55	20	6:02:36	29.78	26	4:18	14	3:59:26	5:40	12	11:32:16	1:42:07
18	182	Karin Mannerstedt	Fitness dk - TRI	1:10:44	18:36	7	5:03	7	5:33:41	32.37	12	3:46	6	4:45:06	6:45	25	11:38:17	1:48:08
19	155	Maria Bybjerg	Fitness dk - TRI	1:21:00	21:18	22	5:18	10	5:56:45	30.27	20	3:55	7	4:15:38	6:03	18	11:42:34	1:52:25
20	181	Marie Hjorth	Skovshoved Triathlon Klub	1:17:28	20:22	16	10:01	33	6:03:37	29.70	27	4:45	16	4:07:10	5:51	16	11:42:59	1:52:50
21	176	Laila Vejrgang	Aalborg Triathlon Klub	1:22:35	21:43	29	6:11	18	5:27:38	32.97	9	6:03	22	4:55:42	7:00	26	11:58:06	2:07:57
22	179	Henna Piha	Oxygen Triathlon A.S.D.	1:19:43	20:58	19	5:12	8	6:08:41	29.29	29	3:55	8	4:21:55	6:12	21	11:59:25	2:09:16
23	174	Pia Bonde	Fitness dk - TRI	1:21:30	21:26	26	8:47	28	5:57:30	30.21	21	6:40	24	4:36:13	6:32	24	12:10:38	2:20:29
24	159	Sara Maritta Brasse	Team Challenge	1:15:56	19:58	15	9:54	31	6:25:57	27.98	32	7:33	28	4:21:05	6:11	20	12:20:23	2:30:14
25	157	Edda Bonde Nicolaisen	Fitness dk - TRI	1:22:36	21:44	30	6:55	21	6:07:19	29.40	28	11:22	35	4:34:57	6:30	22	12:23:08	2:32:59
26	167	Camilla Josephson	Fitness dk - TRI	1:21:28	21:26	25	8:02	26	6:16:29	28.69	31	4:46	17	4:35:21	6:31	23	12:26:04	2:35:55
27	163	Ayo Lismark	Roskilde Triathlon Klub	1:01:27	16:10	1	4:38	4	5:42:09	31.57	15	3:29	5	5:36:19	7:58	33	12:28:01	2:37:52
28	165	Sanne Hundborg	Fitness dk - TRI	1:13:48	19:25	10	5:37	14	5:57:34	30.20	22	4:41	15	5:12:18	7:24	30	12:33:55	2:43:46
29	190	Christina Vestergaard	Team Challenge	1:31:23	24:02	34	9:56	32	5:59:46	30.02	23	9:50	32	4:56:49	7:02	27	12:47:42	2:57:33
30	153	Sarah Green		1:23:22	21:56	31	9:08	30	6:34:08	27.40	33	6:45	25	4:58:09	7:03	28	13:11:31	3:21:22
31	171	Louise Bertelsen	Team Challenge	1:21:41	21:29	28	10:54	35	6:45:05	26.66	35	10:51	34	4:58:48	7:04	29	13:27:17	3:37:08
32	191	Maria Birch Nielsen	Team Challenge	1:45:15	27:41	37	8:59	29	6:14:49	28.82	30	8:37	31	5:24:53	7:41	32	13:42:31	3:52:22
33	164	Signe Bendsen	Team Challenge	1:31:26	24:03	35	7:49	25	6:42:14	26.85	34	7:04	26	5:36:36	7:58	34	14:05:07	4:14:58
34	158	Tara Tate	Celtic Tri	1:13:31	19:20	9	11:33	36	6:53:39	26.11	37	12:50	36	5:48:13	8:15	35	14:19:44	4:29:35
35	189	Anita Gari		1:47:54	28:23	38	18:34	38	6:52:02	26.21	36	9:53	33	5:13:56	7:26	31	14:22:17	4:32:08
36	184	Keren Levy	Team Challenge	1:34:26	24:51	36	13:15	37	8:12:36	21.92	38	7:43	29	5:58:58	8:30	36	16:06:57	6:16:48
DNF	161	Signe Boserup	Team Challenge	1:15:07	19:45	14	4:32	2	5:48:21	31.00	17							
DNF	173	Pia Ullum	Fitness dk - TRI	1:21:24	21:25	24	6:03	15	5:49:34	30.90	19							
DNS	178	Eliane Jung	Tempo Sport - exerscienses															
DNS	160	Jo Haley	Southampton Triathlon Club															
DNS	169	Marilena D'amone																
DNS	154	Lone Borum Stærk	Team Challenge															
DNS	156	Lotta Kellander																

### Individual: Women 40-44 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	202	Lillan Sindahl Glümer	Ninjas.dk	1:17:36	20:25	17	4:55	4	4:56:42	36.40	1	3:26	5	3:25:28	4:52	1	9:48:04	
2	215	Candice Mcdonald	Serpentine	1:02:56	16:33	1	4:00	2	5:44:14	31.37	11	3:59	8	3:27:53	4:55	2	10:23:00	34:57
3	223	Anna Araskog	SPIF Triathlon	1:14:51	19:41	13	2:50	1	5:24:54	33.24	4	3:04	2	3:49:03	5:25	5	10:34:41	46:37
4	198	Camilla Steenberg	Ganløse Tri-Center	1:10:22	18:31	4	6:02	12	5:34:55	32.25	9	4:00	9	3:41:19	5:14	3	10:36:37	48:33
5	212	Alexandra Mitschke	VfB Hallbergmoos	1:11:23	18:47	7	4:57	5	5:23:06	33.43	3	3:57	7	4:05:52	5:49	14	10:49:13	1:01:09
6	226	Malene Teller Blume	Brøndby Triathlon Club	1:15:36	19:53	14	5:34	10	5:34:23	32.30	8	3:24	4	3:51:39	5:29	6	10:50:34	1:02:30
7	228	Ulla Barkling	Fitness dk - TRI	1:22:29	21:42	25	8:29	25	5:30:03	32.72	7	6:50	25	3:42:53	5:16	4	10:50:42	1:02:38
8	225	Gitte Lyndrup	Rødebro IF Tri	1:10:59	18:40	6	5:11	8	5:29:46	32.75	6	4:00	11	4:07:55	5:52	17	10:57:49	1:09:45
9	206	Karen Ayse Salih	SK Ran	1:18:18	20:36	18	6:47	16	5:42:48	31.51	10	4:40	13	3:57:34	5:37	8	11:10:05	1:22:01
10	205	Anne Louise Gimsing	TRI4	1:11:35	18:50	8	6:52	17	5:47:33	31.08	13	5:01	18	4:03:48	5:46	12	11:14:47	1:26:43
11	211	Jayne Arnold	Celtic Tri	1:13:23	19:18	10	7:55	24	5:52:41	30.62	15	8:49	33	3:53:33	5:32	7	11:16:19	1:28:15
12	231	Annette Christensen	Brøndby Triathlon Club	1:16:46	20:11	15	6:07	13	5:53:56	30.52	17	4:52	14	4:02:10	5:44	10	11:23:49	1:35:45
13	192	Simone Boehm	Eintracht Frankfurt Triathlon	1:10:03	18:26	3	5:15	9	5:58:09	30.16	21	3:39	6	4:07:33	5:51	16	11:24:37	1:36:33
14	217	Elisabeth Horvath	ADM wango Endurance Team	1:16:51	20:13	16	4:47	3	5:54:57	30.43	19	2:34	1	4:10:58	5:56	19	11:30:05	1:42:01
15	210	Helle Haurum	Aarhus 1900 Triathlon	1:12:14	19:00	9	9:09	30	5:26:24	33.09	5	8:27	32	4:35:33	6:31	25	11:31:44	1:43:40
16	199	Vicki Hansen	Sigma Nordsjælland Triathlon klub	1:21:38	21:28	23	5:57	11	5:54:40	30.45	18	3:12	3	4:08:56	5:53	18	11:34:22	1:46:18
17	204	Rebecca Bole		1:10:38	18:35	5	8:31	26	6:10:38	29.14	24	8:23	31	4:02:58	5:45	11	11:41:07	1:53:03
18	227	Vivi Chanette Nielsen	TRI4	1:19:03	20:47	20	6:17	14	6:12:48	28.97	30	5:05	19	3:58:36	5:39	9	11:41:45	1:53:42
19	201	Anne-Marie Jacobsen	Multi Motion Assens	1:31:19	24:01	33	10:21	36	5:53:19	30.57	16	7:11	28	4:06:40	5:50	15	11:48:47	2:00:43
20	200	Heather Dennis		1:09:38	18:19	2	7:33	22	6:11:54	29.04	28	6:03	22	4:14:50	6:02	20	11:49:56	2:01:53
21	193	Lone Knudsen	Fitness dk - TRI	1:25:59	22:37	28	7:35	23	5:45:51	31.23	12	4:54	15	4:41:12	6:39	28	12:05:30	2:17:27
22	213	Charlotte Larsen	Farø Tri og Trim	1:54:39	30:10	38	9:07	29	5:58:22	30.14	22	5:01	17	4:21:05	6:11	21	12:28:13	2:40:09
23	196	Anne-Marie Ladefoged	Fitness dk - TRI	1:20:20	21:08	22	9:52	33	6:31:58	27.55	36	4:00	9	4:22:31	6:13	22	12:28:40	2:40:36
24	203	Pia Jørgensen	Islev Triathlon Klub	1:13:45	19:24	11	7:14	20	6:23:18	28.18	32	6:52	26	4:38:52	6:36	27	12:29:58	2:41:54

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Women 40-44 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
25	221	Malin Lemurell	Triathlon Väst	1:36:10	25:18	35	7:09	19	6:12:17	29.01	29	5:48	21	4:29:46	6:23	24	12:31:08	2:43:04
26	224	Susanne Schwartzbach	Team Challenge	1:36:13	25:18	36	10:02	34	6:11:27	29.08	26	9:55	35	4:25:18	6:17	23	12:32:53	2:44:49
27	218	Anja Geisler	KVIK TRI TEAM	1:23:41	22:01	26	10:06	35	6:20:04	28.42	31	8:23	30	4:38:18	6:35	26	12:40:29	2:52:25
28	230	Béatrice Walther		1:23:45	22:02	27	6:52	18	5:55:34	30.37	20	4:54	16	5:10:34	7:21	30	12:41:37	2:53:34
29	216	Susanne Hauerberg Jacobsen	Fitness dk - TRI	1:33:07	24:30	34	5:08	7	5:47:52	31.05	14	6:17	23	5:19:08	7:33	33	12:51:31	3:03:27
30	229	Charlotte Baarts	TRI4	1:29:13	23:28	30	9:44	32	7:03:41	25.49	38	6:54	27	4:05:31	5:49	13	12:55:01	3:06:57
31	197	Anu Sohlman		1:18:26	20:38	19	8:41	27	6:11:42	29.06	27	5:21	20	5:12:47	7:24	31	12:56:55	3:08:51
32	222	Tracy Earley		1:30:23	23:46	32	10:51	37	6:06:12	29.49	23	7:17	29	5:13:25	7:25	32	13:08:06	3:20:02
33	208	Lotta Karlsson		1:26:52	22:51	29	13:23	38	6:36:50	27.22	37	9:50	34	4:41:58	6:40	29	13:08:52	3:20:48
34	219	Hennie Hansen	Team Challenge	1:14:42	19:39	12	8:44	28	6:23:47	28.14	33	12:09	37	5:37:46	8:00	35	13:37:06	3:49:02
35	220	Mette Hyldahl Zimmer	Skovshoved Triathlon Klub	1:21:57	21:33	24	6:35	15	6:30:19	27.67	35	4:07	12	5:34:15	7:55	34	13:37:11	3:49:07
36	214	Emma Bradley	Leeds	1:19:52	21:00	21	9:30	31	6:10:57	29.11	25	6:20	24	5:55:01	8:24	37	13:41:38	3:53:34
37	209	Ann-Britt Nordby	Team Challenge	1:51:08	29:14	37	5:01	6	6:24:52	28.06	34	11:34	36	5:39:21	8:02	36	14:11:54	4:23:50
DNF	195	Christina Visby	Team Challenge	1:29:55	23:39	31	7:16	21	5:18:10	33.94	2							
DNS	207	Rikkekatrine Rose Larsen	Langgarverne															
DNS	194	Trine Mark	Team Challenge															

### Individual: Women 45-49 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	235	Lajla Wolff	Vejen Tri og Motion	1:10:50	18:38	4	5:16	4	5:27:02	33.03	3	3:32	4	4:05:03	5:48	3	10:51:42	
2	246	Sanne Lassen	Sigma Nordsjælland Triathlon klub	1:18:25	20:38	11	4:41	2	5:26:24	33.09	2	1:59	1	4:01:14	5:42	2	10:52:41	1:00
3	254	Sue Lüthi	Trizo Triathlonclub Zürich Oberland	1:17:11	20:18	10	7:07	9	5:29:34	32.77	4	4:30	9	4:05:48	5:49	4	11:04:08	12:27
4	240	Jona Dahlquist		1:05:36	17:15	2	3:24	1	5:42:50	31.50	8	2:08	2	4:13:46	6:00	7	11:07:43	16:02
5	241	Susanne Karsvang	KVIK TRI TEAM	1:05:13	17:09	1	9:36	19	5:44:47	31.33	9	5:32	13	4:12:25	5:58	6	11:17:29	25:48
6	259	Vibeke Knudsen	TriNord	1:14:05	19:29	7	7:42	12	5:37:41	31.98	6	3:46	6	4:19:46	6:09	10	11:22:59	31:18
7	249	Vibeke Haaning	Team Challenge	1:29:39	23:35	17	10:21	20	5:18:29	33.91	1	5:49	14	4:19:03	6:08	9	11:23:18	31:37
8	251	Therese Gunni	Skovshoved Triathlon Klub	1:12:04	18:57	5	6:10	6	5:59:53	30.01	13	3:40	5	4:08:12	5:52	5	11:29:57	38:16
9	258	Pernille Gadd	Holbæk Svømme Klub Triathlon	1:09:06	18:10	3	8:30	16	5:37:54	31.96	7	5:03	10	4:34:30	6:30	17	11:35:01	43:19
10	256	Marianne Sunddal	Køge Tri Team 2000	1:24:04	22:07	15	9:16	18	5:48:25	31.00	11	4:26	8	4:18:32	6:07	8	11:44:41	52:59
11	250	Monica Neesgaard	Sigma Nordsjælland Triathlon klub	1:23:59	22:05	14	4:43	3	5:54:49	30.44	12	2:49	3	4:29:45	6:23	15	11:56:02	1:04:21
12	237	Pia Von Gerstenberg Rosted	Sigma Nordsjælland Triathlon klub	1:36:35	25:25	22	6:44	8	5:45:37	31.25	10	5:22	12	4:23:06	6:14	13	11:57:24	1:05:42
13	247	Lene Møller	Team Challenge	1:23:50	22:03	13	7:55	13	6:05:41	29.53	14	7:14	16	4:21:44	6:12	11	12:06:22	1:14:41
14	244	Mary Kiely	Edinburgh RC	1:33:36	24:37	20	11:14	23	6:22:22	28.25	15	8:43	21	3:56:41	5:36	1	12:12:33	1:20:52
15	242	Susanne Vorup	Herlev Tri & Motion	1:21:30	21:26	12	15:27	25	6:26:19	27.96	17	8:26	19	4:22:35	6:13	12	12:34:16	1:42:34
16	239	Tina Hartley	KVIK TRI TEAM	1:30:58	23:56	19	7:57	15	6:25:00	28.05	16	7:05	15	4:28:14	6:21	14	12:39:12	1:47:31
17	232	Pia Lassen	Sjöbo Simsällskap	1:34:32	24:52	21	11:33	24	6:52:47	26.16	22	5:15	11	4:33:38	6:29	16	13:17:43	2:26:02
18	238	Trine Krogh Schönberg	Fitness dk - TRI	1:16:49	20:12	8	6:29	7	6:31:17	27.60	18	10:19	22	5:30:08	7:49	20	13:34:59	2:43:18
19	252	Jette Hommelgaard Kristensen	Multiatleterne	1:25:54	22:36	16	7:35	11	6:31:59	27.55	19	7:42	17	5:25:43	7:43	19	13:38:50	2:47:08
20	257	Anna Lechenmayer	Team Challenge	1:48:09	28:27	24	10:53	22	6:36:39	27.23	21	8:31	20	5:20:51	7:36	18	14:05:01	3:13:20
21	245	Marianne Hüche	Team Challenge	1:29:55	23:39	18	9:07	17	6:34:17	27.39	20	7:55	18	6:06:49	8:41	21	14:28:00	3:36:19
DNF	2005	Britta Jegind	TriNord	1:16:57	20:14	9	5:56	5	5:34:19	32.30	5	4:06	7					
DNF	236	Elisabeth Sortsøe Høgsberg	Team Challenge	1:13:20	19:17	6	7:17	10										
DNF	243	Marianne Schøler Nielsen	Rødekro IF Tri	1:40:55	26:33	23	7:56	14										
DNF	255	Kirsten Kold-Hansen	Bergen Triathlon Club	1:51:03	29:13	25	10:38	21										
DNS	233	Ann Nässel	KÄMPINGE TEAM SPORTIA MOB															
DNS	234	Cristina Escherich Haldan	Skovshoved Triathlon Klub															
DNS	248	Charlotte Boitumelo Ife	Hareskovens Triathlon Klub															
DNS	253	Lotte Bertram	Roskilde Triathlon Klub															

### Individual: Women 50-54 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	271	Else Grønkjær-Bloch	Multiatleterne	1:36:05	25:16	11	7:57	7	5:37:31	32.00	1	5:46	5	4:02:44	5:45	2	11:30:02	
2	260	Lone Christensen	Multiatleterne	1:20:18	21:07	8	7:31	5	6:13:23	28.93	6	6:44	7	3:50:30	5:27	1	11:38:24	8:22
3	265	Bettina Heydenreich	Fitness dk - TRI	1:14:49	19:41	4	6:27	3	5:54:34	30.46	3	5:28	4	4:24:32	6:16	5	11:45:47	15:45
4	270	Dorthe Christensen	KTK 86	1:31:16	24:00	10	8:40	9	6:10:45	29.13	5	5:03	3	4:11:29	5:57	4	12:07:11	37:10
5	269	Gail Hirsch	Fitness dk - TRI	1:17:56	20:30	6	7:48	6	5:57:36	30.20	4	7:32	8	4:41:55	6:40	8	12:12:45	42:44
6	267	Karina Søgaard	Ninjas.dk	1:07:38	17:47	3	5:35	2	6:22:22	28.25	7	2:50	1	4:38:53	6:36	7	12:17:16	47:15
7	268	An Derweduwen	LTC	1:18:15	20:35	7	9:34	10	6:26:02	27.98	8	6:00	6	4:29:15	6:22	6	12:29:04	59:03

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Women 50-54 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
8	261	Anna Street		1:14:59	19:43	5	8:39	8	6:38:42	27.09	9	9:57	11	4:52:42	6:56	9	13:04:56	1:34:55
9	263	Kirsten Ejlshov Jensen	PACT	2:01:45	32:02	12	11:16	11	6:42:52	26.81	10	9:29	10	4:04:40	5:47	3	13:10:01	1:39:59
10	264	Claire Byrne		1:24:19	22:11	9	11:53	12	7:34:33	23.76	11	7:59	9	6:14:06	8:51	10	15:32:48	4:02:46
DNF	266	Sabine Leys	TBT	1:06:12	17:25	2	6:45	4	5:39:26	31.82	2	4:59	2					
DNF	262	Kaisa I-Jakobsen	LSK-tri	1:04:56	17:05	1	4:45	1										

### Individual: Women 55-59 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	272	Una Dahl Meyer	Langgarverne	1:40:40	26:29	1	9:38	1	6:48:38	26.43	1	6:28	1	5:14:30	7:27	1	13:59:53	

### Individual: Women 60-64 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	274	Senna Madsen	Multiatleterne	1:19:59	21:02	1	10:06	1	6:29:37	27.72	2	4:53	1	4:25:06	6:16	1	12:29:40	
2	273	Irmgard Mathis		1:35:48	25:12	2	13:05	2	6:28:09	27.82	1	7:33	2	5:51:07	8:19	2	14:15:41	1:46:01

### Individual: PRO Women

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	37	Eva Wutti	Team Erdinger Alkoholfrei	52:55	13:55	2	2:24	1	4:39:58	38.58	1	1:29	2	3:00:51	4:17	1	8:37:36	
2	36	Daniela Sämmler	Team ERDINGER Alkoholfrei	53:02	13:57	3	2:28	3	4:57:42	36.28	2	1:27	1	3:08:14	4:27	3	9:02:51	25:15
3	27	Lucie Reed	Peperoncino Team	49:45	13:05	1	2:24	2	5:00:17	35.97	3	1:36	3	3:10:07	4:30	4	9:04:08	26:33
4	26	Camilla Lindholm	helenholmstriteam	1:07:29	17:45	11	2:54	7	5:03:10	35.62	4	1:48	5	3:03:43	4:21	2	9:19:02	41:27
5	29	Tamsyn Hayes	Dunedin Triathlon Club, Triathlon N	57:16	15:04	6	2:35	5	5:04:32	35.46	5	1:44	4	3:23:38	4:49	6	9:29:44	52:08
6	30	Julia Grant	Canterbury Triathlon Club	56:37	14:53	5	3:35	10	5:11:35	34.66	7	2:56	9	3:19:01	4:42	5	9:33:42	56:06
7	34	Tine Holst	Ninjas.dk	1:03:26	16:41	8	2:33	4	5:06:17	35.26	6	2:29	8	3:24:52	4:51	7	9:39:36	1:02:00
8	32	Kerstin Kiis	KTK 86	1:00:57	16:02	7	2:55	8	5:12:40	34.54	8	1:54	7	3:27:06	4:54	9	9:45:29	1:07:53
9	38	Steffi Steinberg	Team Erdinger Alkoholfrei	1:07:19	17:42	10	3:09	9	5:21:39	33.58	10	1:50	6	3:26:19	4:53	8	10:00:15	1:22:39
10	33	Lionele Baroux	vichy triathlon	1:04:00	16:50	9	5:24	11	5:26:43	33.06	11	3:39	10	3:47:48	5:23	10	10:27:32	1:49:57
DNF	25	Lisbeth Kristensen	Esbjerg Tri & Multisport	53:05	13:58	4	2:54	6	5:21:33	33.59	9							
DNS	31	Dianne Mcewan																
DNS	35	Dana Wagner	WSV 1921 Wolfenbüttel															
DNS	28	Monique Grossrieder	Ute Mückel Sebbamed Triathlon Tee															

### Individual: Men 18-24 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1288	Anders Christensen	Aalborg Triathlon Klub	58:11	15:18	4	3:36	10	4:40:11	38.55	1	2:19	4	2:59:16	4:14	1	8:43:31	
2	1306	Jonathan Lawaetz	Ninjas.dk	58:16	15:19	5	3:25	7	4:53:50	36.76	5	2:24	6	3:20:06	4:44	6	9:17:59	34:28
3	1318	Søren Rohde	Fitness dk - TRI	1:09:26	18:16	40	3:20	4	4:48:14	37.47	2	2:36	11	3:16:11	4:38	2	9:19:45	36:14
4	1307	Mads Morild Møller	RANDERS ATLETIK FREJA	1:00:45	15:59	11	4:35	23	4:53:28	36.80	4	2:12	1	3:18:56	4:42	5	9:19:54	36:23
5	1303	Casper Homilius	Aarhus 1900 Triathlon	1:01:24	16:09	13	4:28	21	4:58:11	36.22	9	2:17	3	3:27:14	4:54	9	9:33:32	50:01
6	1310	Kristian Gutte Koch	Hareskovens Triathlon Klub	1:05:10	17:08	21	3:24	6	4:58:19	36.20	10	2:22	5	3:29:05	4:57	10	9:38:18	54:48
7	1283	Nikolaj Rud Sørensen	Aarhus 1900 Triathlon	1:08:05	17:55	28	4:17	19	5:06:58	35.18	15	2:29	9	3:18:14	4:41	4	9:40:01	56:30
8	1268	Anders Zaar Jensen	Team Challenge	1:01:18	16:07	12	3:13	3	5:03:51	35.54	12	3:23	30	3:30:58	4:59	12	9:42:41	59:10
9	1300	Morten Rødgaard-Hansen	Aarhus 1900 Triathlon	59:59	15:47	9	5:19	35	5:19:45	33.78	28	2:28	8	3:17:38	4:40	3	9:45:07	1:01:36
10	1296	Jesper Svane	Odense Triathlon Klub	1:06:10	17:24	24	8:40	73	5:04:04	35.52	13	4:38	54	3:25:23	4:52	7	9:48:53	1:05:22
11	1282	Johan Durup Fritzeimer	Aarhus 1900 Triathlon	1:03:01	16:34	16	3:55	14	4:55:07	36.60	6	2:47	15	3:51:00	5:28	18	9:55:48	1:12:17
12	1311	Rasmus Krodal	Skovshoved Triathlon Klub	1:02:14	16:22	14	2:58	1	4:55:10	36.59	7	2:24	7	3:55:03	5:34	25	9:57:47	1:14:16
13	1293	Daniel Bojsen	KVIK TRI TEAM	59:02	15:32	8	3:51	13	5:12:11	34.60	22	2:59	20	3:45:13	5:20	15	10:03:14	1:19:43
14	1289	Jesper Englund Hansen	Team Challenge	1:11:06	18:42	47	4:52	27	5:15:06	34.28	24	5:06	57	3:29:53	4:58	11	10:06:00	1:22:30
15	1276	Christoffer Hagemann	Hareskovens Triathlon Klub	1:03:03	16:35	17	4:30	22	5:08:33	35.00	17	2:32	10	3:51:00	5:28	19	10:09:37	1:26:06
16	1274	Alex Abrahamsen	Fitness dk - TRI	1:10:17	18:29	42	6:20	52	4:59:05	36.11	11	3:08	24	3:51:31	5:29	20	10:10:20	1:26:49
17	1317	Fredrik Svarre Nielsen	Blovstrød Tri-athleten	1:02:53	16:32	15	5:34	39	5:11:18	34.69	21	3:17	26	3:47:38	5:23	16	10:10:38	1:27:07
18	1323	Rasmus Jersild Jensen	Svendborg Triathlonklub	1:08:14	17:57	29	4:03	17	5:07:46	35.09	16	2:39	13	3:49:55	5:26	17	10:12:35	1:29:04
19	1246	Dusan Fister	Srk Celje	1:13:16	19:16	53	5:44	46	5:33:00	32.43	40	3:15	25	3:25:38	4:52	8	10:20:52	1:37:21
20	1295	Christian Rasmussen	Team Challenge	58:48	15:28	7	4:59	28	5:08:57	34.96	18	4:32	53	4:08:02	5:52	36	10:25:16	1:41:45
21	1286	Ohad Sinai	XtriM & CCC	1:09:17	18:13	37	4:49	26	5:09:32	34.89	19	3:55	40	3:58:22	5:38	31	10:25:53	1:42:22
22	1279	Mads Niemann	TRI4	1:00:13	15:50	10	3:58	16	5:23:47	33.36	35	2:55	18	3:55:31	5:34	26	10:26:22	1:42:52
23	1299	Lau Nikolajsen	Team Challenge	1:14:32	19:36	56	7:28	61	4:57:25	36.31	8	5:41	63	4:03:27	5:46	33	10:28:33	1:45:02
24	1305	Cato Vestergaard	Team Challenge	1:10:48	18:37	45	7:40	66	5:12:23	34.57	23	2:57	19	3:56:16	5:35	27	10:30:01	1:46:30

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 18-24 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
25	1275	Anders B Jensen	Holstebro Triathlon Klub	1:21:37	21:28	72	5:37	44	5:22:44	33.46	32	2:49	16	3:42:41	5:16	14	10:35:27	1:51:56
26	1260	Anders Sebastian Næstholdt	TRI4	58:39	15:25	6	3:12	2	5:17:40	34.00	27	3:00	21	4:14:05	6:01	42	10:36:34	1:53:03
27	1263	Kenneth Nielsen	Odense Triathlon Klub	1:10:44	18:36	44	4:36	24	5:20:45	33.67	29	3:37	33	3:58:15	5:38	30	10:37:56	1:54:25
28	1319	Lasse Vig Jensen	Team Challenge	1:12:09	18:59	52	6:36	55	5:23:26	33.39	33	6:07	68	3:52:15	5:30	22	10:40:31	1:57:00
29	1262	Morten Steen Christensen	TRI4	54:03	14:13	2	5:58	49	5:04:36	35.46	14	3:54	39	4:34:10	6:29	56	10:42:40	1:59:09
30	1248	Jonas Nymark Graugaard	Odense Triathlon Klub	1:12:07	18:58	51	6:03	50	5:48:13	31.02	57	3:25	31	3:33:32	5:03	13	10:43:17	1:59:46
31	1249	Anders Aaskov-Hansen	Herlev Tri & Motion	1:04:58	17:05	20	3:31	9	5:38:38	31.89	48	2:46	14	3:53:47	5:32	24	10:43:39	2:00:09
32	1333	Bo Galsgaard	Aarhus 1900 Triathlon	1:23:10	21:53	76	4:45	25	5:25:53	33.14	36	3:53	38	3:51:42	5:29	21	10:49:21	2:05:50
33	1265	Erik Wrang Larsen	Team Challenge	1:05:11	17:09	22	9:22	77	5:34:28	32.29	42	4:46	55	3:57:49	5:38	29	10:51:35	2:08:04
34	1302	Kasper Morgan Hansen	Team Challenge	1:08:02	17:54	26	5:27	38	5:10:04	34.83	20	3:43	34	4:26:34	6:18	48	10:53:47	2:10:16
35	1270	Mads Friis	Odense Triathlon Klub	1:05:26	17:12	23	6:24	53	5:31:24	32.59	38	3:19	27	4:09:04	5:54	38	10:55:34	2:12:03
36	1239	Harald Hersted	Team Challenge	58:01	15:15	3	5:13	34	5:35:04	32.23	45	5:59	67	4:11:46	5:57	39	10:56:01	2:12:31
37	1291	Simon Henckel Harloff	Team Challenge	1:18:00	20:31	64	4:28	20	5:31:51	32.54	39	4:18	50	4:03:25	5:46	32	11:02:00	2:18:30
38	1245	Erik Langvad Guld	Ganløse Tri-Center	1:08:36	18:03	33	8:04	69	5:52:36	30.63	59	3:47	35	3:52:18	5:30	23	11:05:19	2:21:49
39	1325	Jakob Munk	Team Challenge	1:21:33	21:27	71	8:44	75	5:17:10	34.05	26	6:57	74	4:12:58	5:59	41	11:07:21	2:23:50
40	1290	Martin Mortensen	TRI4	1:09:20	18:14	38	5:03	30	5:20:55	33.65	30	4:10	46	4:28:59	6:22	52	11:08:25	2:24:55
41	1312	Rune J. Andersen	Multiatleterne	1:08:05	17:54	27	5:04	31	5:33:34	32.38	41	4:52	56	4:19:06	6:08	47	11:10:39	2:27:08
42	1284	Christian Kastenskov	Fitness dk - TRI	1:04:55	17:04	19	5:37	43	5:46:33	31.17	55	5:10	58	4:17:55	6:06	46	11:20:09	2:36:38
43	1273	Troels Kjær Aaskilde	Team Challenge	1:10:12	18:28	41	6:09	51	5:46:06	31.21	53	5:12	59	4:12:51	5:59	40	11:20:28	2:36:57
44	1298	Anders Hasselstrøm	Team Challenge	1:11:20	18:46	49	7:31	63	5:23:42	33.36	34	7:01	75	4:33:26	6:28	54	11:22:57	2:39:27
45	1301	Henrik Jul Sørensen	Esbjerg Tri & Multisport	1:16:18	20:04	60	5:25	37	5:21:00	33.65	31	2:38	12	4:39:54	6:37	62	11:25:12	2:41:42
46	1322	Thorsten H. Kjærgaard	Team Challenge	1:20:30	21:10	68	4:16	18	6:00:04	29.99	63	3:51	37	3:57:09	5:37	28	11:25:49	2:42:18
47	1259	Nikolaj Grønbeek	Hareskovens Triathlon Klub	1:09:25	18:16	39	3:22	5	5:28:18	32.90	37	3:21	28	4:42:36	6:41	63	11:27:00	2:43:29
48	1328	Samuel Hale	Team Challenge	1:06:31	17:30	25	5:35	41	5:43:50	31.41	51	4:07	45	4:28:17	6:21	51	11:28:17	2:44:46
49	1320	Iztok Fister	Srk Celje	1:08:29	18:01	32	6:43	56	5:15:55	34.19	25	3:33	32	4:54:35	6:58	70	11:29:13	2:45:42
50	1326	Anders Allesen Sørensen	Fitness dk - TRI	1:21:16	21:22	70	7:33	64	5:38:04	31.95	47	6:20	69	4:17:12	6:05	45	11:30:22	2:46:51
51	1316	Charlie Vindahl Olsen	Team Challenge	1:08:55	18:08	35	7:08	58	5:34:32	32.28	43	5:47	66	4:34:30	6:30	58	11:30:50	2:47:20
52	1244	Rasmus Nederby Michelsen	Holbæk Svømme Klub Triathlon	1:16:12	20:03	59	5:22	36	6:04:09	29.66	69	3:01	22	4:04:47	5:48	34	11:33:28	2:49:58
53	1247	Kasper Overgaard	Team Challenge	1:10:26	18:32	43	5:08	33	5:34:42	32.27	44	6:44	72	4:37:08	6:34	61	11:34:06	2:50:36
54	1240	Mikkel Høgh Hansen	Sigma Nordsjælland Triathlon klub	1:03:40	16:45	18	5:36	42	5:52:15	30.66	58	5:42	64	4:34:23	6:30	57	11:41:34	2:58:04
55	1256	Karl Altenstam	Team Challenge	1:13:56	19:27	54	11:44	83	6:00:28	29.96	64	9:25	82	4:14:42	6:02	43	11:50:13	3:06:42
56	1277	Kristian Cecil	Odense Triathlon Klub	1:17:47	20:28	63	3:57	15	5:39:56	31.77	49	3:22	29	4:46:21	6:47	65	11:51:22	3:07:51
57	1267	Morten Lund	Team Challenge	1:25:23	22:27	77	7:44	68	5:44:44	31.33	52	6:54	73	4:27:45	6:20	50	11:52:28	3:08:57
58	1308	Jarl Joachim Christiansen	KVIK TRI TEAM	1:11:12	18:44	48	5:51	47	5:57:29	30.21	62	3:03	23	4:36:02	6:32	60	11:53:35	3:10:04
59	1332	Jesper Wilhelm	Team Challenge	1:08:17	17:58	30	5:06	32	5:40:45	31.70	50	4:22	51	4:56:01	7:00	71	11:54:29	3:10:58
60	1304	Morten Krusaa	Team Challenge	1:22:35	21:43	74	13:49	85	6:10:30	29.15	74	4:17	49	4:08:24	5:53	37	11:59:33	3:16:02
61	1321	Peter Bendix Taarnhøj	Team Challenge	1:10:54	18:39	46	5:34	40	5:37:25	32.01	46	4:28	52	5:03:09	7:11	73	12:01:28	3:17:58
62	1257	Ibrahim Al-Araj	Team Challenge	1:26:01	22:38	78	8:44	74	6:14:35	28.83	76	9:23	81	4:06:48	5:50	35	12:05:28	3:21:57
63	1278	Michael Lykke	Team Challenge	1:32:10	24:15	82	6:27	54	5:46:08	31.20	54	5:43	65	4:35:37	6:31	59	12:06:03	3:22:33
64	1251	Mathias Høgh Hansen	Sigma Nordsjælland Triathlon klub									4:00	41	4:49:44	6:51	68	12:09:14	3:25:44
65	1294	Magnus Brissing	Team Challenge	1:16:24	20:06	61	11:22	82	6:06:11	29.49	70	6:35	71	4:33:41	6:29	55	12:14:12	3:30:42
66	1242	Ingolf Hersted	Team Challenge	1:09:12	18:12	36	5:01	29	5:46:45	31.15	56	4:03	44	5:09:39	7:20	76	12:14:38	3:31:08
67	1327	Mathias Kirkegaard	Herlev Tri & Motion	1:22:55	21:49	75	3:28	8	6:22:04	28.27	77	2:53	17	4:26:34	6:18	49	12:17:51	3:34:21
68	1313	Mikkel Lerche	Aalborg Triathlon Klub	1:28:26	23:16	79	7:31	62	6:10:12	29.17	73	5:13	60	4:30:10	6:24	53	12:21:29	3:37:59
69	1253	Roar Larsen	Team Challenge	1:30:38	23:50	81	6:59	57	6:25:13	28.04	78	4:16	48	4:16:29	6:04	44	12:23:33	3:40:02
70	1252	Filip Jakobsson	Team Ultra Triathlon Sweden	1:18:07	20:33	65	7:39	65	6:04:07	29.66	68	11:27	84	4:47:50	6:49	66	12:29:09	3:45:38
71	2044	Armandas Rokas	Rokaso.com	1:14:31	19:36	55	8:29	72	6:01:11	29.90	65	3:48	36	5:05:09	7:13	74	12:33:05	3:49:35
72	1329	Rasmus Carlslund	Team Challenge	1:11:31	18:49	50	5:43	45	6:07:49	29.36	72	7:22	77	5:08:41	7:18	75	12:41:03	3:57:33
73	1292	Martin Lindbæk Legaspi	Herlev Tri & Motion	1:14:46	19:40	57	12:37	84	6:01:51	29.85	66	8:08	80	5:20:04	7:35	78	12:57:23	4:13:53
74	1250	Jacob Nash	Team Challenge	1:22:34	21:43	73	7:09	59	6:31:59	27.55	80	6:26	70	4:49:20	6:51	67	12:57:26	4:13:55
75	1287	Rasmus Bolbroe	Team Challenge	1:55:23	30:21	88	15:06	89	6:02:36	29.79	67	7:34	79	4:50:11	6:52	69	13:10:47	4:27:16
76	1331	Dan Frimark	Team Challenge	2:20:47	37:02	91	8:14	71	6:11:43	29.05	75	4:00	42	4:43:59	6:43	64	13:28:42	4:45:11
77	1285	Josh Bowers	Team Challenge	1:15:27	19:51	58	14:31	87	6:43:14	26.78	81	7:27	78	5:09:41	7:20	77	13:30:17	4:46:47
78	1238	Alexander Hansen	Team Challenge	1:29:15	23:29	80	9:42	78	5:55:56	30.34	61	7:21	76	5:53:58	8:23	82	13:36:10	4:52:39
79	1281	Martin Hjorth	Hareskovens Triathlon Klub	1:16:29	20:07	62	8:10	70	5:53:42	30.54	60	5:22	61	6:14:26	8:52	84	13:38:07	4:54:36
80	1297	Andreas Fitzner	Team Challenge	1:18:29	20:39	66	5:57	48	6:26:55	27.91	79	4:12	47	5:44:56	8:10	80	13:40:27	4:56:56
82	1269	Christian Remi Wewer	Team Challenge	1:19:53	21:01	67	14:05	86	6:07:16	29.41	71	9:51	83	5:59:45	8:31	83	13:50:48	5:07:18
83	1315	Mathias Møller Kristensen	Fitness dk - TRI	1:08:49	18:06	34	10:03	79	7:00:24	25.69	82	5:35	62	5:48:20	8:15	81	14:13:10	5:29:39
84	1330	Tobias Sørig	Team Challenge	1:39:48	26:15	84	14:47	88	7:14:53	24.83	85	18:06	85	5:27:14	7:45	79	14:54:46	6:11:15

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 18-24 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
DNF	1272	Morten Madsen	Team Challenge	1:20:40	21:13	69	11:14	81	7:08:01	25.23	83	4:00	43	5:02:27	7:10	72	13:46:20	5:02:49
DNF	1324	Robert Kara&#347;		49:32	13:02	1	3:43	12	4:52:59	36.86	3	2:14	2					
DNF	1254	Thomas Thomsen		1:33:08	24:30	83	9:05	76	7:12:36	24.97	84							
DNF	1309	Thomas Christoffer Bergfors	Team Challenge	1:08:25	18:00	31	3:42	11										
DNF	1314	Robin Karlsson		1:45:23	27:43	86	7:15	60										
DNF	1261	Mikael Johnsen	RANDERS ATLETIK FREJA	1:42:19	26:55	85	10:29	80										
DNF	1271	Kasper Olsson	Team Challenge	1:45:56	27:52	87	7:43	67										
DNF	1264	Baldeep Singh	Team Challenge	2:10:27	34:19	89	15:55	90										
DNF	1255	Dennis Kristensen	Team Challenge	2:12:03	34:45	90	16:36	91										
DNS	1266	Peter Lund	Team Challenge															
DNS	1258	Anders Pedersen	Odense Triathlon Klub															
DNS	1280	Tobias Risom	Karlsunde Tri															
DNS	1241	Nicolaj Kjærulf	Team Challenge															
DNS	1243	Andreas Hedensted	Team Challenge															

