

2010 Athlone Triathlon European Championships

Results: Categories

Open: Olympic: Open Women 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5209	Kate Lahart	IRL	0:30:36	1	20:23	4:42	1	1:16:59	1	31.18	3:54	1	0:54:49	1	5:28	2:50:58	
DNF	5187	Lucy Bofin	IRL		0			0		0			0		0			

Open: Olympic: Open Women 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5189	Orla Mc Adam	IRL - Setanta	0:24:32	1	16:20	3:30	1	1:12:53	1	32.93	3:01	1	0:53:01	1	5:18	2:36:54	
2	5191	Emma Allott	IRL - Belpark	0:30:19	2	20:12	3:47	2	1:21:46	2	29.35	3:12	2	1:02:37	2	6:15	3:01:40	0:24:46
DNF	5190	Jennifer Lee	IRL - Trinity Triathlon Club		0			0		0			0		0			
DNF	5188	Hollie Kirwan	IRL - Glasgow Triathlon Club		0			0		0			0		0			

Open: Olympic: Open Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5194	Mariska Niemeijer	GBR - PACTRAC	0:26:42	1	17:47	4:12	1	1:21:29	1	29.46	2:56	1	0:56:52	2	5:41	2:52:09	
2	5193	Evelyn Herlihy	IRL	0:34:02	2	22:41	6:44	2	1:24:25	2	28.43	3:12	2	0:52:35	1	5:15	3:00:57	0:08:48
DNF	5192	Elizabeth Carolan	IRL		0			0		0			0		0			

Open: Olympic: Open Women 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5197	Niamh Mullen	IRL - Naas Triathlon Club	0:34:39	3	23:05	4:20	1	1:19:45	1	30.10	3:14	2	0:54:07	2	5:24	2:56:04	
2	5195	Tara Shirley	IRL	0:30:36	1	20:23	6:57	3	1:36:17	3	24.93	2:29	1	0:48:20	1	4:49	3:04:38	0:08:34
3	5196	Grainne O'neill	IRL - Athlone Triathlon Club	0:31:51	2	21:13	5:25	2	1:25:32	2	28.06	3:50	3	1:06:41	3	6:40	3:13:17	0:17:13

Open: Olympic: Open Women 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5201	Valerie Deering	IRL - Naas Triathlon Club	0:33:13	1	22:08	5:17	2	1:20:14	2	29.92	3:15	2	0:54:15	1	5:25	2:56:11	
2	5200	Marie Staunton	IRL - Drogheda Masters	0:33:54	2	22:35	4:50	1	1:18:02	1	30.76	2:51	1	0:57:43	3	5:46	2:57:19	0:01:08
3	5199	Felicia Long	IRL - Belpark		0		18:31	3	1:28:09	3	27.23	3:21	3	0:55:26	2	5:32	3:06:07	0:09:56
DNF	5198	Clara Scully	IRL		0			0		0			0		0			

Open: Olympic: Open Men 16-19

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5001	Conor Looney	IRL	0:31:09	1	20:45	11:11	1	1:45:59	1	22.65	3:54	1	1:06:50	1	6:40	3:39:01	

Open: Olympic: Open Men 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5002	Corney Van Der Ryst	RSA - Deal Tri	0:20:10	1	13:26	2:04	1	0:59:40	1	40.23	2:00	2	0:36:48	1	3:40	2:00:41	
2	5005	Ian Richardson	IRL	0:27:18	4	18:11	2:43	2	1:04:51	2	37.01	2:09	3	0:44:37	3	4:27	2:21:35	0:20:54
3	5008	Paul McKenna	IRL	0:30:09	6	20:05	3:11	3	1:14:32	5	32.20	1:46	1	0:41:00	2	4:05	2:30:37	0:29:56
4	5006	Richard Maher	IRL	0:30:59	7	20:39	4:03	7	1:12:59	3	32.89	2:31	6	0:48:01	4	4:48	2:38:32	0:37:51
5	5202	Barry O'brien	IRL	0:29:31	5	19:40	4:34	8	1:13:53	4	32.48	2:55	8	0:52:38	7	5:15	2:43:30	0:42:49
6	5007	Marc Hearty	IRL - Cavan Triathlon Club	0:24:24	2	16:15	3:39	5	1:20:30	8	29.82	2:42	7	0:52:25	6	5:14	2:43:39	0:42:58
7	5004	Declan Mc Court	IRL	0:26:33	3	17:41	4:02	6	1:16:44	6	31.28	2:25	5	0:58:37	8	5:51	2:48:20	0:47:39
8	5003	Diarmuid Meldon	IRL	0:36:03	8	24:01	3:36	4	1:18:11	7	30.70	2:19	4	0:48:12	5	4:49	2:48:20	0:47:39
DNF	5009	Mike Millar	IRL - Olympian Tri club		0			0		0			0		0			

Open: Olympic: Open Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5027	Stephen Early	IRL	0:19:51	1	13:13	2:43	2	1:04:25	2	37.26	1:56	1	0:38:13	1	3:49	2:07:06	
2	5010	Darren Hughes	IRL - Pulse	0:20:13	2	13:28	2:29	1	1:00:07	1	39.93	2:01	2	0:43:00	3	4:17	2:07:49	0:00:43
3	5034	Mariusz Olejniczak	POL	0:23:40	7	15:46	3:38	11	1:07:04	3	35.79	2:41	16	0:41:14	2	4:07	2:18:15	0:11:09

2010 Athlone Triathlon European Championships

Results: Categories

Open: Olympic: Open Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
4	5023	Christopher Byrne	IRL - Naas Tri Club	0:22:48	5	15:11	3:18	7	1:10:02	7	34.27	2:17	7	0:44:45	8	4:28	2:23:08	0:16:02
5	5020	Paul O Farrell	IRL	0:22:07	4	14:44	3:51	13	1:11:39	9	33.50	2:31	12	0:44:35	5	4:27	2:24:42	0:17:36
6	5026	Kieran Craven	IRL - Trinity	0:26:00	11	17:19	3:36	10	1:10:01	6	34.28	2:03	3	0:44:39	6	4:27	2:26:17	0:19:11
7	5012	Kevin Dunne	IRL	0:29:42	15	19:47	2:52	4	1:09:21	5	34.61	2:32	13	0:44:44	7	4:28	2:29:09	0:22:03
8	5028	Julius Zdanavicius	IRL	0:25:40	10	17:06	4:27	18	1:08:54	4	34.83	3:01	19	0:48:59	11	4:53	2:30:59	0:23:53
9	5030	David Power	IRL	0:30:08	17	20:05	3:59	15	1:11:49	10	33.42	2:16	6	0:43:13	4	4:19	2:31:24	0:24:18
10	5031	Niall O Reilly	IRL - Pulse	0:29:56	16	19:56	3:02	5	1:10:53	8	33.86	2:15	5	0:45:36	9	4:33	2:31:40	0:24:34
11	5016	Leonid Kyrpychenko	UKR	0:27:59	13	18:38	4:30	19	1:12:25	11	33.14	2:36	15	0:47:56	10	4:47	2:35:24	0:28:18
12	5035	Frank O'connor	IRL - Trinity College Triathlon Club	0:23:47	8	15:51	3:03	6	1:13:10	12	32.80	2:45	18	0:55:28	15	5:32	2:38:12	0:31:06
13	5018	Conor Johnston	IRL - none	0:22:55	6	15:16	4:38	20	1:17:59	18	30.78	2:19	9	0:54:07	14	5:24	2:41:56	0:34:50
14	5032	John O'riordan	IRL	0:27:32	12	18:20	3:26	8	1:14:15	14	32.33	3:11	22	1:02:58	18	6:17	2:51:20	0:44:14
15	5038	Mateusz Wieteska	POL	0:25:31	9	17:00	4:15	16	1:19:32	19	30.18	2:45	17	1:01:14	17	6:07	2:53:15	0:46:09
16	5017	William Kerwin	IRL - n/a	0:36:26	24	24:16	5:26	25	1:20:38	20	29.76	2:18	8	0:50:47	13	5:04	2:55:32	0:48:26
17	5015	Mark Leonard	IRL	0:41:15	25	27:29	4:38	21	1:16:37	15	31.33	3:12	23	0:50:45	12	5:04	2:56:25	0:49:19
18	5033	Brian Cahill	IRL	0:30:30	18	20:19	4:51	22	1:31:01	23	26.37	3:06	21	1:03:38	19	6:21	3:13:04	1:05:58
19	5029	Peter O'connell	IRL - tri lakes	0:31:27	20	20:57	5:05	24	1:39:54	24	24.03	2:05	4	0:55:44	16	5:34	3:14:12	1:07:06
DNF	5036	David Campbell	IRL	0:20:33	3	13:41	3:44	12		0			0		0			
DNF	5014	Lorcan Fisher	IRL - setanta		0			0		0			0		0			
DNF	5021	Paul Norton	IRL		0			0		0			0		0			
DNF	5022	Anthony Coyle	IRL		0			0		0			0		0			
DNF	5203	Edward O Keeffe	IRL		0			0		0			0		0			
DNF	5011	Stephen Cunningham	IRL		0			0		0			0		0			
DSQ	5013	Paul Newman	IRL - Tri An Mhi	0:33:03	21	22:01	3:32	9	1:14:00	13	32.44	2:24	11		0			
DSQ	5025	Vincent Kelly	IRL	0:28:42	14	19:08	3:53	14	1:17:24	17	31.01	3:36	24		0			
DSQ	5024	Oisin O Neill	IRL - blackwater tri	0:33:40	22	22:26	4:22	17	1:16:42	16	31.29	2:32	14		0			
DSQ	5019	Paul Cassidy	IRL	0:30:46	19	20:30	4:54	23	1:23:05	21	28.89	3:04	20		0			
DSQ	5037	Patrick Lyons	IRL	0:33:59	23	22:38	2:48	3	1:27:55	22	27.30	2:22	10		0			

Open: Olympic: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5054	Neil Ferguson	GBR - RUtrainingtoday.com	0:19:53	1	13:14	2:22	1	1:04:13	6	37.38	1:54	2	0:41:10	2	4:06	2:09:30	
2	5053	Kieran Crean	IRL - Average Joes	0:26:29	6	17:39	2:54	5	1:02:56	2	38.14	2:19	10	0:44:07	9	4:24	2:18:44	0:09:14
3	5051	Trevor Niblock	IRL - Cork Triathlon Club & Niblock	0:22:04	2	14:42	2:47	3	1:07:23	10	35.62	2:14	6	0:45:46	13	4:34	2:20:11	0:10:41
4	5085	Paul Byrne	IRL - 3D	0:26:50	8	17:52	3:13	9	1:05:00	7	36.92	2:18	9	0:45:18	12	4:31	2:22:36	0:13:06
5	5055	Trevor Mahoney	USA - Midleton Cycling and Triathlo	0:30:06	17	20:03	3:21	14	1:03:56	4	37.55	2:21	11	0:43:59	7	4:23	2:23:41	0:14:11
6	5075	Derrick Evans	IRL	0:30:34	23	20:22	2:42	2	1:02:58	3	38.12	2:11	5	0:46:20	15	4:37	2:24:44	0:15:14
7	5067	Paul Hooks	IRL - 3D Tri Dublin	0:26:47	7	17:51	3:37	21	1:06:00	8	36.36	2:09	4	0:46:26	16	4:38	2:24:58	0:15:28
8	5204	Barry Casey	IRL - Setanta	0:29:49	15	19:52	3:05	8	1:04:10	5	37.41	2:34	17	0:46:08	14	4:36	2:25:44	0:16:14
9	5089	Ciaran Hanratty	IRL	0:24:03	4	16:01	3:14	11	1:11:29	15	33.58	2:29	16	0:44:52	10	4:29	2:26:05	0:16:35
10	5046	Peter Jones	IRL - hi elbow	0:25:26	5	16:56	3:15	12	1:06:36	9	36.04	2:27	15	0:49:43	21	4:58	2:27:25	0:17:55
11	5041	Peter Norton	IRL	0:30:10	19	20:06	3:14	10	1:09:30	13	34.53	2:08	3	0:42:38	3	4:15	2:27:38	0:18:08
12	5048	Bernard O'sullivan	IRL - Average Joes	0:30:53	27	20:35	2:59	6	1:08:05	11	35.25	2:21	12	0:43:36	6	4:21	2:27:53	0:18:23
13	5071	Eddie Garry	IRL	0:28:32	12	19:01	3:32	18	1:13:45	18	32.54	2:40	22	0:42:42	4	4:16	2:31:10	0:21:40
14	5073	Stephen Lonergan	IRL	0:30:11	20	20:07	3:31	17	1:14:30	19	32.21	2:16	8	0:43:11	5	4:19	2:33:38	0:24:08
15	5076	David Seery	IRL - Athlone Triathlon Club	0:30:21	22	20:13	3:37	20	1:08:50	12	34.87	3:43	33	0:47:12	17	4:43	2:33:41	0:24:11
16	5079	Patrick Mc Laughlin	IRL - Northwest	0:27:17	10	18:10	3:04	7	1:17:44	25	30.87	2:24	14	0:45:05	11	4:30	2:35:32	0:26:02
17	5049	Damien Malone	IRL - Schull Tri club	0:30:06	18	20:03	3:41	23	1:12:57	17	32.90	3:05	26	0:50:27	22	5:02	2:40:14	0:30:44
18	5084	Nigel Plowman	IRL	0:28:57	13	19:17	4:07	28	1:16:02	22	31.57	3:10	30	0:48:39	19	4:51	2:40:53	0:31:23
19	5044	Barry Gannon	IRL - Cloghroe Triathlon Club	0:35:38	36	23:44	3:49	25	1:15:27	21	31.81	2:42	24	0:44:02	8	4:24	2:41:37	0:32:07
20	5062	Russell Crookes	IRL	0:31:12	30	20:47	4:17	29	1:15:09	20	31.94	2:53	25	0:49:42	20	4:58	2:43:11	0:33:41
21	5222	Brian Kane	IRL - N/A	0:31:02	29	20:40	3:21	15	1:12:27	16	33.13	2:38	19	0:54:55	31	5:29	2:44:21	0:34:51
22	5061	Chris Dale	IRL - Pulse	0:30:15	21	20:09	3:25	16	1:18:10	26	30.70	2:41	23	0:50:41	25	5:04	2:45:12	0:35:42

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Results: Categories

Open: Olympic: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
23	5056	Peter McGerr	IRL	0:30:51	26	20:33	4:50	33	1:19:20	28	30.26	3:05	27	0:48:33	18	4:51	2:46:38	0:37:08
24	5078	Niall Tully	IRL - 3D	0:27:13	9	18:08	3:59	26	1:20:13	29	29.92	2:35	18	0:52:51	28	5:17	2:46:50	0:37:20
25	5205	Conor Kelly	IRL - Athlone Tri Club	0:29:50	16	19:52	7:08	38	1:16:49	23	31.24	3:09	29	0:53:48	30	5:22	2:50:42	0:41:12
26	5060	Sven Johnson	IRL	0:35:21	35	23:33	5:01	34	1:11:10	14	33.73	3:56	35	0:56:30	33	5:38	2:51:57	0:42:27
27	5050	Bryan Kelly	IRL - n/a	0:30:48	25	20:31	3:48	24	1:20:45	30	29.72	3:10	31	0:53:42	29	5:22	2:52:12	0:42:42
28	5068	Diarmuid Herlihy	IRL	0:31:01	28	20:40	4:42	31	1:22:14	32	29.19	4:15	36	0:50:38	24	5:03	2:52:48	0:43:18
29	5059	Michael Carolan	IRL	0:34:39	34	23:05	3:40	22	1:21:34	31	29.43	2:38	20	0:50:37	23	5:03	2:53:07	0:43:37
30	5077	Ian Campbell	IRL	0:34:12	33	22:47	5:36	35	1:17:36	24	30.93	3:23	32	0:52:45	27	5:16	2:53:30	0:44:00
31	5047	Mark Corrigan	IRL	0:31:18	31	20:51	3:36	19	1:27:03	35	27.57	1:52	1	0:55:10	32	5:30	2:58:56	0:49:26
32	5043	Eoin George	IRL - Pulse	0:28:27	11	18:57	2:51	4	1:34:11	36	25.48	2:16	7	0:52:23	26	5:14	3:00:07	0:50:37
33	5064	Dara Larkin	IRL	0:28:58	14	19:18	4:04	27	1:24:34	33	28.38	4:52	37	0:59:54	35	5:59	3:02:20	0:52:50
34	5040	Brian Davis	IRL	0:36:25	37	24:16	6:55	37	1:26:36	34	27.71	3:45	34	1:10:33	36	7:03	3:24:13	1:14:43
35	5082	Philip Ward	IRL	0:30:40	24	20:26	4:44	32	2:05:16	37	19.16	2:39	21	0:57:19	34	5:43	3:40:36	1:31:06
DNF	5069	Marc Harrington	IRL	0:32:17	32	21:30	6:38	36		0			0		0			
DNF	5070	Gareth Johnston	IRL - n/a		0			0		0			0		0			
DNF	5072	Kevin Keane	IRL - Wheelworx-Belpark		0			0		0			0		0			
DNF	5083	Paul Connolly	IRL		0			0		0			0		0			
DNF	5080	Gerry Noone	IRL - N/A		0			0		0			0		0			
DNF	5081	John Fogarty	IRL - n/a		0			0		0			0		0			
DNF	5065	Mark Conneely	IRL		0			0		0			0		0			
DNF	5063	Brian Flynn	IRL - Waterford		0			0		0			0		0			
DNF	5052	John Paul Sweetman	IRL		0			0		0			0		0			
DNF	5057	Padraic O'brien	IRL - Cavan Triathlon Club		0			0		0			0		0			
DNF	5058	Evan Lonergan	IRL - Belpark		0			0		0			0		0			
DNF	5042	James Mcevoy	IRL		0			0		0			0		0			
DNF	5045	Michael Fitzpatrick	IRL		0			0		0			0		0			
DNF	5039	Eoin Mc Donnell	IRL - Wicklow Triathlon Club		0			0		0			0		0			
DNF	5086	John O Dea	IRL - Piranha		0			0		0			0		0			
DNF	5087	Enda Trautt	IRL		0			0		0			0		0			
DSQ	3543	Alan Crowley	IRL - Blackwater Triathlon Club	1:11:20	38	47:33	3:21	13	0:36:45	1	65.33	2:24	13	0:25:37	1	2:33	2:19:24	0:09:54
DSQ	5074	Cian Lynch	IRL - Lakes Triathlon club	0:22:48	3	15:11	4:33	30	1:18:28	27	30.59	3:06	28		0			

Open: Olympic: Open Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5093	Mark Young	IRL - Zenith	0:25:09	2	16:45	2:53	2	1:01:14	1	39.20	3:47	28	0:43:33	2	4:21	2:16:34	
2	5130	Quentin Crowley	IRL - Trinity	0:25:57	4	17:18	4:13	16	1:08:53	3	34.85	2:22	3	0:44:24	4	4:26	2:25:47	0:09:13
3	5239	Padraig Hayes	IRL - West Cork Tri	0:30:31	19	20:20	3:01	4	1:11:13	6	33.71	1:45	1	0:42:46	1	4:16	2:29:13	0:12:39
4	5131	Dermot Hickey	IRL - wicklow tri	0:24:22	1	16:14	3:16	6	1:15:00	17	32.01	2:55	17	0:44:16	3	4:25	2:29:47	0:13:13
5	5102	Andrew Tully	IRL - Naas tri	0:26:08	5	17:24	3:00	3	1:14:25	14	32.26	2:26	5	0:44:27	5	4:26	2:30:24	0:13:50
6	5110	Adrian Dolan	IRL - Athlone Triathlon Club	0:30:30	17	20:19	4:13	17	1:07:27	2	35.59	3:22	23	0:47:40	11	4:45	2:33:10	0:16:36
7	5101	Colm Cronin	IRL - Pulse	0:27:15	7	18:09	3:51	10	1:13:24	10	32.70	2:54	16	0:47:07	8	4:42	2:34:29	0:17:55
8	5208	Frank Burke	IRL - PREDATOR	0:30:27	16	20:17	3:12	5	1:13:47	11	32.53	2:32	8	0:44:59	6	4:29	2:34:54	0:18:20
9	5114	Declan Hardy	IRL	0:28:32	10	19:01	4:47	25	1:09:55	5	34.33	2:45	12	0:51:41	18	5:10	2:37:38	0:21:04
10	5090	Vivian Mullally	IRL	0:30:31	18	20:20	2:40	1	1:14:41	15	32.14	2:17	2	0:47:48	12	4:46	2:37:56	0:21:22
11	5121	Ivan O'connor	IRL - Naas Triathlon Club	0:28:59	12	19:18	3:56	13	1:12:34	8	33.08	3:00	18	0:51:08	17	5:06	2:39:35	0:23:01
12	5106	Aiden Campbell	IRL	0:31:20	21	20:52	4:06	15	1:14:57	16	32.02	2:37	9	0:47:28	9	4:44	2:40:27	0:23:53
13	5104	Barry D'arcy	IRL	0:36:25	30	24:16	3:32	7	1:11:38	7	33.51	2:44	11	0:48:20	13	4:49	2:42:37	0:26:03
14	5091	Brian O'Donnell	IRL	0:28:05	9	18:43	4:25	21	1:17:14	20	31.08	3:21	21	0:50:37	15	5:03	2:43:39	0:27:05
15	5097	Seamus Fingleton	IRL	0:28:04	8	18:42	3:51	11	1:18:39	24	30.52	2:38	10	0:50:55	16	5:05	2:44:05	0:27:31
16	5112	Paul Mc Dermott	IRL - Midland Triathlon Club	0:35:11	28	23:26	3:55	12	1:13:00	9	32.88	3:35	27	0:48:30	14	4:50	2:44:08	0:27:34
17	5118	John Heatherington	IRL	0:26:37	6	17:44	4:26	22	1:18:58	25	30.40	2:47	13	0:53:20	23	5:19	2:46:06	0:29:32
18	5111	Cormac Bradley	IRL	0:30:35	20	20:23	4:03	14	1:22:09	28	29.22	2:25	4	0:47:31	10	4:45	2:46:42	0:30:08

2010 Athlone Triathlon European Championships

Results: Categories

Open: Olympic: Open Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
19	5096	Brian Keoghan	IRL	0:33:39	25	22:25	3:49	9	1:13:47	12	32.53	3:02	19	0:52:46	22	5:16	2:47:01	0:30:27
20	5124	Fergal Mcmanus	IRL - Cavan Triathlon Club	0:32:57	24	21:57	4:34	23	1:15:36	18	31.75	2:52	14	0:51:56	19	5:11	2:47:53	0:31:19
21	5107	Albert Niland	IRL - none	0:29:52	13	19:54	6:13	31	1:16:24	19	31.41	3:05	20	0:52:27	20	5:14	2:47:59	0:31:25
22	5105	Kevin Traynor	IRL	0:31:36	22	21:03	4:22	20	1:18:03	21	30.75	2:28	7	0:52:42	21	5:16	2:49:10	0:32:36
23	5119	Andrew French	GBR - n/a	0:28:50	11	19:12	4:36	24	1:21:11	26	29.56	2:53	15	0:53:45	24	5:22	2:51:13	0:34:39
24	5094	Keith Connolly	IRL - Galway Triathlon Club	0:33:51	26	22:33	5:05	26	1:13:59	13	32.45	3:23	24	0:55:03	26	5:30	2:51:18	0:34:44
25	5103	Alfonso Jimenez	ESP - Charnwood Triathlon	0:51:05	32	34:03	4:16	19	1:09:30	4	34.54	2:26	6	0:45:36	7	4:33	2:52:51	0:36:17
26	5129	Greg Ward	IRL	0:32:00	23	21:19	6:03	30	1:18:31	22	30.57	4:11	29	0:54:03	25	5:24	2:54:45	0:38:11
27	5095	Daire Stephens	IRL - athlone	0:29:55	14	19:56	4:15	18	1:18:31	23	30.57	3:25	25	1:02:45	30	6:16	2:58:50	0:42:16
28	5115	Colin Dickson	IRL - triangle	0:36:02	29	24:00	5:38	28	1:23:42	29	28.68	3:21	22	0:58:06	29	5:48	3:06:47	0:50:13
29	5120	Alan Butler	IRL	0:30:21	15	20:13	6:43	32	1:29:39	31	26.77	4:41	31	0:58:06	28	5:48	3:09:29	0:52:55
30	5109	Mark Eldridge	IRL	0:38:04	31	25:22	5:42	29	1:23:57	30	28.59	3:27	26	1:04:19	31	6:25	3:15:26	0:58:52
31	5127	Ruairi Jennings	IRL	0:34:11	27	22:47	5:07	27	1:36:14	32	24.94	4:23	30	0:57:32	27	5:45	3:17:25	1:00:51
DNF	5092	James Cleland	IRL	0:25:30	3	16:59	3:32	8	1:21:14	27	29.55		0		0			
DNF	5098	Gordan Woulfe	IRL		0			0		0			0		0			
DNF	5099	Hugh Guy	IRL - Wicklow		0			0		0			0		0			
DNF	5100	Declan Mullany	IRL		0			0		0			0		0			
DNF	5122	Fiachra O Mathuna	IRL - None		0			0		0			0		0			
DNF	5123	Shane O'Neill	IRL - Wicklow		0			0		0			0		0			
DNF	5116	Owen Percy	IRL - Galway Tri Club		0			0		0			0		0			
DNF	5113	David Omahony	IRL		0			0		0			0		0			
DNF	5128	Michael O'gorman	IRL - NA		0			0		0			0		0			
DNF	5125	John Holland	IRL - 3D Tri		0			0		0			0		0			
DNF	5132	Chris Joynt	IRL - Wicklow		0			0		0			0		0			
DNF	5133	Aidan Hanley	IRL - galway triathlon club		0			0		0			0		0			
DNF	5134	Paul Gordon	IRL		0			0		0			0		0			
DNF	5207	Peter Tomany	IRL - SETANTA		0			0		0			0		0			

Open: Olympic: Open Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5161	Christopher Mason	GBR	0:20:09	1	13:25	2:35	1	1:02:05	1	38.67	1:57	1	0:41:18	1	4:07	2:08:03	
2	5164	Tony McNulty	IRL - olympian	0:24:50	2	16:33	3:02	6	1:07:13	5	35.71	2:16	6	0:42:42	3	4:16	2:20:02	0:11:59
3	5144	Rolf Power	IRL - Carrick-on-suir triathlon	0:26:08	4	17:24	3:00	5	1:07:54	6	35.35	2:20	7	0:41:39	2	4:09	2:20:59	0:12:56
4	5148	Colm Hanratty	IRL - QUBTRI	0:26:54	7	17:55	3:45	12	1:04:09	2	37.41	2:28	8	0:44:53	6	4:29	2:22:07	0:14:04
5	5138	Matthew Perry	GBR - Warwick University	0:25:36	3	17:03	3:42	11	1:04:37	3	37.15	2:36	11	0:47:21	9	4:44	2:23:50	0:15:47
6	5140	Ronan O'Reilly	IRL	0:28:33	12	19:01	2:55	4	1:08:38	7	34.97	2:09	2	0:43:10	4	4:18	2:25:23	0:17:20
7	5152	Pat Mcdermott	IRL - Athlone Tri Club	0:28:24	10	18:55	2:43	2	1:09:14	8	34.67	2:10	3	0:43:30	5	4:20	2:26:00	0:17:57
8	5149	Rodney Young	IRL - Triangle Triathlon Club	0:28:51	13	19:14	3:31	8	1:05:20	4	36.74	2:16	5	0:46:46	7	4:40	2:26:42	0:18:39
9	5147	Alan Hardy	IRL	0:26:10	5	17:26	3:39	10	1:10:44	9	33.93	2:39	14	0:50:54	15	5:05	2:34:05	0:26:02
10	5145	Mark O'Dwyer	IRL - Carrick on Suir Triathlon Club	0:26:34	6	17:42	3:32	9	1:13:32	13	32.64	2:16	4	0:49:45	14	4:58	2:35:37	0:27:34
11	5156	Aidan Troy	IRL	0:28:32	11	19:00	2:50	3	1:14:32	15	32.20	2:36	12	0:48:36	11	4:51	2:37:04	0:29:01
12	5151	Ronan Curran	IRL - Tri An Mhi	0:28:00	8	18:39	5:10	21	1:12:33	11	33.08	2:39	13	0:51:16	16	5:07	2:39:37	0:31:34
13	5160	Marcus Boland	IRL - Athlone Tri Club	0:30:16	16	20:10	3:16	7	1:12:35	12	33.07	2:29	9	0:51:28	17	5:08	2:40:03	0:32:00
14	5137	David Calvert	IRL - Queens Tri Club	0:29:46	15	19:50	3:48	13	1:12:14	10	33.23	2:30	10	0:52:42	19	5:16	2:40:59	0:32:56
15	5136	Brian Monaghan	IRL	0:30:37	18	20:24	4:27	17	1:17:11	17	31.10	2:57	16	0:49:12	12	4:55	2:44:22	0:36:19
16	5154	Igor Stefko	IRL - Newry Triathlon Club	0:37:26	23	24:57	3:59	15	1:13:33	14	32.64	2:47	15	0:48:27	10	4:50	2:46:10	0:38:07
17	5141	Albert Dolan	IRL	0:33:50	20	22:33	5:04	20	1:19:38	19	30.14	3:06	18	0:46:49	8	4:40	2:48:25	0:40:22
18	5153	Alan Sweeney	IRL - NA	0:34:07	21	22:44	5:51	23	1:14:52	16	32.06	3:39	21	0:51:53	18	5:11	2:50:20	0:42:17
19	5158	Raymond Monaghan	IRL - triangle	0:30:23	17	20:15	4:52	19	1:22:55	23	28.95	3:02	17	0:49:16	13	4:55	2:50:26	0:42:23
20	5166	Paul Murphy	IRL - Tricw	0:29:30	14	19:39	4:05	16	1:19:29	18	30.20	3:51	24	0:54:00	20	5:23	2:50:53	0:42:50
21	5155	Kevin Mcdermott	IRL	0:28:16	9	18:50	8:19	25	1:28:57	24	26.98	5:20	25	0:56:28	21	5:38	3:07:18	0:59:15
22	5159	Declan Hynes	IRL - none	0:33:16	19	22:10	4:47	18	1:20:23	20	29.86	3:44	23	1:06:18	24	6:37	3:08:26	1:00:23

2010 Athlone Triathlon European Championships

Results: Categories

Open: Olympic: Open Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
23	5146	Jason Cooke	IRL - Fingal Triathlon	0:36:50	22	24:33	3:59	14	1:22:40	21	29.03	3:29	20	1:01:30	23	6:08	3:08:27	1:00:24
24	5163	Eamonn Kelly	IRL	0:50:54	25	33:55	5:19	22	1:22:47	22	29.00	3:40	22	1:00:32	22	6:03	3:23:09	1:15:06
DNF	5162	Alan Traynor	IRL - Cavan Triathlon	0	0			0		0			0		0			
DNF	5165	James Murphy	IRL	0	0			0		0			0		0			
DNF	5150	Noel Dunlea	IRL - none	0	0			0		0			0		0			
DNF	5157	Declan Quinn	IRL - 3D Tri	0	0			0		0			0		0			
DNF	5142	Paul Staunton	IRL	0	0			0		0			0		0			
DNF	5143	Wayne Callan	IRL - setanta	0	0			0		0			0		0			
DNF	5135	Pat Buckley	IRL	0	0			0		0			0		0			
DSQ	5139	Liam Bergin	IRL	0:37:27	24	24:57	7:39	24	1:42:50	25	23.34	3:23	19		0			

Open: Olympic: Open Men 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5167	David Warby	IRL - Athlone Triathlon Club	0:20:09	1	13:25	2:56	1	1:08:08	2	35.23	2:54	5	0:46:17	2	4:37	2:20:22	
2	5174	Brian McClusky	IRL - Zenith	0:28:11	3	18:47	3:53	6	1:02:23	1	38.48	2:45	4	0:48:45	4	4:52	2:25:55	0:05:33
3	5171	Gerard Daly	IRL - 3 rock	0:32:34	7	21:42	3:05	2	1:10:11	3	34.20	2:01	1	0:39:56	1	3:59	2:27:45	0:07:23
4	5168	Bernard Connolly	IRL	0:30:14	6	20:08	3:31	3	1:11:28	4	33.58	3:07	6	0:48:04	3	4:48	2:36:23	0:16:01
5	5173	Nick Nally	IRL - Tri an Mhi	0:29:21	4	19:33	4:28	9	1:17:09	6	31.11	3:18	7	0:56:22	7	5:38	2:50:35	0:30:13
6	5170	John Mcnamara	IRL - Athlone	0:27:13	2	18:08	3:44	5	1:16:45	5	31.27	2:35	2	1:03:26	8	6:20	2:53:41	0:33:19
7	5172	Darren Waugh	IRL	0:39:58	9	26:38	4:02	7	1:21:25	7	29.48	2:41	3	0:48:52	5	4:53	2:56:56	0:36:34
8	5169	Paul Mahon	IRL - Wicklow Triathlon club	0:35:35	8	23:43	3:39	4	1:21:43	8	29.38	3:36	9	0:55:04	6	5:30	2:59:36	0:39:14
DNF	5175	Neil O'Brien	IRL - None	0	0			0		0			0		0			
DNF	5176	Georges Videau	FRA - Triathlon Côte d'Amour	0	0			0		0			0		0			
DNF	5177	Michael Soden	IRL	0	0			0		0			0		0			
DNF	5179	Ray Keegan	IRL - NA	0	0			0		0			0		0			
DSQ	5178	Ken Vance	IRL - DNF	0:29:36	5	19:43	4:05	8	1:26:21	9	27.80	3:32	8		0			

Open: Olympic: Open Men 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	5182	Philip Boyd	IRL - Olympia	0:25:21	1	16:53	3:54	1	1:12:45	1	32.99	2:37	2	0:53:31	4	5:21	2:38:06	
2	5184	Declan Phelan	IRL - East London Tri	0:29:08	2	19:25	3:54	2	1:18:31	4	30.57	2:33	1	0:46:22	1	4:38	2:40:27	0:02:21
3	5183	Tony McMahon	IRL - Cavan Triathlon Club	0:33:32	4	22:21	6:39	6	1:17:38	3	30.92	3:44	6	0:50:54	3	5:05	2:52:26	0:14:20
4	5180	Ciaran Carthy	IRL	0:39:49	6	26:32	4:30	3	1:15:06	2	31.96	3:40	4	0:50:42	2	5:04	2:53:46	0:15:40
5	5185	Barry O'Brien	IRL - n a	0:33:57	5	22:37	5:18	4	1:19:23	5	30.24	3:43	5	0:54:19	5	5:25	2:56:38	0:18:32
6	5181	Douglas Veale	IRL - T3	0:30:08	3	20:05	5:43	5	1:21:28	6	29.47	3:00	3	1:06:14	6	6:37	3:06:32	0:28:26

Open: Sprint: Open Women 16-19

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2003	Andrea Stefkova	IRL - Newry Triathlon Club	0:12:53	2	17:09	3:29	2	0:39:45	2	30.20	2:24	1	0:26:52	1	5:22	1:25:20	
DNF	2001	Miriam Ward	IRL	0	0			0		0			0		0			
DNF	2400	Clara Burke	IRL - PREDATOR	0	0			0		0			0		0			
DSQ	2002	Imogen Cotter	IRL	0:12:52	1	17:09	2:58	1	0:38:17	1	31.35	2:59	2		0			

Open: Sprint: Open Women 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2008	Carolyn Hayes	IRL - Trinity Triathlon Club	0:11:20	1	15:05	3:07	3	0:40:40	4	29.51	1:48	1	0:21:00	1	4:11	1:17:54	
2	2016	Emma Bamford	IRL - Olympian TC	0:11:24	2	15:11	2:50	1	0:38:04	1	31.53	2:29	5	0:25:03	5	5:00	1:19:49	0:01:55
3	2009	Sarah Mescall	IRL - Midland Triathlon	0:13:58	3	18:37	2:58	2	0:40:28	3	29.65	2:31	6	0:23:14	3	4:38	1:23:08	0:05:14
4	2013	Caitriona Joyce	IRL	0:14:59	4	19:58	3:56	5	0:39:08	2	30.67	2:04	2	0:24:20	4	4:51	1:24:26	0:06:32
5	2006	Eva Grace	IRL - -	0:16:23	7	21:49	4:38	6	0:42:21	5	28.34	2:12	3	0:22:43	2	4:32	1:28:15	0:10:21
6	2018	Amy Ni Chiarubhain	IRL	0:15:23	6	20:29	3:44	4	0:42:40	6	28.13	2:39	7	0:29:55	7	5:59	1:34:19	0:16:25

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Women 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
7	2005	Kate O' Flynn	IRL	0:15:01	5	20:00	5:42	10	0:44:47	7	26.80	2:22	4	0:28:44	6	5:44	1:36:34	0:18:40
8	2007	Sabhbh Ni Fhatharta	IRL	0:20:03	10	26:43	5:08	9	0:45:53	9	26.16	2:51	8	0:33:21	8	6:40	1:47:14	0:29:20
9	2004	Aoife Daly	IRL - Athlone	0:16:29	8	21:58	4:53	8	0:45:51	8	26.18	4:18	9	0:36:51	10	7:22	1:48:20	0:30:26
10	2012	Lauren Burke	IRL	0:19:17	9	25:41	4:41	7	0:47:02	10	25.52	4:41	10	0:35:55	9	7:11	1:51:34	0:33:40
DNF	2011	Katey Halliday	IRL - N/A		0			0		0			0		0			
DNF	2015	Brenda Quinn	IRL		0			0		0			0		0			
DNF	2017	Shannon Corbally	IRL		0			0		0			0		0			

Open: Sprint: Open Women 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2152	Ellen Murphy	IRL - Belpark	0:13:37	10	18:08	2:48	2	0:36:47	3	32.62	2:01	1	0:24:31	5	4:54	1:19:43	
2	2128	Ruth Lynch	IRL - Galway	0:13:27	8	17:55	3:29	12	0:37:55	6	31.65	2:16	10	0:23:55	1	4:46	1:21:00	0:01:17
3	2040	Amy Brogan	IRL - Trinity College Dublin	0:14:06	16	18:47	2:43	1	0:39:04	11	30.73	2:07	6	0:24:22	4	4:52	1:22:21	0:02:38
4	2147	Grace Kelly	IRL - 3D Tri	0:14:14	17	18:58	3:51	25	0:36:48	4	32.61	2:18	13	0:25:38	13	5:07	1:22:48	0:03:05
5	2132	Marie Therese Harte	IRL - athlone	0:15:21	29	20:27	3:05	3	0:36:17	1	33.08	2:29	30	0:25:59	15	5:11	1:23:11	0:03:28
6	2083	Catherine Fox	IRL - Pulse	0:11:53	2	15:49	3:09	5	0:43:10	45	27.80	2:30	32	0:24:54	7	4:58	1:25:34	0:05:51
7	2154	Sinead Graham	IRL - Pulse	0:17:27	57	23:15	3:23	9	0:37:58	7	31.61	2:33	35	0:24:39	6	4:55	1:25:59	0:06:16
8	2149	Katrina O Callaghan	IRL - Schull Triathlon Club	0:13:50	13	18:25	3:15	7	0:39:46	19	30.18	2:45	49	0:26:46	21	5:21	1:26:19	0:06:36
9	2064	Triona Ryan	IRL - Belpark	0:13:28	9	17:56	3:40	18	0:39:49	21	30.14	2:29	28	0:26:58	24	5:23	1:26:21	0:06:38
10	2023	Denise Treanor	IRL - Tri Muckno	0:17:28	59	23:16	3:54	29	0:38:43	8	31.00	2:06	5	0:24:18	3	4:51	1:26:27	0:06:44
11	2033	Elaine Kerr	IRL	0:13:38	11	18:10	3:16	8	0:40:34	28	29.59	2:56	63	0:26:05	16	5:12	1:26:28	0:06:45
12	2099	Kitty Perle	IRL - 3D Triathlon	0:17:57	61	23:55	4:14	46	0:36:45	2	32.66	2:16	11	0:25:38	12	5:07	1:26:48	0:07:05
13	2037	Emma Walsh	IRL - 3D	0:15:08	25	20:10	3:54	30	0:37:44	5	31.81	2:22	17	0:27:48	32	5:33	1:26:55	0:07:12
14	2022	Lisa McMahon	IRL - DFO	0:17:57	62	23:55	3:29	13	0:39:00	10	30.78	2:23	19	0:25:10	9	5:01	1:27:57	0:08:14
15	2124	Dena Hogan	IRL - Racing 795	0:14:41	20	19:34	4:15	47	0:40:33	27	29.60	2:23	18	0:26:13	18	5:14	1:28:03	0:08:20
16	2024	Aoibheann O'brien	IRL - N/A	0:14:36	19	19:27	4:11	41	0:40:37	29	29.55	2:22	14	0:26:21	19	5:16	1:28:04	0:08:21
17	2107	Rebecca McLaughlin	IRL	0:14:20	18	19:06	4:23	54	0:39:23	13	30.48	3:05	76	0:26:56	23	5:23	1:28:05	0:08:22
18	2138	Claire Powell	IRL - 3d tri	0:14:45	22	19:38	4:12	44	0:39:15	12	30.59	3:06	77	0:27:24	29	5:28	1:28:39	0:08:56
19	2137	Yvonne O Leary	IRL - Pulse	0:15:11	26	20:13	3:24	10	0:38:46	9	30.96	2:39	41	0:28:44	47	5:44	1:28:42	0:08:59
20	2148	Clara Burke	IRL - Athlone	0:17:24	55	23:11	3:30	14	0:41:31	38	28.91	2:08	8	0:24:18	2	4:51	1:28:49	0:09:06
21	2027	Deirdre Newell	IRL - DFTA	0:13:49	12	18:24	3:59	32	0:40:25	26	29.70	2:34	36	0:29:28	54	5:53	1:30:13	0:10:30
22	2045	Emer Dunning	IRL - athlone tri athlon club	0:17:14	53	22:58	3:07	4	0:40:00	23	30.01	2:35	38	0:27:28	30	5:29	1:30:22	0:10:39
23	2032	Christine Crowley	IRL - Carrick-on-Suir Triathlon Club	0:18:39	71	24:50	3:35	16	0:39:25	15	30.45	2:40	44	0:26:27	20	5:17	1:30:44	0:11:01
24	2053	Eimear O'leary	IRL	0:17:04	47	22:44	5:32	92	0:40:48	31	29.42	2:08	7	0:25:27	10	5:05	1:30:56	0:11:13
25	2063	Gretta O Connor	IRL	0:17:02	46	22:41	4:06	37	0:42:23	42	28.31	2:02	2	0:26:09	17	5:13	1:31:41	0:11:58
26	2136	Aoife Sharkey	IRL - none	0:16:32	38	22:02	3:50	23	0:40:50	32	29.39	2:35	37	0:28:17	41	5:39	1:32:02	0:12:19
27	2098	Jacqueline Dunning	IRL - Athlone Triathlon Club	0:16:41	42	22:13	4:01	34	0:39:31	16	30.38	2:40	43	0:29:58	62	5:59	1:32:49	0:13:06
28	2123	Niamh Connolly	IRL - Belpark		0			0		0			0	10:10:49	104	2:09	1:33:04	0:13:21
29	2153	Louise Howard	IRL	0:20:25	92	27:12	4:27	56	0:42:13	40	28.42	2:03	3	0:25:01	8	5:00	1:34:07	0:14:24
30	2084	Jodie Gwenter	GBR - Manchester tri club	0:15:24	30	20:31	3:47	21	0:43:33	49	27.56	3:05	75	0:28:28	44	5:41	1:34:16	0:14:33
31	2135	Anne Marie Corroon	IRL - Midland Triathlon Club	0:17:08	50	22:50	4:23	55	0:39:34	18	30.34	2:59	65	0:30:20	66	6:03	1:34:22	0:14:39
32	2029	Maeve Corbett	IRL - Thames Turbo	0:15:12	27	20:15	4:16	48	0:44:49	63	26.78	2:54	61	0:27:19	27	5:27	1:34:28	0:14:45
33	2031	Aisling Keogh	IRL - Athlone Tri Club	0:16:55	44	22:33	4:02	35	0:40:55	33	29.34	3:02	69	0:29:38	58	5:55	1:34:30	0:14:47
34	2047	Michelle Quinn	IRL	0:20:17	90	27:02	4:05	36	0:39:47	20	30.17	2:27	25	0:28:09	36	5:37	1:34:43	0:15:00
35	2074	Aoife Barnicle	IRL	0:13:10	7	17:32	3:52	26	0:42:02	39	28.55	3:33	92	0:32:12	79	6:26	1:34:46	0:15:03
36	2115	Jennifer Harte	IRL	0:14:48	23	19:43	4:37	63	0:43:38	51	27.51	2:58	64	0:28:50	49	5:45	1:34:50	0:15:07
37	2392	Stephanie Hayes	IRL - Trilogy	0:19:13	84	25:36	4:28	57	0:41:29	37	28.94	2:28	27	0:27:15	26	5:26	1:34:50	0:15:07
38	2054	Petrina Mulroe	IRL	0:16:36	40	22:07	3:36	17	0:40:21	24	29.74	3:02	70	0:31:17	72	6:15	1:34:51	0:15:08
39	2101	Deirdre Keohane	IRL	0:16:07	34	21:29	4:42	65	0:43:28	48	27.61	2:38	40	0:28:02	34	5:36	1:34:55	0:15:12
40	2065	Helen Cameron	IRL	0:14:43	21	19:37	3:33	15	0:45:43	73	26.25	2:25	22	0:28:39	46	5:43	1:35:02	0:15:19
41	2089	Niamh Ni Fhatharta	IRL	0:17:10	51	22:53	4:11	42	0:41:15	35	29.09	2:27	26	0:30:00	63	6:00	1:35:02	0:15:19
42	2146	Eva O'driscoll	IRL	0:17:17	54	23:01	5:08	80	0:42:58	43	27.93	3:04	73	0:27:00	25	5:23	1:35:25	0:15:42