### Individual: Men 25-29 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1534	Gilian Oriet	Zoot-Compressor-Switzerland	54:32	14:21	4	4:07	45	4:43:28	38.10	7	3:06	81	3:03:57	4:21	2	8:49:09	
2	2031	Rasmus Grønnebæk Nielsen	Team Triathlon Herning	58:45	15:27	18	3:00	8	4:51:20	37.07	23	2:51	60	3:01:07	4:17	1	8:57:01	7:52
3	1376	Anders Lawaetz	Ninjas.dk	58:46	15:27	19	2:55	5	4:35:52	39.15	1	1:37	1	3:20:29	4:45	13	8:59:37	10:29
4	1375	Mads Bang Jensen	Aarhus 1900 Triathlon	57:29	15:07	11	3:57	37	4:47:29	37.57	11	2:04	11	3:13:08	4:34	8	9:04:05	14:57
5	1501	Raymond Bückkösi	Budaörsi Triathlon Klub	49:35	13:02	1	3:36	23	4:49:16	37.34	14	1:42	2	3:20:52	4:45	14	9:05:00	15:51
6	1429	Jeppe Hofman	Ganløse Tri-Center	58:06	15:17	13	3:16	15	4:43:26	38.11	6	2:27	37	3:19:30	4:43	11	9:06:42	17:34
7	1470	Patrick Hansen	Odense Triathlon Klub	58:23	15:21	15	3:18	17	4:52:03	36.98	25	2:19	29	3:11:48	4:32	6	9:07:49	18:41
8	1524	Anders Eriksen	Team Challenge	1:11:56	18:55	115	3:57	38	4:51:08	37.10	21	2:09	20	3:06:05	4:24	3	9:15:14	26:06
9	1357	Jesper Eberhard	Aalborg Triathlon Klub	1:08:08	17:55	78	3:12	14	4:54:07	36.72	31	2:07	16	3:08:27	4:27	5	9:15:59	26:51
10	1385	Andreas Antonsen Damgaard	KTK 86	1:00:19	15:52	24	2:44	3	4:48:52	37.39	13	1:55	5	3:22:39	4:48	21	9:16:28	27:19
11	1422	Mads Groht	Aarhus 1900 Triathlon	1:06:28	17:29	62	5:31	104	4:38:44	38.75	2	4:16	120	3:22:13	4:47	19	9:17:10	28:02
12	1504	Enno Hoffmann-Dose	Team Challenge	56:39	14:54	6	4:44	72	4:40:58	38.44	3	2:38	47	3:33:16	5:03	37	9:18:14	29:05
13	1410	Joshua Hodge	Mansfield Institute / Sønderborg ldr	59:51	15:44	20	3:08	11	5:03:37	35.57	56	5:38	156	3:07:09	4:26	4	9:19:21	30:13
14	1463	Dennis Sjøner	Team Challenge	59:59	15:47	22	3:46	30	4:53:03	36.86	29	1:55	6	3:21:50	4:46	18	9:20:31	31:23
15	1402	Aaron Ward	Lichfield tri	1:05:18	17:11	56	6:14	131	4:46:02	37.76	10	3:11	85	3:21:11	4:46	16	9:21:55	32:47
16	1356	Rasmus Fitzner	KVIK TRI TEAM	56:02	14:44	5	4:06	43	4:52:27	36.93	26	2:09	21	3:28:53	4:56	29	9:23:36	34:28
17	1361	Kasper Borst	Skovshoved Triathlon Klub	1:03:08	16:36	35	4:28	60	4:41:37	38.35	5	2:10	22	3:33:09	5:03	36	9:24:29	35:21
18	1431	Rasmus Steinfeldt Hvarre	Odense Triathlon Klub	1:04:16	16:54	45	5:38	109	4:47:51	37.52	12	2:51	61	3:24:36	4:50	24	9:25:10	36:02
19	1515	Tobias Edin	Triathlon Väst	57:03	15:00	9	3:39	26	5:04:19	35.49	59	2:22	30	3:21:02	4:45	15	9:28:24	39:16
20	2027	Steffen Tranberg	Fitness dk - TRI	1:04:26	16:57	46	3:38	25	4:50:57	37.12	19	2:07	14	3:30:00	4:58	32	9:31:07	41:59
21	1440	Mads Fogh Rasmussen	Team Challenge	1:12:51	19:10	124	3:08	10	4:52:44	36.90	28	2:26	34	3:21:37	4:46	17	9:32:44	43:36
22	1442	Nicolaj Astrup Madsen	Team Challenge	1:03:25	16:41	39	4:04	42	5:07:48	35.09	71	2:55	65	3:15:10	4:37	9	9:33:19	44:11
23	1510	Erling Madsen	Ninjas.dk	1:13:16	19:16	137	3:57	39	4:51:16	37.08	22	3:17	87	3:22:14	4:47	20	9:33:58	44:49
24	1447	Morten Hindse	Team Challenge	1:08:11	17:56	79	5:16	95	5:05:47	35.32	64	3:23	89	3:12:21	4:33	7	9:34:55	45:47
25	1545	Claus Bæk Andrés	Vejle IF Triathlon	1:02:28	16:26	32	5:53	115	4:50:59	37.12	20	2:57	69	3:34:04	5:04	40	9:36:20	47:11
26	1490	Jens Gosebrink	Triminators TV Voerde	54:28	14:19	3	3:16	15	4:56:16	36.45	36	4:00	112	3:38:40	5:10	52	9:36:39	47:31
27	2030	Lasse Gliemann Hybholt	Team Challenge	1:04:37	17:00	49	4:22	52	4:51:45	37.02	24	2:00	9	3:34:10	5:04	41	9:36:52	47:44
28	1525	Tom Tiggeloven	NSTV TRION	56:42	14:55	7	3:35	21	5:04:27	35.48	60	2:44	55	3:29:49	4:58	31	9:37:15	48:07
29	1500	Ronni Tolsmark Sørensen	Team Challenge	1:06:20	17:27	61	4:19	51	5:00:03	36.00	44	3:01	72	3:24:53	4:51	25	9:38:35	49:26
30	1480	Mårten Larsson	Triathlon Syd	1:03:21	16:40	38	4:39	67	5:00:17	35.97	45	2:07	16	3:29:30	4:57	30	9:39:52	50:44
31	1541	Kenneth Kleissl	Fitness dk - TRI	1:08:07	17:55	76	4:00	40	4:49:22	37.32	15	2:57	68	3:35:35	5:06	43	9:39:59	50:51
32	2028	Paul Buhr	Aarhus 1900 Triathlon	1:08:15	17:57	83	3:56	35	4:41:17	38.40	4	2:33	42	3:45:23	5:20	66	9:41:23	52:15
33	1368	Bjarke N. Andreassen	Aalborg Triathlon Klub	56:54	14:58	8	2:35	1	4:50:33	37.17	16	3:26	93	3:48:03	5:24	73	9:41:29	52:21
34	1406	Timm Jeppesen	Team Challenge	1:17:53	20:29	160	4:38	66	4:53:36	36.79	30	2:38	45	3:23:14	4:48	22	9:41:57	52:49
35	1517	Christian Bech	Fitness dk - TRI	1:00:08	15:49	23	3:20	18	4:45:37	37.81	9	2:31	41	3:52:00	5:29	87	9:43:34	54:26
36	1475	Alexander Holm Viborg	Team Challenge	1:12:53	19:10	127	3:10	13	5:01:54	35.77	49	2:08	19	3:26:43	4:53	28	9:46:46	57:38
37	1355	Lars Michael Herren		1:03:34	16:43	43	7:00	148	4:52:36	36.91	27	2:06	13	3:43:20	5:17	60	9:48:35	59:27
38	1532	Kristian Henningsen	KTK 86	1:08:12	17:56	80	6:07	127	5:10:08	34.82	76	4:08	116	3:20:17	4:44	12	9:48:50	59:41
39	1505	Tobias Schelle	Kongens Tri	1:06:49	17:34	63	3:34	20	4:56:34	36.42	37	2:03	10	3:39:58	5:12	54	9:48:56	59:48
40	1486	Peter Struckmann	Multiatleterne	1:06:17	17:26	59	4:52	77	5:03:32	35.58	55	2:28	39	3:32:01	5:01	35	9:49:09	1:00:00
41	1391	Anders Heitmann Larsen	Silkeborg Motion/Tri-Klub	1:10:48	18:37	106	3:46	29	5:01:13	35.85	48	3:03	77	3:30:33	4:59	34	9:49:21	1:00:12
42	1472	Thomas Lykke Sørensen	Aarhus 1900 Triathlon	1:07:44	17:49	70	2:56	6	5:04:35	35.46	61	2:33	43	3:33:27	5:03	39	9:51:14	1:02:05

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 25-29 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
43	1533	Sebastian Böcher	Team Challenge	1:11:00	18:40	108	5:15	94	4:56:09	36.47	35	2:26	35	3:36:27	5:07	45	9:51:15	1:02:07
44	1528	Mike Andersen	Aalborg Triathlon Klub	1:08:08	17:55	77	3:50	32	5:11:47	34.64	80	2:00	8	3:26:02	4:52	26	9:51:44	1:02:36
45	1388	Dennis Matzen	TRI4	1:01:07	16:04	27	2:50	4	5:06:06	35.28	65	1:52	4	3:40:28	5:13	55	9:52:22	1:03:14
46	1339	Carl Sander	IK NocOut.se	1:03:27	16:41	40	2:41	2	4:58:54	36.13	39	2:18	28	3:45:23	5:20	65	9:52:40	1:03:32
47	1373	Lars Dupont Lomholt	Haderslev TRI 2000	1:07:05	17:39	66	5:34	106	5:18:46	33.88	98	3:18	88	3:18:39	4:42	10	9:53:20	1:04:12
48	1408	Jakob Hirsch	Fitness dk - TRI	1:08:42	18:04	88	4:32	63	4:44:34	37.95	8	3:40	102	3:51:56	5:29	86	9:53:22	1:04:13
49	1452	Patrick Wärme	Sigma Nordsjælland Triathlon klub	1:04:46	17:02	51	5:28	101	5:04:19	35.49	58	2:45	57	3:36:36	5:07	46	9:53:52	1:04:44
50	1450	Michael Gudmundsson	Odense Triathlon Klub	1:00:22	15:52	25	4:37	65	4:57:55	36.25	38	6:05	163	3:46:29	5:22	69	9:55:26	1:06:18
51	1502	Sune Guldbrand Hansen	Vejle IF Triathlon	1:17:04	20:16	154	4:07	44	5:02:19	35.73	52	2:07	18	3:30:16	4:58	33	9:55:52	1:06:43
52	1468	Jacob Roth	Team Challenge	1:01:54	16:17	29	4:24	56	4:54:58	36.62	32	3:03	78	3:53:56	5:32	95	9:58:13	1:09:04
53	1455	Axel Sjøstedt	Stockholm City Triathlon	1:07:19	17:42	68	4:09	47	5:11:18	34.69	78	2:48	59	3:33:27	5:03	38	9:58:59	1:09:51
54	2029	Jacob Erdmann	Aarhus 1900 Triathlon	1:03:15	16:38	37	5:05	86	5:12:39	34.54	83	2:23	32	3:36:04	5:07	44	9:59:24	1:10:16
55	1495	Tobias Arvidsson		1:07:08	17:39	67	3:42	28	5:02:04	35.75	50	2:10	22	3:47:14	5:23	72	10:02:15	1:13:07
56	1395	Anders Dalsgaard Bonnerup	Aalborg Triathlon Klub	1:02:01	16:19	30	6:16	132	5:06:58	35.18	70	3:51	107	3:44:40	5:19	63	10:03:44	1:14:36
57	1479	Kasper Fuhrmann	Aarhus 1900 Triathlon	1:03:32	16:43	41	3:48	31	4:55:31	36.55	34	5:12	144	3:56:22	5:36	101	10:04:23	1:15:15
58	1341	Mathias Kristensen	Team Challenge	58:08	15:17	14	4:46	74	5:31:33	32.58	130	4:49	132	3:26:12	4:53	27	10:05:26	1:16:18
59	1497	Jannik Lawaetz	Team Challenge	1:05:10	17:08	55	7:39	170	5:24:35	33.27	114	5:57	162	3:23:33	4:49	23	10:06:52	1:17:44
60	1400	Mads Funder	Team Challenge	1:02:59	16:34	34	5:57	119	4:59:35	36.05	42	2:26	36	3:56:17	5:35	100	10:07:13	1:18:05
61	1513	Christian Schønau	Fitness dk - TRI	1:08:04	17:54	75	6:11	129	4:59:29	36.06	41	3:30	95	3:50:24	5:27	79	10:07:36	1:18:28
62	1509	Peter Tue Christensen	HG Atletik, Triathlon og Motion	1:10:27	18:32	101	6:37	136	4:50:38	37.16	17	3:56	110	3:56:15	5:35	99	10:07:50	1:18:42
63	1516	Martin W. Ø. Larsen	Fitness dk - TRI	1:08:55	18:08	91	5:01	82	5:06:08	35.28	66	2:29	40	3:46:43	5:22	70	10:09:14	1:20:05
64	1379	Nich Svensson	Team Challenge	1:05:02	17:06	54	4:27	59	4:55:26	36.56	33	2:18	27	4:05:49	5:49	123	10:13:00	1:23:51
65	1340	Jason Greve Holbech	Team Challenge	1:10:30	18:33	102	6:40	138	5:00:32	35.94	46	2:55	67	3:53:53	5:32	94	10:14:29	1:25:20
66	1369	Rasmus Hald	Silkeborg Motion/Tri-Klub	1:10:05	18:26	95	4:25	58	5:06:32	35.23	67	2:22	31	3:51:15	5:28	83	10:14:37	1:25:29
67	1496	Jimmy Jespersen	Holbæk Svømme Klub Triathlon	1:06:17	17:26	58	4:31	61	5:04:48	35.43	62	2:17	26	3:56:58	5:36	102	10:14:50	1:25:42
68	1462	Casper Bach Munkholm	Aalborg Triathlon Klub	1:13:01	19:12	129	5:14	92	5:02:14	35.74	51	3:02	75	3:51:47	5:29	85	10:15:17	1:26:09
69	1537	Steffen Jakobsen	Multiatleterne	1:15:58	19:59	147	4:41	68	5:10:26	34.79	77	3:10	84	3:42:47	5:16	57	10:17:00	1:27:52
70	1384	Anders Damm	Aarhus 1900 Triathlon	1:10:25	18:31	100	6:42	140	5:11:24	34.68	79	2:48	58	3:46:46	5:22	71	10:18:02	1:28:53
71	1539	Frank Roozendaal	Nederlandse Triathlon Bond	1:12:44	19:08	120	5:36	108	5:05:25	35.36	63	3:03	76	3:52:10	5:30	88	10:18:56	1:29:48
72	1347	Nick Niebling	Islev Triathlon Klub	49:40	13:04	2	4:24	55	5:09:38	34.88	75	2:55	66	4:12:29	5:58	141	10:19:05	1:29:57
73	1543	Mikkel Skov-Jensen	Team Challenge	1:01:03	16:03	26	8:28	178	5:22:54	33.45	110	9:29	202	3:38:12	5:10	49	10:20:04	1:30:56
74	1456	Jussi Vänskä		1:12:58	19:11	128	3:27	19	5:18:39	33.89	97	4:03	114	3:41:01	5:14	56	10:20:06	1:30:58
75	1336	Nico North Larsen	Kolding Triathlon Klub	1:06:59	17:37	65	4:24	57	5:20:07	33.74	102	3:04	79	3:45:46	5:20	67	10:20:19	1:31:11
76	1461	Simon Immersen Jensen	Aarhus 1900 Triathlon	1:09:06	18:10	93	4:23	54	5:06:56	35.19	69	1:46	3	4:00:03	5:41	111	10:22:14	1:33:05
77	1434	Simon Mark Aagaard	Team Challenge	1:04:41	17:01	50	4:47	75	5:17:13	34.05	95	2:04	12	3:53:38	5:32	93	10:22:21	1:33:12
78	1471	Martin Spliid	Fitness dk - TRI	1:06:06	17:23	57	4:41	69	5:19:34	33.80	100	2:38	46	3:49:39	5:26	77	10:22:36	1:33:27
79	1469	Heiner Schümann		1:08:23	17:59	85	6:52	146	5:15:10	34.27	89	3:31	97	3:48:49	5:25	76	10:22:43	1:33:35
80	2026	Mikkel Højborg Olsen	Team Challenge	1:16:40	20:10	152	3:04	9	5:14:17	34.36	87	2:13	25	3:48:27	5:24	75	10:24:40	1:35:32
81	1488	Mark Tranto	TriNord	1:18:33	20:40	163	4:19	50	5:00:01	36.00	43	2:52	62	4:01:39	5:43	117	10:27:22	1:38:14
82	1337	Steffen Wiese Meagaard	Fitness dk - TRI	1:19:41	20:57	165	5:40	110	5:24:43	33.26	116	3:39	101	3:34:51	5:05	42	10:28:32	1:39:23
83	1370	Adam Sigbrand	Team Challenge	1:12:51	19:10	123	8:25	177	5:23:26	33.39	111	5:21	148	3:38:45	5:11	53	10:28:46	1:39:38
84	1363	Kenneth Willemoes	Team Challenge	1:11:13	18:44	109	5:33	105	5:06:51	35.20	68	3:46	105	4:02:12	5:44	118	10:29:33	1:40:25
85	1405	Nikolaj Rasmussen	Team Challenge	1:08:50	18:06	90	6:41	139	5:04:13	35.50	57	4:21	122	4:05:47	5:49	122	10:29:50	1:40:42
86	1352	Jimmi Carlsen	Team Challenge	1:13:13	19:15	136	6:52	145	5:24:10	33.32	113	2:07	15	3:44:20	5:18	62	10:30:40	1:41:32
87	1358	Jess Laursen	Team Challenge	1:11:27	18:48	112	5:14	93	5:20:01	33.75	101	3:01	73	3:51:09	5:28	82	10:30:51	1:41:43
88	1381	Philip Danhøj Larsen	Team Challenge	1:08:37	18:03	86	6:00	121	5:12:32	34.56	81	3:04	80	4:01:28	5:43	116	10:31:39	1:42:31
89	1482	Jack Streit	Herlev Tri & Motion	1:03:37	16:44	44	2:59	7	5:02:38	35.69	53	2:40	49	4:20:22	6:10	153	10:32:14	1:43:05
90	1387	Nicklas Andersen	Langgarverne	1:13:29	19:20	138	6:01	123	5:25:23	33.19	119	2:41	52	3:45:05	5:20	64	10:32:38	1:43:30
91	1484	Ville Sahimaa		1:10:41	18:35	105	3:36	24	5:30:07	32.72	126	2:25	33	3:46:06	5:21	68	10:32:53	1:43:45
92	1396	Kasper Bay	KTK 86	1:13:03	19:13	130	3:50	33	5:13:30	34.45	84	2:52	63	3:59:47	5:40	110	10:33:00	1:43:52
93	1498	Adam Sernheim	IK Hakarpspojarna	1:24:53	22:20	185	4:32	62	5:21:17	33.62	104	4:13	119	3:38:21	5:10	50	10:33:14	1:44:06
94	1544	Jesper Østergård Hansen	Fitness dk - TRI	1:14:58	19:43	145	5:07	88	5:20:30	33.70	103	3:33	99	3:51:15	5:28	84	10:35:21	1:46:13
95	1348	Kasper Biel	Team Challenge	1:26:51	22:51	189	5:28	102	5:09:00	34.95	73	3:24	91	3:50:49	5:28	81	10:35:30	1:46:21
96	1366	Michael Knudsen	Team Challenge	1:20:55	21:17	169	5:01	83	5:08:53	34.97	72	3:16	86	3:57:28	5:37	106	10:35:31	1:46:23
97	1460	Thor Schnetler	Team Challenge	1:04:30	16:58	47	7:01	149	5:34:46	32.26	138	6:26	169	3:43:09	5:17	59	10:35:50	1:46:42
98	1418	Anders Aagaard Larsen	Fitness dk - TRI	1:17:21	20:21	157	9:43	189	5:22:40	33.47	107	5:09	142	3:43:00	5:17	58	10:37:52	1:48:44
99	1499	Jarno Piik		1:24:33	22:14	182	5:53	117	5:14:40	34.32	88	3:01	70	3:50:04	5:27	78	10:38:09	1:49:01
100	1483	Mikkel Køster	Team Challenge	58:01	15:16	12	4:23	53	5:00:39	35.92	47	3:02	74	4:34:46	6:30	171	10:40:49	1:51:41
101	1392	Alexey Tcvetaev		1:17:15	20:19	155	4:35	64	5:16:56	34.08	93	8:54	196	3:53:16	5:31	90	10:40:55	1:51:47



# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 25-29 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
102	1424	Anders Corfitz	Team Challenge	1:13:12	19:15	134	4:44	71	5:22:18	33.51	105	3:01	71	3:57:56	5:38	107	10:41:09	1:52:00
103	1413	Danny Reyes Rasmussen	Fitness dk - TRI	1:14:57	19:43	144	5:43	112	5:41:13	31.65	149	3:23	89	3:37:12	5:08	48	10:42:26	1:53:18
104	1465	Martin Thostrup	Skovshoved Triathlon Klub	1:12:52	19:10	125	5:01	83	5:35:02	32.24	139	5:56	161	3:43:49	5:18	61	10:42:39	1:53:30
105	1478	Carl Thomaeus		1:03:33	16:43	42	7:35	166	5:35:07	32.23	140	5:08	141	3:53:20	5:31	91	10:44:41	1:55:33
106	1512	Hans-Henrik Hertz	Team Challenge	1:06:19	17:27	60	5:24	99	5:22:49	33.46	109	1:57	7	4:08:38	5:53	132	10:45:06	1:55:58
107	1453	Mathias Holmelund	Fitness dk - TRI	1:10:59	18:40	107	5:42	111	5:15:50	34.20	90	5:19	147	4:08:10	5:52	131	10:45:58	1:56:50
108	1338	Jesper Lund	Team Challenge	1:16:49	20:12	153	3:56	34	5:09:23	34.91	74	5:07	140	4:11:31	5:57	140	10:46:44	1:57:36
109	1412	Simon Mæng Bonde	Team Challenge	1:13:32	19:20	139	6:39	137	5:36:19	32.11	141	2:38	48	3:48:15	5:24	74	10:47:21	1:58:12
110	1403	Frederik Holmgaard	Team Challenge	1:11:33	18:49	113	6:25	133	4:59:00	36.12	40	6:27	170	4:24:12	6:15	159	10:47:35	1:58:27
111	1511	Niels Christian Larsen	Aarhus 1900 Triathlon	1:02:29	16:26	33	4:44	70	5:29:42	32.76	123	3:30	95	4:07:36	5:52	129	10:47:58	1:58:50
112	1380	Andreas Stolt Svantesson	Fitness dk - TRI	1:08:03	17:54	73	3:09	12	5:17:13	34.05	94	2:27	38	4:17:20	6:05	149	10:48:11	1:59:02
113	1530	Kristian Duvald Friis	Fitness dk - TRI	1:13:12	19:15	133	6:48	143	5:13:38	34.44	85	4:33	127	4:10:09	5:55	136	10:48:18	1:59:09
114	1367	Marcel Reissner	Tristyle.at	1:13:13	19:15	135	5:08	90	5:15:59	34.18	91	4:24	123	4:09:43	5:55	135	10:48:25	1:59:17
115	1364	Frederik Thye Hansen	Fitness dk - TRI	1:16:19	20:04	150	3:39	27	5:26:12	33.11	120	4:12	117	3:59:14	5:40	109	10:49:33	2:00:25
116	1503	Kasper Matthiessen	Aarhus 1900 Triathlon	1:10:39	18:35	104	4:49	76	5:12:36	34.55	82	2:40	50	4:19:32	6:08	152	10:50:14	2:01:06
117	1492	Dennis Skouw Jensen	Team Challenge	1:12:02	18:57	116	5:57	120	5:19:29	33.81	99	4:57	135	4:11:17	5:57	139	10:53:41	2:04:33
118	1365	Andreas Hjort	Team Challenge	1:15:37	19:53	146	5:22	98	5:24:40	33.27	115	4:49	131	4:03:16	5:45	120	10:53:42	2:04:34
119	1360	Thomas Posborg Nielsen	Team Challenge	1:22:45	21:46	178	5:21	97	5:31:19	32.60	129	2:44	56	3:52:49	5:30	89	10:54:55	2:05:47
120	1448	Jonas Kragh	KTK 86	1:08:04	17:54	74	4:55	79	5:31:07	32.62	128	4:39	129	4:06:38	5:50	126	10:55:21	2:06:13
121	1343	Martin Bissenbacker Hansen	Fitness dk - TRI	1:08:19	17:58	84	5:07	89	5:33:56	32.34	136	2:52	64	4:07:38	5:52	130	10:57:51	2:08:43
122	1506	Søren Møller Petersen	Fitness dk - TRI	1:35:48	25:12	203	6:10	128	5:16:19	34.14	92	4:53	134	3:54:59	5:34	96	10:58:08	2:08:59
123	1458	Jussi Pesola		1:10:32	18:33	103	4:07	46	5:37:08	32.04	143	5:36	155	4:01:19	5:43	113	10:58:40	2:09:31
124	1435	Jonas Gerner-Rasmussen	Fitness dk - TRI	1:10:18	18:29	99	6:06	126	5:25:02	33.23	117	3:56	111	4:13:47	6:00	144	10:59:07	2:09:59
125	1508	Michael Wolthers Nielsen	Fitness dk - TRI	1:04:49	17:03	52	6:55	147	5:24:05	33.33	112	4:28	124	4:18:55	6:08	151	10:59:10	2:10:02
126	1416	Søren Neergaard	Team Challenge	1:12:52	19:10	126	12:32	206	5:25:14	33.21	118	6:09	164	4:03:01	5:45	119	10:59:46	2:10:38
127	1529	Simon Trier	Team Challenge	1:13:10	19:15	131	9:16	186	5:34:11	32.32	137	4:01	113	3:59:11	5:40	108	10:59:47	2:10:39
128	1354	Joel Chiigenbach Lund	TRI4	1:10:16	18:29	98	6:47	142	5:39:13	31.84	148	8:39	193	3:55:14	5:34	98	11:00:06	2:10:58
129	1467	Martin Bayer	Team Challenge	1:40:15	26:22	207	7:16	156	5:30:38	32.66	127	7:14	181	3:36:49	5:08	47	11:02:10	2:13:02
130	1487	Lars Hartmann	Fitness dk - TRI	1:13:11	19:15	132	5:53	116	5:27:47	32.95	122	3:32	98	4:12:35	5:59	142	11:02:57	2:13:48
131	1457	Jakob Winther Thomsen	Odense Triathlon Klub	1:08:01	17:53	72	5:26	100	5:30:00	32.73	124	3:37	100	4:15:57	6:03	148	11:02:58	2:13:50
132	1438	Sami Tuomi		1:12:28	19:04	117	3:56	36	5:33:35	32.38	135	2:43	53	4:10:36	5:56	138	11:03:17	2:14:09
133	1399	Nichlas Andersen	Team Challenge	1:11:21	18:46	111	4:46	73	5:51:21	30.74	161	2:44	54	3:55:08	5:34	97	11:05:18	2:16:09
134	1522	Anders Tinggaard	Hareskovens Triathlon Klub	1:12:35	19:06	118	5:20	96	5:30:03	32.72	125	3:46	104	4:13:41	6:00	143	11:05:24	2:16:16
135	1383	Lauri Raivio		1:27:36	23:03	191	7:35	165	5:37:31	32.00	144	7:05	178	3:50:32	5:27	80	11:10:17	2:21:09
136	1464	Rob Haigh	East Essex Triathlon Club	1:08:40	18:04	87	5:07	87	5:45:14	31.28	152	2:13	24	4:09:06	5:54	133	11:10:18	2:21:09
137	1382	Micki Dines Jensen	Aalborg Triathlon Klub	1:18:37	20:41	164	4:11	49	5:38:26	31.91	146	3:08	83	4:06:11	5:50	124	11:10:30	2:21:22
138	1411	Mikkel Kaas Pedersen	Team Challenge	1:08:56	18:08	92	7:07	153	5:48:49	30.96	154	4:57	135	4:01:20	5:43	114	11:11:07	2:21:58
139	1345	Alexander Koks Andreassen	Team Challenge	1:08:15	17:57	82	9:13	185	5:47:09	31.11	153	7:07	180	4:00:13	5:41	112	11:11:55	2:22:46
140	1441	Rasmus Næbberød	Team Challenge	1:24:54	22:20	186	7:19	157	5:02:39	35.69	54	4:07	115	4:33:32	6:28	170	11:12:28	2:23:20
141	1417	Jacob Quist Boll	Team Challenge	1:07:57	17:52	71	9:41	188	5:38:45	31.88	147	3:25	92	4:13:57	6:01	145	11:13:44	2:24:36
142	1437	Jonas Modig Hesselholdt	Team Challenge	1:12:47	19:09	122	10:44	195	5:45:03	31.30	151	8:22	191	3:57:14	5:37	105	11:14:08	2:24:59
143	1427	Jonas Johansen	KTK 86	1:08:44	18:05	89	5:30	103	5:18:22	33.92	96	4:18	121	4:42:56	6:42	176	11:19:48	2:30:40
144	1394	Dennis Lind-Bruhn	Aarhus 1900 Triathlon	1:12:36	19:06	119	7:33	162	5:32:57	32.44	134	3:43	103	4:23:18	6:14	156	11:20:05	2:30:57
145	1346	Jesper Gertsen	Odense Triathlon Klub	1:21:05	21:20	171	4:09	48	5:50:42	30.80	160	2:34	44	4:04:00	5:46	121	11:22:28	2:33:20
146	1362	Dan Poulsen	Team Challenge	1:36:34	25:24	205	7:01	150	5:27:15	33.00	121	5:17	145	4:06:26	5:50	125	11:22:31	2:33:23
147	1518	Hardeep Rehal	Fitness dk - TRI	1:33:39	24:38	201	11:00	197	5:32:40	32.47	132	6:59	175	4:01:28	5:43	115	11:25:44	2:36:35
148	1449	Nikolaj Blicher Madsen	Odense Triathlon Klub	1:34:22	24:49	202	7:20	158	6:03:40	29.70	182	4:13	118	3:38:36	5:10	51	11:28:09	2:39:00
149	1520	Michael Lohmann Rasmussen	Odense Triathlon Klub	1:16:32	20:08	151	5:51	113	5:22:46	33.46	108	5:23	150	4:37:55	6:35	173	11:28:25	2:39:17
150	1451	Kristian Tømmerholt	Team Challenge	1:17:38	20:25	159	5:54	118	5:50:06	30.85	157	5:35	154	4:10:19	5:55	137	11:29:30	2:40:21
151	1353	Stefan Skogbrott	Asker Tri	1:03:11	16:37	36	5:34	107	5:50:37	30.80	159	5:17	146	4:28:36	6:21	165	11:33:13	2:44:05
152	1349	Asser Nielsen	Team Challenge	1:01:14	16:06	28	8:58	181	6:10:33	29.15	188	4:37	128	4:09:32	5:54	134	11:34:52	2:45:44
153	1514	Brian Thomassen	TRI4	1:13:32	19:21	140	7:47	171	6:08:55	29.28	186	5:46	158	4:07:26	5:51	128	11:43:25	2:54:17
154	1494	Jens Thomsen	Aarhus 1900 Triathlon	1:17:35	20:24	158	7:08	154	6:06:25	29.48	185	5:54	160	4:06:45	5:50	127	11:43:46	2:54:37
155	1542	Fredrik Bengtsson		1:07:25	17:44	69	6:01	124	5:57:44	30.19	174	6:11	165	4:27:44	6:20	164	11:45:03	2:55:55
156	1414	Martin Kongsbak	Team Challenge	1:28:37	23:19	198	7:36	167	5:38:05	31.95	145	4:31	125	4:27:36	6:20	163	11:46:24	2:57:16
157	1481	Bjarke Skov Hansen	Team Challenge	1:27:03	22:54	190	13:51	209	6:04:36	29.62	184	5:01	139	3:57:07	5:37	104	11:47:37	2:58:29
158	1350	Jonas Pouel Bertram Larsen	Slagelse, Korsør & Skælskør Triatf	1:08:14	17:57	81	13:00	207	6:22:26	28.24	197	10:12	204	3:57:00	5:36	103	11:50:51	3:01:43
159	1430	Jesper Højgaard Eriksen	Team Challenge	1:18:27	20:38	162	10:56	196	5:53:39	30.54	166	8:57	197	4:24:10	6:15	158	11:56:07	3:06:59
160	1342	Mark Knudsen	Odense Triathlon Klub	1:28:33	23:17	196	4:54	78	5:49:03	30.94	155	2:41	51	4:31:26	6:25	167	11:56:35	3:07:26

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 25-29 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
161	1538	Søren Madsen	Team Challenge	1:14:56	19:43	143	10:11	192	5:54:02	30.51	167	7:51	187	4:30:19	6:24	166	11:57:18	3:08:09
162	1415	Nicolas Mouritzen	Fitness dk - TRI	1:25:55	22:36	188	7:37	169	5:55:42	30.36	172	6:15	167	4:22:29	6:13	155	11:57:57	3:08:49
163	1446	Rasmus Bøggild-Povlsen	Team Challenge	1:16:13	20:03	149	5:03	85	5:53:21	30.57	165	4:33	126	4:39:32	6:37	174	11:58:40	3:09:32
164	1536	Eoin Sheehan	nenagh triathlon club	1:09:13	18:12	94	8:02	172	5:36:25	32.10	142	7:06	179	4:58:01	7:03	183	11:58:46	3:09:37
165	1443	Piet Philip Christiansen	Team Challenge	1:13:58	19:27	142	6:46	141	5:41:27	31.63	150	4:44	130	4:52:07	6:55	179	11:59:01	3:09:52
166	1432	Tobias Hartvig	Team Challenge	1:21:26	21:25	173	6:14	130	6:02:54	29.76	180	6:50	174	4:22:03	6:12	154	11:59:26	3:10:18
167	1546	Michael Bille	Aalborg Triathlon Klub	1:11:18	18:45	110	5:01	81	5:52:16	30.66	163	3:06	82	4:48:22	6:49	178	12:00:01	3:10:53
168	1335	Lasse Sørensen	Team Challenge	1:13:45	19:24	141	8:39	179	5:22:37	33.48	106	6:48	173	5:09:40	7:20	190	12:01:27	3:12:19
169	1477	Damon Hesford		1:22:38	21:44	176	5:12	91	5:54:52	30.43	170	3:28	94	4:35:25	6:31	172	12:01:33	3:12:25
170	1421	Mikkel Copeland Møller Pedersen	Team Challenge	1:17:17	20:20	156	5:01	80	6:39:43	27.02	205	7:58	189	3:53:35	5:32	92	12:03:32	3:14:24
171	1535	Jon Petersen Kærsgaard	Atletica Tri Horsens	59:55	15:45	21	5:52	114	5:54:17	30.48	168	3:47	106	5:01:30	7:08	184	12:05:19	3:16:11
172	1420	Henrik Larm	338 Småland	1:20:16	21:07	167	7:22	159	5:32:57	32.44	133	4:51	133	5:03:08	7:10	185	12:08:31	3:19:23
173	1377	Mads Noermark Andersen	Aalborg Triathlon Klub	1:25:16	22:26	187	7:31	161	6:13:50	28.89	193	5:33	153	4:17:52	6:06	150	12:10:01	3:20:52
174	1474	Rasmus Hansen	BMC	1:28:34	23:18	197	9:07	182	6:01:11	29.90	176	7:05	177	4:26:24	6:18	162	12:12:19	3:23:11
175	1485	Nicolaas Nijman	TriClub Doha	1:11:46	18:53	114	7:25	160	5:31:44	32.56	131	7:31	183	5:14:34	7:27	193	12:12:58	3:23:50
176	1527	Jan Ohrt Nissen	Vejle IF Triathlon	1:20:15	21:06	166	8:08	174	6:11:26	29.08	192	8:59	198	4:24:48	6:16	160	12:13:35	3:24:26
177	1473	Jon Nothlev	Team Challenge	1:27:43	23:04	193	7:35	164	6:00:57	29.92	175	6:25	168	4:31:29	6:25	168	12:14:06	3:24:58
178	2025	Johan Peen	Team Challenge	57:05	15:01	10	7:04	151	6:09:33	29.23	187	5:53	159	4:54:40	6:58	181	12:14:12	3:25:04
179	1409	Nick Anker Schøler	Team Challenge	1:42:33	26:59	208	9:11	184	5:50:36	30.80	158	6:14	166	4:25:53	6:18	161	12:14:26	3:25:18
180	1521	Neil Whittle		1:04:35	16:59	48	7:34	163	6:04:21	29.64	183	3:54	108	4:54:36	6:58	180	12:14:58	3:25:50
181	1397	Andreas Rieckmann	Team Challenge	1:10:13	18:28	97	8:21	175	6:29:47	27.71	204	5:22	149	4:23:58	6:15	157	12:17:40	3:28:31
182	1433	Jesper Ruben	Team Challenge	1:16:11	20:02	148	9:18	187	6:28:58	27.77	203	9:01	200	4:14:14	6:01	147	12:17:40	3:28:32
183	1386	Anders Andersen	LSK-tri	58:40	15:26	17	6:01	122	5:56:39	30.28	173	7:21	182	5:12:40	7:24	191	12:21:19	3:32:10
184	1398	Kristian Staggemeier Bang	Team Challenge	1:27:42	23:04	192	7:36	168	6:27:08	27.90	199	7:03	176	4:14:07	6:01	146	12:23:35	3:34:27
185	1334	Thomas Holm Jensen	Team Challenge	1:23:52	22:04	181	9:10	183	6:02:10	29.82	179	9:26	201	4:41:21	6:40	175	12:25:56	3:36:48
186	1371	Rune Bjørnlund Madsen	Copenhagen Mermates	1:02:26	16:25	31	4:00	41	5:13:57	34.40	86	11:45	207	5:54:26	8:23	201	12:26:32	3:37:24
187	1419	Jannik Lerche Rasmussen	Team Challenge	1:06:53	17:36	64	13:46	208	6:27:45	27.85	201	7:48	185	4:32:40	6:27	169	12:28:50	3:39:42
188	1426	Niels Mose Bundgaard	Team Challenge	1:21:39	21:29	174	8:08	173	6:11:04	29.11	191	3:56	109	4:55:26	7:00	182	12:40:12	3:51:04
189	1531	Anders Klose Dahlfelt	Fitness dk - TRI	1:21:19	21:23	172	12:21	204	5:51:32	30.72	162	6:35	171	5:14:12	7:26	192	12:45:56	3:56:48
190	1489	Ulrik Winther Jørgensen	Fitness dk - TRI	1:12:47	19:09	121	7:11	155	5:54:51	30.44	169	8:02	190	5:23:55	7:40	195	12:46:44	3:57:36
191	1540	Sirwan K. Salih	Fitness dk - TRI	1:28:57	23:24	199	10:30	193	6:10:59	29.11	190	10:28	205	4:47:43	6:49	177	12:48:36	3:59:28
192	1393	Peter Rosengreen	Team Challenge	1:04:53	17:04	53	8:44	180	5:52:55	30.60	164	5:39	157	5:41:49	8:05	198	12:53:58	4:04:50
193	1466	Claus Vogelius	Fitness dk - TRI	1:22:10	21:37	175	8:21	176	6:02:01	29.83	178	8:34	192	5:17:01	7:30	194	12:58:05	4:08:57
194	1390	Martin Kuntkes	Fitness dk - TRI	1:10:08	18:27	96	11:42	202	6:21:06	28.34	196	9:01	199	5:06:45	7:16	187	12:58:40	4:09:31
195	1445	Scott Leah		1:22:42	21:45	177	7:06	152	6:28:35	27.79	202	5:31	152	5:09:06	7:19	188	13:12:58	4:23:50
196	1507	David Byeke		1:33:23	24:34	200	6:05	125	6:03:36	29.70	181	5:29	151	5:34:22	7:55	197	13:22:51	4:33:43
197	1378	Jeppé Lange	Team Challenge	1:28:11	23:12	194	11:06	199	5:55:26	30.39	171	6:41	172	5:48:34	8:15	200	13:29:56	4:40:48
198	1523	Jim Sig Poulsen	Team Challenge	1:47:16	28:13	209	11:50	203	6:14:48	28.82	194	7:56	188	5:09:32	7:20	189	13:31:20	4:42:12
199	1374	Michael Møller-Christensen	Fitness dk - TRI	1:28:17	23:13	195	11:34	200	6:41:58	26.87	206	9:42	203	5:04:03	7:12	186	13:35:32	4:46:24
200	1404	Christoffer Karlsson		1:39:43	26:14	206	6:50	144	6:20:24	28.39	195	5:10	143	5:29:03	7:47	196	13:41:09	4:52:01
201	1436	Kenni Birk Andreassen	Team Challenge	1:36:10	25:18	204	11:39	201	6:10:47	29.13	189	7:49	186	5:46:21	8:12	199	13:52:44	5:03:36
202	1491	Steffen Bøtker	Team Challenge	1:21:02	21:19	170	12:24	205	5:49:58	30.86	156	13:00	208	6:28:07	9:11	205	14:04:29	5:15:21
203	1459	Michael Kronborg-Jensen	Team Challenge	1:17:57	20:30	161	9:45	190	6:01:14	29.90	177	8:45	194	6:27:36	9:11	204	14:05:16	5:16:07
204	1526	Michael Jensen	Fitness dk - TRI	1:24:51	22:19	184	11:00	198	6:27:09	27.90	200	11:11	206	6:05:18	8:39	203	14:19:27	5:30:19
205	1401	Kennet Nygaard Christoffersen	Team Challenge	1:23:46	22:02	180	10:40	194	7:08:08	25.23	207	4:58	137	6:01:24	8:33	202	14:48:54	5:59:45
DNF	1454	Henri Sprungk	TV Sangerhausen e.V.	58:32	15:24	16	3:35	22	4:50:50	37.14	18	4:58	138					
DNF	1428	Erik Kroun	KTK 86	1:24:33	22:14	183	6:34	135	6:24:03	28.12	198	7:33	184					
DNF	1423	Dennis Arildsen	Fitness dk - TRI	1:20:36	21:12	168	10:09	191	7:50:34	22.95	208	8:49	195					
DNF	1351	Ray Butler		1:22:58	21:49	179	6:29	134										
DNS	1407	Maithe Friis-Olsen	KTK 86															
DNS	1439	Mark Nilsson	Team Challenge															
DNS	1444	Christopher Wolfgang Thomas	Langgarverne															
DNS	1425	Andrea Polidori	Pesaro Triathlon Ironman															
DNS	1519	Lasse Saxe Blixt	Team Challenge															
DNS	1372	Malte Haack	TriVelos Flensburg															
DNS	1359	Simon Evers	Team Challenge															
DNS	1344	Sacha Djafarian																
DNS	1476	Philip Holten Mora-Jensen	Fitness dk - TRI															
DNS	1493	David Hjorth Nielsen	Team Challenge															

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 30-34 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1052	Robert Brundish	Tri Camp Race Team	53:49	14:09	10	2:40	3	4:40:32	38.50	9	2:30	43	3:00:20	4:16	2	8:39:51	
2	1173	Liam Dolan	Phoenix Tri Club	1:07:56	17:52	84	2:45	5	4:32:37	39.62	2	1:57	11	3:00:12	4:16	1	8:45:26	5:35
3	1082	Frederik Lewinsky	TRI4	53:48	14:09	9	2:47	7	4:35:31	39.20	4	1:37	5	3:12:29	4:33	13	8:46:10	6:20
4	1230	Christian Gross	Kraichgau Triathlon	1:02:02	16:19	35	2:39	1	4:39:05	38.70	7	2:08	20	3:02:11	4:19	5	8:48:02	8:12
5	975	Martin Lawaetz	Ninjas.dk	1:02:26	16:25	37	3:34	28	4:37:48	38.88	6	1:35	4	3:05:14	4:23	7	8:50:35	10:44
6	1127	Thomas Lawaetz	Ninjas.dk	1:02:51	16:32	39	2:58	13	4:34:24	39.36	3	1:41	6	3:08:53	4:28	10	8:50:45	10:55
7	1234	Pablo Ureta	Triathlon Fribourg	55:08	14:30	14	3:11	18	4:50:51	37.13	21	2:05	17	3:01:19	4:17	3	8:52:32	12:41
8	1070	Jaime Azpeleta Vicario	Bomberos de Burgos	52:59	13:56	6	3:28	26	4:52:31	36.92	29	2:11	23	3:01:39	4:18	4	8:52:45	12:55
9	1091	Andraz Rojnik	3k Sport	57:51	15:13	18	4:11	57	4:48:42	37.41	19	1:29	2	3:05:51	4:24	9	8:58:02	18:12
10	1151	Martin Brøndum Klode	Team Delta 508	1:05:30	17:14	64	3:49	37	4:47:46	37.53	16	2:32	46	3:04:11	4:21	6	9:03:47	23:57
11	985	Maikel Wieland		1:14:58	19:43	178	5:02	94	4:31:11	39.83	1	2:42	58	3:10:18	4:30	11	9:04:09	24:19
12	2020	Philipp Koutny	Wildcats Swiss Triathlon Team	51:00	13:25	1	2:49	9	4:55:32	36.55	36	3:12	88	3:12:30	4:33	14	9:05:02	25:11
13	989	Martin Rye Ustrup	Ninjas.dk	1:07:00	17:37	80	3:52	39	4:37:42	38.89	5	2:18	28	3:14:33	4:36	17	9:05:24	25:33
14	1148	Jan De Clercq	Ironmanagers2008	57:59	15:15	20	3:23	24	4:51:13	37.09	24	2:31	44	3:14:37	4:36	18	9:09:40	29:49
15	1030	Lasse Hofman	KTK 86	57:25	15:06	17	3:08	17	4:48:29	37.44	18	2:40	54	3:19:03	4:42	25	9:10:43	30:53
16	1201	Kasper Birkegaard Pedersen	Team Challenge	1:04:46	17:02	57	4:06	52	4:50:52	37.13	22	1:58	13	3:12:55	4:34	15	9:14:36	34:45
17	1020	Anders Dalum Balskilde Nielsen	KTK 86	53:22	14:02	8	3:06	15	5:00:59	35.88	54	2:02	15	3:16:58	4:40	22	9:16:25	36:35
18	1182	Henrik Stavnsgaard	Team Challenge	1:10:57	18:40	126	3:57	41	4:42:23	38.25	11	2:08	19	3:18:05	4:41	24	9:17:28	37:37
19	1129	Thomas Kristiansen Grønfur	Førde CK	58:21	15:21	24	3:08	16	4:42:13	38.27	10	1:32	3	3:32:58	5:02	55	9:18:10	38:19
20	983	Philipp Reiner	Tri Team Schedina Deutschlandsb	56:25	14:50	16	4:27	67	4:50:15	37.21	20	3:12	89	3:24:21	4:50	38	9:18:38	38:48
21	1090	Markos Mölsä	Helsinki Triathlon	56:24	14:50	15	3:38	30	4:55:39	36.53	38	2:33	48	3:23:41	4:49	35	9:21:53	42:03
22	1140	Shaun McGill	Total Racing International	58:45	15:27	26	5:12	101	4:51:37	37.03	26	3:11	86	3:23:12	4:48	34	9:21:56	42:06
23	1029	Mads Klaus Hansen	TRI4	58:29	15:23	25	3:24	25	4:57:19	36.33	46	1:42	7	3:21:28	4:46	30	9:22:21	42:30
24	1044	Villu Vakra	21CC Triathlonklubi	58:55	15:30	27	3:43	32	4:56:15	36.46	40	1:45	9	3:23:05	4:48	33	9:23:42	43:51
25	1169	Kian Zanno Ejlersen	Team Hechmann Sport	1:19:53	21:01	207	5:23	113	4:54:04	36.73	34	2:24	36	3:05:16	4:23	8	9:26:58	47:08
26	1032	Alexandre Dernier	SPEEDX TEAM	51:24	13:31	2	3:02	14	5:03:35	35.58	63	2:25	37	3:26:43	4:53	42	9:27:07	47:16
27	1152	Christian Plattner		1:03:26	16:41	42	2:39	2	4:56:32	36.42	44	2:20	30	3:22:32	4:47	32	9:27:28	47:37
28	1076	Nickolai Thoms	Langgarverne	1:01:20	16:08	34	2:45	6	5:01:36	35.81	55	2:20	31	3:20:33	4:45	28	9:28:32	48:42
30	1184	Morten Rasmussen	TRI4	1:08:20	17:58	88	5:13	103	4:54:45	36.64	35	4:48	166	3:17:07	4:40	23	9:30:11	50:20
31	1132	Pedro Maria Campoy Cuenca	Triatlon Aguilas	58:13	15:19	21	3:14	21	5:05:51	35.31	73	2:52	68	3:20:07	4:44	27	9:30:16	50:25
32	992	Thomas Jensen	TRI4	1:10:12	18:28	118	5:48	131	4:56:52	36.38	45	2:29	41	3:15:08	4:37	19	9:30:27	50:36
33	1227	Carl Hancox		1:00:01	15:47	29	4:18	61	5:00:25	35.95	53	9:37	240	3:19:11	4:43	26	9:33:28	53:38
34	1097	Michael Smith Larsen	Team Challenge	1:01:15	16:06	33	5:47	129	4:43:25	38.11	12	4:22	138	3:38:57	5:11	66	9:33:44	53:54
35	980	Carl Norell	SPIF	1:04:22	16:56	54	3:42	31	4:48:17	37.46	17	2:53	71	3:35:24	5:06	60	9:34:37	54:47
36	984	Jacob Lefolli	Team Challenge	52:41	13:51	4	5:36	123	4:52:31	36.92	30	2:46	61	3:41:50	5:15	73	9:35:23	55:33
37	1195	Mikael Johansson		1:09:04	18:10	100	2:47	8	4:53:31	36.80	32	2:21	32	3:29:01	4:57	48	9:36:42	56:52
38	1149	Per Skovrup	Haderslev TRI 2000	1:08:22	17:59	90	2:54	11	4:46:59	37.63	15	2:22	34	3:37:03	5:08	63	9:37:39	57:49
39	1120	Tobias Holm Andersen	Brøndby Triathlon Club	1:04:03	16:51	51	2:58	12	5:04:45	35.44	71	2:49	63	3:23:47	4:49	36	9:38:19	58:28
40	1088	Sebastian Kjærsgaard	Fitness dk - TRI	1:03:27	16:41	43	4:05	50	4:52:23	36.94	28	7:38	227	3:31:30	5:00	51	9:39:02	59:11
41	1059	Nicolai Holm Jensen	KTK 86	1:03:36	16:44	45	4:08	54	4:53:27	36.80	31	3:00	74	3:35:00	5:05	59	9:39:09	59:19
42	1027	Lorenzo Zanetti	Pinarello triathlon	1:05:53	17:20	68	3:58	43	4:43:41	38.07	13	2:52	67	3:44:09	5:18	80	9:40:32	1:00:42
43	1111	Jakob Jensen	Team Triathlon Herning	1:06:23	17:28	76	4:23	65	5:06:24	35.25	75	3:06	80	3:20:33	4:45	29	9:40:47	1:00:57
44	1232	Marco Wolf	Ute Mückel Triathlon Team	1:03:43	16:45	49	4:12	58	5:03:55	35.54	65	3:22	97	3:26:49	4:54	43	9:41:59	1:02:09
45	1015	Peter Esbjørn	Team Challenge	1:00:50	16:00	30	5:01	90	5:02:08	35.75	57	2:10	22	3:33:18	5:03	56	9:43:26	1:03:35
46	1212	Sune Mejlvang	KTK 86	53:53	14:10	13	3:44	33	4:55:47	36.51	39	2:26	38	3:48:55	5:25	101	9:44:42	1:04:52
47	1137	Arttu Saarinen		1:05:30	17:14	63	4:00	47	5:03:55	35.54	66	2:18	27	3:29:03	4:57	49	9:44:44	1:04:53
48	1058	Søren Rocket Treager	Kongens Tri	1:11:56	18:55	135	4:09	56	4:55:35	36.54	37	2:08	18	3:31:05	5:00	50	9:44:50	1:04:59
49	1051	Peter Toft	Team Challenge	1:11:12	18:44	128	6:02	140	5:11:19	34.69	95	4:34	152	3:13:31	4:35	16	9:46:37	1:06:46
50	1225	Jan Reimann	MaccaNow/Trismile	1:13:36	19:21	153	3:12	20	5:02:41	35.68	61	2:20	29	3:25:54	4:52	41	9:47:41	1:07:50
51	999	Benjamin Nørgaard	TRI4	1:10:53	18:39	125	2:53	10	4:53:53	36.75	33	4:18	135	3:37:06	5:08	64	9:49:01	1:09:10
52	974	Thomas Vestergaard	KTK 86	59:12	15:34	28	3:17	22	4:56:27	36.43	43	1:43	8	3:48:46	5:25	100	9:49:23	1:09:33
53	1006	Daniel Jacobs		1:06:25	17:28	77	11:49	248	5:00:08	35.98	51	5:44	191	3:25:35	4:52	40	9:49:40	1:09:49
54	1222	Anders Thorsø	Odder Triathlon Klub	1:08:05	17:54	85	4:07	53	5:02:20	35.72	59	2:13	25	3:36:14	5:07	61	9:52:57	1:13:06
55	1022	Morten Bendix Kristensen	Fredericia Triathlon Team	1:03:41	16:45	48	5:15	104	5:07:57	35.07	80	4:32	148	3:31:58	5:01	53	9:53:22	1:13:31
56	1050	Kristoffer Espinoza	Team Challenge	1:06:09	17:24	74	4:21	62	5:13:30	34.45	106	3:00	76	3:28:00	4:55	47	9:54:58	1:15:08
57	1194	Stefan Stougaard	Fitness dk - TRI	1:23:58	22:05	228	6:04	141	5:04:21	35.49	70	3:57	126	3:16:54	4:39	21	9:55:12	1:15:22
58	1096	Nicklas Plambeck	Fitness dk - TRI	1:14:35	19:37	175	5:12	100	4:51:31	37.05	25	3:11	85	3:41:30	5:14	71	9:55:56	1:16:06
59	1185	Carsten Thygesen	Aarhus 1900 Triathlon	1:01:03	16:03	32	5:20	107	5:03:32	35.58	62	3:10	84	3:43:03	5:17	78	9:56:06	1:16:15
60	1038	Hans Staun-Olsen	Fitness dk - TRI	1:05:27	17:13	62	6:45	163	5:08:11	35.05	82	3:23	98	3:33:44	5:03	57	9:57:28	1:17:38

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 30-34 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
61	1228	Dennis Pedersen	Aarhus 1900 Triathlon	1:10:15	18:29	119	4:01	48	5:15:03	34.28	112	1:23	1	3:27:21	4:54	44	9:58:02	1:18:11
62	1144	Timo Ruoholho		1:14:45	19:40	176	5:21	110	5:11:19	34.69	94	4:28	147	3:22:14	4:47	31	9:58:05	1:18:15
63	1143	Niels Peter Bækhoj Sørensen	Skive AM Triathlon	1:01:02	16:03	31	4:59	85	4:56:21	36.44	42	2:58	73	3:53:20	5:31	112	9:58:38	1:18:48
64	1040	Nikolaj Bebe Andersen	Odense Triathlon Klub	1:02:02	16:19	36	3:45	34	5:23:37	33.37	133	2:11	24	3:27:29	4:54	46	9:59:03	1:19:12
65	1191	Dennis Nielsen	Aalborg Triathlon Klub	1:05:33	17:14	65	2:45	4	5:04:00	35.53	67	2:40	56	3:44:10	5:18	81	9:59:07	1:19:16
66	1081	Steffen Skaastrup	Fitness dk - TRI	58:13	15:19	22	4:23	64	5:14:46	34.31	111	1:56	10	3:41:44	5:15	72	10:01:01	1:21:10
67	2024	Poul Broch	Team Challenge	1:14:26	19:35	170	5:44	127	4:51:05	37.10	23	1:57	12	3:48:22	5:24	99	10:01:33	1:21:42
68	1133	Felipe Moreno Landete	Grupo Oter-Optica Roma-Triavip	1:09:20	18:14	104	7:50	196	5:12:35	34.55	103	4:28	146	3:27:22	4:54	45	10:01:34	1:21:44
69	1060	Micael Christensen	Multiatleterne	1:05:46	17:18	67	7:57	200	4:46:10	37.74	14	4:10	132	3:58:13	5:38	131	10:02:15	1:22:24
70	1013	Jaakko Lehtonen		1:08:58	18:08	97	5:04	95	5:00:14	35.97	52	3:07	81	3:45:21	5:20	87	10:02:42	1:22:52
71	1147	Mikael Spiris	Örebro AIK	1:08:21	17:58	89	3:29	27	5:06:15	35.27	74	2:53	69	3:42:30	5:16	75	10:03:25	1:23:35
72	1178	Kenneth Olsen	Fitness dk - TRI	1:09:00	18:09	99	4:49	76	4:51:55	37.00	27	2:08	21	3:56:28	5:36	122	10:04:18	1:24:28
73	1099	Kim A Mikkelsen	Vejen Tri og Motion	1:11:28	18:48	129	4:21	63	4:57:40	36.28	47	2:42	57	3:48:12	5:24	98	10:04:22	1:24:31
74	1026	Jacob Koch Pedersen	TRI4	1:02:58	16:34	40	7:21	184	5:09:26	34.90	87	3:53	123	3:41:03	5:14	69	10:04:39	1:24:49
75	1130	Morten Sommer Sahlholdt	KTK 86	1:09:44	18:20	111	4:48	75	4:58:11	36.22	48	5:24	179	3:47:05	5:22	91	10:05:10	1:25:19
76	1233	Kia Hsu	Tristar Regensburg	1:04:55	17:04	58	5:23	114	5:18:59	33.86	121	3:04	79	3:32:55	5:02	54	10:05:15	1:25:25
77	1018	Mark Strøm	Team Challenge	1:06:56	17:36	79	4:45	71	5:10:44	34.76	90	2:53	70	3:40:18	5:13	68	10:05:34	1:25:44
78	1024	David Lutz		53:52	14:10	12	6:08	144	5:11:49	34.64	98	3:12	87	3:52:40	5:30	110	10:07:38	1:27:48
79	976	Theis Jensen	Slagelse, Korsør & Skælskør Triathl	1:06:10	17:24	75	6:04	142	5:02:37	35.69	60	5:01	172	3:48:04	5:24	97	10:07:55	1:28:04
80	1095	Kasper Klänig	Team Challenge	1:15:27	19:51	184	6:49	167	5:11:30	34.67	96	3:02	77	3:31:39	5:00	52	10:08:25	1:28:34
81	1177	Mencey Plaza	TRIAC	58:20	15:20	23	5:00	86	5:45:42	31.24	200	3:47	115	3:15:49	4:38	20	10:08:36	1:28:46
82	1048	Allan Jensen	Hareskovens Triathlon Klub	1:06:09	17:24	73	4:12	59	5:13:09	34.49	105	3:17	93	3:42:36	5:16	76	10:09:21	1:29:30
83	1209	Ralf-Paul Haenisch	TG 48 Schweinfurt	1:04:07	16:52	52	4:09	55	5:10:25	34.79	89	5:01	171	3:47:08	5:22	92	10:10:48	1:30:57
84	1087	Martin Röllin	IK Fyris Triathlon	53:50	14:09	11	3:58	44	5:24:54	33.24	139	4:10	131	3:44:38	5:19	84	10:11:28	1:31:38
85	1083	Anders Borchorst Gårdhus	Aarhus 1900 Triathlon	1:05:55	17:20	69	5:21	108	5:09:39	34.88	88	5:26	182	3:45:16	5:20	86	10:11:35	1:31:44
86	1126	Michael Freidank		1:12:56	19:11	144	5:01	92	4:58:18	36.21	49	3:50	117	3:51:59	5:29	109	10:12:02	1:32:12
87	1116	Bjarne Pedersen	Team Challenge	1:08:46	18:05	95	4:25	66	5:11:01	34.73	91	2:23	35	3:45:48	5:21	89	10:12:21	1:32:31
88	1198	Morgan Hovden	BLODSMAK SPORTSKLUBB	1:06:01	17:22	70	6:34	158	5:12:20	34.58	101	3:45	114	3:44:26	5:19	82	10:13:03	1:33:12
89	1102	Leif Knoch	Eintracht Frankfurt e.V.	1:11:50	18:54	134	5:51	134	4:58:40	36.16	50	2:33	48	3:55:26	5:34	119	10:14:19	1:34:28
90	1196	Stefan Hilke	IF MantraSport	1:13:23	19:18	149	4:03	49	4:40:30	38.50	8	3:24	99	4:13:40	6:00	170	10:14:57	1:35:06
91	1136	Torben Snabe Hansen	Fitness dk - TRI	1:02:46	16:30	38	4:54	81	5:11:05	34.72	92	10:09	246	3:47:47	5:23	94	10:16:38	1:36:48
92	1056	Jesper Kargaard Thomsen	Fitness dk - TRI	1:09:36	18:18	107	7:47	194	5:20:00	33.75	124	5:34	186	3:33:47	5:03	58	10:16:43	1:36:53
93	1168	Lasse Lauritsen	Fitness dk - TRI	1:11:36	18:50	131	6:30	155	5:12:30	34.56	102	2:30	42	3:44:06	5:18	79	10:17:10	1:37:20
94	1078	Emil Kulmann Jakobsen	Team Challenge	1:09:49	18:22	113	7:23	186	5:30:56	32.64	160	10:08	245	3:24:16	4:50	37	10:22:30	1:42:40
95	1071	Erik Andersen	Østmarka IL Triathlon	1:22:50	21:47	224	6:23	149	5:07:47	35.09	79	3:15	91	3:45:04	5:19	85	10:25:16	1:45:26
96	1226	Luigi Kristensen	2Tri-Haslev	1:15:51	19:57	187	5:32	120	5:03:42	35.56	64	3:33	107	3:56:47	5:36	123	10:25:24	1:45:33
97	1001	Brian Løjmand	FFD Kralupy Triathlon	1:06:06	17:23	72	5:29	117	5:20:08	33.74	126	4:38	154	3:49:15	5:25	103	10:25:34	1:45:43
98	1181	Sune Johansson	Team Challenge	1:13:35	19:21	152	6:28	153	5:25:56	33.14	147	2:22	33	3:37:31	5:09	65	10:25:50	1:46:00
99	1134	Jes Frost Vandkrog	Fitness dk - TRI	1:13:09	19:15	147	7:54	199	5:04:19	35.49	69	5:05	175	3:55:48	5:35	120	10:26:14	1:46:24
100	1043	Tatu Koistinen		1:16:48	20:12	195	5:08	98	5:37:04	32.04	181	2:47	62	3:24:30	4:50	39	10:26:15	1:46:25
101	1162	Michael Svensson	Kalundborg Triathlon	1:11:31	18:49	130	5:41	126	5:04:18	35.49	68	3:20	94	4:01:45	5:43	140	10:26:33	1:46:43
102	1154	Søren Guldager Nielsen	Multiatleterne	1:09:42	18:20	109	4:56	83	5:14:23	34.35	108	2:55	72	3:54:39	5:33	117	10:26:33	1:46:43
103	1150	Sergi Martin Gomez		1:09:59	18:24	114	7:05	178	5:02:13	35.74	58	4:49	167	4:02:36	5:44	145	10:26:39	1:46:49
104	1218	Jens Grønkjær Sjølander Pihl	TRI4	1:03:37	16:44	46	8:20	214	5:17:35	34.01	118	4:39	155	3:53:22	5:31	113	10:27:32	1:47:42
105	1237	Allan Thisted	Team Challenge	1:12:41	19:17	142	5:09	99	5:11:30	34.67	97	3:15	90	3:56:08	5:35	121	10:28:42	1:48:51
106	991	Mark Olesen	Team Challenge	57:56	15:14	19	4:42	70	5:21:59	33.54	128	3:26	102	4:02:08	5:44	141	10:30:09	1:50:19
107	1109	Phillip Brøndum Christensen	Team Challenge	1:09:29	18:17	106	11:04	242	5:25:13	33.21	140	5:48	193	3:39:48	5:12	67	10:31:19	1:51:29
108	1008	Martin Johansen	Team Challenge	1:10:50	18:38	124	4:48	74	5:36:27	32.10	176	3:38	111	3:36:14	5:07	62	10:31:55	1:52:04
109	1219	Bas Bosman		1:07:52	17:51	82	5:35	121	5:22:15	33.52	130	3:36	109	3:53:08	5:31	111	10:32:24	1:52:33
110	978	Christian Bech	Team Challenge	1:14:12	19:31	164	6:46	164	5:19:51	33.77	123	3:26	103	3:49:58	5:26	105	10:34:11	1:54:20
111	1066	Henrik Vittrup	Team Challenge	1:11:38	18:50	132	7:02	175	5:23:44	33.36	134	4:14	133	3:47:59	5:24	96	10:34:36	1:54:45
112	972	Karl-Johan Hagman	CrispTeam	1:16:51	20:13	196	5:49	132	5:17:05	34.06	116	3:49	116	3:51:14	5:28	107	10:34:47	1:54:56
113	1153	Christian Hajdú	Team Challenge	1:23:05	21:51	226	5:30	118	5:06:57	35.19	76	4:22	137	3:55:13	5:34	118	10:35:05	1:55:14
114	1125	Jussi Virkajärvi		1:13:53	19:26	159	8:14	211	5:25:56	33.14	146	4:27	144	3:42:39	5:16	77	10:35:08	1:55:18
115	1155	Nicholas Morgan	England Triathlon	1:10:24	18:31	121	6:43	162	5:13:41	34.43	107	5:55	197	3:58:41	5:39	134	10:35:22	1:55:31
116	1107	Andreas Barstad	Oslofjord Triathlon	1:16:36	20:09	191	3:17	23	5:26:54	33.04	150	2:27	40	3:47:39	5:23	93	10:36:51	1:57:01
117	1084	Philip Alexander Helm	Team Challenge	1:20:10	21:05	210	7:02	174	5:01:58	35.77	56	4:40	158	4:03:23	5:46	148	10:37:10	1:57:19
118	1080	Morten Pehrson	Team Challenge	1:06:05	17:23	71	4:52	79	5:38:58	31.86	185	2:51	65	3:44:34	5:19	83	10:37:18	1:57:27
119	1217	Jesper Nørgaard	Fitness dk - TRI	1:24:53	22:20	229	5:01	89	5:15:53	34.19	114	2:37	53	3:50:38	5:27	106	10:39:00	1:59:10

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 30-34 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
120	1054	Peter Lystrup Christensen	Fitness dk - TRI	1:13:36	19:22	154	4:58	84	5:14:38	34.33	109	3:21	95	4:04:04	5:46	149	10:40:34	2:00:44
121	1049	Klaus Højbjerg	Team Challenge	1:14:59	19:43	179	5:59	137	5:19:09	33.84	122	2:04	16	3:58:54	5:39	135	10:41:03	2:01:13
122	1012	Peter Buxbom	Fitness dk - TRI	1:12:48	19:09	143	7:13	182	5:08:23	35.02	83	4:41	160	4:08:24	5:53	159	10:41:28	2:01:37
123	979	Simon Brixen	Fitness dk - TRI	1:12:15	19:00	137	7:37	189	5:07:03	35.17	77	4:44	161	4:10:57	5:56	163	10:42:33	2:02:43
124	1122	Henrik Teinvall	IS Göta	1:08:08	17:55	86	6:56	172	5:24:52	33.24	138	2:26	39	4:00:51	5:42	138	10:43:12	2:03:21
125	1042	Simon Kjærsgaard-Andersen	Fitness dk - TRI	1:20:28	21:10	215	7:40	192	5:08:54	34.96	85	5:34	185	4:00:52	5:42	139	10:43:27	2:03:37
126	987	Philip Rødkjær	Team Challenge	1:06:49	17:34	78	5:28	116	5:34:15	32.31	171	5:25	181	3:51:32	5:29	108	10:43:28	2:03:38
127	1010	Nicolas Chernobilsky	FF>> Entrenamiento / Fitness DK T	1:13:38	19:22	155	4:29	68	5:09:24	34.91	86	3:09	83	4:14:07	6:01	172	10:44:45	2:04:54
128	1004	Kristian Thesbjerg	Aalborg Triathlon Klub	1:08:17	17:58	87	6:53	169	5:05:04	35.40	72	3:26	103	4:21:42	6:12	187	10:45:21	2:05:30
129	977	Sebastian Mikkelsen	Aarhus 1900 Triathlon	1:15:39	19:54	185	6:07	143	5:26:01	33.13	148	3:29	105	3:54:09	5:32	115	10:45:22	2:05:32
130	1231	Jacob Søndergaard Mikkelsen	Skovshoved Triathlon Klub	1:04:23	16:56	55	3:48	36	5:07:14	35.15	78	2:50	64	4:29:51	6:23	200	10:48:05	2:08:15
131	1118	Paw De Sparra Lundin	Karlsunde Tri	1:13:56	19:27	160	8:12	209	5:29:44	32.75	157	7:40	228	3:49:09	5:25	102	10:48:38	2:08:48
132	1123	Jens Forschner	Skiclub Wiesloch/ASG Gundelfinge	1:08:59	18:09	98	4:55	82	5:45:58	31.22	201	2:33	47	3:47:02	5:22	90	10:49:26	2:09:35
133	1159	Klavs Moltzen	Aarhus 1900 Triathlon	1:15:21	19:49	181	6:31	157	5:39:19	31.83	186	2:34	51	3:45:42	5:20	88	10:49:26	2:09:35
134	986	Rasmus Fabius Meinecke	Fitness dk - TRI	1:20:45	21:14	217	6:15	145	5:11:52	34.63	99	4:33	150	4:06:17	5:50	157	10:49:39	2:09:49
135	1115	Martin Ahm Hansen	Odense Triathlon Klub	1:14:19	19:33	167	8:05	203	5:27:27	32.98	152	4:32	149	3:57:19	5:37	127	10:51:41	2:11:51
136	1166	Mika Lankila	Nastolan Naseva	1:18:51	20:44	204	5:40	125	5:22:10	33.52	129	7:27	225	3:58:20	5:38	132	10:52:25	2:12:34
137	1202	Pekka Autere		1:08:29	18:01	93	4:47	73	5:45:01	31.30	198	6:18	207	3:47:55	5:24	95	10:52:28	2:12:38
138	1190	Martin Wolf	BSG TÜV NORD Hamburg	1:09:07	18:11	102	5:38	124	5:24:25	33.29	135	4:28	145	4:08:54	5:53	160	10:52:30	2:12:39
139	996	Conall Murphy	Piranha Triathlon Club	1:10:10	18:27	117	6:36	160	5:35:43	32.17	174	4:22	139	3:57:22	5:37	128	10:54:11	2:14:20
140	1039	Morten Hansen	Team Challenge	1:08:57	18:08	96	4:46	72	5:15:39	34.22	113	3:53	120	4:21:19	6:11	186	10:54:31	2:14:40
141	1019	Søren Marstrand Holm	Team Challenge	1:15:27	19:51	183	4:51	78	5:17:05	34.06	115	4:47	165	4:12:34	5:59	166	10:54:42	2:14:52
142	1187	Henrik Holmgaard Olsson	Team Challenge	1:10:20	18:30	120	5:57	136	5:12:11	34.60	100	3:52	119	4:22:54	6:13	191	10:55:12	2:15:21
143	1009	Nicolaj Brandenhoff	Team Challenge	1:14:26	19:35	170	9:48	235	5:29:06	32.82	154	8:04	232	3:54:27	5:33	116	10:55:50	2:15:59
144	1023	Søren Torbjørn Svendsen	Team Challenge	1:12:59	19:12	146	7:38	190	5:24:41	33.26	137	6:37	212	4:05:24	5:48	151	10:57:17	2:17:27
145	1110	Arran Mckee	Triathlon Ireland	1:16:41	20:10	193	9:16	226	5:23:13	33.41	132	12:09	247	3:56:58	5:36	125	10:58:16	2:18:25
146	1163	Søren Kastberg	Fitness dk - TRI	1:11:56	18:55	136	7:03	176	5:36:42	32.08	178	5:59	199	3:56:53	5:36	124	10:58:30	2:18:40
147	1062	Gunnar Karlsson		1:22:17	21:39	220	4:54	80	5:17:18	34.04	117	3:53	121	4:10:32	5:56	161	10:58:53	2:19:02
148	1073	Christian Marshall Rieck	Oslofjord Triatlon	1:08:25	18:00	91	6:54	170	5:36:39	32.08	177	4:25	142	4:02:33	5:44	144	10:58:54	2:19:03
149	1093	Peter Spencer	ICS Innovative Engineering	1:07:52	17:51	83	6:21	147	5:25:51	33.14	145	6:52	215	4:13:35	6:00	169	11:00:30	2:20:39
150	1057	Nicolai Ryvers		1:04:36	16:59	56	8:04	202	5:22:53	33.45	131	9:43	241	4:19:10	6:08	183	11:04:24	2:24:34
151	1063	Martin Posborg	Team Challenge	1:16:44	20:11	194	11:32	247	5:29:11	32.81	155	7:22	224	4:00:01	5:41	136	11:04:47	2:24:57
153	1028	Jørgen Madsen	Aarhus 1900 Triathlon	1:34:19	24:49	244	6:48	166	5:18:23	33.92	120	3:43	113	4:02:31	5:44	143	11:05:43	2:25:52
154	1094	Mikael Schneider	Fitness dk - TRI	1:13:21	19:17	148	7:51	197	5:21:53	33.55	127	3:08	82	4:20:13	6:09	185	11:06:24	2:26:33
155	1041	Sune Andreas Yung Nielsen	Brøndby Triathlon Club	1:22:38	21:44	223	6:01	139	5:32:49	32.45	166	3:24	100	4:02:18	5:44	142	11:07:09	2:27:18
156	1214	Martin Murrekilde	Odense Triathlon Klub	1:10:32	18:33	123	11:06	243	5:38:36	31.90	184	9:32	239	3:58:03	5:38	129	11:07:47	2:27:57
157	1002	Per Trave Philipsen	Team Challenge	1:10:02	18:25	115	6:24	150	5:28:45	32.85	153	5:43	189	4:17:03	6:05	181	11:07:55	2:28:05
158	1139	Chris Christiansen	Fitness dk - TRI	1:14:20	19:33	168	6:54	171	5:08:11	35.05	81	4:47	163	4:34:34	6:30	205	11:08:43	2:28:53
159	1014	Lasse Michaelsen	Fitness dk - TRI	1:05:26	17:12	60	3:58	42	5:08:49	34.97	84	2:15	26	4:48:41	6:50	222	11:09:08	2:29:17
160	1114	Stephen Gregory	Tri-Talk.co.uk	1:05:24	17:12	59	5:35	122	5:31:21	32.60	162	4:27	143	4:22:33	6:13	190	11:09:19	2:29:28
161	1188	Stefan Ehlert	Triabolos Hamburg e.V.	1:09:14	18:12	103	6:22	148	5:44:05	31.39	197	4:23	140	4:05:47	5:49	153	11:09:48	2:29:58
161	1046	Søren Futtrup	Odense Triathlon Klub	1:22:19	21:39	221	5:05	97	5:36:45	32.07	180	5:00	169	4:00:41	5:42	137	11:09:48	2:29:58
163	1141	Jan Runsten		1:09:22	18:15	105	7:44	193	5:25:15	33.21	141	6:10	202	4:22:07	6:12	188	11:10:36	2:30:46
164	1176	Tomas Eriksson		1:10:06	18:26	116	7:11	179	6:07:51	29.36	233	4:40	159	3:41:56	5:15	74	11:11:42	2:31:52
165	1035	Bjørn Møller	Team Challenge	1:15:26	19:50	182	9:09	224	5:33:55	32.34	169	7:50	229	4:06:16	5:50	156	11:12:34	2:32:44
166	1069	Johan Neij	Runners Store Malmö	1:31:33	24:05	242	6:26	151	5:48:21	31.00	210	5:04	173	3:41:25	5:14	70	11:12:46	2:32:55
167	1204	Jeppe Koch-Olsen	Team Challenge	1:20:09	21:05	209	4:06	51	5:32:41	32.46	164	1:58	14	4:14:01	6:01	171	11:12:53	2:33:03
168	1165	Evgeny Rogotnev	Russian Triathlon Federation	1:20:05	21:04	208	5:22	111	5:55:26	30.39	221	3:03	78	3:49:50	5:26	104	11:13:43	2:33:53
169	1146	Kasper Lam Petersen	Fitness dk - TRI	1:13:53	19:26	158	10:39	241	5:11:10	34.71	93	5:09	177	4:33:17	6:28	203	11:14:07	2:34:16
170	970	Anders Hinrichs	Team Challenge	1:15:45	19:55	186	5:51	133	5:12:46	34.53	104	3:33	106	4:37:10	6:34	212	11:15:03	2:35:13
171	2046	Jacob Garder	Team Challenge	1:20:10	21:05	210	4:00	46	5:25:18	33.20	142	2:51	66	4:23:18	6:14	192	11:15:34	2:35:44
172	1086	Mads Bjørnskov Dalager	Team Challenge	1:27:18	22:58	240	8:20	215	5:32:04	32.52	163	4:47	164	4:03:07	5:45	147	11:15:35	2:35:45
173	1068	Morten Krogh Nielsen	Ninjas.dk	1:19:23	20:53	206	9:47	234	5:42:10	31.56	191	7:08	222	3:57:19	5:37	126	11:15:45	2:35:55
174	994	Mathias Esager	Team Challenge	1:11:12	18:44	127	8:04	201	5:48:01	31.03	209	9:58	243	3:58:37	5:39	133	11:15:49	2:35:59
175	1167	Lasse Brandt Petersen	Team Challenge	1:03:58	16:49	50	8:12	208	5:29:25	32.79	156	6:47	214	4:27:59	6:20	198	11:16:18	2:36:27
176	1171	Kenneth Kristiansen	Team Challenge	1:16:32	20:08	190	8:14	210	5:33:52	32.35	168	5:53	194	4:12:10	5:58	165	11:16:38	2:36:48
177	1135	Thomas Mathis	HoppDuSau.li	52:40	13:51	3	6:29	154	4:56:19	36.45	41	5:47	192	5:15:58	7:29	240	11:17:11	2:37:21
178	1142	Teemu Loikkanen	Nastolan Naseva	1:22:11	21:37	219	5:00	87	5:32:53	32.45	167	3:39	112	4:13:34	6:00	168	11:17:16	2:37:25
179	1033	Sten Marcus William Nordahl	Trondheim Triatlonklubb	1:14:50	19:41	177	3:59	45	5:39:37	31.80	187	2:34	50	4:16:58	6:05	180	11:17:56	2:38:06

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 30-34 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
180	1170	Allan Bandholm Thomsen	Team Challenge	1:20:11	21:05	212	6:47	165	5:31:06	32.62	161	6:17	206	4:14:41	6:02	174	11:19:00	2:39:09
181	1007	Davide Gogna	Feralpi Triathlon	1:20:40	21:13	216	6:16	146	5:30:53	32.64	159	5:33	184	4:15:49	6:03	178	11:19:09	2:39:19
182	1036	Chris Schmücker	Atletica Tri Horsens	1:04:13	16:53	53	3:36	29	5:46:35	31.16	204	2:46	60	4:22:33	6:13	189	11:19:40	2:39:50
183	1158	Atte Jokitalo		1:08:37	18:03	94	5:00	88	5:37:32	32.00	182	4:39	157	4:24:30	6:16	194	11:20:17	2:40:26
184	1229	Jim Christensen	Team Challenge	1:13:47	19:24	157	5:17	106	5:47:56	31.04	208	2:45	59	4:13:04	5:59	167	11:22:47	2:42:56
185	1077	Jakob Svendsen	Fitness dk - TRI	1:16:17	20:04	189	5:02	93	5:42:12	31.56	192	3:21	96	4:16:38	6:04	179	11:23:28	2:43:37
186	1055	Thomas Nordestgaard Sørensen	Team Challenge	1:10:26	18:31	122	9:47	233	5:27:21	32.99	151	4:05	129	4:32:23	6:27	202	11:23:59	2:44:09
187	1215	Tommy Pedersen	ISK Tri	1:03:38	16:44	47	5:24	115	5:32:43	32.46	165	3:35	108	4:39:49	6:37	214	11:25:06	2:45:15
188	1206	Mikael Karlsson	Vásby SS Triathlon / Lobster Seafo	1:09:49	18:22	112	3:50	38	5:34:50	32.26	172	4:23	141	4:36:05	6:32	209	11:28:54	2:49:04
189	1131	Benjamin Lajboschitz	KTK 86	1:14:29	19:35	173	4:49	77	5:37:57	31.96	183	5:05	176	4:27:21	6:20	197	11:29:40	2:49:50
190	1017	Andreas Tronsén	Stockholmspolisens IF Triathlon	1:18:24	20:37	202	7:12	181	5:54:10	30.49	219	4:39	156	4:05:43	5:49	152	11:30:06	2:50:16
191	981	Christian Holmer	Veje IF Triathlon	1:24:56	22:20	231	6:01	138	5:40:08	31.75	188	4:45	162	4:14:22	6:01	173	11:30:10	2:50:20
192	1003	Fredric Boltensern		1:12:20	19:02	139	8:17	212	5:57:38	30.20	223	6:52	217	4:06:07	5:49	155	11:31:13	2:51:23
193	1101	Stefaan Rossel	Tri Unic Drongen	1:05:26	17:13	61	14:55	253	6:00:25	29.97	225	17:17	251	3:53:29	5:31	114	11:31:31	2:51:40
194	1025	Andreas Nyholm	Fitness dk - TRI	1:25:54	22:36	235	9:36	232	5:47:07	31.11	206	6:10	203	4:04:33	5:47	150	11:33:19	2:53:28
195	1045	Dan Tornslev	Team Challenge	1:14:27	19:35	172	13:02	252	5:40:44	31.70	189	9:55	242	4:15:13	6:02	176	11:33:19	2:53:29
196	1224	Que Son Vu	Fitness dk - TRI	1:26:51	22:51	236	7:20	183	5:45:27	31.26	199	3:37	110	4:11:23	5:57	164	11:34:37	2:54:46
197	1210	Sampo Turpeinen	Helsinki Triathlon	1:13:57	19:27	162	5:22	112	6:03:54	29.68	227	5:44	190	4:06:06	5:49	154	11:35:01	2:55:11
198	1119	Ulrik Oldenburg	TriNord	1:15:13	19:47	180	6:37	161	5:30:53	32.64	158	7:51	230	4:35:51	6:32	208	11:36:23	2:56:33
199	1065	Martin Gammelgaard	Haderslev TRI 2000	1:17:51	20:28	201	9:00	223	5:56:38	30.28	222	6:16	204	4:07:39	5:52	158	11:37:22	2:57:31
200	982	Simon Anker Hansen	Team Challenge	1:08:28	18:00	92	7:47	195	5:42:25	31.54	194	3:15	92	4:36:28	6:33	211	11:38:22	2:58:32
201	1021	Ulrik Wichmann	Team Challenge	1:09:40	18:19	108	5:47	130	5:20:04	33.74	125	4:52	168	4:58:45	7:04	230	11:39:06	2:59:15
202	1213	Geoffrey Stampaert	Ironmanagers 2008	1:07:15	17:41	81	4:38	69	5:52:01	30.68	216	4:17	134	4:33:59	6:29	204	11:42:08	3:02:17
203	1145	Andreas Lund	Fitness dk - TRI	53:17	14:01	7	3:11	19	5:49:01	30.94	211	3:26	101	4:55:07	6:59	229	11:44:00	3:04:09
204	973	Andreas Kildegaard Pedersen	Team Challenge	1:13:32	19:20	151	11:07	244	5:49:56	30.86	214	6:05	201	4:24:14	6:15	193	11:44:52	3:05:01
205	1121	Boris Kassebeer	Team Erdinger Alkoholfrei	1:14:13	19:31	165	8:10	206	5:26:34	33.07	149	8:58	236	4:48:25	6:50	221	11:46:19	3:06:28
206	1000	Jonas Topholt	Team Challenge	1:17:13	20:19	199	6:31	156	5:36:01	32.14	175	3:00	74	4:44:16	6:44	218	11:46:58	3:07:08
207	1207	Michael S.kristensen	Team Challenge	1:19:23	20:53	205	12:37	250	5:42:33	31.53	195	8:50	234	4:25:22	6:17	195	11:48:43	3:08:53
208	1164	Emilio Castronovo		1:03:08	16:36	41	6:27	152	5:57:54	30.18	224	6:42	213	4:34:37	6:30	206	11:48:46	3:08:55
209	1037	Kalle Forsberg	SK70 Sweden	1:09:43	18:20	110	8:08	205	5:49:07	30.94	212	5:30	183	4:37:44	6:34	213	11:50:10	3:10:19
210	1221	Tony Douglass		1:16:03	20:00	188	8:23	217	5:46:21	31.18	202	4:34	151	4:34:51	6:30	207	11:50:11	3:10:21
211	1005	Ludvig Jutterdal	raddningstjansten syd	1:13:40	19:22	156	5:44	128	5:46:23	31.18	203	2:40	55	4:49:30	6:51	225	11:57:55	3:18:04
212	1053	Allan Wiuff Heller Kristensen	Fitness dk - TRI	1:43:19	27:11	251	11:15	245	5:52:05	30.67	217	10:02	244	4:02:54	5:45	146	11:59:33	3:19:42
213	993	Alexander Johan Boe Stenderup	Team Challenge	1:13:56	19:27	161	8:47	222	6:04:46	29.61	229	4:05	128	4:29:01	6:22	199	12:00:33	3:20:43
214	1034	Robert Veberg		1:12:57	19:11	145	9:15	225	5:24:32	33.28	136	7:00	218	5:15:02	7:27	239	12:08:44	3:28:53
215	1220	Dirk Bonfils		1:37:59	25:46	245	8:23	216	5:47:02	31.12	205	4:21	136	4:31:33	6:26	201	12:09:16	3:29:25
216	1124	Søren Jacobsen	Team Challenge	1:27:26	23:00	241	12:04	249	5:41:17	31.65	190	6:20	209	4:43:45	6:43	217	12:10:50	3:31:00
217	1047	Phil Mansfield	Mansfield Sports Institut	1:20:13	21:06	213	5:01	91	5:49:25	30.91	213	7:34	226	4:49:12	6:51	223	12:11:23	3:31:33
218	1211	Simon Krug	Team Challenge	1:14:23	19:34	169	8:43	221	5:54:33	30.46	220	7:00	220	4:49:29	6:51	224	12:14:06	3:34:15
219	2021	Lennart Deleuran	HG Atletik, Triathlon og Motion	1:40:55	26:33	248	9:21	228	5:43:44	31.42	196	13:36	248	4:27:01	6:19	196	12:14:35	3:34:44
220	990	Simón Polakof										4:00	127	4:36:09	6:32	210	12:16:47	3:36:57
221	1199	Dennis Toft	Team Challenge	1:27:13	22:57	239	8:27	218	5:35:41	32.17	173	14:00	249	4:52:46	6:56	227	12:18:05	3:38:15
222	2022	Andreas Hagli	Oslofjord Triatlon	1:27:08	22:55	238	9:25	230	6:20:58	28.35	239	3:53	122	4:19:32	6:08	184	12:20:54	3:41:04
223	1138	Stefan Møller Jørgensen		1:11:48	18:53	133	6:57	173	6:11:16	29.09	235	6:16	205	4:47:13	6:48	220	12:23:28	3:43:37
224	1183	Morten Virenfeldt Nielsen	Fitness dk - TRI	1:17:18	20:20	200	3:46	35	5:25:47	33.15	144	2:31	45	5:38:34	8:01	246	12:27:53	3:48:03
225	1179	Mattias Nilsson		1:33:33	24:36	243	8:10	207	6:26:07	27.97	241	6:21	210	4:15:44	6:03	177	12:29:53	3:50:02
226	1117	Asbjørn Borgen	Team Challenge	1:25:51	22:35	234	7:11	180	6:37:29	27.17	244	5:05	174	4:18:11	6:07	182	12:33:44	3:53:54
227	1235	Allan Bækdal	Team Challenge	1:17:11	20:18	197	7:22	185	5:51:53	30.69	215	6:03	200	5:11:42	7:23	238	12:34:09	3:54:19
228	1108	Jonas Kriegbaum	Team Challenge	1:16:37	20:09	192	8:06	204	6:17:13	28.63	238	9:02	238	4:44:17	6:44	219	12:35:14	3:55:23
229	1031	Jacob Juul Jensen	Team Triathlon Herning	1:05:39	17:16	66	7:34	188	5:47:55	31.04	207	6:52	216	5:29:13	7:48	244	12:37:12	3:57:22
230	1092	Luciano Conti	Cuneo Triathlon	1:22:31	21:42	222	8:37	219	6:55:37	25.99	249	3:55	124	4:10:34	5:56	162	12:41:13	4:01:23
231	1064	Bo Kortsen	Team Challenge	1:46:45	28:05	253	10:37	240	5:36:44	32.07	179	9:01	237	5:01:17	7:08	234	12:44:22	4:04:31
232	997	Morten Johansen	Team Challenge	1:26:56	22:52	237	11:17	246	6:06:26	29.47	231	7:19	223	4:52:46	6:56	228	12:44:41	4:04:51
233	1208	Steen Christensen	Fitness dk - TRI	1:20:28	21:10	214	5:31	119	5:54:07	30.50	218	5:14	178	5:19:47	7:34	242	12:45:05	4:05:14
234	1072	Bram De Pauw	Triunic	1:14:02	19:28	163	16:12	254	6:01:27	29.88	226	16:16	250	5:00:27	7:07	232	12:48:22	4:08:32
235	1103	Jens Maukisch		1:12:22	19:02	140	5:17	105	6:36:56	27.21	243	3:56	125	4:51:08	6:53	226	12:49:37	4:09:46
236	1106	Tim Gomez	Tunbridge Wells Tri Club	1:12:19	19:01	138	10:08	237	6:21:44	28.29	240	7:54	231	4:58:48	7:04	231	12:50:51	4:11:01
237	988	Bjarne P. Sørensen	TriNord	1:44:16	27:26	252	7:04	177	6:13:02	28.95	236	7:00	219	4:40:23	6:38	215	12:51:43	4:11:53
238	1011	Daniel Belstrøm	Fitness dk - TRI	1:25:07	22:23	232	7:39	191	6:04:51	29.60	230	5:37	187	5:08:36	7:18	236	12:51:49	4:11:58

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 30-34 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
239	1112	Johannes Öhrvik		1:23:39	22:00	227	8:39	220	6:04:46	29.61	228	8:47	233	5:10:53	7:21	237	12:56:42	4:16:51
240	1175	Dennis Tommy Seiler-Holm	Team Challenge	1:09:05	18:10	101	7:26	187	6:31:22	27.60	242	6:26	211	5:03:51	7:12	235	12:58:08	4:18:17
241	1079	Tobias Mittelstedt		1:17:12	20:18	198	7:52	198	6:15:58	28.73	237	5:58	198	5:17:58	7:32	241	13:04:56	4:25:05
242	1156	Sebastian Altendorf	BSV Friesen	1:12:29	19:04	141	4:15	60	6:08:30	29.31	234	4:36	153	5:37:51	8:00	245	13:07:39	4:27:48
243	1172	Julian Weihe		1:40:49	26:31	247	12:50	251	6:38:14	27.12	245	4:05	130	4:42:32	6:41	216	13:18:28	4:38:37
244	1174	Tommy Faldt Pedersen	Team Challenge	1:42:13	26:53	249	10:27	238	7:05:51	25.36	250	5:25	180	4:15:08	6:02	175	13:19:02	4:39:12
245	1236	Jordi Rodriguez Ferrer		1:22:52	21:48	225	8:20	213	6:51:58	26.22	247	5:54	195	5:00:44	7:07	233	13:29:47	4:49:56
246	2023	Jimmy Andersson	Norrköpings triathlon	1:24:55	22:20	230	10:27	239	6:07:49	29.36	232	5:54	196	5:45:55	8:11	247	13:35:00	4:55:09
247	1203	Kai Koski		1:18:38	20:41	203	9:51	236	6:53:30	26.12	248	8:55	235	5:28:06	7:46	243	13:58:59	5:19:09
248	1089	Stephen Ciaran Fagan	Team Challenge	1:42:36	26:59	250	9:20	227	6:46:34	26.56	246	3:50	118	5:52:55	8:21	248	14:35:12	5:55:22
DNF	1216	Jesper Mærsk Frilund	TriNord	1:03:29	16:42	44	5:12	101	5:14:43	34.32	110	7:00	221					
DNF	1197	Henrik Jensen	Team Challenge	1:25:50	22:35	233	5:05	96	5:25:44	33.16	143	6:19	208					
DNF	1205	Thomas Børresen Lauritzen	Team Challenge	1:21:15	21:22	218	6:51	168	5:34:06	32.33	170	5:39	188					
DNF	995	Christian Mendez	Team Challenge	1:13:28	19:19	150	5:53	135										
DNF	998	Benjamin Mody	KVIK TRI TEAM	1:14:32	19:36	174	6:34	159										
DNF	1104	Martin Miguel Del Pino	Team Challenge	1:38:30	25:55	246	9:31	231										
DNF	1160	Ingemar Saks	Haanja RK	1:48:51	28:38	254	9:24	229										
DNF	1074	Hiroyuki Yano																
DNS	1075	Lars Erik Schmidt	Team Challenge															
DNS	1067	Ben Dales																
DNS	1061	Martin Kuld	Skovshoved Triathlon Klub															
DNS	1016	Jesper Baldur Nørregård Hansen	TRI4															
DNS	1161	Jack Daniell	Team Challenge															
DNS	1223	Henrik Rytz	Aalborg Triathlon Klub															
DNS	1180	Roland Rietiker	iron4ce International															
DNS	1189	Simon Bisbo	Team Challenge															
DNS	1192	Petter Guttormsen	Stavanger Triathlon Club															
DNS	971	Harald Todnem	Stavanger Triathlon Klubb															
DNS	1085	Jakob Vinther-Nielsen	Aarhus 1900 Triathlon															
DNS	1113	Jesper Christensen	FFD Kralupy Triathlon															
DNS	1105	Daniel Förster	SV Handwerk Leipzig															
DNS	1100	Linus Hasselström	Lökehofs IF															
DNS	1098	Morten Toft	Odense Triathlon Klub															
DNS	1128	Sven-Erik Balle-Christensen	Team Challenge															
DSQ	1157	Barlas Kazanci	&#304;stanbul Triatlon	52:48	13:53	5	3:54	40	5:18:18	33.93	119	2:36	52	3:11:14	4:31	12	9:28:49	48:58
DSQ	1200	Dennis Andersen	Team Challenge	1:14:15	19:32	166	5:21	109	5:42:14	31.56	193	5:00	170	3:58:10	5:38	130	11:04:58	2:25:07