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Women 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
43	2068	Louise Keane	IRL	0:16:18	36	21:43	3:51	24	0:44:31	60	26.96	2:22	16	0:28:53	50	5:46	1:35:53	0:16:10
44	2389	Pamela O Hanlon	IRL	0:13:07	5	17:29	3:42	20	0:46:10	74	26.00	2:22	15	0:30:45	68	6:08	1:36:05	0:16:22
45	2108	Orla Shields	IRL - 3D	0:18:48	76	25:03	4:21	51	0:41:13	34	29.12	3:28	86	0:28:19	42	5:39	1:36:07	0:16:24
46	2127	Elizabeth Mccann	IRL	0:17:11	52	22:53	4:21	52	0:44:08	56	27.19	2:39	42	0:27:53	33	5:34	1:36:10	0:16:27
47	2126	Karen Coghlan	IRL	0:16:53	43	22:30	3:53	27	0:44:57	64	26.70	2:17	12	0:28:34	45	5:42	1:36:32	0:16:49
48	2067	Hannah Quinn	IRL	0:17:05	48	22:45	5:21	87	0:44:59	65	26.68	2:51	59	0:27:21	28	5:28	1:37:35	0:17:52
49	2145	Emily Seery	IRL - Athlone Triathlon Club	0:17:24	56	23:11	3:53	28	0:43:10	46	27.80	3:02	68	0:30:12	65	6:02	1:37:40	0:17:57
50	2112	Aisling Malone	IRL - TriCW	0:15:57	33	21:14	4:09	40	0:43:21	47	27.69	3:18	84	0:31:00	69	6:11	1:37:43	0:18:00
51	2096	Leah Dempsey	IRL	0:18:28	69	24:37	4:57	74	0:39:53	22	30.10	3:41	96	0:31:01	70	6:12	1:37:58	0:18:15
52	2110	Carol Murnaghan	IRL	0:15:04	24	20:04	4:56	73	0:46:58	79	25.56	2:25	21	0:29:00	51	5:47	1:38:20	0:18:37
53	2038	Emma Carey	IRL	0:17:40	60	23:32	5:20	85	0:43:40	53	27.49	3:31	89	0:28:15	38	5:38	1:38:23	0:18:40
54	2097	Jean Smullen	IRL	0:20:35	93	27:25	4:14	45	0:43:43	54	27.45	2:46	50	0:27:47	31	5:33	1:39:02	0:19:19
55	2060	Karen Sullivan	IRL - Naas Tri CLub	0:19:14	85	25:38	3:59	33	0:43:33	50	27.56	3:03	72	0:29:38	59	5:55	1:39:26	0:19:43
56	2130	Eimear Donnelly	IRL	0:18:44	74	24:57	4:50	70	0:45:15	67	26.53	2:41	45	0:29:06	52	5:49	1:40:33	0:20:50
57	2125	Eilish Hogge	IRL	0:18:58	79	25:16	5:14	83	0:45:36	72	26.32	2:45	48	0:28:15	39	5:38	1:40:46	0:21:03
58	2113	Anna Rock	IRL	0:18:17	65	24:21	4:21	53	0:44:10	57	27.17	3:01	66	0:31:10	71	6:13	1:40:56	0:21:13
59	2056	Louise Costello	IRL	0:20:10	87	26:52	4:29	60	0:44:28	59	26.99	2:26	24	0:29:33	56	5:54	1:41:04	0:21:21
60	2079	Sandra O'grady	IRL - 3d Tri	0:13:52	14	18:28	4:44	66	0:47:34	83	25.23	3:14	82	0:32:04	77	6:24	1:41:26	0:21:43
61	2117	Fiona Craven	IRL	0:15:46	32	21:01	4:59	75	0:49:10	96	24.41	2:29	31	0:29:13	53	5:50	1:41:36	0:21:53
62	2086	Yvonne Rogan	IRL	0:18:12	64	24:15	5:39	94	0:48:12	89	24.90	2:15	9	0:28:02	35	5:36	1:42:18	0:22:35
63	2066	Neasa Canavan	IRL	0:22:23	100	29:50	4:33	61	0:43:08	44	27.83	2:37	39	0:29:40	60	5:55	1:42:19	0:22:36
64	2151	Kate Hanrahan	IRL - DFTA	0:18:23	68	24:30	4:48	68	0:43:47	55	27.41	3:07	78	0:32:33	80	6:30	1:42:37	0:22:54
65	2021	Caoimhe De Fréin	IRL	0:19:04	82	25:24	4:39	64	0:47:01	80	25.53	2:26	23	0:29:32	55	5:54	1:42:39	0:22:56
66	2144	Lorraine Carthy	IRL - Pulse Tri Club Dublin	0:19:24	86	25:50	5:53	99	0:42:21	41	28.34	3:41	94	0:31:42	75	6:20	1:42:58	0:23:15
67	2050	Gillian Kelly	IRL - Athlone	0:18:47	75	25:02	4:29	58	0:48:18	90	24.85	2:43	46	0:28:48	48	5:45	1:43:03	0:23:20
68	2088	Joyce Mortimer	IRL	0:15:18	28	20:23	5:30	91	0:47:45	84	25.13	4:06	102	0:30:31	67	6:06	1:43:08	0:23:25
69	2122	Rachel Murphy	IRL	0:17:00	45	22:39	5:10	81	0:48:26	93	24.78	2:46	51	0:30:09	64	6:01	1:43:30	0:23:47
70	2095	Laura Mccann	IRL	0:16:10	35	21:32	6:17	106	0:48:52	95	24.56	2:46	52	0:29:34	57	5:54	1:43:37	0:23:54
71	2140	Catherine Murphy	IRL - 3D	0:18:21	67	24:27	4:29	59	0:44:48	62	26.79	2:50	57	0:33:33	86	6:42	1:43:59	0:24:16
72	2049	Alma Ryan	IRL - n/a	0:24:08	108	32:09	5:00	76	0:44:42	61	26.85	2:32	34	0:28:16	40	5:39	1:44:36	0:24:53
73	2114	Mairead Finn	IRL - Trinity Triathlon Club	0:16:36	39	22:06	5:50	98	0:45:22	70	26.46	4:23	107	0:33:19	85	6:39	1:45:28	0:25:45
74	2073	Caoimh Ni Hannrachain	IRL	0:18:06	63	24:07	4:11	43	0:45:15	68	26.52	3:02	71	0:34:56	87	6:59	1:45:28	0:25:45
75	2030	Emma Breen	IRL	0:17:07	49	22:48	4:08	39	0:46:43	77	25.69	2:55	62	0:35:06	88	7:01	1:45:57	0:26:14
76	2141	Eimear Nic An Bhaire	IRL	0:21:30	95	28:39	5:55	100	0:49:49	97	24.09	3:12	80	0:25:55	14	5:10	1:46:19	0:26:36
77	2134	Ailis Fagan	IRL	0:18:59	81	25:17	6:19	107	0:48:02	87	24.99	3:34	93	0:29:56	61	5:59	1:46:48	0:27:05
78	2105	Maria Belton	IRL - Wicklow Tri	0:22:23	101	29:50	4:18	50	0:48:25	92	24.79	3:31	90	0:28:13	37	5:38	1:46:49	0:27:06
79	2019	Noelle Maguire	IRL	0:22:26	102	29:53	4:07	38	0:45:12	66	26.56	3:01	67	0:32:47	82	6:33	1:47:31	0:27:48
80	2039	Helen Caulfield	IRL	0:17:28	58	23:16	4:52	71	0:55:47	110	21.51	2:53	60	0:28:20	43	5:40	1:49:19	0:29:36
81	2080	Noelle Breen	IRL	0:18:52	77	25:09	5:00	77	0:50:41	101	23.68	2:31	33	0:32:44	81	6:32	1:49:47	0:30:04
82	2104	Louise Lydon	IRL - Pirhana	0:18:59	80	25:17	4:48	67	0:50:06	99	23.96	3:53	100	0:32:57	84	6:35	1:50:41	0:30:58
83	2075	Donna Bryan	IRL	0:18:43	72	24:56	4:50	69	0:46:32	75	25.79	3:04	74	0:37:51	99	7:34	1:50:58	0:31:15
84	2061	Deirdre Enright	IRL	0:22:11	99	29:33	7:24	112	0:53:13	106	22.55	3:28	87	0:25:37	11	5:07	1:51:50	0:32:07
85	2406	Siobhan Caulfield	IRL	0:20:13	88	26:56	6:09	102	0:50:10	100	23.93	3:15	83	0:32:12	78	6:26	1:51:56	0:32:13
86	2026	Ciara O'reilly	IRL - nil	0:23:43	106	31:36	4:36	62	0:48:26	94	24.78	3:08	79	0:32:53	83	6:34	1:52:43	0:33:00
87	2109	Eimear Brett	IRL	0:18:53	78	25:10	5:21	86	0:48:24	91	24.79	4:50	111	0:35:29	89	7:05	1:52:56	0:33:13
88	2042	Karen Rock	IRL	0:22:10	98	29:33	5:21	88	0:45:17	69	26.50	3:41	95	0:36:48	93	7:21	1:53:15	0:33:32
89	2082	Treasa Minihane	IRL	0:20:18	91	27:03	6:10	103	0:51:44	103	23.20	3:31	91	0:31:40	74	6:19	1:53:21	0:33:38
90	2069	Orla Murrinan	IRL	0:18:33	70	24:44	5:47	97	1:00:02	112	19.99	2:47	53	0:26:53	22	5:22	1:54:00	0:34:17
91	2070	Emer Mcmanus	IRL - One day Licence	0:19:11	83	25:33	5:44	96	0:53:47	107	22.31	4:01	101	0:31:22	73	6:16	1:54:03	0:34:20
92	2155	Mary Mulhall	IRL	0:23:57	107	31:55	4:52	72	0:44:24	58	27.04	2:50	58	0:38:06	100	7:37	1:54:06	0:34:23
93	2087	Danielle Kearns	IRL	0:21:55	96	29:12	5:44	95	0:46:52	78	25.61	3:25	85	0:36:59	97	7:23	1:54:52	0:35:09
94	2391	Louise Tuohy	IRL	0:11:22	1	15:09	9:07	114	0:53:12	105	22.56	4:49	110	0:36:58	96	7:23	1:55:27	0:35:44

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Women 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
95	2143	Jane Fitzgerald	IRL	0:20:59	94	27:57	7:07	109	0:47:54	86	25.06	3:44	97	0:36:22	91	7:16	1:56:04	0:36:21
96	2051	Ciara Bruton	IRL	0:18:17	66	24:22	7:09	110	0:54:48	108	21.90	4:31	109	0:31:57	76	6:23	1:56:41	0:36:58
97	2102	Suzanne Costello	IRL	0:22:38	104	30:09	5:06	79	0:47:09	81	25.45	4:17	104	0:37:49	98	7:33	1:56:56	0:37:13
98	2077	Noeleen Warren	IRL - Athlone Tri Club	0:26:08	109	34:50	5:01	78	0:47:46	85	25.13	3:45	98	0:36:51	94	7:22	1:59:29	0:39:46
99	2131	Teresa Mcevoy	IRL	0:27:39	113	36:52	5:34	93	0:43:39	52	27.50	4:09	103	0:40:29	103	8:05	2:01:28	0:41:45
100	2052	Mary Flanagan	IRL	0:23:24	105	31:11	6:42	108	0:48:03	88	24.98	3:30	88	0:40:07	102	8:01	2:01:44	0:42:01
101	2139	Susan Crowe	IRL	0:27:01	112	36:01	5:13	82	0:51:46	104	23.19	2:44	47	0:36:55	95	7:22	2:03:36	0:43:53
102	2044	Sandra Burke	IRL - Galway	0:22:29	103	29:58	7:23	111	0:49:52	98	24.07	4:23	106	0:39:47	101	7:57	2:03:53	0:44:10
103	2119	Caroline Gavin	IRL	0:22:08	97	29:29	6:10	104	0:57:13	111	20.98	5:11	112	0:36:32	92	7:18	2:07:12	0:47:29
104	2150	Frances Williams	GBR	0:26:26	110	35:13	6:17	105	1:00:08	113	19.96	3:49	99	0:36:00	90	7:11	2:12:37	0:52:54
DNF	2093	Denise Farrelly	IRL	0:28:56	114	38:34	5:24	89	0:51:16	102	23.41	4:24	108		0			
DNF	2094	Edel Tierney	IRL		0			0		0			0		0			
DNF	2103	Ciara Murphy	IRL		0			0		0			0		0			
DNF	2100	Barbara Vierling	IRL - Queens Triathlon Club		0			0		0			0		0			
DNF	2078	Mairead Brennan	IRL		0			0		0			0		0			
DNF	2085	Mary Mcevoy	IRL - Blackwater Triathlon Club		0			0		0			0		0			
DNF	2072	Margaret Ryan	IRL - none		0			0		0			0		0			
DNF	2043	Neassa O'malley	IRL		0			0		0			0		0			
DNF	2041	Joanna Cullen	IRL - wicklow tri		0			0		0			0		0			
DNF	2035	Helen Field	GBR		0			0		0			0		0			
DNF	2036	Kate Mcneill	GBR		0			0		0			0		0			
DNF	2048	Jackie Hudson	IRL - Wicklow		0			0		0			0		0			
DNF	2046	Sharon Mcguire	IRL		0			0		0			0		0			
DNF	2062	Miriam Smyth	IRL - blackwater triathlon club		0			0		0			0		0			
DNF	2057	Aoife Cushen	IRL		0			0		0			0		0			
DNF	2058	Eimear Fitzmaurice	IRL		0			0		0			0		0			
DNF	2059	Ellie Powell	IRL - Galway Triathlon Club		0			0		0			0		0			
DNF	2020	Katalin Zag	HUN - TriCW		0			0		0			0		0			
DNF	2028	Amy Lee	IRL		0			0		0			0		0			
DNF	2025	Claire Burns	IRL - QUB tri		0			0		0			0		0			
DNF	2156	Emma Grenham	IRL		0			0		0			0		0			
DNF	2120	Lorna Keenan	IRL - None		0			0		0			0		0			
DNF	2121	Claire Quinn	IRL - Cork Triathlon Club		0			0		0			0		0			
DNF	2116	Miriam Moroney	IRL		0			0		0			0		0			
DNF	2133	Angela Brennan	IRL		0			0		0			0		0			
DNF	2129	Patricia Johnson	IRL - n/a		0			0		0			0		0			
DNF	2388	Louise Hogan	IRL		0			0		0			0		0			
DSQ	2390	Grainne Mcguckian	IRL - Wicklow	0:13:10	6	17:32	3:42	19	0:40:39	30	29.53	2:24	20		0			
DSQ	2034	Marie Attridge	IRL - Unattached	0:12:24	3	16:31	3:58	31	0:41:20	36	29.03	2:49	56		0			
DSQ	2111	Annelies Pletsers	BEL - Trinity College Triathlon	0:16:28	37	21:56	3:26	11	0:39:24	14	30.46	2:03	4		0			
DSQ	2076	Alicja Mazurkiewicz	POL	0:16:37	41	22:08	3:11	6	0:39:31	17	30.37	2:29	29		0			
DSQ	2055	Sarah Mulkerrins	IRL - Pulse	0:15:43	31	20:56	3:49	22	0:40:24	25	29.71	2:48	55		0			
DSQ	2090	Anna Edgeworth	IRL	0:13:57	15	18:35	5:29	90	0:45:23	71	26.45	2:48	54		0			
DSQ	2071	Orla Donnelly	IRL	0:18:43	73	24:57	5:59	101	0:47:32	82	25.25	3:13	81		0			
DSQ	2106	Aishling Barry	IRL - cavan tri	0:20:15	89	26:59	5:19	84	0:46:39	76	25.72	4:21	105		0			
DSQ	2142	Fiona Eason	GBR	0:13:00	4	17:19	4:18	49	0:55:03	109	21.80	10:32	114		0			
DSQ	2092	Claire Lynch	IRL	0:26:49	111	35:44	8:27	113	1:12:45	114	16.50	6:17	113		0			
DSQ	2393	Emma Skehan	IRL		0			0		0			0		0			
DSQ	2394	Helen Lanigan	IRL		0			0		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2224	Julie Anne Bowden	IRL		0			0		0			0	10:07:07	92	1:25	1:20:15	
2	2180	Tamara Maxantova	CZE	0:14:53	13	19:50	3:17	3	0:36:18	1	33.07	2:34	16	0:24:56	5	4:59	1:21:55	0:01:40
3	2159	Catrina O Donohoe	IRL - Athlone tri club	0:13:07	6	17:28	2:51	1	0:40:32	17	29.61	2:27	10	0:25:05	6	5:00	1:24:01	0:03:46
4	2157	Deirdre Hough	IRL - Wicklow	0:16:00	31	21:19	3:26	9	0:37:33	4	31.97	2:54	48	0:25:26	8	5:05	1:25:17	0:05:02
5	2177	Rachael Maloney	IRL - liquid motion	0:16:42	43	22:15	3:31	14	0:36:20	2	33.04	2:34	17	0:26:27	18	5:17	1:25:32	0:05:17
6	2407	Yseult Whitaker	IRL	0:14:27	10	19:15	3:58	27	0:41:03	24	29.24	2:19	4	0:25:24	7	5:04	1:27:10	0:06:55
7	2208	Jane O'connell	IRL - none	0:14:02	7	18:41	3:31	13	0:39:03	9	30.74	2:44	35	0:28:39	33	5:43	1:27:55	0:07:40
8	2168	Doris Laepple	IRL - Galway Tri Club	0:17:16	59	23:00	3:23	6	0:37:46	5	31.79	2:33	14	0:27:17	25	5:27	1:28:12	0:07:57
9	2222	Alma Hanevy	IRL - Pulse	0:15:43	26	20:56	4:13	32	0:39:40	11	30.25	2:36	24	0:26:03	12	5:12	1:28:13	0:07:58
10	2201	Michelle O'sullivan	IRL - Limerick Tri	0:16:46	47	22:20	3:55	25	0:38:12	7	31.42	2:23	7	0:27:08	24	5:25	1:28:22	0:08:07
11	2165	Fiona Breen	IRL	0:15:17	19	20:22	3:24	8	0:41:05	25	29.21	2:34	18	0:26:18	17	5:15	1:28:35	0:08:20
12	2267	Noelle Mollohan	IRL - 247 Letterkenny	0:16:34	40	22:04	3:35	17	0:39:26	10	30.44	2:38	27	0:27:00	22	5:23	1:29:11	0:08:56
13	2196	Georgina Molloy	IRL - 3D	0:15:25	21	20:32	3:32	15	0:42:07	32	28.50	2:35	23	0:26:07	14	5:13	1:29:44	0:09:29
14	2414	Orla Doogan	IRL - Pulse	0:16:45	46	22:19	3:45	20	0:40:50	20	29.39	2:41	30	0:25:58	11	5:11	1:29:56	0:09:41
15	2419	Sheila Mullins	IRL - Fingal Tri	0:16:55	51	22:32	3:30	12	0:40:53	21	29.36	2:08	1	0:26:44	19	5:20	1:30:08	0:09:53
16	2277	Tara Doyle	IRL	0:15:49	27	21:04	3:46	21	0:40:10	15	29.88	2:34	15	0:28:32	32	5:42	1:30:48	0:10:33
17	2190	Anna Novotna	CZE	0:14:32	11	19:22	5:01	57	0:42:21	35	28.34	3:24	76	0:25:36	9	5:07	1:30:52	0:10:37
18	2250	Elaine Smith	IRL	0:15:36	25	20:47	4:51	51	0:41:40	27	28.80	3:00	54	0:26:15	16	5:15	1:31:21	0:11:06
19	2219	Janet Keating	IRL - Phoenix Flamers	0:15:06	17	20:07	4:44	48	0:39:41	12	30.24	3:25	78	0:28:29	31	5:41	1:31:24	0:11:09
20	2259	Martina O Mahoney	IRL - None	0:17:02	54	22:41	3:21	5	0:44:52	56	26.75	2:34	19	0:23:49	1	4:45	1:31:36	0:11:21
21	2396	Tanya O'neill	IRL - midland triathlon club	0:06:02	1	8:02	5:44	77	0:44:57	58	26.70	3:47	87	0:31:27	62	6:17	1:31:56	0:11:41
22	2284	Orla Foley	IRL - Limerick	0:15:09	18	20:10	4:11	30	0:42:33	37	28.21	2:46	42	0:27:37	26	5:31	1:32:13	0:11:58
23	2269	Deirdre Manning	IRL	0:16:13	36	21:37	5:08	62	0:42:20	34	28.35	3:40	85	0:24:55	4	4:58	1:32:14	0:11:59
24	2283	Sinead O Sullivan	IRL	0:15:01	16	20:01	4:57	53	0:43:49	47	27.39	2:24	9	0:26:58	21	5:23	1:33:07	0:12:52
25	2217	Noeleen Bourke	IRL - Midland Triathlon Club	0:16:03	33	21:23	4:12	31	0:41:37	26	28.84	2:42	34	0:29:12	39	5:50	1:33:43	0:13:28
26	2218	Sibeal Waldron	IRL - Sportsworld	0:16:33	39	22:02	4:16	34	0:44:22	54	27.06	3:11	69	0:25:42	10	5:08	1:34:02	0:13:47
27	2221	Aoibheann O Malley	IRL	0:16:38	41	22:09	4:38	44	0:42:35	38	28.18	2:16	3	0:27:59	28	5:35	1:34:04	0:13:49
28	2207	Rhona Momenamin	IRL	0:15:59	28	21:18	3:54	24	0:41:00	22	29.28	3:05	62	0:30:12	49	6:02	1:34:08	0:13:53
29	2176	Denise O' Sullivan	IRL	0:15:28	23	20:36	5:31	72	0:40:32	16	29.62	3:24	77	0:30:11	48	6:02	1:35:04	0:14:49
30	2242	Dervla Owens	IRL	0:19:31	78	26:00	3:55	26	0:39:51	13	30.11	2:38	28	0:29:10	37	5:49	1:35:04	0:14:49
31	2238	Marie Sheehan	IRL - na	0:18:30	72	24:38	5:50	82	0:42:02	31	28.55	2:53	46	0:26:05	13	5:12	1:35:18	0:15:03
32	2237	Amanda Grady	IRL - 3D	0:20:04	81	26:44	5:11	64	0:37:58	6	31.61	3:13	70	0:29:11	38	5:50	1:35:35	0:15:20
33	2248	Claire Vaughan	IRL	0:17:30	63	23:19	5:35	74	0:40:07	14	29.92	5:31	96	0:26:54	20	5:22	1:35:36	0:15:21
34	2282	Selene Kinahan	IRL	0:16:00	29	21:18	8:35	94	0:41:46	28	28.73	3:09	67	0:26:10	15	5:13	1:35:38	0:15:23
35	2273	Joya Dunne-Burns	IRL	0:16:47	48	22:22	3:27	10	0:42:39	40	28.14	2:35	22	0:30:14	50	6:02	1:35:40	0:15:25
36	2213	Edel Larkin	IRL - Athlone	0:18:02	69	24:01	3:19	4	0:41:58	30	28.60	3:02	58	0:29:23	40	5:52	1:35:41	0:15:26
37	2281	Deirdre Walsh	IRL - trilogy	0:14:57	14	19:55	3:40	19	0:42:53	41	27.99	3:26	80	0:31:12	59	6:14	1:36:06	0:15:51
38	2167	Siobhan Whyte	IRL	0:19:05	74	25:25	4:16	35	0:40:42	18	29.50	2:47	44	0:29:35	42	5:54	1:36:23	0:16:08
39	2178	Oonagh Horgan	IRL	0:16:43	44	22:16	4:40	46	0:43:33	45	27.56	3:07	65	0:28:22	30	5:40	1:36:23	0:16:08
40	2187	Caroline Cashin	IRL - 3D	0:13:05	5	17:25	4:29	40	0:43:55	49	27.33	3:06	64	0:32:07	69	6:25	1:36:40	0:16:25
41	2227	Caoimhe Guilfoyle	IRL - Wicklow Triathlon Club	0:16:11	35	21:34	4:13	33	0:43:34	46	27.55	2:35	20	0:30:28	53	6:05	1:36:59	0:16:44
42	2257	Nicola Henson	IRL	0:17:43	65	23:36	4:02	29	0:42:26	36	28.29	2:36	25	0:30:28	52	6:05	1:37:12	0:16:57
43	2162	Michelle Heraughty	IRL	0:17:09	58	22:51	4:41	47	0:43:20	44	27.70	2:41	31	0:29:24	41	5:52	1:37:13	0:16:58
44	2210	Susan Wall	IRL - Trilogy	0:16:00	30	21:19	3:36	18	0:41:50	29	28.69	3:04	61	0:32:52	75	6:34	1:37:20	0:17:05
45	2241	Helen Divilly	IRL	0:15:31	24	20:41	5:49	79	0:46:34	68	25.78	2:28	11	0:27:08	23	5:25	1:37:29	0:17:14
46	2266	Emma Mooney	IRL	0:17:55	68	23:53	5:05	60	0:43:53	48	27.35	2:46	41	0:28:01	29	5:36	1:37:38	0:17:23
47	2252	Lorraine Naughton	IRL	0:14:37	12	19:29	4:33	42	0:46:00	61	26.09	2:44	37	0:29:49	45	5:57	1:37:42	0:17:27
48	2226	Grace Buggle	IRL	0:20:05	82	26:46	5:15	65	0:43:56	51	27.32	4:24	92	0:24:23	2	4:52	1:38:02	0:17:47
49	2183	Paula Mc Gowan	IRL	0:12:57	4	17:15	5:43	76	0:43:56	50	27.32	3:18	72	0:32:23	70	6:28	1:38:15	0:18:00
50	2235	Aoife Ahern	IRL	0:16:56	53	22:34	4:31	41	0:44:18	53	27.09	2:47	43	0:29:58	46	5:59	1:38:28	0:18:13
51	2261	Lucy Ashmore	IRL	0:15:26	22	20:33	4:25	38	0:42:16	33	28.40	2:57	51	0:33:50	81	6:45	1:38:52	0:18:37
52	2184	Louise Roddy	IRL - 24/7 triathlon club	0:19:33	79	26:03	3:28	11	0:42:35	39	28.18	2:44	38	0:31:12	60	6:14	1:39:31	0:19:16

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Results: Categories

Open: Sprint: Open Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
53	2158	Louise Bennett	IRL	0:17:54	67	23:50	3:52	23	0:44:07	52	27.20	2:19	5	0:31:34	64	6:18	1:39:45	0:19:30
54	2280	Joanne Noone	IRL	0:14:16	8	19:00	5:50	81	0:46:25	66	25.85	2:48	45	0:30:58	57	6:11	1:40:16	0:20:01
55	2279	Michelle Baker	IRL	0:16:04	34	21:24	7:55	92	0:44:38	55	26.89	2:53	47	0:28:56	36	5:47	1:40:24	0:20:09
56	2194	Lisette Von Raesfeldt	IRL - NA	0:25:05	94	33:26	4:20	36	0:40:43	19	29.48	3:21	73	0:27:59	27	5:35	1:41:25	0:21:10
57	2199	Katrina Meagher	IRL - 3D	0:18:38	73	24:49	5:00	56	0:43:11	43	27.79	3:36	83	0:31:53	67	6:22	1:42:17	0:22:02
58	2240	Deirdre Murphy	IRL	0:16:52	50	22:28	5:32	73	0:47:49	77	25.10	2:32	13	0:29:36	43	5:55	1:42:19	0:22:04
59	2212	Dee Mc Veigh	IRL	0:16:56	52	22:34	5:50	80	0:47:18	72	25.38	3:50	89	0:28:44	34	5:44	1:42:35	0:22:20
60	2228	Deirdre O' Donoghue	IRL		0			0		0			0	10:29:51	93	5:58	1:42:59	0:22:44
61	2264	Julia Stanton	GBR - Team Stout	0:17:05	57	22:45	5:16	67	0:45:24	60	26.43	3:54	90	0:31:35	65	6:18	1:43:12	0:22:57
62	2198	Deirdre Lowry	IRL	0:19:22	77	25:48	5:05	59	0:47:10	71	25.44	3:07	66	0:28:55	35	5:46	1:43:38	0:23:23
63	2239	Bronagh O'gara	IRL - 24/7 Letterkenny	0:16:51	49	22:27	3:23	7	0:57:00	97	21.06	2:37	26	0:24:46	3	4:57	1:44:35	0:24:20
64	2160	Elizabeth Hickey	IRL	0:19:36	80	26:07	5:46	78	0:46:03	62	26.06	2:21	6	0:30:56	56	6:11	1:44:41	0:24:26
65	2265	Cathriona Fallon	IRL	0:19:07	75	25:29	4:46	50	0:49:03	81	24.47	2:23	8	0:29:38	44	5:55	1:44:55	0:24:40
66	2169	Jean Casey	IRL	0:16:29	37	21:58	5:17	69	0:47:31	74	25.26	3:02	55	0:33:23	79	6:40	1:45:40	0:25:25
67	2173	Kathry Thomas	IRL	0:17:31	64	23:21	6:08	83	0:47:08	70	25.46	3:29	81	0:31:38	66	6:19	1:45:52	0:25:37
68	2249	Joanna Macklin	IRL	0:16:31	38	22:00	5:00	55	0:49:53	85	24.06	3:03	59	0:32:01	68	6:24	1:46:26	0:26:11
69	2225	Caroline Boyce	IRL	0:17:16	60	23:01	4:44	49	0:45:03	59	26.64	4:26	93	0:35:25	85	7:04	1:46:53	0:26:38
70	2195	Margaret Phelan	IRL	0:21:00	85	27:59	4:40	45	0:47:56	79	25.04	2:46	40	0:30:45	55	6:08	1:47:05	0:26:50
71	2399	Carmel Farrell	IRL	0:15:17	20	20:22	5:09	63	0:54:10	95	22.16	2:42	33	0:29:59	47	5:59	1:47:15	0:27:00
72	2272	Susanne Meares	IRL	0:17:44	66	23:37	8:26	93	0:46:07	63	26.02	2:31	12	0:32:39	73	6:31	1:47:25	0:27:10
73	2170	Lorraine Gallagher	IRL - N/A	0:17:04	56	22:44	5:17	68	0:49:43	82	24.14	2:45	39	0:32:52	76	6:34	1:47:39	0:27:24
74	2175	Sarah McClelland	IRL	0:17:03	55	22:43	6:33	85	0:49:45	83	24.12	3:45	86	0:30:40	54	6:07	1:47:45	0:27:30
75	2161	Orla Quinn	IRL	0:21:22	89	28:28	5:15	66	0:46:33	67	25.78	2:44	36	0:33:03	78	6:36	1:48:56	0:28:41
76	2229	Marie O'brien	IRL - Triathlon Ireland	0:24:50	93	33:06	4:21	37	0:46:14	65	25.96	2:41	32	0:31:04	58	6:12	1:49:07	0:28:52
77	2236	Benita Meagher	IRL	0:16:43	45	22:16	6:16	84	0:50:56	88	23.57	3:06	63	0:32:37	72	6:31	1:49:35	0:29:20
78	2215	Deirdre Searson	IRL	0:18:18	70	24:23	7:28	90	0:46:08	64	26.01	3:10	68	0:34:33	83	6:54	1:49:36	0:29:21
79	2204	Aisling Hughes	IRL - None	0:21:03	87	28:02	7:18	88	0:47:28	73	25.29	3:48	88	0:30:16	51	6:03	1:49:51	0:29:36
80	2271	Niamh Oman	IRL - Pulse Triathlon Club	0:16:38	42	22:09	5:27	70	0:47:43	76	25.16	3:29	82	0:37:00	87	7:23	1:50:15	0:30:00
81	2230	Paula Donoghue	IRL	0:27:31	96	36:40	4:52	52	0:44:54	57	26.73	2:55	49	0:31:23	61	6:16	1:51:34	0:31:19
82	2244	Roisin Boland	IRL	0:17:22	61	23:08	5:08	61	0:46:38	69	25.74	3:16	71	0:39:26	89	7:53	1:51:47	0:31:32
83	2197	Nicola Gill	IRL	0:20:28	84	27:17	7:01	87	0:50:21	86	23.84	2:59	53	0:31:33	63	6:18	1:52:19	0:32:04
84	2182	Fiona Kelly	IRL - Athlone	0:12:53	2	17:10	5:05	58	0:53:25	93	22.47	3:37	84	0:38:49	88	7:45	1:53:47	0:33:32
85	2245	Paula Rochford	IRL	0:22:12	91	29:34	6:41	86	0:48:56	80	24.53	3:02	57	0:33:31	80	6:42	1:54:20	0:34:05
86	2278	Siobhan Beecher	IRL - 3D	0:21:02	86	28:01	10:26	96	0:47:54	78	25.06	4:23	91	0:32:44	74	6:32	1:56:26	0:36:11
87	2253	Lorraine Flanagan	IRL - Fingal tri	0:23:04	92	30:44	4:27	39	0:51:02	89	23.52	2:56	50	0:35:03	84	7:00	1:56:30	0:36:15
88	2191	Jacqueline Hora	IRL	0:15:00	15	19:59	7:29	91	0:53:03	92	22.62	4:38	94	0:36:35	86	7:18	1:56:43	0:36:28
89	2285	Ciara Burke	IRL	0:20:09	83	26:51	7:24	89	0:53:27	94	22.45	3:25	79	0:32:29	71	6:29	1:56:53	0:36:38
90	2274	Adrianna Liuzzi	IRL	0:25:24	95	33:51	5:39	75	0:50:47	87	23.63	3:04	60	0:32:53	77	6:34	1:57:45	0:37:30
91	2209	April Burrell	IRL	0:21:13	88	28:16	5:00	54	0:55:16	96	21.72	3:23	75	0:42:16	90	8:27	2:07:05	0:46:50
92	2260	Bernadette Quigley	IRL	0:28:01	97	37:20	11:25	97	0:49:48	84	24.10	5:28	95	0:34:02	82	6:48	2:08:41	0:48:26
93	2192	Jacqueline Tuck	IRL	0:19:10	76	25:33	9:49	95	0:52:51	91	22.71	6:45	97	0:44:46	91	8:57	2:13:19	0:53:04
DNF	2193	Michelle Browne	IRL		0			0		0			0		0			
DNF	2188	Ellis Murphy	IRL		0			0		0			0		0			
DNF	2181	Tanya Mc Garry	IRL		0			0		0			0		0			
DNF	2179	Jane Crowley	IRL		0			0		0			0		0			
DNF	2185	Lynne Redmond	IRL - wicklow tri		0			0		0			0		0			
DNF	2186	Dympna Drought	IRL - Pulse		0			0		0			0		0			
DNF	2200	Caitriona O'reilly	IRL		0			0		0			0		0			
DNF	2205	Mary Burke	IRL		0			0		0			0		0			
DNF	2203	Michele Allen	IRL		0			0		0			0		0			
DNF	2163	Deirdre Henn	IRL		0			0		0			0		0			
DNF	2164	Catherine O Donoghue	IRL		0			0		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	2172	Claire Fitzsimons	IRL		0			0		0			0		0			
DNF	2262	Marion Dowling	IRL		0			0		0			0		0			
DNF	2263	Celine McPhillips	IRL - Setanta		0			0		0			0		0			
DNF	2258	Diana Hogan-Murphy	IRL - Cavan Triathlon Club		0			0		0			0		0			
DNF	2270	Mary Hill	IRL		0			0		0			0		0			
DNF	2254	Joanne O' Grady	IRL		0			0		0			0		0			
DNF	2255	Helen Beecher	IRL - 3D		0			0		0			0		0			
DNF	2256	Aileen O' Reilly	IRL - Athlone Triathlon Club		0			0		0			0		0			
DNF	2243	Kershni Moodley	IRL		0			0		0			0		0			
DNF	2246	Louise O' Brien	IRL - Midland		0			0		0			0		0			
DNF	2206	Suzanne Sheehy	IRL		0			0		0			0		0			
DNF	2211	Lisa Larkin	IRL		0			0		0			0		0			
DNF	2216	Olwen Daly	IRL		0			0		0			0		0			
DNF	2214	Julia Carroll	IRL		0			0		0			0		0			
DNF	2231	Antonia Melvin	IRL - 3D		0			0		0			0		0			
DNF	2232	Olga Browne	IRL		0			0		0			0		0			
DNF	2233	Odel Macmonagle	IRL		0			0		0			0		0			
DNF	2234	Aisling Crowley	IRL		0			0		0			0		0			
DNF	2223	Jennifer Conroy	IRL		0			0		0			0		0			
DNF	2276	Susan Mitchell	IRL		0			0		0			0		0			
DNF	2397	Sinead Foley	IRL		0			0		0			0		0			
DSQ	2174	Loraine Creane	IRL - Wicklow Triathlon Club	0:12:57	3	17:15	3:33	16	0:37:22	3	32.11	2:10	2		0			
DSQ	2251	Caroline Shinnars	IRL - Naas	0:16:02	32	21:22	3:06	2	0:38:57	8	30.81	2:35	21		0			
DSQ	2398	Barbara Casey	IRL - N/a	0:14:22	9	19:08	3:46	22	0:42:58	42	27.94	2:57	52		0			
DSQ	2220	Joanne Charles	IRL	0:18:28	71	24:36	4:00	28	0:41:02	23	29.25	3:02	56		0			
DSQ	2247	Jenny Kane	IRL	0:21:22	90	28:29	4:36	43	0:47:35	75	25.23	2:39	29		0			
DSQ	2171	Emer Kilmartin	IRL - Athlone	0:17:23	62	23:09	5:28	71	0:52:28	90	22.88	3:23	74		0			
DSQ	2166	Anita Flanagan	IRL		0			0		0			0		0			

Open: Sprint: Open Women 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2298	Marie Louise Johnston	IRL - midland triathlon club	0:12:45	1	16:58	3:09	1	0:37:38	2	31.90	2:38	9	0:24:47	5	4:57	1:20:54	
2	2318	Marie Keane	IRL - Naas Triathlon Club	0:15:39	9	20:51	3:25	3	0:37:14	1	32.23	2:34	5	0:22:32	2	4:30	1:21:22	0:00:28
3	2294	Kiwana Ennis	IRL - 3D	0:16:04	11	21:24	4:15	14	0:40:48	8	29.41	2:37	8	0:23:41	3	4:44	1:27:23	0:06:29
4	2306	Helen Dixon	IRL - T3	0:17:41	25	23:34	3:18	2	0:40:03	3	29.97	2:32	4	0:25:01	6	5:00	1:28:34	0:07:40
5	2323	Ray Greene	IRL	0:19:21	28	25:47	5:38	27	0:44:49	25	26.78	2:57	18	0:16:16	1	3:15	1:28:59	0:08:05
6	2305	Carolinhe Wharton	IRL - Pulse	0:16:39	15	22:11	3:39	5	0:41:08	11	29.18	2:40	11	0:25:08	7	5:01	1:29:13	0:08:19
7	2299	Aisling Flanagan	IRL - Athlone	0:16:56	19	22:33	3:30	4	0:41:06	10	29.20	2:35	7	0:26:48	9	5:21	1:30:52	0:09:58
8	2290	Aoibheann Bartley	IRL - cavan triathlon club	0:14:27	5	19:14	3:44	7	0:40:29	5	29.65	3:00	19	0:29:26	18	5:53	1:31:04	0:10:10
9	2311	Mary Mc Inerney	IRL	0:19:54	32	26:30	4:10	13	0:40:35	6	29.57	2:14	1	0:24:21	4	4:52	1:31:11	0:10:17
10	2302	Nicola Harford	IRL - Pulse	0:15:25	8	20:32	3:59	12	0:43:41	21	27.47	3:04	21	0:26:45	8	5:20	1:32:52	0:11:58
11	2293	Barbara Clinton	IRL	0:18:05	27	24:06	4:46	20	0:40:57	9	29.31	2:29	3	0:27:14	10	5:26	1:33:30	0:12:36
12	2319	Alison Farrell	IRL	0:15:12	7	20:16	4:22	16	0:43:18	19	27.72	3:14	23	0:28:21	13	5:40	1:34:24	0:13:30
13	2315	Anne Fleming	IRL	0:16:48	16	22:22	3:53	11	0:43:10	18	27.80	3:01	20	0:28:13	12	5:38	1:35:03	0:14:09
14	2300	Clare Brett	IRL - Athlone Triathlon Club	0:16:19	12	21:44	4:42	19	0:42:40	16	28.13	2:42	12	0:29:09	16	5:49	1:35:30	0:14:36
15	2312	Miriam Dunne	IRL	0:16:48	17	22:23	5:44	29	0:40:43	7	29.48	2:39	10	0:30:02	21	6:00	1:35:55	0:15:01
16	2328	Dearbhail Gibney	IRL	0:17:31	23	23:20	5:33	26	0:41:27	13	28.96	3:17	26	0:28:43	14	5:44	1:36:28	0:15:34
17	2313	Sonya Earls	IRL - n/a	0:15:11	6	20:13	3:42	6	0:42:52	17	27.99	3:20	29	0:31:55	24	6:22	1:36:58	0:16:04
18	2335	Louise Dunphy	IRL	0:16:33	14	22:03	4:52	22	0:44:26	23	27.01	3:16	24	0:29:01	15	5:48	1:38:06	0:17:12
19	2320	Rosie Foley	IRL	0:13:41	3	18:14	5:12	23	0:43:26	20	27.63	2:35	6	0:33:48	27	6:45	1:38:41	0:17:47
20	2329	Susan Naughton	IRL - Athlone	0:13:11	2	17:33	4:17	15	0:49:39	33	24.17	2:45	13	0:29:21	17	5:52	1:39:11	0:18:17
21	2288	Fiona Moloney	IRL - Piranha	0:20:36	36	27:27	4:40	17	0:41:19	12	29.04	3:29	30	0:29:30	20	5:53	1:39:33	0:18:39