### Individual: Men 35-39 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	486	Jesper Bjerrum	TRI4	55:32	14:36	11	2:32	2	4:35:24	39.22	3	1:54	16	3:18:37	4:42	15	8:53:57	
2	317	Jan Henningsen	Team Challenge	54:18	14:17	6	3:07	17	4:32:13	39.68	2	4:00	145	3:21:30	4:46	20	8:55:06	1:09
3	566	Martin Muldoon	Serpentine / Emerald	57:59	15:15	21	3:04	15	4:50:30	37.18	16	1:44	8	3:01:55	4:18	2	8:55:10	1:14
4	429	Vladimir Savic	OOB Coaching	49:23	12:59	4	3:05	16	4:48:24	37.45	9	6:09	237	3:10:09	4:30	5	8:57:08	3:11
5	446	Michael Elkjær	Viborg Atletik og Motion	1:03:54	16:48	60	2:42	3	4:50:41	37.16	17	1:46	10	3:04:23	4:22	3	9:03:24	9:27
6	591	Thomas Rohde	Team Challenge	57:44	15:11	16	3:14	19	4:50:24	37.19	15	1:18	2	3:11:56	4:32	6	9:04:34	10:37
7	275	Hierl Michael	TWin Neumarkt	57:46	15:12	17	3:51	40	4:57:11	36.34	36	2:40	58	3:06:55	4:25	4	9:08:22	14:25
8	488	Nico Weling	Triathlon Team Eupen	57:57	15:14	20	2:59	10	4:48:15	37.47	7	1:16	1	3:19:25	4:43	16	9:09:50	15:53
9	341	Thomas Beck	TRI4	47:51	12:35	2	2:54	7	4:45:58	37.77	6	2:39	52	3:32:28	5:02	42	9:11:47	17:50
10	459	Vincent Depuiset	Rougeot Beaune Triathlon	1:02:16	16:23	46	3:03	13	4:51:15	37.08	19	2:19	35	3:13:43	4:35	8	9:12:34	18:37
11	357	Lars C. Pedersen	Fitness dk - TRI	1:00:38	15:57	37	2:30	1	4:48:23	37.45	8	1:58	20	3:23:08	4:48	23	9:16:36	22:39
12	569	Erik Blom-Dahl		1:13:10	19:15	171	3:02	12	4:43:50	38.05	4	1:37	5	3:15:04	4:37	10	9:16:41	22:44
13	281	Christian Perdok	Eintracht Frankfurt Triathlon	1:08:42	18:04	112	5:02	110	4:48:25	37.45	10	1:52	15	3:14:41	4:36	9	9:18:41	24:44
14	600	Aaron Burby	FulOnTri	58:01	15:15	23	4:32	80	5:12:21	34.58	129	2:41	59	3:01:41	4:18	1	9:19:13	25:16
15	338	Alen Kralj	TK Ljubljana	54:37	14:22	7	3:56	44	5:04:09	35.51	69	2:37	48	3:16:58	4:40	13	9:22:15	28:18
16	310	Jack Classen	Køge Tri Team 2000	58:00	15:15	22	2:43	4	4:56:17	36.45	32	1:40	7	3:26:21	4:53	28	9:24:59	31:02
17	525	Cefat Taslicukur	Triton Tri	1:04:30	16:58	65	5:26	137	4:58:43	36.16	43	3:28	111	3:13:07	4:34	7	9:25:11	31:15
18	458	Daniel Herstedt	Heleneholms IF TriTeam	1:02:27	16:26	49	4:01	52	4:54:59	36.61	28	8:35	288	3:20:38	4:45	19	9:30:39	36:42
19	295	Mario Lisker	SG Eintracht Ebendorf	1:13:18	19:17	177	4:41	91	4:49:02	37.37	11	1:57	17	3:22:53	4:48	22	9:31:48	37:51
20	369	Rainer Kuhi	21CC	59:15	15:35	29	3:53	43	4:52:45	36.89	22	3:31	117	3:33:21	5:03	43	9:32:43	38:46

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 35-39 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
21	382	Michael Rosendahl	Karlslunde Tri	1:15:36	19:53	204	3:50	39	4:53:17	36.83	24	2:06	30	3:19:31	4:43	18	9:34:17	40:20
22	293	Jacob Carstensen	Team Challenge	4:52:28	11:57	1	2:59	11	4:52:33	36.92	20	1:52	14	3:53:51	5:32	131	9:36:41	42:44
23	354	Thomas Nielsen	KTK 86	1:01:26	16:09	39	3:15	20	4:52:40	36.90	21	1:57	18	3:38:14	5:10	56	9:37:30	43:33
24	542	Michael Bøeck	Ganløse Tri-Center	1:16:22	20:05	211	5:08	117	4:49:46	37.27	13	2:39	56	3:25:52	4:52	26	9:39:45	45:48
25	377	Henrik Steen Andersen	Fitness dk - TRI	49:05	12:54	3	5:26	138	4:51:12	37.09	18	3:51	132	3:51:01	5:28	115	9:40:33	46:36
26	387	Poul Vestergaard	Team Challenge	1:13:23	19:18	179	5:13	125	4:55:04	36.60	29	2:52	77	3:25:51	4:52	25	9:42:21	48:24
27	423	Jan Sørensen	Team Challenge	1:12:03	18:57	145	5:32	144	4:55:49	36.51	31	2:49	68	3:27:51	4:55	30	9:44:02	50:05
28	598	Massimo Todaro	Ful-On Tri Club	55:19	14:33	9	3:41	29	4:57:22	36.32	37	2:38	51	3:45:44	5:20	90	9:44:42	50:45
29	548	Maximilian Hrabowski	SSC Karlsruhe	1:11:48	18:53	137	4:03	53	4:56:31	36.42	34	1:51	13	3:31:58	5:01	39	9:46:09	52:12
30	379	Cyrille Routier	Vichy Triathlon STC	59:12	15:34	28	7:19	214	5:03:18	35.61	64	3:06	92	3:34:40	5:05	46	9:47:32	53:35
32	371	Mathias Cibej	Puppy Triathlete Society	1:05:12	17:09	73	3:48	37	5:03:55	35.54	67	2:51	72	3:33:22	5:03	44	9:49:07	55:10
33	503	Alessandro Sciarone	CUS PRO PATRIA TRIATHLON M	57:51	15:13	18	2:49	5	5:15:41	34.21	140	6:38	249	3:26:11	4:53	27	9:49:08	55:11
34	428	Klaus Borge	Roskilde Triathlon Klub	57:52	15:13	19	3:33	26	4:53:53	36.75	27	2:01	22	3:51:55	5:29	122	9:49:11	55:15
35	294	Mogens Venø Jessen	Silkeborg Motion/Tri-Klub	1:07:14	17:41	87	5:08	116	4:56:41	36.40	35	3:01	87	3:39:40	5:12	62	9:51:43	57:46
36	541	Thomas Rasmussen	Karlslunde Tri	1:13:16	19:16	174	6:21	178	4:59:56	36.01	50	1:37	6	3:31:00	4:59	35	9:52:07	58:10
37	405	Ville Juola	Helsinki Triathlon	1:17:35	20:24	218	5:54	160	5:10:52	34.74	119	1:36	4	3:16:39	4:39	12	9:52:34	58:37
38	288	Rasmus Petersen	Fitness dk - TRI	1:04:53	17:04	70	5:50	159	5:10:20	34.80	107	2:06	29	3:29:49	4:58	31	9:52:56	58:59
39	449	Martin Windfeld Velin	Team Challenge	1:07:56	17:52	96	5:18	132	4:59:46	36.03	49	3:25	106	3:37:14	5:08	51	9:53:38	59:41
40	280	Christer Ekdahl	Lidköping CK triathlon	1:02:59	16:34	54	3:38	28	5:13:22	34.47	133	2:06	32	3:31:35	5:00	37	9:53:40	59:43
41	372	Txema Córdoba Jiménez	CERDANYOLA TRIATLÓ	1:02:14	16:22	43	6:34	186	5:17:30	34.02	151	5:02	201	3:22:32	4:47	21	9:53:50	59:53
42	289	Niels Ebbe Lauridsen	TRI4	1:01:49	16:15	41	4:45	96	4:58:12	36.22	40	3:18	102	3:46:11	5:21	94	9:54:13	1:00:16
43	348	Martin Lassen	Fitness dk - TRI	1:00:17	15:51	36	4:19	67	5:05:07	35.40	74	2:02	24	3:42:43	5:16	77	9:54:26	1:00:29
44	521	Morten Halkjær	Svendborg Triathlonklub	1:15:32	19:52	202	4:29	77	4:52:50	36.88	23	3:05	90	3:39:28	5:12	60	9:55:23	1:01:26
45	533	Thomas Johannes Andersen	Brøndby Triathlon Club	1:08:20	17:58	107	5:14	127	5:01:29	35.82	59	2:24	39	3:38:49	5:11	58	9:56:13	1:02:16
46	373	Peter Moustén	Aalborg Triathlon Klub	1:13:56	19:27	185	6:54	202	5:10:20	34.80	106	5:43	223	3:19:27	4:43	17	9:56:17	1:02:20
47	378	Christophe Delalain	UA Société Générale	1:02:17	16:23	47	4:46	97	5:30:49	32.65	199	2:56	80	3:16:00	4:38	11	9:56:46	1:02:49
48	539	Per Laust Johansen	Team Challenge	1:12:01	18:56	143	5:23	136	4:59:18	36.09	44	1:57	19	3:38:13	5:10	55	9:56:50	1:02:53
49	364	Christian Høtoft Sørensen	Kalundborg Triathlon	1:10:01	18:25	125	5:56	162	5:05:56	35.30	80	3:53	135	3:31:09	5:00	36	9:56:52	1:02:56
50	287	Kim Nielsen	LSK-tri	1:03:13	16:38	56	5:39	149	4:55:46	36.52	30	1:48	12	3:50:44	5:28	113	9:57:07	1:03:10
51	395	Malik Lyng Reiding	Aarhus1900/Royal Greenland	58:15	15:19	26	4:01	51	5:06:14	35.27	83	2:49	69	3:46:10	5:21	93	9:57:27	1:03:30
52	384	Rasmus Fredslund	Team Challenge	1:19:04	20:48	230	4:43	92	4:49:30	37.31	12	4:49	186	3:39:43	5:12	63	9:57:46	1:03:49
53	554	Anders Glümer	TriNord	59:42	15:42	34	5:56	163	5:02:05	35.75	61	2:47	66	3:47:26	5:23	100	9:57:56	1:03:59
54	322	Kasper Therkildsen	Skovshoved Triathlon Klub	1:08:18	17:58	106	5:01	108	4:58:00	36.24	39	2:52	73	3:43:50	5:18	82	9:57:57	1:04:00
55	376	Frank Schmit	Celtic	1:15:07	19:45	196	3:57	46	5:12:07	34.60	125	2:27	41	3:24:34	4:50	24	9:58:10	1:04:13
56	599	Daniel Schaller		1:12:45	19:08	165	3:48	33	4:58:32	36.18	42	2:23	38	3:41:13	5:14	67	9:58:40	1:04:43
57	500	Poul Erik Stockfleth	Hareskovens Triathlon Klub	1:11:38	18:51	136	6:04	170	5:01:22	35.84	58	2:28	42	3:37:18	5:08	52	9:58:48	1:04:51
58	577	Christian Stenberg	Team Challenge	1:08:12	17:56	104	4:06	56	5:14:36	34.33	137	2:37	49	3:29:49	4:58	32	9:59:19	1:05:22
59	358	Lars Eriksen	TRI4	1:08:03	17:54	98	4:40	90	5:12:12	34.59	127	2:54	78	3:31:37	5:00	38	9:59:24	1:05:27
60	497	Ruben Kornum Nielsen	Holstebro Triathlon Klub	1:12:16	19:00	154	7:26	218	5:10:02	34.84	100	2:39	53	3:27:05	4:54	29	9:59:26	1:05:29
61	451	Fredrik Röök	AXA SC	57:40	15:10	14	3:04	14	5:12:09	34.60	126	3:52	134	3:42:46	5:16	78	9:59:29	1:05:32
62	312	Francesco Panarella	Forum Posillipo Triathlon Napoli	54:37	14:22	8	4:37	84	5:03:33	35.58	65	2:34	46	3:54:45	5:33	136	10:00:04	1:06:07
63	285	Martin Olesen	Aarhus 1900 Triathlon	1:04:06	16:52	61	4:36	83	5:00:23	35.96	53	2:20	36	3:48:55	5:25	106	10:00:17	1:06:20
64	439	Seppo Hiltunen	heleneholms tri team	1:07:18	17:42	90	4:11	59	5:28:14	32.90	188	2:30	43	3:18:25	4:42	14	10:00:37	1:06:40
65	464	Martin Monberg	Ninjas.dk	1:06:20	17:27	81	7:21	215	4:53:34	36.79	25	3:25	107	3:51:03	5:28	116	10:01:42	1:07:45
66	434	Klaus Jensen	Team Hechmann Sport	1:12:05	18:58	147	5:11	122	5:10:09	34.82	103	2:52	75	3:32:02	5:01	40	10:02:16	1:08:19
67	581	Tom Johan Jensen	TRI4	1:04:51	17:03	69	4:53	100	5:09:06	34.94	97	3:18	103	3:40:23	5:13	64	10:02:31	1:08:34
68	504	Anders Nørgaard Lassen	Team Challenge	1:06:17	17:26	79	4:38	85	4:53:35	36.79	26	3:07	94	3:55:13	5:34	140	10:02:49	1:08:52
69	445	Michael Orsulak	Holstebro Triathlon Klub	1:15:34	19:52	203	3:49	38	4:56:27	36.43	33	2:33	45	3:44:42	5:19	86	10:03:03	1:09:06
70	301	Kenneth Ejsenhardt	KVIK TRI TEAM	1:05:41	17:16	75	4:48	98	4:58:12	36.22	41	3:32	118	3:51:42	5:29	121	10:03:54	1:09:57
71	476	Rune Pauly	Ganløse Tri-Center	1:09:44	18:20	122	2:53	6	4:59:40	36.04	47	1:47	11	3:50:06	5:27	112	10:04:07	1:10:10
72	438	Janus Nørgaard	Skive AM Triathlon	1:07:50	17:50	95	4:01	50	5:06:07	35.28	82	3:45	125	3:42:37	5:16	76	10:04:18	1:10:21
73	321	Lars Bergau	Triathlon Team Hamburg	1:08:11	17:56	103	3:27	23	5:08:17	35.03	94	2:40	57	3:42:21	5:16	75	10:04:54	1:10:57
74	519	Jarand Fjeld	Genting Gruppetto	1:19:47	20:59	240	5:48	154	5:01:17	35.85	57	3:14	99	3:34:57	5:05	47	10:05:02	1:11:05
75	411	Assaf Lahav		1:04:13	16:53	62	4:15	64	5:20:16	33.72	160	2:44	64	3:33:57	5:04	45	10:05:23	1:11:26
76	421	Lars Kure	TriNord	1:12:14	19:00	152	4:30	78	5:15:12	34.27	138	3:02	88	3:30:28	4:59	34	10:05:24	1:11:27
77	278	Thomas Borlund Vang Klattrup	Skovshoved Triathlon Klub	1:14:17	19:32	188	5:34	146	5:00:19	35.96	52	3:44	124	3:42:12	5:15	74	10:06:05	1:12:08
78	490	Kasper Mønsted	Team Challenge	1:13:12	19:15	173	4:15	63	5:10:55	34.74	120	2:00	21	3:36:31	5:07	50	10:06:51	1:12:54
79	543	Müller Markus		1:07:23	17:43	92	6:32	185	5:08:42	34.99	95	3:10	95	3:41:09	5:14	66	10:06:55	1:12:58
80	530	Jeff Lee		1:15:30	19:51	201	7:54	230	5:08:04	35.06	92	3:30	114	3:32:20	5:01	41	10:07:16	1:13:19



# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 35-39 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
81	478	Philip Bryde Christiansen	Ninjas.dk	59:39	15:41	33	2:56	9	5:07:29	35.13	91	2:37	47	3:55:08	5:34	138	10:07:47	1:13:50
82	363	Jonas Birger-Christensen	Team Challenge	1:02:30	16:26	51	5:15	128	4:59:35	36.05	46	3:48	128	3:57:52	5:38	143	10:08:58	1:15:01
83	302	Harri Sivonen	Helsinki Triathlon	1:00:16	15:51	35	3:48	35	5:06:15	35.27	84	4:39	177	3:54:03	5:32	134	10:09:00	1:15:03
84	327	Mads Overgaard	Silkeborg Motion/Tri-Klub	57:14	15:03	12	5:31	141	5:17:56	33.97	153	4:46	183	3:43:47	5:18	81	10:09:13	1:15:16
85	570	Henrik Nielsen	Roskilde Triathlon Klub	1:06:58	17:37	85	4:03	54	5:10:33	34.78	111	4:19	162	3:43:29	5:17	80	10:09:21	1:15:24
86	431	Vaclav Petrsek		57:42	15:10	15	5:05	113	5:10:17	34.81	104	3:40	121	3:52:47	5:30	125	10:09:28	1:15:31
87	292	Tomi Martinjak	TK Ijubljana	1:13:08	19:14	170	5:28	139	5:00:04	35.99	51	3:58	140	3:47:03	5:22	98	10:09:39	1:15:42
88	585	Thomas Beck	Team Challenge	1:12:18	19:01	156	4:13	61	5:05:09	35.39	75	2:39	54	3:45:50	5:21	91	10:10:07	1:16:10
89	474	Lars Hornbeck	KVIK TRI TEAM	1:07:18	17:42	89	3:56	45	5:10:43	34.76	114	3:50	130	3:44:36	5:19	84	10:10:21	1:16:24
90	408	Rasmus Dahl Jensen	Ninjas.dk	1:14:39	19:38	190	3:33	25	5:14:03	34.39	134	2:49	70	3:35:48	5:06	49	10:10:50	1:16:53
91	381	Morten Lund Christiansen	Team Challenge	1:10:35	18:34	131	6:38	194	5:14:07	34.38	136	3:20	104	3:38:23	5:10	57	10:13:01	1:19:04
92	535	Marco Lopez	Tri-Team SSV Ettlingen	1:02:32	16:27	52	4:22	70	5:12:38	34.55	131	4:17	159	3:49:22	5:26	109	10:13:07	1:19:10
93	564	Morten Hasselbalch	Team Challenge	1:07:57	17:52	97	4:32	81	5:12:15	34.59	128	2:32	44	3:48:28	5:24	104	10:15:41	1:21:44
94	323	Mikkel Frederik S. Vilhelmsen	Fitness dk - TRI	1:04:13	16:53	63	4:17	66	5:10:03	34.83	101	4:17	160	3:53:49	5:32	130	10:16:37	1:22:40
95	582	Tommas Jensen	KVIK TRI TEAM	1:09:44	18:20	121	3:51	41	5:05:56	35.30	79	4:12	154	3:52:59	5:31	127	10:16:40	1:22:44
96	475	Henrik Koppel	Team Challenge	55:19	14:33	10	6:25	182	5:16:52	34.08	147	3:41	122	3:55:01	5:34	137	10:17:17	1:23:20
97	442	William Rosenström		1:11:54	18:55	141	4:28	74	5:07:13	35.16	89	2:38	50	3:51:09	5:28	118	10:17:20	1:23:23
98	499	Anders Ploug	HG Atletik, Triathlon og Motion	1:09:53	18:23	123	7:46	227	5:04:29	35.47	71	4:21	165	3:51:04	5:28	117	10:17:32	1:23:35
99	473	Peter Poulsen	Køge Tri Team 2000	1:09:29	18:16	118	7:46	226	5:19:25	33.81	156	3:18	101	3:37:38	5:09	53	10:17:34	1:23:37
100	277	Conal Mc Bride		1:10:03	18:25	126	4:31	79	5:24:03	33.33	174	4:26	170	3:35:15	5:06	48	10:18:15	1:24:19
101	565	Bryan Wiltshire	Clapham Chasers	1:10:33	18:33	130	5:58	165	5:04:01	35.52	68	3:48	128	3:53:58	5:32	133	10:18:17	1:24:20
102	284	Jacob Schmidt	Team Challenge	1:02:15	16:22	44	3:57	47	5:03:08	35.63	63	3:58	141	4:05:53	5:49	167	10:19:09	1:25:12
103	593	Peter Bason	Team Challenge	1:13:11	19:15	172	6:39	196	5:10:30	34.78	110	3:57	139	3:46:17	5:21	95	10:20:33	1:26:36
104	398	Martin Nymann	Aalborg Triathlon Klub	1:12:33	19:05	162	8:16	243	5:12:58	34.51	132	3:05	90	3:44:11	5:18	83	10:21:01	1:27:04
105	556	Jan Lunddal	Team Challenge	1:16:45	20:11	215	6:21	179	5:04:30	35.47	72	4:54	193	3:49:15	5:25	107	10:21:44	1:27:47
106	389	Lasse Mench	Fitness dk - TRI	1:12:09	18:59	150	3:47	32	5:22:47	33.46	170	1:34	3	3:41:46	5:15	71	10:22:01	1:28:04
107	427	Jan Olesen	Team Triathlon Herning	1:05:51	17:19	76	4:24	73	5:05:31	35.35	77	2:02	23	4:04:29	5:47	163	10:22:15	1:28:18
108	536	Ruben Pr Skov	Team Challenge	1:12:30	19:04	161	4:35	82	5:04:15	35.50	70	2:55	79	3:58:06	5:38	144	10:22:18	1:28:21
109	471	Lasse Lindholm	Team Challenge	1:18:43	20:42	228	5:20	134	5:09:59	34.84	99	2:52	74	3:45:27	5:20	89	10:22:20	1:28:23
110	555	Jan Köhler		1:13:51	19:25	184	4:39	87	5:19:59	33.75	158	2:14	33	3:41:50	5:15	73	10:22:31	1:28:34
111	2045	Stephan Rimer	Team Challenge	1:08:42	18:04	111	5:04	111	5:09:27	34.90	98	3:31	116	3:55:52	5:35	141	10:22:34	1:28:37
112	342	Anders Vinther Larsen	Farsø Tri og Trim	58:47	15:28	27	4:12	60	5:30:17	32.70	197	2:44	65	3:46:39	5:22	97	10:22:38	1:28:41
113	550	Ronni Belling	Team Challenge	1:09:42	18:20	120	4:14	62	5:01:13	35.85	55	3:30	115	4:04:14	5:47	162	10:22:52	1:28:55
114	2009	Søren Jørgensen	Fitness dk - TRI	1:13:41	19:23	181	5:41	151	5:14:05	34.39	135	4:12	155	3:45:17	5:20	88	10:22:55	1:28:58
115	572	Andre Mägi	Estonian Triathlon Association	1:12:44	19:08	164	4:23	72	5:10:40	34.76	113	2:43	63	3:52:57	5:31	126	10:23:25	1:29:28
116	491	Adam Powers	Team Challenge	54:02	14:13	5	4:44	95	5:05:36	35.34	78	3:24	105	4:16:03	6:04	203	10:23:48	1:29:51
117	410	Jesper Pedersen	Kolding Triathlon Klub	1:15:20	19:49	200	5:09	119	5:05:15	35.38	76	3:04	89	3:55:11	5:34	139	10:23:58	1:30:01
118	460	Lars Friis Møller	Odense Triathlon Klub	1:03:24	16:40	58	5:32	143	5:23:13	33.41	172	3:39	120	3:48:48	5:25	105	10:24:34	1:30:37
119	415	Thomas Baumann	Fitness dk - TRI	1:25:07	22:23	271	5:16	129	4:43:53	38.04	5	2:23	37	4:09:36	5:54	186	10:26:13	1:32:16
120	522	Martin Haaning	Odder Triathlon Klub	1:15:13	19:47	197	8:44	257	5:10:46	34.75	117	3:42	123	3:48:26	5:24	103	10:26:49	1:32:52
121	468	Claus Tranberg	Sigma Nordsjælland Triathlon klub	1:18:26	20:38	224	6:17	175	5:16:08	34.16	143	4:38	176	3:41:28	5:14	69	10:26:54	1:32:57
122	465	Rune Larsen	Team Challenge	1:07:35	17:46	94	8:18	244	5:01:15	35.85	56	3:27	109	4:06:40	5:50	173	10:27:12	1:33:15
123	375	Jacob Nielsen	Team Challenge	1:13:50	19:25	183	7:03	205	5:16:36	34.11	146	5:37	217	3:44:41	5:19	85	10:27:44	1:33:47
124	528	Thomas Aarhøj Knudsen	Fitness dk - TRI	1:20:13	21:06	244	9:47	281	5:02:01	35.76	60	5:55	228	3:49:57	5:26	111	10:27:51	1:33:54
125	426	Dennis Christensen	Brøndby Triathlon Club	1:12:23	19:02	159	4:21	69	5:03:01	35.64	62	4:00	143	4:04:32	5:47	164	10:28:15	1:34:18
126	534	Bo Velds Andersen	Team Challenge	1:23:23	21:56	257	8:30	250	5:11:55	34.63	123	3:29	112	3:41:31	5:14	70	10:28:46	1:34:49
127	276	Janne Koivuperä	Stockholm City Triathlon Club	1:09:38	18:19	119	5:34	147	5:32:42	32.46	213	4:07	150	3:37:45	5:09	54	10:29:43	1:35:46
128	510	Sonny Korte	Fitness dk - TRI	1:02:39	16:29	53	2:56	8	5:20:24	33.71	161	2:16	34	4:01:34	5:43	153	10:29:48	1:35:51
129	414	Simon Tollerud	Team Challenge	1:24:11	22:09	263	5:06	114	5:06:49	35.20	87	3:29	113	3:51:59	5:29	123	10:31:32	1:37:35
130	597	Gorm Carson	Kolding Triathlon Klub	1:12:03	18:57	146	6:35	188	5:30:54	32.64	201	4:22	166	3:39:35	5:12	61	10:33:27	1:39:30
131	391	Morten Villadsen	Team Challenge	1:08:05	17:54	99	8:00	235	5:31:02	32.63	202	7:53	277	3:39:14	5:11	59	10:34:12	1:40:15
132	584	James Johnsen	Team Challenge	1:12:05	18:58	148	10:46	292	5:26:34	33.07	183	4:20	163	3:41:25	5:14	68	10:35:08	1:41:11
133	303	Jesper Ulrik Klinggaard Nielsen	Team Challenge	1:08:09	17:55	100	4:43	93	5:11:44	34.65	122	3:46	126	4:07:47	5:52	178	10:36:06	1:42:09
134	359	John Keogh		1:04:35	16:59	67	9:47	280	5:22:17	33.51	167	6:16	241	3:53:18	5:31	128	10:36:10	1:42:13
135	334	Dan Bralye	Haderslev TRI 2000	1:34:10	24:46	303	4:08	57	4:31:25	39.79	1	2:04	26	4:24:36	6:16	228	10:36:21	1:42:24
136	283	Pål Ragnar Wiik	Veritas BIL	1:11:32	18:49	135	5:02	109	5:10:44	34.76	115	2:56	81	4:06:23	5:50	170	10:36:36	1:42:39
137	469	Aho Augasmägi	21CC Triatloniklubi	1:11:58	18:56	142	4:39	88	5:10:19	34.80	105	2:56	82	4:07:27	5:51	177	10:37:17	1:43:20
138	299	Przemyslaw Szuder		1:10:04	18:26	127	3:46	31	5:19:48	33.77	157	3:34	119	4:00:12	5:41	149	10:37:23	1:43:26
139	2012	Jens Kaarsberg Puggaard	Team Challenge	1:10:49	18:38	134	4:20	68	5:21:51	33.56	165	2:05	28	3:59:26	5:40	147	10:38:28	1:44:31

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 35-39 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
140	520	Morten Reinewald	Aalborg Triathlon Klub	1:20:09	21:05	243	5:16	130	5:24:34	33.28	175	2:25	40	3:47:10	5:22	99	10:39:32	1:45:35
141	416	Jacob Zeeberg	Fitness dk - TRI	57:19	15:04	13	4:29	75	4:59:33	36.06	45	2:51	71	4:35:29	6:31	247	10:39:38	1:45:41
142	509	Martin Buhl Svanum	Bagsværd Atletik Club, TRI afdeling	1:06:46	17:34	84	7:14	207	5:38:26	31.91	238	3:13	97	3:44:53	5:19	87	10:40:30	1:46:33
143	456	Troels Brøndum Andersen	Team Challenge	1:16:15	20:03	208	4:29	75	5:15:44	34.21	141	2:42	61	4:01:58	5:44	154	10:41:06	1:47:09
144	477	Kim Jacobsen	Holbæk Svømme Klub Triathlon	58:14	15:19	25	5:16	131	5:31:48	32.55	206	3:50	131	4:03:35	5:46	160	10:42:42	1:48:45
145	393	Jesper De Place	Team Challenge	1:10:07	18:26	128	8:39	255	5:17:16	34.04	150	4:10	153	4:02:57	5:45	156	10:43:07	1:49:10
146	437	Michael Boye Christensen	Langgarverne	1:23:41	22:01	258	5:49	157	4:59:44	36.03	48	6:11	238	4:07:52	5:52	179	10:43:15	1:49:18
147	482	Stig Warsla	Stavanger Triathlonklubb	1:05:59	17:21	77	6:37	190	5:09:03	34.95	96	5:14	209	4:17:09	6:05	207	10:44:01	1:50:04
148	511	Truls Eirik Holm	Asker Triathlon	1:31:54	24:10	298	7:17	212	4:50:22	37.20	14	7:42	271	4:06:59	5:51	175	10:44:11	1:50:14
149	320	Andrew Jopson	Blackwater Tri/HPU Race Team	59:21	15:36	30	5:00	106	5:37:44	31.98	236	4:36	174	3:57:45	5:38	142	10:44:24	1:50:27
150	383	Kenneth Søborg	Køge Tri Team 2000	1:08:14	17:57	105	12:54	302	5:19:10	33.84	154	5:47	226	3:59:47	5:40	148	10:45:50	1:51:53
151	412	Marcus Lindqvist	Helsinki Triathlon	1:06:40	17:32	83	5:11	123	5:00:41	35.92	54	1:44	9	4:33:04	6:28	241	10:47:20	1:53:23
152	367	Jeppe Sørensen	Fitness dk - TRI	1:02:16	16:22	45	5:49	155	5:16:34	34.12	144	5:05	203	4:18:01	6:06	209	10:47:42	1:53:45
153	596	Fouquet Yannick	SSF Bonn	1:12:02	18:57	144	6:01	168	5:26:33	33.07	182	4:55	194	3:58:46	5:39	146	10:48:16	1:54:19
154	318	Thomas Larsen	Fredericia Triathlon Team	1:19:19	20:52	235	4:10	58	5:11:01	34.73	121	4:05	148	4:11:56	5:58	196	10:50:30	1:56:33
155	282	Håkan Nilsson	Kristianstads Triathlonklubb	1:13:44	19:24	182	5:07	115	5:16:34	34.12	145	3:14	99	4:12:01	5:58	197	10:50:39	1:56:42
156	430	Razvan Staicu		1:02:28	16:26	50	4:00	49	5:04:45	35.44	73	2:04	27	4:37:57	6:35	253	10:51:13	1:57:16
157	324	Sami Mattila		1:08:09	17:55	101	5:29	140	5:27:00	33.03	184	4:05	147	4:06:41	5:50	174	10:51:22	1:57:25
158	484	Mads Rimstad		1:18:39	20:41	227	5:41	152	5:21:34	33.59	164	2:56	83	4:02:36	5:44	155	10:51:24	1:57:27
159	498	Marcus Thim		1:16:25	20:06	212	7:38	221	5:22:18	33.51	168	7:00	256	3:58:29	5:39	145	10:51:49	1:57:52
160	523	Søren Hjermtitslev	RANDERS ATLETIK FREJA	1:04:32	16:58	66	6:35	187	5:27:36	32.97	187	3:57	138	4:09:21	5:54	184	10:51:58	1:58:01
161	316	Morten Eckholdt	LSK-tri	1:08:38	18:03	109	4:53	99	5:17:51	33.98	152	2:42	60	4:18:54	6:08	214	10:52:56	1:58:59
162	589	Brian Hansen	Karlsunde Tri	1:17:52	20:29	221	8:42	256	5:32:02	32.53	207	4:51	188	3:50:49	5:28	114	10:54:15	2:00:18
163	567	Ebbe Hendriksen	Fitness dk - TRI	1:16:36	20:09	213	9:19	270	5:10:49	34.75	118	8:48	290	4:08:58	5:53	181	10:54:28	2:00:31
164	290	Christian Payne		1:24:30	22:14	266	9:16	268	5:33:05	32.42	216	4:42	178	3:43:00	5:17	79	10:54:32	2:00:35
165	516	Mikkel Holtov	Kalundborg Triathlon	1:04:47	17:02	68	3:24	22	5:10:35	34.77	112	3:52	133	4:31:56	6:26	237	10:54:32	2:00:35
166	353	Thomas Eibner		1:04:57	17:05	72	6:01	169	5:20:46	33.67	162	4:25	168	4:18:30	6:07	213	10:54:37	2:00:40
167	493	Nicki Hauglund	Team Challenge	1:13:20	19:17	178	10:17	285	5:19:20	33.82	155	5:13	207	4:06:35	5:50	172	10:54:43	2:00:46
168	368	Kermo Tsäro	Haanja RK	1:25:21	22:27	274	3:48	36	5:20:09	33.74	159	2:52	75	4:03:05	5:45	157	10:55:13	2:01:16
169	360	Mikkel Hjorth Christophersen	Fitness dk - TRI	1:01:58	16:18	42	7:18	213	5:22:46	33.46	169	5:32	215	4:18:24	6:07	212	10:55:56	2:01:59
170	481	Michael Gamst	Team Challenge	1:29:33	23:33	289	6:51	200	5:22:01	33.54	166	5:54	227	3:52:33	5:30	124	10:56:50	2:02:53
171	403	Jimmy Woxholt	Holbæk Svømme Klub Triathlon	1:08:33	18:02	108	4:57	102	5:25:09	33.22	176	4:00	146	4:14:55	6:02	201	10:57:33	2:03:36
172	576	Balandraud Eric	Free Iron Team	1:01:28	16:10	40	5:00	107	5:35:56	32.15	225	5:37	219	4:09:44	5:55	187	10:57:44	2:03:47
173	344	Karol Mattila		1:18:16	20:35	223	4:22	71	5:28:50	32.84	190	2:39	54	4:03:45	5:46	161	10:57:50	2:03:53
175	467	Jesper Møller	Team Challenge	1:11:52	18:54	139	7:49	229	5:17:06	34.06	149	4:18	161	4:17:25	6:05	208	10:58:28	2:04:31
176	361	Alexey Cheskidov	EVEN	1:30:33	23:49	294	5:56	163	5:30:53	32.64	200	4:07	149	3:47:36	5:23	101	10:59:03	2:05:06
177	432	Martin Sonne	Team Challenge	1:20:02	21:03	242	8:51	259	5:15:53	34.19	142	4:00	143	4:10:32	5:56	191	10:59:17	2:05:20
178	558	Jakob Ljungberg	Team Challenge	1:24:19	22:11	264	8:56	262	5:16:53	34.08	148	2:58	85	4:07:27	5:51	176	11:00:31	2:06:34
179	450	Mikko Lahikainen		1:25:18	22:26	273	6:22	180	5:28:54	32.84	191	6:18	243	3:53:42	5:32	129	11:00:32	2:06:35
180	440	Björn Lilja	Frostamultisport	1:09:10	18:12	115	6:08	173	5:12:21	34.58	130	3:55	136	4:29:09	6:22	235	11:00:43	2:06:46
181	553	Kenneth Nielsen	Islev Triathlon Klub	1:06:19	17:26	80	4:39	86	5:07:14	35.15	90	4:26	169	4:38:16	6:35	255	11:00:52	2:06:55
182	2006	Mikkel Henriksen	Team Challenge	1:29:48	23:37	290	9:28	274	5:32:36	32.47	212	3:28	110	3:46:07	5:21	92	11:01:25	2:07:28
183	402	Kristian Ortner	Crisp Team	1:24:49	22:19	268	8:55	260	5:32:45	32.46	214	5:43	225	3:49:20	5:26	108	11:01:30	2:07:33
184	311	Denis Dupont	TRI4	1:14:50	19:41	193	6:31	184	5:27:31	32.98	186	7:36	269	4:06:04	5:49	169	11:02:30	2:08:33
185	308	Toni Brandenhoff		1:27:12	22:56	281	7:45	225	5:26:07	33.12	179	7:49	275	3:53:52	5:32	132	11:02:43	2:08:46
186	544	Jon Dufty	Lichfield Tri	1:17:52	20:29	220	4:40	89	5:31:17	32.60	205	8:29	287	4:00:30	5:41	151	11:02:46	2:08:49
187	394	Michael Olsson		1:04:56	17:05	71	5:42	153	5:33:22	32.40	217	4:53	190	4:14:19	6:01	199	11:03:09	2:09:12
188	563	Thomas Lind	Team Challenge	1:28:14	23:12	283	6:36	189	5:34:31	32.29	221	4:45	182	3:49:40	5:26	110	11:03:44	2:09:47
189	325	Daniel Hovel Hansen	KTK 86	1:11:54	18:55	140	4:16	65	5:10:22	34.80	108	3:07	93	4:34:52	6:30	244	11:04:28	2:10:31
190	559	Søren Sprogøe	KVIK TRI TEAM	1:14:06	19:29	186	5:59	166	5:25:46	33.15	178	2:43	62	4:16:15	6:04	205	11:04:47	2:10:50
191	595	Rene Krarup	Team Challenge	1:19:31	20:55	237	5:49	156	4:57:31	36.30	38	2:56	84	4:40:01	6:38	259	11:05:47	2:11:50
192	286	Neill Turley	Piranha Tri club	1:09:56	18:24	124	9:44	279	5:32:33	32.48	209	8:11	281	4:05:29	5:49	165	11:05:52	2:11:56
193	314	Fredrik Bidevind	Utbrytarna SK	1:20:37	21:12	247	9:20	271	5:32:34	32.48	211	4:22	166	4:00:14	5:41	150	11:07:04	2:13:07
194	494	Uffe David	Team Challenge	1:23:04	21:51	254	8:26	248	5:37:30	32.00	234	6:54	255	3:51:32	5:29	120	11:07:24	2:13:27
195	319	Jakob Glud Borberg	TRI4									4:00	142	3:51:12	5:28	119	11:07:27	2:13:30
196	552	Hannu Koskenranta	Helsinki Triathlon	1:23:05	21:51	255	8:04	236	5:20:52	33.66	163	4:30	171	4:11:34	5:57	194	11:08:03	2:14:06
197	422	Peter Thomsen	Team Challenge	1:03:05	16:35	55	5:32	145	5:38:58	31.86	240	4:53	191	4:16:29	6:04	206	11:08:56	2:14:59
198	575	Mads Holm Andersen	Team Challenge	1:16:21	20:05	210	4:44	94	5:39:30	31.81	242	5:37	216	4:03:15	5:45	159	11:09:25	2:15:28
199	401	Martin Boye	Team AV Gold	1:21:09	21:21	250	9:18	269	5:52:43	30.62	271	5:07	205	3:41:49	5:15	72	11:10:04	2:16:07

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 35-39 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
200	517	Martin Brandt Nielsen	Team Challenge	1:15:01	19:44	194	7:54	231	5:08:13	35.04	93	2:48	67	4:36:58	6:33	252	11:10:53	2:16:56
201	532	Alexander Zeiner		1:18:32	20:39	225	6:13	174	5:33:54	32.35	220	5:04	202	4:09:32	5:54	185	11:13:13	2:19:16
202	392	Antti Hagqvist	iron Coaching	1:04:16	16:54	64	3:46	30	5:10:08	34.82	102	7:06	258	4:49:07	6:51	272	11:14:21	2:20:24
203	512	Brian Westergaard Hansen	Team Challenge	1:14:49	19:41	191	5:59	167	5:36:41	32.08	232	6:36	247	4:10:35	5:56	192	11:14:39	2:20:42
204	455	Darren O Connell	Triathlon Ireland	1:12:21	19:02	158	5:39	150	6:06:33	29.46	289	2:58	86	3:48:05	5:24	102	11:15:35	2:21:38
205	466	Bo Mortensen	Fitness dk - TRI	1:08:39	18:03	110	5:08	118	5:25:33	33.18	177	9:06	294	4:27:54	6:20	233	11:16:19	2:22:22
206	579	Yuzo Saito		1:13:04	19:13	168	5:21	135	5:36:50	32.06	233	2:06	31	4:19:04	6:08	216	11:16:24	2:22:27
207	433	Jussi Viljanen		1:10:09	18:27	129	6:27	183	5:15:15	34.26	139	4:09	152	4:42:30	6:41	262	11:18:29	2:24:32
208	386	Claus Vognsen	Team Challenge	1:12:10	18:59	151	3:11	18	5:06:03	35.29	81	5:02	200	4:52:29	6:55	274	11:18:53	2:24:56
209	583	Matej Cufur	Islev Triathlon Club	1:05:14	17:09	74	6:08	172	5:06:24	35.25	85	7:24	267	4:54:00	6:57	277	11:19:09	2:25:12
210	346	Christian Hansen	TriNord	1:03:37	16:44	59	3:53	42	5:22:58	33.44	171	5:00	198	4:43:45	6:43	265	11:19:11	2:25:14
211	594	Thomas Bindsbøll Jakobsen	Team Challenge	1:15:04	19:45	195	5:18	133	5:45:37	31.25	253	3:26	108	4:10:37	5:56	193	11:20:00	2:26:03
212	453	Henning Rosqvist	Team Challenge	1:24:20	22:11	265	10:35	290	5:10:45	34.76	116	8:08	279	4:26:17	6:18	229	11:20:03	2:26:06
213	347	Rasmus Sindahl Dahm	Fitness dk - TRI	1:07:17	17:42	88	6:19	177	5:23:49	33.35	173	4:53	192	4:38:05	6:35	254	11:20:22	2:26:25
214	483	Mick Hanning	Slagelse, Korsør & Skælskør Triatf	1:13:38	19:22	180	7:56	232	6:12:22	29.00	296	6:11	239	3:40:57	5:14	65	11:21:03	2:27:06
215	355	Michael Kjær	Fitness dk - TRI	1:32:18	24:17	299	7:25	216	5:48:10	31.02	260	6:40	250	3:46:35	5:22	96	11:21:06	2:27:09
216	502	Kennet Söderena	Frosta multisport	59:29	15:39	31	6:42	197	5:48:10	31.02	259	4:51	189	4:22:42	6:13	223	11:21:53	2:27:56
217	400	Michael Brock	Fredericia Triathlon Team	1:19:09	20:49	232	6:38	192	5:45:05	31.30	252	6:05	236	4:06:00	5:49	168	11:22:56	2:28:59
218	326	Kristian Kristiansen		1:25:05	22:23	270	10:22	289	5:29:34	32.77	193	10:42	298	4:09:10	5:54	183	11:24:52	2:30:55
219	306	Kenneth Fredin Faurholt	Aarhus 1900 Triathlon	1:10:39	18:35	133	7:00	204	5:53:36	30.54	272	7:22	265	4:06:25	5:50	171	11:25:00	2:31:03
220	508	Søren Jensen	RANDERS ATLETIK FREJA	1:19:01	20:47	229	10:18	286	5:37:58	31.96	237	6:05	235	4:11:41	5:57	195	11:25:02	2:31:05
221	531	Svenn-Ivar Svendsen		1:13:18	19:17	176	5:56	161	5:42:00	31.58	245	4:56	195	4:19:02	6:08	215	11:25:10	2:31:13
222	356	Morten Kratz	Fitness dk - TRI	1:16:19	20:05	209	11:23	299	5:33:43	32.36	219	7:55	278	4:16:00	6:03	202	11:25:18	2:31:22
223	513	Miika Syrjänen		1:07:20	17:43	91	5:35	148	5:41:48	31.60	244	4:13	156	4:26:39	6:19	230	11:25:32	2:31:35
224	366	Stephen Butler	Waterford Triathlon Club	1:24:04	22:07	260	7:17	211	5:34:51	32.25	222	5:13	208	4:14:45	6:02	200	11:26:08	2:32:11
225	562	Lars Alber	TriNord	1:12:28	19:04	160	7:37	220	5:36:20	32.11	230	5:31	213	4:24:29	6:16	227	11:26:23	2:32:26
226	396	Guner Veliovski	Team Challenge	1:12:15	19:00	153	9:23	272	5:39:17	31.83	241	6:49	253	4:20:01	6:09	218	11:27:43	2:33:46
227	425	Dennis Eirup	Kalundborg Triathlon	1:21:55	21:33	251	9:06	266	5:27:15	33.00	185	6:53	254	4:22:46	6:13	225	11:27:53	2:33:57
228	526	Markus Hofmann		1:08:53	18:07	114	5:05	112	5:48:39	30.98	263	4:14	157	4:21:19	6:11	220	11:28:09	2:34:12
229	291	Søren Frank Hansen	Fitness dk - TRI	1:08:44	18:05	113	5:12	124	5:51:18	30.74	266	5:38	220	4:18:03	6:06	210	11:28:53	2:34:56
230	343	Damien Byrne		1:06:08	17:23	78	6:05	171	5:36:38	32.08	231	5:01	199	4:35:13	6:31	245	11:29:03	2:35:06
231	420	Peter Naudts		1:09:12	18:12	116	12:25	301	5:35:12	32.22	223	17:42	310	4:18:23	6:07	211	11:32:52	2:38:55
232	340	Bjørn Metzler	Team Challenge	1:25:13	22:25	272	5:00	105	5:48:26	31.00	262	4:45	181	4:10:31	5:56	190	11:33:53	2:39:56
233	495	Ole Konge Jensen	Team Challenge	1:27:27	23:00	282	6:46	198	5:55:06	30.42	274	3:46	127	4:01:29	5:43	152	11:34:32	2:40:35
234	370	Teemu Vieruaho	Team Rynkeby Helsinki	1:24:01	22:06	259	8:29	249	5:48:07	31.02	258	8:25	285	4:05:35	5:49	166	11:34:35	2:40:38
235	349	Jakob Nørr	Karlsunde Tri	1:28:17	23:13	284	11:11	296	5:44:29	31.35	250	8:23	284	4:03:10	5:45	158	11:35:27	2:41:30
236	305	Patrick Didriksen	Team AV Gold	59:34	15:40	32	4:59	104	5:36:00	32.14	226	6:44	251	4:48:22	6:49	271	11:35:37	2:41:40
237	571	Ole Schneider Nielsen	Vejen Tri og Motion	1:16:45	20:11	214	9:26	273	5:42:59	31.49	248	7:07	260	4:19:35	6:09	217	11:35:51	2:41:54
238	448	Pär Sikö		1:12:55	19:11	166	7:41	223	5:46:51	31.14	256	6:05	234	4:23:15	6:14	226	11:36:45	2:42:49
239	350	Michael Jonasen	Fitness dk - TRI	1:23:14	21:54	256	9:34	275	5:51:24	30.73	267	4:32	172	4:08:19	5:53	180	11:37:02	2:43:05
240	551	Mikkel Ørskov	Team Challenge	1:39:29	26:10	306	8:07	241	5:33:43	32.36	218	7:13	262	4:09:09	5:54	182	11:37:39	2:43:42
241	505	Casper Franck	TriNord	1:20:45	21:14	248	8:14	242	5:35:54	32.15	224	5:30	212	4:27:27	6:20	231	11:37:47	2:43:50
242	374	Søren Borch	Vejle IF Triathlon	1:12:07	18:58	149	6:49	199	5:36:10	32.13	227	6:37	248	4:36:50	6:33	250	11:38:31	2:44:34
243	335	Johan Carlsgart	Team Challenge	1:15:17	19:48	198	4:58	103	5:41:25	31.63	243	5:39	221	4:31:43	6:26	236	11:39:00	2:45:03
244	332	Alan Mullin	Hong Kong Triathlon Association	1:15:19	19:48	199	7:16	210	5:56:20	30.31	279	7:03	257	4:13:15	6:00	198	11:39:09	2:45:12
245	568	Stig Grangaard	Vejle IF Triathlon	1:19:10	20:49	233	8:48	258	5:44:30	31.35	251	6:23	244	4:20:39	6:10	219	11:39:27	2:45:30
246	487	Thomas Børsen	Team Challenge	1:17:46	20:27	219	7:14	208	5:31:12	32.61	203	4:48	184	4:38:47	6:36	257	11:39:45	2:45:48
247	578	Agusti Perez Capdevila	Club Triatló Costa de Barcelona Me	1:11:51	18:54	138	5:10	120	5:36:18	32.12	228	8:12	282	4:38:30	6:35	256	11:39:58	2:46:01
248	380	Peter Dalby Madsen	Team Challenge	1:20:20	21:08	245	8:07	240	5:29:42	32.76	194	10:12	296	4:33:03	6:28	239	11:41:21	2:47:24
249	406	Kristian Knudsen	Holbæk Svømme Klub Triathlon	1:12:58	19:11	167	8:56	261	5:30:01	32.73	195	8:22	283	4:42:34	6:41	263	11:42:49	2:48:52
250	557	Brian Foged	Team Challenge	1:29:55	23:39	291	10:21	288	5:46:03	31.21	254	7:13	261	4:10:17	5:55	189	11:43:47	2:49:50
251	452	Thomas Borggaard Pajor	Team Challenge	1:18:38	20:41	226	6:38	191	5:10:28	34.79	109	4:44	180	5:03:32	7:11	286	11:43:58	2:50:01
252	527	Matjaz Strnad Volkar	3K Sport	1:07:34	17:46	93	6:57	203	5:30:09	32.71	196	16:03	307	4:47:04	6:48	269	11:47:46	2:53:49
253	390	Trygve Gjølborg	Fredrikstad Triathlon klubb	1:26:03	22:38	275	8:04	237	5:30:47	32.65	198	7:07	259	4:40:01	6:38	258	11:52:00	2:58:03
254	441	Leo Hansen	Team Challenge	1:14:34	19:37	189	5:14	126	5:56:41	30.28	280	3:10	96	4:33:04	6:28	240	11:52:41	2:58:44
255	435	Peter Jakobsen	Team Challenge	1:10:35	18:34	132	8:06	239	5:37:34	31.99	235	10:37	297	4:46:18	6:47	268	11:53:08	2:59:11
256	397	Rony Seamons	Celtic Tri	1:08:09	17:55	102	7:58	233	5:46:39	31.16	255	5:56	230	4:44:42	6:44	267	11:53:22	2:59:25
257	2007	Michael Toftelund	Svendborg Triathlonklub	1:32:48	24:25	302	13:02	303	5:36:20	32.11	229	8:36	289	4:22:44	6:13	224	11:53:28	2:59:31
258	2008	Morten Kjæmpe	Fitness dk - TRI	1:13:06	19:14	169	9:16	267	5:26:24	33.09	180	5:40	222	4:59:24	7:05	283	11:53:48	2:59:51

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 35-39 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
259	413	Fredrik Ivansson Flinta		1:19:47	20:59	239	10:10	283	5:55:54	30.35	276	7:45	273	4:21:54	6:12	221	11:55:29	3:01:32
260	546	Brian Wallentin Bagge	Team Challenge	1:19:42	20:58	238	5:31	142	5:44:24	31.36	249	4:49	187	4:42:17	6:41	261	11:56:41	3:02:44
261	388	Alex Christiansen	Team Challenge	1:13:18	19:17	175	8:05	238	5:06:41	35.22	86	12:06	303	5:16:43	7:30	291	11:56:51	3:02:54
262	443	Cornelis Pronk	Frosta Multisport	1:22:49	21:47	253	7:43	224	5:32:56	32.44	215	8:55	293	4:47:55	6:49	270	12:00:16	3:06:19
263	489	Anders Friis Olsen	Team Challenge	1:24:52	22:20	269	18:26	309	5:56:01	30.34	277	11:57	301	4:09:58	5:55	188	12:01:12	3:07:15
264	524	Nicolai Sørensen	Fitness dk - TRI	1:20:59	21:18	249	7:13	206	5:26:25	33.09	181	4:15	158	5:03:29	7:11	285	12:02:19	3:08:22
265	601	Claus Nyrup Højsholt-Nielsen	Aalborg Triathlon Klub	1:29:05	23:26	287	9:53	282	6:02:09	29.82	287	6:28	245	4:16:09	6:04	204	12:03:43	3:09:46
266	463	Ryoichi Miyamoto		1:16:05	20:01	206	10:19	287	6:04:41	29.62	288	6:02	233	4:27:29	6:20	232	12:04:33	3:10:36
267	501	Troels Panduro Andersen	Team Challenge	1:17:31	20:23	217	7:31	219	5:29:33	32.77	192	7:49	274	5:02:24	7:09	284	12:04:46	3:10:49
268	586	Anders Rygaard	Team Challenge	1:30:33	23:49	292	10:14	284	5:58:17	30.14	284	5:07	206	4:22:14	6:12	222	12:06:23	3:12:26
270	300	Christian Klevang	Fitness dk - TRI	1:19:06	20:48	231	9:01	265	5:50:34	30.81	265	5:05	204	4:43:23	6:42	264	12:07:08	3:13:11
271	537	Stein Ove Ødegård	Sportsklubben CERES	1:29:21	23:30	288	10:49	293	5:42:26	31.54	247	9:34	295	4:35:59	6:32	248	12:08:08	3:14:11
272	297	Ulrik Schultz	Fitness dk - TRI	1:32:25	24:19	300	7:26	217	5:47:39	31.07	257	4:59	196	4:40:33	6:38	260	12:13:00	3:19:03
273	590	Daniel Liddard		1:09:18	18:13	117	8:57	263	5:51:50	30.70	268	5:55	229	4:58:18	7:04	281	12:14:16	3:20:19
274	587	Daniel Lindberg	Utbrytarna SK	1:26:51	22:51	277	10:52	294	5:56:01	30.34	278	7:20	264	4:36:50	6:33	251	12:17:53	3:23:56
275	454	Bernd Müller-Gerberding		1:26:54	22:52	278	11:56	300	5:59:58	30.00	286	5:16	210	4:34:28	6:30	243	12:18:30	3:24:33
276	404	Rasmus Elgaard	Fitness dk - TRI	1:42:06	26:52	307	6:17	175	5:52:20	30.65	269	5:19	211	4:33:02	6:28	238	12:19:01	3:25:04
277	472	Rene Petersen	Team Challenge	1:19:28	20:54	236	9:39	276	5:50:18	30.83	264	5:43	224	4:53:59	6:57	276	12:19:06	3:25:09
278	330	Tomas Lagus		58:05	15:17	24	5:11	121	5:52:20	30.65	270	5:37	218	5:18:39	7:33	293	12:19:50	3:25:53
279	279	Mads Ege Grønbæk Larsen	Fitness dk - TRI	1:16:09	20:02	207	8:18	245	5:42:17	31.55	246	4:20	164	5:09:58	7:20	290	12:21:00	3:27:03
280	457	Erik Illerhag		1:12:18	19:01	157	8:30	251	6:06:39	29.46	290	6:18	242	4:49:58	6:52	273	12:23:42	3:29:45
281	447	Stephan Martinussen	Team Challenge	1:24:09	22:08	262	6:52	201	5:12:06	34.61	124	4:32	173	5:39:43	8:02	296	12:27:20	3:33:23
282	492	Daniel Tengberg	Crisp Team	1:14:50	19:41	192	3:16	21	5:59:35	30.04	285	5:32	214	5:05:48	7:14	287	12:28:58	3:35:01
283	561	Peter Mejer Frederiksen	Sigma Nordsjælland Triathlon klub	1:00:38	15:57	38	7:39	222	6:29:47	27.71	304	7:16	263	4:44:20	6:44	266	12:29:37	3:35:40
284	444	Rene Bertelsen	Team Challenge	1:32:42	24:23	301	15:50	306	5:57:46	30.19	283	15:53	306	4:28:27	6:21	234	12:30:37	3:36:40
285	549	Lars Thranaou Pedersen	Team Challenge	1:26:17	22:42	276	5:50	158	5:54:21	30.48	273	6:00	232	4:59:23	7:05	282	12:31:48	3:37:51
286	496	Søren Nicolai Boemann Rosenkrar	Team Challenge	1:12:40	19:07	163	6:38	193	5:55:08	30.41	275	4:07	151	5:16:54	7:30	292	12:35:25	3:41:28
287	506	Rene Hjorth Olsen	Team Challenge	1:22:39	21:44	252	13:56	305	6:17:56	28.58	299	7:41	270	4:35:21	6:31	246	12:37:31	3:43:34
288	328	Dmitry Tikholoz	Fizkult / TriLife	1:20:20	21:08	246	6:39	195	6:46:31	26.57	307	7:29	268	4:34:05	6:29	242	12:55:02	4:01:06
289	436	Henrik Vinding	Team Challenge	1:31:37	24:06	297	10:42	291	6:10:57	29.12	295	8:10	280	4:56:11	7:01	279	12:57:34	4:03:37
290	315	Johan Frederik Lennert	naape	1:28:23	23:15	285	8:32	253	6:18:16	28.55	301	6:14	240	4:56:53	7:02	280	12:58:16	4:04:19
291	560	Tommy Fuglø	Team Challenge	1:26:54	22:52	279	8:59	264	6:10:12	29.17	292	5:58	231	5:06:15	7:15	288	12:58:16	4:04:19
292	462	Kazushige Kakimoto		1:15:44	19:55	205	8:30	252	6:10:53	29.12	294	4:48	185	5:19:04	7:33	294	12:58:58	4:05:01
293	339	Michael Qvist	Team Challenge	1:19:11	20:50	234	9:42	277	5:28:22	32.89	189	13:32	304	5:48:31	8:15	299	12:59:16	4:05:19
294	345	Brian Vargas Møller-Iversen	Skive AM Triathlon	1:31:34	24:05	296	11:15	298	6:10:15	29.17	293	11:19	299	4:55:11	6:59	278	12:59:31	4:05:34
295	580	Thomas Robert Madsen	Fitness dk - TRI	1:24:38	22:16	267	7:59	234	5:57:38	30.20	282	4:42	179	5:59:57	8:31	303	13:34:53	4:40:56
296	514	Ari Oddsson	Team Challenge	1:18:10	20:34	222	10:57	295	6:49:28	26.38	308	7:51	276	5:08:59	7:19	289	13:35:23	4:41:26
297	518	Steve Woolley		1:16:55	20:14	216	8:37	254	6:15:30	28.76	298	6:29	246	5:50:03	8:17	301	13:37:32	4:43:35
298	485	John Weber	Guldborgsund Triathlonklub	1:35:53	25:13	304	8:19	246	5:57:19	30.23	281	8:25	286	5:49:40	8:17	300	13:39:35	4:45:38
299	307	Brian Knudsen	Team Challenge	1:27:03	22:54	280	11:12	297	6:20:56	28.35	303	8:53	291	5:31:34	7:51	295	13:39:37	4:45:40
300	385	Rasmus Bøgelund	Team Triathlon Herning	1:12:16	19:01	155	13:49	304	6:18:09	28.56	300	11:27	300	5:46:11	8:12	297	13:41:51	4:47:54
301	313	Henrik Lund	Team Challenge	2:00:40	31:45	310	8:20	247	5:48:15	31.01	261	8:54	292	5:47:39	8:14	298	13:53:46	4:59:49
302	418	Andreas Ekblad		1:36:38	25:25	305	30:23	310	7:08:49	25.19	309	12:01	302	4:36:04	6:32	249	14:03:52	5:09:55
303	2010	Derek Voges		1:14:12	19:31	187	16:22	307	6:20:16	28.40	302	15:10	305	6:02:49	8:35	304	14:08:47	5:14:50
304	3047	Jens-Christian Olsen	Team Challenge	1:30:58	23:56	295	6:23	181	6:12:33	28.99	297	17:18	308	6:08:07	8:43	306	14:15:18	5:21:21
305	362	Martin Kragh	Team Challenge	1:42:55	27:04	308	9:42	278	6:10:08	29.18	291	6:49	252	6:07:48	8:42	305	14:17:20	5:23:23
306	538	David Gryth		1:19:49	21:00	241	18:21	308	6:32:13	27.54	305	17:34	309	5:55:18	8:25	302	14:23:13	5:29:16
DNF	296	Henrik Wibskov	Kongens Tri	1:07:04	17:38	86	3:57	48	5:07:07	35.17	88	2:03	25					
DNF	545	Peter Hare	Team Challenge	1:03:19	16:39	57	4:55	101	5:38:48	31.88	239	4:59	197					
DNF	461	Alexander Zhukov	world class	1:30:33	23:49	293	3:31	24	5:31:15	32.61	204	3:13	98					
DNF	470	Thomas Aakre Fevang	Five-O Singapore	1:57:28	30:54	309	7:48	228	6:40:50	26.94	306	7:24	266					
DNF	309	Allan Bertelsen	Team Challenge	1:06:28	17:29	82	4:04	55										
DNF	333	Flemming Odefey	Fitness dk - TRI															
DNF	424	Christian Arndt	Fitness dk - TRI															
DNS	399	Erik Skov	Team Challenge															
DNS	351	Mikkel Strøm	Langgarverne															
DNS	352	Carsten Adam																
DNS	365	Henning Holmberg	Karlshamns SK															
DNS	304	Mark Pearson																

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 35-39 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
DNS	419	Carsten Brokopp	Team Challenge															
DNS	417	Rasmus Aabo	Fitness dk - TRI															
DNS	407	Matthias Friedrich	trimago e.V.															
DNS	336	Anders Gramkow	Team Challenge															
DNS	337	Anders Willemoes Hansen	Fitness dk - TRI															
DNS	329	Anders Evenås	SPIF Triathlon															
DNS	331	Verner Gerholm																
DNS	515	Kaspar Nygaard	Team Challenge															
DNS	529	Jesper Gønge Rasmussen	Team Challenge															
DNS	574	Johannes Madsen	Team Triathlon Herning															
DNS	547	Jan Brandt Nielsen	Team Challenge															
DNS	479	Stewart Rose-Innes	Equipe Mange Tout															
DNS	480	Niklas Karlsson																
DNS	507	Lee Vlerick	TRI UNIC															
DNS	588	Bradly Wilkins																
DNS	592	Casper Halkjær Pedersen	Team Challenge															
DNS	2011	Oliver Gruber	Tri Team Rheinfelden															
DSQ	540	Daniele Demartis	Triathlonpoint.com Team	1:02:27	16:25	48	3:35	27	5:03:35	35.58	66	7:43	272	3:30:26	4:59	33	9:47:45	53:48
DSQ	573	Christian Poul Petersen	Team Challenge	1:24:08	22:08	261	3:48	34	5:32:14	32.51	208	3:57	137	3:54:07	5:32	135	10:58:11	2:04:14
DSQ	409	David Eskilsson		1:28:57	23:24	286	7:14	209	5:32:34	32.48	210	4:37	175	4:53:11	6:56	275	12:06:31	3:12:34

### Individual: Men 40-44 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	805	Jesper Clausen	Ninjas.dk	53:07	13:58	5	3:23	20	4:49:02	37.37	14	1:54	6	3:02:34	4:19	2	8:49:58	
2	692	Glenn De Vos	MIDLON	55:06	14:29	8	2:48	2	4:32:22	39.65	1	1:37	1	3:28:43	4:56	43	9:00:34	10:36
3	831	Morten Sonne	Køge Tri Team 2000	1:09:10	18:12	119	5:17	108	4:44:03	38.02	7	1:59	10	3:00:23	4:16	1	9:00:50	10:53
4	683	Luis Innerhofer		58:45	15:27	16	3:57	42	4:46:25	37.71	11	2:35	43	3:13:49	4:35	9	9:05:30	15:32
5	961	Marc Heizmann	SwissTriathlon	59:40	15:42	21	3:13	11	4:42:32	38.23	5	2:04	13	3:24:00	4:50	25	9:11:28	21:30
6	797	Jacob Schjøtt	Viking Atletik	1:13:43	19:23	186	3:01	5	4:44:44	37.93	8	3:37	123	3:07:08	4:26	3	9:12:12	22:14
7	920	Claus Walther Jensen	Team Challenge	1:04:54	17:04	64	5:18	109	4:48:28	37.44	13	2:16	18	3:11:42	4:32	6	9:12:35	22:37
8	674	Martin Pilgaard	Farsø Tri og Trim	1:04:33	16:59	58	3:39	24	4:45:20	37.85	9	1:50	4	3:19:15	4:43	16	9:14:35	24:37
9	955	Ulrik Snygg	IS Göta	1:02:22	16:24	37	3:41	25	4:52:15	36.95	20	2:12	16	3:16:44	4:39	12	9:17:12	27:15
10	928	Marc Stefan Jauner	ktk86	1:01:06	16:04	32	4:04	46	4:42:00	38.30	4	3:15	97	3:27:59	4:55	39	9:18:22	28:24
11	677	Per Eriksson	Timex Team	1:02:58	16:34	43	3:09	7	5:01:41	35.80	62	2:29	33	3:09:04	4:28	5	9:19:18	29:21
12	709	Ami Laamo		1:04:04	16:51	50	4:07	51	5:01:18	35.84	57	3:36	122	3:07:18	4:26	4	9:20:21	30:23
13	771	Delarge Jean-Yves	ON-COMPRESSPORT-JOG+	1:02:32	16:27	40	3:50	33	4:53:24	36.81	25	2:24	27	3:22:27	4:47	21	9:24:36	34:38
14	809	Paul Deen	Black Line London	1:04:40	17:00	60	3:26	21	4:51:47	37.01	19	1:57	9	3:22:56	4:48	23	9:24:44	34:46
15	751	John Enevoldsen	Køge Tri Team 2000	56:54	14:58	13	5:00	85	4:52:56	36.87	22	3:10	89	3:27:02	4:54	35	9:25:01	35:03
16	705	Michael Dideriksen	Svendborg Triathlonklub	56:53	14:58	12	4:36	72	5:00:46	35.91	54	2:32	36	3:21:41	4:46	20	9:26:27	36:29
17	734	Tom De Malsche	IM2008	59:39	15:41	20	4:17	59	5:00:14	35.97	51	2:32	35	3:20:24	4:44	19	9:27:04	37:06
18	732	Even Chiodera	Royal Sport/Team Isklar	1:20:49	21:16	264	3:53	37	4:33:53	39.43	2	2:03	12	3:26:43	4:53	32	9:27:20	37:22
19	937	Jesper Mortensen	Team Challenge	1:02:43	16:30	41	4:44	77	5:02:48	35.67	69	3:07	84	3:16:41	4:39	11	9:30:00	40:02
20	954	Oliver Luder	Free Radicals Switzerland Tri	1:00:02	15:47	24	5:02	92	4:54:00	36.74	27	3:09	87	3:29:49	4:58	44	9:32:00	42:03
21	855	Søren Jørgensen	KVIK TRI TEAM	1:03:46	16:46	47	5:48	134	5:07:07	35.17	88	2:51	60	3:12:59	4:34	7	9:32:30	42:33
22	772	Ronald Meier	USC Kiel	58:23	15:21	15	5:02	91	4:58:54	36.13	47	3:52	138	3:26:35	4:53	31	9:32:45	42:47
23	719	Theis Slot Heitmann	Karlsruhe Tri	1:10:24	18:31	136	3:16	14	4:50:34	37.17	16	1:55	8	3:26:49	4:54	33	9:32:57	42:59
24	629	Claus Hauberg	KTK 86	1:06:08	17:24	79	6:30	174	4:56:34	36.42	36	4:27	174	3:19:34	4:43	17	9:33:10	43:13
25	665	Anders Naucler	SPIF Triathlon	1:04:33	16:59	57	3:20	16	5:09:10	34.93	96	3:21	105	3:13:19	4:34	8	9:33:42	43:44
26	827	Jacob Kildegaard Larsen	Skovshoved Triathlon Klub	1:05:32	17:14	73	4:54	84	4:55:09	36.59	31	2:21	21	3:26:50	4:54	34	9:34:44	44:46
27	746	Jesper Tougaard	Team Challenge	1:18:21	20:37	241	6:59	197	4:43:41	38.07	6	3:13	96	3:22:55	4:48	22	9:35:08	45:10
28	802	Niels Nørtoft	Kolding Triathlon Klub	1:01:00	16:03	31	3:02	6	4:53:29	36.80	26	1:53	5	3:36:30	5:07	61	9:35:52	45:54
29	867	Thorbjørn Jensen	Fitness dk - TRI	54:40	14:23	6	3:38	22	4:58:03	36.24	44	2:21	24	3:37:19	5:08	66	9:36:00	46:02
30	689	Kenneth Lund Hansen	ALOT - Albertslund Løb og Triathlo	1:02:20	16:24	36	2:55	3	4:53:04	36.85	24	2:06	14	3:36:14	5:07	60	9:36:37	46:40
31	872	Stig Buch-Sørensen	Odense Triathlon Klub	1:15:03	19:44	207	6:09	153	4:55:49	36.51	33	3:04	79	3:17:04	4:40	14	9:37:08	47:10
32	871	Peter Funk	Fitness dk - TRI	59:53	15:45	23	4:38	73	4:57:09	36.35	38	2:22	25	3:34:38	5:05	54	9:38:38	48:40
33	745	Jamie Hawthorn	Club Corley Cycles	55:14	14:32	10	3:41	26	5:01:15	35.85	56	2:59	71	3:37:03	5:08	65	9:40:11	50:13
34	631	Anders Mikkelsen	Aalborg Triathlon Klub	1:14:38	19:38	204	3:15	13	4:55:47	36.52	32	2:42	49	3:24:32	4:50	26	9:40:53	50:55
35	769	Torben Møller Nielsen	Team Challenge	1:10:59	18:40	150	5:08	98	4:54:23	36.69	28	2:33	37	3:28:01	4:55	40	9:41:02	51:04
36	829	Johnny Bay	Sigma Nordsjælland Triathlon klub	59:35	15:40	19	3:43	28	4:49:22	37.32	15	2:27	29	3:46:16	5:21	94	9:41:21	51:23

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 40-44 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
37	661	Carsten Kraghede	Blovstrød Tri-athleten	1:10:58	18:40	148	4:40	75	5:07:09	35.16	89	2:34	39	3:17:01	4:40	13	9:42:20	52:22
38	656	Ole Koldborg Jepsen	Slagelse, Korsør & Skælskør Triatl	1:07:55	17:52	98	4:19	61	5:09:40	34.88	100	3:39	124	3:17:28	4:40	15	9:43:00	53:02
39	698	Thomas Pind	Fitness dk - TRI	1:03:33	16:43	46	5:58	144	4:51:23	37.07	17	4:45	189	3:37:31	5:09	68	9:43:07	53:09
40	902	Jakob De Stricker	LSK-tri	56:07	14:46	11	3:46	30	4:57:59	36.24	42	2:33	38	3:42:48	5:16	79	9:43:12	53:14
41	659	Bjørnar Evensen	BK Triathlon	50:58	13:24	3	3:12	10	4:52:29	36.93	21	2:41	47	3:54:40	5:33	126	9:43:59	54:01
43	702	Kurt Pauwels	Go Like Hell	1:06:02	17:22	77	5:46	133	5:02:00	35.76	64	2:49	55	3:28:10	4:55	41	9:44:45	54:47
44	911	Per Nilsson	Bagsværd Atletik Club, TRI afdeling	54:54	14:26	7	2:55	4	4:48:23	37.45	12	2:21	23	3:56:51	5:36	137	9:45:22	55:24
45	816	Pablo Erat	Tempo-Sport exersciences	50:54	13:23	2	2:46	1	4:41:37	38.35	3	2:47	51	4:08:02	5:52	182	9:46:04	56:06
46	783	Dan Kirkegaard	Køge Tri Team 2000	1:04:28	16:57	54	3:44	29	5:01:39	35.80	61	2:51	59	3:35:02	5:05	56	9:47:41	57:44
47	881	Charley Prødel	ALOT - Albertslund Løb og Triathlo	1:01:31	16:11	34	4:06	49	5:17:54	33.97	146	2:14	17	3:23:10	4:48	24	9:48:52	58:54
48	614	René Vendt	ALOT - Albertslund Løb og Triathlo	1:04:52	17:04	63	3:12	9	5:05:15	35.38	78	3:06	82	3:32:53	5:02	49	9:49:15	59:18
49	774	Ninjas.dk	Ninjas.dk	1:04:06	16:51	51	4:17	58	5:05:37	35.34	83	2:50	56	3:33:17	5:03	50	9:50:06	1:00:08
50	640	Thomas Ravnkilde Lauenborg	Svendborg Triathlonklub	1:05:25	17:12	72	5:33	118	5:04:54	35.42	73	2:11	15	3:32:18	5:01	48	9:50:19	1:00:21
51	703	Mikkel Ipsen	Brøndby Triathlon Club	1:00:10	15:49	26	3:52	36	5:09:02	34.95	94	3:05	81	3:34:34	5:05	53	9:50:41	1:00:43
52	764	Michael Holm	Køge Tri Team 2000	59:44	15:43	22	5:32	117	4:54:24	36.69	29	2:21	21	3:49:13	5:25	106	9:51:12	1:01:14
53	655	Anders Kammenhed	Triathlon Syd	1:06:38	17:31	82	3:15	12	4:52:59	36.86	23	3:47	133	3:47:07	5:22	97	9:53:45	1:03:48
54	779	Jan Berg	Karlsunde Tri	1:21:42	21:29	274	6:45	188	4:57:17	36.33	39	2:49	54	3:25:39	4:52	27	9:54:09	1:04:12
55	929	Jens Bitsch-Nørhave	Sigma Nordsjælland Triathlon klub	1:01:26	16:09	33	4:04	47	5:12:26	34.57	119	3:26	110	3:33:41	5:03	51	9:55:01	1:05:03
56	715	Xavi Baeza	Club Natacio Reus Ploms	49:10	12:56	1	6:56	193	5:18:21	33.93	150	4:22	169	3:36:34	5:07	62	9:55:20	1:05:22
57	722	Torsten Due Bryld	KTK 86	55:07	14:30	9	4:17	57	5:04:59	35.41	75	2:17	19	3:48:48	5:25	104	9:55:26	1:05:28
58	2016	Lars Hansen	Fitness dk - TRI	1:14:02	19:28	194	6:00	147	5:05:33	35.35	81	3:03	76	3:27:33	4:55	38	9:56:08	1:06:11
59	854	Rene T Larsen	Hareskovens Triathlon Klub	1:06:51	17:35	85	4:34	68	5:05:53	35.31	84	2:18	20	3:36:55	5:08	64	9:56:29	1:06:32
60	776	Morten Bank-Mikkelsen	Team Challenge	1:04:25	16:56	53	3:50	32	5:10:58	34.73	109	2:59	70	3:34:28	5:04	52	9:56:38	1:06:40
61	890	Lasse S. Hansen	TRI4	1:08:55	18:08	117	3:56	41	4:57:50	36.26	40	3:29	115	3:42:54	5:16	82	9:57:02	1:07:05
62	861	Alo Alunurm	Klubi 21. cc	1:00:39	15:57	29	3:20	17	5:02:31	35.70	67	3:25	109	3:47:21	5:23	98	9:57:15	1:07:17
63	868	Jan Dehn	LSK-tri	1:08:08	17:55	101	4:02	45	5:14:34	34.33	127	2:46	50	3:28:39	4:56	42	9:58:08	1:08:10
64	958	Martyn Lloyd-Davies	Roskilde Triathlon	1:13:36	19:21	183	3:20	15	4:46:21	37.72	10	3:28	114	3:51:58	5:29	115	9:58:41	1:08:44
65	956	Johnny Valdemar Jensen	RANDERS ATLETIK FREJA	1:03:04	16:35	44	7:12	208	5:01:33	35.82	58	3:35	121	3:44:16	5:18	86	9:59:38	1:09:40
66	817	Mattias Bylerius	Triathlon Väst	1:09:08	18:11	118	5:56	140	5:05:10	35.39	76	4:00	148	3:35:28	5:06	58	9:59:40	1:09:42
67	798	Pelle Nilsson	Team Challenge	1:12:57	19:11	173	8:11	256	5:00:08	35.99	49	2:50	57	3:36:13	5:07	59	10:00:17	1:10:20
68	603	Jonas Olsson		1:10:46	18:37	144	5:38	124	5:02:53	35.66	70	3:08	85	3:38:51	5:11	70	10:01:14	1:11:16
69	777	Jonas Mellby	IS Göta	1:07:25	17:44	88	3:56	40	5:01:50	35.78	63	2:35	41	3:45:50	5:21	92	10:01:34	1:11:36
70	899	Claus Rindshøj	Fitness dk - TRI	1:07:25	17:44	89	5:00	86	5:04:31	35.47	72	2:28	30	3:43:06	5:17	83	10:02:28	1:12:30
71	869	Jan De Maesschalck	IM2008	1:11:00	18:40	151	4:27	64	4:56:02	36.48	35	1:55	7	3:49:28	5:26	108	10:02:50	1:12:53
72	862	Russell Kingston		1:18:14	20:35	238	4:06	48	5:07:00	35.18	87	2:51	58	3:30:51	4:59	46	10:02:59	1:13:02
73	858	Dennis Jensen	Blovstrød Tri-athleten	1:10:46	18:37	143	6:15	161	5:13:36	34.44	123	2:34	40	3:30:06	4:58	45	10:03:16	1:13:18
74	2019	Keld Mathiasen	Skovshoved Triathlon Klub	1:08:10	17:56	102	5:37	123	5:10:06	34.83	102	4:06	157	3:36:39	5:08	63	10:04:36	1:14:39
75	660	Mikkel Justesen	Roskilde Triathlon Klub	1:14:15	19:32	198	5:17	107	5:15:57	34.18	131	3:48	134	3:26:15	4:53	29	10:05:30	1:15:33
76	670	Mikkel Nymand Flygenring	Team Challenge	1:08:22	17:59	106	6:29	172	5:20:23	33.71	164	3:13	95	3:27:08	4:54	36	10:05:33	1:15:35
77	948	Manfred Wundara	Sportunion Klagenfurt	1:07:43	17:48	92	7:00	198	5:21:36	33.58	169	3:42	128	3:26:14	4:53	28	10:06:13	1:16:15
78	936	David Roos		1:06:13	17:25	81	4:28	65	5:13:33	34.45	122	3:16	98	3:39:15	5:11	71	10:06:43	1:16:45
79	706	Ebbe Sand	Team Challenge	1:10:45	18:36	142	7:33	230	4:58:33	36.18	45	3:04	78	3:47:21	5:23	99	10:07:14	1:17:16
80	840	Lars Prominczl	KVIK TRI TEAM	1:10:23	18:31	135	5:56	141	5:06:44	35.21	85	3:16	99	3:42:45	5:16	78	10:09:02	1:19:04
81	792	Christian Lippert	Team Challenge	1:07:33	17:46	91	5:01	89	5:09:07	34.94	95	3:00	73	3:46:05	5:21	93	10:10:45	1:20:47
82	628	Jonas Lindkvist	Frosta Multisport	1:03:50	16:47	48	3:22	18	4:59:32	36.06	48	3:22	106	4:01:07	5:42	147	10:11:12	1:21:15
83	695	Gregers Gammelgaard	TRI4	1:05:03	17:06	66	3:23	19	5:11:14	34.70	110	2:47	52	3:49:06	5:25	105	10:11:31	1:21:33
84	694	Jesper André Bartel	Haderslev TRI 2000	1:07:17	17:42	86	4:06	50	5:01:36	35.81	59	3:12	91	3:55:31	5:34	130	10:11:40	1:21:43
85	935	Alexander Schartel	TSV Geiselwind e.V.	1:00:07	15:49	25	5:21	112	5:18:42	33.89	155	4:39	186	3:42:54	5:16	81	10:11:41	1:21:43
86	679	David Horn	Team Challenge	1:08:25	18:00	108	7:30	228	5:09:32	34.89	98	5:07	208	3:41:21	5:14	74	10:11:52	1:21:55
87	697	Henrik Christensen	AAIG Atletik, Tri og Motion	1:07:49	17:50	93	3:11	8	4:58:52	36.14	46	1:45	3	4:01:36	5:43	151	10:13:11	1:23:14
88	962	Preben Moll	Skovshoved Triathlon Klub	1:03:53	16:48	49	5:21	113	5:02:44	35.68	68	6:12	254	3:55:26	5:34	129	10:13:33	1:23:36
89	789	Thomas Muhr	ASVÖ Tristyle Triathlonverein Viena	1:10:21	18:30	134	5:38	125	5:00:33	35.93	53	2:53	63	3:54:35	5:33	125	10:13:58	1:24:01
90	708	Jakob Ludvigsen	Team Challenge	1:04:42	17:01	61	5:18	110	5:13:15	34.48	120	2:59	72	3:48:07	5:24	102	10:14:20	1:24:23
91	953	Stefan Campagnolo	TRI4 / Telia Sport & Fritid	1:17:34	20:24	230	4:43	76	5:01:36	35.81	60	3:04	80	3:47:47	5:23	100	10:14:42	1:24:45
92	618	Miguel Teixeira	Águias de Alpiarça	1:06:06	17:23	78	7:50	245	5:17:18	34.04	143	3:17	100	3:41:16	5:14	73	10:15:45	1:25:48
93	966	Michael Nyholm	Køge Tri Team 2000	1:10:07	18:26	131	10:53	316	4:54:54	35.42	74	4:30	178	3:46:24	5:21	95	10:16:46	1:26:48
94	609	Christian Schröder	Fitness dk - TRI	1:13:22	19:18	178	4:34	70	5:15:56	34.18	130	3:17	101	3:41:25	5:14	75	10:18:33	1:28:35
95	946	Magnus Pernvik	Triathlon Väst	1:11:39	18:51	158	5:06	97	5:13:21	34.47	121	3:51	137	3:46:38	5:22	96	10:20:34	1:30:36
96	846	Christophe Desimpelaere		1:15:09	19:46	209	6:14	159	4:51:43	37.02	18	6:33	268	4:01:18	5:43	149	10:20:55	1:30:57

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 40-44 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
97	885	Peter Liekens	Ironmanagers	1:08:34	18:02	113	6:19	163	5:08:34	35.00	91	5:46	244	3:55:13	5:34	127	10:24:24	1:34:27
98	693	Frank Mortensen	Odense Triathlon Klub	1:04:33	16:58	56	5:45	131	5:16:02	34.18	132	5:11	211	3:53:10	5:31	119	10:24:39	1:34:41
99	807	Morten Quist	ALOT - Albertslund Løb og Triathlo	1:08:38	18:03	114	3:55	39	5:05:13	35.39	77	2:39	45	4:04:21	5:47	163	10:24:44	1:34:47
100	849	Peter Sylvest	Sigma Nordsjælland Triathlon klub	1:09:59	18:24	130	6:58	195	5:11:37	34.66	113	4:01	151	3:52:55	5:31	118	10:25:29	1:35:31
101	612	Søren Gulbrant	Karlslunde Tri	1:19:44	20:58	254	6:22	165	5:02:30	35.70	66	2:48	53	3:54:16	5:33	122	10:25:38	1:35:40
102	664	Mait Miller	Vanamöisa Suusaklubi	1:12:38	19:06	170	4:39	74	5:00:24	35.95	52	3:12	93	4:04:54	5:48	167	10:25:45	1:35:47
103	804	Jacob Ibing	Ninjas.dk	1:14:54	19:42	206	5:41	127	5:18:25	33.92	151	2:52	62	3:44:32	5:19	89	10:26:21	1:36:23
104	666	Magnus Kjelland-Olsen	Østmarka IL Triathlon	1:15:49	19:56	217	3:42	27	5:29:47	32.75	193	2:23	26	3:34:57	5:05	55	10:26:36	1:36:38
105	927	Theis Poulsen	Fitness dk - TRI	1:19:56	21:02	256	5:01	87	5:12:22	34.58	117	4:53	194	3:44:40	5:19	90	10:26:49	1:36:51
106	623	Rasmus Falsig Pedersen	Team Challenge	1:05:24	17:12	71	7:43	236	5:25:55	33.14	184	5:59	249	3:42:11	5:15	77	10:27:11	1:37:13
107	830	Dennis Lanther	TRI4	1:14:27	19:35	202	5:53	136	5:21:21	33.61	168	3:57	145	3:41:49	5:15	76	10:27:25	1:37:27
108	819	Peter Reibert Hansen	Langgarverne	1:27:11	22:56	312	7:46	240	5:18:21	33.93	149	6:42	273	3:27:29	4:54	37	10:27:27	1:37:29
109	932	Henrik Ossborn		1:07:29	17:45	90	4:36	71	5:12:18	34.58	116	2:56	66	4:00:12	5:41	145	10:27:28	1:37:30
110	856	Juha Alanne	Triathlon Helsinki	1:08:03	17:54	100	6:26	168	5:38:28	31.91	242	3:19	103	3:32:01	5:01	47	10:28:15	1:38:18
111	678	Anders Persson	Triathlon Väst	1:16:15	20:03	225	7:07	205	5:08:56	34.96	93	6:05	252	3:50:10	5:27	111	10:28:32	1:38:34
112	795	Kaare Hvid Hansen	TriNord	1:05:20	17:11	70	8:17	261	5:09:38	34.88	99	3:47	132	4:01:39	5:43	152	10:28:38	1:38:41
113	704	Jonas Torstensson	Hareskovens Triathlon Klub	1:10:47	18:37	145	5:34	120	5:24:32	33.28	179	3:25	108	3:44:28	5:19	88	10:28:44	1:38:46
114	672	Paul Franks		1:02:26	16:25	39	4:12	52	5:17:07	34.06	140	2:27	28	4:02:38	5:44	156	10:28:48	1:38:50
115	818	Per Schou Christensen	TRI4	1:20:15	21:07	260	10:35	312	5:08:05	35.06	90	7:40	288	3:42:53	5:16	80	10:29:26	1:39:28
116	896	Karsten Pflug Jakobsen	GSK-Tri	1:18:42	20:42	244	6:15	162	5:11:26	34.68	111	3:51	136	3:49:28	5:26	107	10:29:40	1:39:42
117	730	Thomas Blom Kristensen	Vejle IF Triathlon	1:02:55	16:33	42	6:40	185	5:33:08	32.42	208	4:45	190	3:44:27	5:19	87	10:31:53	1:41:55
118	611	Heino Tandrup Eilso	Team Challenge	1:08:30	18:01	110	6:43	186	5:18:16	33.93	147	4:29	175	3:54:32	5:33	124	10:32:29	1:42:31
119	741	Brian Rasmussen	FFD Kralupy Triathlon	1:13:12	19:15	176	6:37	180	5:16:02	34.17	133	5:37	239	3:51:29	5:29	113	10:32:55	1:42:58
120	799	Claus Simonsen	Team Challenge	1:00:16	15:51	27	7:57	248	5:00:13	35.97	50	6:26	265	4:18:53	6:08	221	10:33:44	1:43:46
121	669	Jani Saarinen		1:14:00	19:28	193	4:20	63	5:34:56	32.25	219	4:00	149	3:37:30	5:09	67	10:34:44	1:44:46
122	848	Antti Mannermaa	Helsinki Triathlon	1:05:42	17:17	75	10:02	301	5:30:15	32.70	196	4:48	193	3:44:00	5:18	84	10:34:46	1:44:48
123	880	Flemming Wewer	Fitness dk - TRI	1:14:50	19:41	205	7:47	241	5:30:22	32.69	199	4:34	180	3:37:36	5:09	69	10:35:08	1:45:10
124	2015	Ken Brix Andersen	Team Challenge	1:19:33	20:56	252	11:25	321	5:39:58	31.77	246	8:07	291	3:16:14	4:39	10	10:35:16	1:45:18
125	763	Johnny Larsen	2Tri-Haslev	1:05:01	17:06	65	4:32	66	5:20:34	33.69	167	2:41	46	4:02:53	5:45	157	10:35:40	1:45:42
126	717	Chus Carrascal		1:06:10	17:24	80	5:41	128	5:29:11	32.81	192	5:18	218	3:49:46	5:26	109	10:36:05	1:46:07
127	839	Jonas Brögger	Stockholm Multisport	1:09:58	18:24	129	4:34	69	5:12:25	34.57	118	2:42	48	4:09:39	5:54	187	10:39:15	1:49:18
128	720	Maris Friedens	Ventspils Triatlona klubs	1:12:17	19:01	166	6:13	157	5:24:03	33.33	177	5:12	212	3:54:22	5:33	123	10:42:05	1:52:08
129	684	Kim Kielstrup	Team Challenge	1:09:52	18:23	127	9:28	287	5:19:45	33.78	159	3:11	90	3:59:57	5:41	144	10:42:11	1:52:14
130	765	Troels Riis	Roskilde Triathlon Klub	1:09:32	18:17	124	8:29	265	5:18:31	33.91	152	5:03	206	4:01:19	5:43	150	10:42:52	1:52:55
131	851	Magnus Bornäs	iManagement	1:09:14	18:12	120	7:44	238	5:31:08	32.62	202	10:39	326	3:44:11	5:18	85	10:42:54	1:52:56
132	616	Thomas Solgaard Sørensen	Sigma Nordsjælland Triathlon klub	1:11:55	18:55	161	4:52	82	5:25:19	33.20	183	3:26	112	3:57:46	5:38	140	10:43:16	1:53:18
133	635	Erland Sørensen	Team Challenge									4:00	150	4:03:14	5:45	160	10:44:12	1:54:14
134	712	Filippo Canetta	Team Salomon	1:29:11	23:28	322	8:44	272	5:37:46	31.98	235	2:51	60	3:26:33	4:53	30	10:45:03	1:55:05
135	889	Ortwin Strolz		1:18:04	20:32	237	4:19	60	5:11:42	34.65	114	4:32	179	4:06:54	5:51	174	10:45:28	1:55:30
136	945	Allan Nielsen	Team Challenge	1:21:46	21:30	276	6:26	169	5:26:48	33.05	186	5:26	230	3:45:29	5:20	91	10:45:52	1:55:55
137	713	Rasmus Calmann-Hinke	Team Challenge	1:14:36	19:37	203	9:33	289	5:36:27	32.10	230	4:15	163	3:41:12	5:14	72	10:46:01	1:56:04
138	915	Jesper Andersen Jeberg	KTK 86	1:05:54	17:20	76	4:14	54	4:55:59	36.49	34	3:35	120	4:36:26	6:33	269	10:46:07	1:56:09
139	835	Erik Dahl	Odense Triathlon Klub	1:03:07	16:36	45	4:51	81	5:37:43	31.98	234	5:17	214	3:55:15	5:34	128	10:46:11	1:56:13
140	778	Simon Lindal	Team Challenge	1:25:07	22:23	302	5:59	146	5:14:09	34.38	126	3:12	94	3:58:15	5:38	141	10:46:40	1:56:43
141	832	Johan Rønnedahl	Axa Sports Club	1:26:41	22:48	311	5:57	142	5:35:57	32.15	227	3:53	139	3:35:14	5:06	57	10:47:40	1:57:42
142	668	Kim Uldahl	Team Challenge	1:17:47	20:28	234	7:40	232	5:23:43	33.36	176	3:09	88	3:56:53	5:36	138	10:49:10	1:59:12
143	788	Allan Damgaard Konradsen	Vejle IF Triathlon	1:15:56	19:58	220	5:55	139	5:17:10	34.05	141	3:50	135	4:08:08	5:52	183	10:50:58	2:01:00
144	775	Christian Hjortkjær	Team Challenge	1:17:57	20:30	236	5:37	122	5:19:20	33.82	158	2:56	67	4:05:21	5:48	168	10:51:09	2:01:11
145	930	Markus Liegmann	Team ERDINGER Alkoholfrei	1:09:52	18:23	128	4:00	44	5:05:15	35.38	79	4:57	199	4:27:23	6:20	255	10:51:25	2:01:28
146	951	Henrik Bruun	Aalborg Triathlon Klub	1:05:03	17:07	67	7:18	219	5:46:05	31.21	266	4:46	191	3:48:42	5:25	103	10:51:52	2:01:55
147	841	Michael Göckens	Triabolas Hamburg e.V.	1:13:36	19:22	184	7:18	218	5:22:48	33.46	170	5:40	242	4:03:05	5:45	159	10:52:25	2:02:27
148	781	Jelle Klapwijk	Fitness.dk TRI	1:22:46	21:46	289	7:06	202	5:27:17	33.00	189	4:30	177	3:50:54	5:28	112	10:52:32	2:02:34
149	691	Alexander Hanke		1:08:47	18:05	116	4:33	67	5:16:59	34.07	139	8:09	292	4:14:24	6:01	203	10:52:50	2:02:52
150	884	Jarmo Kuusisto		1:10:33	18:33	139	3:51	34	5:16:02	34.17	134	5:18	216	4:17:21	6:05	215	10:53:02	2:03:05
151	803	Michael Bagge	Team Challenge	1:29:09	23:27	321	5:05	96	5:09:23	34.91	97	4:02	152	4:05:36	5:49	169	10:53:13	2:03:15
152	842	Lars Frydendal	Fitness dk - TRI	1:20:04	21:04	258	6:06	151	5:16:29	34.13	137	5:00	203	4:06:58	5:51	176	10:54:36	2:04:38
153	673	Thomas Herskind	Karlslunde Tri	1:15:24	19:50	212	4:14	55	5:10:42	34.76	106	2:54	64	4:21:32	6:11	233	10:54:44	2:04:47
154	605	Tue Høilund-Carlson	Team Challenge	1:07:57	17:52	99	9:59	300	5:35:18	32.21	222	6:04	251	3:56:24	5:36	135	10:55:40	2:05:43
155	742	Jim Dodd	Copenhagen Adventurers	1:10:18	18:29	133	11:51	328	5:36:52	32.06	232	8:57	311	3:47:47	5:23	101	10:55:43	2:05:45