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Women 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
22	2325	Niamh Manley	IRL - Carlow		0			0		0			0	10:28:03	37	5:36	1:41:11	0:20:17
23	2308	Karen O'connor	IRL	0:20:14	34	26:57	5:26	24	0:44:55	26	26.72	2:56	17	0:27:43	11	5:32	1:41:12	0:20:18
24	2333	Katherine Begley	IRL	0:17:07	20	22:48	4:42	18	0:45:01	27	26.66	4:16	37	0:31:54	23	6:22	1:42:58	0:22:04
25	2310	Mary Oconnor	IRL	0:16:29	13	21:58	4:51	21	0:45:51	31	26.18	3:18	28	0:33:50	28	6:45	1:44:16	0:23:22
26	2286	Elaine Keavey	IRL	0:17:43	26	23:36	6:44	34	0:46:44	32	25.68	4:14	36	0:29:28	19	5:53	1:44:51	0:23:57
27	2316	Sonya Fitzgerald	IRL	0:17:25	22	23:12	5:43	28	0:45:49	29	26.20	3:56	33	0:33:39	25	6:43	1:46:30	0:25:36
28	2326	Luan Riach	GBR - TRI TALK.CO.UK	0:19:33	30	26:02	5:29	25	0:42:08	15	28.48	4:00	34	0:35:35	31	7:06	1:46:43	0:25:49
29	2330	Sandra O Hagan	IRL - Setanta	0:20:01	33	26:41	6:24	33	0:44:05	22	27.23	3:56	32	0:33:45	26	6:44	1:48:09	0:27:15
30	2307	Lorraine Butler	IRL - Midland Tri	0:17:18	21	23:03	3:51	9	0:51:40	37	23.23	2:52	15	0:34:43	30	6:56	1:50:22	0:29:28
31	2304	Sara Gibson	IRL	0:16:52	18	22:28	7:18	35	0:44:44	24	26.83	5:41	40	0:43:32	36	8:42	1:58:04	0:37:10
32	2331	Martina Smith	IRL - 3D	0:29:35	39	39:26	8:04	37	0:45:37	28	26.31	3:43	31	0:31:29	22	6:17	1:58:26	0:37:32
33	2334	Lynn Warnock	IRL	0:20:28	35	27:16	8:42	39	0:50:36	35	23.72	4:12	35	0:36:00	32	7:11	1:59:55	0:39:01
34	2292	Ciara Mangan	IRL	0:26:05	38	34:46	5:50	30	0:51:05	36	23.50	2:55	16	0:34:37	29	6:55	2:00:29	0:39:35
35	2296	Ciona Glendon	IRL	0:19:50	31	26:26	6:22	32	0:55:05	39	21.79	5:25	38	0:37:14	33	7:26	2:03:53	0:42:59
36	2289	Jenny Kelly	IRL	0:24:55	37	33:13	8:21	38	1:04:38	40	18.57	3:17	27	0:37:53	34	7:34	2:19:02	0:58:08
37	2309	Sorcha Dawson	IRL	0:36:56	40	49:13	10:40	40	0:53:41	38	22.36	5:30	39	0:41:43	35	8:20	2:28:28	1:07:34
DNF	2324	Orla Kilraine	IRL - Predator Tri Club		0			0		0			0		0			
DNF	2321	Caitriona Finn	IRL		0			0		0			0		0			
DNF	2322	Vanessa Fenton	IRL - 3dtri cloub		0			0		0			0		0			
DNF	2332	Rachel Martin	IRL - Pirahna		0			0		0			0		0			
DNF	2287	Helena Kelly	IRL - Wicklow Tri		0			0		0			0		0			
DNF	2297	Orla Mcclean	IRL		0			0		0			0		0			
DNF	2291	Derval Devaney	IRL - N/A		0			0		0			0		0			
DNF	2303	Mary Ward	IRL - Pulse Tri		0			0		0			0		0			
DNF	2301	Daniela Magnetti	IRL		0			0		0			0		0			
DSQ	2327	Grainne Read	IRL	0:13:50	4	18:26	3:52	10	0:41:44	14	28.76	2:21	2		0			
DSQ	2314	Oonagh Collins	IRL	0:15:47	10	21:02	3:49	8	0:40:04	4	29.96	3:12	22		0			
DSQ	2317	Claire Murphy	IRL	0:17:33	24	23:22	5:56	31	0:45:49	30	26.19	2:48	14		0			
DSQ	2295	Ita Boyle	IRL - cavan triathlon club	0:19:22	29	25:48	7:22	36	0:49:57	34	24.02	3:17	25		0			

Open: Sprint: Open Women 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2363	Anne O'leary	IRL - Piranha	0:11:54	1	15:51	2:40	1	0:36:43	1	32.69	2:16	1	0:22:46	1	4:33	1:16:16	
2	2352	Paula Humby	IRL	0:15:29	4	20:37	3:27	2	0:40:48	4	29.41	2:48	6	0:25:24	2	5:04	1:27:53	0:11:37
3	2337	Orla Mcevoy	IRL - pirahna	0:16:28	8	21:56	5:12	9	0:40:16	3	29.81	4:19	17	0:27:46	4	5:33	1:33:58	0:17:42
4	2336	Leonie Merrick	IRL - none	0:15:49	6	21:04	4:01	5	0:43:07	7	27.84	3:41	13	0:28:38	5	5:43	1:35:14	0:18:58
5	2360	Irene O'connor	IRL - Pulse	0:18:37	13	24:48	5:45	11	0:43:49	9	27.39	2:43	4	0:25:25	3	5:04	1:36:17	0:20:01
6	2405	Caroline Randeria	GBR	0:13:36	2	18:06	3:57	3	0:43:36	8	27.53	3:21	10	0:32:16	12	6:27	1:36:43	0:20:27
7	2338	Mary Cahill	IRL	0:15:27	3	20:34	4:00	4	0:45:01	12	26.66	2:47	5	0:29:51	7	5:58	1:37:03	0:20:47
8	2346	Celeste Marin	IRL - T3	0:17:02	10	22:42	5:48	12	0:40:13	2	29.84	3:11	9	0:31:37	8	6:19	1:37:50	0:21:34
9	2348	Martina Madden	IRL	0:17:36	11	23:27	4:32	8	0:41:31	6	28.91	2:35	3	0:32:11	11	6:26	1:38:24	0:22:08
10	2351	Bairbre Hickey	IRL - Cork Tri		0			0		0			0	10:27:05	19	5:25	1:40:13	0:23:57
11	2353	Mairin Higgins	IRL	0:18:37	14	24:48	4:30	7	0:46:15	15	25.95	2:29	2	0:28:45	6	5:44	1:40:34	0:24:18
12	2350	Lilly Muldoon	IRL - Predator	0:19:33	15	26:04	4:07	6	0:41:23	5	29.01	3:07	8	0:32:53	14	6:34	1:41:02	0:24:46
13	2361	Paula Trench	IRL	0:17:52	12	23:49	5:59	14	0:43:51	10	27.37	2:51	7	0:32:24	13	6:28	1:42:55	0:26:39
14	2339	Annette Pender	IRL	0:16:17	7	21:41	5:59	13	0:45:02	13	26.65	3:28	11	0:34:36	16	6:55	1:45:20	0:29:04
15	2340	Nuala Lawless	IRL - Pulse triathlon club	0:23:21	19	31:07	7:20	17	0:44:34	11	26.93	3:49	14	0:32:02	10	6:24	1:51:04	0:34:48
16	2362	Eleanor Mcdermott	IRL	0:20:09	16	26:51	11:09	18	0:46:06	14	26.03	4:12	16	0:33:46	15	6:45	1:55:21	0:39:05
17	2349	Martina Ring	IRL	0:15:36	5	20:46	5:29	10	0:47:27	16	25.30	3:54	15	0:43:40	18	8:43	1:56:03	0:39:47
18	2357	Jacqueline Henry	IRL	0:22:08	18	29:30	6:47	16	0:52:02	18	23.06	3:31	12	0:32:00	9	6:23	1:56:28	0:40:12
19	2355	Antoinette Burke	IRL - none	0:22:04	17	29:25	6:41	15	0:49:50	17	24.09	5:17	18	0:37:38	17	7:31	2:01:28	0:45:12
DNF	2344	Monica Da Polenza	ITA - AWCYCLE.CO.UK	0:16:34	9	22:05	20:51	19		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Women 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	2345	Susan Olden	IRL		0			0		0			0		0			
DNF	2341	Sheila Kilduff	IRL		0			0		0			0		0			
DNF	2342	Esther Fuchsbauer	IRL		0			0		0			0		0			
DNF	2343	Brenda Carey	IRL		0			0		0			0		0			
DNF	2356	Niamh Patterson	IRL - None		0			0		0			0		0			
DNF	2359	Catherine O'Brien	IRL		0			0		0			0		0			
DNF	2347	Miriam Delahun	IRL - Trinity College Dublin Triathlon		0			0		0			0		0			
DNF	2354	Marguerite Hogan	IRL - Midland Triathlon Club		0			0		0			0		0			
DNF	4461	Aoife Dunne	IRL - None		0			0		0			0		0			

Open: Sprint: Open Women 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2376	Caron Mullen	IRL - T3	0:13:48	1	18:23	3:24	1	0:36:29	1	32.90	2:49	1	0:25:52	1	5:10	1:22:21	
2	2368	Anne Hannan	IRL - Olympian	0:18:48	6	25:03	3:37	2	0:37:41	2	31.85	3:10	4	0:27:26	2	5:29	1:30:41	0:08:20
3	2370	Mary Bramley	IRL - muckno	0:14:15	2	18:59	4:51	5	0:41:22	3	29.01	4:10	7	0:30:02	3	6:00	1:34:39	0:12:18
4	2374	Elizabeth Ward	IRL - pulse	0:17:42	5	23:35	4:44	4	0:43:31	4	27.58	3:09	3	0:33:06	6	6:37	1:42:09	0:19:48
5	2373	Ann-Marie Harris	IRL - none	0:16:56	3	22:34	7:00	6	0:45:48	5	26.20	3:46	6	0:31:24	5	6:16	1:44:53	0:22:32
6	2365	Jackie Mccann	IRL	0:17:27	4	23:15	4:40	3	0:48:10	6	24.92	3:24	5	0:38:31	7	7:42	1:52:10	0:29:49
7	2366	Liz Breen	IRL - N/A	0:21:50	7	29:06	8:27	7	0:49:11	7	24.40	2:53	2	0:30:35	4	6:06	1:52:54	0:30:33
8	2371	Fionnuala Lynch	IRL	0:44:21	8	59:07	13:03	8	0:50:43	8	23.67	5:59	8	0:42:22	8	8:28	2:36:26	1:14:05
DNF	2372	Elizabeth O Halloran	IRL - none		0			0		0			0		0			
DNF	2369	Stella Farrell	IRL - Wicklow Tri		0			0		0			0		0			
DNF	2375	Joan Kelly	IRL		0			0		0			0		0			
DNF	2367	Mella Donohoe	IRL - Msc Tri		0			0		0			0		0			

Open: Sprint: Open Women 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2377	Christine Feely	IRL	0:17:32	2	23:21	6:26	1	0:43:43	1	27.46	2:43	1	0:30:29	1	6:05	1:40:51	
2	2378	Kathy Conlon	IRL - Athlone	0:15:24	1	20:32	6:44	3	0:45:22	2	26.45	3:20	2	0:32:48	2	6:33	1:43:38	0:02:47
3	2382	Christine Cooney	IRL	0:20:27	3	27:15	6:39	2	0:46:28	3	25.83	4:00	3	0:36:07	3	7:13	1:53:39	0:12:48
DNF	2380	Carmel Walsh	IRL	0:20:45	4	27:39	12:23	4	2:04:04	4	9.67	7:15	4		0			
DNF	2381	Joy Callender	IRL		0			0		0			0		0			
DNF	2379	Fiona Quinn	IRL		0			0		0			0		0			

Open: Sprint: Open Women 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2383	Aine Ni Fhatharta	IRL	0:26:45	1	35:39	7:07	1	0:45:27	1	26.41	4:51	2	0:36:13	1	7:14	2:00:21	
2	2385	Ann Keating	IRL - None	0:27:08	2	36:09	7:52	2	0:56:17	2	21.32	4:15	1	0:46:08	2	9:13	2:21:38	0:21:17
DNF	2384	Mary Fingleton	IRL - Trilogy		0			0		0			0		0			

Open: Sprint: Open Women 60-64

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2386	Anna Mai Fitzsimons	IRL	0:24:27	1	32:35	7:45	1	1:02:07	1	19.32	4:30	1	0:43:45	1	8:44	2:22:31	

Open: Sprint: Open Men 14-15

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2443	Stephen Rooney	IRL - ennis tri	0:09:41	1	12:54	2:27	1	0:39:35	1	30.32	1:46	1	0:21:47	1	4:21	1:15:15	
2	2445	Connor Mcgrath	IRL	0:17:28	2	23:17	5:12	2	0:42:01	2	28.57	2:21	2	0:30:20	2	6:03	1:37:19	0:22:04
DNF	2444	Louis O Halloran	IRL		0			0		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Men 16-19

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2448	Conor Rooney	IRL - ennis triathlon club	0:09:17	1	12:22	2:09	1	0:35:44	4	33.58	1:47	1	0:23:18	5	4:39	1:12:14	
2	2446	Carl O'reilly	IRL - St Michaels College Enniskillee	0:11:29	5	15:18	3:10	4	0:35:00	3	34.29	2:06	4	0:22:24	3	4:28	1:14:08	0:01:54
3	2455	Mick Kavanagh	IRL - wicklow Tri	0:14:52	7	19:49	3:41	6	0:34:23	2	34.91	1:54	2	0:19:25	1	3:52	1:14:14	0:02:00
4	2456	Joseph Ward	IRL	0:11:13	3	14:56	3:09	3	0:38:23	5	31.27	2:23	8	0:21:43	2	4:20	1:16:50	0:04:36
5	2453	Robert Mckenna	IRL - Athlone Triathlon Club	0:11:13	4	14:56	3:00	2	0:38:37	6	31.08	2:22	7	0:24:29	6	4:53	1:19:39	0:07:25
6	2459	Keith Mccloyghy	IRL	0:14:31	6	19:21	3:24	5	0:34:19	1	34.98	3:04	12	0:25:35	9	5:06	1:20:51	0:08:37
7	2449	David Stokes	IRL	0:10:05	2	13:25	4:11	8	0:41:36	9	28.86	1:58	3	0:23:16	4	4:39	1:21:03	0:08:49
8	2451	Ryan Browne	IRL	0:17:07	9	22:48	3:52	7	0:45:41	11	26.27	2:27	9	0:25:21	8	5:04	1:34:26	0:22:12
9	2460	David Moloney	IRL	0:16:27	8	21:55	6:10	12	0:47:42	12	25.16	3:30	13	0:30:19	11	6:03	1:44:06	0:31:52
10	2452	Jack O Kelly Lynch	IRL	0:26:18	11	35:03	4:44	9	0:44:33	10	26.94	2:18	6	0:27:16	10	5:27	1:45:08	0:32:54
11	2450	Patrick Holloway	IRL	1:36:45	13	8:59	5:01	10	0:39:48	7	30.16	2:36	11	0:25:11	7	5:02	2:49:19	1:37:05
DNF	2454	Dylan Flynn	IRL		0			0		0			0		0			
DSQ	2457	Ciaran Walsh	IRL	0:26:30	12	35:18	6:44	13	0:40:35	8	29.58	2:31	10		0			
DSQ	2458	Ross O'brien	IRL	0:18:05	10	24:06	5:36	11	0:50:24	13	23.81	2:14	5		0			

Open: Sprint: Open Men 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2481	Aidan Murphy	IRL	0:10:08	2	13:30	2:45	4	0:34:05	7	35.22	1:52	4	0:21:42	5	4:20	1:10:30	
2	3500	Guy Polden	IRL	0:13:03	11	17:23	2:44	3	0:32:57	4	36.43	1:49	2	0:21:25	4	4:16	1:11:57	0:01:27
3	2500	Killian Hickey	IRL - Blackwater Tri Club	0:10:01	1	13:20	2:48	5	0:34:12	8	35.10	2:04	7	0:24:05	14	4:48	1:13:08	0:02:38
4	2468	Eoghan Power	IRL - Trilogy	0:14:43	20	19:37	2:29	1	0:34:53	13	34.41	2:03	6	0:20:32	1	4:06	1:14:38	0:04:08
5	2477	Martin Hoare	IRL - EUtri	0:13:44	13	18:18	3:09	10	0:36:11	15	33.17	1:47	1	0:21:15	3	4:14	1:16:04	0:05:34
6	2494	Owen Curran	IRL	0:14:55	22	19:52	3:18	15	0:33:17	5	36.07	2:25	21	0:22:39	7	4:31	1:16:32	0:06:02
7	2479	Edward Kearney	IRL - Queens Triathlon	0:15:12	24	20:15	2:50	6	0:33:56	6	35.37	2:06	9	0:22:42	8	4:32	1:16:45	0:06:15
8	2471	Robert Manning	IRL	0:14:42	19	19:34	4:31	30	0:32:00	2	37.51	2:19	17	0:23:21	11	4:40	1:16:50	0:06:20
9	2466	Danny Roe	IRL - 3D	0:13:00	10	17:19	3:12	12	0:34:51	12	34.44	2:24	20	0:23:50	12	4:45	1:17:15	0:06:45
10	2473	Brian Lane	IRL - 3d tri	0:11:51	5	15:47	3:38	20	0:34:24	9	34.88	3:13	31	0:24:11	15	4:50	1:17:15	0:06:45
11	3382	Brian Fortune	IRL	0:11:47	4	15:42	2:37	2	0:36:55	18	32.51	2:12	14	0:24:31	17	4:54	1:18:00	0:07:30
12	2478	Paul Quinn	IRL	0:15:29	25	20:37	3:11	11	0:34:41	11	34.60	2:15	16	0:22:50	9	4:33	1:18:23	0:07:53
13	2495	Basil Gilfillan	IRL	0:11:54	6	15:51	3:07	9	0:38:29	25	31.19	2:12	13	0:22:53	10	4:34	1:18:33	0:08:03
14	2498	Paul Mc Mahon	IRL	0:15:42	27	20:55	3:12	13	0:32:23	3	37.07	2:10	12	0:25:13	21	5:02	1:18:39	0:08:09
15	2461	Thomas O'hagan	IRL - QUB Triathlon Club	0:12:34	8	16:44	3:37	19	0:37:21	20	32.14	2:56	30	0:22:35	6	4:30	1:19:01	0:08:31
16	2502	David Foley	IRL - AIT	0:17:43	32	23:36	3:18	14	0:36:41	16	32.72	1:50	3	0:20:32	2	4:06	1:20:02	0:09:32
17	2475	Jonathan Finn	IRL - Cork Tri Club	0:13:51	15	18:27	3:50	21	0:35:58	14	33.38	2:50	29	0:24:34	19	4:54	1:21:00	0:10:30
18	3380	Paul Mc Phillips	IRL	0:14:02	16	18:41	3:35	18	0:37:56	24	31.64	2:10	11	0:25:36	23	5:07	1:23:16	0:12:46
19	2467	Con Murray	IRL	0:15:34	26	20:44	4:20	28	0:36:56	19	32.49	2:44	27	0:25:16	22	5:03	1:24:48	0:14:18
20	2489	Paul Walsh	IRL	0:15:03	23	20:03	4:17	27	0:39:26	27	30.44	2:01	5	0:24:39	20	4:55	1:25:23	0:14:53
21	2472	Daniel Le Gros	IRL	0:14:49	21	19:45	4:58	32	0:37:52	23	31.69	2:14	15	0:25:53	25	5:10	1:25:46	0:15:16
22	2483	Dennis Gowran	IRL	0:17:03	30	22:42	3:05	8	0:39:36	28	30.31	2:23	19	0:24:00	13	4:47	1:26:05	0:15:35
23	2496	Anthony O Shea	IRL	0:17:37	31	23:28	3:28	17	0:36:51	17	32.57	3:22	33	0:25:45	24	5:08	1:27:02	0:16:32
24	2464	Sean Barnicle	IRL	0:13:28	12	17:56	5:19	34	0:40:33	30	29.60	2:30	22	0:26:29	30	5:17	1:28:17	0:17:47
25	2490	Mark Brogan	IRL - Defence Forces	0:16:16	28	21:41	4:06	26	0:37:38	21	31.89	2:34	23	0:28:35	32	5:42	1:29:08	0:18:38
26	2476	Peter Keys	IRL - Queen's University	0:12:36	9	16:47	3:56	23	0:43:57	35	27.31	2:40	25	0:26:21	27	5:16	1:29:27	0:18:57
27	3379	Stephen Finlay	IRL	0:17:51	33	23:47	4:36	31	0:40:45	31	29.45	2:48	28	0:24:22	16	4:52	1:30:20	0:19:50
28	2491	Stephen Woods	IRL	0:16:47	29	22:22	4:27	29	0:40:17	29	29.79	3:28	34	0:26:10	26	5:13	1:31:08	0:20:38
29	2462	Brian Dunning	IRL	0:22:21	36	29:47	3:57	24	0:38:34	26	31.13	2:06	8	0:24:32	18	4:54	1:31:28	0:20:58
30	2488	Jamie O'donnell	IRL	0:14:37	18	19:28	4:05	25	0:41:26	32	28.97	3:17	32	0:29:59	34	5:59	1:33:23	0:22:53
31	2485	Thomas Donohoe	IRL - n/a	0:19:37	35	26:08	5:13	33	0:41:42	33	28.79	2:20	18	0:26:28	29	5:17	1:35:18	0:24:48
32	2504	Dave Piersie	IRL	0:13:47	14	18:21	8:55	38	0:42:25	34	28.30	3:31	35	0:27:17	31	5:27	1:35:53	0:25:23
33	2503	Kieran Williamson	IRL	0:19:06	34	25:27	5:22	35	0:44:52	37	26.75	4:59	38	0:29:45	33	5:56	1:44:02	0:33:32
34	2499	Conor Fingleton	IRL	0:23:06	37	30:47	6:31	36	0:44:45	36	26.82	3:33	36	0:26:21	28	5:16	1:44:15	0:33:45
35	2493	Antony Guinard	FRA	0:23:39	38	31:31	7:26	37	0:45:30	38	26.37	3:34	37	0:34:50	35	6:57	1:54:57	0:44:27

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Results: Categories

Open: Sprint: Open Men 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	2486	Fiachra O Coighligh	IRL		0			0		0			0		0			
DNF	2487	Billy Cashman	IRL		0			0		0			0		0			
DNF	2492	Troy Mcnamara	IRL - Team George		0			0		0			0		0			
DNF	2482	Enda Travers	IRL		0			0		0			0		0			
DNF	2480	Conor Kelly	IRL		0			0		0			0		0			
DNF	2463	Fionnan Mc Namara	IRL		0			0		0			0		0			
DNF	2465	Edward Walshe	IRL		0			0		0			0		0			
DNF	2469	Colin Mulvey	IRL		0			0		0			0		0			
DNF	2470	Malcolm Bourke	IRL - Trinity Triathlon Club		0			0		0			0		0			
DNF	2501	David Hannan	IRL		0			0		0			0		0			
DSQ	2474	Jack O'reilly	IRL - Manchester Triathlon Club	0:12:17	7	16:22	3:25	16	0:30:19	1	39.59	2:09	10		0			
DSQ	2484	John Robert Sheehan	IRL	0:11:46	3	15:40	3:03	7	0:34:38	10	34.66	2:43	26		0			
DSQ	2497	Tom Kearney	IRL	0:14:31	17	19:21	3:54	22	0:37:44	22	31.81	2:37	24		0			

Open: Sprint: Open Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2625	Wayne Reid	IRL - Athlone Triathlon Club	0:10:27	3	13:55	2:22	1	0:32:35	3	36.83	1:45	1	0:18:48	2	3:45	1:05:55	
2	3384	Damien Kelly	IRL - Epic MTB	0:13:30	21	17:59	2:55	6	0:31:37	2	37.96	2:00	5	0:22:02	8	4:24	1:12:02	0:06:07
3	2618	Colm Kennedy	IRL - Pulse	0:12:22	12	16:28	2:44	3	0:33:56	10	35.37	2:05	12	0:21:05	3	4:12	1:12:10	0:06:15
4	3395	Martin Maycock	IRL	0:04:22	2	5:48	3:53	49	0:37:34	46	31.95	2:56	84	0:24:39	44	4:55	1:13:21	0:07:26
5	2534	Trevor Robinson	IRL - n/a	0:14:00	26	18:39	3:01	10	0:32:50	5	36.55	2:16	27	0:22:45	15	4:32	1:14:50	0:08:55
6	3387	Derek Mccormack	IRL - Naas Triathlon Club	0:16:12	65	21:35	2:52	5	0:33:23	8	35.95	2:01	6	0:21:10	4	4:13	1:15:37	0:09:42
7	2619	James Benson	IRL - Pulse Triathlon Club	0:15:47	54	21:01	2:58	9	0:33:15	7	36.09	1:57	3	0:22:40	14	4:32	1:16:36	0:10:41
8	2588	Gary Robinson	IRL - Carrick On Suir Tiathlon club	0:13:39	22	18:11	3:20	27	0:32:44	4	36.67	2:10	20	0:24:51	52	4:58	1:16:43	0:10:48
9	2584	Kevin Bolger	IRL	0:14:21	29	19:07	3:32	33	0:35:46	21	33.56	2:03	9	0:21:13	5	4:14	1:16:54	0:10:59
10	2653	Barry Greene	IRL - 3D	0:13:56	24	18:33	3:11	21	0:33:36	9	35.73	2:10	19	0:24:08	32	4:49	1:16:59	0:11:04
11	2517	Conor Devitt	IRL - Trinty College Dublin	0:12:11	10	16:13	3:26	29	0:35:39	20	33.67	2:00	4	0:24:02	29	4:48	1:17:16	0:11:21
12	2643	Jonathan Lyons	IRL - pulse tri	0:14:48	37	19:43	3:06	15	0:34:21	11	34.94	2:07	17	0:23:09	17	4:37	1:17:29	0:11:34
13	2565	Stephen Okane	IRL	0:14:28	32	19:16	3:20	26	0:35:31	17	33.79	2:52	78	0:21:35	6	4:18	1:17:43	0:11:48
14	2612	David Niblock	IRL - Cork Triathlon Club & Niblock	0:12:24	13	16:31	3:01	11	0:36:36	28	32.79	2:17	30	0:24:38	42	4:55	1:18:55	0:13:00
15	3392	John O' Connell	IRL - Cork	0:15:39	53	20:51	3:19	24	0:35:17	14	34.02	2:31	47	0:22:16	10	4:27	1:19:00	0:13:05
16	2507	Barry Smyth	IRL	0:14:55	40	19:53	3:01	12	0:35:13	12	34.08	2:37	58	0:23:27	22	4:41	1:19:12	0:13:17
17	2648	Jonathan Gray	IRL	0:15:33	52	20:43	3:29	31	0:35:59	24	33.36	2:30	46	0:21:44	7	4:20	1:19:13	0:13:18
18	2614	Frank O'connor	IRL - Trinity College Dublin	0:11:25	6	15:12	3:13	22	0:35:51	23	33.48	2:42	65	0:26:27	81	5:17	1:19:36	0:13:41
19	2508	Peadar Golden	IRL - Trinity College Dublin	0:12:40	15	16:53	3:34	34	0:37:20	43	32.15	1:56	2	0:24:08	33	4:49	1:19:37	0:13:42
20	2546	Colum Murphy	IRL	0:11:47	8	15:42	3:04	13	0:38:10	55	31.45	2:07	15	0:24:45	50	4:56	1:19:50	0:13:55
21	2598	Robert Ryan	IRL	0:14:13	28	18:57	2:51	4	0:35:13	13	34.08	2:35	57	0:25:13	61	5:02	1:20:04	0:14:09
22	3388	Mark Doyle	IRL	0:20:07	111	26:48	4:04	56	0:36:50	34	32.58	3:05	96	0:16:20	1	3:16	1:20:25	0:14:30
23	2547	Gerard Daly	IRL	0:16:26	73	21:54	2:55	7	0:35:30	16	33.81	2:39	61	0:23:10	18	4:37	1:20:38	0:14:43
24	2603	Edward O Keeffe	IRL	0:16:11	64	21:33	3:31	32	0:36:18	26	33.06	2:40	64	0:22:08	9	4:25	1:20:47	0:14:52
25	2583	Gareth Fereday	GBR		0			0		0			0	10:17:43	116	3:32	1:20:47	0:14:52
26	2616	Eugene Feely	IRL - 3D Tri	0:15:18	47	20:23	3:45	39	0:35:26	15	33.87	2:40	63	0:24:33	40	4:54	1:21:40	0:15:45
27	2562	Mark Quinn	IRL - Athlone Tri Club	0:14:34	34	19:24	3:11	20	0:37:52	52	31.69	2:23	35	0:24:02	28	4:48	1:22:00	0:16:05
28	2550	Phillip Ellis	IRL	0:12:28	14	16:36	3:50	47	0:38:14	56	31.40	2:16	28	0:25:15	62	5:02	1:22:01	0:16:06
29	2611	Michael Greene	IRL	0:14:25	30	19:13	3:43	38	0:35:47	22	33.54	2:49	76	0:25:23	65	5:04	1:22:06	0:16:11
30	2525	Michael Scully	IRL	0:12:48	17	17:03	4:07	58	0:37:20	44	32.15	3:01	91	0:24:59	56	4:59	1:22:13	0:16:18
31	2600	Gearoid O'hare	IRL	0:16:39	80	22:11	3:18	23	0:35:34	18	33.75	2:29	45	0:24:23	37	4:52	1:22:20	0:16:25
32	2559	David Murnaghan	IRL	0:11:34	7	15:25	3:38	36	0:37:35	47	31.94	2:18	31	0:27:18	87	5:27	1:22:21	0:16:26
33	2579	Colm Henry	IRL	0:15:54	57	21:11	4:44	79	0:36:48	33	32.61	2:26	40	0:22:35	13	4:30	1:22:25	0:16:30
34	2622	Damien Kelly	IRL - n/a	0:16:49	84	22:25	4:09	61	0:35:35	19	33.73	2:39	62	0:23:35	24	4:42	1:22:46	0:16:51
35	2627	Jacob Baldwin	IRL - Clonard Road Club	0:14:42	36	19:34	4:14	63	0:36:28	27	32.92	3:02	93	0:24:39	45	4:55	1:23:02	0:17:07
36	2552	Karl Turley	IRL - Athlone Tri-club	0:15:21	48	20:27	3:11	19	0:36:58	35	32.46	2:15	24	0:25:38	71	5:07	1:23:21	0:17:26

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
37	2580	Michael Mullin	IRL	0:13:12	19	17:35	3:22	28	0:38:24	60	31.26	2:46	71	0:25:42	74	5:08	1:23:24	0:17:29
38	2519	Colm Mulvihill	IRL	0:15:52	55	21:08	2:57	8	0:37:55	53	31.66	2:32	48	0:24:13	34	4:50	1:23:26	0:17:31
39	2659	John Keogh	IRL	0:17:09	91	22:51	4:09	60	0:37:18	42	32.17	2:07	16	0:22:50	16	4:33	1:23:31	0:17:36
40	2655	Ciaran Oman	IRL	0:12:15	11	16:19	4:08	59	0:40:06	82	29.93	2:11	21	0:25:20	64	5:03	1:23:58	0:18:03
41	2567	Gary Greene	IRL - Athlone tri	0:17:00	89	22:39	3:10	18	0:37:18	41	32.18	2:20	34	0:24:14	35	4:50	1:24:00	0:18:05
42	2595	John Kennedy	IRL	0:16:42	82	22:15	4:19	68	0:38:24	61	31.25	2:48	75	0:22:28	12	4:29	1:24:39	0:18:44
43	2573	Slawek Koenig	POL	0:15:59	60	21:18	4:10	62	0:37:36	48	31.92	2:19	33	0:24:55	55	4:58	1:24:57	0:19:02
44	2522	John Quinn	IRL - DFTA	0:14:41	35	19:33	3:49	46	0:39:07	69	30.69	2:51	77	0:24:43	48	4:56	1:25:09	0:19:14
45	2542	Diarmuid Spelman	IRL	0:17:46	95	23:40	3:53	50	0:37:05	37	32.37	2:01	8	0:24:27	38	4:53	1:25:11	0:19:16
46	2591	Eoin Kennedy	IRL	0:16:23	72	21:50	4:46	82	0:37:07	38	32.33	2:25	39	0:24:39	46	4:55	1:25:19	0:19:24
47	2656	Ivan Kelly	IRL	0:16:15	68	21:39	3:47	41	0:37:42	50	31.83	2:42	66	0:25:08	59	5:01	1:25:32	0:19:37
48	2510	Nigel Irwin	IRL	0:12:06	9	16:07	4:20	69	0:40:09	83	29.89	2:44	68	0:26:36	82	5:19	1:25:53	0:19:58
49	2515	Alan O'brien	IRL - Midleton	0:16:36	76	22:07	3:48	42	0:37:17	40	32.19	2:15	25	0:26:00	76	5:11	1:25:54	0:19:59
50	3385	Niall Fallon	IRL - Athlone Tri Club	0:15:10	42	20:13	5:01	90	0:37:32	45	31.98	3:04	95	0:25:11	60	5:02	1:25:56	0:20:01
51	2571	Darragh Mcguire	IRL	0:16:08	62	21:30	3:49	45	0:38:15	57	31.37	2:32	49	0:25:16	63	5:03	1:25:58	0:20:03
52	2602	Peter Lee	IRL	0:15:17	45	20:21	4:47	83	0:38:31	64	31.16	3:25	111	0:24:34	41	4:54	1:26:32	0:20:37
53	2596	Terry Maher	IRL	0:16:37	77	22:08	4:03	55	0:38:42	66	31.01	2:27	43	0:25:00	57	4:59	1:26:48	0:20:53
54	2650	Chris Bellew	IRL - Pulse	0:16:16	69	21:41	3:48	44	0:36:43	32	32.68	2:57	85	0:27:24	89	5:28	1:27:07	0:21:12
55	2574	Daryl Fahy	IRL	0:15:30	50	20:39	3:48	43	0:39:23	73	30.47	2:39	60	0:25:49	75	5:09	1:27:08	0:21:13
56	3390	Conor Mchugh	IRL	0:20:01	109	26:40	4:18	66	0:36:36	29	32.79	2:16	26	0:24:07	31	4:49	1:27:15	0:21:20
57	2631	Tommy Lees	IRL	0:16:13	66	21:36	4:18	67	0:38:56	68	30.82	3:23	109	0:24:28	39	4:53	1:27:16	0:21:21
58	2572	Brian Reville	IRL - dfta	0:14:10	27	18:53	4:35	75	0:39:07	70	30.68	3:06	97	0:26:26	80	5:17	1:27:23	0:21:28
59	2575	Eoin Kiely	IRL	0:13:01	18	17:20	6:45	122	0:41:58	105	28.60	2:27	42	0:23:19	20	4:39	1:27:28	0:21:33
60	2516	John Hutch	IRL	0:16:33	75	22:03	4:35	74	0:39:42	74	30.23	2:25	38	0:24:22	36	4:52	1:27:35	0:21:40
61	2536	Shane Lynn	IRL	0:17:50	97	23:45	4:49	85	0:38:30	62	31.18	2:43	67	0:24:04	30	4:48	1:27:54	0:21:59
62	2537	Ian Campbell	IRL	0:16:44	83	22:18	3:58	53	0:39:08	71	30.67	3:27	112	0:24:39	43	4:55	1:27:54	0:21:59
63	2644	Kenny Noonan	IRL - Athlone Triathlon Club	0:16:41	81	22:14	5:05	91	0:38:18	58	31.33	2:48	74	0:25:30	69	5:05	1:28:21	0:22:26
64	2640	Shane O'dowd	IRL	0:16:39	79	22:11	4:02	54	0:40:16	85	29.81	2:05	11	0:25:26	66	5:05	1:28:25	0:22:30
65	2615	Andrew Walsh	IRL	0:14:55	39	19:53	4:31	72	0:40:28	92	29.66	2:32	51	0:26:05	77	5:12	1:28:29	0:22:34
66	2560	Niall Hallahan	IRL	0:15:18	46	20:22	5:48	109	0:40:58	99	29.30	2:10	18	0:24:44	49	4:56	1:28:55	0:23:00
67	2629	Richard Fitzgerald	IRL - DFTA	0:17:36	94	23:27	3:55	51	0:37:50	51	31.72	3:30	113	0:26:20	79	5:15	1:29:09	0:23:14
68	2651	Keith Galbraith	IRL - Trilogy	0:17:28	92	23:17	4:15	64	0:40:48	97	29.42	2:59	88	0:23:53	26	4:46	1:29:21	0:23:26
69	3396	Alan Conlon	IRL	0:03:00	1	3:59	4:48	84	0:46:33	123	25.78	3:08	99	0:31:59	111	6:23	1:29:27	0:23:32
70	2555	Stephen Mcguire	IRL	0:14:27	31	19:14	5:15	97	0:38:52	67	30.88	3:39	115	0:27:20	88	5:27	1:29:30	0:23:35
71	2554	David Hickey	IRL	0:18:08	99	24:10	5:10	94	0:38:01	54	31.58	3:02	92	0:25:37	70	5:07	1:29:55	0:24:00
72	2535	Stephen Price	IRL	0:16:38	78	22:10	3:28	30	0:40:57	98	29.31	2:01	7	0:26:56	84	5:23	1:29:58	0:24:03
73	3429	Eamon Peter Garrigan	IRL - Trinity	0:24:29	121	32:38	3:37	35	0:37:04	36	32.38	2:33	52	0:22:23	11	4:28	1:30:03	0:24:08
74	2576	Pauric Connolly	IRL	0:15:32	51	20:41	4:15	65	0:39:51	76	30.11	3:36	114	0:26:58	85	5:23	1:30:10	0:24:15
75	2549	Daire O Riagain	IRL	0:19:13	103	25:36	4:25	70	0:38:36	65	31.09	2:34	54	0:25:29	67	5:05	1:30:16	0:24:21
76	2641	Ken Menton	IRL - None	0:17:03	90	22:43	4:41	78	0:41:12	100	29.13	2:54	81	0:24:41	47	4:56	1:30:30	0:24:35
77	2590	Shane Geraghty	IRL - 3D	0:20:20	113	27:06	4:52	86	0:38:31	63	31.17	3:23	108	0:23:33	23	4:42	1:30:36	0:24:41
78	2577	Ciaran Clancy	IRL - MSC Triathlon	0:19:04	102	25:24	3:06	16	0:42:57	111	27.95	2:04	10	0:23:44	25	4:44	1:30:54	0:24:59
79	3389	Peter Darcy	IRL - none	0:15:00	41	19:59	5:19	100	0:39:49	75	30.14	3:20	107	0:27:29	90	5:29	1:30:54	0:24:59
80	2533	Eoin Scanlon	IRL	0:16:52	85	22:28	4:45	81	0:43:04	112	27.87	2:23	36	0:24:01	27	4:48	1:31:03	0:25:08
81	2630	Desmond O'reilly	IRL	0:15:59	59	21:17	3:52	48	0:40:19	88	29.76	2:45	70	0:28:47	98	5:45	1:31:41	0:25:46
82	2605	Ronan O'reilly	IRL	0:12:48	16	17:03	5:52	112	0:40:10	84	29.89	3:09	100	0:29:55	103	5:59	1:31:52	0:25:57
83	2634	Fiachra McLoughlin	IRL	0:18:52	101	25:08	4:39	77	0:40:32	93	29.61	3:00	89	0:24:55	54	4:58	1:31:56	0:26:01
84	2597	Daniel Keane	IRL	0:21:22	117	28:28	3:55	52	0:38:22	59	31.28	2:54	80	0:25:30	68	5:05	1:32:01	0:26:06
85	2548	Robert Harte	IRL	0:15:28	49	20:36	4:34	73	0:39:51	77	30.11	2:32	50	0:29:48	102	5:57	1:32:12	0:26:17
86	2518	James Fox	IRL	0:16:54	86	22:30	5:40	105	0:40:24	91	29.71	2:55	82	0:26:44	83	5:20	1:32:35	0:26:40
87	2520	Thomas Kiely	IRL	0:16:58	88	22:36	4:07	57	0:40:18	87	29.78	3:16	106	0:28:18	94	5:39	1:32:54	0:26:59
88	2543	Derek Mc Mullen	IRL	0:19:55	108	26:33	5:22	101	0:40:00	80	30.00	2:57	86	0:25:05	58	5:00	1:33:18	0:27:23