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 40-44 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
156	607	Jens Harregaard	Team Challenge	1:08:10	17:56	103	6:11	154	5:19:20	33.82	157	5:19	221	4:16:53	6:05	210	10:55:52	2:05:54
157	757	Ove-Andre Tjønneland		1:16:09	20:02	223	6:56	194	5:05:29	35.36	80	3:53	140	4:23:48	6:15	243	10:56:13	2:06:16
158	883	Max Winther	Odense Triathlon Klub	1:04:11	16:53	52	5:20	111	5:34:20	32.30	214	3:41	127	4:08:45	5:53	186	10:56:15	2:06:17
159	747	Martin Fleischhauer		1:05:42	17:17	74	6:27	171	5:34:23	32.30	215	2:58	69	4:06:54	5:51	175	10:56:23	2:06:26
160	782	Jim Townhill	TRIAMI	1:13:26	19:19	179	6:32	176	5:20:25	33.71	165	3:08	86	4:13:03	5:59	198	10:56:33	2:06:35
161	653	Andrew Robertson		1:14:20	19:33	199	6:49	190	5:18:37	33.90	153	3:34	119	4:13:48	6:00	201	10:57:07	2:07:09
162	965	Dirch Jans	Team Challenge	1:04:39	17:00	59	5:26	114	5:27:12	33.01	188	2:03	11	4:17:59	6:06	218	10:57:18	2:07:20
163	934	Dominique Baroux	vichy triathlon	1:13:05	19:13	175	8:12	257	5:31:23	32.59	204	4:25	173	4:00:35	5:42	146	10:57:37	2:07:39
164	773	Christophe Dejaeghere	IM2008	1:09:24	18:15	122	6:40	183	5:23:12	33.42	172	3:18	102	4:15:11	6:02	206	10:57:43	2:07:45
165	647	Johan Granfors	Triathlon Väst	1:09:21	18:14	121	3:47	31	5:24:21	33.30	178	4:00	147	4:17:14	6:05	214	10:58:41	2:08:43
166	941	Murat Taskiran	Berlin Cycling Club 2012	1:22:21	21:40	284	3:38	23	5:05:36	35.34	82	3:06	83	4:24:04	6:15	244	10:58:43	2:08:45
167	739	Mick Hartmann Pedersen	Team Challenge	1:18:30	20:39	242	7:42	234	5:23:19	33.40	173	5:56	248	4:03:40	5:46	161	10:59:05	2:09:07
168	800	Lars Olsen	Herlev Tri & Motion	1:12:08	18:58	164	7:41	233	5:30:37	32.67	201	3:04	77	4:06:28	5:50	173	10:59:56	2:09:58
169	940	Manfred Mader		1:21:11	21:21	268	7:28	226	5:23:30	33.39	174	4:35	181	4:03:44	5:46	162	11:00:26	2:10:29
170	963	Peter Heise	Team Challenge	51:02	13:25	4	9:59	299	5:15:18	34.25	128	3:33	117	4:41:33	6:40	278	11:01:22	2:11:25
171	938	Morten Kristensen	Aarhus 1900 Triathlon	1:16:05	20:01	222	6:13	157	5:39:08	31.85	244	3:46	131	3:57:01	5:36	139	11:02:12	2:12:14
172	892	Thomas Morville Helmert	Viborg Atletik og Motion	1:07:54	17:51	95	4:17	56	5:20:22	33.71	163	6:17	256	4:25:30	6:17	248	11:04:17	2:14:19
173	760	Bo Vesterby	Team Challenge	1:09:44	18:20	125	9:46	296	5:06:57	35.18	86	9:00	312	4:28:58	6:22	257	11:04:23	2:14:25
174	645	Marc Weilert		1:08:13	17:56	104	9:01	281	5:47:45	31.06	273	6:06	253	3:53:31	5:32	121	11:04:35	2:14:37
175	843	Jacob Pedersen	TriNord	1:19:14	20:51	249	5:03	94	5:14:03	34.39	125	2:54	65	4:24:12	6:15	246	11:05:25	2:15:27
176	619	Michael Norberg		1:15:49	19:57	218	12:23	332	5:18:39	33.89	154	9:53	319	4:08:44	5:53	184	11:05:27	2:15:29
178	876	Lars Reimar	Fitness dk - TRI	1:11:15	18:44	157	6:25	166	5:20:15	33.72	162	4:55	198	4:23:00	6:13	238	11:05:48	2:15:50
179	606	Thomas Møller Hansen	TRI4	1:15:43	19:55	216	6:06	152	5:41:04	31.67	250	7:38	287	3:55:48	5:35	133	11:06:18	2:16:20
180	718	Jesper Fisker	Islev Triathlon Klub	1:18:57	20:46	247	7:07	206	5:02:19	35.72	65	3:33	117	4:34:30	6:30	265	11:06:24	2:16:27
181	700	Jakob Pedersen	Team Challenge	1:13:50	19:25	190	8:39	269	5:30:21	32.69	197	4:59	200	4:08:44	5:53	185	11:06:31	2:16:34
182	952	Steen Normann Olsen	Team Challenge	1:10:14	18:28	132	8:03	253	5:41:13	31.65	251	5:36	237	4:01:39	5:43	153	11:06:43	2:16:45
183	624	Chris Gibson		1:09:50	18:22	126	8:00	251	5:47:13	31.11	270	6:42	274	3:55:33	5:34	132	11:07:17	2:17:19
184	761	David Quli		1:04:47	17:02	62	8:56	278	5:57:56	30.17	299	5:39	240	3:50:07	5:27	110	11:07:24	2:17:26
185	649	Yves Hensen	Vejle IF Triathlon	1:12:24	19:02	168	6:33	178	5:38:07	31.94	236	3:57	143	4:07:00	5:51	177	11:07:57	2:18:00
186	887	Per Karlsmose	Team Challenge	1:10:51	18:38	146	5:28	115	5:32:58	32.44	207	2:28	30	4:16:17	6:04	209	11:07:59	2:18:01
187	811	Peter Risager	Fitness dk - TRI	1:17:36	20:25	231	5:11	103	5:20:31	33.70	166	2:36	44	4:22:16	6:12	236	11:08:08	2:18:11
188	900	Nick Whitfield		1:42:09	26:52	336	5:05	95	5:24:40	33.27	180	4:09	161	3:52:15	5:30	116	11:08:15	2:18:17
189	926	Erik Ingstrup	Aarhus 1900 Triathlon	1:29:21	23:30	324	5:11	102	5:36:16	32.12	229	4:22	170	3:53:30	5:31	120	11:08:37	2:18:40
190	752	Henrik Kristensen	Svendborg Triathlonklub	1:26:19	22:42	309	7:47	243	5:16:14	34.15	135	5:36	238	4:13:03	5:59	197	11:08:56	2:18:59
191	852	Ewan Cameron	Triathlon Australia - Red Dog Triatf	1:07:55	17:52	97	10:42	314	5:43:11	31.47	256	4:53	196	4:03:01	5:45	158	11:09:40	2:19:42
192	637	Peter Hebin Bruun	Køge Tri Team 2000	1:15:11	19:46	210	5:50	135	5:38:16	31.93	239	6:17	257	4:04:41	5:47	165	11:10:12	2:20:15
193	893	Benjamin Prirsching	Herlev Tri & Motion	1:12:17	19:01	167	10:18	305	5:27:50	32.95	190	7:25	283	4:12:39	5:59	195	11:10:27	2:20:29
194	714	Dag Kilen	Oslofjord Triatlon	1:19:43	20:58	253	5:40	126	5:30:37	32.67	200	4:46	192	4:09:45	5:55	188	11:10:28	2:20:31
195	753	Rene Nyberg	Langgarverne	1:15:29	19:51	214	7:17	217	5:40:38	31.71	248	5:19	219	4:02:04	5:44	155	11:10:46	2:20:48
196	642	Laurent Schüpbach		1:14:25	19:34	201	7:22	221	5:34:17	32.31	213	3:28	113	4:12:06	5:58	194	11:11:37	2:21:39
197	886	Kenneth Havndrup	Team Challenge	1:28:08	23:11	316	5:45	130	5:38:10	31.94	237	4:35	182	3:56:12	5:35	134	11:12:48	2:22:51
198	2013	Jonas Rutstrom	Stockholmspolisens IF-Triathlonförn	1:11:10	18:43	156	5:29	116	5:16:38	34.11	138	6:44	275	4:34:27	6:30	264	11:14:26	2:24:29
199	748	Kim Jul Lassen	Team Challenge	1:25:34	22:30	305	6:04	149	5:10:54	34.74	108	3:39	125	4:29:42	6:23	258	11:15:52	2:25:54
200	643	Haukur Ludvíksson	Team Challenge	1:08:32	18:02	111	7:25	225	5:50:33	30.81	278	8:30	301	4:01:14	5:42	148	11:16:12	2:26:14
201	942	Søren Vestendahl	Team Challenge	1:28:12	23:12	317	6:37	179	5:20:13	33.73	161	6:45	276	4:14:40	6:02	204	11:16:25	2:26:27
202	754	Jimmy Olsen	TRI4	1:19:31	20:55	251	11:46	326	5:20:05	33.74	160	5:25	229	4:19:46	6:09	224	11:16:32	2:26:34
203	728	Thomas Kokholm	Ninjas.dk	1:11:08	18:42	155	5:33	119	5:36:13	32.12	228	4:07	158	4:20:08	6:09	225	11:17:07	2:27:10
204	873	Georgios Papageorgiou	TRI Fredensborg	1:08:22	17:59	105	7:57	249	5:19:12	33.84	156	7:36	285	4:34:08	6:29	263	11:17:13	2:27:15
205	743	Allan Laumann Nielsen	Team Challenge	1:25:57	22:37	307	10:30	310	5:11:34	34.66	112	8:45	305	4:21:07	6:11	232	11:17:50	2:27:52
206	853	Michael Stensgaard	Silkeborg Motion/Tri-Klub	1:13:29	19:20	180	8:24	263	5:45:52	31.23	265	4:59	201	4:05:46	5:49	170	11:18:28	2:28:30
207	744	Mattias Rekonius	Triathlon Väst	1:21:28	21:26	271	6:39	182	5:17:50	33.98	145	5:48	246	4:26:49	6:19	251	11:18:32	2:28:35
208	914	Markus Rytterkull		1:19:25	20:53	250	6:30	173	5:37:32	32.00	233	5:21	224	4:11:03	5:56	189	11:19:49	2:29:51
209	866	Peter Lautrepp	Team Challenge	1:15:16	19:48	211	5:58	143	5:13:39	34.43	124	3:31	116	4:41:40	6:40	279	11:20:01	2:30:03
210	687	Ulrik Theophil Jørgensen	Fitness dk - TRI	1:09:31	18:17	123	4:51	80	5:23:02	33.43	171	4:21	168	4:38:30	6:35	273	11:20:14	2:30:16
211	814	Jens Islin	Team Challenge	1:17:43	20:27	232	7:15	215	5:08:45	34.98	92	5:23	226	4:41:10	6:39	277	11:20:14	2:30:17
212	663	Henrik Fornitz Møller	Fitness dk - TRI	1:13:29	19:20	181	4:54	83	5:17:12	34.05	142	4:05	155	4:40:56	6:39	276	11:20:33	2:30:36
213	731	Pavel David	Multi-Wing Group	1:17:50	20:28	235	5:15	105	5:35:42	32.17	225	4:36	184	4:17:29	6:06	216	11:20:51	2:30:53
214	821	Kuno Fenski	vib hallbergmoos-goldach	1:19:03	20:48	248	9:40	293	5:26:51	33.04	187	4:16	164	4:21:50	6:12	234	11:21:38	2:31:40
215	906	Robert Ibbs	Newcastle (Staffs) Triathlon Club	1:29:18	23:29	323	15:57	340	5:34:35	32.28	217	6:19	262	3:55:32	5:34	131	11:21:38	2:31:41



# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 40-44 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
216	770	Michael Jensen	TRI4	1:13:54	19:26	191	6:52	191	5:40:52	31.68	249	5:31	232	4:14:44	6:02	205	11:21:51	2:31:53
217	901	Ulrik Trend Mogensen	Team Challenge	1:13:42	19:23	185	11:29	323	5:35:24	32.20	223	8:20	296	4:13:24	6:00	200	11:22:18	2:32:20
218	879	Christoph Hoeren		1:13:57	19:27	192	7:33	229	5:38:16	31.93	240	3:44	130	4:19:31	6:08	223	11:22:59	2:33:02
219	699	Marc Garcia	club triatlo jiji jaja Vinaros	1:12:40	19:07	171	5:45	131	5:33:13	32.41	209	5:07	209	4:26:57	6:19	252	11:23:41	2:33:43
220	2017	David Jern		1:10:30	18:32	138	3:52	35	6:01:40	29.86	304	3:21	104	4:04:31	5:47	164	11:23:52	2:33:54
221	845	Per Fernqvist	Triathlon väst	1:08:46	18:05	115	8:40	270	5:45:08	31.29	261	9:49	317	4:11:55	5:58	193	11:24:16	2:34:19
222	604	Alfonso Torreño	Club Natacio Reus Ploms	1:06:39	17:32	83	5:01	88	5:34:56	32.25	220	7:26	284	4:30:42	6:24	260	11:24:42	2:34:44
223	725	Søren Pomykala	Sønderborg Tri Klub 90 / STK90	1:23:23	21:56	292	9:45	295	5:41:35	31.62	253	5:21	225	4:04:51	5:48	166	11:24:53	2:34:55
224	780	Morten Asmussen	Team Challenge	1:30:06	23:42	326	7:44	237	5:23:38	33.37	175	3:26	111	4:20:38	6:10	228	11:25:30	2:35:33
225	723	Alan Cunningham	West Lothian Triathlon	1:04:31	16:58	55	5:42	129	5:26:47	33.05	185	4:17	166	4:45:09	6:45	284	11:26:23	2:36:25
226	650	Sami Laine		1:18:33	20:40	243	5:10	101	5:43:58	31.40	259	7:01	279	4:11:53	5:58	192	11:26:32	2:36:35
227	617	Kirk Doan Ormsby		1:10:37	18:34	140	8:46	273	5:40:17	31.74	247	8:51	309	4:18:40	6:07	220	11:27:09	2:37:12
228	787	Henrik Cloos Skov	Rødebro IF Tri	1:15:26	19:51	213	6:05	150	5:54:00	30.51	289	5:02	205	4:07:13	5:51	178	11:27:45	2:37:48
229	634	Carsten Lindberg Hartvigsen	Team Challenge	1:22:34	21:43	288	10:29	309	5:35:48	32.16	226	8:46	307	4:11:35	5:57	191	11:29:10	2:39:12
230	721	Nico Voet	Iron Managers	1:17:15	20:19	228	12:23	331	6:04:26	29.64	308	4:04	154	3:51:40	5:29	114	11:29:45	2:39:48
231	758	Marcus Ottosson		1:17:06	20:17	227	7:13	212	5:47:07	31.11	269	11:01	329	4:07:20	5:51	179	11:29:46	2:39:48
232	696	Thomas Dyjak	Fitness dk - TRI	1:15:41	19:54	215	9:18	284	5:31:39	32.56	205	8:42	304	4:24:42	6:16	247	11:30:00	2:40:02
233	625	Jesper Boye	Team Challenge	1:26:33	22:46	310	7:45	239	5:24:51	33.25	182	4:54	197	4:26:17	6:18	249	11:30:18	2:40:21
234	859	Jan Bergendorff Peterson	Team Challenge	1:15:52	19:57	219	8:55	276	5:10:51	34.74	107	3:55	142	4:51:28	6:54	293	11:31:00	2:41:02
235	903	Morten Stampe Møller	Aarhus 1900 Triathlon	1:18:56	20:46	246	8:57	279	5:56:40	30.28	296	7:20	281	3:59:29	5:40	143	11:31:20	2:41:23
236	784	Peder Jensen	Svendborg Triathlonklub	1:18:15	20:35	239	9:08	283	5:24:43	33.26	181	4:02	153	4:35:26	6:31	267	11:31:32	2:41:35
237	2014	Casper Schou	Team Challenge	1:15:09	19:46	208	6:31	175	5:49:55	30.87	276	3:55	141	4:16:08	6:04	208	11:31:35	2:41:38
238	654	Jørn Nielsen	TIK Triathlon	1:22:33	21:43	287	10:25	307	5:45:11	31.29	262	9:56	320	4:06:08	5:49	172	11:34:11	2:44:13
239	909	Jesper Green	Team Challenge	1:11:40	18:51	159	3:54	38	5:53:55	30.52	288	4:44	188	4:20:56	6:10	230	11:35:08	2:45:10
240	602	Charm Uawithya		1:15:58	19:59	221	6:11	155	5:29:52	32.74	194	8:24	299	4:35:02	6:31	266	11:35:26	2:45:28
241	882	Mark Strange	TRI4	1:14:12	19:31	197	7:13	211	5:10:13	34.81	103	4:08	160	4:59:57	7:06	303	11:35:40	2:45:43
242	633	John Andersen	Holstebro Triathlon Klub	1:32:28	24:19	331	7:13	213	5:41:27	31.63	252	6:59	278	4:07:38	5:52	180	11:35:43	2:45:46
243	729	Thomas Moesgaard	Kalundborg Triathlon	1:42:59	27:06	339	11:13	320	5:43:11	31.47	255	5:49	247	3:52:40	5:30	117	11:35:51	2:45:53
244	923	Juho Joonas	Haanja Rattaklubi	1:23:27	21:57	293	8:41	271	5:28:20	32.89	191	6:38	270	4:28:56	6:22	256	11:36:00	2:46:02
245	630	Lasse Stougaard	Team Challenge	1:17:18	20:20	229	8:18	262	5:46:08	31.20	267	5:35	235	4:20:34	6:10	227	11:37:51	2:47:53
246	620	Michael Stick	Team Challenge	1:29:01	23:25	320	7:14	214	5:33:26	32.39	210	5:20	223	4:23:10	6:14	240	11:38:09	2:48:12
247	682	Morten Brynitz	TRI4	1:23:28	21:57	294	8:14	260	5:43:13	31.47	257	5:35	236	4:18:06	6:06	219	11:38:35	2:48:37
248	738	Niklas Einarsson	TriathlonVäst	1:21:12	21:21	269	6:47	189	5:38:46	31.88	243	5:17	214	4:27:02	6:19	253	11:39:02	2:49:04
249	826	Morten Pihlsbech	Team Challenge	1:25:16	22:26	303	10:08	303	5:59:59	30.00	302	5:19	220	3:58:50	5:39	142	11:39:30	2:49:32
250	922	Christian Kjær	Skovshoved Triathlon Klub	1:33:37	24:37	334	6:27	170	5:53:28	30.56	286	4:30	176	4:01:53	5:43	154	11:39:52	2:49:54
251	701	Thomas Damm Nielsen	Kolding Triathlon Klub	1:11:07	18:42	154	10:10	304	5:54:50	30.44	293	6:18	259	4:17:32	6:06	217	11:39:55	2:49:58
252	833	Peter Willems-Alnøe	Team Challenge	1:28:00	23:09	315	7:56	247	5:30:22	32.69	198	9:58	321	4:23:47	6:15	242	11:40:01	2:50:04
253	680	Carsten Rønne	Islev Triathlon Klub	1:17:03	20:16	226	5:01	90	5:34:15	32.31	212	6:27	266	4:37:32	6:34	271	11:40:16	2:50:19
254	710	Niclas Svensson		1:05:19	17:11	69	8:59	280	6:11:28	29.07	320	6:47	277	4:07:57	5:52	181	11:40:28	2:50:30
255	639	Lars Poulsen	Team Challenge	1:23:13	21:53	291	9:05	282	5:03:56	35.53	71	5:40	241	4:59:51	7:06	302	11:41:44	2:51:46
256	622	Andreas Wester Hansen	Fitness dk - TRI	1:24:01	22:06	296	12:43	335	5:10:23	34.80	104	8:28	300	4:49:11	6:51	288	11:44:45	2:54:47
257	888	Michael Pedersen	Multiatleterne	1:21:39	21:29	273	7:00	199	5:47:36	31.07	272	2:28	32	4:26:31	6:18	250	11:45:11	2:55:13
258	810	Douglas Band		1:05:08	17:08	68	5:58	145	5:35:02	32.24	221	5:01	204	4:54:04	6:58	296	11:45:12	2:55:14
259	796	Mika Kujala	Helsinki Triathlon, Finland	1:18:49	20:44	245	7:29	227	5:29:55	32.74	195	6:41	272	4:42:39	6:41	281	11:45:31	2:55:33
260	762	Heinrich Thomsen	Fitness dk - TRI	1:42:48	27:02	338	10:31	311	5:34:12	32.32	211	12:41	333	4:05:51	5:49	171	11:46:00	2:56:03
261	850	Thomas Kingombe Kock	Team Challenge	1:25:52	22:35	306	8:52	275	5:54:32	30.46	291	5:48	245	4:11:27	5:57	190	11:46:29	2:56:31
262	648	Theis Schramm	Fitness dk - TRI	1:22:15	21:38	282	9:23	285	5:51:59	30.68	284	6:34	269	4:17:11	6:05	213	11:47:19	2:57:22
263	790	Sondre Runar Kjaer		1:22:25	21:41	286	6:44	187	5:31:59	32.53	206	5:07	209	4:42:40	6:41	282	11:48:53	2:58:56
264	733	Denis Selan	SK RAN	1:07:55	17:52	96	7:06	202	6:06:52	29.44	312	10:45	327	4:16:57	6:05	211	11:49:32	2:59:35
265	632	Pierre Davidsson		1:11:56	18:55	162	5:36	121	6:02:15	29.81	306	3:02	74	4:27:18	6:20	254	11:50:06	3:00:08
266	960	Alfredo Paternoster	FRIESIANTEAM	1:24:07	22:08	298	12:10	329	5:45:38	31.25	263	9:27	315	4:20:39	6:10	229	11:52:01	3:02:03
267	801	Mikio Karmann	Brøndby Triathlon Club	1:20:33	21:11	261	5:16	106	6:05:24	29.56	310	3:59	146	4:17:05	6:05	212	11:52:15	3:02:17
268	838	Uros Cufer	xxx	1:13:46	19:24	188	8:56	277	6:02:25	29.80	307	8:22	298	4:19:22	6:08	222	11:52:49	3:02:51
269	813	Rafael Diaz	karlslunde tri	1:20:45	21:15	263	7:16	216	5:45:52	31.23	264	4:07	159	4:35:48	6:32	268	11:53:46	3:03:48
270	812	Claus Tønder	Vejle IF Triathlon	1:24:43	22:17	299	7:12	209	5:54:55	30.43	294	6:18	258	4:21:00	6:11	231	11:54:06	3:04:08
271	636	Henrik Ræbild	Brøndby Triathlon Club	1:22:23	21:40	285	7:23	222	5:46:44	31.15	268	4:40	187	4:33:38	6:29	262	11:54:45	3:04:48
272	749	Oliver Stenzaly	Hanseatische Informationssysteme	1:22:09	21:36	279	8:08	255	5:50:06	30.85	277	4:05	156	4:30:26	6:24	259	11:54:50	3:04:53
273	646	Massimo Bellocchio		59:28	15:38	18	11:25	322	6:14:44	28.82	324	6:40	271	4:23:17	6:14	241	11:55:32	3:05:34
274	676	Nicolaj Andersen	Langgarverne	1:22:12	21:37	281	12:32	334	5:35:29	32.19	224	8:12	293	4:37:12	6:34	270	11:55:35	3:05:37

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 40-44 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
275	626	Thomas Schwartzbach	Team Challenge	1:28:21	23:14	318	16:18	341	5:15:27	34.24	129	9:35	316	4:46:00	6:46	286	11:55:40	3:05:43
276	685	Jesper Christensen	Fitness dk - TRI	1:08:25	18:00	107	5:09	100	4:54:27	36.68	30	2:35	41	5:45:19	8:10	322	11:55:53	3:05:56
277	716	Jamie Stokes		1:08:33	18:02	112	8:00	252	6:13:19	28.93	322	6:22	263	4:20:18	6:10	226	11:56:31	3:06:33
278	766	Kasper Olsen	Hareskovens Triathlon Klub	1:12:43	19:08	172	6:59	196	5:54:41	30.45	292	4:53	195	4:38:22	6:35	272	11:57:36	3:07:39
279	967	Christian Colberg	Team Challenge	1:10:27	18:32	137	6:21	164	5:39:20	31.83	245	8:14	294	4:53:37	6:57	295	11:57:58	3:08:01
280	865	Nicolai Dumont		1:13:18	19:17	177	7:35	231	6:07:48	29.36	313	7:25	282	4:22:11	6:12	235	11:58:16	3:08:18
281	727	Henrik Lethenborg	Team Challenge	1:22:10	21:37	280	16:58	342	5:56:57	30.26	298	8:21	297	4:13:58	6:01	202	11:58:22	3:08:24
282	944	Johan Åsell	Fitness dk - TRI	1:13:02	19:13	174	9:24	286	6:10:44	29.13	318	4:23	172	4:22:16	6:12	237	11:59:47	3:09:49
283	615	Ole William Ingelsson	LSK-tri	1:12:36	19:06	169	8:30	266	5:42:33	31.53	254	5:33	233	4:51:00	6:53	292	12:00:11	3:10:13
284	794	Fredrick Dahlin	Heleneholms IF Tri Team	1:46:25	28:00	340	10:48	315	6:01:06	29.91	303	8:38	302	3:56:47	5:36	136	12:03:43	3:13:45
285	621	Benjamin Malling Thorsen	Køge Tri Team 2000	1:16:14	20:03	224	12:23	333	5:58:03	30.16	300	5:46	243	4:31:59	6:26	261	12:04:24	3:14:26
286	791	Jesper Buch	Odense Triathlon Klub	1:22:59	21:50	290	8:51	274	5:38:12	31.93	238	7:37	286	4:47:19	6:48	287	12:04:56	3:14:58
287	877	Jan Mortensen	Team Challenge	1:10:44	18:36	141	11:51	327	5:51:08	30.76	280	11:06	331	4:40:52	6:39	275	12:05:40	3:15:42
288	836	René Albæk	Vejle IF Triathlon	1:32:55	24:27	333	7:52	246	6:11:02	29.11	319	3:12	92	4:13:11	5:59	199	12:08:11	3:18:13
289	875	Lars Broch	Team Challenge	1:21:38	21:28	272	9:45	294	6:08:52	29.28	317	4:37	185	4:24:05	6:15	245	12:08:55	3:18:57
290	857	Peter Nilsson		1:10:58	18:40	149	6:40	184	5:51:17	30.75	281	4:21	167	4:56:23	7:01	298	12:09:38	3:19:40
291	707	Michael Gram Nielsen	Multiatleterne	1:28:50	23:22	319	15:00	338	6:04:44	29.61	309	9:21	313	4:13:01	5:59	196	12:10:54	3:20:57
292	969	Michael Frank	Odense Triathlon Klub	1:19:48	21:00	255	6:39	181	5:34:26	32.29	216	7:45	289	5:02:46	7:10	306	12:11:24	3:21:26
293	768	Gorm Rex Larssen	Triton Tri	1:30:16	23:45	327	8:33	267	5:38:19	31.92	241	5:19	222	4:49:43	6:51	289	12:12:08	3:22:11
294	913	Jonas Hink	Team Challenge	1:23:55	22:04	295	15:09	339	6:14:08	28.87	323	6:13	255	4:15:35	6:03	207	12:14:58	3:25:00
295	688	Henrik Park Preisler	Sigma Nordsjælland Triathlon Klub	1:21:06	21:20	266	6:54	192	5:51:08	30.76	279	4:36	183	4:52:17	6:55	294	12:15:59	3:26:01
296	740	Mika Valkama	Porin Tarmo	1:20:38	21:13	262	9:37	292	5:49:26	30.91	274	11:07	332	4:54:20	6:58	297	12:25:06	3:35:08
297	897	Martin Tusgaard Christensen	Fitness dk - TRI	1:11:49	18:53	160	10:58	318	5:55:09	30.41	295	5:24	227	5:02:18	7:09	305	12:25:35	3:35:38
298	834	Simone Baldelli		1:02:25	16:25	38	8:24	264	5:34:49	32.26	218	5:14	213	5:35:32	7:57	319	12:26:22	3:36:25
299	820	Rob Bing	Wellingborough & District AC	1:24:01	22:06	297	7:18	220	5:49:43	30.88	275	7:04	280	4:58:44	7:04	300	12:26:48	3:36:50
300	939	Stefan Larsson	Stockholm City Triathlon Club	56:54	14:58	13	9:53	298	6:01:44	29.86	305	7:46	290	5:11:23	7:22	311	12:27:38	3:37:40
301	667	Brian Faurholt-Langvad	GSK-Tri	1:29:36	23:34	325	7:47	242	6:08:14	29.33	316	3:40	126	4:38:31	6:35	274	12:27:46	3:37:49
302	908	Søren Thysgaard	Ganløse Tri-Center	1:31:06	23:58	329	11:34	325	5:51:35	30.72	283	9:50	318	4:43:56	6:43	283	12:27:58	3:38:01
303	894	Jesper Larsen	Fitness dk - TRI	1:12:14	19:00	165	7:42	235	5:51:22	30.74	282	6:19	260	5:10:34	7:21	310	12:28:09	3:38:12
304	837	Olof Lejon		1:14:10	19:30	196	5:02	93	6:05:47	29.53	311	6:02	250	4:58:18	7:04	299	12:29:17	3:39:19
305	863	Morten Vallentin	Team Challenge	1:13:47	19:24	189	10:38	313	5:54:10	30.49	290	14:33	336	5:00:34	7:07	304	12:33:41	3:43:44
306	949	Anders Sjøberg	Malmö Löparförening	1:47:13	28:12	341	11:30	324	5:43:26	31.45	258	8:20	295	4:45:56	6:46	285	12:36:23	3:46:25
307	671	Patrik Jönsson		1:14:24	19:34	200	8:14	259	5:44:31	31.35	260	8:51	308	5:20:58	7:36	315	12:36:56	3:46:58
308	786	Peter Pedersen	Team Challenge	1:26:08	22:39	308	12:58	336	5:47:26	31.09	271	5:24	228	5:08:26	7:18	308	12:40:21	3:50:24
309	925	Anders Jannerup	Team AV Gold	1:20:00	21:03	257	6:26	167	6:31:53	27.56	335	3:42	129	4:41:58	6:40	280	12:43:57	3:54:00
310	968	Tonny Liljedahl	Team Challenge	1:20:51	21:16	265	7:24	223	6:07:49	29.36	314	5:18	217	5:03:22	7:11	307	12:44:42	3:54:44
311	891	Peter Claesson	Heleneholms IF Tri Team	1:20:08	21:05	259	8:13	258	5:56:40	30.28	297	6:23	264	5:23:59	7:40	316	12:55:21	4:05:24
312	910	Paul Silk	Black Country Triathletes	1:21:07	21:20	267	7:02	201	6:37:57	27.14	336	5:00	202	4:50:27	6:52	290	13:01:31	4:11:34
313	924	Henrik Boisen	Team Challenge	1:31:10	23:59	330	7:07	204	5:58:22	30.14	301	4:23	171	5:25:14	7:42	317	13:06:13	4:16:15
314	641	Gianluca Sbarzagli	edera triathlon forli	1:21:18	21:23	270	8:07	254	5:36:38	32.08	231	10:53	328	5:53:16	8:22	325	13:10:10	4:20:12
315	864	Johan Wallquist	Sjöbo Simsällskap	1:27:18	22:58	313	10:06	302	6:24:06	28.12	331	9:25	314	4:59:20	7:05	301	13:10:13	4:20:15
316	610	Thomas Heller	Team Challenge	1:21:43	21:30	275	7:49	244	6:18:58	28.50	326	3:57	144	5:18:35	7:32	314	13:11:01	4:21:03
317	931	Peter Lund	Team Challenge	1:42:01	26:50	335	9:34	290	6:20:02	28.42	327	8:46	306	4:50:59	6:53	291	13:11:19	4:21:21
318	726	Jan Andersen	Team Challenge	1:21:56	21:33	278	13:46	337	6:15:06	28.79	325	8:39	303	5:15:01	7:27	313	13:14:26	4:24:28
319	874	Jürgen Köberich	Heleneholms IF Tri Team	1:24:46	22:18	300	9:50	297	6:21:03	28.34	329	11:05	330	5:12:16	7:23	312	13:18:59	4:29:01
320	860	Christian Fossdal Haines	Team Challenge	1:32:41	24:23	332	12:11	330	6:27:05	27.90	333	5:35	234	5:08:31	7:18	309	13:26:00	4:36:03
321	919	Mads Walbom	Team Challenge	1:25:29	22:29	304	9:34	291	6:11:39	29.06	321	10:03	323	5:30:36	7:50	318	13:27:20	4:37:22
322	2018	Allan Lund		1:12:05	18:58	163	10:54	317	6:20:19	28.40	328	10:07	324	5:41:06	8:04	320	13:34:30	4:44:32
323	898	Christian Skifter	Team Challenge	1:42:32	26:58	337	11:00	319	5:52:09	30.67	285	10:00	322	5:56:00	8:26	326	13:51:40	5:01:42
324	907	Mike Tate		1:11:04	18:41	153	7:24	223	6:39:57	27.00	337	12:51	334	5:48:14	8:15	323	13:59:28	5:09:30
325	767	Alyn Morgan		1:24:54	22:20	301	10:22	306	6:22:55	28.20	330	10:35	325	5:51:14	8:19	324	13:59:59	5:10:01
326	651	Thomas Panum	Team Challenge	1:27:56	23:08	314	8:37	268	6:25:21	28.03	332	6:27	266	6:09:37	8:45	327	14:17:56	5:27:58
327	822	Jon Aseguinolaza	42195.es	1:30:30	23:48	328	10:28	308	6:58:23	25.81	338	13:49	335	5:41:55	8:06	321	14:35:04	5:45:06
328	756	Nicola Ancarani	Pasta granarolo	1:13:31	19:20	182	9:31	288	6:27:53	27.84	334	8:55	310	6:59:05	9:55	328	14:58:53	6:08:55
DNF	847	Thomas Smith	Fitness dk - TRI	1:06:51	17:35	84	5:09	99	4:58:01	36.24	43	3:02	75					
DNF	638	Glenn Thejl	Team Challenge	1:13:45	19:24	187	6:12	156	4:57:57	36.25	41	6:19	261					
DNF	793	John Boel	Holstebro Triathlon Klub	1:11:01	18:41	152	4:51	79	5:10:02	34.84	101	2:32	34					
DNF	608	Ulrich Haß	tri team neumünster	1:07:52	17:51	94	4:20	62	5:17:30	34.02	144	4:16	165					
DNF	759	Johan Frisk	338 Småland	1:14:08	19:30	195	8:00	250	5:53:52	30.52	287	5:30	231					

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 40-44 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
DNF	686	Ted Modén		1:08:26	18:00	109	4:50	78	6:08:06	29.34	315	4:10	162					
DNF	947	Kimmo Kaila	Nastola Naseva	1:17:43	20:27	233	5:15	104	5:00:49	35.90	55							
DNF	808	Ole Bjerg	Team Triathlon Herning	1:00:36	15:56	28	5:54	138	5:18:17	33.93	148							
DNF	690	Kenneth Luxhøi	Fitness dk - TRI	1:10:51	18:38	147	6:03	148	5:31:22	32.59	203							
DNF	959	John Dennis	British Triathlon	1:00:47	15:59	30	6:15	160										
DNF	957	Lars Heine Andersen	TRI Fredensborg	1:07:24	17:44	87	5:54	137										
DNF	658	Gavin Simmons		1:22:16	21:38	283	7:11	207										
DNF	844	Jason Heine		2:51:06	45:01	342	7:00	200										
DNF	644	Mark Lorenzen	Fitness dk - TRI															
DNS	724	Marcus Ziemann	PV Triathlon Witten	58:45	15:27	17	6:32	177	5:11:46	34.64	115	3:25	107					
DNS	627	Mike Riedel	SV Handwerk Leipzig, Abteilung Tr															
DNS	613	Søren Damsgaard	Team Challenge															
DNS	785	Johan Sköld	Stockholm city triathlon															
DNS	711	Atle Larsen																
DNS	681	Martin Jung	Team Tempo Sport															
DNS	662	Jamie Bishop	Challenge Henley															
DNS	675	Thomas Knudsen	Silkeborg Motion/Tri-Klub															
DNS	735	Mats Norreby																
DNS	736	Oliver Lauxmann																
DNS	737	Andreas Petz	Rødekro IF Tri															
DNS	755	Peter Ramspeck	TeamChallenge SFV Aurau															
DNS	823	Luciano Caputo																
DNS	824	Kim Birkebæk Jensen	Fitness dk - TRI															
DNS	825	Brian Dahlstrøm	ALOT - Albertslund Løb og Triathlo															
DNS	828	Jan Scheel	Rødekro IF Tri															
DNS	815	Rikard Tancred																
DNS	806	Dennis Kjær	Aalborg Triathlon Klub															
DNS	916	Martin Merstrand	Nyborg Triathlon Klub															
DNS	917	Jens Dam	Multiatleterne															
DNS	918	Alan Rose	Challenge Henley															
DNS	933	Peter Engel Sørensen	Team Challenge															
DNS	895	Clas Eriksson	Triathlon Väst															
DNS	870	Arne Pöppel	SSF Bonn															
DNS	878	Michael Sobola																
DNS	943	Udo Heemann	TVE Weiher															
DNS	964	Henrik Hansen	Team Challenge															
DNS	950	Martin Christian Koch	Team Challenge															
DNS	652	Lars Barkholt	Team Challenge															
DSQ	750	Timo Ristolainen		1:02:17	16:23	35	3:58	43	5:16:26	34.13	136	1:42	2	3:20:00	4:44	18	9:44:21	54:23
DSQ	921	Niclas Gustafsson	Fredrikshof IF	1:21:51	21:32	277	7:12	210	5:10:26	34.79	105	2:58	68	4:23:09	6:14	239	11:05:34	2:15:37
DSQ	912	Tobias Herbert Jensen	Roskilde Triathlon Klub	1:18:20	20:36	240	4:13	53	4:57:08	36.35	37	5:03	207					

### Individual: Men 45-49 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1676	Jørn Hartmann Madsen	Odense Triathlon Klub	1:03:22	16:40	25	3:54	12	4:44:25	37.97	4	3:06	32	2:59:40	4:15	1	8:54:25	
2	1618	Thorstein Gystad	Silkeborg Motion/Tri-Klub	1:00:48	15:59	10	3:53	10	4:46:34	37.69	6	3:03	29	3:05:08	4:23	2	8:59:24	4:59
3	1797	Niels Kristian Vejen	Roskilde Triathlon Klub	1:10:17	18:29	76	2:53	1	4:46:22	37.71	5	2:38	13	3:17:02	4:40	5	9:19:10	24:45
4	1564	Mikael Ronnle	Luleå ck tri	1:05:50	17:19	35	4:14	23	4:51:35	37.04	14	2:52	22	3:16:50	4:39	4	9:21:19	26:54
5	1699	Carsten Steenberg	Ganløse Tri-Center	1:01:14	16:06	11	5:13	53	5:03:47	35.55	32	3:36	56	3:10:58	4:31	3	9:24:46	30:21
6	1550	Morris Stahl	50/50	1:02:42	16:29	21	3:44	8	4:51:21	37.07	13	3:01	26	3:27:14	4:54	14	9:27:59	33:34
7	1698	Martin Lohmann	Bagsværd Atletik Club, TRI afdeling	1:05:58	17:21	40	6:19	104	4:49:20	37.33	8	3:25	50	3:25:07	4:51	12	9:30:07	35:42
8	2037	Warren Mason	Knutsford Tri Club	1:06:07	17:23	45	5:01	44	4:41:43	38.34	1	4:00	76	3:34:10	5:04	21	9:31:00	36:36
9	1627	Oguz Omur	Babaeskispor	55:08	14:30	2	3:30	5	4:58:21	36.20	20	2:07	1	3:32:42	5:02	17	9:31:45	37:21
10	1661	Allan Maagaard	Team Challenge	57:11	15:02	4	5:17	57	4:41:49	38.32	2	2:18	4	3:45:58	5:21	54	9:32:31	38:06
11	1723	Sven Tödloff	TriTeam Neumünster	57:31	15:08	5	3:53	11	4:49:50	37.26	9	2:36	11	3:40:31	5:13	38	9:34:20	39:55
12	1639	Shane Scadding	Waterford Triathlon Club	1:02:09	16:21	17	3:25	4	4:53:48	36.76	16	3:15	38	3:40:51	5:14	41	9:43:26	49:01
13	1796	Michael Krüger	Heeresauswahl, USCKiel	1:10:17	18:29	77	5:19	59	5:01:42	35.80	28	2:46	20	3:23:45	4:49	10	9:43:48	49:23
14	1688	Torben Iversen	Multiatleterne	1:12:23	19:02	90	3:56	15	4:58:38	36.17	21	2:26	5	3:26:28	4:53	13	9:43:49	49:25
15	1566	John Klindt	Odense Triathlon Klub	1:06:04	17:23	44	4:05	20	4:50:41	37.15	12	3:06	30	3:42:51	5:16	47	9:46:45	52:20

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 45-49 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
16	1735	Claus Leinoe	Skovshoved Triathlon Klub	59:22	15:37	8	3:25	3	4:44:07	38.01	3	3:16	41	3:58:57	5:39	86	9:49:05	54:40
17	1681	Jordi Fontbote Albal	Club Natacio Reus Ploms	55:07	14:30	1	7:29	147	5:00:56	35.89	26	4:06	78	3:42:00	5:15	44	9:49:36	55:11
18	1579	Per Sritlich	TTR 08	1:04:48	17:03	31	6:24	110	4:58:59	36.12	22	2:45	19	3:38:02	5:09	30	9:50:56	56:32
19	1623	Allan Solok	Sigma Nordsjælland Triathlon klub	1:20:33	21:11	158	4:46	38	5:01:19	35.84	27	3:19	45	3:22:22	4:47	9	9:52:17	57:52
20	1568	Jess Langkjær	Silkeborg Motion/Tri-Klub	1:07:17	17:42	58	3:54	13	5:05:32	35.35	38	2:45	18	3:34:32	5:05	22	9:53:57	59:32
21	1575	Lennart Cromstedt		1:06:01	17:22	41	6:31	113	4:57:43	36.28	19	4:52	107	3:40:05	5:12	36	9:55:10	1:00:45
22	1586	Diederik De Roeck	Ironmanagers 2008	1:06:18	17:26	47	5:15	55	5:03:32	35.58	31	3:22	48	3:38:47	5:11	32	9:57:12	1:02:47
23	1669	Michael Skjoldan	Hareskovens Triathlon Klub	1:06:43	17:33	51	4:45	37	4:49:50	37.26	10	2:31	8	3:53:50	5:32	72	9:57:38	1:03:13
24	1577	Dennis Stuhr Madsen	Islev Triathlon Klub	1:13:03	19:13	96	6:24	111	5:13:01	34.50	57	3:48	65	3:21:39	4:46	7	9:57:54	1:03:29
25	1598	Richard Kingsbury	Serpentine Running Club	1:02:57	16:33	23	4:41	33	5:10:36	34.77	48	2:33	10	3:38:50	5:11	33	9:59:35	1:05:10
26	1680	Alessandro Clivio	KINO MANA A.S.D.	1:07:16	17:41	57	4:23	26	5:11:59	34.62	54	4:46	106	3:32:52	5:02	18	10:01:13	1:06:48
27	1643	Peter Schou	Fitness dk - TRI	1:05:32	17:14	33	6:42	116	5:22:35	33.48	82	5:48	142	3:21:40	4:46	8	10:02:14	1:07:49
28	1595	Jørn Heilberg	TRI4	1:06:03	17:22	42	5:10	51	5:02:49	35.67	29	3:15	40	3:45:36	5:20	53	10:02:53	1:08:28
29	1754	Jens Bjerge		1:05:51	17:19	37	5:33	66	5:11:40	34.65	52	3:02	28	3:36:56	5:08	29	10:03:00	1:08:35
30	1590	Filip Tefke Klein	Team Challenge	1:09:36	18:18	69	4:27	29	4:50:18	37.20	11	3:21	47	3:55:29	5:34	78	10:03:08	1:08:43
31	1640	Tim Kjær-Hansen	Karlslunde Tri	1:05:58	17:21	39	4:09	22	5:07:01	35.18	43	3:14	37	3:42:53	5:16	48	10:03:13	1:08:48
32	1614	Peter Steffensen	Odder Triathlon Klub	1:17:06	20:17	126	5:01	45	4:56:54	36.38	18	3:51	68	3:42:48	5:16	46	10:05:38	1:11:13
33	1785	Serge Cleerbout	Ironmanagers2008	1:07:13	17:41	56	4:54	40	5:10:22	34.80	47	2:42	15	3:41:11	5:14	42	10:06:21	1:11:56
34	1604	Jimmi Raadberg	TRI4	1:02:03	16:19	15	4:26	27	5:05:00	35.41	37	4:39	101	3:50:34	5:27	67	10:06:40	1:12:15
35	1733	Morten Hastrup	Hareskovens Triathlon Klub	1:17:24	20:22	129	4:42	35	5:04:35	35.46	35	5:22	127	3:35:10	5:05	23	10:07:12	1:12:47
36	1572	Majaz Obstetar	3K Sport	1:03:57	16:49	28	6:00	88	5:05:48	35.32	40	3:42	62	3:48:09	5:24	61	10:07:33	1:13:08
37	1607	Matthias Schmidt	ASC Kronach-Frankenwald	58:28	15:22	7	6:01	90	5:07:13	35.16	44	5:36	137	3:52:00	5:29	69	10:09:16	1:14:51
38	1807	Urban Östh	IFK Österbymo	1:11:42	18:51	87	8:54	183	5:31:47	32.55	110	5:24	129	3:17:05	4:40	6	10:14:49	1:20:25
39	1655	Jim Graham	Triathlon England	1:04:22	16:56	30	3:47	9	5:00:06	35.99	24	2:47	21	4:04:04	5:47	94	10:15:03	1:20:39
40	1761	Rolf Sørensen	Team Challenge	1:05:54	17:20	38	5:07	49	4:48:33	37.43	7	5:38	138	4:10:46	5:56	110	10:15:57	1:21:32
41	1750	Jure Velepec	SRK Celje	1:11:23	18:47	85	4:00	17	5:05:50	35.31	41	8:00	201	3:48:52	5:25	63	10:18:03	1:23:39
42	1704	Andreas Krause	USC Kiel	1:12:51	19:10	95	4:01	18	5:11:24	34.68	51	3:37	57	3:46:17	5:21	56	10:18:08	1:23:43
43	1745	Søren Bruun	Team Challenge	1:18:35	20:40	146	4:26	28	5:15:47	34.20	65	2:42	14	3:36:54	5:08	28	10:18:22	1:23:57
44	1788	Max Klovgaard Lassen	Bagsværd Atletik Club, TRI afdeling	1:20:23	21:09	156	4:20	25	5:06:06	35.28	42	4:26	88	3:44:41	5:19	51	10:19:53	1:25:28
45	1584	Niels Christian Smed Christensen	TRI4	1:18:01	20:31	139	4:06	21	5:10:19	34.80	46	2:17	3	3:45:33	5:20	52	10:20:13	1:25:48
46	1659	Christian Klein	Post SV Nuernberg	1:00:31	15:55	9	4:02	19	4:53:47	36.76	15	2:37	12	4:19:22	6:08	132	10:20:17	1:25:53
47	1756	Thomas Nielsen	Odense Triathlon Klub	57:48	15:12	6	5:05	48	5:16:07	34.17	66	4:24	87	3:57:11	5:37	82	10:20:33	1:26:08
48	1810	Hans Høj	Fitness dk - TRI	1:11:05	18:42	82	4:14	24	5:23:43	33.36	85	2:15	2	3:39:34	5:12	35	10:20:49	1:26:24
49	1714	Keld Hansen	Multi Motion Assens	1:09:41	18:20	71	5:19	58	5:21:32	33.59	78	3:48	64	3:40:50	5:13	40	10:21:07	1:26:42
50	1603	Sebastian Carandell	Fitness dk - TRI	1:14:58	19:43	112	6:51	123	5:33:22	32.40	113	3:51	69	3:24:11	4:50	11	10:23:11	1:28:46
51	1670	Kjeld Gravesen	Slagelse, Korsør & Skælskør Triat	1:22:08	21:36	177	4:58	42	5:18:46	33.88	71	3:41	61	3:33:46	5:03	19	10:23:17	1:28:52
52	1685	Claus Femerling Petersen	Team Challenge	1:21:32	21:27	166	5:32	65	5:16:17	34.15	67	5:04	116	3:36:17	5:07	25	10:24:40	1:30:15
53	1752	Jess Lambrechtsen	Odense Triathlon Klub	1:13:55	19:26	97	6:18	102	5:11:46	34.64	53	6:08	149	3:47:47	5:23	59	10:25:53	1:31:28
54	1768	Henrik Nørmølle	Team Challenge	1:22:01	21:34	174	7:13	140	4:56:34	36.42	17	4:27	89	3:59:57	5:41	89	10:30:10	1:35:45
55	1743	Anker Hansen	Sigma Nordsjælland Triathlon klub	1:21:52	21:32	171	6:47	121	5:16:27	34.13	68	5:08	120	3:41:30	5:14	43	10:31:42	1:37:17
56	1668	Marco Lostuzzi	CUS Udine Triathlon	1:14:47	19:40	110	6:05	92	5:37:30	32.00	128	2:28	7	3:32:22	5:01	16	10:33:10	1:38:45
57	1772	Stefan Thordarson	smt	1:21:06	21:20	163	6:36	114	5:11:02	34.72	49	4:35	97	3:50:18	5:27	66	10:33:35	1:39:10
58	1549	Erik Gumabon	Triathlon Väst - Sverige	1:11:32	18:49	86	3:57	16	5:04:50	35.43	36	3:55	71	4:09:54	5:55	107	10:34:04	1:39:40
59	1702	Michael Kragelund	Odense Triathlon Klub	1:07:41	17:48	61	5:01	43	5:14:31	34.34	62	7:04	181	4:00:10	5:41	90	10:34:26	1:40:01
60	1611	Lars Thomsen	Rødde IF Tri	1:19:14	20:50	149	6:46	120	5:31:25	32.59	108	3:10	35	3:33:55	5:04	20	10:34:27	1:40:02
61	1610	Martin Astradsson	Team Challenge	1:14:35	19:37	106	6:10	96	5:24:18	33.30	86	7:17	185	3:42:18	5:16	45	10:34:36	1:40:11
62	1776	Piet Germonprez	Iron Managers	1:09:30	18:17	67	6:16	101	5:28:39	32.86	95	3:29	52	3:46:57	5:22	57	10:34:49	1:40:24
63	1591	Súni Lamhauge	Harboes Bryggeri A/S	1:12:05	18:58	88	8:28	173	5:31:21	32.59	107	6:09	150	3:36:51	5:08	27	10:34:52	1:40:27
64	1684	Folkhard Hencke	HT16 Triathlon Team Hamburg	1:15:01	19:44	113	4:30	30	5:26:08	33.12	88	3:15	39	3:46:13	5:21	55	10:35:05	1:40:40
65	1739	Johnny Jensen	Hareskovens Triathlon Klub	1:12:46	19:08	93	8:03	166	5:16:43	34.10	69	4:59	115	3:54:42	5:33	77	10:37:11	1:42:46
66	1713	Lars Bødker	Holbæk Svømmeklub Triathlon	1:14:37	19:38	108	5:28	62	5:32:23	32.49	111	5:08	118	3:40:33	5:13	39	10:38:08	1:43:43
67	1646	Peter Vekslund	Hareskovens Triathlon Klub	1:22:20	21:39	179	5:16	56	5:34:18	32.31	116	4:34	94	3:31:43	5:01	15	10:38:10	1:43:45
68	1555	Martin Johnson	Heleneholms if Triteam	1:17:59	20:31	138	4:42	36	5:03:47	35.55	33	5:08	119	4:07:40	5:52	99	10:39:14	1:44:49
69	1791	Bo Holm	Rødde IF Tri	1:10:21	18:30	78	7:15	143	5:23:17	33.41	84	5:07	117	3:53:58	5:32	74	10:39:56	1:45:31
70	1751	Otto Vinther Christensen	Team Challenge	1:03:00	16:34	24	6:07	95	5:27:37	32.97	93	3:59	72	3:59:16	5:40	87	10:39:57	1:45:32
71	1769	Erik Søe	Fitness dk - TRI	1:22:49	21:47	183	5:34	67	5:26:44	33.05	90	5:28	130	3:43:29	5:17	49	10:44:04	1:49:39
72	1800	Peter Bleckert	Ik Fyris Triathlon	1:14:20	19:33	101	5:38	70	5:36:10	32.13	122	4:28	91	3:44:07	5:18	50	10:44:40	1:50:15
73	1589	Jonas Ståhl		1:08:25	18:00	63	5:13	52	5:19:02	33.85	72	4:37	98	4:07:54	5:52	100	10:45:08	1:50:43
74	1547	Jan Wodschow Larsen	Sigma Nordsjælland Triathlon klub	1:13:55	19:27	98	6:52	126	5:43:58	31.40	142	3:49	66	3:36:44	5:08	26	10:45:16	1:50:51

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 45-49 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
75	1762	Klaus Plum	Bagsværd Atletik Club, TRI afdeling	1:17:38	20:25	130	9:39	200	5:36:22	32.11	124	6:16	154	3:35:36	5:06	24	10:45:29	1:51:04
76	1767	Claus Ol Hansen	Herlev Tri & Motion	1:10:34	18:34	79	6:23	108	5:03:00	35.64	30	3:13	36	4:23:08	6:14	144	10:46:16	1:51:51
77	1774	Paul Peeters	IronManagers	1:06:58	17:37	54	5:23	60	5:14:25	34.35	61	6:57	179	4:14:55	6:02	121	10:48:36	1:54:11
78	1706	Henrik Bonnerup	TRI4	1:05:51	17:19	36	5:35	68	5:36:21	32.11	123	3:35	54	3:57:24	5:37	83	10:48:44	1:54:19
79	1562	Tim Pihl Johannessen	Triathlon Association of Singapore	1:06:08	17:23	46	7:50	159	5:10:00	34.84	45	6:24	158	4:19:11	6:08	130	10:49:30	1:55:05
80	1582	Lars Fogh Iversen	Sigma Nordsjælland Triathlon klub	1:23:04	21:51	186	8:54	184	5:19:33	33.80	75	5:23	128	3:53:06	5:31	70	10:49:57	1:55:33
81	1766	Allan Hendrichsen	Ganløse Tri-Center	1:19:38	20:57	152	7:10	137	5:05:40	35.33	39	3:20	46	4:14:37	6:02	120	10:50:23	1:55:58
82	1608	Allan Agerskov	TRI Fredensborg	1:17:54	20:29	137	6:05	93	5:33:13	32.41	112	4:29	93	3:48:54	5:25	64	10:50:33	1:56:08
83	1632	Claus Engstrøm	Team Challenge	1:26:42	22:48	208	14:34	245	5:20:02	33.75	76	11:16	230	3:38:31	5:10	31	10:51:02	1:56:37
84	1770	Marco Moretti	Circolo Canottieri Napoli Triathlon	1:02:07	16:20	16	7:09	135	5:41:16	31.65	134	3:51	67	3:57:25	5:37	84	10:51:44	1:57:20
85	1760	Svend Pedersen	ALOT - Albertslund Løb og Triathlo	1:09:46	18:21	73	3:12	2	5:17:47	33.99	70	2:27	6	4:18:39	6:07	129	10:51:49	1:57:24
86	1665	Peter Heering	Team Challenge	1:21:34	21:27	167	9:54	206	5:36:31	32.09	125	6:47	171	3:38:56	5:11	34	10:53:40	1:59:15
87	1621	Geir Eikeskog	Stavanger Triathlon Klubb	1:16:24	20:06	119	5:42	74	5:35:00	32.24	119	3:07	33	3:54:12	5:32	75	10:54:23	1:59:58
88	1697	Karsten Risvig	Islev Triathlon Klub	1:14:35	19:37	107	6:22	107	5:34:41	32.27	117	6:37	166	3:54:23	5:33	76	10:56:36	2:02:11
89	1594	Paul Arnold	Welsh Triathlon	1:06:39	17:32	50	7:13	139	5:26:34	33.07	89	7:51	200	4:08:43	5:53	102	10:56:58	2:02:33
90	1593	Niklas Oja	ironmaniac triathlon club	1:18:19	20:36	144	7:03	134	5:31:47	32.55	109	3:33	53	3:56:31	5:36	81	10:57:12	2:02:47
91	1806	Kjeld Aunstrup	Sigma Nordsjælland Triathlon klub	1:18:04	20:32	140	5:47	80	5:28:41	32.86	96	3:39	59	4:02:24	5:44	92	10:58:32	2:04:08
92	1689	Knut Johannes Hallingstad	Haugesund Triathlon Klubb	1:15:08	19:46	115	6:42	117	5:29:05	32.82	98	6:32	164	4:01:43	5:43	91	10:59:07	2:04:42
93	1662	Salvador Fernandez Ribas	ENERGY LAB	1:18:04	20:32	141	5:58	86	5:14:07	34.38	59	5:20	125	4:15:53	6:03	122	10:59:21	2:04:56
94	1551	Wim Baert	TBT	1:14:27	19:35	104	5:43	76	5:15:36	34.22	64	6:21	157	4:17:17	6:05	126	10:59:23	2:04:58
95	1693	James Mcdiarmid		1:22:10	21:37	178	6:19	103	5:14:10	34.38	60	6:14	152	4:10:36	5:56	109	10:59:27	2:05:02
96	1764	Jari Ruponen	Helsinki Triathlon	1:12:49	19:09	94	5:42	73	5:27:58	32.93	94	2:43	16	4:11:09	5:57	111	11:00:19	2:05:54
97	1686	Laurent Leonard	VICHY TRIATHLON	1:08:48	18:06	65	8:10	169	5:21:02	33.64	77	9:48	228	4:13:16	6:00	117	11:01:03	2:06:38
98	1771	Tom Leth Jensen	Holbæk Svømme Klub Triathlon	1:26:35	22:47	205	3:55	14	5:14:07	34.38	58	4:00	73	4:12:41	5:59	116	11:01:16	2:06:51
99	1636	Mikael Yllner	Helenholms TriTeam	1:21:53	21:32	172	4:48	39	5:29:54	32.74	102	6:25	160	3:59:21	5:40	88	11:02:19	2:07:54
100	1578	Michael Toft	Odense Triathlon Klub	1:17:38	20:25	131	8:16	172	5:37:16	32.02	127	5:45	140	3:53:50	5:32	73	11:02:43	2:08:18
101	1678	Christian Tybjerg Smed	Team Challenge	1:40:21	26:24	245	6:13	98	5:37:53	31.97	129	3:00	25	3:40:24	5:13	37	11:07:49	2:13:24
102	1692	Roland Christiansen	Vejle IF Triathlon	1:12:10	18:59	89	10:27	214	5:26:45	33.05	91	6:56	177	4:11:53	5:58	112	11:08:09	2:13:44
103	1744	Flemming Toft Andersen	Hareskovens Triathlon Klub	56:25	14:50	3	5:46	79	5:22:57	33.44	83	4:57	114	4:38:40	6:36	171	11:08:43	2:14:18
104	2040	Thomas Schwartz	Fitness dk - TRI	1:23:58	22:05	190	5:05	47	5:11:11	34.71	50	4:13	81	4:25:02	6:16	150	11:09:26	2:15:01
105	1620	Ole Frederiksen	Aarhus 1900 Triathlon	1:24:57	22:21	197	7:53	161	5:21:56	33.55	80	10:15	229	4:05:01	5:48	96	11:09:59	2:15:35
106	1652	Joakim Nilsson	Dalregementet	1:02:22	16:24	20	6:53	128	5:37:01	32.05	126	4:09	80	4:21:26	6:11	139	11:11:49	2:17:25
107	1631	Jan Meyer-Zeuthen	Skovshoved Triathlon Klub	1:09:19	18:14	66	5:01	46	5:12:33	34.56	56	4:38	100	4:41:02	6:39	177	11:12:31	2:18:06
108	1691	Morten Stobbe	Ganløse Tri-Center	1:40:28	26:26	246	8:01	165	5:35:15	32.22	120	3:17	44	3:47:43	5:23	58	11:14:42	2:20:17
109	1783	Lars Halkier	Skovshoved Triathlon Klub	1:10:15	18:28	75	8:44	178	5:19:25	33.81	73	5:35	135	4:32:42	6:27	164	11:16:40	2:22:15
110	1656	Marko Lampela		1:11:04	18:41	81	5:44	77	5:51:29	30.73	164	3:06	31	4:07:24	5:51	98	11:18:46	2:24:21
111	2032	Søren Bredvig	Team Challenge	1:16:29	20:07	121	7:31	149	5:40:39	31.70	133	4:14	82	4:10:11	5:55	108	11:19:02	2:24:37
112	1645	Michael Jessen	Herlev Tri & Motion	1:28:36	23:18	221	9:20	195	5:34:07	32.32	115	9:12	219	3:57:57	5:38	85	11:19:10	2:24:46
113	1559	Erlend Ellefsen		1:21:02	21:19	162	8:15	171	5:50:52	30.78	162	6:03	147	3:53:14	5:31	71	11:19:23	2:24:59
114	1716	Jesper Raabjerg Jensen	Team Challenge	1:16:25	20:06	120	10:50	221	5:58:23	30.14	185	6:18	155	3:50:48	5:28	68	11:22:42	2:28:17
115	1709	Palle Berdiin	Team Challenge	1:11:07	18:42	83	7:48	157	5:34:49	32.26	118	3:16	42	4:27:06	6:19	156	11:24:05	2:29:40
116	1585	Richard Neulaender		1:07:07	17:39	55	7:31	148	5:22:20	33.51	81	4:45	105	4:44:02	6:43	183	11:25:42	2:31:17
117	1734	Jan Brøndbjerg	Aalborg Triathlon Klub	1:25:41	22:32	199	9:12	192	5:56:57	30.26	179	6:33	165	3:47:52	5:23	60	11:26:13	2:31:48
118	1619	Rasmus Bundgaard	Fitness dk - TRI	1:25:40	22:32	198	7:00	132	5:30:08	32.71	103	5:09	121	4:18:26	6:07	127	11:26:21	2:31:56
119	1592	Flemming Lund	Team Challenge	1:22:51	21:48	184	6:28	112	5:44:21	31.36	143	4:34	95	4:08:18	5:53	101	11:26:31	2:32:06
120	1712	Peter Wennevold	Hareskovens Triathlon Klub	1:18:05	20:32	142	6:14	100	5:29:53	32.74	101	3:36	55	4:29:40	6:23	159	11:27:26	2:33:01
121	1720	Jonas Ericson	Fredrikshof IF CK	1:22:32	21:43	180	6:43	118	5:43:36	31.43	141	5:21	126	4:09:28	5:54	105	11:27:38	2:33:13
122	1626	Claus Robl	Team Challenge	1:15:02	19:44	114	8:51	181	4:59:18	36.08	23	4:57	113	4:59:44	7:06	206	11:27:50	2:33:26
123	1565	Bjarke Sanbeck	Sigma Nordsjælland Triathlon klub	1:01:40	16:13	12	6:14	99	5:56:41	30.28	178	6:24	159	4:16:56	6:05	125	11:27:52	2:33:27
124	1748	Christian Thulstrup	Vejle IF Triathlon	1:26:38	22:47	206	10:53	222	5:57:08	30.24	180	6:31	163	3:48:17	5:24	62	11:29:26	2:35:01
125	1728	Henrik Dornfeldt	Brøndby Triathlon Club	1:14:08	19:30	99	9:50	203	5:55:02	30.42	172	6:30	162	4:04:24	5:47	95	11:29:51	2:35:27
126	1727	Jan Fussel	TRI4	1:26:22	22:43	203	5:52	85	5:30:31	32.68	104	2:54	24	4:24:18	6:15	148	11:29:56	2:35:31
127	1773	Michael Porsbo	Køge Tri Team 2000	1:21:56	21:33	173	5:51	82	5:36:09	32.13	121	4:20	85	4:22:19	6:12	141	11:30:32	2:36:07
128	1753	Mats Didriksson		1:03:44	16:46	26	5:35	69	5:51:44	30.71	166	4:37	99	4:25:32	6:17	155	11:31:11	2:36:46
129	1786	Carsten Larsen	Køge Tri Team 2000	1:28:19	23:14	216	10:20	211	5:15:07	34.27	63	5:13	123	4:32:42	6:27	163	11:31:39	2:37:14
130	2038	Michael Vad	Team Challenge	1:21:31	21:26	165	10:33	217	6:02:41	29.78	194	7:31	191	3:49:30	5:26	65	11:31:43	2:37:18
131	1792	Michael Kruse	KVIK TRI TEAM	1:23:32	21:58	187	7:48	158	5:43:12	31.47	138	4:35	96	4:14:35	6:01	119	11:33:41	2:39:16
132	1741	Scott Tind Simmons	Blovstroed Triathleten	1:09:35	18:18	68	9:26	196	5:56:17	30.31	176	7:10	183	4:12:38	5:59	115	11:35:04	2:40:39
133	1609	Peter Eberle	Sønderborg Tri Klub 90 / STK90	1:10:47	18:37	80	7:44	155	5:00:20	35.96	25	6:37	167	5:09:54	7:20	215	11:35:20	2:40:55

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 45-49 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
134	1629	Javier Sierra Serra	Real Club Mediterraneo	1:12:28	19:04	91	7:14	142	5:31:15	32.60	106	5:31	132	4:39:04	6:36	173	11:35:31	2:41:06
135	1679	Fernando Marina	Trialandalus	1:04:04	16:51	29	6:19	106	5:25:07	33.22	87	7:48	198	4:52:15	6:55	199	11:35:31	2:41:06
136	1638	Brian Schyberg	Langgarverne	1:24:30	22:14	194	6:50	122	5:48:26	31.00	154	4:54	111	4:12:09	5:58	114	11:36:48	2:42:23
137	1648	Thomas Hagerup	Team Challenge	1:17:03	20:16	125	6:02	91	5:45:22	31.27	148	7:35	193	4:22:56	6:13	142	11:38:56	2:44:31
138	1554	Nuno Santos	Triatlo Clube TAP	1:14:21	19:33	102	3:30	6	5:31:05	32.62	105	3:01	27	4:47:06	6:48	190	11:39:01	2:44:36
139	1561	Mark Evans	Black Country Triathletes	1:06:24	17:28	48	7:17	144	5:29:36	32.77	100	7:36	194	4:51:07	6:53	195	11:41:59	2:47:34
140	1755	Lars Nordhild Rønning	TriNord	1:29:27	23:32	223	10:22	212	5:21:37	33.58	79	15:23	240	4:25:26	6:17	153	11:42:14	2:47:49
141	1617	Ain-Ivar Tupp	Haanja RK	1:03:51	16:48	27	5:43	75	5:44:36	31.34	146	7:18	187	4:41:54	6:40	180	11:43:20	2:48:55
142	1682	Nicolai Boston	Team Challenge	1:17:24	20:21	128	9:49	202	5:34:03	32.33	114	5:34	134	4:37:43	6:34	168	11:44:32	2:50:07
143	1558	Lars Krebs Lange	Team Challenge	1:16:39	20:10	123	11:11	224	5:27:22	32.99	92	13:08	237	4:36:48	6:33	167	11:45:06	2:50:41
144	1777	Carsten Spliid	Team Challenge	1:11:23	18:46	84	7:40	152	5:58:02	30.17	184	3:46	63	4:25:26	6:17	153	11:46:15	2:51:51
145	1730	Steen Skaarup	TRI Fredensborg	1:20:06	21:04	154	5:58	87	5:57:30	30.21	182	3:53	70	4:19:37	6:09	134	11:47:02	2:52:37
146	2034	Lars Haller	Brøndby Triathlon Club	1:24:11	22:09	191	13:05	237	5:38:49	31.88	131	7:18	186	4:23:47	6:15	145	11:47:08	2:52:43
147	1799	Bo Villadsen	Team Challenge	1:24:26	22:12	193	7:44	156	5:44:53	31.32	147	6:04	148	4:24:17	6:15	147	11:47:21	2:52:56
148	1650	Janus Mens	Skovshoved Triathlon Klub	1:27:03	22:54	210	6:23	109	5:48:35	30.98	155	5:50	143	4:19:33	6:09	133	11:47:22	2:52:57
149	1653	Per Plambeck	Rødetro IF Tri	1:09:43	18:20	72	12:14	235	6:21:20	28.32	224	8:06	203	3:56:11	5:35	80	11:47:32	2:53:07
150	1654	Patrick Gilis	Ironmanagers	1:02:43	16:30	22	5:51	83	5:44:27	31.36	144	2:44	17	4:52:39	6:56	200	11:48:22	2:53:57
151	1708	Theis Lihme	TRI4	1:14:30	19:36	105	5:09	50	5:43:23	31.45	140	4:53	109	4:40:44	6:39	175	11:48:37	2:54:12
152	1737	Jan Skaaning	Team Challenge	1:26:07	22:39	202	6:19	105	5:48:35	30.98	156	3:17	43	4:24:20	6:15	149	11:48:37	2:54:12
153	1780	Michael Poulsen	Køge Tri Team 2000	1:08:45	18:05	64	7:00	133	5:19:27	33.81	74	7:26	189	5:06:37	7:15	210	11:49:14	2:54:49
154	1664	Lasse Geisler	KVIK TRI TEAM	1:01:54	16:17	14	7:56	162	5:50:24	30.82	160	7:47	197	4:42:10	6:41	181	11:50:10	2:55:45
155	1573	René Holm	Team Challenge	1:18:57	20:46	148	8:56	186	5:53:13	30.58	170	5:51	145	4:23:58	6:15	146	11:50:54	2:56:29
156	1553	David Southgate	Blackwater Triathlon	1:07:19	17:42	59	5:13	54	5:46:02	31.21	150	4:53	110	4:48:37	6:50	191	11:52:03	2:57:38
157	1722	Peter Coyle		1:27:28	23:00	211	5:25	61	5:59:29	30.04	187	4:06	79	4:16:05	6:04	123	11:52:31	2:58:06
158	1710	Teddy Christensen	Herlev Tri & Motion	1:16:16	20:04	118	6:01	89	5:57:13	30.23	181	4:00	74	4:30:08	6:24	160	11:53:36	2:59:11
159	1795	Jan Bruun Jørgensen	Esbjerg Tri & Multisport	1:28:27	23:16	219	7:43	153	5:40:32	31.72	132	6:13	151	4:31:09	6:25	161	11:54:02	2:59:37
160	1630	Fredrik Samuelsson		1:24:13	22:09	192	8:54	182	6:06:48	29.44	200	5:59	146	4:09:38	5:54	106	11:55:30	3:01:05
161	1660	Anton Martynenko	TriLife.ru	1:17:48	20:28	136	6:53	127	6:03:47	29.69	195	4:29	92	4:23:07	6:14	143	11:56:01	3:01:36
162	1605	Asger Andreasen	Team Challenge	1:21:42	21:29	168	13:26	242	5:51:49	30.70	168	11:44	233	4:18:28	6:07	128	11:57:08	3:02:43
163	1801	Jan Pedersen	Viborg Atletik og Motion	1:22:07	21:36	176	7:34	150	5:42:44	31.51	137	3:39	60	4:41:34	6:40	179	11:57:37	3:03:12
164	1711	Svein Pettersen	team loomis kristiansand	1:09:39	18:19	70	11:27	227	5:59:34	30.04	188	17:19	241	4:20:09	6:09	136	11:58:06	3:03:41
165	1580	Anders Løjmar	Team Challenge	1:14:49	19:41	111	6:51	123	5:51:05	30.76	163	5:50	144	4:39:43	6:37	174	11:58:16	3:03:51
166	1644	Sten Einar Lunder		1:36:13	25:19	234	10:06	210	5:59:38	30.03	189	6:45	170	4:05:50	5:49	97	11:58:31	3:04:06
167	1701	Jouni Heiskanen	Helsinki Triathlon	1:21:51	21:32	170	7:56	163	5:56:26	30.30	177	4:28	90	4:28:59	6:22	158	11:59:38	3:05:13
168	2036	Per Overgaard	Fitness dk - TRI	1:16:05	20:01	116	10:37	219	5:41:32	31.62	136	8:38	209	4:44:02	6:43	184	12:00:53	3:06:28
169	1687	Bent Olsen	Team Challenge	1:25:54	22:36	201	14:50	247	6:01:42	29.86	192	9:31	225	4:09:03	5:54	103	12:00:58	3:06:33
170	1637	Timo Toivainen		1:20:58	21:18	161	12:10	234	6:23:18	28.18	226	9:05	218	3:55:56	5:35	79	12:01:25	3:07:00
171	1588	Jon Dalgaard Christiansen	Fitness dk - TRI	1:14:40	19:38	109	11:42	230	5:45:46	31.24	149	8:20	205	4:41:00	6:39	176	12:01:27	3:07:02
172	1615	Jens Balle	Kolding Triathlon Klub	1:19:29	20:54	151	7:09	136	6:18:13	28.56	219	6:56	176	4:11:59	5:58	113	12:03:44	3:09:19
173	1784	Henrik Madsen	TRI4	1:18:27	20:38	145	8:37	175	6:18:51	28.51	220	5:47	141	4:13:43	6:00	118	12:05:24	3:10:59
174	1671	Lars Peter Schröder-Madsen	Team Challenge	1:38:33	25:55	238	7:14	141	5:49:34	30.90	158	6:52	175	4:25:18	6:17	151	12:07:28	3:13:03
175	1778	Claus Riber	Aarhus 1900 Triathlon	1:39:10	26:05	240	6:38	115	6:01:46	29.85	193	5:34	133	4:16:21	6:04	124	12:09:27	3:15:02
176	2033	John Glottrup	Skovshoved Triathlon Klub	1:34:58	24:59	231	9:26	197	6:09:25	29.24	206	7:29	190	4:09:09	5:54	104	12:10:25	3:16:01
177	1747	Michael Linulf	Slagelse, Korsør & Skælskør Triat	1:26:28	22:45	204	7:43	154	5:47:06	31.12	152	4:52	108	4:44:46	6:44	185	12:10:54	3:16:30
178	1651	George Ferris	USA Triathlon	1:20:57	21:18	159	4:38	32	5:55:19	30.40	175	4:15	83	4:45:52	6:46	187	12:10:59	3:16:34
179	1602	Antonio Galloso	SALENTO TRIATHLON	1:27:40	23:04	212	7:36	151	6:12:07	29.02	210	4:19	84	4:19:21	6:08	131	12:11:01	3:16:37
180	1675	Mogens Hoffeldt	Brøndby Triathlon Club	1:20:33	21:11	157	12:31	236	5:53:08	30.58	169	4:22	86	4:41:17	6:39	178	12:11:50	3:17:25
181	1622	Kurt Neyrnyck	Ironmanagers 2008	1:27:41	23:04	213	7:52	160	6:06:15	29.49	199	4:55	112	4:25:24	6:17	152	12:12:04	3:17:39
182	1690	Claus Fleron	Odder Triathlon Klub	1:02:13	16:22	18	14:16	244	6:05:29	29.55	198	5:11	122	4:45:11	6:45	186	12:12:18	3:17:53
183	1746	Bo Munch	Team Challenge	1:33:07	24:30	230	5:52	84	6:07:11	29.41	201	6:21	156	4:21:45	6:12	140	12:14:14	3:19:49
184	1717	Peter Kresten Nielsen	Fitness dk - TRI	1:30:11	23:43	225	11:18	225	6:04:39	29.62	196	7:11	184	4:20:58	6:11	138	12:14:16	3:19:51
185	1672	Jens Belner	Fitness dk - TRI	1:22:44	21:46	181	8:44	177	5:38:38	31.89	130	6:45	169	5:00:25	7:07	207	12:17:14	3:22:49
186	1790	Brian Lund	Team Challenge	1:52:08	29:30	253	8:59	187	6:01:08	29.91	191	13:02	236	4:02:54	5:45	93	12:18:10	3:23:45
187	1560	Nikolaj Løbner	Islev Triathlon Klub	1:14:26	19:35	103	7:29	146	6:13:19	28.93	212	5:15	124	4:37:48	6:34	169	12:18:15	3:23:50
188	1677	Steffen Thomsen	Team Challenge	1:22:57	21:49	185	5:40	71	5:41:19	31.64	135	4:40	103	5:03:55	7:12	208	12:18:29	3:24:04
189	1567	Henrik Larsen	Team Challenge	1:40:52	26:32	248	11:43	231	5:50:30	30.81	161	8:44	211	4:28:29	6:21	157	12:20:15	3:25:50
190	1642	Jan Søgaard Rasmussen	Odder Triathlon Klub	1:18:14	20:35	143	9:58	207	6:25:09	28.04	229	8:14	204	4:19:42	6:09	135	12:21:16	3:26:51
191	1794	John Weinreich	Køge Tri Team 2000	1:29:45	23:37	224	9:08	190	5:46:54	31.13	151	7:03	180	4:48:59	6:50	193	12:21:47	3:27:22
192	1657	Erlend Paris Wathne		1:19:53	21:01	153	9:20	194	6:11:27	29.08	209	9:44	227	4:31:28	6:25	162	12:21:51	3:27:26

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 45-49 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
193	1787	Jan Møllbach	Fitness dk - TRI	1:22:04	21:35	175	8:56	185	5:51:44	30.71	165	8:29	206	4:51:40	6:54	197	12:22:51	3:28:26
194	1658	Ove Larsen	Team Challenge	1:32:49	24:25	227	11:33	228	6:10:33	29.15	208	9:22	223	4:20:15	6:10	137	12:24:30	3:30:06
195	1683	Hans Schwaner	TRI Fredensborg	1:17:07	20:17	127	4:56	41	6:08:55	29.28	205	4:44	104	4:51:09	6:53	196	12:26:49	3:32:24
196	1759	Antonio Simbula	Sinis Triathlon	1:06:48	17:34	53	6:51	125	6:28:01	27.83	232	2:31	9	4:46:39	6:47	189	12:30:49	3:36:24
197	1641	Jonathan Francis	Triathlon England	1:02:15	16:22	19	6:56	129	6:38:21	27.11	239	8:32	208	4:35:41	6:31	166	12:31:43	3:37:18
198	1803	Robby Mol	NTB	1:22:48	21:47	182	6:06	94	6:20:15	28.40	223	4:03	77	4:39:03	6:36	172	12:32:12	3:37:47
199	1557	Jens Gadgaard	Team Challenge	1:16:06	20:01	117	11:37	229	5:44:29	31.35	145	7:46	196	5:12:47	7:24	219	12:32:42	3:38:17
200	1736	Per Stjernqvist	Team Challenge	1:41:11	26:37	249	5:41	72	6:08:27	29.31	203	5:36	136	4:34:02	6:29	165	12:34:55	3:40:30
201	1763	Jari Iisakkala		1:16:35	20:09	122	13:05	238	6:08:26	29.31	202	8:02	202	4:48:52	6:50	192	12:34:59	3:40:34
202	1666	Jesper Plesner Jakobsen	Aarhus 1900 Triathlon	1:14:10	19:31	100	9:15	193	5:59:04	30.08	186	6:49	173	5:11:20	7:22	218	12:40:36	3:46:11
203	1696	Henrik Hammer Berthelsen	Sigma Nordsjælland Triathlon Klub	1:17:42	20:26	134	5:29	64	5:49:14	30.93	157	4:40	102	5:27:38	7:45	225	12:44:41	3:50:16
204	1757	Thomas Gramstrup	LSK-tri	1:17:45	20:27	135	9:50	204	6:16:23	28.70	216	8:49	216	4:52:00	6:55	198	12:44:44	3:50:19
205	1597	Johan Schubert		1:28:25	23:16	218	8:07	168	6:16:01	28.72	215	5:29	131	4:49:56	6:52	194	12:47:57	3:53:32
206	1649	Jan Gittinger	ASV Koeln	1:07:24	17:44	60	9:03	189	6:31:55	27.56	236	6:15	153	4:54:39	6:58	202	12:49:14	3:54:49
207	1674	Esben Johannsen	Team Challenge	1:42:20	26:55	250	6:56	130	5:57:36	30.20	183	2:53	23	4:59:40	7:06	204	12:49:23	3:54:58
208	1599	Terho Miettinen	Helsinki Triathlon	1:20:21	21:08	155	10:04	209	6:28:48	27.78	233	8:46	215	4:42:44	6:41	182	12:50:42	3:56:17
209	1635	Kim Thode Sørensen	Fitness dk - TRI	1:24:48	22:18	195	9:50	205	5:29:14	32.80	99	8:44	212	5:38:31	8:01	232	12:51:06	3:56:41
210	1732	Martin Lieb		1:40:47	26:31	247	15:18	249	6:08:44	29.29	204	8:40	210	4:38:08	6:35	170	12:51:35	3:57:11
211	1601	Anders Palmquist		1:28:13	23:12	215	11:48	232	6:05:19	29.56	197	13:16	238	4:54:05	6:58	201	12:52:40	3:58:15
212	1606	Kim Lintrup	Team Challenge	1:32:50	24:25	229	10:28	215	5:55:05	30.42	173	8:31	207	5:09:04	7:19	213	12:55:57	4:01:32
213	1633	Jan Kristensen	Brøndby Triathlon Club	1:20:57	21:18	160	6:44	119	5:55:10	30.41	174	3:39	58	5:30:16	7:49	228	12:56:44	4:02:19
214	1729	Henrik Schmidt	Team Challenge	1:35:39	25:10	232	13:19	239	5:59:42	30.03	190	9:33	226	4:59:44	7:06	205	12:57:55	4:03:30
215	1731	Bo Kjær Hansen	TRI4	1:25:46	22:34	200	10:36	218	6:10:23	29.16	207	9:23	224	5:09:55	7:20	216	13:06:01	4:11:36
216	3038	Stig Langeskov Petersen	Team Challenge	1:16:58	20:15	124	9:34	199	6:23:55	28.13	228	6:43	168	5:09:19	7:19	214	13:06:26	4:12:01
217	1724	Peter Hansen	Herlev Tri & Motion	1:52:07	29:30	252	6:11	97	5:53:41	30.54	171	6:49	174	5:07:54	7:17	211	13:06:41	4:12:16
218	1587	Andreas Trollding Madsen	Fitness dk - TRI	1:19:27	20:54	150	11:00	223	6:17:09	28.64	218	12:04	234	5:08:48	7:19	212	13:08:27	4:14:03
219	1634	Niels Willer	Team Challenge	1:32:11	24:15	226	15:30	250	5:47:54	31.04	153	8:44	213	5:27:43	7:45	226	13:12:00	4:17:35
220	2039	Mikhail Zemtsovski		1:28:11	23:12	214	8:00	164	6:39:42	27.02	240	12:05	235	4:46:00	6:46	188	13:13:55	4:19:31
221	1782	Flemming Borrevang	Team Challenge	1:38:12	25:50	237	8:07	167	6:23:41	28.15	227	6:57	178	4:57:31	7:02	203	13:14:26	4:20:01
222	1571	Peter Baade	Ninjas.dk	1:17:39	20:25	132	9:45	201	6:15:09	28.79	214	7:49	199	5:31:59	7:52	229	13:22:19	4:27:54
223	1695	Ken Christensen	Langgarverne	1:39:51	26:16	241	11:50	233	6:19:59	28.42	222	9:17	221	5:05:35	7:14	209	13:26:30	4:32:05
224	1718	Anders Lund Rendtorff	Team Challenge	1:46:14	27:57	251	9:29	198	6:14:08	28.87	213	8:45	214	5:11:11	7:22	217	13:29:43	4:35:19
225	1705	Paul Brotherton	Triathlon England	1:18:53	20:45	147	8:50	180	5:51:48	30.70	167	6:49	172	6:03:53	8:37	235	13:30:11	4:35:47
226	1703	Henrik Madsen	Brøndby Triathlon Club	1:21:45	21:30	169	15:10	248	6:34:54	27.35	238	7:23	188	5:13:41	7:25	220	13:32:51	4:38:26
227	1667	Michael Brandt	Team Challenge	1:24:49	22:19	196	14:39	246	6:12:23	29.00	211	18:04	242	5:23:04	7:39	223	13:32:57	4:38:32
228	1673	Mark Wilson	USA Triathlon	1:39:56	26:17	243	10:22	212	6:23:16	28.18	225	7:42	195	5:15:15	7:28	222	13:36:30	4:42:05
229	1563	Kaj Munk	Triathlon Väst	1:06:04	17:22	43	10:32	216	6:52:51	26.16	243	7:05	182	5:29:28	7:48	227	13:45:58	4:51:33
230	1719	Aksel Blomgren Ambjørner	Fitness dk - TRI	1:28:24	23:15	217	9:59	208	6:33:07	27.47	237	5:41	139	5:36:17	7:58	231	13:53:26	4:59:01
231	1694	Harald Schnur		1:36:41	25:26	236	16:19	251	6:41:06	26.93	241	11:26	231	5:14:20	7:26	221	13:59:50	5:05:25
232	1804	Guy Buyens		1:26:41	22:48	207	13:21	240	6:26:02	27.98	231	9:18	222	5:49:06	8:16	234	14:04:26	5:10:01
233	2035	Ole De Groot	Esbjerg Tri & Multisport	1:26:52	22:51	209	16:36	252	6:31:27	27.59	235	13:55	239	5:35:41	7:57	230	14:04:29	5:10:04
234	1742	Ilan Charcon		1:36:39	25:25	235	9:03	188	6:29:47	27.71	234	9:13	220	5:41:23	8:05	233	14:06:03	5:11:38
235	1700	Bjarne Andersen	KVIK TRI TEAM	1:39:57	26:17	244	7:21	145	6:51:27	26.25	242	4:00	74	5:27:13	7:45	224	14:09:57	5:15:32
DNF	1663	Lars Sørensen	Team Challenge	1:06:48	17:34	52	7:10	137	5:03:57	35.53	34	3:08	34					
DNF	1775	Steen Rocatis	LSK-tri	1:08:13	17:56	62	11:21	226	5:12:06	34.61	55	8:52	217					
DNF	1552	Ingemar Allén	Triathlon väst	1:12:39	19:07	92	5:29	63	5:43:13	31.47	139	3:22	49					
DNF	1647	Niels Christian Nielsen	Fitness dk - TRI	1:23:38	22:00	188	8:48	179	5:28:53	32.84	97	6:26	161					
DNF	1556	Dirk Heim	ASV Köln Triathlon	1:05:03	17:06	32	4:35	31	6:25:28	28.02	230	3:26	51					
DNF	1802	Peter Levinsen	Heleneholm Tri Team, Malmö, Swe	1:23:42	22:01	189	8:37	175	6:19:36	28.45	221	7:34	192					
DNF	1798	Peter Christoffersson		1:28:54	23:23	222	9:10	191	6:16:53	28.66	217	11:37	232					
DNF	1715	Nabil Aloush	Sønderborg Tri Klub 90 / STK90	1:28:28	23:16	220	10:45	220	6:57:33	25.87	244	24:52	243					
DNF	1707	Greg Magrath	Skovshoved Triathlon Klub	1:06:37	17:31	49	8:14	170	5:49:44	30.88	159							
DNF	1616	Jan Sunesen	TRI4	1:01:52	16:16	13	3:34	7										
DNF	1574	Martin Sahlin	SPIF Triathlon	1:05:47	17:18	34	5:49	81										
DNF	1583	Kim Hansen	Islev Triathlon Klub	1:09:53	18:23	74	4:41	34										
DNF	1596	Søren Findsen	Fitness dk - TRI	1:17:39	20:25	133	5:45	78										
DNF	1758	Mads Siggaard	Team Challenge	1:21:16	21:23	164	13:24	241										
DNF	1805	Tarcisio Alvarez-Rivero		1:32:49	24:25	228	13:43	243										
DNF	1781	Johan Oude Hesselink	Team Challenge	1:38:53	26:01	239	8:31	174										