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Open: Sprint: Open Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
89	3386	Maurice O'reilly	IRL	0:16:57	87	22:35	5:55	113	0:40:22	89	29.73	2:28	44	0:28:25	96	5:40	1:34:05	0:28:10
90	2514	Tony Keegan	IRL - Midland tri Club	0:16:10	63	21:32	5:00	89	0:42:35	109	28.19	2:58	87	0:27:30	91	5:29	1:34:10	0:28:15
91	2540	Kieran O Gorman	IRL - none	0:17:54	98	23:51	3:47	40	0:44:07	117	27.20	2:55	83	0:25:42	73	5:08	1:34:23	0:28:28
92	2561	Daniel Mccrum	IRL	0:29:56	126	39:53	3:10	17	0:36:06	25	33.25	2:19	32	0:23:17	19	4:39	1:34:45	0:28:50
93	2601	John Harney	IRL	0:15:11	43	20:13	5:40	104	0:42:25	107	28.29	2:47	73	0:28:47	99	5:45	1:34:48	0:28:53
94	2652	Chris Cullen	IRL	0:20:14	112	26:58	5:52	111	0:41:18	102	29.06	3:06	98	0:24:47	51	4:57	1:35:15	0:29:20
95	2610	Kieran Hallahan	JPN - Wall Street Associate Triathlo	0:19:21	105	25:47	5:15	98	0:39:23	72	30.47	2:44	69	0:28:46	97	5:45	1:35:27	0:29:32
96	2593	David Kirkpatrick	IRL	0:20:57	115	27:55	4:54	88	0:40:22	90	29.73	2:06	13	0:27:17	86	5:27	1:35:34	0:29:39
97	2578	Ciaan Murphy	IRL	0:16:21	70	21:47	5:36	102	0:45:55	122	26.14	3:10	102	0:24:55	53	4:58	1:35:54	0:29:59
98	2624	Barry Clifford	IRL	0:17:35	93	23:26	3:43	37	0:43:43	115	27.45	2:35	56	0:28:22	95	5:40	1:35:57	0:30:02
99	2568	Ken Horgan	IRL - Cork	0:15:13	44	20:16	5:06	92	0:40:34	94	29.59	4:05	119	0:31:22	108	6:16	1:36:18	0:30:23
100	2545	Stephen Geraghty	IRL	0:16:00	61	21:19	6:13	117	0:42:43	110	28.09	3:25	110	0:29:56	104	5:59	1:38:15	0:32:20
101	2566	Stephen Keegan	IRL	0:26:25	122	35:12	4:53	87	0:36:39	30	32.75	3:00	90	0:27:34	92	5:30	1:38:29	0:32:34
102	2530	Micheal Larkin	IRL	0:19:40	106	26:12	5:48	108	0:42:34	108	28.19	3:11	103	0:27:37	93	5:31	1:38:48	0:32:53
103	2506	Kevin Feely	IRL	0:13:57	25	18:35	5:47	107	0:40:17	86	29.79	3:14	105	0:35:38	114	7:07	1:38:52	0:32:57
104	2563	Fedor Lapikas	NED	0:18:33	100	24:43	10:03	125	0:41:13	101	29.12	3:50	117	0:25:41	72	5:08	1:39:19	0:33:24
105	2599	Fergus Sharkey	IRL	0:16:14	67	21:38	6:42	121	0:43:40	114	27.49	3:11	104	0:30:30	106	6:05	1:40:16	0:34:21
106	2538	Ollie Mulvey	IRL	0:20:03	110	26:42	5:45	106	0:43:19	113	27.71	2:17	29	0:29:05	100	5:48	1:40:27	0:34:32
107	2589	Shane O'reilly	IRL - Pulse Triclub	0:16:22	71	21:48	8:24	124	0:36:41	31	32.72	6:10	124	0:33:25	112	6:40	1:41:01	0:35:06
108	2638	Bryan Fitzmaurice	IRL	0:22:22	119	29:48	6:29	120	0:44:17	119	27.10	2:15	23	0:26:16	78	5:15	1:41:37	0:35:42
109	2604	Donncha O Corcorain	IRL	0:29:28	125	39:16	4:45	80	0:37:42	49	31.84	2:53	79	0:29:09	101	5:49	1:43:54	0:37:59
110	2628	Johnpaul Reddin	IRL - trilogy	0:27:02	123	36:01	4:26	71	0:40:44	96	29.46	2:34	53	0:30:03	105	6:00	1:44:47	0:38:52
111	2646	Barry Power	IRL	0:17:49	96	23:44	5:16	99	0:44:38	120	26.89	3:09	101	0:34:40	113	6:55	1:45:30	0:39:35
112	2512	Colm Stacey	IRL	0:19:55	107	26:32	6:18	118	0:43:54	116	27.34	3:57	118	0:31:55	110	6:22	1:45:57	0:40:02
113	2532	Eoin Mulligan	IRL	0:21:22	116	28:28	6:27	119	0:45:31	121	26.36	4:19	122	0:31:22	109	6:16	1:49:00	0:43:05
114	3391	Ian Stanley	IRL	0:28:30	124	37:59	11:21	126	0:49:16	124	24.36	4:46	123	0:30:58	107	6:11	2:04:50	0:58:55
115	2557	Paul Dolan	IRL - tri an mhi	0:20:38	114	27:30	6:06	116	0:50:40	125	23.69	4:12	121	0:44:07	115	8:49	2:05:41	0:59:46
DNF	2558	Stewart Mckenna	IRL - Sligo Triathlon Club	0:10:45	4	14:19	3:04	14		0			0		0			
DNF	2657	Andrew Keane	IRL	0:21:59	118	29:18		0		0			0		0			
DNF	2658	Matt Fortune	IRL		0			0		0			0		0			
DNF	2649	Barry Hannon	IRL		0			0		0			0		0			
DNF	2647	Kevin Creedon	IRL		0			0		0			0		0			
DNF	2645	Paul Gahan	IRL		0			0		0			0		0			
DNF	2639	Jj Cahill	IRL		0			0		0			0		0			
DNF	2642	Liam Mullins	IRL		0			0		0			0		0			
DNF	2654	John Kely	IRL		0			0		0			0		0			
DNF	2626	James Shanahan	IRL		0			0		0			0		0			
DNF	2623	Edward Lowe	IRL - Blackwater Triathlon Club		0			0		0			0		0			
DNF	2637	Darragh Quinn	IRL - N/A		0			0		0			0		0			
DNF	2635	Barry Ryan	IRL - None		0			0		0			0		0			
DNF	2632	Alan Curran	IRL		0			0		0			0		0			
DNF	2606	Sean Ryan	IRL		0			0		0			0		0			
DNF	2607	Marc Vaughan	IRL - Pulse		0			0		0			0		0			
DNF	2608	Mossy O' Mahony	IRL		0			0		0			0		0			
DNF	2609	Eoin O Shea	IRL - 3D Tri		0			0		0			0		0			
DNF	2613	David Mc Grory	IRL		0			0		0			0		0			
DNF	2617	Gavin Sands	IRL		0			0		0			0		0			
DNF	2564	Conor O Donnell	IRL		0			0		0			0		0			
DNF	2551	Tadhg O'broin	IRL		0			0		0			0		0			
DNF	2556	Kyle Wylie	IRL		0			0		0			0		0			
DNF	2553	James Mannion	IRL		0			0		0			0		0			
DNF	2531	Lorcan Walsh	IRL		0			0		0			0		0			

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DNF	2539	Conall Mac Conmara	IRL		0			0		0			0		0			
DNF	2544	Christopher Boylan	IRL - NA		0			0		0			0		0			
DNF	2592	Stephen Brazil	IRL		0			0		0			0		0			
DNF	2587	Andrew Gray	IRL		0			0		0			0		0			
DNF	2569	Padraig Donohoe	IRL		0			0		0			0		0			
DNF	2581	Stephen Murphy	IRL		0			0		0			0		0			
DNF	2582	John Ward	IRL		0			0		0			0		0			
DNF	2513	Patrick Ryan	IRL		0			0		0			0		0			
DNF	2521	Pat Nugent	IRL		0			0		0			0		0			
DNF	2523	James Curran	IRL		0			0		0			0		0			
DNF	2524	Michael Lawlor	IRL - trilogy		0			0		0			0		0			
DNF	2526	Jody O'sullivan	IRL		0			0		0			0		0			
DNF	2527	Michael Duffy	IRL		0			0		0			0		0			
DNF	2528	Damien O'malley	IRL		0			0		0			0		0			
DNF	2529	Seosamh O Fatharta	IRL		0			0		0			0		0			
DNF	2511	Paul Timmons	IRL		0			0		0			0		0			
DNF	2509	Cathal Ó Cléirigh	IRL		0			0		0			0		0			
DNF	3393	John O'shaughnessy	IRL		0			0		0			0		0			
DNF	3383	Keane Robert	IRL		0			0		0			0		0			
DSQ	2636	Colin Hughes	IRL	0:14:50	38	19:46	5:55	114	0:42:00	106	28.57	8:39	125	0:23:24	21	4:40	1:34:47	0:28:52
DSQ	3329	Neill Kelly	IRL - Drogheda Masters	0:11:22	5	15:09	2:38	2	0:30:20	1	39.58	2:06	14		0			
DSQ	2633	Christopher Miller	IRL	0:13:49	23	18:25	4:38	76	0:32:52	6	36.53	2:34	55		0			
DSQ	2505	Darragh Donnelly	IRL	0:15:52	56	21:08	3:20	25	0:37:10	39	32.29	2:26	41		0			
DSQ	2594	John Heaney	IRL	0:13:18	20	17:43	5:12	95	0:39:58	78	30.04	2:46	72		0			
DSQ	2541	Kevin Sweeney	IRL	0:14:28	33	19:16	5:12	96	0:39:58	79	30.03	2:38	59		0			
DSQ	2586	Neil Moran	IRL	0:15:54	58	21:11	5:08	93	0:41:32	103	28.89	2:15	22		0			
DSQ	3394	Jack Brett	IRL	0:16:33	74	22:02	5:50	110	0:40:44	95	29.46	3:02	94		0			
DSQ	2585	Peter O'neill	IRL	0:19:15	104	25:39	5:58	115	0:41:39	104	28.82	2:24	37		0			
DSQ	2620	Max Kyck	IRL	0:22:46	120	30:20	5:38	103	0:40:01	81	29.99	4:08	120		0			
DSQ	2570	Joseph Mcloughlin	IRL	0:38:59	127	51:58	6:47	123	0:44:13	118	27.15	3:45	116		0			

Open: Sprint: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	2809	Neil O Grady	IRL - None	0:14:22	41	19:08	2:37	5	0:32:43	4	36.69	2:05	13	0:20:02	1	4:00	1:11:47	
2	2841	Trevor Conroy	IRL - wicklow	0:13:11	15	17:33	2:26	2	0:33:52	18	35.44	1:51	2	0:20:29	2	4:05	1:11:48	0:00:01
3	2724	Neville O'neill	IRL - Olympian Triathlon Club	0:12:41	10	16:53	2:41	7	0:33:30	11	35.83	1:59	8	0:21:44	12	4:20	1:12:33	0:00:46
4	2662	Stephen McBride	IRL	0:10:44	1	14:17	3:34	56	0:33:21	10	35.99	2:39	105	0:22:30	19	4:29	1:12:45	0:00:58
5	2708	Conor Kelly	IRL - Athlone Tri Club	0:12:45	12	16:59	2:50	13	0:34:37	32	34.68	1:52	3	0:20:53	3	4:10	1:12:55	0:01:08
6	2749	Andrew Cummins	IRL - Wicklow	0:13:47	26	18:22	2:37	6	0:33:33	12	35.78	2:10	20	0:21:17	10	4:15	1:13:23	0:01:36
7	2876	Colm Colohan	IRL - Wicklow	0:12:43	11	16:56	2:49	11	0:34:32	27	34.76	2:05	12	0:21:25	11	4:16	1:13:32	0:01:45
8	2848	Paul Doran	IRL - none	0:13:41	23	18:14	2:51	15	0:34:35	30	34.70	2:57	147	0:21:11	8	4:14	1:15:14	0:03:27
9	2827	Jason Corbett	IRL - 3D	0:16:37	117	22:08	2:52	16	0:33:02	8	36.33	1:57	5	0:21:00	4	4:11	1:15:26	0:03:39
10	2872	Thomas Murray	IRL - Athlone Tri Club	0:13:16	16	17:40	3:12	28	0:32:59	7	36.39	2:20	50	0:23:43	43	4:44	1:15:28	0:03:41
11	2729	Paul Foley	IRL	0:16:42	122	22:14	3:00	19	0:32:51	5	36.54	1:51	1	0:21:16	9	4:15	1:15:37	0:03:50
12	2904	Liam Mc Fadden	IRL - Pulse	0:18:04	155	24:04	2:51	14	0:31:49	1	37.72	2:07	15	0:21:10	6	4:13	1:15:59	0:04:12
13	2881	Mark Whitney	IRL - Tricw	0:14:12	36	18:54	3:07	24	0:32:55	6	36.47	2:38	101	0:23:12	32	4:38	1:16:01	0:04:14
14	2706	Allan Kershaw	IRL	0:15:06	54	20:07	4:10	100	0:33:58	19	35.34	2:21	55	0:21:11	7	4:14	1:16:44	0:04:57
15	2910	Emmett Kelly	IRL - athlone tri club	0:12:49	13	17:04	2:57	17	0:33:46	16	35.55	2:22	58	0:25:01	76	5:00	1:16:53	0:05:06
16	2740	Martin James Hemon	IRL - Pulse Tri	0:14:02	32	18:42	2:44	8	0:34:20	23	34.95	2:20	52	0:23:52	48	4:46	1:17:17	0:05:30
17	2908	David Byrne	IRL - O'Mahonys	0:17:56	151	23:54	2:44	9	0:32:18	2	37.16	2:16	38	0:22:21	16	4:28	1:17:33	0:05:46
18	2865	Patrick O'hare	IRL - Olympian	0:16:07	94	21:28	2:46	10	0:33:41	15	35.64	2:17	43	0:22:45	24	4:32	1:17:34	0:05:47
19	2774	Ian Fagan	IRL - Piranha	0:13:27	18	17:55	3:09	26	0:35:07	46	34.17	2:20	54	0:23:39	42	4:43	1:17:41	0:05:54

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
20	2798	Mark Samuels	IRL - Galway Triathlon Club	0:14:18	39	19:03	3:29	51	0:35:41	62	33.64	2:14	28	0:22:22	18	4:28	1:18:02	0:06:15
21	2863	Graham Okeeffe	IRL - Nenagh	0:13:55	29	18:33	3:32	54	0:34:25	25	34.88	3:29	184	0:22:45	23	4:32	1:18:04	0:06:17
22	2893	Adrian McGreevy	IRL - Newry Tri Club	0:15:39	69	20:51	3:25	43	0:34:38	33	34.66	2:15	30	0:22:12	15	4:26	1:18:06	0:06:19
23	2667	Ronan Casey	IRL	0:15:32	64	20:42	2:49	12	0:35:13	51	34.08	2:11	22	0:22:34	20	4:30	1:18:18	0:06:31
24	2788	Ronan Allen	IRL	0:14:09	35	18:51	3:36	59	0:34:54	40	34.39	2:16	37	0:23:28	36	4:41	1:18:20	0:06:33
25	2800	Ian McGarry	IRL	0:10:51	2	14:26	3:54	82	0:37:38	116	31.89	2:20	53	0:23:56	50	4:47	1:18:37	0:06:50
26	2890	Michael John Grogan	IRL - Wicklow	0:12:20	7	16:25	3:30	52	0:36:02	71	33.30	2:12	23	0:24:45	73	4:56	1:18:48	0:07:01
27	2791	Brian Lennon	IRL	0:13:32	20	18:02	3:36	60	0:37:02	95	32.40	2:38	99	0:22:05	13	4:24	1:18:51	0:07:04
28	2752	Neil McDonald	IRL - Newry Triathlon Club	0:12:37	9	16:48	3:17	31	0:37:50	123	31.72	2:27	73	0:22:49	28	4:33	1:18:58	0:07:11
29	2914	Cian Taylor	IRL - NA	0:14:43	47	19:36	3:14	30	0:34:26	26	34.87	2:18	45	0:24:34	67	4:54	1:19:12	0:07:25
30	2697	William Bastic	IRL - midland	0:16:03	90	21:22	2:30	3	0:34:34	29	34.72	2:01	9	0:24:31	66	4:54	1:19:37	0:07:50
31	2692	Rory Flynn	IRL - Sportsworld	0:14:00	31	18:39	4:03	91	0:35:09	48	34.15	2:31	82	0:24:03	54	4:48	1:19:44	0:07:57
32	2769	Stephen Byrne	IRL	0:14:34	44	19:25	3:43	68	0:34:22	24	34.93	2:46	121	0:24:43	70	4:56	1:20:06	0:08:19
33	2679	Michael Seanson	IRL	0:15:47	76	21:01	3:24	42	0:36:12	76	33.16	2:14	29	0:22:41	22	4:32	1:20:15	0:08:28
34	2674	Philip Hayes	IRL - Athlone Tri Club	0:13:28	19	17:56	3:03	22	0:36:18	78	33.06	2:20	49	0:25:10	80	5:01	1:20:17	0:08:30
35	2698	Shane Fitzgerald	IRL - Trinity Colloege Dublin	0:11:49	4	15:44	3:35	58	0:35:07	45	34.18	2:37	94	0:27:17	136	5:27	1:20:23	0:08:36
36	2818	John Vard	IRL	0:13:52	27	18:28	4:15	108	0:36:24	79	32.97	2:20	48	0:23:39	41	4:43	1:20:28	0:08:41
37	2877	Richard Doyle	IRL - 3D	0:20:19	186	27:04	3:39	66	0:33:13	9	36.13	2:15	33	0:21:08	5	4:13	1:20:32	0:08:45
38	2795	Stephen Gregg	IRL	0:16:07	97	21:29	3:08	25	0:33:51	17	35.46	2:10	19	0:25:21	83	5:04	1:20:35	0:08:48
39	2897	Cathal Keogh	IRL	0:15:45	74	20:59	3:32	55	0:35:22	57	33.93	2:13	27	0:23:46	45	4:45	1:20:36	0:08:49
40	2804	Cormac O'connor	IRL	0:14:34	43	19:24	3:38	63	0:37:07	99	32.34	2:12	24	0:23:19	35	4:39	1:20:48	0:09:01
41	2755	Stephen Costello	IRL - Pulse Triathlon Club	0:15:43	71	20:57	3:52	79	0:35:46	63	33.56	2:43	113	0:22:47	27	4:33	1:20:50	0:09:03
42	2796	Colin Keane	IRL - Piranha	0:15:39	67	20:51	3:32	53	0:34:42	36	34.59	2:20	51	0:24:41	69	4:56	1:20:52	0:09:05
43	2703	Gavin Gallagher	IRL - Ennis	0:14:37	45	19:29	3:56	85	0:36:01	70	33.32	2:04	11	0:24:18	59	4:51	1:20:55	0:09:08
44	2792	Niall Kelly	IRL - Three Rock	0:15:27	62	20:35	3:44	72	0:34:45	37	34.54	2:32	86	0:24:29	64	4:53	1:20:56	0:09:09
45	2757	Colin Byrne	IRL - Wicklow	0:16:02	89	21:21	4:38	126	0:35:26	58	33.87	2:16	35	0:22:45	25	4:32	1:21:05	0:09:18
46	2850	Fergus O'toole	IRL	0:14:07	34	18:48	3:18	33	0:36:48	87	32.62	2:12	25	0:24:45	71	4:56	1:21:07	0:09:20
47	2763	Ciaran McCabe	IRL	0:14:14	37	18:58	4:08	97	0:38:00	126	31.59	2:36	92	0:22:12	14	4:26	1:21:08	0:09:21
48	3399	Larry Swift	IRL - N/A	0:12:50	14	17:06	-7:50	1	1:49:38	208	10.95	2:16	40	0:24:26	62	4:53	1:21:20	0:09:33
49	2820	Robert Kennedy	IRL	0:16:40	119	22:12	3:13	29	0:35:47	64	33.54	1:59	7	0:23:45	44	4:44	1:21:22	0:09:35
50	2812	Shane Broughal	IRL - Predator	0:13:22	17	17:49	3:29	50	0:36:10	75	33.19	1:58	6	0:26:27	110	5:17	1:21:24	0:09:37
51	2801	Keith Doyle	IRL - 0	0:14:03	33	18:43	3:55	83	0:37:44	120	31.81	2:18	44	0:23:38	40	4:43	1:21:36	0:09:49
52	2880	Hugh Mckee	IRL	0:16:36	116	22:07	4:51	140	0:33:36	13	35.72	2:44	115	0:23:57	51	4:47	1:21:43	0:09:56
53	3496	Michael Boyce	IRL	0:15:22	59	20:28	3:59	87	0:35:52	66	33.47	2:47	124	0:23:48	46	4:45	1:21:46	0:09:59
54	2878	Dara O'shea	IRL	0:15:45	75	20:59	3:23	40	0:36:32	81	32.86	2:16	39	0:24:13	57	4:50	1:22:07	0:10:20
55	2896	Aidan Grant	IRL - Athlone Triathlon Club	0:13:54	28	18:31	3:44	71	0:35:32	60	33.77	2:36	90	0:26:23	107	5:16	1:22:08	0:10:21
56	2790	David Murray	IRL	0:13:38	21	18:10	4:42	133	0:37:07	100	32.34	2:26	69	0:24:24	60	4:52	1:22:14	0:10:27
57	2891	Sean Cunningham	IRL	0:15:52	80	21:08	4:10	99	0:34:38	34	34.66	3:43	194	0:23:54	49	4:46	1:22:15	0:10:28
58	2913	Alan Dunne	IRL	0:15:54	82	21:10	4:07	95	0:34:00	20	35.30	2:37	97	0:25:40	91	5:07	1:22:16	0:10:29
59	2900	Alan Cullen	IRL	0:15:59	87	21:18	4:12	105	0:37:08	103	32.32	2:42	110	0:22:22	17	4:28	1:22:22	0:10:35
60	2866	Darragh Phelan	IRL	0:16:36	115	22:06	3:37	62	0:35:21	56	33.95	2:35	87	0:24:26	61	4:53	1:22:32	0:10:45
61	2826	Paul Campbell	IRL - None	0:15:44	72	20:57	4:55	147	0:35:00	43	34.29	2:32	84	0:24:35	68	4:54	1:22:45	0:10:58
62	2680	Albert Quigley	IRL - None	0:14:21	40	19:07	4:10	98	0:36:08	74	33.22	2:48	128	0:25:22	84	5:04	1:22:46	0:10:59
63	5238	Richie Waring	IRL - Carrick-on-Suir	0:16:10	103	21:33	4:32	120	0:35:09	47	34.15	2:48	131	0:24:27	63	4:53	1:23:05	0:11:18
64	2864	Gareth Austin	IRL - None	0:16:07	96	21:29	3:09	27	0:35:57	68	33.39	2:23	59	0:25:32	88	5:06	1:23:06	0:11:19
65	2726	Cathal O'reilly	IRL	0:16:09	101	21:31	3:43	69	0:35:18	54	34.00	2:43	112	0:25:26	86	5:05	1:23:18	0:11:31
66	2844	John McNally	IRL		0			0		0			0	10:32:19	197	6:27	1:23:22	0:11:35
67	2734	Cormac Dunne	IRL	0:16:19	107	21:44	3:56	84	0:37:05	98	32.37	3:00	154	0:23:15	34	4:38	1:23:33	0:11:46
68	2776	Ronan Stanley	IRL	0:16:04	93	21:24	3:52	80	0:36:47	86	32.63	2:16	41	0:24:45	72	4:56	1:23:43	0:11:56
69	2771	Dara Fahy	IRL	0:15:26	61	20:34	3:29	49	0:37:17	107	32.19	2:32	83	0:25:03	78	5:00	1:23:46	0:11:59
70	2709	Justin Rice	IRL - Midland Tri Club	0:15:56	84	21:14	3:25	45	0:37:38	117	31.89	2:32	85	0:24:29	65	4:53	1:24:00	0:12:13
71	2895	Paul Durcan	IRL - Setanta Tri	0:18:38	166	24:49	3:43	70	0:35:14	52	34.07	2:57	145	0:23:33	38	4:42	1:24:03	0:12:16

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
72	2901	Brian Lynam	IRL - Predator	0:12:19	6	16:24	3:46	73	0:36:18	77	33.07	2:47	123	0:28:56	158	5:47	1:24:04	0:12:17
73	2686	Ian Hayes	IRL - Carrick-On-Suir	0:15:14	57	20:18	3:28	47	0:37:27	114	32.05	3:11	172	0:24:53	74	4:58	1:24:11	0:12:24
74	2780	Jonathan Marley	IRL - Defence Forces	0:18:56	170	25:14	3:18	34	0:36:05	73	33.26	2:06	14	0:23:49	47	4:45	1:24:12	0:12:25
75	2868	David Quigley	IRL - athlone triathlon club	0:17:08	135	22:50	4:08	96	0:34:47	38	34.50	2:56	143	0:25:20	82	5:03	1:24:17	0:12:30
76	2671	Dave Roche	IRL	0:12:15	5	16:18	3:38	64	0:38:36	137	31.10	2:23	60	0:27:29	139	5:29	1:24:19	0:12:32
77	2871	Alan Jones	IRL	0:17:16	140	23:01	3:22	38	0:34:39	35	34.64	2:36	91	0:26:37	115	5:19	1:24:29	0:12:42
78	2902	Gareth Lovett	IRL	0:13:38	22	18:10	4:53	142	0:36:55	89	32.52	3:11	171	0:25:58	99	5:11	1:24:33	0:12:46
79	2747	Brendan Byron	IRL - T3	0:17:32	147	23:22	3:37	61	0:34:00	21	35.29	2:39	107	0:26:50	121	5:21	1:24:36	0:12:49
80	2725	Conor Bradbury	IRL - T3 Tri Club	0:14:27	42	19:15	3:26	46	0:37:02	94	32.41	2:25	66	0:27:19	137	5:27	1:24:37	0:12:50
81	2815	Emmet Ryan	IRL	0:15:39	68	20:51	4:22	111	0:38:28	132	31.20	2:46	119	0:23:35	39	4:42	1:24:48	0:13:01
82	2711	Morgan Odonnell	IRL	0:16:42	121	22:14	4:04	92	0:36:33	83	32.83	2:09	16	0:25:23	85	5:04	1:24:49	0:13:02
83	2684	Kenneth Fitzgibbon	IRL	0:13:56	30	18:34	6:10	191	0:35:30	59	33.81	2:49	134	0:26:28	111	5:17	1:24:51	0:13:04
84	2746	Justin Sherriff	IRL	0:17:30	144	23:18	4:31	118	0:37:49	122	31.74	2:25	63	0:22:51	29	4:34	1:25:02	0:13:15
85	2785	Donal Murphy	IRL	0:12:36	8	16:46	3:39	65	0:37:03	96	32.39	2:44	114	0:29:04	161	5:48	1:25:03	0:13:16
86	2688	Bernard Cunningham	IRL - Limerick	0:14:58	51	19:56	3:23	39	0:37:12	105	32.26	2:48	130	0:26:52	123	5:22	1:25:11	0:13:24
87	2753	Peter Corry	IRL	0:17:11	136	22:54	5:53	186	0:37:20	108	32.15	2:15	32	0:22:40	21	4:31	1:25:17	0:13:30
88	2660	Gary Friel	IRL	0:17:14	138	22:58	4:11	102	0:37:43	119	31.82	2:58	149	0:23:14	33	4:38	1:25:18	0:13:31
89	2704	Michael Keane	IRL - Pulse Triathlon Club	0:16:40	120	22:12	2:58	18	0:37:01	93	32.42	2:25	65	0:26:20	105	5:15	1:25:22	0:13:35
90	2805	Barry O'shea	IRL	0:15:51	78	21:07	3:23	41	0:38:53	143	30.86	2:26	71	0:24:57	75	4:59	1:25:29	0:13:42
91	2716	Ian Kavanagh	IRL	0:16:47	126	22:21	4:42	134	0:34:36	31	34.69	2:49	133	0:26:43	118	5:20	1:25:36	0:13:49
92	2710	Phillip Gargan	IRL - Tri An Mhi	0:15:38	66	20:50	4:50	139	0:35:11	49	34.12	3:10	169	0:26:56	124	5:23	1:25:42	0:13:55
93	2870	Shane Kelly	IRL - Nenagh	0:15:56	83	21:14	3:50	77	0:35:58	69	33.37	2:38	102	0:27:32	140	5:30	1:25:52	0:14:05
94	2851	Aidan Kearney	IRL	0:16:59	132	22:37	4:39	129	0:36:33	82	32.85	2:16	34	0:25:35	89	5:06	1:25:58	0:14:11
95	2733	Gordon Flanagan	IRL	0:16:34	114	22:04	4:41	131	0:34:47	39	34.50	2:57	148	0:27:01	127	5:24	1:25:59	0:14:12
96	2822	Brendan O'brien	IRL	0:16:08	99	21:30	3:25	44	0:36:48	88	32.62	2:39	106	0:27:10	130	5:25	1:26:08	0:14:21
97	2807	Brian Feeney	IRL	0:18:25	162	24:32	4:10	101	0:37:07	101	32.33	2:17	42	0:24:12	56	4:50	1:26:10	0:14:23
98	2689	Derek Rice	IRL - n/a	0:15:58	85	21:16	4:11	104	0:35:19	55	33.99	2:25	64	0:28:22	148	5:40	1:26:12	0:14:25
99	3403	Niall Power	IRL	0:16:00	88	21:19	5:12	161	0:34:59	42	34.31	3:28	183	0:26:43	119	5:20	1:26:21	0:14:34
100	2888	Ross Fitzgerald	IRL	0:16:07	95	21:28	3:19	35	0:34:13	22	35.09	2:22	57	0:30:27	173	6:05	1:26:26	0:14:39
101	2884	Jp Gilmartin	IRL - Nenagh	0:13:43	24	18:17	4:11	103	0:39:19	155	30.53	2:31	78	0:26:51	122	5:22	1:26:33	0:14:46
102	2867	John O'neill	IRL	0:18:02	154	24:01	4:36	125	0:38:45	140	30.97	2:02	10	0:23:33	37	4:42	1:26:57	0:15:10
103	2810	Colm Carty	IRL - Ennis	0:16:55	129	22:32	6:24	196	0:37:27	115	32.04	2:12	26	0:24:18	58	4:51	1:27:15	0:15:28
104	2668	Gregory Lynch	IRL	0:15:07	55	20:09	4:27	115	0:36:37	84	32.78	3:18	175	0:27:48	142	5:33	1:27:16	0:15:29
105	2808	Gavin Timlin	IRL	0:16:45	123	22:19	4:56	148	0:36:46	85	32.65	2:25	67	0:26:30	112	5:17	1:27:20	0:15:33
106	2690	Enda Doran	IRL	0:20:32	188	27:21	4:22	112	0:34:33	28	34.75	2:21	56	0:25:36	90	5:07	1:27:22	0:15:35
107	2831	Kevin Fitzduff	IRL	0:17:05	133	22:46	5:17	162	0:36:04	72	33.28	2:54	140	0:26:16	103	5:15	1:27:35	0:15:48
108	2847	Joe Mc Veigh	IRL	0:16:25	111	21:53	4:53	143	0:37:11	104	32.28	3:09	166	0:25:59	100	5:11	1:27:35	0:15:48
109	2664	Barry Nally	IRL	0:15:40	70	20:52	3:19	36	0:34:55	41	34.37	2:40	108	0:31:12	179	6:14	1:27:44	0:15:57
110	2775	Shane O Dwyer	IRL	0:15:52	79	21:08	4:58	150	0:41:57	188	28.62	2:15	31	0:22:46	26	4:33	1:27:45	0:15:58
111	2696	Dan Murphy	IRL	0:15:10	56	20:12	3:48	75	0:37:08	102	32.33	3:38	189	0:28:05	143	5:36	1:27:48	0:16:01
112	2825	John O'donnell	IRL	0:18:10	158	24:12	4:25	114	0:37:25	112	32.08	2:37	93	0:25:16	81	5:03	1:27:50	0:16:03
113	2719	Paul Connolly	IRL	0:15:32	63	20:41	4:53	146	0:35:35	61	33.72	3:03	157	0:28:50	156	5:45	1:27:52	0:16:05
114	2681	Eoghan Doyle	IRL	0:19:11	178	25:34	5:20	163	0:37:20	109	32.15	2:09	17	0:24:04	55	4:48	1:28:04	0:16:17
115	2917	Barry Dunn	GBR	0:17:06	134	22:47	3:17	32	0:37:45	121	31.80	2:48	126	0:27:12	131	5:26	1:28:06	0:16:19
116	2718	John Thornton	IRL	0:14:17	38	19:02	5:27	172	0:38:07	127	31.49	3:08	164	0:27:14	133	5:26	1:28:11	0:16:24
117	2751	Ronan Hussey	IRL	0:14:46	48	19:40	6:47	201	0:37:00	92	32.44	4:51	205	0:25:05	79	5:00	1:28:28	0:16:41
118	2670	Bobby Smyth	IRL	0:17:39	148	23:31	5:44	182	0:39:10	150	30.65	2:59	150	0:23:05	30	4:36	1:28:35	0:16:48
119	2701	Craig Mc Namara	IRL	0:18:08	157	24:10	4:30	117	0:37:26	113	32.06	2:49	132	0:25:50	95	5:09	1:28:41	0:16:54
120	2673	Liam Finn	IRL - none	0:16:10	102	21:32	4:40	130	0:40:00	163	30.00	2:52	137	0:25:03	77	5:00	1:28:42	0:16:55
121	2919	John Fallon	IRL	0:16:23	110	21:50	3:53	81	0:39:17	154	30.55	2:53	138	0:26:23	108	5:16	1:28:48	0:17:01
122	2834	Thomas O'donoghue	IRL	0:14:55	50	19:52	4:01	88	0:38:34	136	31.13	3:05	160	0:28:34	153	5:42	1:29:07	0:17:20
123	2727	John Dooley	IRL	0:15:59	86	21:17	4:06	93	0:41:06	181	29.21	2:29	75	0:25:42	92	5:08	1:29:19	0:17:32

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
124	2816	Gerard O Daly	IRL	0:14:53	49	19:49	4:07	94	0:39:30	159	30.39	2:38	103	0:28:17	147	5:39	1:29:23	0:17:36
125	3397	Paul Gunning	IRL - Athlone	0:14:59	52	19:58	4:19	110	0:40:07	165	29.91	2:48	129	0:27:12	132	5:26	1:29:24	0:17:37
126	2768	Noel Faherty	IRL	0:18:58	171	25:16	4:48	138	0:39:08	147	30.67	2:38	104	0:24:02	52	4:48	1:29:33	0:17:46
127	2786	Jonathan Culloty	IRL - -	0:19:30	181	25:59	5:24	169	0:39:11	152	30.63	2:27	72	0:23:08	31	4:37	1:29:38	0:17:51
128	2909	Ray Mcgrath	IRL	0:17:29	143	23:18	5:05	158	0:36:30	80	32.88	2:37	98	0:28:07	144	5:37	1:29:47	0:18:00
129	2702	Stephen Casey	IRL	0:17:18	141	23:03	4:12	106	0:36:57	90	32.48	3:01	155	0:28:26	151	5:41	1:29:53	0:18:06
130	2722	Cian Baynes	IRL	0:16:38	118	22:09	5:01	155	0:39:11	151	30.63	2:11	21	0:27:15	135	5:26	1:30:14	0:18:27
131	2754	Shaun Keogan	IRL	0:16:19	108	21:45	4:34	123	0:40:20	169	29.76	2:40	109	0:26:57	126	5:23	1:30:48	0:19:01
132	2700	Kevin Derrig	IRL - N/A	0:18:39	167	24:51	5:38	179	0:37:24	111	32.10	2:50	136	0:26:21	106	5:16	1:30:51	0:19:04
133	2677	Niall Dunne	IRL	0:18:59	172	25:17	5:48	183	0:39:22	157	30.48	2:48	127	0:24:03	53	4:48	1:30:58	0:19:11
134	2676	Shane O'hara	IRL	0:19:23	179	25:49	3:58	86	0:39:14	153	30.60	2:24	61	0:26:02	101	5:12	1:30:58	0:19:11
135	2728	Wesley Reilly	IRL - trilogy	0:19:32	182	26:01	3:28	48	0:39:10	149	30.65	2:57	146	0:25:55	97	5:10	1:30:59	0:19:12
136	2758	Padraig Purcell	IRL - Cork	0:21:03	193	28:03	4:39	127	0:37:21	110	32.13	2:31	79	0:25:29	87	5:05	1:31:00	0:19:13
137	2883	Ivan Dunne	IRL - Midlands Triathlon Club	0:18:11	159	24:14	4:46	135	0:37:53	125	31.68	2:54	139	0:27:19	138	5:27	1:31:03	0:19:16
138	2782	Robert Scallan	IRL - Cork Tri Club	0:15:03	53	20:02	4:57	149	0:38:31	135	31.16	3:04	158	0:29:33	166	5:54	1:31:06	0:19:19
139	2830	Rob O Reilly	IRL - n/a	0:17:30	145	23:19	4:02	90	0:39:01	145	30.76	2:29	76	0:28:08	145	5:37	1:31:09	0:19:22
140	2879	Martin Brosnan	IRL	0:18:26	164	24:34	4:53	145	0:38:23	130	31.27	2:56	141	0:26:35	114	5:18	1:31:12	0:19:25
141	2817	Damien Melville	IRL	0:17:15	139	22:59	5:25	171	0:39:38	160	30.28	2:18	46	0:26:39	116	5:19	1:31:14	0:19:27
142	2833	Gary O'brien	IRL	0:15:18	58	20:23	3:47	74	0:38:28	133	31.20	2:45	117	0:31:02	176	6:12	1:31:19	0:19:32
143	2907	Colin Haverly	IRL	0:15:44	73	20:58	4:59	152	0:37:39	118	31.88	3:00	152	0:30:09	170	6:01	1:31:29	0:19:42
144	2799	Ken Rogan	IRL	0:16:27	112	21:55	6:02	190	0:35:55	67	33.41	2:26	70	0:30:51	174	6:10	1:31:40	0:19:53
145	2779	Peter Buckley	IRL	0:16:53	128	22:30	6:22	195	0:38:30	134	31.18	3:41	190	0:26:26	109	5:17	1:31:51	0:20:04
146	3400	Tadhg Cowhig	IRL	0:17:30	146	23:19	4:32	121	0:39:29	158	30.40	3:10	170	0:27:14	134	5:26	1:31:54	0:20:07
147	2663	Brian Otoole	IRL	0:21:59	195	29:18	5:11	160	0:35:15	53	34.05	2:37	95	0:27:39	141	5:31	1:32:39	0:20:52
148	3398	Niall Mchugh	IRL	0:14:38	46	19:29	3:35	57	0:41:00	178	29.27	2:47	122	0:30:55	175	6:10	1:32:54	0:21:07
149	2806	Dave Mccourt	IRL - Athlone Tri Club	0:16:10	104	21:33	3:40	67	0:41:46	186	28.73	4:13	202	0:27:10	129	5:25	1:32:57	0:21:10
150	2889	Raymond Rooney	IRL - NO CLUB	0:18:06	156	24:07	5:00	153	0:40:26	170	29.68	2:26	68	0:27:06	128	5:25	1:33:02	0:21:15
151	2750	Kevin Hayes	IRL	0:16:33	113	22:02	5:24	168	0:36:58	91	32.47	3:53	197	0:30:20	172	6:03	1:33:05	0:21:18
152	2905	Gerard Ryan	IRL - -	0:18:41	168	24:53	4:48	137	0:38:15	129	31.37	3:02	156	0:28:24	150	5:40	1:33:08	0:21:21
153	2745	Dermod Ward	IRL - Athlone TriClub	0:16:20	109	21:46	4:01	89	0:40:26	171	29.68	2:48	125	0:29:46	168	5:57	1:33:20	0:21:33
154	2873	Alan Duffy	IRL	0:16:58	131	22:36	5:35	178	0:39:55	162	30.07	3:06	162	0:28:16	146	5:39	1:33:47	0:22:00
155	2811	Joss Armstrong	IRL	0:16:47	125	22:21	5:00	154	0:40:11	166	29.87	3:09	168	0:29:00	159	5:47	1:34:05	0:22:18
156	2840	Eugene Hassett	ANT	0:15:22	60	20:28	7:32	207	0:39:07	146	30.68	3:26	180	0:29:11	163	5:50	1:34:36	0:22:49
157	2665	Philip Urrea	IRL	0:17:42	149	23:35	6:28	197	0:41:00	179	29.27	2:56	142	0:26:33	113	5:18	1:34:37	0:22:50
158	2737	Gareth Duffy	IRL	0:18:00	152	23:59	4:13	107	0:39:49	161	30.14	3:43	193	0:29:10	162	5:49	1:34:53	0:23:06
159	2781	Jeremy Long	IRL - *	0:16:03	91	21:23	5:25	170	0:40:35	173	29.58	3:46	195	0:29:18	165	5:51	1:35:05	0:23:18
160	2683	Patrick Murray	IRL - Athlone	0:19:36	183	26:07	4:23	113	0:38:10	128	31.45	3:59	200	0:29:00	160	5:47	1:35:06	0:23:19
161	2685	Cormac Feeney	IRL	0:23:37	198	31:28	4:42	132	0:38:24	131	31.25	2:36	88	0:26:18	104	5:15	1:35:34	0:23:47
162	2736	Johnny Mcculloch	IRL	0:15:52	81	21:09	4:51	141	0:40:33	172	29.59	2:36	89	0:31:56	182	6:23	1:35:46	0:23:59
163	2861	Jonathan Forrest	IRL	0:23:54	199	31:51	5:06	159	0:38:40	139	31.04	2:45	116	0:25:53	96	5:10	1:36:16	0:24:29
164	2784	Ciaran Nolan	IRL	0:19:28	180	25:56	4:47	136	0:43:01	193	27.90	2:30	77	0:26:57	125	5:23	1:36:40	0:24:53
165	2714	William Owens	IRL	0:24:31	202	32:40	4:58	151	0:38:48	141	30.94	2:43	111	0:25:48	94	5:09	1:36:45	0:24:58
166	2838	Aubrey Anderson	IRL	0:18:41	169	24:54	5:05	157	0:44:39	201	26.89	2:46	120	0:25:42	93	5:08	1:36:51	0:25:04
167	2836	Damien Kelly	IRL	0:17:23	142	23:10	4:32	119	0:43:27	194	27.62	2:37	96	0:29:15	164	5:50	1:37:12	0:25:25
168	2712	Fergal Gallagher	IRL	0:19:07	174	25:28	6:46	199	0:40:57	177	29.31	4:37	204	0:26:08	102	5:13	1:37:33	0:25:46
169	2693	Darren Coyle	IRL	0:15:38	65	20:49	6:10	192	0:40:40	174	29.52	3:46	196	0:31:38	180	6:19	1:37:50	0:26:03
170	2911	Alan Hanly	IRL - Trilogy	0:15:50	77	21:06	5:38	180	0:40:02	164	29.98	3:22	177	0:33:34	190	6:42	1:38:25	0:26:38
171	2821	John Stacey	IRL	0:16:47	124	22:21	4:53	144	0:41:24	184	28.99	2:56	144	0:32:31	185	6:30	1:38:29	0:26:42
172	2669	Peter Maxwell	IRL	0:20:30	187	27:19	5:03	156	0:37:04	97	32.39	3:26	181	0:32:57	188	6:35	1:38:58	0:27:11
173	2859	Tom Mccloskey	IRL	0:19:08	175	25:29	6:46	200	0:43:52	195	27.36	2:29	74	0:26:49	120	5:21	1:39:02	0:27:15
174	2839	Páraic Nolan	IRL - Predator	0:16:51	127	22:27	5:27	173	0:41:15	182	29.10	3:37	187	0:31:57	183	6:23	1:39:05	0:27:18
175	2766	Thanasie Kaldanis	IRL - cavan triathlon club	0:22:47	196	30:21	4:15	109	0:40:55	176	29.34	2:38	100	0:28:38	154	5:43	1:39:11	0:27:24