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 45-49 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
DNF	1581	Edgar Federico Burgos Aceveddo	Team Challenge	1:55:41	30:26	254	6:59	131										
DNF	1789	Jeff Jonas		1:39:52	26:16	242	23:49	253										
DNF	1600	Ben-Alexander Altendorf	BSV-Friesen	1:35:49	25:12	233	33:14	254										
DNS	1793	Eyvind Ottesen	Trondheim Triathlonklubb / Adresse:															
DNS	1576	Nick Uhlmann	Team Challenge															
DNS	1548	Christophe Duval-Kieffer	meudon															
DNS	1738	Jens Eriksen	Team Challenge															
DNS	1740	Ricky Thramkrogart	Blovstrød Tri-athleten															
DNS	1749	Frederik M. Braun	Fitness dk - TRI															
DNS	1808	Henning Johannsen																
DNS	1809	Kresten Mandøe	Team Challenge															
DNS	1569	Hendrik-Jan Van Den Bogaart																
DNS	1570	Georg Søyseth																
DNS	1725	Lars Binkert	Tri Team Bad Saulgau															
DNS	1726	Kenneth Frosthalm Olesen	Fitness dk - TRI															
DNS	1721	Ole Hedensted	Team Challenge															
DNS	1612	Claus Nielsen	Team Challenge															
DNS	1613	Robert Sammer																
DNS	1624	Christian Just Trebbien	Team Challenge															
DNS	1628	Fredrik Brodin																
DNS	1765	Bjarte Reed	Førde CK															
DNS	1779	Jens Olaf Andersen	Holbæk Svømme Klub Triathlon															

### Individual: Men 50-54 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1876	Nikolaus Loder	TRIA Schramberg	57:13	15:03	2	3:20	3	4:54:29	36.68	3	2:11	3	3:33:08	5:03	2	9:30:20	
2	1885	Thomas Fogt	Roskilde Triathlon Klub	1:00:00	15:47	4	3:08	2	4:45:17	37.86	2	2:03	1	3:46:48	5:22	16	9:37:14	6:54
3	1877	John Hvass Møller	Silkeborg Motion/Tri-Klub	1:07:54	17:51	26	4:32	13	4:43:05	38.15	1	2:58	9	3:41:57	5:15	8	9:40:23	10:03
4	1849	Stephan Pollert	DJK Pressath	1:03:43	16:45	10	3:03	1	4:55:47	36.51	4	3:14	15	3:43:22	5:17	11	9:49:06	18:47
5	1915	Peter Van Ravenswaaij	GVAV	1:04:49	17:03	12	3:45	7	5:07:07	35.17	10	5:28	61	3:36:58	5:08	5	9:58:05	27:45
6	1827	Tom Kisbye	Silkeborg Motion/Tri-Klub	1:07:58	17:52	28	4:11	10	4:59:38	36.04	6	2:46	4	3:45:32	5:20	15	10:00:04	29:44
7	1922	Roger König	Team Ute Mückel	1:10:33	18:33	32	4:21	12	5:00:48	35.91	7	3:34	22	3:43:35	5:17	12	10:02:49	32:29
8	1815	Pierrick Lesvier	TRI OLYMPIQUE CLUB CESSON	1:07:32	17:46	24	6:18	36	5:09:03	34.95	13	4:42	45	3:37:11	5:08	6	10:04:45	34:25
9	1829	Ingo Mädje	Union Biesfeld Triathlon	1:04:36	16:59	11	5:39	24	5:15:52	34.19	16	2:53	7	3:43:18	5:17	10	10:12:15	41:55
10	1904	Steen Sørensen	TRIA	1:04:58	17:05	13	5:01	18	5:23:19	33.40	23	5:55	65	3:34:00	5:04	3	10:13:11	42:51
11	2041	Dennis Knudsen	Team Challenge	1:05:48	17:18	16	6:43	42	5:15:37	34.22	15	4:02	35	3:44:46	5:19	13	10:16:54	46:34
12	1825	Jan Knudsen	Hareskovens Triathlon Klub	1:19:51	21:00	70	3:52	8	5:10:30	34.78	14	3:56	29	3:40:08	5:12	7	10:18:15	47:55
13	1852	Michael Burmester	Team Challenge	1:03:10	16:37	8	4:19	11	5:29:47	32.75	30	3:04	12	3:43:15	5:17	9	10:23:33	53:13
14	1847	Lars Juul	Team Challenge	1:07:50	17:50	25	5:41	25	5:06:16	35.26	9	4:05	36	4:00:03	5:41	29	10:23:53	53:33
15	1912	Dirk Maes	IRONMANAGERS	1:05:59	17:21	18	5:57	29	4:59:03	36.11	5	4:01	34	4:10:56	5:56	39	10:25:54	55:34
16	1836	Ib Normann	Fitness dk - TRI	1:06:35	17:31	20	6:43	43	5:23:16	33.41	22	5:19	58	3:45:14	5:20	14	10:27:04	56:45
17	1886	Claus Nymand	Guldborgsund Triathlonklub	1:13:24	19:18	46	3:24	4	5:19:15	33.83	17	2:55	8	3:48:21	5:24	18	10:27:17	56:58
18	1878	Jan Van Oyen	TBT	1:05:37	17:16	15	6:26	38	5:39:39	31.80	50	6:15	74	3:30:15	4:58	1	10:28:10	57:51
19	1823	Jørgen Bie	Rødebro IF Tri	1:16:04	20:01	56	8:42	76	5:07:39	35.11	11	6:06	69	3:55:23	5:34	25	10:33:51	1:03:31
20	1892	Bojan Skocir	3K Sport	1:13:34	19:21	48	6:45	44	5:08:11	35.04	12	2:09	2	4:05:28	5:49	34	10:36:06	1:05:46
21	1811	Christian Albers	Zweiflo	1:09:01	18:09	29	6:10	33	5:25:40	33.16	25	6:36	83	3:51:07	5:28	21	10:38:32	1:08:12
22	1869	Søren Vejle Kristensen	Fredericia Triathlon Team	1:13:06	19:14	39	3:28	6	5:19:27	33.81	18	3:34	23	3:59:21	5:40	27	10:38:56	1:08:36
23	1875	Tommy Seeberg	Haderslev TRI 2000	1:06:28	17:29	19	5:55	28	5:29:27	32.78	29	3:03	11	3:57:15	5:37	26	10:42:05	1:11:45
24	1898	Jens Hovgaard Christiansen	GSK-Tri	1:14:20	19:33	51	3:26	5	5:31:39	32.57	40	2:48	5	3:50:42	5:28	19	10:42:54	1:12:35
25	1835	Torben Jung Laursen	Ganløse Tri-Center	1:33:34	24:37	109	7:54	60	5:28:55	32.84	28	5:47	64	3:34:33	5:05	4	10:50:42	1:20:22
26	1828	Klaus Gertsen	Viborg Atletik og Motion	1:18:37	20:41	62	6:45	45	5:30:26	32.69	33	4:46	46	3:50:54	5:28	20	10:51:26	1:21:07
27	1833	Brian Klovgaard Lassen	Bagsværd Atletik Club, TRI afdeling	1:13:09	19:14	41	5:24	23	5:30:34	32.67	35	3:22	16	3:59:38	5:40	28	10:52:06	1:21:46
28	1859	Anders Gunnarsson		1:12:48	19:09	35	5:12	20	5:39:24	31.82	49	3:33	21	3:51:19	5:28	22	10:52:15	1:21:55
29	1925	Per Nielsen	Team Challenge	1:07:57	17:52	27	9:08	83	5:39:10	31.84	48	6:11	72	3:55:02	5:34	24	10:57:27	1:27:07
30	1872	Henrik Ertner	Team Challenge	1:13:17	19:17	44	5:16	21	5:27:22	32.99	26	3:37	26	4:16:30	6:04	49	11:06:01	1:35:41
31	1826	Jan Rasmussen	KVIK TRI TEAM	1:10:56	18:39	33	6:19	37	5:48:08	31.02	66	3:35	24	4:01:35	5:43	31	11:10:32	1:40:13
32	1896	Pål Berntsen	Trondheim Triathlonklubb	1:36:03	25:16	114	6:36	40	5:34:34	32.28	43	3:45	28	3:52:09	5:30	23	11:13:04	1:42:45
33	1899	Magnus Eriksson	IS Göta	1:21:49	21:31	81	10:18	97	5:36:52	32.06	46	6:24	79	4:01:17	5:43	30	11:16:38	1:46:18
34	1921	Vidar Halland		1:21:55	21:33	82	7:17	50	5:21:37	33.58	19	4:41	44	4:23:34	6:14	62	11:19:02	1:48:42



# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 50-54 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
35	1821	Ole Madsen	2Tri-Haslev	1:27:40	23:04	95	6:07	32	5:30:31	32.68	34	4:59	50	4:11:13	5:57	40	11:20:28	1:50:08
36	1908	Mariano Decarli		5:07:09	15:02	1	9:07	82	5:34:32	32.28	42	7:53	101	4:34:57	6:30	76	11:23:35	1:53:16
37	1845	Peter Alexander Lawaetz	Fitness dk - TRI	1:12:37	19:06	34	8:12	64	5:31:13	32.61	39	7:25	93	4:26:15	6:18	65	11:25:39	1:55:20
38	1848	Claus Hansen	Islev Triathlon Klub	1:18:50	20:44	63	7:26	54	5:22:55	33.45	20	5:56	66	4:30:40	6:24	71	11:25:44	1:55:24
39	1926	Nicholas Beardow	Bedford Harriers	1:21:48	21:31	80	7:38	59	5:36:18	32.11	45	3:36	25	4:16:33	6:04	50	11:25:52	1:55:32
40	1950	Michael Billups	Farnham Tri	1:02:47	16:31	7	4:03	9	6:03:32	29.71	90	4:09	37	4:11:31	5:57	41	11:26:00	1:55:40
41	1857	Frank Nybo Jensen	Multiatleterne	1:33:53	24:42	110	8:56	77	5:29:51	32.74	31	6:19	77	4:09:10	5:54	38	11:28:07	1:57:47
42	1824	Mark Henriksen	Vejen Tri og Motion	1:19:03	20:47	65	12:24	112	5:48:34	30.98	67	6:46	87	4:01:54	5:43	32	11:28:39	1:58:20
43	1838	Lars Radler	IS Göta Friidrott & Triathlon	1:27:46	23:05	96	10:04	92	5:23:05	33.43	21	7:46	100	4:20:01	6:09	54	11:28:40	1:58:21
44	1914	Bjørn Jensen	Brøndby Triathlon Club	1:06:53	17:35	21	7:37	58	5:46:19	31.19	63	6:18	75	4:22:07	6:12	61	11:29:12	1:58:53
45	1882	Frank Holst	Vejen Tri og Motion	1:21:21	21:24	77	7:37	57	5:42:01	31.58	54	5:34	63	4:13:40	6:00	45	11:30:11	1:59:52
47	1839	Henrik Nykjær	Team Challenge	1:20:11	21:05	73	5:46	26	5:32:48	32.45	41	3:11	14	4:28:27	6:21	70	11:30:21	2:00:01
48	1893	Thomas Dreher	Tri-Team Kaiserstuhl	1:13:08	19:14	40	6:11	34	5:46:01	31.21	62	4:57	48	4:20:50	6:10	57	11:31:05	2:00:45
49	1880	Jose Eduardo Aguilar Llopis	LICEO EUROPA	1:20:35	21:12	75	7:30	55	5:49:58	30.86	69	5:18	57	4:09:03	5:54	37	11:32:22	2:02:03
50	1841	Henrik K. Nielsen	Køge Tri Team 2000	1:14:35	19:37	53	19:28	129	5:40:46	31.69	51	8:43	109	4:13:02	5:59	43	11:36:32	2:06:13
51	1937	Frank Holzapfel	Fortuna Düsseldorf 1895 e.V.	1:13:09	19:14	42	10:11	94	5:59:06	30.08	85	7:29	95	4:08:00	5:52	35	11:37:54	2:07:34
52	1910	Ole Wessung	Team Challenge	1:30:46	23:52	102	13:15	119	5:42:03	31.57	55	7:03	91	4:04:57	5:48	33	11:38:02	2:07:43
53	1940	Anders H. Baagøe	Team Challenge	1:02:12	16:22	6	7:05	48	5:55:59	30.34	78	3:04	13	4:31:42	6:26	73	11:40:00	2:09:41
54	1837	Lars Bergelius	Langgarverne	1:13:24	19:18	47	5:00	17	5:30:48	32.65	36	5:21	59	4:45:28	6:45	81	11:40:00	2:09:41
55	1868	Søren Hald	Team Triathlon Herning	1:30:10	23:43	100	8:13	65	5:41:51	31.59	53	5:28	62	4:14:54	6:02	48	11:40:34	2:10:15
56	1874	Kjeld Olsen	Sigma Nordsjælland Triathlon klub	1:40:55	26:33	122	8:25	69	5:56:33	30.29	79	9:19	112	3:47:47	5:23	17	11:42:57	2:12:38
57	1945	Rudy Proesmans	iron managers club	1:05:50	17:19	17	8:20	67	6:03:40	29.70	91	6:18	76	4:20:25	6:10	55	11:44:32	2:14:12
58	1906	Marc Timmermans	IM2008	1:32:33	24:21	105	4:42	16	5:40:58	31.68	52	5:56	67	4:21:39	6:11	60	11:45:45	2:15:26
59	1905	Jens Heydenreich	Fitness dk - TRI	1:19:29	20:54	67	9:12	85	5:45:52	31.23	61	4:15	38	4:27:14	6:19	66	11:46:00	2:15:41
60	1913	Steen Ulrik Madsen	Team Challenge	1:42:14	26:54	125	8:30	71	5:39:08	31.85	47	8:36	107	4:08:29	5:53	36	11:46:54	2:16:34
61	1953	Ralph Jensen	Brøndby Triathlon Club	1:37:54	25:45	118	9:01	80	5:34:57	32.24	44	4:40	43	4:21:03	6:11	58	11:47:33	2:17:13
62	1830	Claus Bormann Pedersen	Team Challenge	1:17:18	20:20	57	7:59	61	5:47:26	31.09	64	6:54	89	4:28:20	6:21	68	11:47:55	2:17:35
63	1851	Jeppe Guld	Ganløse Tri-Center	1:13:11	19:15	43	4:37	14	5:58:17	30.14	80	3:29	19	4:28:27	6:21	69	11:47:59	2:17:40
64	1933	Palle Sunddal	Køge Tri Team 2000	1:22:29	21:42	85	32:59	130	5:30:54	32.64	37	5:18	56	4:16:44	6:05	51	11:48:23	2:18:03
65	1855	Karl Poulsen	Team Challenge	1:21:41	21:29	78	9:32	87	5:28:13	32.91	27	8:12	103	4:41:42	6:40	79	11:49:17	2:18:58
66	1870	Arnt Danielsen	Team Triathlon Herning	1:13:06	19:14	38	14:28	122	5:59:07	30.07	86	8:20	105	4:14:54	6:02	47	11:49:53	2:19:33
67	1816	Cord Andreas Kuhlmann	St.Pauli Triathlon	1:19:46	20:59	69	8:08	63	5:59:49	30.02	87	3:03	10	4:19:31	6:08	53	11:50:15	2:19:55
68	1865	Lars Jensen	Sigma Nordsjælland Triathlon klub	1:19:54	21:01	71	12:29	115	5:51:56	30.69	74	7:39	97	4:18:33	6:07	52	11:50:30	2:20:10
69	1854	Henrik Beckwith	TRI4	1:37:15	25:35	115	11:04	103	5:44:29	31.35	58	4:25	42	4:13:32	6:00	44	11:50:43	2:20:23
70	1844	Peter Hird		1:26:18	22:42	90	6:01	30	5:50:04	30.85	70	4:59	49	4:33:28	6:28	74	12:00:47	2:30:28
71	1850	Claus Willen	Team Challenge	1:15:56	19:58	55	10:04	93	5:50:36	30.81	71	9:58	114	4:35:01	6:31	77	12:01:33	2:31:13
72	1889	Finn Larsen	TRI4	1:40:09	26:21	120	11:46	110	5:51:13	30.75	72	6:40	85	4:13:56	6:01	46	12:03:42	2:33:22
73	1862	Claus Rasmussen	Islev Triathlon Klub	1:32:36	24:21	106	11:41	109	5:58:44	30.11	82	6:00	68	4:20:27	6:10	56	12:09:26	2:39:07
74	1931	Niels Mark Aagaard	Team Challenge	1:27:08	22:55	92	9:11	84	5:58:33	30.12	81	3:40	27	4:31:11	6:25	72	12:09:42	2:39:22
75	1946	Heini Vogn	Odense Triathlon Klub	1:14:08	19:30	50	6:12	35	5:44:03	31.39	57	6:37	84	4:58:54	7:04	90	12:09:53	2:39:33
76	1890	Palle R Schalck	TriNord	1:22:16	21:38	84	10:18	98	5:23:46	33.36	24	7:01	90	5:07:19	7:16	94	12:10:39	2:40:19
77	1939	Per Astrup Andreassen	Tønsberg Triathlonklubb	1:34:41	24:54	111	8:59	79	5:52:30	30.64	76	6:34	80	4:28:02	6:21	67	12:10:44	2:40:24
78	1928	Lars E. Ostergaard	KTK 86	1:30:51	23:54	103	10:17	96	5:52:05	30.67	75	4:49	47	4:35:41	6:31	78	12:13:43	2:43:23
79	1952	Daniel Cama Izquierdo	LICEO EUROPA	1:24:11	22:09	86	11:46	110	6:12:20	29.01	100	6:07	70	4:24:59	6:16	63	12:19:22	2:49:02
80	1891	Larry Huston	USA Triathlon	1:18:24	20:37	60	8:37	74	6:14:35	28.83	107	12:46	121	4:26:14	6:18	64	12:20:35	2:50:15
81	1843	Morten Jensen	Team Challenge	1:07:27	17:44	23	13:50	120	5:44:48	31.32	59	8:42	108	5:12:00	7:23	101	12:26:46	2:56:26
82	1834	Siegmond Olaf Höfler	ATV Hückeswagen	1:05:06	17:07	14	5:24	22	6:03:57	29.68	92	4:17	39	5:09:47	7:20	99	12:28:28	2:58:08
83	1881	Carsten Lund	Team Challenge	1:20:17	21:07	74	7:20	52	5:47:36	31.07	65	6:35	81	5:07:54	7:17	95	12:29:41	2:59:21
84	1842	Morten Larsen	Roskilde Triathlon Klub	1:28:41	23:20	97	11:04	104	5:31:06	32.62	38	10:07	116	5:09:25	7:19	96	12:30:22	3:00:02
85	1917	Søren Buurskov Larsen	Brøndby Triathlon Club	1:14:22	19:34	52	12:29	114	5:49:06	30.94	68	7:33	96	5:13:26	7:25	103	12:36:53	3:06:33
86	1918	Daniele Crugnola	EUROPA SPORTING CLUB S.R.L	1:17:49	20:28	58	11:20	107	5:42:04	31.57	56	7:26	94	5:20:41	7:35	106	12:39:17	3:08:58
87	1935	Jorge Mascaró	Birmingham Running Athletics and	1:18:03	20:32	59	6:57	46	6:12:11	29.02	99	5:11	55	4:58:47	7:04	89	12:41:07	3:10:48
88	1860	Michael Ørtoft	Roskilde Triathlon Klub	1:22:12	21:37	83	6:26	39	6:14:15	28.86	106	4:23	41	4:57:36	7:03	86	12:44:51	3:14:31
89	1943	Clifford Hogg	Triathlon England	1:09:59	18:24	31	16:28	128	6:14:03	28.87	105	8:18	104	4:57:37	7:03	87	12:46:24	3:16:04
90	1916	Jan Hollensen	Herlev Tri & Motion	1:21:03	21:19	76	11:17	106	6:27:42	27.86	115	3:30	20	4:43:09	6:42	80	12:46:40	3:16:21
91	1866	Michael Paulsen	Fitness dk - TRI	1:15:48	19:56	54	9:39	88	6:06:42	29.45	94	6:51	88	5:09:52	7:20	100	12:48:51	3:18:31
92	1887	Allan Reinholdt Broch	Brøndby Triathlon Club	1:43:54	27:20	127	14:18	121	5:53:08	30.58	77	10:34	117	4:47:26	6:48	82	12:49:19	3:18:59
93	1936	Winfried Rueck		1:29:59	23:40	99	14:32	123	6:26:36	27.94	114	7:44	98	4:33:33	6:28	75	12:52:22	3:22:02
94	1941	Frank Smith		1:02:11	16:21	5	8:19	66	6:16:21	28.70	108	5:03	52	5:20:40	7:35	105	12:52:32	3:22:12

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 50-54 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
95	1900	Nels Kristian Jensen	Farøe Tri og Trim	1:48:40	28:35	129	8:31	73	5:45:13	31.29	60	7:22	92	5:03:30	7:11	91	12:53:14	3:22:55
96	1894	Birger Schultz	Holstebro Triathlon Klub	1:34:59	24:59	113	10:19	100	6:13:55	28.88	104	6:43	86	4:48:45	6:50	83	12:54:39	3:24:19
97	1947	Jackie Moos	Islev Triathlon Klub	1:13:01	19:12	36	12:27	113	6:19:46	28.44	112	6:12	73	5:05:03	7:13	92	12:56:27	3:26:07
98	1924	Lars Christian Robl	Fitness dk - TRI	1:19:42	20:58	68	6:38	41	5:58:50	30.10	83	4:18	40	5:28:10	7:46	109	12:57:36	3:27:17
99	1813	Juhani Rönnerberg	Helsinki Triathlon	1:37:42	25:42	117	9:03	81	6:09:37	29.22	96	5:07	53	4:58:05	7:03	88	12:59:33	3:29:14
100	1863	Bjørn Clausen	KVIK TRI TEAM	1:21:44	21:30	79	8:30	72	6:13:39	28.90	103	5:26	60	5:12:12	7:23	102	13:01:29	3:31:09
101	1820	Thomas Garlov	Team Challenge	1:34:44	24:55	112	7:35	56	6:48:20	26.45	120	10:58	118	4:21:36	6:11	59	13:03:10	3:32:51
102	1822	Hans Erik Rasmussen	Odense Triathlon Klub	1:33:32	24:36	108	10:20	101	6:07:16	29.41	95	9:09	111	5:06:57	7:16	93	13:07:12	3:36:52
103	1923	Giorgio Codutti	team udine triathlon	1:40:57	26:33	123	11:26	108	6:02:48	29.77	89	7:44	99	5:09:39	7:20	98	13:12:32	3:42:13
104	1883	Ole Søndergaard Danielsen	Team Challenge	1:41:14	26:38	124	10:25	102	6:18:02	28.57	111	8:25	106	4:55:04	6:59	85	13:13:09	3:42:50
105	1873	Uwe Hoffmeier		1:19:21	20:52	66	5:47	27	6:59:49	25.73	121	4:00	31	4:49:36	6:51	84	13:18:31	3:48:12
106	1814	Pedro Maria Martinez Garcia	trilife	1:07:16	17:41	22	9:54	89	6:01:38	29.86	88	11:11	119	5:55:24	8:25	116	13:25:21	3:55:01
107	1819	Robert Galambos		1:24:16	22:10	87	7:00	47	5:58:53	30.09	84	5:11	54	5:50:29	8:18	115	13:25:47	3:55:28
108	1871	David Evans	Black Country Triathletes	1:03:21	16:40	9	6:04	31	6:10:53	29.12	97	6:35	81	6:02:39	8:35	117	13:29:31	3:59:11
109	1884	Morten Fly	Team Challenge	1:13:46	19:24	49	9:13	86	6:12:21	29.01	101	9:32	113	5:45:30	8:11	114	13:30:21	4:00:02
110	1903	Pierre Michalowski	TOC CESSON SEVIGNE	1:18:31	20:39	61	10:13	95	6:11:43	29.06	98	8:11	102	5:43:13	8:07	113	13:31:49	4:01:29
111	1930	Mats Olson		1:24:57	22:21	88	8:23	68	6:35:56	27.28	117	6:22	78	5:16:16	7:29	104	13:31:53	4:01:33
112	1942	John Callesen	Sønderborg Tri Klub 90 / STK90	1:37:30	25:39	116	8:58	78	6:32:22	27.53	116	4:00	30	5:09:28	7:19	97	13:32:16	4:01:56
113	1919	Lars Lennert-Sandgreen		1:40:35	26:28	121	12:39	116	6:16:32	28.68	109	3:28	18	5:25:27	7:42	107	13:38:39	4:08:19
114	1861	Anders Östman		1:57:31	30:55	130	8:07	62	6:16:38	28.68	110	4:00	32	5:25:44	7:43	108	13:51:58	4:21:38
115	1832	Stig Duus Enslev	Fitness dk - TRI	1:27:03	22:54	91	8:29	70	6:44:25	26.71	118	4:00	33	5:31:18	7:51	110	13:55:14	4:24:54
116	1888	Mattias Andrup	Triathlon Väst	1:27:39	23:03	94	13:05	117	6:21:50	28.29	113	12:21	120	5:41:26	8:05	112	13:56:19	4:26:00
117	1831	John Aamodt	Team Challenge	1:27:34	23:02	93	9:55	90	6:46:28	26.57	119	9:08	110	5:36:37	7:58	111	14:09:41	4:39:22
118	1818	Jean-Luc Maisonnave-Coutérou		1:32:06	24:14	104	10:19	99	6:13:39	28.90	102	9:59	115	6:10:44	8:47	118	14:16:45	4:46:25
119	1929	Terrence Hines		1:29:12	23:28	98	7:18	51	6:05:42	29.53	93	5:02	51	6:34:37	9:21	119	14:21:48	4:51:29
DNF	1812	Jens Gramkow	Ninjas.dk	57:16	15:04	3	4:39	15	5:04:48	35.43	8	2:51	6					
DNF	1938	René Lorenz	Fitness dk - TRI	1:09:16	18:13	30	8:41	75	5:30:16	32.70	32	3:27	17					
DNF	1951	Jørgen Langgaard	Hareskovens Triathlon Klub	1:19:57	21:02	72	5:07	19										
DNF	1858	Bjarni Kristjansson	3N	1:18:55	20:46	64	7:06	49										
DNF	1867	Luis Edgardo Alvarez Gonzalez	FEDERACION MEXICANA DE TRI	1:13:22	19:18	45	13:10	118										
DNF	1934	Klaus Lüder	ASV Köln	1:25:29	22:29	89	14:57	125										
DNF	1853	Palmi Thor Ivarsson		1:30:11	23:43	101	14:53	124										
DNF	1927	Otto Kress	Triathlon Club Seeland	1:32:53	24:26	107	15:17	126										
DNF	1920	Bill Byrne		1:38:53	26:01	119	10:00	91										
DNF	1949	Hans Holst	Odense Triathlon Klub	1:43:40	27:16	126	11:07	105										
DNF	1846	Peter Eliott Horslev Jensen	Fitness dk - TRI	1:47:55	28:23	128	16:17	127										
DNF	1895	Morten Dyrved Christiansen	Team Challenge															
DNS	1897	Fredrik Cederquist	IS Göta Friidrott															
DNS	1948	Magnus Lindén	Swedish Tri Association															
DNS	1944	Christopher Bennett	Nelson Triathlon Club															
DNS	1817	Frank Hechmann	Odder Triathlon Klub															
DNS	1932	Søren Steffensen	Sigma Nordsjælland Triathlon klub															
DNS	1856	Claus Mulvad Riis	Islev Triathlon Klub															
DNS	1840	Edvard Reed	Førde CK															
DNS	1911	Poul Henning Jørgensen	Team Challenge															
DNS	1907	Rob De Boer	TVH															
DNS	1909	Mats Nilsson																
DNS	1879	Jørgen Weber Gullev	Kalundborg Triathlon															
DNS	1901	Kurt Brandt Andersen	Team Challenge															
DSQ	1902	Alexander Rae		1:13:02	19:12	37	7:25	53	5:51:41	30.71	73	6:08	71	4:12:06	5:58	42	11:30:19	1:59:59

### Individual: Men 55-59 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1966	Jesper Grønbek	Frederikssund Triathlon	1:07:29	17:45	4	5:12	6	5:12:01	34.61	1	3:06	1	3:23:50	4:49	1	9:51:36	
2	1959	Jacques Van Leeuwen	De Dolfijn	57:50	15:13	2	4:30	3	5:13:36	34.44	2	4:07	9	3:48:52	5:25	3	10:08:54	17:18
3	1972	Robert Wilson		1:05:43	17:17	3	6:20	7	5:29:48	32.75	5	4:55	10	3:37:45	5:09	2	10:24:30	32:54
4	1970	Jørgen Peter Nielsen	Roskilde Triathlon Klub	1:10:22	18:30	5	3:53	1	5:19:27	33.81	3	3:26	3	3:49:46	5:26	4	10:26:52	35:16
5	1974	Johnny Peträus	Sigma Nordsjælland Triathlon klub	55:55	14:42	1	4:29	2	5:27:42	32.96	4	5:10	11	4:02:04	5:44	6	10:35:19	43:43
6	1987	Patrick Fecheyr-Lippens	Iron Managers	1:21:22	21:24	15	6:31	8	5:40:15	31.74	8	3:46	5	3:55:37	5:34	5	11:07:29	1:15:53

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: Men 55-59 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
7	1961	Randolf Walderhaug	Oslofjord Triathlon	1:16:16	20:04	11	7:34	9	5:54:50	30.44	11	3:40	4	4:09:19	5:54	9	11:31:37	1:40:01
8	1957	Jan Lind-Hansen	TRI4	1:20:46	21:15	14	9:38	12	5:55:21	30.39	12	6:12	14	4:13:57	6:01	10	11:45:52	1:54:16
9	1967	Jens Iver Petersen	Team Challenge	1:31:31	24:05	23	12:05	21	5:50:56	30.78	10	8:10	21	4:03:37	5:46	7	11:46:17	1:54:41
10	1986	Palle Sekshøj-Christensen	Team Challenge	1:37:06	25:33	28	10:05	17	5:57:41	30.20	15	9:04	25	4:05:16	5:48	8	11:59:10	2:07:34
11	1955	Geert Vermeire	Triathlon brugge team	1:12:55	19:11	7	5:02	5	5:38:59	31.86	7	6:53	17	4:57:20	7:02	16	12:01:07	2:09:32
12	1983	Ole Nielsen	Aarhus 1900 Triathlon	1:47:10	28:11	30	10:03	16	5:45:58	31.22	9	5:28	13	4:23:58	6:15	11	12:12:35	2:20:59
13	1958	Ove Nielsen	Aarhus 1900 Triathlon	1:30:24	23:47	22	9:49	15	5:56:13	30.32	14	5:15	12	4:37:03	6:33	13	12:18:42	2:27:06
14	1980	Greg Lansom	Triathlon Australia	1:24:08	22:08	18	9:43	13	5:56:06	30.33	13	7:43	19	4:41:59	6:40	15	12:19:37	2:28:01
15	1960	Benny Larsen	KVIK TRI TEAM	1:16:08	20:02	10	5:01	4	5:36:24	32.11	6	3:08	2	5:24:48	7:41	24	12:25:28	2:33:52
16	1965	Jorge Gomez		1:36:48	25:28	26	15:03	28	6:01:33	29.87	16	7:36	18	4:27:38	6:20	12	12:28:37	2:37:01
17	1976	Vanni Viroli	Faenza triathlon team multisport	1:19:47	20:59	13	14:53	27	6:05:42	29.53	17	8:19	23	4:41:24	6:40	14	12:30:04	2:38:28
18	1982	Poul Erik Tofte	TRI4	1:14:51	19:41	8	9:21	11	6:32:06	27.54	23	6:17	15	5:11:53	7:23	18	13:14:26	3:22:50
19	1954	Niels Holme Pedersen	Fitness dk - TRI	1:35:43	25:11	25	11:38	20	6:09:53	29.20	18	8:35	24	5:14:03	7:26	21	13:19:50	3:28:14
20	1975	Mark Kinkaid	newry triathlon club	1:19:42	20:58	12	7:39	10	6:27:50	27.85	22	6:50	16	5:29:27	7:48	25	13:31:25	3:39:49
21	1984	Karsten Lybke	Team Challenge	1:47:54	28:23	31	16:52	31	6:12:38	28.98	19	4:00	8	5:15:02	7:27	22	13:36:23	3:44:48
22	1956	Thomas Struzzi	USA Triathlon	1:39:56	26:17	29	10:24	18	6:23:08	28.19	20	7:48	20	5:15:15	7:28	23	13:36:29	3:44:53
23	1962	Poul Erik Boeberg	Odense Triathlon Klub	1:28:29	23:16	21	19:08	32	6:37:07	27.20	25	4:00	7	5:12:21	7:24	19	13:41:02	3:49:26
24	1978	Joerg Schumacher		1:23:44	22:02	17	16:15	30	6:43:55	26.74	26	10:59	29	5:07:46	7:17	17	13:42:37	3:51:01
25	1985	Asbjørn Lind	Aarhus 1900 Triathlon	1:37:00	25:31	27	12:31	23	6:34:32	27.37	24	9:18	26	5:13:28	7:25	20	13:46:47	3:55:11
26	1971	Ole Larsen	Brøndby Triathlon Club									4:00	6	6:02:13	8:34	30	14:03:10	4:11:34
27	1969	Peter Damjanecvic	Fortuna Düsseldorf Triathlon	1:27:46	23:05	19	12:15	22	6:25:18	28.03	21	8:15	22	5:58:59	8:30	29	14:12:31	4:20:55
28	1979	Yaron Danieli	ITA - Israeli Triathlon Association	1:28:26	23:16	20	15:55	29	7:05:19	25.39	27	11:25	30	5:35:31	7:57	26	14:36:34	4:44:59
29	1988	Them Jensen	Multiatleterne	1:15:40	19:54	9	12:48	24	7:12:41	24.96	28	9:31	27	5:48:29	8:15	27	14:39:07	4:47:31
30	1968	Peter Jack	Triangle Triathlon Club	1:22:52	21:48	16	13:03	25	7:13:24	24.92	29	10:38	28	5:48:53	8:16	28	14:48:48	4:57:12
DNF	1981	Zvika Bronstein	Olam Hamayeem	1:12:37	19:06	6	14:13	26										
DNF	1973	Danny Svane	Odense Triathlon Klub	1:32:10	24:15	24	9:44	14										
DNF	298	Per Jungersen	Team Challenge	2:20:06	36:51	32	11:05	19										
DNF	1964	Kim Bonde	Slagelse, Korsør & Skælskør Triat															
DNS	1977	Hans-Henrik Basse	Karlslunde Tri															
DNS	1963	Brian Vasa-Akers	Team Challenge															

### Individual: Men 60-64 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	1990	Peter Scheubert	RC Vorwärts Speyer	1:23:00	21:50	3	5:36	1	5:34:41	32.27	1	4:32	3	4:25:16	6:17	1	11:33:04	
2	1992	Christian Christiansen	Sønderborg Tri Klub 90 / STK90	1:19:41	20:58	1	8:57	4	6:03:59	29.67	2	8:45	6	4:29:49	6:23	2	12:11:08	38:05
3	1999	Finn Boye Rasmussen	Svendborg Triathlonklub	1:21:38	21:28	2	11:03	8	6:09:30	29.23	4	12:17	8	4:36:29	6:33	3	12:30:55	57:51
4	1989	Eckhard Ahlert		1:29:48	23:37	7	10:28	7	6:45:24	26.64	6	4:00	1	4:37:47	6:34	4	13:07:24	1:34:21
5	1998	John Harry Rasmussen	Odder Triathlon Klub	1:27:51	23:07	5	9:20	5	6:13:12	28.94	5	6:25	5	5:28:27	7:46	7	13:25:14	1:52:11
6	1996	Kent Magelund	Brøndby Triathlon Club	1:29:25	23:31	6	10:18	6	6:06:37	29.46	3	10:22	7	5:44:36	8:09	8	13:41:17	2:08:14
7	1997	Lennart Nilsson		1:32:26	24:19	8	8:38	2	7:14:50	24.84	8	4:01	2	4:59:58	7:06	5	13:59:51	2:26:47
8	1994	Keld Blom	Viking Atletik	1:57:57	31:02	9	8:47	3	6:49:02	26.40	7	5:24	4	5:09:28	7:19	6	14:10:35	2:37:32
DNF	1995	Thomas Schumacher		1:24:15	22:10	4	16:24	9										
DNS	1993	Flemming G. Jensen	Langgarverne															
DNS	1991	Radu Vasii																

### Individual: Men 65-69 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	2000	Sven Åge Jørgensen	Islev Triathlon Klub	1:40:25	26:25	3	10:23	4	6:05:39	29.54	1	6:30	3	4:42:10	6:41	1	12:45:04	
2	2001	Claes Lindkvist	Frosta multisport	1:31:53	24:10	2	7:16	3	6:35:43	27.29	2	4:00	2	5:26:50	7:44	2	13:45:40	1:00:36
DNF	2002	Lukas Gubler		1:27:47	23:05	1	6:47	2	6:51:44	26.23	3	3:25	1					
DNF	2003	Jørgen Ladegaard	Vejle IF Triathlon	2:01:19	31:55	5	5:43	1										
DNF	2042	Uwe Giersch	Motionsklubben Amager	1:58:08	31:05	4	14:57	5										

### Individual: Men 75-79 years

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
DNF	2004	John Frodven	Team Challenge	1:21:53	21:32	1	15:57	1										

# KMD IRONMAN Copenhagen 2013

## Results: Categories

### Individual: PRO Men

Rank	RaceNo	Name	Club/Team	Swim	min/km	#	T1	#	Bike	km/h	#	T2	#	Run	min/km	#	Time	Diff
1	13	Jens Petersen-Bach	Odense Triathlon Klub	49:46	13:05	3	2:25	9	4:33:52	39.44	7	1:24	2	2:45:16	3:54	1	8:12:41	
2	10	Henrik Hyldelund	Aarhus 1900 Triathlon	47:19	12:26	1	2:44	13	4:23:59	40.91	1	1:47	9	2:57:53	4:12	7	8:13:39	58
3	9	Esben Hovgaard	TRI4	51:46	13:37	7	2:25	8	4:31:49	39.73	5	1:22	1	2:49:18	4:00	2	8:16:38	3:57
4	11	Nick Baldwin		52:46	13:53	8	2:15	4	4:31:05	39.84	4	2:06	16	2:49:57	4:01	3	8:18:08	5:27
5	1	Keegan Williams	Vo2coach.com	49:50	13:06	5	2:20	6	4:33:51	39.44	6	1:43	8	2:57:50	4:12	6	8:25:32	12:51
6	6	Dejan Patricevic	Croatia Team	52:52	13:54	9	2:16	5	4:38:03	38.84	9	1:42	7	2:51:42	4:04	4	8:26:33	13:52
7	7	Jens Grønbeek	Hareskovens Triathlon Klub	52:52	13:54	9	2:09	1	4:31:04	39.84	3	1:30	4	3:00:08	4:16	9	8:27:40	15:00
8	2	Jacob Frandsen	TRI4	52:54	13:55	11	2:10	2	4:28:24	40.24	2	1:29	3	3:11:03	4:31	12	8:35:58	23:17
9	3	Egoitz Zalakain Erbiti	Fusion Team	53:12	13:59	14	2:37	12	4:40:36	38.49	13	2:00	14	3:05:32	4:23	10	8:43:55	31:14
10	18	Anders Wagner	Køge Tri Team 2000	1:01:27	16:10	20	3:07	17	4:42:27	38.24	15	1:59	13	2:55:04	4:08	5	8:44:01	31:20
11	22	Michal Kulich	Delfin Nitra	1:01:28	16:10	21	3:40	21	4:50:38	37.16	18	1:33	6	2:57:59	4:13	8	8:55:16	42:35
12	20	Stefan Eichheimer	Team EquipeRED	56:44	14:55	15	3:13	18	4:41:55	38.31	14	2:12	17	3:11:37	4:32	13	8:55:38	42:58
13	23	Andreas Helbo Beck	Aarhus 1900 Triathlon	49:48	13:06	4	2:12	3	4:38:00	38.85	8	2:14	19	3:26:18	4:53	18	8:58:30	45:49
14	4	Chris Goodfellow		52:59	13:56	12	2:26	10	4:39:52	38.59	12	1:59	12	3:21:56	4:47	16	8:59:10	46:29
15	12	Steven Janse	go like hell	58:33	15:24	16	2:46	14	4:48:30	37.44	17	3:24	21	3:10:18	4:30	11	9:03:29	50:48
16	8	Axel Reiser	Canterbury Triathlon Club, New Ze	51:42	13:36	6	2:29	11	4:51:34	37.04	19	2:20	20	3:19:01	4:42	14	9:07:04	54:23
17	21	Kasper Ougaard	KTK 86	1:00:55	16:01	19	3:03	15	4:43:04	38.15	16	1:58	11	3:30:45	4:59	19	9:19:43	1:07:02
18	24	Nis Lind	TRI4	58:34	15:24	17	3:20	19	4:57:24	36.32	20	2:02	15	3:19:02	4:42	15	9:20:20	1:07:39
19	15	Christof Schmidt		52:59	13:56	13	3:28	20	4:38:53	38.73	11	2:12	18	3:43:18	5:17	20	9:20:48	1:08:08
20	17	Le Guellec Ludovic	plouay triathlon	1:00:52	16:00	18	3:05	16	5:07:06	35.17	21	1:49	10	3:24:11	4:50	17	9:37:01	1:24:20
21	45	Kronprins Frederik	Team Challenge	1:10:16	18:29	22	7:21	22	5:25:19	33.20	22	3:50	22	3:58:47	5:39	21	10:45:32	2:32:51
DNF	5	Andreas Borch	TRI4	48:29	12:45	2	2:22	7	4:38:17	38.81	10	1:31	5					
DNS	19	Jens Kaiser	RSG MONTABAUR															
DNS	16	Michael Louys	Rougeot Beaune Triathlon															
DNS	14	Marc-André Hages	equipeRED															