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
176	3401	Willie Treacy	IRL	0:19:00	173	25:19	6:20	194	0:42:51	192	28.01	2:45	118	0:28:26	152	5:41	1:39:21	0:27:34
177	2770	Donncha Kelly	IRL	0:17:53	150	23:50	7:06	204	0:42:28	191	28.26	3:06	163	0:29:35	167	5:54	1:40:07	0:28:20
178	2857	Cormac Reid	IRL	0:16:12	105	21:35	5:24	167	0:41:53	187	28.65	4:25	203	0:32:42	187	6:32	1:40:34	0:28:47
179	2765	John C. Friend-Pereira	IRL	0:20:36	189	27:26	6:37	198	0:38:39	138	31.06	3:37	188	0:31:10	177	6:13	1:40:37	0:28:50
180	2912	Cyril Killeen	IRL - none	0:16:04	92	21:24	5:59	188	0:45:15	202	26.53	4:03	201	0:29:49	169	5:57	1:41:07	0:29:20
181	2695	Bernard Coen	IRL	0:25:16	205	33:40	5:58	187	0:40:12	167	29.86	3:57	199	0:25:55	98	5:10	1:41:16	0:29:29
182	2915	Vinent Clarke	IRL	0:23:24	197	31:11	6:20	193	0:38:57	144	30.81	3:00	153	0:30:19	171	6:03	1:41:59	0:30:12
183	2837	Adrian Barry	IRL	0:24:26	201	32:33	5:20	164	0:41:24	183	29.00	2:19	47	0:28:47	155	5:45	1:42:14	0:30:27
184	2856	Cormac Liston	IRL	0:16:13	106	21:36	7:12	205	0:40:47	175	29.42	5:00	206	0:33:38	191	6:43	1:42:48	0:31:01
185	2803	John Rabbett	IRL	0:16:08	98	21:29	4:39	128	0:44:22	200	27.05	3:30	185	0:35:23	193	7:04	1:43:59	0:32:12
186	2862	Paul Waters	IRL	0:21:50	194	29:05	6:49	202	0:44:15	199	27.12	2:50	135	0:28:22	149	5:40	1:44:04	0:32:17
187	2886	Alan Geraghty	IRL - Wicklow	0:20:12	185	26:54	4:29	116	0:47:00	205	25.54	3:35	186	0:28:52	157	5:46	1:44:06	0:32:19
188	2741	Brian Doyle	IRL	0:28:41	207	38:14	12:01	208	0:35:13	50	34.09	3:43	192	0:26:41	117	5:20	1:46:17	0:34:30
189	2713	Ray Foley	IRL	0:20:53	191	27:50	5:22	165	0:44:08	197	27.20	3:25	179	0:33:32	189	6:42	1:47:18	0:35:31
190	2887	Alan Kennedy	IRL	0:24:13	200	32:17	5:34	177	0:42:12	190	28.44	3:28	182	0:32:18	184	6:27	1:47:43	0:35:56
191	2687	Ronan Cahill	IRL	0:20:05	184	26:46	6:51	203	0:46:53	204	25.60	3:08	165	0:31:12	178	6:14	1:48:07	0:36:20
192	2721	Andrew Flannery	IRL - none	0:19:08	176	25:29	5:52	185	0:42:05	189	28.52	3:12	173	0:38:24	195	7:40	1:48:39	0:36:52
193	2885	Brendan Hennessy	IRL	0:20:54	192	27:51	7:29	206	0:44:06	196	27.21	3:42	191	0:33:48	192	6:45	1:49:57	0:38:10
194	2824	Barry Power	IRL	0:27:58	206	37:16	5:33	176	0:44:15	198	27.12	3:09	167	0:31:44	181	6:20	1:52:37	0:40:50
195	2853	Daniel Hickey	IRL	0:24:37	203	32:48	4:33	122	0:39:10	148	30.65	3:20	176	0:41:51	196	8:22	1:53:29	0:41:42
196	2874	Kevin Pypier	IRL	0:16:55	130	22:32	5:50	184	0:51:26	207	23.33	3:04	159	0:36:18	194	7:15	1:53:32	0:41:45
197	2832	Damien Fallon	IRL	0:29:34	208	39:24	5:40	181	0:50:16	206	23.88	6:30	207	0:32:32	186	6:30	2:04:30	0:52:43
DNF	2705	Michael Fitzsimons	IRL - None	0:18:17	160	24:21	5:28	174	0:37:51	124	31.71	6:44	208		0			
DNF	3450	Derek Gallagher	IRL		0		11:25	209		0			0		0			
DNF	2707	Daniel Sheeran	IRL		0			0		0			0		0			
DNF	2694	Martin Murphy	IRL		0			0		0			0		0			
DNF	2699	John Quigley	IRL		0			0		0			0		0			
DNF	2691	David O'driscoll	IRL		0			0		0			0		0			
DNF	2678	Barry Faherty	IRL		0			0		0			0		0			
DNF	2682	Kenny Byrne	IRL		0			0		0			0		0			
DNF	2738	Bernie Conlon	IRL		0			0		0			0		0			
DNF	2742	Cairbre Finan	IRL		0			0		0			0		0			
DNF	2743	Peter Rock	IRL		0			0		0			0		0			
DNF	2744	David O'connor	IRL		0			0		0			0		0			
DNF	2748	Paul Murphy	IRL		0			0		0			0		0			
DNF	2715	Cormac Byrne	IRL		0			0		0			0		0			
DNF	2717	Nigel O' Neill	IRL		0			0		0			0		0			
DNF	2720	Shane Mitchell	IRL		0			0		0			0		0			
DNF	2723	Shane Cahill	IRL		0			0		0			0		0			
DNF	2730	Paul Stacey	IRL		0			0		0			0		0			
DNF	2731	Brian Lynch	IRL		0			0		0			0		0			
DNF	2732	Dara Hayden	IRL		0			0		0			0		0			
DNF	2823	Declan Flavin	IRL		0			0		0			0		0			
DNF	2819	David Walsh	IRL		0			0		0			0		0			
DNF	2813	Gary O'dowd	IRL		0			0		0			0		0			
DNF	2814	Shane Whelan	IRL		0			0		0			0		0			
DNF	2802	Johnny Walsh	IRL		0			0		0			0		0			
DNF	2793	Kevin Hall	IRL - Galway Triathlon Club		0			0		0			0		0			
DNF	2794	Patrick Harmon	IRL - n/a		0			0		0			0		0			
DNF	2797	Denis Spillane	IRL		0			0		0			0		0			
DNF	2789	Ollie Cleary	IRL		0			0		0			0		0			
DNF	2764	John Duggan	IRL - N/A		0			0		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	2760	Tony Wilson	IRL - Navy Tri Club		0			0		0			0		0			
DNF	2761	Paul Kieran	IRL - Piranha		0			0		0			0		0			
DNF	2762	Russell Lincoln	IRL		0			0		0			0		0			
DNF	2756	Don Thornton	IRL - None		0			0		0			0		0			
DNF	2772	Alan Hennebery	IRL		0			0		0			0		0			
DNF	2777	Hugh Brosnan	IRL		0			0		0			0		0			
DNF	2778	Shane Mclaughlin	IRL - Piranha		0			0		0			0		0			
DNF	2787	Ken Dunne	IRL		0			0		0			0		0			
DNF	2675	Shamim Ashraf	GBR		0			0		0			0		0			
DNF	2666	Barry Casey	IRL - Setanta Tri Club		0			0		0			0		0			
DNF	2828	Conor Cullen	IRL		0			0		0			0		0			
DNF	2829	Brian Daragh Murphy	IRL		0			0		0			0		0			
DNF	2842	Gerry Gallagher	IRL		0			0		0			0		0			
DNF	2843	Lee Kielthy	IRL - n/a		0			0		0			0		0			
DNF	2854	Turlough Blessing	IRL		0			0		0			0		0			
DNF	2855	Fran Keane	IRL		0			0		0			0		0			
DNF	2852	Patrick Ward	IRL		0			0		0			0		0			
DNF	2849	Anthony Mc Mahon	IRL		0			0		0			0		0			
DNF	2860	Darren Whelan	IRL		0			0		0			0		0			
DNF	2858	Kevin Doyle	IRL - Galway Triathlon Club		0			0		0			0		0			
DNF	2875	Eoin O'sullivan	IRL - Galway		0			0		0			0		0			
DNF	2882	Duncan Mckenzie	IRL - Team Stout Tri		0			0		0			0		0			
DNF	2892	Brian Bonham	IRL - Trilogy Triathlon		0			0		0			0		0			
DNF	2916	Mark Kennedy	IRL		0			0		0			0		0			
DNF	2899	Eoin Cashin	IRL		0			0		0			0		0			
DNF	2906	Gavan Ward	IRL		0			0		0			0		0			
DNF	2903	Mark Stacey	IRL		0			0		0			0		0			
DSQ	2835	Tell Coura	BRA	0:11:21	3	15:06	2:34	4	0:32:30	3	36.93	2:10	18		0			
DSQ	2672	Jonathan Drake	IRL	0:13:44	25	18:17	3:21	37	0:35:48	65	33.52	2:24	62		0			
DSQ	2739	Shane Devlin	IRL - 3D Tri	0:18:26	163	24:33	3:01	21	0:33:39	14	35.66	2:31	81		0			
DSQ	2773	Rory O'neill	IRL - 3D Tri	0:18:17	161	24:21	3:00	20	0:35:01	44	34.28	1:52	4		0			
DSQ	2898	David Eustace	IRL	0:17:13	137	22:56	3:49	76	0:39:21	156	30.51	2:31	80		0			
DSQ	2894	Conor Egan	IRL	0:16:09	100	21:30	3:51	78	0:41:02	180	29.25	3:22	178		0			
DSQ	2759	Paul Fox	IRL	0:18:02	153	24:01	4:36	124	0:40:19	168	29.77	2:16	36		0			
DSQ	2845	Don Daly	IRL	0:19:11	177	25:34	6:02	189	0:38:53	142	30.87	2:59	151		0			
DSQ	2783	Peter Smiley	IRL	0:24:45	204	32:59	3:06	23	0:37:12	106	32.26	3:05	161		0			
DSQ	2846	James Callery	IRL	0:18:29	165	24:37	5:23	166	0:41:28	185	28.94	3:53	198		0			
DSQ	2869	Conor Mooney	IRL	0:20:48	190	27:43	5:32	175	0:46:25	203	25.86	3:14	174		0			

Open: Sprint: Open Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	3034	John Caffrey	IRL - belpark	0:12:03	4	16:03	2:21	1	0:29:41	2	40.44	1:50	4	0:19:25	2	3:53	1:05:19	
2	3407	Philip Nolan	IRL - Belpark	0:13:13	13	17:37	2:28	3	0:29:35	1	40.58	1:47	3	0:20:24	4	4:04	1:07:25	0:02:06
3	3513	Eoghan Obrien	IRL - Cork	0:13:19	14	17:44	2:22	2	0:30:50	3	38.93	1:44	1	0:19:49	3	3:57	1:08:02	0:02:43
4	2960	Niall Ivory	IRL - Setanta	0:11:17	3	15:02	2:50	7	0:31:12	4	38.46	2:04	7	0:21:30	5	4:17	1:08:52	0:03:33
5	2963	Colm Mccole	IRL	0:13:32	21	18:01	3:48	56	0:31:39	6	37.93	2:22	34	0:21:56	9	4:23	1:13:15	0:07:56
6	3411	Cyril Mccarthy	IRL	0:13:12	12	17:35	2:52	8	0:34:30	30	34.79	2:20	29	0:21:35	6	4:18	1:14:28	0:09:09
7	2999	Euan Lees	GBR - Ful-On Tri	0:11:08	2	14:49	4:53	104	0:34:22	27	34.93	2:37	61	0:21:39	8	4:19	1:14:36	0:09:17
8	3023	Don Morrissey	IRL	0:12:37	7	16:48	2:59	16	0:34:20	26	34.97	2:06	9	0:23:18	18	4:39	1:15:17	0:09:58
9	2972	Barry Coll	IRL - n/a	0:12:15	5	16:19	3:28	37	0:35:08	41	34.16	2:06	10	0:23:03	16	4:36	1:15:59	0:10:40
10	2951	Stephen O" Reilly	IRL	0:14:28	32	19:16	2:55	11	0:34:01	19	35.29	2:39	67	0:21:58	10	4:23	1:15:59	0:10:40
11	2967	Michael Daly	IRL	0:16:12	84	21:35	3:37	53	0:32:10	10	37.32	3:05	113	0:21:39	7	4:19	1:16:41	0:11:22

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Results: Categories

Open: Sprint: Open Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
12	3031	Noel Cronin	IRL	0:13:00	9	17:18	3:07	22	0:35:27	48	33.86	2:20	27	0:24:03	27	4:48	1:17:55	0:12:36
13	3089	Daragh Collier	IRL - Citywest	0:13:00	8	17:18	3:07	23	0:35:27	49	33.86	2:20	28	0:24:03	26	4:48	1:17:55	0:12:36
14	2980	Michael King	IRL	0:14:34	35	19:24	3:05	20	0:34:23	28	34.90	3:04	108	0:23:00	15	4:35	1:18:04	0:12:45
15	2997	Nicholas Gallagher	IRL	0:14:03	26	18:43	3:19	33	0:36:12	58	33.16	2:11	16	0:22:33	13	4:30	1:18:16	0:12:57
16	3010	Brendan Ryder	IRL - liquid motion	0:14:46	39	19:41	3:51	60	0:31:43	9	37.85	2:33	56	0:25:47	63	5:09	1:18:38	0:13:19
17	2992	Edward O'reilly	IRL - T3	0:15:48	67	21:02	2:54	9	0:33:34	14	35.76	2:24	43	0:24:14	33	4:50	1:18:52	0:13:33
18	3113	Fred Hickey	IRL - Phoenix Flamers	0:12:22	6	16:29	2:37	4	0:36:00	55	33.34	2:18	24	0:25:44	61	5:08	1:18:59	0:13:40
19	2962	Ronan Meally	IRL - None	0:17:26	111	23:13	3:16	31	0:31:41	7	37.88	3:05	112	0:23:49	22	4:45	1:19:15	0:13:56
20	3109	Ronan Power	IRL - None	0:13:57	24	18:35	4:55	107	0:35:20	43	33.97	2:09	12	0:23:15	17	4:38	1:19:34	0:14:15
21	2990	Ivor Banim	IRL	0:15:42	63	20:55	2:42	5	0:34:24	29	34.89	2:42	75	0:24:13	31	4:50	1:19:41	0:14:22
22	3083	Michael Walshe	IRL - Midland Tri Club	0:13:59	25	18:38	3:33	47	0:35:02	37	34.26	2:26	46	0:25:06	44	5:01	1:20:04	0:14:45
23	3022	Vincent O'brien	IRL - Midland Tri Club	0:13:08	10	17:29	2:56	12	0:36:40	66	32.74	2:06	8	0:25:26	54	5:05	1:20:13	0:14:54
24	3003	Joe Macken	IRL - athlone triathlon club	0:18:24	133	24:30	2:57	14	0:31:26	5	38.18	2:20	30	0:25:10	45	5:01	1:20:15	0:14:56
25	2965	Gerard Mulligan	IRL	0:14:40	37	19:32	3:11	27	0:35:01	35	34.28	2:24	41	0:25:04	42	5:00	1:20:17	0:14:58
26	3071	Alan Cussen	IRL - Trilogy	0:17:33	113	23:23	2:56	13	0:32:52	12	36.53	3:04	110	0:24:03	28	4:48	1:20:25	0:15:06
27	2944	Cathal Esler	IRL - DFTA	0:13:34	22	18:04	3:01	17	0:37:52	89	31.70	2:23	36	0:23:47	21	4:45	1:20:34	0:15:15
28	3047	Eoin Mcdonagh	IRL	0:14:04	27	18:44	3:21	34	0:35:23	44	33.92	2:25	44	0:25:34	59	5:06	1:20:46	0:15:27
29	3090	Kevin Blessing	IRL	0:15:55	72	21:12	2:50	6	0:34:03	20	35.25	2:13	17	0:25:48	64	5:09	1:20:47	0:15:28
30	3033	Patrick Moylan	IRL - Ennis Tri	0:14:06	29	18:47	3:05	19	0:35:56	54	33.40	2:15	20	0:25:30	58	5:05	1:20:50	0:15:31
31	2975	Shane Barrett	IRL - Pulse	0:15:24	54	20:31	3:22	35	0:34:16	25	35.04	2:39	66	0:25:14	48	5:02	1:20:52	0:15:33
32	3106	Tom Colsh	IRL - sligo rowing club	0:16:21	89	21:47	4:13	74	0:32:46	11	36.64	2:27	47	0:25:11	46	5:02	1:20:55	0:15:36
33	2953	Mark Lacey	IRL - pulse tri club	0:17:52	120	23:48	3:10	26	0:33:14	13	36.11	2:55	99	0:24:04	29	4:48	1:21:14	0:15:55
34	2986	Conal Casey	IRL - None	0:14:22	31	19:08	3:57	64	0:35:24	45	33.91	2:43	77	0:24:52	38	4:58	1:21:16	0:15:57
35	3413	Robert Grant	IRL - Trilogy	0:16:25	93	21:52	3:29	39	0:35:24	46	33.91	2:09	13	0:24:03	25	4:48	1:21:28	0:16:09
36	2925	Fran Hanlon	IRL	0:15:47	66	21:01	5:07	117	0:34:07	22	35.18	2:23	37	0:24:06	30	4:49	1:21:28	0:16:09
37	2922	Tom Barry	IRL	0:14:58	42	19:56	4:03	67	0:35:44	51	33.60	2:34	58	0:24:13	32	4:50	1:21:30	0:16:11
38	3048	Brian Kavanagh	IRL	0:16:14	85	21:37	4:17	75	0:34:14	24	35.06	3:18	130	0:23:30	20	4:41	1:21:30	0:16:11
39	3065	Keith Hennessy	IRL	0:16:08	82	21:30	4:25	81	0:31:42	8	37.87	3:10	124	0:26:17	73	5:15	1:21:40	0:16:21
40	3488	Vincent Gethins	IRL	0:15:23	53	20:30	4:18	76	0:36:18	60	33.07	2:14	18	0:23:29	19	4:41	1:21:40	0:16:21
41	3001	Mark Power	IRL - N/A	0:16:10	83	21:33	4:23	79	0:33:48	17	35.51	2:48	85	0:25:04	43	5:00	1:22:12	0:16:53
42	3014	Eddie Carr	IRL - DFTA	0:16:06	80	21:27	3:19	32	0:36:00	56	33.33	2:22	32	0:24:43	37	4:56	1:22:28	0:17:09
43	2969	Patrick Lennon	IRL - Pulse	0:16:28	96	21:56	3:04	18	0:34:34	31	34.73	2:47	83	0:26:00	68	5:11	1:22:51	0:17:32
44	3082	Paul O'gara	IRL - 24/7 Letterkenny	0:15:33	59	20:43	3:29	40	0:37:21	75	32.14	2:36	60	0:23:55	24	4:46	1:22:53	0:17:34
45	2945	Graham Parker	IRL	0:17:54	121	23:50	4:42	99	0:36:19	62	33.05	2:02	6	0:21:59	12	4:23	1:22:54	0:17:35
46	3058	Anthony O'shea	IRL	0:17:05	106	22:46	3:09	25	0:35:04	40	34.23	2:22	33	0:25:19	52	5:03	1:22:57	0:17:38
47	3057	David Moran	IRL	0:17:08	107	22:50	3:13	28	0:33:34	15	35.76	2:33	55	0:26:43	78	5:20	1:23:09	0:17:50
48	2926	Nigel Roy	IRL	0:15:54	71	21:11	4:10	71	0:37:15	73	32.22	2:19	26	0:23:54	23	4:46	1:23:29	0:18:10
49	3039	Jan Vitek	IRL	0:14:11	30	18:54	4:01	66	0:35:02	38	34.26	2:45	81	0:27:47	92	5:33	1:23:44	0:18:25
50	3415	Paul Hartigan	IRL - Postive Panda	0:13:26	15	17:54	4:44	101	0:37:29	82	32.03	3:08	120	0:25:01	41	5:00	1:23:46	0:18:27
51	3037	Graham Parker	IRL - 247 Letterkenny	0:13:11	11	17:34	3:07	21	0:36:50	69	32.58	2:24	42	0:28:19	97	5:39	1:23:49	0:18:30
52	3024	Alan Gavin	IRL	0:13:31	20	18:00	4:43	100	0:35:03	39	34.24	3:29	138	0:27:24	85	5:28	1:24:08	0:18:49
53	3044	Gavin Heeney	IRL	0:13:31	19	18:00	3:32	46	0:38:46	103	30.96	3:07	117	0:25:27	55	5:05	1:24:22	0:19:03
54	2989	Paddy Heaney	IRL		0			0		0			0	10:46:30	145	9:18	1:25:03	0:19:44
55	2950	Derek Kinsella	IRL - Ennis tri club	0:15:02	44	20:02	3:35	51	0:37:20	74	32.14	2:58	101	0:26:14	72	5:14	1:25:08	0:19:49
56	2954	Darren Ireland	IRL - Pulse	0:18:01	125	24:00	4:27	84	0:35:17	42	34.02	2:52	91	0:24:56	39	4:59	1:25:31	0:20:12
57	2946	John Cullinan	IRL	0:16:56	103	22:34	3:26	36	0:37:55	90	31.66	2:21	31	0:24:59	40	4:59	1:25:35	0:20:16
58	3078	John Whyte	IRL - Athlone	0:18:16	130	24:20	4:26	82	0:35:26	47	33.87	2:53	94	0:24:35	36	4:54	1:25:35	0:20:16
59	3021	Richard Doyle	IRL - Piranha	0:15:58	74	21:16	3:38	54	0:35:55	52	33.42	2:51	89	0:27:21	84	5:28	1:25:41	0:20:22
60	2939	Damian Cooper	IRL	0:14:31	34	19:20	3:56	63	0:34:37	32	34.67	3:33	143	0:29:08	110	5:49	1:25:42	0:20:23
61	3027	Brendan Wallace	IRL	0:14:48	40	19:42	3:48	55	0:35:56	53	33.40	2:53	93	0:28:29	100	5:41	1:25:51	0:20:32
62	2948	Ronan Dillon	IRL - DFTA	0:17:46	116	23:40	2:55	10	0:37:26	79	32.07	2:17	23	0:25:52	66	5:10	1:26:14	0:20:55
63	3069	Jamie Keogh	IRL	0:17:49	118	23:44	4:05	68	0:37:26	80	32.06	2:30	50	0:24:27	34	4:53	1:26:15	0:20:56

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
64	3103	Michael Keating	IRL - Valentia Island	0:15:59	76	21:18	3:37	52	0:35:02	36	34.27	2:32	53	0:29:10	111	5:49	1:26:19	0:21:00
65	3051	Niall Moore	IRL - Athlone Triathlon Club	0:15:20	51	20:25	3:34	50	0:37:22	78	32.13	2:52	90	0:27:33	87	5:30	1:26:38	0:21:19
66	3006	Grayson Reid	IRL - Athlone Triathlon Club	0:16:20	88	21:46	3:29	38	0:39:15	113	30.57	2:29	49	0:25:17	51	5:03	1:26:48	0:21:29
67	3108	Caimin Moloney	IRL - Emmaoife	0:18:30	135	24:39	4:28	85	0:35:39	50	33.66	2:31	52	0:25:59	67	5:11	1:27:06	0:21:47
68	3460	Kevin Malone	IRL - none	0:16:08	81	21:29	3:31	42	0:36:37	63	32.79	3:20	132	0:27:52	93	5:34	1:27:25	0:22:06
69	2924	Robin Evans	IRL	0:15:26	55	20:33	5:08	119	0:38:25	98	31.25	2:51	87	0:25:38	60	5:07	1:27:26	0:22:07
70	3097	Willie Norse	IRL - None	0:16:16	87	21:40	4:55	106	0:38:24	97	31.25	2:40	71	0:25:29	57	5:05	1:27:42	0:22:23
71	3049	Lee Thompson	IRL	0:17:11	108	22:54	3:51	58	0:36:19	61	33.05	3:00	103	0:27:27	86	5:29	1:27:46	0:22:27
72	2959	Julian O'mahoney	IRL - None	0:14:45	38	19:39	7:12	158	0:42:59	150	27.92	4:17	159	0:18:36	1	3:43	1:27:47	0:22:28
73	3072	Cormac Oconnor	IRL	0:13:26	16	17:54	3:31	41	0:40:03	124	29.97	2:35	59	0:28:15	95	5:38	1:27:49	0:22:30
74	3063	Trevor Lawless	IRL	0:15:59	75	21:18	3:56	62	0:38:23	96	31.27	2:32	54	0:27:06	81	5:25	1:27:54	0:22:35
75	3110	Ray Quinn	IRL	0:15:09	47	20:10	5:19	125	0:39:15	112	30.58	3:02	106	0:25:15	49	5:02	1:27:58	0:22:39
76	3020	Nigel Mcnamara	IRL - athlone	0:14:52	41	19:48	3:31	43	0:37:21	76	32.14	2:38	65	0:29:42	116	5:56	1:28:02	0:22:43
77	2968	Garry Ferguson	IRL	0:18:44	139	24:57	3:32	45	0:36:37	65	32.77	2:23	40	0:26:51	79	5:22	1:28:05	0:22:46
78	3019	Patsy Fannin	IRL - na	0:15:53	70	21:09	4:08	70	0:37:42	85	31.83	2:19	25	0:28:15	94	5:38	1:28:14	0:22:55
79	3076	William Prendergast	IRL	0:16:21	90	21:47	4:28	88	0:40:48	136	29.42	2:23	39	0:24:29	35	4:53	1:28:28	0:23:09
80	3045	Conor Fitzgerald	IRL - Wicklow	0:15:40	60	20:52	4:28	86	0:39:01	107	30.77	2:40	69	0:26:42	77	5:20	1:28:29	0:23:10
81	3054	Barry Gaynor	IRL	0:18:01	124	24:00	4:37	91	0:37:05	72	32.37	2:42	74	0:26:08	71	5:13	1:28:31	0:23:12
82	3081	Justin Trehy	IRL	0:16:27	94	21:55	4:55	108	0:37:27	81	32.05	2:54	97	0:27:01	80	5:24	1:28:42	0:23:23
83	3080	David Hynes	IRL	0:19:07	141	25:29	4:40	95	0:37:47	87	31.76	2:01	5	0:25:11	47	5:02	1:28:45	0:23:26
84	2977	Robin Rynhart	IRL	0:16:01	77	21:20	4:35	90	0:38:22	95	31.29	2:23	35	0:27:34	88	5:30	1:28:53	0:23:34
85	3060	Anthony Fairbrother	IRL - none	0:17:54	123	23:51	4:23	78	0:39:08	110	30.67	2:10	14	0:25:21	53	5:04	1:28:54	0:23:35
86	3077	Gary Toole	IRL	0:15:13	48	20:16	4:24	80	0:36:17	59	33.08	3:02	105	0:30:11	122	6:02	1:29:04	0:23:45
87	3013	Thomas Gilhooly	IRL - Athlone TRI Club	0:16:32	97	22:02	3:34	48	0:36:52	70	32.55	3:18	131	0:28:53	105	5:46	1:29:08	0:23:49
88	3012	James M Reidy	IRL	0:19:24	144	25:51	3:52	61	0:36:12	57	33.16	3:06	115	0:27:13	83	5:26	1:29:45	0:24:26
89	3011	Laurent Le Provost	FRA - Predator	0:15:14	49	20:18	4:28	87	0:39:05	108	30.72	2:54	95	0:28:15	96	5:38	1:29:54	0:24:35
90	2955	Cathal Temple	IRL	0:17:45	115	23:39	4:18	77	0:40:23	126	29.72	2:09	11	0:25:28	56	5:05	1:30:01	0:24:42
91	2938	Kevin Byrne	IRL	0:15:03	45	20:03	4:08	69	0:39:23	117	30.48	2:38	64	0:29:12	112	5:50	1:30:22	0:25:03
92	3052	Jarlath Nally	IRL	0:15:48	68	21:03	3:34	49	0:37:43	86	31.82	2:40	70	0:30:55	127	6:10	1:30:39	0:25:20
93	3406	Salvatore Di Martino	ITA	0:13:30	18	17:59	5:25	126	0:42:47	148	28.05	3:08	119	0:26:03	69	5:12	1:30:51	0:25:32
94	3015	Ken Connolly	IRL	0:17:41	114	23:34	3:51	59	0:38:10	92	31.45	3:04	109	0:28:25	98	5:40	1:31:09	0:25:50
95	2976	Kevin Canny	IRL - none	0:16:06	79	21:26	4:41	97	0:37:33	83	31.96	3:08	118	0:29:53	118	5:58	1:31:18	0:25:59
96	2920	Stephen Ryan	IRL	0:16:24	92	21:51	5:54	138	0:36:47	68	32.63	3:37	145	0:28:39	104	5:43	1:31:19	0:26:00
97	3088	Eoin Hanratty	IRL	0:22:25	155	29:52	5:59	141	0:37:48	88	31.75	2:28	48	0:22:48	14	4:33	1:31:27	0:26:08
98	2943	Maurice Kelly	IRL - Naas Triathlon Club	0:18:11	129	24:13	3:58	65	0:39:01	106	30.77	2:38	63	0:27:42	90	5:32	1:31:28	0:26:09
99	3018	Dara Mckenna	IRL	0:21:11	152	28:14	4:40	94	0:37:37	84	31.91	3:05	114	0:25:52	65	5:10	1:32:22	0:27:03
100	2974	David Dolan	IRL - athlone triathlon club	0:17:02	105	22:42	5:52	137	0:38:14	93	31.39	3:50	152	0:27:34	89	5:30	1:32:31	0:27:12
101	3055	David Brennan	IRL	0:18:47	140	25:02	5:57	139	0:38:41	101	31.03	2:41	73	0:26:29	74	5:17	1:32:34	0:27:15
102	3017	Brendan Keogh	IRL	0:15:52	69	21:08	4:46	102	0:41:10	139	29.15	2:33	57	0:28:37	102	5:43	1:32:56	0:27:37
103	3038	Stephen Finneran	IRL - Athlone	0:14:59	43	19:57	4:46	103	0:38:31	99	31.16	3:13	126	0:31:29	130	6:17	1:32:56	0:27:37
104	3414	Darragh Birkett	IRL	0:07:50	1	10:26	5:36	132	0:38:43	102	31.00	2:42	76	0:38:19	144	7:39	1:33:09	0:27:50
105	3409	Jarlath Keaney	IRL	0:20:05	147	26:46	3:50	57	0:39:05	109	30.71	3:10	123	0:27:07	82	5:25	1:33:15	0:27:56
106	3086	John McDonnell	IRL - Galway	0:16:37	98	22:08	5:42	134	0:36:37	64	32.77	5:01	162	0:29:29	115	5:53	1:33:23	0:28:04
107	3053	Gary Flood	IRL	0:18:03	126	24:04	4:27	83	0:41:34	143	28.88	2:40	68	0:26:42	76	5:20	1:33:24	0:28:05
108	3043	Declan Donoghue	IRL - trilogy	0:16:39	99	22:11	4:39	93	0:37:21	77	32.14	3:04	111	0:31:45	132	6:20	1:33:26	0:28:07
109	3105	Andrew Griffith	IRL	0:15:15	50	20:19	5:13	121	0:39:40	121	30.26	3:01	104	0:30:43	125	6:08	1:33:50	0:28:31
110	3104	Paul Higgins	IRL	0:18:22	132	24:28	4:41	98	0:39:18	115	30.53	2:48	84	0:29:04	109	5:48	1:34:12	0:28:53
111	3004	Ciaran Gorman	IRL	0:18:42	138	24:55	5:34	130	0:42:25	147	28.30	2:17	21	0:25:15	50	5:02	1:34:12	0:28:53
112	3410	David Cuneen	IRL - donore harriers	0:16:45	101	22:18	5:57	140	0:40:10	125	29.88	3:22	133	0:28:26	99	5:41	1:34:39	0:29:20
113	3099	Austin Walsh	IRL	0:17:00	104	22:38	6:51	151	0:40:24	127	29.71	3:26	136	0:27:47	91	5:33	1:35:26	0:30:07
114	3040	Chris Keegan	IRL	0:17:54	122	23:50	5:33	129	0:38:35	100	31.11	3:35	144	0:30:09	120	6:01	1:35:44	0:30:25
115	2973	Rory Martin	IRL	0:17:50	119	23:45	5:35	131	0:44:08	153	27.19	2:45	80	0:25:45	62	5:08	1:36:00	0:30:41

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Results: Categories

Open: Sprint: Open Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
116	3068	John Noone	IRL	0:13:28	17	17:56	6:59	153	0:40:41	132	29.50	4:35	160	0:30:32	124	6:06	1:36:14	0:30:55
117	3050	Gavin O Connor	IRL	0:16:39	100	22:11	5:27	127	0:40:25	128	29.70	3:28	137	0:30:21	123	6:04	1:36:18	0:30:59
118	3007	David Barnes	IRL	0:18:11	128	24:13	6:21	148	0:40:02	123	29.99	3:18	128	0:28:38	103	5:43	1:36:28	0:31:09
119	2958	Finbar Casey	IRL	0:18:36	137	24:47	4:59	110	0:40:32	130	29.61	3:18	129	0:29:23	113	5:52	1:36:47	0:31:28
120	3094	David Andres	IRL	0:16:28	95	21:56	6:17	146	0:40:54	137	29.35	4:01	157	0:29:26	114	5:53	1:37:03	0:31:44
121	2929	Enda Cox	IRL	0:15:44	64	20:57	7:02	156	0:42:00	144	28.58	3:38	147	0:28:56	106	5:47	1:37:18	0:31:59
122	2940	Seamus Kelly	IRL	0:17:47	117	23:42	5:40	133	0:41:20	141	29.04	3:38	146	0:28:56	107	5:47	1:37:18	0:31:59
123	2982	Craig Keeley	IRL	0:15:31	58	20:40	5:28	128	0:43:27	151	27.62	2:45	82	0:30:09	121	6:01	1:37:20	0:32:01
124	2983	Fergus Fahey	IRL - WildGeese	0:19:33	146	26:03	7:36	161	0:36:41	67	32.73	3:52	153	0:30:55	126	6:10	1:38:34	0:33:15
125	2981	Colum Reilly	IRL - N/A	0:16:23	91	21:49	6:14	144	0:43:29	152	27.60	3:09	121	0:29:55	119	5:58	1:39:06	0:33:47
126	2964	John Cogavin	IRL	0:21:02	151	28:02	4:33	89	0:40:46	134	29.44	3:55	154	0:28:57	108	5:47	1:39:11	0:33:52
127	2928	Oliver Phelan	IRL - Newry tri club	0:16:05	78	21:25	4:55	105	0:41:03	138	29.24	3:31	141	0:33:45	140	6:44	1:39:15	0:33:56
128	2971	Keith Scanlan	IRL	0:24:30	160	32:40	6:32	150	0:39:37	120	30.29	2:43	78	0:26:04	70	5:12	1:39:25	0:34:06
129	2984	Damien Moloney	IRL - OSC	0:17:19	110	23:04	5:07	116	0:39:13	111	30.60	2:52	92	0:35:03	142	7:00	1:39:32	0:34:13
130	2923	William Rooney	IRL	0:19:28	145	25:57	6:11	143	0:39:21	116	30.51	4:07	158	0:31:24	129	6:16	1:40:30	0:35:11
131	2952	Michael Murray	IRL - None	0:33:16	161	44:20	5:06	115	0:38:16	94	31.36	2:50	86	0:21:58	11	4:23	1:41:24	0:36:05
132	2936	John Kelly	IRL	0:19:13	143	25:36	7:01	155	0:39:17	114	30.55	2:57	100	0:33:00	138	6:35	1:41:26	0:36:07
133	2988	Oghor Ikpassa	IRL	0:20:19	148	27:04	5:07	118	0:40:46	135	29.44	3:58	155	0:32:14	135	6:26	1:42:22	0:37:03
134	2979	Raman Patel	IRL	0:15:40	61	20:52	7:00	154	0:45:03	157	26.64	3:07	116	0:31:56	134	6:23	1:42:45	0:37:26
135	3095	Charles O'Neill	IRL - None	0:20:58	150	27:57	4:59	111	0:40:41	131	29.51	2:51	88	0:33:36	139	6:43	1:43:03	0:37:44
136	3087	Declan Bonfield	IRL	0:21:14	153	28:18	6:14	145	0:39:32	118	30.36	3:25	134	0:32:52	137	6:34	1:43:15	0:37:56
137	3028	Malcolm Lane	IRL	0:18:21	131	24:27	7:24	159	0:45:28	158	26.39	3:11	125	0:29:45	117	5:56	1:44:07	0:38:48
138	3042	Mark Hefferman	IRL	0:23:50	157	31:45	6:20	147	0:44:24	154	27.03	2:44	79	0:28:30	101	5:41	1:45:46	0:40:27
139	3412	Cal Mccarthy	IRL	0:21:40	154	28:52	6:01	142	0:45:50	159	26.19	2:14	19	0:31:40	131	6:19	1:47:22	0:42:03
140	3100	Conor Plant	IRL	0:19:09	142	25:30	7:26	160	0:44:37	155	26.90	3:31	142	0:32:50	136	6:33	1:47:30	0:42:11
141	3067	Sean Hall	IRL	0:15:41	62	20:54	6:52	152	0:49:38	162	24.18	4:00	156	0:33:48	141	6:45	1:49:57	0:44:38
142	2937	Thomas Kinsella	IRL - kilkenny city triathlon club	0:24:11	158	32:13	5:11	120	0:46:05	160	26.04	3:40	150	0:30:58	128	6:11	1:50:03	0:44:44
143	3436	Declan Connolly	IRL	0:34:17	162	45:42	5:46	135	0:41:26	142	28.97	3:44	151	0:26:39	75	5:19	1:51:50	0:46:31
144	3064	John Hogarty	IRL	0:24:19	159	32:25	6:32	149	0:48:03	161	24.98	3:30	140	0:31:51	133	6:22	1:54:14	0:48:55
145	3092	Patrick Smith	GBR	0:18:08	127	24:09	7:12	157	0:50:12	163	23.91	3:15	127	0:36:33	143	7:18	1:55:17	0:49:58
DNF	3046	Stephen Mcmanus	IRL - NA		0		51:41	163	0:44:49	156	26.78	12:11	163		0			
DNF	3041	Fergal Dunne	IRL - Midland Tri Club		0			0		0			0		0			
DNF	3066	Brendan Kelly	IRL		0			0		0			0		0			
DNF	3061	Eoghan Hanly	IRL		0			0		0			0		0			
DNF	3062	Fiachra Purcell	IRL		0			0		0			0		0			
DNF	3059	Ian Blake	IRL		0			0		0			0		0			
DNF	3073	Erik Gannon	IRL - None		0			0		0			0		0			
DNF	3074	Adam Brophy	IRL - West Cork Tri		0			0		0			0		0			
DNF	3075	James Conroy	IRL - Phoenix Blazers		0			0		0			0		0			
DNF	3093	Brendan Hayes	IRL		0			0		0			0		0			
DNF	3096	Barry O'Brien	IRL		0			0		0			0		0			
DNF	3091	Eoin MCGuckian	IRL		0			0		0			0		0			
DNF	3079	Ciaran O'Flynn	IRL		0			0		0			0		0			
DNF	3101	Martin Connell	IRL		0			0		0			0		0			
DNF	3102	Paul Morrin	IRL		0			0		0			0		0			
DNF	3098	Thomas Regan	IRL		0			0		0			0		0			
DNF	3107	Bryan O'Loughlin	IRL		0			0		0			0		0			
DNF	3025	Gary Hayes	IRL		0			0		0			0		0			
DNF	3026	Carlo Griffin	IRL		0			0		0			0		0			
DNF	3035	Brian Harrington	IRL		0			0		0			0		0			
DNF	3036	Brian Lacey	IRL		0			0		0			0		0			
DNF	3030	Michael Sullivan	IRL		0			0		0			0		0			

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Results: Categories

Open: Sprint: Open Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	3032	Michael Walsh	IRL		0			0		0			0		0			
DNF	3008	Ciaran Jacob	IRL		0			0		0			0		0			
DNF	2987	James Lalor	IRL - None		0			0		0			0		0			
DNF	2993	Paul Dagg	IRL - setanta		0			0		0			0		0			
DNF	2994	David Wilkes	IRL		0			0		0			0		0			
DNF	2995	Brendan Kearney	IRL		0			0		0			0		0			
DNF	3002	Gerard Harrison	IRL		0			0		0			0		0			
DNF	2985	Gearóid Oman	IRL		0			0		0			0		0			
DNF	2970	Damien O' Connor	IRL		0			0		0			0		0			
DNF	2934	Eamon De Burca	IRL		0			0		0			0		0			
DNF	2935	Niall Callanan	IRL - PREDATOR		0			0		0			0		0			
DNF	2930	Seamus Flynn	IRL - NA		0			0		0			0		0			
DNF	2932	Gareth O'connell	IRL		0			0		0			0		0			
DNF	2949	Gearoid Ferriter	IRL		0			0		0			0		0			
DNF	2941	Eoin Machale	IRL		0			0		0			0		0			
DNF	2947	Alan Clarke	IRL		0			0		0			0		0			
DNF	2966	Ciaran O'callaghan	IRL		0			0		0			0		0			
DNF	2957	Michael Ahern	IRL		0			0		0			0		0			
DNF	3112	Brian O'connell	IRL		0			0		0			0		0			
DNF	5108	John Power	IRL - 3 Dtri		0			0		0			0		0			
DNF	5117	Michael O'connell	IRL - Athlone Tri Club		0			0		0			0		0			
DSQ	3404	Padraig Hayes	IRL - West Cork	0:14:06	28	18:47	3:08	24	0:33:44	16	35.59	1:47	2		0			
DSQ	3111	Mark Keating	IRL	0:13:41	23	18:13	3:16	30	0:34:09	23	35.15	2:54	96		0			
DSQ	2956	Noel Gregg	IRL	0:15:44	65	20:58	2:58	15	0:34:05	21	35.22	2:17	22		0			
DSQ	2933	Enda Kelleher	IRL	0:14:37	36	19:29	3:32	44	0:35:00	34	34.30	2:23	38		0			
DSQ	2927	Steven Mcenroe	IRL - Athlone	0:15:22	52	20:28	3:16	29	0:34:57	33	34.34	3:00	102		0			
DSQ	2996	Mark McCormick	IRL - none	0:15:08	46	20:09	4:38	92	0:33:49	18	35.49	3:09	122		0			
DSQ	3056	Paddy Mccann	IRL	0:14:28	33	19:16	4:10	72	0:39:54	122	30.08	2:37	62		0			
DSQ	3005	Tom O'dowd	IRL	0:16:55	102	22:32	4:56	109	0:37:03	71	32.40	2:26	45		0			
DSQ	3405	Stuart Sayers	IRL - none	0:16:14	86	21:37	5:00	112	0:38:52	104	30.88	3:30	139		0			
DSQ	2991	John Harrington	IRL	0:18:33	136	24:43	4:13	73	0:38:59	105	30.79	2:31	51		0			
DSQ	2978	David Murphy	IRL - trilogy	0:15:30	57	20:39	5:17	124	0:40:43	133	29.48	3:26	135		0			
DSQ	2961	Gerry Lane	IRL - Blackwater Tri-club Fermoy	0:17:11	109	22:54	4:40	96	0:40:32	129	29.62	2:41	72		0			
DSQ	3070	Emmet Mclaughlin	IRL - none	0:15:27	56	20:35	5:05	113	0:42:01	145	28.57	3:40	149		0			
DSQ	3029	Greg Crawford	IRL - phoenix flamers	0:15:57	73	21:15	5:05	114	0:41:10	140	29.15	4:45	161		0			
DSQ	2931	John Connellan	IRL	0:20:40	149	27:33	5:14	122	0:39:33	119	30.35	2:55	98		0			
DSQ	3016	Shay Sinnott	IRL - midland tri club	0:18:29	134	24:38	5:15	123	0:42:58	149	27.93	2:11	15		0			
DSQ	3000	David Brady	IRL	0:23:41	156	31:33	5:50	136	0:38:04	91	31.53	3:03	107		0			
DSQ	2998	John Brett	IRL	0:17:32	112	23:21	7:52	162	0:42:03	146	28.55	3:39	148		0			

Open: Sprint: Open Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	3251	Donal Mahon	IRL	0:11:26	4	15:14	3:15	13	0:31:48	1	37.75	2:06	4	0:20:28	1	4:05	1:09:01	
2	3221	Ronan Bracken	IRL - Midland Triathlon Club	0:12:36	7	16:47	2:30	1	0:32:09	2	37.33	2:06	3	0:23:01	7	4:36	1:12:21	0:03:20
3	3432	Brendan Mccarthy	IRL - none	0:13:37	20	18:08	3:10	8	0:33:07	6	36.25	2:00	1	0:21:18	2	4:15	1:13:09	0:04:08
4	3181	Clifford Rodgers	IRL - Olympian	0:10:59	3	14:38	2:56	4	0:33:51	10	35.46	2:22	9	0:23:55	12	4:46	1:14:01	0:05:00
5	3124	William Fitzpatrick	IRL - Trilogy tri club	0:12:53	11	17:10	2:47	2	0:33:46	9	35.54	2:19	7	0:23:25	10	4:40	1:15:08	0:06:07
6	3216	Damian Muldoon	IRL - Predator	0:13:58	23	18:36	2:50	3	0:32:33	3	36.88	2:25	11	0:23:45	11	4:44	1:15:29	0:06:28
7	3168	Malcolm Lynch	IRL	0:12:56	12	17:14	3:29	17	0:33:02	5	36.34	2:29	17	0:24:33	18	4:54	1:16:27	0:07:26
8	3141	Colin Feely	IRL	0:12:36	8	16:47	3:09	7	0:34:08	12	35.17	2:12	5	0:24:51	23	4:58	1:16:54	0:07:53
9	3178	Stephen Galbraith	GBR - olympian	0:13:21	15	17:48	3:34	21	0:32:54	4	36.48	2:54	56	0:24:13	14	4:50	1:16:55	0:07:54
10	3242	Declan Donnelly	IRL - n/a	0:13:23	16	17:49	3:11	10	0:34:23	15	34.92	2:35	23	0:24:36	20	4:55	1:18:05	0:09:04

2010 Athlone Triathlon European Championships

Results: Categories

Open: Sprint: Open Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
11	3250	Philip Ahearne	IRL - Tri An Mhi	0:15:28	46	20:37	3:52	33	0:34:21	14	34.95	2:38	28	0:22:34	5	4:30	1:18:52	0:09:51
12	3233	Jack Mc Donnell	IRL - Piranha	0:15:20	37	20:25	3:20	15	0:33:22	7	35.98	2:36	25	0:24:19	15	4:51	1:18:54	0:09:53
13	3163	Padraic Connolly	IRL - waterford triathlon club	0:16:52	66	22:28	3:48	29	0:34:10	13	35.12	2:32	21	0:22:13	4	4:26	1:19:35	0:10:34
14	3144	Shane Bradley	IRL - DFTA	0:13:42	21	18:15	3:03	5	0:33:38	8	35.68	2:50	47	0:26:55	45	5:23	1:20:07	0:11:06
15	3201	Lorcan Sleator	IRL - Midland Tri	0:14:55	30	19:53	4:19	55	0:35:44	28	33.59	2:43	36	0:22:44	6	4:32	1:20:24	0:11:23
16	3244	Brian Harte	IRL - DFTA	0:15:09	34	20:11	3:43	25	0:35:23	24	33.93	2:50	46	0:23:22	9	4:40	1:20:24	0:11:23
17	3222	Michael Humby	IRL - Wicklow Triathlon Club	0:15:18	35	20:22	3:36	24	0:35:55	31	33.42	2:28	16	0:23:58	13	4:47	1:21:12	0:12:11
18	3243	Barry Lynch	IRL - n/a	0:15:25	43	20:32	3:14	11	0:35:15	23	34.06	2:47	40	0:24:37	21	4:55	1:21:16	0:12:15
19	3249	Paul Sheridan	IRL - athlone	0:12:47	10	17:01	3:06	6	0:36:14	35	33.13	3:00	67	0:26:12	32	5:14	1:21:17	0:12:16
20	3115	Denis Begley	IRL - Athlone	0:11:37	5	15:29	3:24	16	0:35:53	29	33.45	3:01	69	0:27:23	50	5:28	1:21:17	0:12:16
21	3239	Stephen Mc Kone	IRL - N/A	0:13:35	18	18:06	3:11	9	0:34:32	16	34.76	2:41	32	0:27:41	52	5:32	1:21:37	0:12:36
22	3172	Thomas Griffin	IRL	0:16:19	58	21:44	3:51	31	0:36:57	41	32.48	2:53	54	0:21:55	3	4:22	1:21:54	0:12:53
23	3159	John Kilrairie	IRL - predator	0:13:28	17	17:56	4:02	40	0:37:17	44	32.19	2:27	15	0:24:52	24	4:58	1:22:04	0:13:03
24	3199	Martin Gough	IRL	0:13:06	13	17:27	4:01	39	0:37:53	56	31.68	2:47	41	0:24:29	17	4:53	1:22:16	0:13:15
25	3176	Michael Farrell	IRL - Wicklow Tri	0:15:26	44	20:33	3:57	36	0:34:41	17	34.60	2:24	10	0:26:09	30	5:13	1:22:35	0:13:34
26	3202	Seamus Lynch	IRL - Limerick Tri Club	0:16:00	52	21:19	4:25	64	0:34:51	19	34.44	2:48	43	0:24:48	22	4:57	1:22:51	0:13:50
27	3499	Hugh Brosnan	IRL	0:18:14	85	24:18	5:11	86	0:33:59	11	35.33	2:56	60	0:23:03	8	4:36	1:23:21	0:14:20
28	3126	Robert Hughes	IRL - Fingal tri	0:15:32	47	20:42	3:58	38	0:34:47	18	34.51	2:52	52	0:26:23	36	5:16	1:23:31	0:14:30
29	3187	Niall Gallagher	IRL	0:15:23	41	20:29	4:18	52	0:34:59	20	34.31	2:40	31	0:26:28	39	5:17	1:23:45	0:14:44
30	3122	Brian Mcgeeney	GBR - Ipswich Triathlon Club	0:14:43	28	19:36	3:44	27	0:37:19	45	32.17	2:26	14	0:26:02	29	5:12	1:24:12	0:15:11
31	3417	Sean Gaffney	IRL - Midland Tri Club	0:15:05	33	20:06	3:51	30	0:35:53	30	33.44	3:26	87	0:26:29	41	5:17	1:24:42	0:15:41
32	3161	Richie Paul	IRL - Harp Triathlon Club	0:13:35	19	18:06	4:29	69	0:36:25	37	32.96	3:06	74	0:27:50	53	5:33	1:25:24	0:16:23
33	3140	Gearoid Clarke	IRL	0:12:27	6	16:35	4:25	63	0:39:25	88	30.45	2:48	42	0:26:32	42	5:18	1:25:35	0:16:34
34	3232	Alan Heade	IRL	0:16:20	59	21:46	4:38	73	0:36:01	34	33.32	2:55	58	0:25:59	28	5:11	1:25:51	0:16:50
35	3238	John O Carroll	IRL	0:18:29	89	24:38	3:14	12	0:37:23	46	32.10	2:25	12	0:24:22	16	4:52	1:25:52	0:16:51
36	3214	Sean Gleeson	IRL - nenagh triathlon	0:18:13	84	24:16	3:35	23	0:36:17	36	33.08	2:36	24	0:25:19	26	5:03	1:25:58	0:16:57
37	3433	Colm O Duinn	IRL	0:16:15	56	21:39	3:31	18	0:35:08	21	34.17	2:50	45	0:28:36	62	5:43	1:26:18	0:17:17
38	3147	James Murtagh	IRL	0:15:21	39	20:26	4:09	45	0:37:24	47	32.09	2:51	49	0:26:36	44	5:19	1:26:20	0:17:19
39	3247	Enda Flynn	IRL - Midland	0:18:05	81	24:05	4:04	42	0:36:35	38	32.81	3:05	72	0:24:34	19	4:54	1:26:21	0:17:20
40	3195	Nick Friel	IRL - Athlone Tri Club	0:14:57	31	19:55	4:37	72	0:37:03	42	32.40	3:23	83	0:27:50	54	5:33	1:27:48	0:18:47
41	3174	Des May	IRL	0:16:13	54	21:36	4:03	41	0:37:33	51	31.96	2:44	37	0:27:20	48	5:27	1:27:52	0:18:51
42	3234	Andrew Haran	IRL	0:17:13	71	22:56	3:56	35	0:37:57	58	31.63	2:37	26	0:26:17	33	5:15	1:27:57	0:18:56
43	3114	Eamon Horkan	IRL	0:07:26	1	9:53	9:01	115	0:39:22	86	30.49	3:28	90	0:28:46	66	5:45	1:28:01	0:19:00
44	3154	Stephen Hampson	IRL	0:15:20	38	20:25	4:06	43	0:38:03	60	31.54	2:51	48	0:27:57	55	5:35	1:28:15	0:19:14
45	3164	Chris Kelly	IRL	0:14:21	27	19:07	3:51	32	0:38:12	62	31.42	2:57	63	0:28:57	67	5:47	1:28:16	0:19:15
46	3162	David Carty	IRL - Predator	0:16:51	65	22:27	3:33	20	0:39:32	89	30.36	2:30	19	0:26:19	34	5:15	1:28:42	0:19:41
47	3177	Kevin Mcglone	IRL - Wicklow Triathlon Club	0:19:21	98	25:47	4:49	78	0:35:58	33	33.38	3:13	78	0:25:27	27	5:05	1:28:46	0:19:45
48	3206	James Butler	IRL - 3 D TRIATHLON	0:15:39	48	20:51	5:16	87	0:39:14	83	30.59	2:51	50	0:26:24	37	5:16	1:29:23	0:20:22
49	3180	Liam Keating	IRL - Phoenix Flamers	0:19:22	99	25:49	4:16	51	0:35:37	26	33.70	2:56	62	0:27:20	49	5:27	1:29:29	0:20:28
50	3169	Brendan Bane	IRL	0:15:50	49	21:06	5:28	95	0:36:35	39	32.80	3:33	96	0:28:21	59	5:40	1:29:45	0:20:44
51	3220	Paul Lynam	IRL	0:17:58	80	23:56	4:28	65	0:37:53	55	31.69	3:25	86	0:26:11	31	5:14	1:29:53	0:20:52
52	3186	Declan McDonald	IRL	0:16:29	61	21:58	3:32	19	0:37:50	52	31.73	3:01	68	0:29:06	68	5:49	1:29:56	0:20:55
53	3139	Paul Gibney	IRL	0:18:41	92	24:54	4:22	61	0:35:33	25	33.76	3:32	95	0:28:15	58	5:38	1:30:21	0:21:20
54	3447	Ian McDonald	IRL - None	0:16:22	60	21:49	3:57	37	0:38:49	73	30.92	3:31	94	0:27:58	56	5:35	1:30:35	0:21:34
55	3116	Paul Cantwell	IRL - Athlone tri club	0:15:57	50	21:15	4:28	66	0:37:31	48	31.99	3:04	71	0:29:48	77	5:57	1:30:45	0:21:44
56	3189	Brian McDonnell	IRL	0:17:08	69	22:50	4:12	48	0:39:35	90	30.32	2:56	61	0:27:06	46	5:25	1:30:55	0:21:54
57	3226	Rory Mc Corley	IRL	0:15:23	42	20:29	4:58	82	0:38:51	76	30.89	2:43	35	0:29:21	70	5:52	1:31:14	0:22:13
58	3148	Myles Dolan	IRL	0:18:42	93	24:55	4:11	47	0:39:24	87	30.46	4:00	108	0:25:08	25	5:01	1:31:23	0:22:22
59	3241	Alec Reid	IRL	0:18:25	86	24:32	4:20	57	0:36:37	40	32.78	3:30	93	0:28:44	64	5:44	1:31:34	0:22:33
60	3150	Vincent Sheridan	IRL	0:18:27	88	24:35	5:23	89	0:39:06	80	30.70	2:30	20	0:26:32	43	5:18	1:31:55	0:22:54
61	3134	Eddie Corr	IRL	0:18:34	90	24:45	4:25	62	0:35:40	27	33.65	3:34	100	0:29:54	78	5:58	1:32:06	0:23:05
62	3434	Pearse Hunter	IRL - PREDATOR	0:15:19	36	20:24	3:46	28	0:37:56	57	31.64	4:56	112	0:30:20	81	6:03	1:32:15	0:23:14

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Open: Sprint: Open Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
63	3127	Denton Howard	IRL	0:16:31	62	22:01	5:04	85	0:40:55	98	29.34	2:54	57	0:27:08	47	5:25	1:32:31	0:23:30
64	3418	Paul Winters	IRL	0:17:35	75	23:25	4:20	58	0:38:14	63	31.39	2:55	59	0:29:39	73	5:55	1:32:42	0:23:41
65	3203	Karl Byrne	IRL	0:16:06	53	21:27	6:19	104	0:41:46	102	28.74	2:52	51	0:26:29	40	5:17	1:33:29	0:24:28
66	3173	Tim Gleeson	IRL - Piranha Tri	0:18:38	91	24:50	4:48	76	0:39:48	92	30.15	2:41	33	0:27:39	51	5:31	1:33:32	0:24:31
67	3119	John Riach	GBR - TRI TALK.CO.UK	0:16:36	63	22:07	4:12	49	0:38:32	71	31.15	3:16	80	0:31:14	88	6:14	1:33:48	0:24:47
68	3117	Alan Curran	IRL	0:15:23	40	20:29	6:48	109	0:38:32	70	31.15	3:23	84	0:29:57	79	5:59	1:34:01	0:25:00
69	3128	John Bohan	IRL	0:21:12	109	28:15	4:19	54	0:37:33	50	31.97	2:53	53	0:28:07	57	5:37	1:34:02	0:25:01
70	3228	Barry Mcintyre	IRL	0:17:18	72	23:03	5:57	100	0:38:50	75	30.90	3:22	82	0:28:39	63	5:43	1:34:05	0:25:04
71	3155	Mark Fitzpatrick	IRL	0:15:59	51	21:17	4:21	59	0:40:04	94	29.96	2:29	18	0:31:22	89	6:16	1:34:13	0:25:12
72	3229	Niall Mcelwee	IRL - Predator	0:17:56	79	23:53	5:03	84	0:42:17	106	28.39	2:43	34	0:26:25	38	5:16	1:34:22	0:25:21
73	3152	Robert Cullen	IRL	0:17:09	70	22:51	4:55	81	0:39:59	93	30.02	2:38	27	0:29:45	76	5:56	1:34:24	0:25:23
74	3190	Bernard Mcsweeney	IRL - tri an Mhi	0:16:19	57	21:44	4:59	83	0:38:21	66	31.29	3:48	104	0:31:09	87	6:13	1:34:34	0:25:33
75	3231	Garrett O'Brien	IRL	0:20:57	107	27:55	4:31	71	0:37:50	53	31.73	2:14	6	0:29:07	69	5:49	1:34:37	0:25:36
76	3175	Philip McGowan	USA - T3	0:17:30	74	23:19	6:11	103	0:39:07	81	30.68	3:52	105	0:28:29	60	5:41	1:35:07	0:26:06
77	3223	Brendan Madden	IRL	0:17:55	78	23:53	5:29	96	0:39:46	91	30.18	2:48	44	0:29:43	74	5:56	1:35:40	0:26:39
78	3240	Peter O'Beirne	IRL	0:19:13	97	25:36	4:19	56	0:38:50	74	30.91	2:45	38	0:30:45	83	6:08	1:35:50	0:26:49
79	3167	Niall Verling	IRL	0:17:00	68	22:39	5:24	91	0:44:02	110	27.26	3:05	73	0:26:23	35	5:16	1:35:51	0:26:50
80	3209	Niall Lester	IRL - none	0:14:12	25	18:55	3:43	26	0:38:17	64	31.36	3:27	89	0:36:24	100	7:16	1:36:01	0:27:00
81	3197	James Mahon	IRL	0:20:38	103	27:29	4:10	46	0:39:16	85	30.57	2:26	13	0:29:43	75	5:56	1:36:11	0:27:10
82	3211	Danny Costello	IRL - none	0:14:08	24	18:49	4:43	75	0:38:36	72	31.10	3:14	79	0:35:46	99	7:09	1:36:24	0:27:23
83	3170	Phillip Doheny	IRL	0:18:26	87	24:33	6:36	106	0:38:21	65	31.30	3:34	101	0:29:39	72	5:55	1:36:34	0:27:33
84	3184	Brendan Fahy	IRL - dfta	0:19:28	100	25:56	5:23	90	0:38:05	61	31.52	3:43	103	0:30:17	80	6:03	1:36:53	0:27:52
85	3120	Conor Fallon	IRL	0:14:55	29	19:52	4:19	53	0:41:23	101	29.00	3:33	99	0:33:44	97	6:44	1:37:52	0:28:51
86	3224	Paul Sheeran	IRL	0:20:44	104	27:37	4:22	60	0:37:08	43	32.33	3:35	102	0:32:29	92	6:29	1:38:15	0:29:14
87	3248	Tom Campbell	IRL	0:24:32	114	32:41	5:27	94	0:35:57	32	33.39	4:45	111	0:28:31	61	5:42	1:39:10	0:30:09
88	3136	Shane Dolan	IRL	0:17:49	77	23:44	5:26	93	0:41:04	100	29.23	2:33	22	0:32:33	93	6:30	1:39:23	0:30:22
89	3416	Donal Colfer	IRL	0:24:41	115	32:53	4:40	74	0:38:52	77	30.88	3:24	85	0:28:45	65	5:44	1:40:20	0:31:19
90	3183	Eamon Rhatigan	IRL	0:20:48	105	27:43	4:48	77	0:42:34	107	28.20	2:58	64	0:29:30	71	5:53	1:40:36	0:31:35
91	3129	Roy Atkinson	IRL - Trilogy	0:16:49	64	22:24	4:30	70	0:39:15	84	30.58	3:33	97	0:36:47	101	7:21	1:40:51	0:31:50
92	3212	David Mcdonald	IRL	0:16:14	55	21:37	6:03	102	0:38:29	68	31.19	4:38	110	0:35:37	98	7:07	1:40:59	0:31:58
93	3230	Brian Mac Giolla Phadraig	IRL	0:14:14	26	18:58	6:53	111	0:43:51	109	27.37	3:55	106	0:32:15	91	6:26	1:41:06	0:32:05
94	3193	Andrew Miller	IRL	0:20:14	101	26:58	5:41	98	0:40:56	99	29.33	3:12	77	0:31:06	86	6:13	1:41:06	0:32:05
95	3204	Ed Mulrooney	IRL	0:18:07	82	24:08	6:41	107	0:42:50	108	28.02	3:28	91	0:31:02	85	6:12	1:42:07	0:33:06
96	3213	Sean O'donoghue	IRL	0:12:37	9	16:48	4:13	50	0:38:55	78	30.85	3:00	66	0:43:41	105	8:44	1:42:23	0:33:22
97	3419	John King	IRL	0:19:03	95	25:23	4:28	67	0:41:51	103	28.68	3:26	88	0:33:38	96	6:43	1:42:25	0:33:24
98	3125	Dermot Byrne	IRL	0:23:05	113	30:46	5:59	101	0:38:30	69	31.18	5:00	113	0:30:48	84	6:09	1:43:20	0:34:19
99	3165	Phiiip Thomas	IRL	0:20:55	106	27:52	6:50	110	0:40:43	97	29.48	3:57	107	0:31:55	90	6:22	1:44:17	0:35:16
100	3208	Eugene Mullins	IRL - NA	0:21:07	108	28:08	6:42	108	0:42:07	104	28.50	3:29	92	0:32:46	94	6:33	1:46:09	0:37:08
101	3194	Kieran Mcmanamon	IRL	0:22:24	112	29:51	7:39	112	0:44:20	111	27.07	7:39	117	0:32:50	95	6:33	1:54:49	0:45:48
102	3200	Gearóid Ó Duibhir	IRL	0:22:18	111	29:43	8:30	114	0:49:00	115	24.49	5:09	115	0:30:44	82	6:08	1:55:38	0:46:37
103	3188	Jim Dempsey	IRL	0:18:49	94	25:04	6:19	105	0:50:07	116	23.95	3:21	81	0:41:10	104	8:13	1:59:45	0:50:44
104	3196	Andrew Cahill	IRL	0:28:34	116	38:04	7:56	113	0:44:44	112	26.83	5:14	116	0:39:15	103	7:50	2:05:41	0:56:40
105	3235	John Doyle	IRL - none	1:03:08	118	24:09	9:14	116	0:52:43	117	22.77	5:05	114	0:38:47	102	7:45	2:48:55	1:39:54
DNF	3156	Peter Sweeney	IRL	0:20:27	102	27:15	9:24	117	0:48:24	114	24.80	4:09	109		0			
DNF	3160	Niall Daly	IRL - non	0:17:20	73	23:05		0		0			0		0			
DNF	3153	Liam Walsh	IRL		0			0		0			0		0			
DNF	3166	Jason Rock	IRL		0			0		0			0		0			
DNF	3185	Enda Gunnell	IRL		0			0		0			0		0			
DNF	3179	Diarmuid O'mahony	IRL		0			0		0			0		0			
DNF	3182	Pat Bailey	IRL - West Cork Triathlon Club		0			0		0			0		0			
DNF	3157	Alan Gray	IRL		0			0		0			0		0			
DNF	3158	Tom Mcgrath	IRL		0			0		0			0		0			

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Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	3149	Keith O'rourke	IRL		0			0		0			0		0			
DNF	3145	David Morris	IRL		0			0		0			0		0			
DNF	3137	Brian O Sullivan	IRL - Piranha Tri		0			0		0			0		0			
DNF	3142	David O'neill	IRL		0			0		0			0		0			
DNF	3143	Stephen Moore	IRL - Pulse		0			0		0			0		0			
DNF	3123	Eddie Dowse	IRL		0			0		0			0		0			
DNF	3121	Kinsella Brian	IRL		0			0		0			0		0			
DNF	3130	Raymond Craig	IRL		0			0		0			0		0			
DNF	3131	Terence O'halloran	IRL		0			0		0			0		0			
DNF	3236	David Gosling	IRL - none yet		0			0		0			0		0			
DNF	3237	Albert Gallagher	IRL - Pulse		0			0		0			0		0			
DNF	3246	Joe Browne	IRL		0			0		0			0		0			
DNF	3252	Paul Naughton	IRL		0			0		0			0		0			
DNF	3205	Barry Kearney	IRL - Letterkenny 24/7		0			0		0			0		0			
DNF	3210	Gerard Tully	IRL		0			0		0			0		0			
DNF	3215	John Sheehan	IRL - Pulse Triathlon Club		0			0		0			0		0			
DNF	3217	Andrew Killeen	IRL		0			0		0			0		0			
DNF	3218	Brendan Smyth	IRL - Piranha		0			0		0			0		0			
DSQ	3132	Michael Butler	IRL	0:08:56	2	11:53	4:29	68	0:42:09	105	28.47	2:45	39		0			
DSQ	3198	Bernard Ryan	IRL	0:17:46	76	23:40	3:19	14	0:35:11	22	34.12	2:38	29		0			
DSQ	3219	Lawrence Mooney	IRL - none	0:14:59	32	19:58	3:34	22	0:37:51	54	31.71	3:12	76		0			
DSQ	3133	Alan Dunne	IRL - 3 D triathlon	0:13:50	22	18:25	4:52	79	0:39:03	79	30.74	2:19	8		0			
DSQ	3225	Frank Flynn	IRL - none	0:16:59	67	22:38	4:07	44	0:38:00	59	31.59	3:02	70		0			
DSQ	3207	David Merrick	IRL - none	0:18:09	83	24:10	3:55	34	0:37:33	49	31.97	3:06	75		0			
DSQ	3146	Jim Finnegan	IRL - Ennis	0:15:26	45	20:34	5:25	92	0:39:13	82	30.61	2:58	65		0			
DSQ	3191	David Caffery	IRL	0:13:21	14	17:47	5:22	88	0:45:18	113	26.50	2:54	55		0			
DSQ	3227	Gary Chapman	IRL	0:19:11	96	25:34	5:32	97	0:40:33	95	29.60	2:39	30		0			
DSQ	3138	Colm Byrne	IRL	0:21:41	110	28:54	4:53	80	0:40:33	96	29.60	2:04	2		0			
DSQ	3192	Paul Byrne	IRL	0:36:04	117	48:04	5:52	99	0:38:23	67	31.27	3:33	98		0			
DSQ	4600	Ronan Ryan	IRL		0			0		0			0		0			

Open: Sprint: Open Men 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	3259	Derek Leahy	IRL - Piranha	0:13:54	7	18:31	3:14	3	0:31:41	1	37.89	2:03	5	0:20:07	1	4:01	1:10:57	
2	3424	Jim Maguire	IRL - Athlone tri club	0:15:00	13	19:59	3:24	7	0:31:42	2	37.86	2:12	9	0:22:48	6	4:33	1:15:06	0:04:09
3	3275	John Devlin	IRL - DFTA	0:14:42	11	19:35	3:50	14	0:35:38	8	33.68	1:50	2	0:21:49	2	4:21	1:17:47	0:06:50
4	3294	Aidan Daly	IRL - Midland triathlon club	0:13:16	4	17:40	2:40	2	0:33:55	4	35.38	2:32	19	0:25:34	16	5:06	1:17:55	0:06:58
5	3257	Colm Murray	IRL	0:13:11	3	17:34	7:14	45	0:33:18	3	36.04	2:01	4	0:22:34	3	4:30	1:18:17	0:07:20
6	3273	David Gillespie	IRL - Wicklow Triathlon Club	0:13:27	5	17:55	3:20	6	0:36:53	19	32.54	2:08	7	0:24:31	9	4:54	1:20:18	0:09:21
7	3261	Cormac O'Neill	IRL	0:16:59	26	22:38	3:18	5	0:34:12	5	35.10	2:29	18	0:24:20	8	4:51	1:21:15	0:10:18
8	3278	Martin Coughlan	IRL - None	0:15:27	15	20:35	3:44	10	0:37:09	21	32.31	2:26	15	0:23:26	7	4:41	1:22:11	0:11:14
9	3307	James Murphy	IRL - Galway	0:15:35	16	20:46	3:47	12	0:35:48	10	33.53	3:06	33	0:24:33	10	4:54	1:22:47	0:11:50
10	3255	Eamon Macfionnlaioich	IRL - Pulse Triathlon Club	0:16:01	19	21:21	3:16	4	0:35:11	7	34.12	2:01	3	0:26:23	18	5:16	1:22:49	0:11:52
11	3311	Michael Brody	IRL	0:14:53	12	19:50	3:52	15	0:35:47	9	33.54	2:26	14	0:25:58	17	5:11	1:22:55	0:11:58
12	3262	Niall Michel	GER		0			0		0			0	10:58:17	41	11:39	1:23:20	0:12:23
13	3284	Bernard Hanratty	IRL - trinity tri	0:16:04	20	21:25	3:46	11	0:35:48	11	33.53	2:34	20	0:25:20	14	5:03	1:23:31	0:12:34
14	3265	Stephen Travers	IRL	0:19:01	38	25:21	3:40	9	0:37:13	23	32.25	2:23	12	0:22:47	4	4:33	1:25:02	0:14:05
15	3308	Liam O'riain	IRL	0:19:27	40	25:54	3:48	13	0:37:59	28	31.60	2:10	8	0:22:47	5	4:33	1:26:09	0:15:12
16	3292	Christopher Mcswiggan	IRL - triangle triathlon club	0:14:41	10	19:33	4:31	25	0:38:48	30	30.93	2:55	29	0:25:31	15	5:06	1:26:24	0:15:27
17	3422	Brendan Flynn	IRL - Liquid Motion	0:15:52	17	21:09	3:52	16	0:36:31	17	32.86	3:06	34	0:27:19	20	5:27	1:26:40	0:15:43
18	3256	Cormac O'Dalaigh	IRL	0:18:51	36	25:06	4:30	24	0:36:01	12	33.33	2:57	30	0:25:19	13	5:03	1:27:35	0:16:38
19	3301	Bernard Hoey	IRL - T3	0:15:18	14	20:23	4:19	20	0:36:30	16	32.89	3:10	37	0:28:36	27	5:43	1:27:50	0:16:53

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Results: Categories

Open: Sprint: Open Men 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
20	3280	Paul Cooke	IRL	0:14:37	9	19:28	4:21	21	0:39:59	35	30.02	3:04	31	0:26:25	19	5:16	1:28:23	0:17:26
21	3268	David May	IRL	0:16:29	23	21:58	4:06	18	0:37:12	22	32.26	2:42	24	0:28:15	25	5:38	1:28:42	0:17:45
22	3291	David Mckay	IRL - No	0:17:57	32	23:55	5:08	31	0:36:16	14	33.10	2:05	6	0:28:09	22	5:37	1:29:33	0:18:36
23	3264	Gavin Fraser	IRL - tricw	0:17:46	30	23:41	4:26	23	0:36:33	18	32.83	3:30	39	0:29:50	31	5:57	1:32:04	0:21:07
24	3306	Dara White	IRL	0:17:41	28	23:33	4:40	27	0:37:44	27	31.81	2:18	10	0:30:05	32	6:00	1:32:25	0:21:28
25	3288	Enda Daly	IRL	0:17:48	31	23:42	5:17	33	0:37:06	20	32.35	3:12	38	0:29:33	30	5:54	1:32:54	0:21:57
26	3277	Shane Clarke	IRL - MSC tri	0:16:36	24	22:07	5:01	30	0:39:31	33	30.38	3:37	41	0:29:23	29	5:52	1:34:06	0:23:09
27	3285	John Robinson	IRL	0:21:14	46	28:18	4:49	28	0:37:35	25	31.93	2:26	16	0:28:55	28	5:46	1:34:57	0:24:00
28	3428	Sean Dunne	IRL - limerick	0:19:56	42	26:34	8:47	47	0:38:46	29	30.97	2:41	23	0:25:04	11	5:00	1:35:12	0:24:15
29	3300	Declan Doyle	IRL - TriCW	0:19:39	41	26:11	4:57	29	0:36:22	15	33.00	2:38	22	0:31:50	36	6:21	1:35:24	0:24:27
30	3287	Colm O'grady	IRL	0:18:30	34	24:39	5:26	36	0:39:50	34	30.13	3:34	40	0:28:13	23	5:38	1:35:31	0:24:34
31	3258	Conor Mac Gabhann	IRL - Kilkeny City Harriers	0:19:07	39	25:28	3:59	17	0:42:53	44	27.99	2:21	11	0:28:21	26	5:40	1:36:39	0:25:42
32	3293	Vincent Waters	IRL	0:18:04	33	24:05	6:22	40	0:37:36	26	31.93	4:27	47	0:30:59	34	6:11	1:37:26	0:26:29
33	3271	Mark Connell	IRL - athlone	0:16:44	25	22:17	7:02	41	0:40:59	39	29.28	4:49	48	0:27:59	21	5:35	1:37:30	0:26:33
34	4564	Dennis Soraghan	IRL	0:04:52	2	6:29	5:15	32	0:44:03	46	27.24	4:26	46	0:39:34	40	7:54	1:38:10	0:27:13
35	3282	Keith Holmes	IRL	0:15:56	18	21:13	5:24	35	0:38:59	32	30.79	3:08	35	0:36:13	38	7:14	1:39:38	0:28:41
36	3295	Pat Arrigan	IRL	0:18:51	35	25:06	7:07	43	0:41:15	42	29.09	2:54	27	0:30:39	33	6:07	1:40:44	0:29:47
37	3290	Padraig Plunkett	IRL	0:20:49	45	27:45	4:32	26	0:40:49	38	29.40	3:40	43	0:33:23	37	6:40	1:43:11	0:32:14
38	3253	Colum Carr	IRL	0:21:27	47	28:35	8:32	46	0:41:02	40	29.25	4:08	45	0:28:13	24	5:38	1:43:21	0:32:24
39	3266	Brian Rasmussen	IRL - None	0:16:13	21	21:36	3:26	8	0:58:14	48	20.61	2:28	17	0:25:16	12	5:03	1:45:35	0:34:38
40	3310	Michael Mc Brearty	IRL	0:20:01	43	26:40	9:04	49	0:46:46	47	25.66	3:09	36	0:36:28	39	7:17	1:55:26	0:44:29
41	3254	Sean Farrell	IRL - I want to live	0:31:35	49	42:05	7:06	42	0:43:22	45	27.68	3:59	44	0:31:43	35	6:20	1:57:42	0:46:45
DNF	3298	Denis Crowley	BRU	0:17:44	29	23:37	6:09	39	0:38:54	31	30.86		0		0			
DNF	3302	James Kelly	IRL - none		0			0		0			0		0			
DNF	3303	Colm Dardis	IRL		0			0		0			0		0			
DNF	3304	Ivan Crowe	IRL		0			0		0			0		0			
DNF	3267	James Mason	IRL		0			0		0			0		0			
DNF	3263	John Thomson	GBR - N/A		0			0		0			0		0			
DNF	3272	Noel Quinn	IRL		0			0		0			0		0			
DNF	3274	David Chandler	IRL		0			0		0			0		0			
DNF	3276	Conall O Halloran	IRL		0			0		0			0		0			
DNF	3289	Padraig Crossan	IRL - trilogy		0			0		0			0		0			
DNF	3296	Mac Herbert	GBR - wighttri		0			0		0			0		0			
DNF	3297	John Peters	IRL		0			0		0			0		0			
DNF	3281	Joe O'sullivan	IRL		0			0		0			0		0			
DNF	3260	Trevor Dalby	IRL		0			0		0			0		0			
DSQ	3431	Pat Mccvoy	IRL - connacht	0:20:04	44	26:45	-24:03	1	2:16:14	49	8.81	-45:44	1		0			
DSQ	3309	John Stephens	IRL - Pulse	0:14:19	8	19:04	4:22	22	0:35:10	6	34.12	2:26	13		0			
DSQ	3283	Dwyer O'hagan	IRL - TUNA	0:13:40	6	18:12	4:18	19	0:36:15	13	33.11	3:38	42		0			
DSQ	3270	Liam Gibbons	IRL	0:04:32	1	6:01	8:52	48	0:42:12	43	28.44	2:45	26		0			
DSQ	3269	Brian O' Toole	IRL	0:18:51	37	25:07	5:37	37	0:37:17	24	32.20	2:43	25		0			
DSQ	3279	Sean O' Sullivan	IRL	0:16:25	22	21:53	5:37	38	0:40:21	37	29.74	2:38	21		0			
DSQ	3299	Kevin Sheridan	IRL - Galway Triathlon Club	0:17:33	27	23:23	5:19	34	0:40:12	36	29.86	3:05	32		0			
DSQ	3286	Tim O Keeffe	IRL	0:23:14	48	30:58	7:13	44	0:41:10	41	29.15	2:54	28		0			

Open: Sprint: Open Men 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	3315	Michael O" Dowd	IRL - n/a	0:14:14	2	18:58	3:15	1	0:36:31	2	32.86	2:34	3	0:23:44	1	4:44	1:20:17	
2	3317	William Power	IRL - PIRANHA	0:18:46	9	25:01	4:15	4	0:33:52	1	35.45	2:59	9	0:26:43	3	5:20	1:26:33	0:06:16
3	3325	Stephen Murphy	IRL - TUNA	0:15:15	5	20:19	4:59	5	0:40:41	8	29.50	2:24	1	0:25:17	2	5:03	1:28:34	0:08:17
4	3323	Fintan Keegan	IRL - Athlone	0:15:10	4	20:13	5:20	8	0:39:54	6	30.08	3:40	13	0:26:49	4	5:21	1:30:52	0:10:35
5	3333	Colman Ledwith	IRL	0:16:40	6	22:12	3:58	2	0:37:12	4	32.26	4:48	16	0:31:34	12	6:18	1:34:10	0:13:53

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Results: Categories

Open: Sprint: Open Men 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
6	3320	Kevin Killeen	IRL - DFTA	0:16:55	7	22:32	6:53	16	0:41:19	11	29.05	2:56	8	0:30:44	10	6:08	1:38:46	0:18:29
7	3312	Niall Hanrahan	IRL	0:20:31	12	27:20	5:21	9	0:41:45	13	28.74	3:17	11	0:29:42	7	5:56	1:40:34	0:20:17
8	3335	William Cashman	IRL	0:21:17	13	28:21	7:19	17	0:40:15	7	29.82	2:50	6	0:30:21	9	6:04	1:42:00	0:21:43
9	3332	Kevin O'neill	IRL - Athlone	0:19:36	11	26:07	5:47	12	0:42:51	14	28.01	4:04	15	0:32:57	13	6:35	1:45:12	0:24:55
10	3330	Sean Kavanagh	IRL - DFTA	0:25:07	16	33:28	5:56	13	0:40:54	10	29.34	5:01	17	0:29:05	5	5:48	1:46:01	0:25:44
11	3321	Maurice McGuire	IRL	0:14:48	3	19:43	5:06	6	0:52:18	18	22.95	2:32	2	0:32:57	14	6:35	1:47:39	0:27:22
12	3316	David Gildea	IRL	0:23:24	14	31:11	5:41	11	0:46:47	16	25.65	3:14	10	0:30:01	8	6:00	1:49:05	0:28:48
13	3326	Guoyue Wu	GBR - Dulwich Paragon	0:35:01	18	46:40	5:16	7	0:36:54	3	32.53	3:29	12	0:29:14	6	5:50	1:49:52	0:29:35
14	3425	Paul Hamilton	IRL	0:25:32	17	34:02	8:11	18	0:45:23	15	26.45	3:52	14	0:31:18	11	6:15	1:54:14	0:33:57
DNF	3324	Colman Candy	IRL - T3		0			0		0			0		0			
DNF	3331	Padraic Mitchell	IRL - twenty four seven		0			0		0			0		0			
DNF	3328	Denis O'brien	IRL		0			0		0			0		0			
DNF	3318	Kevin Oliver	IRL		0			0		0			0		0			
DNF	3313	Fergus Matthews	IRL - Belpark		0			0		0			0		0			
DNF	3314	Tony Aston	IRL - N/A		0			0		0			0		0			
DNF	3334	Frank Devitt	IRL - 3D		0			0		0			0		0			
DSQ	3319	Fran Finnegan	IRL - 3D Tri	0:13:36	1	18:06	5:31	10	0:37:50	5	31.72	5:07	18		0			
DSQ	3327	Paddy Rooney	IRL	0:18:47	10	25:02	4:04	3	0:40:45	9	29.45	2:43	4		0			
DSQ	3322	John Tracey	IRL	0:17:51	8	23:46	6:13	14	0:48:00	17	25.01	2:47	5		0			
DSQ	3527	Vincent Brennan	IRL	0:24:58	15	33:16	6:21	15	0:41:29	12	28.94	2:52	7		0			

Open: Sprint: Open Men 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	3336	Seamus Smith	IRL	0:08:30	1	11:19	7:23	1	0:41:55	2	28.63	2:57	1	0:30:50	1	6:09	1:31:33	
2	3337	Desmond Campbell	IRL	0:19:44	2	26:18	7:43	2	0:40:05	1	29.94	3:41	2	0:34:39	2	6:55	1:45:51	0:14:18
3	3338	Kevin O'halloran	IRL	0:30:25	3	40:32	8:26	3	0:48:42	3	24.64	3:56	3	0:37:46	3	7:33	2:09:12	0:37:39

Open: Sprint: Open Men 60-64

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	3340	John O'Kelly	CAN - St.Albert Triathlon Club	0:15:38	1	20:50	3:54	1	0:38:12	1	31.43	3:20	1	0:29:57	1	5:59	1:30:59	
2	3427	Geoffrey Enoch	GBR - Oxford Tri	0:18:50	2	25:05	4:03	2	0:39:08	2	30.67	3:45	3	0:31:31	2	6:18	1:37:14	0:06:15
DSQ	3341	Caoimhin O Fatharta	IRL	0:23:53	4	31:50	6:14	3	0:42:46	3	28.06	3:30	2		0			
DSQ	3339	Derek Cowan	GBR - ChainReactionCycles	0:22:27	3	29:55	6:14	4	0:44:46	4	26.81	4:11	4		0			

Open: Sprint: Open Men 70-74

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	3342	Barry Johnson	GBR - Tri Lakeland		0			0		0			0		0			
DNF	3343	Seamus Egan	IRL		0			0		0			0		0			

Open: Relay (sprint): Relay

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	3359	Frantisek Erasmus & Matej Kl	KZK	0:10:42	3	14:15	2:28	1	0:31:32	2	38.07	2:21	9	0:22:40	4	4:31	1:09:42	
2	3372	Anna Mai Bradley & Ian Bradle	IRL	0:13:47	4	18:22	2:32	2	0:34:28	4	34.83	2:26	12	0:22:14	3	4:26	1:15:26	0:05:44
3	3362	Emer Dunne & Conor Mcgonig	IRL	0:14:37	8	19:28	3:06	18	0:30:57	1	38.79	2:21	8	0:24:41	7	4:56	1:15:40	0:05:58
4	3363	Kevin Conneely & Paul O' Sul	IRL	0:10:22	2	13:49	46:44	32		0			0	11:08:09	26	13:37	1:21:13	0:11:31
5	3360	Daniel Reddin & Mark Nichols	IRL	0:18:35	23	24:45	2:54	9	0:38:06	12	31.51	1:46	1	0:22:04	2	4:24	1:23:23	0:13:41
6	3351	Amanda Mc Donnell & Sean C	IRL	0:14:39	9	19:31	3:04	17	0:32:40	3	36.74	3:59	27	0:31:55	18	6:22	1:26:17	0:16:35
7	3349	Kieran Dunican & Kevin Marsh	IRL	0:16:41	16	22:14	2:59	12	0:34:52	6	34.42	2:07	4	0:30:41	14	6:08	1:27:19	0:17:37
8	3345	Sean Doyle & Robbie Hollawa	IRL - none	0:15:06	11	20:06	2:57	10	0:46:38	23	25.73	2:33	13	0:20:34	1	4:06	1:27:47	0:18:05
9	3367	Kevin Smith & Mickey Mollay &	IRL	0:17:22	20	23:08	2:36	4	0:37:34	11	31.96	2:59	21	0:28:15	10	5:38	1:28:44	0:19:02
10	3358	Grainne English & Paul Miniha	IRL	0:16:12	15	21:34	3:01	14	0:34:51	5	34.45	2:37	15	0:36:51	23	7:22	1:33:30	0:23:48

2010 Athlone Triathlon European Championships

Results: Categories

Open: Relay (sprint): Relay

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
11	3368	Eddie O'donnell & Ollie Carty	IRL	0:20:29	29	27:18	2:49	7	0:38:25	14	31.25	2:46	18	0:30:52	15	6:10	1:35:19	0:25:37
12	3366	Shane Seery & Hughie Devan	IRL	0:26:44	31	35:38	3:46	28	0:36:13	8	33.14	2:01	2	0:27:06	8	5:25	1:35:47	0:26:05
13	3378	Deirdre Flinn & Marian Purcell	IRL	0:19:30	25	25:59	3:41	26	0:47:51	24	25.08	2:20	7	0:22:53	5	4:34	1:36:13	0:26:31
14	3377	Alastair Gray & Brendan Finne	IRL	0:18:40	24	24:52	3:07	19	0:41:51	17	28.67	2:26	11	0:31:11	17	6:14	1:37:13	0:27:31
15	3371	Nuala Byrne & Clair McLoughlin	IRL	0:14:06	7	18:47	3:50	30	0:44:53	20	26.74	4:06	28	0:31:04	16	6:12	1:37:57	0:28:15
16	3347	Kerrie Browne & Shirley Doyle	IRL	0:15:44	14	20:57	3:01	13	0:50:20	26	23.85	2:05	3	0:27:09	9	5:25	1:38:16	0:28:34
17	3365	Kellyann Reid & David Toolan	IRL	0:16:54	18	22:31	2:53	8	0:41:43	16	28.77	3:41	26	0:33:39	22	6:43	1:38:49	0:29:07
18	3353	Richard Griffiths & Dominic Gr	IRL	0:19:51	28	26:27	3:03	15	0:37:16	10	32.21	2:08	5	0:38:45	25	7:44	1:41:01	0:31:19
19	3361	Claire Ryan & Mary Quaney &	IRL	0:19:38	26	26:10	3:11	22	0:46:23	22	25.88	2:25	10	0:30:20	12	6:03	1:41:54	0:32:12
20	3346	Niamh Mcnamara & Niamh Ha	IRL	0:09:48	1	13:02	3:03	16	1:02:42	31	19.14	2:58	20	0:23:39	6	4:43	1:42:07	0:32:25
21	3550	Anne Fitzpatrick & Brid Brett &	IRL	0:13:56	6	18:34	3:40	25	0:54:35	28	21.99	2:41	16	0:28:31	11	5:42	1:43:21	0:33:39
22	3348	Oonagh Murphy & Fiona Murpl	IRL	0:15:27	12	20:34	3:07	20	0:43:35	19	27.54	3:31	25	0:38:42	24	7:44	1:44:20	0:34:38
23	3537	Paul Burgin & Paul Burgin & D	IRL	0:22:18	30	29:42	4:11	31	0:43:10	18	27.81	2:45	17	0:32:22	19	6:28	1:44:44	0:35:02
24	3364	Chris Lawlor & Rachel Rodger	IRL	0:18:12	22	24:15	3:49	29	0:51:19	27	23.39	2:51	19	0:32:38	20	6:31	1:48:47	0:39:05
25	3344	Fiona Neville & Aine Hegarty &	IRL	0:17:48	21	23:43	3:44	27	0:55:35	29	21.59	2:13	6	0:30:40	13	6:07	1:50:00	0:40:18
26	3356	Leanne Hogg & Claire Shanah	IRL - Athlone Tri Club	1:05:28	32	27:16	3:08	21	0:44:54	21	26.73	3:20	23	0:33:28	21	6:41	2:30:16	1:20:34
DNF	3355	Gerard Haugh & Michael Hauç	IRL	0:17:19	19	23:04	2:36	3	0:38:08	13	31.47		0		0			
DNF	3435	Tristan Cooper & Eimear Donc	IRL	0:15:44	13	20:57	2:39	6	0:50:14	25	23.89		0		0			
DNF	3375	Adele Hanevy & Johanne Han	IRL	1:22:49	33	50:25	3:30	23	0:59:20	30	20.23		0		0			
DNF	3374	Conor English & Noel Cross &	IRL	0:14:48	10	19:43		0		0			0		0			
DNF	3354	Alana Lowe & Juliana Quaney	IRL		0			0		0			0		0			
DNF	3357	Eilis Conneely & Maria Gaugh	IRL		0			0		0			0		0			
DNF	3352	Daniel Hyland & Karl Reilly & P	IRL - athlone		0			0		0			0		0			
DSQ	3369	Joanne Hepburn & Lizzie Lum	IRL - Naas	0:13:56	5	18:34	2:39	5	0:36:27	9	32.92	2:37	14		0			
DSQ	3373	Grainne O'riordan & Dave McC	IRL	0:19:50	27	26:25	3:32	24	0:36:06	7	33.24	3:18	22		0			
DSQ	3370	Mairéad Duffy & Arlene McC	IRL	0:16:48	17	22:22	2:58	11	0:39:38	15	30.28	3:28	24		0			

Open: Try-a-tri: Open Women 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4560	Cate Crowe	IRL - sligo triathlon club	0:05:55	5	29:32	3:52	1	0:42:30	1	28.24	2:37	1	0:30:07	1	6:01	1:24:59	
2	4284	Tracey Kelly	IRL - Athlone Tri Club	0:04:36	2	22:59	4:09	2	0:48:27	2	24.77	3:06	2	0:31:44	2	6:20	1:32:01	0:07:02
3	4278	Shona Murphy	IRL	0:03:52	1	19:19	5:14	3	0:52:11	4	23.00	4:26	7	0:38:02	5	7:36	1:43:44	0:18:45
4	4286	Jean Crudden	IRL	0:06:13	6	31:01	7:05	6	0:49:17	3	24.35	4:24	6	0:37:29	3	7:29	1:44:26	0:19:27
5	4285	Emma-Jane Morrissey	IRL	0:04:45	4	23:45	8:13	7	0:54:55	5	21.86	4:41	8	0:37:54	4	7:34	1:50:27	0:25:28
6	4287	Emer Nooney	IRL - None	0:06:18	7	31:30	6:47	5	0:54:58	6	21.84	4:12	5	0:39:42	6	7:56	1:51:56	0:26:57
7	4288	Cherie Thornton	IRL - N/A	0:08:09	8	40:42	8:59	8	1:12:58	8	16.45	3:58	3	0:44:40	7	8:55	2:18:42	0:53:43
DNF	4280	Amy Wickham	IRL		0			0		0			0		0			
DNF	4281	Rose McLoughlin	IRL		0			0		0			0		0			
DNF	4282	Grainne Ryan	IRL		0			0		0			0		0			
DNF	4283	Nicola Fahy	IRL		0			0		0			0		0			
DNF	4582	Marita Mc Ginley	IRL		0			0		0			0		0			
DSQ	4279	Isabella Donnelly	IRL	0:04:40	3	23:19	6:47	4	1:00:48	7	19.74	4:10	4		0			

Open: Try-a-tri: Open Women 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4331	Jacinta Mulroe	IRL - Galway Triathlon Club	0:05:37	30	28:01	3:49	1	0:37:27	1	32.05	2:27	1	0:28:01	5	5:36	1:17:19	
2	4314	Nicola Walsh	IRL	0:03:55	4	19:31	4:16	3	0:40:57	3	29.31	2:57	14	0:26:32	2	5:18	1:18:35	0:01:16
3	4351	Elizabeth Condon	IRL	0:05:00	21	24:57	4:45	10	0:41:17	4	29.07	3:17	21	0:26:17	1	5:15	1:20:34	0:03:15
4	4300	Claire Picard	IRL	0:03:43	3	18:31	6:14	28	0:40:49	2	29.41	2:31	2	0:29:13	10	5:50	1:22:27	0:05:08
5	4308	Catherine Carolan	IRL	0:04:49	17	24:04	5:20	19	0:41:55	5	28.63	2:32	4	0:28:17	6	5:39	1:22:53	0:05:34
6	4340	Eimear Horan	IRL	0:04:31	8	22:32	4:10	2	0:44:24	11	27.03	2:41	8	0:28:30	7	5:41	1:24:14	0:06:55

2010 Athlone Triathlon European Championships

Results: Categories

Open: Try-a-tri: Open Women 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
7	4322	Laura Tansey	IRL	0:04:17	5	21:22	4:48	11	0:45:44	15	26.24	3:18	23	0:29:22	11	5:52	1:27:27	0:10:08
8	4337	Edwina Quinlan	IRL	0:03:20	1	16:36	5:13	17	0:46:04	17	26.05	2:49	11	0:30:16	14	6:03	1:27:40	0:10:21
9	4352	Maire O'doherty	IRL - Nenagh	0:05:06	23	25:30	7:23	40	0:43:04	7	27.87	4:57	47	0:27:26	3	5:29	1:27:56	0:10:37
10	4293	Danielle Murphy	IRL - Irish Defence Forces	0:05:25	26	27:01	4:37	8	0:47:54	23	25.06	2:43	9	0:27:42	4	5:32	1:28:19	0:11:00
11	4319	Mairead Conlon	IRL	0:07:59	47	39:54	5:11	15	0:43:50	8	27.39	3:02	17	0:28:53	9	5:46	1:28:53	0:11:34
12	4338	Karen Duffy	IRL	0:04:50	18	24:05	5:14	52		0			0	12:16:24	44	27:16	1:29:23	0:12:04
13	4344	Lydia Forde	IRL - Belpark	0:05:57	37	29:41	6:42	33	0:42:59	6	27.92	3:00	15	0:31:10	16	6:13	1:29:46	0:12:27
14	4326	Donna Timothy	IRL	0:05:16	24	26:19	5:33	23	0:46:21	19	25.90	2:40	7	0:30:42	15	6:08	1:30:31	0:13:12
15	4333	Elaine Minagh	IRL	0:05:33	29	27:45	5:10	14	0:45:31	14	26.37	2:57	13	0:31:57	20	6:23	1:31:07	0:13:48
16	4347	Marie Henry	IRL	0:05:20	25	26:36	5:05	12	0:47:04	22	25.50	2:39	5	0:31:16	17	6:15	1:31:22	0:14:03
17	4302	Fiona Murphy	IRL	0:04:32	10	22:37	4:43	9	0:51:22	35	23.37	3:05	18	0:28:43	8	5:44	1:32:24	0:15:05
18	4353	Berna O'shea	IRL	0:04:38	12	23:06	5:37	24	0:46:25	20	25.86	3:39	29	0:32:24	23	6:28	1:32:40	0:15:21
19	4305	Mary O Connor	IRL - -	0:04:47	15	23:54	5:12	16	0:48:23	24	24.81	3:11	19	0:32:39	26	6:31	1:34:11	0:16:52
20	4317	Andrina Donovan	IRL	0:04:20	6	21:38	6:14	27	0:44:56	13	26.72	4:11	41	0:36:07	37	7:13	1:35:46	0:18:27
21	4309	Julie Motherway	IRL - n/a	0:05:41	31	28:21	6:17	30	0:46:05	18	26.04	4:04	38	0:33:45	30	6:44	1:35:49	0:18:30
22	4290	Shona Finn	IRL	0:05:05	22	25:22	5:25	20	0:46:28	21	25.83	3:42	31	0:35:16	35	7:03	1:35:53	0:18:34
23	4318	Eva Kelleher	IRL - n/a	0:05:49	34	29:04	6:37	32	0:51:29	36	23.32	2:52	12	0:29:32	12	5:54	1:36:17	0:18:58
24	4297	Louisa Beresford	IRL	0:06:14	41	31:08	4:27	6	0:51:09	33	23.46	2:45	10	0:32:05	22	6:24	1:36:39	0:19:20
25	4306	Maria O'kane	IRL - None	0:05:54	35	29:28	5:31	22	0:53:17	42	22.52	2:32	3	0:29:40	13	5:55	1:36:52	0:19:33
26	4311	Jennifer Kiely	IRL	0:04:48	16	23:58	7:16	39	0:51:46	37	23.18	3:01	16	0:31:18	18	6:15	1:38:08	0:20:49
27	4329	Sarah Glavey	IRL	0:04:53	19	24:21	7:35	43	0:49:33	28	24.22	4:01	36	0:33:12	29	6:38	1:39:12	0:21:53
28	4295	Claire Glavey	IRL	0:04:34	11	22:48	7:30	42	0:49:11	27	24.40	4:08	40	0:34:16	33	6:51	1:39:38	0:22:19
29	4354	Emma Harrington	IRL	0:07:57	46	39:42	6:49	35	0:48:48	26	24.60	4:57	46	0:31:26	19	6:17	1:39:55	0:22:36
30	4336	Margaret Mulligan	IRL	0:05:44	32	28:38	6:56	38	0:51:10	34	23.46	3:23	24	0:33:11	28	6:38	1:40:22	0:23:03
31	4350	Ciara Dowling	IRL	0:06:30	43	32:27	8:38	47	0:50:29	32	23.78	3:37	28	0:32:03	21	6:24	1:41:15	0:23:56
32	4330	Siobhan Gavin	IRL	0:06:16	42	31:20	8:25	45	0:49:44	29	24.13	6:00	49	0:32:31	24	6:30	1:42:54	0:25:35
33	4581	Christiane O' Mahony	IRL	0:06:08	40	30:39	7:27	41	0:53:13	41	22.55	3:34	27	0:32:34	25	6:30	1:42:55	0:25:36
34	4345	Suzanne Flood	IRL	0:04:43	14	23:34	9:33	51	0:50:11	31	23.91	4:55	45	0:34:01	31	6:48	1:43:21	0:26:02
35	4339	Pamela Kavanagh	IRL	0:05:25	27	27:05	6:03	26	0:54:30	46	22.02	4:05	39	0:34:14	32	6:50	1:44:16	0:26:57
36	4341	Jane Keating	IRL	0:04:24	7	21:57	5:17	18	0:52:54	40	22.69	3:51	34	0:38:59	41	7:47	1:45:23	0:28:04
37	4085	Deidre O'dowd	IRL	0:08:36	50	42:56	6:44	34	0:49:58	30	24.02	4:50	44	0:35:38	36	7:07	1:45:44	0:28:25
38	4304	Dana Kelleher	IRL - n/a	0:05:55	36	29:34	6:27	31	0:53:31	44	22.43	3:49	33	0:38:38	40	7:43	1:48:18	0:30:59
39	4307	Aine Ní Éalaí	IRL	0:05:57	38	29:44	8:18	44	0:55:05	47	21.79	4:01	37	0:35:11	34	7:02	1:48:30	0:31:11
40	4301	Aoibhean Martin	IRL	0:06:00	39	29:59	8:34	46	0:53:19	43	22.51	4:20	42	0:36:47	38	7:21	1:48:58	0:31:39
41	4349	Siobhan Meade	IRL - Fingal Tri	0:08:32	49	42:39	6:52	37	0:52:42	38	22.77	3:45	32	0:38:12	39	7:38	1:50:01	0:32:42
42	4313	Laura Magee	IRL	0:05:44	33	28:39	8:43	48	0:59:46	49	20.08	6:26	50	0:42:54	42	8:34	2:03:32	0:46:13
43	4312	Lynne White	IRL	0:08:00	48	39:57	9:12	49	1:12:59	50	16.44	4:25	43	0:44:08	43	8:49	2:18:42	1:01:23
44	4562	Eimear O'brien	IRL	2:29:04	52	25:20	4:20	4	0:45:44	16	26.24	3:29	26	0:33:03	27	6:36	3:55:39	2:38:20
DNF	4315	Ayleen Mcguinness	IRL		0			0		0			0		0			
DNF	4316	Aoife Maguire	IRL		0			0		0			0		0			
DNF	4303	Frances Flanagan	IRL		0			0		0			0		0			
DNF	4321	Justine Luykx	IRL		0			0		0			0		0			
DNF	4323	Ciara Crowe	IRL		0			0		0			0		0			
DNF	4324	Kate Mullahy	IRL		0			0		0			0		0			
DNF	4325	Gillian Dagg	IRL		0			0		0			0		0			
DNF	4327	Megan O'leary	IRL		0			0		0			0		0			
DNF	4328	Niamh Mc Tiernan	IRL - Na		0			0		0			0		0			
DNF	4334	Hillary Cleary	IRL - None		0			0		0			0		0			
DNF	4335	Grainne O'connor	IRL		0			0		0			0		0			
DNF	4332	Mandi Sass	IRL		0			0		0			0		0			
DNF	4298	Katie Harper	GBR		0			0		0			0		0			
DNF	4299	Marita Fahy	IRL		0			0		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

Open: Try-a-tri: Open Women 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	4294	Darci Kidd	GBR		0			0		0			0		0			
DNF	4289	Sinead Harrington	IRL		0			0		0			0		0			
DNF	4355	Sarah Horan	IRL		0			0		0			0		0			
DNF	4343	Louise Kelly	IRL		0			0		0			0		0			
DSQ	4292	Sinead Lydon	IRL	0:04:42	13	23:25	4:30	7	0:43:56	9	27.32	3:18	22		0			
DSQ	4320	Danielle Begley	IRL	0:05:31	28	27:33	6:16	29	0:44:17	10	27.10	3:29	25		0			
DSQ	4310	Tarah Goldrick	IRL - NA	0:03:30	2	17:26	5:05	13	0:48:27	25	24.78	3:13	20		0			
DSQ	4296	Elaine Caverly	IRL	0:04:57	20	24:44	6:50	36	0:44:28	12	26.99	4:00	35		0			
DSQ	4291	Orla Heneghan	IRL	0:04:32	9	22:37	5:40	25	0:52:45	39	22.75	2:40	6		0			
DSQ	4346	Anne-Marie Cullen	IRL	0:06:45	44	33:43	5:31	21	0:53:51	45	22.29	3:40	30		0			
DSQ	4348	Sandra Wright	IRL	0:07:38	45	38:06	9:30	50	0:59:38	48	20.13	5:44	48		0			
DSQ	4342	Kathleen Shine	IRL	0:12:58	51	4:46	4:27	5		0			0		0			

Open: Try-a-tri: Open Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4373	Claire Garvey	IRL	0:03:25	1	17:01	4:48	7	0:41:15	1	29.10	2:37	4	0:27:11	4	5:26	1:19:14	
2	4387	Suzanne Martin	IRL - Wicklow Tri	0:04:43	11	23:33	4:14	1	0:43:57	11	27.31	2:35	3	0:24:20	1	4:51	1:19:47	0:00:33
3	4384	Lorraine O'carroll	IRL	0:05:48	31	28:57	4:47	5	0:43:07	6	27.84	2:34	1	0:27:08	3	5:25	1:23:22	0:04:08
4	4408	Deirdre Kelly	IRL	0:04:36	9	22:59	4:55	9	0:42:25	3	28.30	2:48	5	0:29:39	12	5:55	1:24:22	0:05:08
5	4411	Kathryn Murphy	IRL - N/A	0:04:21	6	21:41	5:07	10	0:42:55	5	27.97	3:03	10	0:29:14	10	5:50	1:24:38	0:05:24
6	4382	Elaine Newell	IRL - Galway hockey club	0:04:50	15	24:09	4:29	3	0:43:56	10	27.32	3:32	21	0:28:29	7	5:41	1:25:14	0:06:00
7	4404	Martina Kelly	IRL	0:06:10	35	30:45	5:08	11	0:42:01	2	28.56	3:50	33	0:29:28	11	5:53	1:26:34	0:07:20
8	4400	Deirdre Mc Evoy	IRL	0:05:40	28	28:20	5:41	21	0:44:04	12	27.24	2:56	9	0:28:31	8	5:42	1:26:50	0:07:36
9	4412	Niamh Mulvihill	IRL	0:05:02	19	25:09	4:34	4	0:42:30	4	28.24	3:19	17	0:33:11	24	6:38	1:28:34	0:09:20
10	4366	Emma Lawlor	IRL	0:05:25	23	27:03	5:22	14	0:45:39	19	26.29	3:03	11	0:29:43	13	5:56	1:29:11	0:09:57
11	4368	Kate Mc Namara	IRL	0:04:18	5	21:27	6:13	29	0:48:19	31	24.84	3:15	15	0:28:16	5	5:39	1:30:19	0:11:05
12	4362	Joanne Fayne	IRL	0:05:44	30	28:36	5:28	16	0:43:52	8	27.36	3:59	39	0:31:46	17	6:21	1:30:47	0:11:33
13	4395	Catherine Ryan	IRL	0:06:50	41	34:09	5:35	17	0:44:47	17	26.80	2:52	6	0:31:27	16	6:17	1:31:29	0:12:15
14	4357	Pamela Mansell	IRL	0:05:19	21	26:33	5:41	20	0:44:09	13	27.19	3:34	24	0:33:24	25	6:40	1:32:04	0:12:50
15	4383	Julie Reidy	IRL	0:03:54	2	19:29	4:48	6	0:43:15	7	27.75	3:11	13	0:37:06	39	7:25	1:32:12	0:12:58
16	4407	Sinead Shine	IRL	0:04:34	8	22:47	5:52	23	0:46:09	20	26.00	3:38	25	0:32:02	19	6:24	1:32:13	0:12:59
17	4375	Jo Baumgart	IRL - Limerick Triathlon Club	0:04:15	4	21:13	4:21	2	0:43:53	9	27.35	3:33	23	0:36:26	37	7:17	1:32:27	0:13:13
18	4380	Niamh Fallon	IRL - None	0:05:15	20	26:14	6:44	34	0:50:05	36	23.96	2:34	2	0:28:25	6	5:40	1:33:01	0:13:47
19	4390	Ethna Keeley	IRL	0:05:22	22	26:48	5:26	15	0:46:50	22	25.63	4:36	48	0:31:24	15	6:16	1:33:36	0:14:22
20	4364	Sinead Gallagher	IRL	0:07:43	52	38:32	6:49	35	0:49:46	35	24.11	2:53	7	0:26:37	2	5:19	1:33:46	0:14:32
21	4388	Avril Maher	IRL	0:04:40	10	23:18	5:35	18	0:47:17	23	25.39	3:53	36	0:32:59	23	6:35	1:34:22	0:15:08
22	4379	Trish Horan	IRL	0:04:25	7	22:00	5:53	24	0:48:15	30	24.87	3:13	14	0:32:44	22	6:32	1:34:27	0:15:13
23	4363	Briani Lane	IRL - n/a	0:05:38	27	28:08	5:41	19	0:47:52	27	25.08	3:32	22	0:31:48	18	6:21	1:34:29	0:15:15
24	4376	Lorraine Hanrahan	IRL	0:05:50	32	29:07	6:03	27	0:45:04	18	26.63	3:04	12	0:34:47	27	6:57	1:34:46	0:15:32
25	4504	Bridget Mcateer	IRL	0:04:55	17	24:33	6:00	26	0:51:07	41	23.48	3:44	31	0:29:04	9	5:48	1:34:49	0:15:35
26	4414	Lola Watson	IRL	0:04:52	16	24:18	4:49	8	0:44:41	16	26.86	3:50	34	0:37:45	43	7:32	1:35:55	0:16:41
27	4399	Caroline Mary Mcguire	IRL	0:07:30	49	37:27	5:49	22	0:50:06	38	23.96	2:53	8	0:32:03	20	6:24	1:38:19	0:19:05
28	4405	Jennifer Marley	IRL - None	0:07:18	45	36:29	6:43	33	0:47:56	28	25.04	5:57	55	0:31:16	14	6:15	1:39:09	0:19:55
29	4505	Bev Bryan	IRL	0:06:53	42	34:23	6:25	32	0:50:05	37	23.96	4:08	40	0:32:21	21	6:28	1:39:50	0:20:36
30	4359	Sheila Walsh	IRL	0:06:58	43	34:46	6:54	36	0:48:44	33	24.63	3:51	35	0:37:19	41	7:27	1:43:44	0:24:30
31	4401	Rachel Hennessy	IRL	0:07:39	51	38:11	6:54	37	0:51:50	43	23.15	3:23	18	0:34:28	26	6:53	1:44:12	0:24:58
32	4370	Sandra Sherwin	IRL	0:07:11	44	35:53	8:48	50	0:50:58	40	23.55	3:55	37	0:35:14	30	7:02	1:46:04	0:26:50
33	4358	Rachel Corrigan	IRL	0:07:28	48	37:19	6:58	39	0:52:33	45	22.84	4:10	42	0:36:12	34	7:14	1:47:20	0:28:06
34	4378	Adele Woods	IRL	0:07:27	47	37:10	8:15	47	0:50:38	39	23.70	4:41	49	0:36:21	35	7:16	1:47:20	0:28:06
35	4377	Paula O'connor	IRL	0:06:34	38	32:48	7:20	40	0:55:07	49	21.78	3:57	38	0:35:03	28	7:00	1:47:59	0:28:45
36	4398	Aoife Carroll	IRL	0:06:48	39	33:56	12:58	53	0:47:47	26	25.12	5:07	51	0:35:29	32	7:05	1:48:07	0:28:53
37	4410	Deirdre Cahill	IRL	0:04:56	18	24:38	14:51	55	0:47:30	25	25.27	5:27	52	0:35:24	31	7:04	1:48:07	0:28:53

2010 Athlone Triathlon European Championships

Results: Categories

Open: Try-a-tri: Open Women 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
38	4397	Eimear Kilcommons	IRL	0:06:49	40	34:00	13:01	54	0:48:11	29	24.91	3:40	29	0:36:28	38	7:17	1:48:07	0:28:53
39	4386	Emma Smith	IRL	0:07:36	50	37:59	5:56	25	0:52:24	44	22.91	3:43	30	0:38:37	45	7:43	1:48:15	0:29:01
40	4371	Aine Whelan	IRL	0:05:33	25	27:44	6:55	38	0:55:17	50	21.71	5:40	53	0:35:10	29	7:01	1:48:34	0:29:20
41	4361	Ruth Whelan	IRL	0:07:20	46	36:35	8:10	46	0:53:44	46	22.33	3:39	27	0:36:23	36	7:16	1:49:14	0:30:00
42	4392	Audrey Farrell	IRL	0:05:56	33	29:35	8:27	48	0:48:51	34	24.57	3:38	26	0:43:02	48	8:36	1:49:53	0:30:39
43	4367	Gillian Dunning	IRL	0:06:19	37	31:33	8:02	45	0:54:30	47	22.02	4:12	43	0:37:27	42	7:29	1:50:28	0:31:14
44	4365	Anna Savage	IRL	0:05:56	34	29:40	7:53	44	0:55:25	51	21.66	4:28	47	0:37:06	40	7:25	1:50:47	0:31:33
45	4356	Caoimhe Gartlan	IRL	0:08:49	54	44:00	8:42	49	0:51:42	42	23.22	4:10	41	0:38:55	46	7:46	1:52:15	0:33:01
46	4372	Rosie O'brien	IRL	0:08:21	53	41:42	7:42	43	0:54:40	48	21.95	3:28	20	0:42:17	47	8:27	1:56:27	0:37:13
47	4415	Helen Behan	IRL	0:05:41	29	28:22	9:25	52	0:55:52	52	21.48	4:26	46	0:43:05	49	8:36	1:58:28	0:39:14
48	4374	Mary Keogh Mccann	IRL	0:04:45	12	23:44	9:19	51	1:06:14	54	18.12	5:56	54	0:38:01	44	7:36	2:04:14	0:45:00
49	2275	Jenny Barker	IRL	2:28:49	55	24:04	7:24	41	0:56:07	53	21.38	4:21	44	0:35:33	33	7:06	4:12:12	2:52:58
DNF	4360	Tania Ni Riain	IRL		0			0		0			0		0			
DNF	4393	Noreen O Connell	IRL		0			0		0			0		0			
DNF	4396	Eleanor Burnhill	GBR		0			0		0			0		0			
DNF	4402	Olive Whyte	SEY		0			0		0			0		0			
DNF	4403	Mary Whyte	USA		0			0		0			0		0			
DNF	4409	Catherine O'sullivan	IRL		0			0		0			0		0			
DNF	4381	Maeve O'reilly	IRL		0			0		0			0		0			
DNF	4385	Claire Kearney	IRL - None		0			0		0			0		0			
DNF	4389	Alexis Bain	GBR		0			0		0			0		0			
DNF	4416	Anne-Marie Cronin	IRL		0			0		0			0		0			
DNF	4417	Aisling Reynolds	IRL		0			0		0			0		0			
DSQ	4418	Anna Greenhalgh	GBR	0:04:06	3	20:27	6:21	31	0:44:38	15	26.89	3:18	16		0			
DSQ	4406	Eleanor Prior	IRL	0:05:36	26	27:59	5:21	13	0:44:28	14	26.99	3:26	19		0			
DSQ	4369	Paula Heneghan	IRL	0:04:49	14	24:00	6:14	30	0:46:44	21	25.68	3:46	32		0			
DSQ	4391	Claire Fennell	IRL	0:04:46	13	23:47	6:03	28	0:47:21	24	25.35	4:22	45		0			
DSQ	4394	Jennifer Brien	IRL	0:05:31	24	27:32	5:12	12	0:48:30	32	24.75	3:39	28		0			
DSQ	4413	Maureen Cafferkey	IRL	0:06:11	36	30:52	7:42	42	1:21:16	55	14.77	4:59	50		0			

Open: Try-a-tri: Open Women 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4443	Glynnis Reidy	IRL	0:05:03	5	25:12	4:00	1	0:39:17	1	30.56	2:24	1	0:25:54	1	5:10	1:16:36	
2	4421	Refellia Donovan	IRL	0:04:16	1	21:15	5:48	7	0:41:59	3	28.58	3:06	7	0:31:40	5	6:19	1:26:48	0:10:12
3	4423	Edel Hanley	IRL	0:05:46	8	28:48	4:20	2	0:44:11	8	27.16	2:43	3	0:30:35	4	6:06	1:27:32	0:10:56
4	4556	Allison Feeley	IRL	0:06:26	13	32:07	5:16	4	0:43:54	5	27.34	3:54	12	0:30:01	3	6:00	1:29:29	0:12:53
5	4437	Geraldine Duffy	IRL	0:06:39	14	33:15	7:57	16	0:44:00	7	27.28	2:39	2	0:29:20	2	5:51	1:30:33	0:13:57
6	4434	Ciara Ryan	IRL	0:06:49	15	34:00	6:05	11	0:44:43	9	26.84	3:11	8	0:32:34	7	6:30	1:33:20	0:16:44
7	4436	Eileen Armstrong	IRL - Blackwater Club	0:06:06	11	30:25	5:14	3	0:43:47	4	27.42	3:35	9	0:35:12	12	7:02	1:33:51	0:17:15
8	4425	Ursula Beecher	IRL - 3D	0:04:34	3	22:47	7:12	14	0:47:31	10	25.26	2:57	5	0:31:47	6	6:21	1:33:58	0:17:22
9	4441	Aisling Kearney	IRL	0:07:58	17	39:47	5:28	5	0:43:55	6	27.33	3:50	11	0:33:32	8	6:42	1:34:41	0:18:05
10	4428	Louise Doolin	IRL	0:05:15	6	26:10	6:38	12	0:48:14	11	24.88	4:06	14	0:36:00	13	7:11	1:40:11	0:23:35
11	4439	Teresa Tully	IRL - Fingal Tri	0:06:11	12	30:52	5:56	9	0:53:17	14	22.53	2:51	4	0:33:52	10	6:46	1:42:05	0:25:29
12	4435	Jennifer Naughton	IRL	0:05:02	4	25:05	5:38	6	0:50:09	12	23.93	3:56	13	0:37:28	15	7:29	1:42:09	0:25:33
13	4424	Olive Foley	IRL	0:04:32	2	22:37	6:02	10	0:57:31	15	20.86	4:20	16	0:38:31	16	7:42	1:50:55	0:34:19
14	4508	Fiona Reid	IRL - -	0:06:51	16	34:10	9:18	18	0:59:12	17	20.27	4:11	15	0:33:48	9	6:45	1:53:17	0:36:41
15	4431	Claire Gilmore	IRL	0:08:09	18	40:41	8:18	17	0:53:01	13	22.64	5:44	19	0:38:43	17	7:44	1:53:54	0:37:18
16	4442	Kathleen Griffin	IRL - None	0:08:50	19	44:06	9:35	19	0:58:01	16	20.69	5:16	18	0:36:20	14	7:15	1:58:00	0:41:24
17	4420	Stephanie Keogan	IRL	0:06:02	10	30:06	7:18	15	1:05:24	19	18.35	4:24	17	0:35:09	11	7:01	1:58:16	0:41:40
DNF	4422	Margo Redmond	IRL		0			0		0			0		0			
DNF	4429	Mary Walsh	IRL		0			0		0			0		0			
DNF	4430	Suzanne Lyons	IRL		0			0		0			0		0			

2010 Athlone Triathlon European Championships

Results: Categories

Open: Try-a-tri: Open Women 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	4426	Hazel Kearney	IRL		0			0		0			0		0			
DNF	4427	Jillian O'connell	IRL		0			0		0			0		0			
DNF	4432	Riana Hardiman	IRL - Athlone Triclub		0			0		0			0		0			
DNF	4433	Aoife Matthews	IRL		0			0		0			0		0			
DNF	4438	Cathy O'shea	IRL		0			0		0			0		0			
DSQ	4440	Grainne Coghlan	IRL	0:05:31	7	27:33	6:42	13	0:41:26	2	28.96	3:01	6		0			
DSQ	4419	Aisling Mc Kenna	IRL	0:05:52	9	29:15	5:53	8	1:03:27	18	18.92	3:36	10		0			
DSQ	4506	Karina Carroll	IRL - Muckno Tri Club		0			0		0			0		0			

Open: Try-a-tri: Open Women 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4464	Mairead Murphy	IRL - na	0:05:41	9	28:21	5:44	4	0:42:49	3	28.03	2:54	2	0:24:52	1	4:58	1:21:57	
2	4469	Anne Lyng	IRL - Athenry AC	0:05:43	10	28:33	6:00	8	0:43:46	5	27.42	3:15	5	0:30:04	2	6:00	1:28:46	0:06:49
3	4463	Niamh Fleming	IRL - BLACKWATER	0:05:18	6	26:29	5:59	7	0:42:46	2	28.06	2:56	3	0:33:02	8	6:36	1:29:59	0:08:02
4	4450	Frankie Kelleher	IRL	0:07:39	23	38:13	4:22	1	0:46:41	12	25.71	2:26	1	0:30:05	3	6:00	1:31:11	0:09:14
5	4454	Jane Whelan	IRL	0:05:03	4	25:14	8:05	16	0:44:19	7	27.09	3:44	11	0:30:05	4	6:00	1:31:13	0:09:16
6	4470	Ciara Whelan	IRL	0:06:07	12	30:30	7:34	13	0:44:11	6	27.16	3:29	8	0:30:59	6	6:11	1:32:18	0:10:21
7	4458	Clare Hyland Doyle	IRL	0:07:32	22	37:35	7:35	14	0:45:25	10	26.43	3:34	9	0:30:05	5	6:00	1:34:09	0:12:12
8	4462	Catherine Clarke	IRL	0:04:39	3	23:15	4:57	2	0:45:38	11	26.30	4:46	17	0:34:54	11	6:58	1:34:52	0:12:55
9	4446	Edel Clarke	IRL	0:06:41	16	33:23	5:01	3	0:46:56	13	25.57	2:57	4	0:33:19	9	6:39	1:34:52	0:12:55
10	4468	Bridget Whelan	IRL	0:05:16	5	26:17	8:18	18	0:46:57	14	25.57	3:40	10	0:32:55	7	6:34	1:37:03	0:15:06
11	4449	Elizabeth Bracken	IRL	0:05:24	7	26:55	6:11	9	0:47:16	15	25.39	3:23	6	0:35:56	13	7:11	1:38:08	0:16:11
12	4457	Bridget Carroll	IRL - none	0:06:52	18	34:17	6:25	10	0:45:04	9	26.63	5:29	21	0:34:22	10	6:52	1:38:10	0:16:13
13	4448	Shauna Brady	IRL	0:08:09	24	40:44	7:35	15	0:41:02	1	29.25	5:29	22	0:37:23	14	7:28	1:39:36	0:17:39
14	4447	Maeve Butler	IRL	0:05:35	8	27:51	8:27	19	0:43:34	4	27.55	7:07	24	0:35:24	12	7:04	1:40:04	0:18:07
15	4471	Sharon Hayden	IRL	0:04:33	2	22:42	5:50	6	0:44:49	8	26.78	3:28	7	0:51:13	22	10:14	1:49:51	0:27:54
16	4451	Caroline Griesbach	IRL	0:07:16	21	36:18	8:45	20	0:54:20	18	22.09	4:00	12	0:37:25	15	7:28	1:51:45	0:29:48
17	4444	Clare O'Kelly	IRL	0:06:35	15	32:51	11:31	24	0:50:19	16	23.86	5:16	20	0:38:42	17	7:44	1:52:20	0:30:23
18	4452	Fiona Kelly	IRL	0:06:29	14	32:21	9:58	22	0:53:01	17	22.63	5:44	23	0:38:42	16	7:44	1:53:52	0:31:55
19	4459	Etain Mc Cooley	IRL	0:04:27	1	22:14	11:09	23	0:55:56	20	21.46	4:37	15	0:40:02	19	8:00	1:56:09	0:34:12
20	4455	Lisa Hillman	IRL	0:06:21	13	31:41	5:47	5	0:55:49	19	21.50	4:31	14	0:44:15	21	8:50	1:56:41	0:34:44
21	4465	Margaret Collins Walsh	IRL	0:07:01	19	35:01	7:32	12	1:00:02	23	19.99	4:13	13	0:39:23	18	7:52	1:58:09	0:36:12
22	4460	Susan Lynch	IRL	0:06:44	17	33:40	7:26	11	1:00:11	24	19.94	5:04	19	0:43:11	20	8:38	2:02:35	0:40:38
DNF	4466	Alison Baker Kerrigan	IRL		0			0		0			0		0			
DNF	4467	Bernadette McNicholas	IRL		0			0		0			0		0			
DNF	4453	Carol Conlon	IRL		0			0		0			0		0			
DNF	4445	Maire Murray	IRL		0			0		0			0		0			
DSQ	4548	Susan Brady	IRL	0:06:04	11	30:19	8:13	17	0:56:55	21	21.09	4:59	18		0			
DSQ	4456	Catrina Sweeney	IRL	0:07:06	20	35:27	8:47	21	0:58:12	22	20.62	4:42	16		0			

Open: Try-a-tri: Open Women 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4472	Martina Colville	IRL - Wicklow Triathlon Club	0:04:41	2	23:25	4:24	1	0:41:14	1	29.10	2:35	1	0:27:06	1	5:25	1:19:58	
2	4479	Catherine Mccarthy	IRL		0			0		0			0	12:23:50	7	28:45	1:21:55	0:01:57
3	4473	Grainne Hennessy	IRL	0:06:31	4	32:32	6:21	3	0:46:51	4	25.62	4:04	3	0:32:53	2	6:34	1:36:38	0:16:40
4	4482	Fiona McNicholas	IRL	0:05:57	3	29:45	7:19	5	0:44:53	2	26.74	4:39	7	0:36:29	4	7:17	1:39:15	0:19:17
5	4476	Marie Silke	IRL	0:07:15	6	36:10	7:55	6	0:52:54	7	22.69	4:02	2	0:36:26	3	7:17	1:48:30	0:28:32
6	4474	Helen Murray	IRL	0:06:34	5	32:49	11:31	8	0:50:19	6	23.85	5:14	8	0:38:45	5	7:44	1:52:22	0:32:24
7	2401	Patricia Sugrue	IRL - None	0:28:08	8	20:37	6:17	2	0:45:25	3	26.43	4:34	5	0:39:51	6	7:58	2:04:14	0:44:16
DNF	4477	Deirdre Lenoach	IRL		0			0		0			0		0			
DNF	4480	Tish Mccann	IRL		0			0		0			0		0			

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Results: Categories

Open: Try-a-tri: Open Women 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	4481	Liz Mchugh	IRL		0			0		0			0		0			
DSQ	4475	Jane Hannin	IRL	0:04:01	1	20:04	7:10	4	0:47:51	5	25.08	4:10	4		0			
DSQ	4478	Marie Tierney	IRL	0:07:27	7	37:14	9:30	7	1:04:48	8	18.52	4:37	6		0			

Open: Try-a-tri: Open Women 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4483	Michelle McNicholas	IRL	0:05:21	1	26:43	7:55	3	0:47:23	1	25.33	3:35	1	0:40:00	2	7:59	1:44:12	
2	4484	Avril Dwyer	IRL	0:05:49	3	29:04	7:48	2	0:55:03	4	21.80	4:37	3	0:36:58	1	7:23	1:50:13	0:06:01
3	4487	Colette Kenny	IRL	0:07:22	5	36:48	8:45	4	0:54:12	3	22.15	4:16	2	0:42:02	3	8:24	1:56:35	0:12:23
4	4485	Cliona Baker	IRL	0:05:49	2	29:00	7:16	1	0:51:44	2	23.20	5:42	5	0:46:32	4	9:18	1:57:01	0:12:49
DSQ	4486	Lorna Baker Kenny	IRL	0:05:57	4	29:40	11:09	5	0:56:57	5	21.07	5:12	4		0			

Open: Try-a-tri: Open Women 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4488	Sandra O'connor	IRL	0:06:01	1	30:01	8:35	1	0:46:04	1	26.05	3:36	1	0:33:24	1	6:40	1:37:39	
2	4489	Colette Kane	IRL	0:07:23	2	36:52	9:15	2	0:50:11	2	23.92	3:56	2	0:40:29	2	8:05	1:51:13	0:13:34
DNF	4490	Bridie Thomas	IRL	0:11:29	3	57:21	9:31	3	1:12:10	3	16.63	5:04	3		0			

Open: Try-a-tri: Open Men 14-15

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4004	Liam Belton	IRL	0:04:26	1	22:05	4:12	1	0:38:10	1	31.45	2:32	1	0:24:21	1	4:52	1:13:39	
2	4005	Daniel James Dwyer	IRL		0			0		0			0	11:59:05	3	23:49	1:32:03	0:18:24
3	4549	Sam Power	IRL	0:05:30	2	27:25	5:48	3	0:51:32	2	23.29	3:12	2	0:33:43	2	6:44	1:39:42	0:26:03
DSQ	4003	Gavin Quirke	IRL	0:05:59	3	29:53	5:18	2	0:52:18	3	22.95	4:14	3		0			

Open: Try-a-tri: Open Men 16-19

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4010	Luke Munro	IRL	0:05:16	3	26:19	3:55	1	0:40:01	1	30.00	2:18	1	0:27:38	2	5:31	1:19:05	
2	4008	Daniel Murphy	IRL	0:03:35	1	17:54	4:20	2	0:41:21	2	29.03	2:49	4	0:28:30	3	5:41	1:20:34	0:01:29
3	4555	Fionn Lynch	IRL	0:04:17	2	21:24	6:45	4	0:44:43	4	26.84	2:46	2	0:24:42	1	4:56	1:23:12	0:04:07
4	4007	Keith Geraghty	IRL	0:05:41	4	28:21	6:43	3	0:43:06	3	27.84	2:48	3	0:31:56	4	6:23	1:30:13	0:11:08
5	4009	Brian Durnin	IRL	0:07:42	5	38:25	8:58	5	0:57:25	5	20.90	5:10	5	0:39:00	5	7:47	1:58:12	0:39:07
DNF	4011	Andrew Brady	IRL		0			0		0			0		0			
DNF	4006	Christopher Brady	IRL		0			0		0			0		0			

Open: Try-a-tri: Open Men 20-24

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4012	Darach Finnegan	IRL - Belpark	0:03:49	2	19:01	4:50	1	0:41:41	2	28.80	3:26	2	0:29:10	2	5:49	1:22:54	
2	4018	Ciaran Harte	IRL	0:06:01	3	30:04	5:40	2	0:37:40	1	31.87	3:02	1	0:32:32	4	6:30	1:24:53	0:01:59
3	4016	Shane Anglim	IRL	0:03:42	1	18:26	8:46	4	0:42:12	3	28.45	3:37	4	0:30:29	3	6:05	1:28:43	0:05:49
4	4013	Kealan Smith	IRL	0:08:55	4	44:34	6:30	3	0:44:13	4	27.15	3:28	3	0:27:13	1	5:26	1:30:17	0:07:23
DNF	4014	James F Byrne	IRL		0			0		0			0		0			
DNF	4015	Iain Kilbane	IRL		0			0		0			0		0			
DNF	4017	Eoin Connors	IRL - n/a		0			0		0			0		0			

Open: Try-a-tri: Open Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4069	Ollie Gray	IRL	0:03:36	4	17:58	3:16	1	0:34:00	1	35.30	2:07	6	0:22:55	2	4:34	1:05:51	
2	4078	Neal Buckley	IRL	0:05:09	30	25:40	3:25	4	0:34:23	2	34.90	2:13	8	0:22:45	1	4:32	1:07:52	0:02:01
3	4030	Craig Harding	IRL	0:03:29	3	17:21	3:39	7	0:36:58	4	32.47	2:56	33	0:24:09	7	4:49	1:11:08	0:05:17

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Results: Categories

Open: Try-a-tri: Open Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
4	4031	Christopher Armstrong	GBR	0:04:10	13	20:48	3:26	5	0:36:44	3	32.68	2:22	13	0:24:58	13	4:59	1:11:38	0:05:47
5	4056	Marcisz Lison	POL	0:03:53	5	19:24	4:53	25	0:37:37	6	31.91	1:56	1	0:23:57	5	4:47	1:12:15	0:06:24
6	4033	David Walsh	IRL	0:04:25	18	22:04	4:15	13	0:39:53	15	30.09	2:04	4	0:23:26	4	4:41	1:14:02	0:08:11
7	4493	James Fegan	IRL	0:04:08	12	20:39	4:23	15	0:38:15	8	31.39	2:42	25	0:24:59	14	4:59	1:14:25	0:08:34
8	4082	Conor Butler	IRL	0:05:32	38	27:38	3:52	9	0:41:00	25	29.28	2:06	5	0:23:02	3	4:36	1:15:30	0:09:39
9	4021	Owen Keane	IRL - 3 Rock Tri	0:04:30	19	22:26	3:18	2	0:37:50	7	31.73	2:34	19	0:27:32	24	5:30	1:15:42	0:09:51
10	4072	David Cuddy	IRL	0:04:56	27	24:37	4:46	21	0:39:15	11	30.58	2:34	20	0:24:14	8	4:50	1:15:43	0:09:52
11	4494	Kent Swann	GBR - unattached	0:03:57	8	19:44	4:01	10	0:42:38	37	28.15	2:24	14	0:24:08	6	4:49	1:17:08	0:11:17
12	4063	Niall Smith	IRL	0:05:33	39	27:42	4:13	12	0:41:20	26	29.03	1:58	2	0:24:28	10	4:53	1:17:30	0:11:39
13	4049	Neil Keegan	IRL	0:07:12	52	35:56	3:31	6	0:38:42	10	31.01	2:18	11	0:26:17	18	5:15	1:17:58	0:12:07
14	4047	Kieran Burke	IRL	0:05:56	42	29:36	4:36	17	0:40:30	22	29.64	3:32	45	0:24:30	11	4:53	1:19:03	0:13:12
15	4020	Ian Mcloughlin	IRL	0:05:37	40	28:01	4:52	23	0:40:08	18	29.91	2:35	21	0:26:13	17	5:14	1:19:23	0:13:32
16	4068	Tim Flannery	IRL	0:04:21	17	21:40	5:37	33	0:40:03	16	29.97	2:30	16	0:27:02	20	5:24	1:19:30	0:13:39
17	4024	Jack Doyle	IRL	0:04:20	16	21:38	4:11	11	0:44:52	46	26.75	2:02	3	0:24:17	9	4:51	1:19:41	0:13:50
18	4022	Kevin Doyle	IRL	0:03:57	7	19:43	4:38	18	0:42:25	34	28.30	2:52	31	0:25:54	15	5:10	1:19:44	0:13:53
19	4029	Nicholas Burke	IRL	0:04:06	10	20:28	6:38	47	0:41:37	27	28.84	2:46	28	0:24:44	12	4:56	1:19:49	0:13:58
20	4065	Eoin Kennedy	IRL	0:05:27	36	27:13	5:01	26	0:40:19	20	29.77	2:15	9	0:27:06	21	5:25	1:20:06	0:14:15
21	4057	Donal Mccormack	IRL - Ballyfin TriAthlone	0:04:55	26	24:31	3:43	8	0:40:52	23	29.37	2:35	22	0:28:54	33	5:46	1:20:57	0:15:06
22	4051	Ronan Flood	IRL	0:03:16	2	16:18	4:44	20	0:42:28	35	28.27	3:32	44	0:27:34	25	5:30	1:21:32	0:15:41
23	4028	John Gallagher	IRL	0:05:14	32	26:09	7:40	54	0:37:36	5	31.92	3:42	47	0:27:38	26	5:31	1:21:49	0:15:58
24	4083	Andy Fleming	IRL	0:05:13	31	26:02	6:28	43	0:40:15	19	29.82	2:30	17	0:27:27	23	5:29	1:21:51	0:16:00
25	4052	Glenn Worley	IRL	0:04:53	25	24:21	6:36	46	0:41:38	28	28.83	2:15	10	0:26:57	19	5:23	1:22:17	0:16:26
26	4061	Paul Nally	IRL	0:04:35	20	22:54	7:51	55	0:38:30	9	31.17	3:56	50	0:27:49	27	5:33	1:22:39	0:16:48
27	4054	Stephen Nolan	IRL	0:02:46	1	13:49	3:24	3	0:46:48	49	25.64	2:27	15	0:27:16	22	5:27	1:22:40	0:16:49
28	4071	Ciaran O Raighne	IRL	0:06:27	46	32:14	5:42	34	0:39:23	13	30.47	2:40	23	0:28:49	30	5:45	1:23:00	0:17:09
29	4038	Lee Marshall	IRL	0:04:17	15	21:22	7:40	53	0:39:23	12	30.47	3:29	42	0:28:17	28	5:39	1:23:04	0:17:13
30	4048	Barry Hogan	IRL	0:05:04	29	25:18	6:05	38	0:40:04	17	29.96	3:29	43	0:28:54	34	5:46	1:23:34	0:17:43
31	4046	William Phelan	IRL	0:04:46	22	23:49	4:20	14	0:46:59	50	25.54	2:12	7	0:26:07	16	5:13	1:24:23	0:18:32
32	4032	Kieran Coughlan	IRL	0:05:23	35	26:53	5:23	28	0:40:24	21	29.70	3:16	39	0:30:07	40	6:01	1:24:31	0:18:40
33	4042	David Condon	IRL	0:04:08	11	20:36	7:11	50	0:40:58	24	29.30	4:14	53	0:28:25	29	5:40	1:24:54	0:19:03
34	4036	Emmet O' Connor	IRL	0:04:50	23	24:05	4:33	16	0:44:03	42	27.25	2:42	26	0:28:58	35	5:47	1:25:05	0:19:14
35	4066	Gary Marshall	IRL	0:04:37	21	23:04	7:12	51	0:42:11	33	28.46	3:12	38	0:29:50	39	5:57	1:27:00	0:21:09
36	4055	Dan Connery	IRL	0:04:03	9	20:13	5:31	31	0:41:38	29	28.83	3:11	37	0:33:39	45	6:43	1:28:01	0:22:10
37	4077	Will Carwood	IRL	0:07:57	54	39:43	5:30	30	0:42:30	36	28.24	2:50	30	0:29:22	37	5:52	1:28:07	0:22:16
38	4053	Colin Connolly	IRL	0:07:17	53	36:22	6:28	42	0:42:59	39	27.93	2:34	18	0:28:54	32	5:46	1:28:09	0:22:18
39	4079	Thomas Galvin	IRL	0:07:03	50	35:15	5:54	35	0:43:06	40	27.85	3:01	34	0:29:13	36	5:50	1:28:16	0:22:25
40	4086	Kristopher Perkin	IRL - None	0:04:53	24	24:20	6:06	39	0:44:19	44	27.08	3:05	35	0:31:04	41	6:12	1:29:25	0:23:34
41	4059	Justin O Rourke	IRL	0:05:23	34	26:50	6:04	37	0:44:08	43	27.20	2:41	24	0:32:54	44	6:34	1:31:08	0:25:17
42	4062	Jerome Sheerin	IRL	0:05:42	41	28:26	6:10	40	0:42:41	38	28.12	4:08	51	0:33:44	46	6:44	1:32:24	0:26:33
43	4050	Owen Cullen	IRL	0:05:20	33	26:37	5:33	32	0:41:56	30	28.62	4:25	54	0:35:25	48	7:04	1:32:37	0:26:46
44	4545	Cathal Feeney	IRL	0:06:10	45	30:49	6:31	45	0:46:19	47	25.92	4:12	52	0:29:39	38	5:55	1:32:49	0:26:58
45	4070	Barry Walsh	IRL	0:06:08	44	30:37	5:12	27	0:43:06	41	27.85	3:50	48	0:34:59	47	6:59	1:33:13	0:27:22
46	4074	Rory Quinn	IRL	0:06:49	48	34:02	4:48	22	0:46:44	48	25.68	3:11	36	0:32:46	43	6:33	1:34:16	0:28:25
47	4496	Morgan Fagg	IRL	0:05:03	28	25:14	6:12	41	0:42:05	31	28.52	4:58	55	0:37:06	51	7:25	1:35:22	0:29:31
48	4027	Brian Finnegan	IRL	0:03:55	6	19:31	4:53	24	0:44:50	45	26.77	2:46	27	0:39:04	52	7:48	1:35:26	0:29:35
49	4044	Stephen Lucey	IRL	0:08:15	55	41:14	8:56	56	0:48:03	52	24.98	3:55	49	0:28:53	31	5:46	1:38:01	0:32:10
50	4081	Eric Mullane	IRL	0:07:04	51	35:16	6:56	48	0:47:12	51	25.43	5:03	56	0:36:06	49	7:13	1:42:18	0:36:27
51	4041	Neil Ginty	IRL	0:08:46	56	43:47	6:31	44	0:49:13	54	24.39	3:21	40	0:36:24	50	7:16	1:44:13	0:38:22
52	4043	Paul Mc Gowan	IRL	0:06:06	43	30:28	7:03	49	0:55:48	56	21.51	2:55	32	0:32:27	42	6:29	1:44:16	0:38:25
DNF	4025	Niall Daly	IRL	0:04:13	14	21:04		0		0			0		0			
DNF	4023	Gary Chapman	IRL		0			0		0			0		0			
DNF	4019	Andrew Smith	IRL		0			0		0			0		0			

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Results: Categories

Open: Try-a-tri: Open Men 25-29

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	4045	Gerard Fallon	IRL - NOne		0			0		0			0		0			
DNF	4037	David Patton	GBR		0			0		0			0		0			
DNF	4039	David Farragher	IRL - tri lakes		0			0		0			0		0			
DNF	4040	Thomas Harper	GBR		0			0		0			0		0			
DNF	4034	Ray Byrne	IRL		0			0		0			0		0			
DNF	4035	Kevin Griffith	IRL		0			0		0			0		0			
DNF	4060	Stephen Scanlon	IRL		0			0		0			0		0			
DNF	4058	Colm Durkan	IRL		0			0		0			0		0			
DNF	4080	Jack Higgins	IRL		0			0		0			0		0			
DNF	4076	John Killeen	IRL		0			0		0			0		0			
DNF	4067	Justin Barry	IRL		0			0		0			0		0			
DNF	4064	Paul O Siochain	IRL		0			0		0			0		0			
DSQ	4084	Shane Hughes	IRL	0:06:56	49	34:39	4:43	19	0:39:48	14	30.16	2:49	29		0			
DSQ	4075	Shane Redmond	IRL	0:05:29	37	27:21	5:29	29	0:42:08	32	28.48	2:21	12		0			
DSQ	4026	Paul Garvey	IRL	0:06:35	47	32:53	6:04	36	0:48:34	53	24.71	3:26	41		0			
DSQ	4492	Paul Kinsella	IRL	0:14:42	57	13:30	7:37	52	0:50:28	55	23.78	3:33	46		0			
DSQ	4495	Alan Mcgeough	IRL		0			0		0			0		0			
DSQ	4073	Lee Kearney	IRL - none		0			0		0			0		0			

Open: Try-a-tri: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4114	Robbie Donovan	IRL	0:04:04	3	20:18	3:06	1	0:34:32	1	34.76	2:09	4	0:22:36	2	4:31	1:06:24	
2	4157	Darragh Killeen	IRL	0:04:46	18	23:48	3:25	4	0:35:06	2	34.20	2:16	9	0:23:03	3	4:36	1:08:34	0:02:10
3	4128	Gerard Mc Gowan	IRL	0:04:34	15	22:49	3:44	7	0:36:49	6	32.60	2:01	1	0:22:07	1	4:25	1:09:14	0:02:50
4	4095	Richard McMahon	IRL	0:04:17	9	21:20	3:11	2	0:35:50	3	33.50	2:03	2	0:24:30	10	4:53	1:09:47	0:03:23
5	4124	Peter Keegan	IRL	0:04:45	17	23:40	3:21	3	0:37:49	11	31.74	2:29	13	0:23:29	4	4:41	1:11:51	0:05:27
6	4092	Thomas Bryant	IRL - NZ	0:04:27	12	22:11	4:36	26	0:36:59	9	32.45	2:19	11	0:24:04	8	4:48	1:12:23	0:05:59
7	4143	Eugene Tangney	IRL	0:04:10	7	20:47	3:50	8	0:36:33	5	32.84	2:32	16	0:25:31	15	5:06	1:12:33	0:06:09
8	4113	Chris Scott	IRL	0:04:31	14	22:34	3:41	6	0:38:01	13	31.58	2:13	7	0:25:27	13	5:05	1:13:52	0:07:28
9	4111	Dave Peelo	IRL - Bodybyrne	0:07:26	56	37:08	4:34	24	0:35:50	4	33.50	2:46	23	0:23:51	7	4:46	1:14:24	0:08:00
10	4091	Denis Keegan	IRL	0:04:54	20	24:26	4:30	22	0:37:58	12	31.61	3:17	41	0:24:06	9	4:49	1:14:42	0:08:18
11	4141	Gerard Mc Ardle	IRL	0:04:07	6	20:31	4:25	18	0:38:27	16	31.21	2:10	5	0:25:56	16	5:11	1:15:02	0:08:38
12	4160	Daniel Shanahan	IRL	0:05:42	37	28:26	3:32	5	0:39:11	19	30.63	2:33	19	0:24:30	11	4:53	1:15:26	0:09:02
13	4101	Micheal McCormack	IRL	0:04:22	10	21:49	5:26	39	0:38:06	14	31.50	2:10	6	0:25:27	14	5:05	1:15:31	0:09:07
14	4156	Simon Pilkington	IRL	0:04:06	4	20:29	4:14	15	0:41:22	31	29.02	2:32	15	0:23:40	6	4:43	1:15:53	0:09:29
15	4133	Patrick Mulroe	IRL	0:05:38	34	28:07	3:50	10	0:36:57	8	32.48	2:51	29	0:27:49	30	5:33	1:17:03	0:10:39
16	4097	David Moran	IRL	0:07:18	54	36:29	4:23	16	0:38:52	18	30.88	3:07	39	0:24:41	12	4:56	1:18:20	0:11:56
17	4130	Ciaran Mcnamara	IRL	0:05:55	38	29:33	4:30	23	0:38:25	15	31.24	2:32	17	0:27:22	27	5:28	1:18:42	0:12:18
18	4152	Adrian Flanagan	IRL	0:04:54	21	24:29	4:00	12	0:38:39	17	31.05	3:18	42	0:28:15	35	5:38	1:19:05	0:12:41
19	4103	Stephen Perry	IRL	0:08:58	60	44:47	4:13	14	0:36:55	7	32.51	2:31	14	0:26:31	21	5:18	1:19:06	0:12:42
20	4107	Pj Byrne	IRL	0:05:12	29	25:57	4:23	17	0:40:32	27	29.61	2:50	28	0:26:11	19	5:14	1:19:06	0:12:42
21	4146	Robert Davidson	GBR	0:04:02	2	20:06	3:50	9	0:41:39	33	28.81	2:49	26	0:27:53	33	5:34	1:20:11	0:13:47
22	4106	Tomas O Connor	IRL - N/A	0:04:28	13	22:19	4:35	25	0:42:03	36	28.54	2:57	33	0:26:13	20	5:14	1:20:15	0:13:51
23	4098	Colm O'hagan	IRL	0:04:59	24	24:50	5:17	36	0:37:12	10	32.26	3:38	49	0:29:21	43	5:52	1:20:26	0:14:02
24	4131	Gerard Cullen	IRL	0:05:16	31	26:20	5:03	31	0:39:55	24	30.06	2:36	20	0:28:02	34	5:36	1:20:52	0:14:28
25	4115	Conor O'grady	IRL	0:06:00	40	29:55	4:29	21	0:39:24	22	30.46	2:46	22	0:28:21	36	5:40	1:20:57	0:14:33
26	4140	Mark Moran	IRL	0:05:57	39	29:43	5:25	38	0:40:21	26	29.74	3:26	44	0:25:56	17	5:11	1:21:04	0:14:40
27	4499	Denis Moran	IRL - ATC	0:10:19	63	51:32	4:41	28	0:39:48	23	30.15	2:49	27	0:23:32	5	4:42	1:21:07	0:14:43
28	4109	Brian Mccrossan	IRL	0:04:14	8	21:08	4:29	20	0:43:05	44	27.86	2:16	10	0:27:50	32	5:33	1:21:53	0:15:29
29	4119	John Vaughan	IRL - N/A	0:04:51	19	24:11	4:42	29	0:39:19	20	30.52	3:35	48	0:30:25	52	6:04	1:22:50	0:16:26
30	4497	Robbie Aherne	IRL	0:05:39	36	28:14	5:24	37	0:43:05	45	27.86	2:25	12	0:26:42	22	5:20	1:23:14	0:16:50
31	4127	Denis Ryan	IRL	0:05:22	32	26:45	5:14	32	0:41:11	29	29.14	3:02	35	0:28:37	41	5:43	1:23:24	0:17:00

2010 Athlone Triathlon European Championships

Results: Categories

Open: Try-a-tri: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
32	4148	Darren Tormey	IRL	0:06:15	42	31:15	4:26	19	0:42:24	39	28.31	2:13	8	0:28:23	38	5:40	1:23:39	0:17:15
33	4155	Frank Duignan	IRL - Defeet Hurts	0:08:04	58	40:17	4:51	30	0:40:18	25	29.78	3:25	43	0:27:04	24	5:24	1:23:41	0:17:17
34	4158	Brian Reid	IRL	0:03:51	1	19:14	5:16	35	0:44:36	54	26.91	2:52	30	0:27:31	29	5:30	1:24:05	0:17:41
35	4154	Joseph Bartley	IRL	0:05:11	28	25:53	5:46	44	0:42:59	42	27.92	4:46	61	0:26:00	18	5:11	1:24:40	0:18:16
36	4099	Dominic Muldon	IRL	0:07:21	55	36:43	5:39	43	0:39:21	21	30.50	3:03	36	0:30:33	53	6:06	1:25:55	0:19:31
37	4105	Mel Mcgerr	IRL - Athlone		0			0		0			0	11:59:50	64	23:58	1:26:47	0:20:23
38	4104	Martin Flynn	IRL	0:04:24	11	21:56	5:33	40	0:42:50	40	28.02	4:07	55	0:30:00	49	5:59	1:26:52	0:20:28
39	4601	Michael Curley	IRL	0:06:20	44	31:37	5:52	47	0:44:16	51	27.11	3:34	47	0:27:25	28	5:28	1:27:25	0:21:01
40	4117	Graham Ross	IRL	0:04:59	25	24:54	6:52	53	0:43:17	47	27.73	4:20	58	0:28:25	39	5:40	1:27:51	0:21:27
41	4088	Jeff Mcguigan	IRL	0:07:08	51	35:39	5:36	41	0:43:52	49	27.36	2:56	31	0:29:21	44	5:52	1:28:52	0:22:28
42	4096	Gene Woods	IRL	0:08:31	59	42:31	5:50	46	0:41:35	32	28.86	3:15	40	0:29:45	47	5:56	1:28:53	0:22:29
43	4139	Tony Kuss	IRL	0:06:32	48	32:36	5:56	48	0:44:57	56	26.70	4:06	54	0:27:49	31	5:33	1:29:17	0:22:53
44	4165	Damian Mchugh	IRL - N/A	0:04:56	22	24:36	8:27	63	0:42:07	37	28.50	5:29	65	0:28:21	37	5:40	1:29:18	0:22:54
45	4162	Seamus Mitchell	IRL	0:09:25	62	47:03	5:59	49	0:42:57	41	27.94	2:46	24	0:28:30	40	5:41	1:29:35	0:23:11
46	4144	Lenny Mccarthy	IRL - WildGeese	0:06:04	41	30:19	7:25	58	0:43:04	43	27.87	4:09	56	0:29:24	45	5:52	1:30:04	0:23:40
47	4153	Fergal Finnerty	IRL - Defeet Hurts	0:07:38	57	38:09	5:16	34	0:44:49	55	26.78	2:45	21	0:30:00	50	6:00	1:30:27	0:24:03
48	4123	Eoin Whelan	IRL	0:07:01	49	35:02	5:16	33	0:42:20	38	28.35	2:33	18	0:33:49	63	6:45	1:30:57	0:24:33
49	4120	Peter Sarsfield	IRL	0:05:14	30	26:08	5:38	42	0:45:40	60	26.28	3:31	46	0:31:33	54	6:18	1:31:35	0:25:11
50	4112	Edmund Moran	IRL	0:07:06	50	35:25	7:15	57	0:41:47	34	28.73	3:04	37	0:33:46	62	6:45	1:32:55	0:26:31
51	4137	Ray Stankard	IRL	0:11:24	64	56:58	8:15	61	0:40:56	28	29.33	3:41	50	0:29:15	42	5:50	1:33:28	0:27:04
52	4142	Neil Halligan	IRL - The Slans	0:04:41	16	23:23	4:39	27	0:54:13	65	22.14	3:04	38	0:27:09	25	5:25	1:33:44	0:27:20
53	4145	Paul Moloney	IRL	0:05:33	33	27:43	6:31	51	0:45:40	59	26.28	3:27	45	0:32:36	57	6:31	1:33:44	0:27:20
54	4540	Austin Kenny	IRL	0:12:34	65	2:45	7:03	55	0:43:10	46	27.80	4:11	57	0:27:11	26	5:26	1:34:07	0:27:43
55	4161	Paul Kinsella	IRL	0:07:10	52	35:48	5:47	45	0:46:45	63	25.68	4:56	62	0:29:36	46	5:55	1:34:12	0:27:48
56	4561	Francis Mcguire	IRL	0:05:39	35	28:14	7:08	56	0:43:23	48	27.66	4:27	60	0:33:40	61	6:44	1:34:16	0:27:52
57	4150	Steve O'donohue	IRL - N/A	0:04:57	23	24:42	6:21	50	0:50:09	64	23.93	2:48	25	0:30:14	51	6:02	1:34:27	0:28:03
58	4093	Dmitri Wall	IRL	0:06:29	46	32:20	7:00	54	0:45:53	62	26.16	5:26	63	0:29:52	48	5:58	1:34:37	0:28:13
59	4129	David O'donohoe	IRL	0:05:00	26	24:56	14:50	64	0:45:07	57	26.60	2:57	34	0:26:48	23	5:21	1:34:41	0:28:17
60	4108	Gerard Conway	IRL	0:06:18	43	31:29	7:35	59	0:45:41	61	26.28	3:50	51	0:32:22	56	6:28	1:35:44	0:29:20
61	4126	Owen Mansell	IRL	0:07:13	53	36:03	7:59	60	0:44:08	50	27.20	3:52	52	0:32:51	60	6:34	1:36:01	0:29:37
62	4118	Damien Harper	IRL	0:06:31	47	32:33	8:21	62	0:45:37	58	26.31	4:26	59	0:32:06	55	6:25	1:36:59	0:30:35
63	4159	Ciaran Mcneill	IRL	0:09:11	61	45:54	6:41	52	0:44:23	53	27.04	5:27	64	0:32:41	58	6:32	1:38:22	0:31:58
64	4135	Enda Prendergast	IRL	0:06:21	45	31:43	15:09	65	0:44:20	52	27.07	3:54	53	0:32:51	59	6:34	1:42:34	0:36:10
DNF	4136	Robert Campion	IRL		0			0		0			0		0			
DNF	4151	J Keely	IRL		0			0		0			0		0			
DNF	4149	Emer King	IRL - None		0			0		0			0		0			
DNF	4147	Brian Mcdonald	IRL		0			0		0			0		0			
DNF	4132	Adrian Charles	IRL		0			0		0			0		0			
DNF	4134	Gavin Murphy	IRL - Ballygunner		0			0		0			0		0			
DNF	4121	Michael Leonard	IRL		0			0		0			0		0			
DNF	4122	Garrett Mcguinness	IRL		0			0		0			0		0			
DNF	4125	Neil Murray	IRL - WildGeese		0			0		0			0		0			
DNF	4163	Paul Hannan	IRL		0			0		0			0		0			
DNF	4164	Barry Hooper	IRL		0			0		0			0		0			
DNF	4166	Colm Downes	IRL - Na		0			0		0			0		0			
DNF	4116	David Marshall	IRL		0			0		0			0		0			
DNF	4110	Marcin Sienicki	POL		0			0		0			0		0			
DNF	4102	Daragh Keany	IRL		0			0		0			0		0			
DNF	4100	David Caffrey	IRL		0			0		0			0		0			
DNF	4089	Mark Murphy	IRL - n/a		0			0		0			0		0			
DNF	4087	Liam Hancock	IRL		0			0		0			0		0			
DNF	4501	Shane Cullinane	IRL		0			0		0			0		0			

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Results: Categories

Open: Try-a-tri: Open Men 30-34

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DSQ	4138	Kevin Brennan	IRL	0:05:04	27	25:18	4:08	13	0:41:15	30	29.10	2:08	3	0				
DSQ	4090	Mark O'brien	IRL	0:04:06	5	20:30	3:51	11	0:41:52	35	28.67	2:56	32	0				
DSQ	4167	Barry Cosgrove	IRL		0			0		0			0	0				
DSQ	4498	Peter Cunningham	IRL		0			0		0			0	0				
DSQ	4500	Billy Watson	IRL - Chain Reaction Cycles		0			0		0			0	0				

Open: Try-a-tri: Open Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4200	Brian Duffy	IRL - n/a	0:04:40	7	23:17	3:44	5	0:36:40	3	32.74	3:16	21	0:21:19	1	4:15	1:09:37	
2	4183	Barry Redmond	IRL	0:04:48	9	23:56	3:38	4	0:36:14	2	33.12	2:40	6	0:23:44	2	4:44	1:11:02	0:01:25
3	4168	Peter Morrison	IRL - DUB RUNNERS	0:03:39	1	18:10	4:18	7	0:36:40	4	32.73	2:41	7	0:23:51	3	4:46	1:11:06	0:01:29
4	4195	Declan Moran	IRL	0:03:59	3	19:53	4:11	6	0:39:33	10	30.34	3:06	17	0:25:48	7	5:09	1:16:35	0:06:58
5	4212	Ben McPhillips	IRL - N/A	0:05:39	20	28:12	4:53	11	0:39:23	9	30.48	2:31	3	0:24:38	4	4:55	1:17:03	0:07:26
6	4209	Stuart Doyle	IRL	0:05:56	23	29:35	3:11	3	0:37:55	5	31.65	2:55	11	0:27:22	12	5:28	1:17:17	0:07:40
7	4187	Jimmy Germaine	IRL	0:04:43	8	23:33	5:00	14	0:40:20	13	29.76	2:10	2	0:25:36	6	5:07	1:17:47	0:08:10
8	4211	Matthew Collins	IRL	0:04:53	13	24:25	4:49	10	0:40:20	12	29.76	3:12	20	0:26:17	8	5:15	1:19:30	0:09:53
9	4198	Eoin Dunleavy	IRL - 3DTri	0:04:25	5	22:04	6:39	24	0:41:03	17	29.24	2:44	9	0:26:53	11	5:22	1:21:42	0:12:05
10	4203	Pat Fleming	IRL	0:05:56	22	29:35	4:45	9	0:38:42	7	31.02	2:58	13	0:30:02	19	6:00	1:22:20	0:12:43
11	4197	Ronan Guilfoyle	IRL - None	0:06:02	26	30:06	5:19	16	0:38:47	8	30.94	2:35	4	0:30:07	20	6:01	1:22:49	0:13:12
12	4204	Mark Kelly	IRL	0:04:51	12	24:15	4:31	8	0:40:06	11	29.93	3:01	15	0:30:36	23	6:07	1:23:03	0:13:26
13	4180	Oliver Tormey	IRL - WildGeese	0:08:46	31	43:50	6:55	27	0:38:00	6	31.58	5:03	34	0:25:17	5	5:03	1:24:00	0:14:23
14	4172	Adrian Lennon	IRL	0:05:11	16	25:54	6:37	23	0:41:49	18	28.70	5:26	36	0:26:20	9	5:15	1:25:21	0:15:44
15	4193	Kenny Colsh	IRL - athlone boat club	0:05:16	18	26:19	4:57	13	0:44:28	22	27.00	2:37	5	0:28:29	13	5:41	1:25:44	0:16:07
16	4191	John Hill	IRL	0:04:29	6	22:22	6:29	21	0:43:23	19	27.66	3:22	23	0:29:22	18	5:52	1:27:03	0:17:26
17	4171	Thomas Byrne	IRL	0:04:23	4	21:55	8:52	34	0:45:00	24	26.67	2:58	12	0:26:47	10	5:21	1:27:59	0:18:22
18	4208	Rino Giglione	IRL	0:04:48	10	23:57	8:55	35	0:40:42	16	29.48	3:18	22	0:30:41	24	6:08	1:28:22	0:18:45
19	4170	Donagh McCormack	IRL - n/a	0:05:16	17	26:18	5:58	20	0:43:45	20	27.43	4:30	33	0:28:55	15	5:46	1:28:22	0:18:45
20	4189	Keith Sheridan	IRL	0:04:51	11	24:11	4:55	12	0:45:19	26	26.49	2:55	10	0:31:30	26	6:17	1:29:27	0:19:50
21	4571	Charles Hegarty	IRL		0			0		0			0	12:31:27	34	30:17	1:29:32	0:19:55
22	4539	Brian O'neill	IRL - Nenagh Tri	0:03:42	2	18:27	3:06	2	0:49:03	32	24.47	2:42	8	0:31:46	27	6:21	1:30:17	0:20:40
23	4201	Jj O'kane	IRL	0:10:14	34	51:06	5:23	17	0:40:37	15	29.56	5:04	35	0:29:05	16	5:48	1:30:20	0:20:43
24	4207	Padraig Canty	IRL	0:05:57	24	29:40	7:21	30	0:44:33	23	26.94	3:02	16	0:30:32	22	6:06	1:31:23	0:21:46
25	4186	Darren Leavy	IRL	0:06:36	28	33:00	7:05	28	0:45:56	27	26.13	3:06	18	0:30:31	21	6:06	1:33:13	0:23:36
26	4173	Martin Tormey	IRL - wild geese	0:09:38	33	48:07	5:56	19	0:46:03	28	26.07	3:12	19	0:28:53	14	5:46	1:33:39	0:24:02
27	4182	Cathal Prendergast	IRL	0:06:11	27	30:54	8:41	33	0:44:24	21	27.03	3:51	29	0:34:44	30	6:56	1:37:49	0:28:12
28	4181	Leo Kiernan	IRL - none	0:05:09	15	25:40	5:03	15	0:53:17	35	22.52	2:59	14	0:32:21	28	6:28	1:38:47	0:29:10
29	4199	Paul Donovan	IRL	0:06:01	25	30:02	7:24	31	0:47:05	29	25.49	4:00	31	0:38:52	33	7:46	1:43:22	0:33:45
30	4179	Paul Dillon	IRL	0:08:02	30	40:07	7:40	32	0:50:35	33	23.73	4:30	32	0:36:15	31	7:14	1:47:00	0:37:23
31	4185	Patrick Hynes	IRL	0:09:34	32	47:45	6:44	25	0:50:58	34	23.55	3:39	26	0:36:33	32	7:18	1:47:27	0:37:50
32	4178	David Long	IRL - Wild Geese	0:05:51	21	29:14	10:54	36	0:57:35	36	20.84	3:43	28	0:32:30	29	6:29	1:50:31	0:40:54
33	2942	Peter Gilsean	IRL	1:40:04	35	20:18	6:33	22	0:40:25	14	29.70	3:56	30	0:29:21	17	5:52	3:00:16	1:50:39
34	3009	Nicholas Mcnicholas	IRL	1:44:46	36	43:48	6:49	26	0:47:15	30	25.40	3:30	24	0:31:15	25	6:14	3:13:33	2:03:56
DNF	4174	David Kennedy	IRL		0			0		0			0	0				
DNF	4175	Brian Codd	IRL		0			0		0			0	0				
DNF	4176	Clive Kearney	IRL - none		0			0		0			0	0				
DNF	4190	James Reidy	IRL		0			0		0			0	0				
DNF	4188	Jamie Mulleady	IRL		0			0		0			0	0				
DNF	4202	Eunan Martin	IRL		0			0		0			0	0				
DNF	4196	Ian Gillen	IRL		0			0		0			0	0				
DNF	4192	Stiana O'donoghue	IRL		0			0		0			0	0				
DNF	4194	Paul Mitchell	IRL		0			0		0			0	0				
DNF	4210	Stephen Reynolds	IRL		0			0		0			0	0				

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Results: Categories

Open: Try-a-tri: Open Men 35-39

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	4213	Andre Negri	IRL - WildGeese		0			0		0			0		0			
DNF	4502	Tadhg Debarra	IRL - Salmon Leap		0			0		0			0		0			
DSQ	4177	Damien Larkin	IRL - Athlone	0:07:05	29	35:21	2:45	1	0:35:03	1	34.24	2:08	1		0			
DSQ	4205	Scott Shaw	IRL	0:05:21	19	26:41	5:41	18	0:45:18	25	26.49	3:42	27		0			
DSQ	4169	Kevin Doherty	IRL - Wild Geese	0:05:04	14	25:18	7:15	29	0:47:25	31	25.31	3:36	25		0			

Open: Try-a-tri: Open Men 40-44

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4238	Brendon Jackson	GBR - ONE LIFE RACING	0:03:23	1	16:51	2:52	1	0:34:11	1	35.12	2:07	1	0:20:35	1	4:06	1:03:06	
2	4237	Donal Breen	IRL - Limerick TC	0:05:03	9	25:10	3:06	2	0:36:32	3	32.86	2:14	2	0:25:16	5	5:03	1:12:08	0:09:02
3	4227	Fergal Fannon	IRL	0:06:26	19	32:09	4:16	9	0:38:44	11	30.99	2:18	3	0:21:59	2	4:23	1:13:42	0:10:36
4	4240	William Deering	IRL	0:07:09	25	35:43	4:01	6	0:36:19	2	33.05	2:50	9	0:24:05	3	4:48	1:14:24	0:11:18
5	4249	Joseph Browne	IRL - Mount Temple		0			0		0			0	11:54:19	29	22:51	1:14:37	0:11:31
6	4230	Ray Mc Sharry	IRL - Athlone	0:04:20	5	21:39	3:40	4	0:37:31	6	32.00	2:45	7	0:27:06	8	5:25	1:15:20	0:12:14
7	4244	Seamus Byrne	IRL - Athlone Triathlon Club	0:04:47	8	23:51	5:53	19	0:37:13	4	32.25	3:20	15	0:24:39	4	4:55	1:15:50	0:12:44
8	4222	Fergus Quinn	IRL	0:04:42	7	23:28	3:44	5	0:38:30	9	31.17	2:44	6	0:28:46	17	5:45	1:18:24	0:15:18
9	4241	James Hardiman	IRL	0:06:20	17	31:37	5:08	13	0:38:34	10	31.12	2:28	4	0:26:08	6	5:13	1:18:36	0:15:30
10	4250	Hugh O Byrne	IRL	0:06:00	15	29:56	3:16	3	0:39:06	14	30.70	4:04	23	0:27:21	9	5:28	1:19:45	0:16:39
11	4245	Stephen Doyle	IRL	0:06:16	16	31:16	6:31	20	0:38:20	8	31.31	3:06	11	0:27:24	11	5:28	1:21:34	0:18:28
12	4234	Damian "fozzy" Griffin	IRL	0:05:11	11	25:54	7:57	25	0:37:17	5	32.20	5:16	28	0:26:49	7	5:21	1:22:29	0:19:23
13	4232	David MCGovern	IRL	0:04:18	4	21:28	6:48	21	0:40:44	18	29.47	3:32	19	0:27:24	10	5:28	1:22:44	0:19:38
14	4225	John Clarke	IRL	0:03:44	2	18:37	5:00	12	0:42:59	20	27.92	2:46	8	0:28:28	16	5:41	1:22:56	0:19:50
15	4247	Seamus Cahill	IRL	0:06:22	18	31:49	4:07	7	0:38:54	12	30.86	3:29	18	0:30:41	20	6:08	1:23:31	0:20:25
16	4220	Richard Ross	IRL	0:07:30	27	37:28	5:19	15	0:39:29	15	30.40	3:07	12	0:28:20	14	5:39	1:23:43	0:20:37
17	4218	Desmond Farrelly	IRL	0:06:35	21	32:53	6:52	22	0:38:19	7	31.33	4:58	27	0:28:26	15	5:41	1:25:08	0:22:02
18	4242	Eamon Walsh	IRL	0:07:15	26	36:11	5:52	18	0:39:03	13	30.74	3:21	16	0:29:49	18	5:57	1:25:18	0:22:12
19	4248	Ray Lowbridge	IRL	0:05:27	12	27:14	7:18	24	0:42:08	19	28.48	2:40	5	0:28:12	13	5:38	1:25:44	0:22:38
20	4214	John Reilly	IRL	0:06:54	22	34:29	4:40	11	0:43:54	22	27.34	3:19	14	0:28:11	12	5:38	1:26:56	0:23:50
21	4223	Paul O'connor	IRL	0:04:23	6	21:54	5:20	16	0:40:24	17	29.70	3:43	21	0:35:33	27	7:06	1:29:22	0:26:16
22	4216	Andy Fleming	IRL	0:05:39	13	28:10	4:20	10	0:44:00	23	27.28	4:48	26	0:30:44	21	6:08	1:29:28	0:26:22
23	4215	Kenneth Kelly	IRL - athlone	0:06:57	23	34:40	5:16	14	0:43:00	21	27.91	3:36	20	0:31:48	22	6:21	1:30:36	0:27:30
24	4231	Kevin Callaghan	IRL		0			0		0			0	12:16:28	30	27:17	1:36:46	0:33:40
25	4219	Robert Mccabe	IRL - Defence Forces	0:06:32	20	32:38	5:45	17	0:50:30	25	23.77	4:02	22	0:33:55	24	6:46	1:40:42	0:37:36
26	4217	Emmett Coulter	IRL	0:05:05	10	25:24	9:56	29	0:50:36	26	23.72	4:28	25	0:34:10	25	6:49	1:44:13	0:41:07
27	4236	Ian Munt	IRL - Athlone Triclub	0:05:51	14	29:13	8:43	28	0:52:37	28	22.81	5:21	29	0:32:33	23	6:30	1:45:04	0:41:58
28	4226	Martin Prendergast	IRL	0:09:43	28	48:33	6:52	23	0:54:58	29	21.84	3:08	13	0:30:39	19	6:07	1:45:18	0:42:12
29	4228	Coranne Heffernan	IRL	0:09:58	29	49:46	8:13	26	0:51:37	27	23.25	3:28	17	0:34:24	26	6:52	1:47:38	0:44:32
30	4233	Thomas Mcguinness	IRL	0:06:57	24	34:41	8:17	27	0:49:27	24	24.27	4:04	24	0:40:38	28	8:07	1:49:20	0:46:14
DNF	4235	Ray Clinton	IRL		0			0		0			0		0			
DNF	4239	John O Dwyer	IRL		0			0		0			0		0			
DNF	4243	Charlie O' Neill	IRL		0			0		0			0		0			
DNF	4246	Johannes Peeters	NED		0			0		0			0		0			
DNF	4224	Carlos Luna	IRL		0			0		0			0		0			
DNF	4221	David Czerniak	IRL		0			0		0			0		0			
DSQ	4229	John Bates	IRL	0:04:03	3	20:13	4:12	8	0:40:05	16	29.94	2:53	10		0			

Open: Try-a-tri: Open Men 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4266	Seamus Macsweeney	IRL	0:04:37	1	23:04	6:46	9	0:38:01	2	31.57	2:28	1	0:23:03	1	4:36	1:14:52	
2	4257	David Mee	IRL	0:05:21	3	26:40	5:14	3	0:42:38	7	28.15	2:55	2	0:28:54	2	5:46	1:25:00	0:10:08
3	4260	Mick Dillon	IRL	0:07:57	9	39:44	6:22	8	0:39:51	4	30.12	3:45	6	0:30:06	3	6:01	1:27:59	0:13:07

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Results: Categories

Open: Try-a-tri: Open Men 45-49

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
4	4253	Paul Freeman	IRL	0:07:11	7	35:51	5:32	6	0:40:37	5	29.56	4:12	9	0:31:01	4	6:12	1:28:31	0:13:39
5	4252	Conn Connolly	IRL	0:06:53	6	34:20	5:18	4	0:39:02	3	30.75	4:32	11	0:33:34	9	6:42	1:29:17	0:14:25
6	4251	Owen Silke	IRL	0:07:24	8	36:59	5:44	7	0:37:09	1	32.31	4:16	10	0:34:52	11	6:58	1:29:23	0:14:31
7	4256	John Farrelly	IRL	0:04:58	2	24:50	5:10	2	0:47:16	12	25.40	3:22	4	0:31:23	5	6:16	1:32:07	0:17:15
8	4255	David Coffey	IRL - N/A	0:08:38	11	43:06	5:26	5	0:42:10	6	28.46	3:12	3	0:35:13	12	7:02	1:34:38	0:19:46
9	4254	Damian Mooney	IRL	0:05:31	4	27:30	7:19	10	0:46:16	10	25.94	3:37	5	0:34:17	10	6:51	1:36:57	0:22:05
10	4258	Richard Timmins	IRL	0:06:03	5	30:13	8:39	11	0:46:56	11	25.58	4:04	7	0:33:14	8	6:38	1:38:54	0:24:02
11	4259	Michael McCormack	IRL	0:08:28	10	42:19	12:42	12	0:45:59	9	26.10	4:55	12	0:32:18	7	6:27	1:44:20	0:29:28
12	3305	Patrick Nugent	IRL - midland Tri	0:19:48	12	38:59	4:50	1	0:44:38	8	26.90	4:06	8	0:31:32	6	6:18	1:44:52	0:30:00
DNF	4503	Martin Murphy	IRL		0			0		0			0		0			

Open: Try-a-tri: Open Men 50-54

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4264	Gerard Deering	IRL	0:05:48	4	28:59	6:18	3	0:42:07	1	28.50	3:02	2	0:26:53	1	5:22	1:24:05	
2	4265	Matt Harte	IRL	0:04:51	2	24:12	5:27	1	0:43:49	2	27.39	3:26	3	0:29:01	3	5:48	1:26:32	0:02:27
3	4261	Martin Reidy	IRL	0:04:33	1	22:43	6:04	2	0:48:28	3	24.76	2:56	1	0:28:10	2	5:37	1:30:10	0:06:05
4	4262	Vincent Costello	IRL	0:05:38	3	28:08	9:59	4	0:51:16	4	23.41	9:59	4	0:37:41	4	7:32	1:54:31	0:30:26
DNF	4263	James Walsh	IRL		0			0		0			0		0			

Open: Try-a-tri: Open Men 55-59

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4272	Martin Carroll	IRL	0:05:35	1	27:54	3:31	1	0:38:50	2	30.91	2:49	1	0:28:19	1	5:39	1:19:02	
2	4268	Mick O'shea	IRL	0:05:41	2	28:22	6:05	2	0:37:23	1	32.11	4:03	3	0:28:46	2	5:45	1:21:56	0:02:54
3	4271	Harry Keating	IRL	0:08:14	4	41:06	8:13	3	0:47:57	3	25.03	3:36	2	0:38:11	3	7:38	1:46:08	0:27:06
4	4269	John Durnin	IRL	0:08:15	5	41:13	11:04	5	0:49:41	4	24.16	4:47	4	0:43:39	5	8:43	1:57:24	0:38:22
5	4270	John Finn	IRL	0:06:37	3	33:02	9:47	4	0:56:49	5	21.12	5:21	5	0:40:57	4	8:11	1:59:29	0:40:27
DNF	4267	Tom Larkin	IRL		0			0		0			0		0			

Open: Try-a-tri: Open Men 60-64

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4274	Norman Dungan	IRL - Athlone Triathlon Club	0:06:37	1	33:04	4:46	1	0:37:39	1	31.87	2:59	1	0:28:14	1	5:38	1:20:14	
DNF	4273	James Fleming	IRL		0			0		0			0		0			

Open: Relay (try-a-tri): Relay

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
1	4530	Paula Carberry & Andrew Cart	IRL	0:05:13	8	26:03	2:59	5	0:37:26	1	32.06	1:43	1	0:24:19	3	4:51	1:11:39	
2	4529	Anna Baltro & Michal Tarnas &	IRL - Sheraton Fitness	0:04:31	5	22:33	3:10	11	0:37:58	2	31.61	2:28	8	0:24:51	5	4:58	1:12:56	0:01:17
3	4512	David Briand & Bryan Kenny &	IRL	0:04:09	1	20:41	2:48	3	0:39:37	4	30.30	3:00	12	0:24:38	4	4:55	1:14:09	0:02:30
4	4525	Danika & Eimear Drea & Jasoi	IRL	0:05:34	10	27:45	3:06	8	0:42:45	8	28.08	1:53	3	0:23:40	2	4:43	1:16:56	0:05:17
5	4519	Paul Maher & Neill Mcmanus &	IRL - N/a	0:05:41	11	28:24	2:54	4	0:42:54	9	27.98	1:55	4	0:25:20	6	5:03	1:18:42	0:07:03
6	4511	Ruairi Byrne & Darragh Kelly &	IRL	0:05:01	7	25:01	4:42	16	0:46:17	13	25.94	1:52	2	0:23:16	1	4:39	1:21:05	0:09:26
7	4533	Colette Tobin & Denis Dowling	IRL	0:06:59	19	34:53	4:22	15	0:40:09	5	29.89	2:20	7	0:27:27	7	5:29	1:21:15	0:09:36
8	4514	Sean Kelly & Kevin Keaney &	IRL		0			0		0			0	12:31:05	15	30:13	1:21:51	0:10:12
9	4516	Shane Owens & Joe Dowling &	IRL	0:04:41	6	23:20	2:32	2	0:44:12	10	27.15	2:43	9	0:28:51	8	5:46	1:22:57	0:11:18
10	4535	Morne Hechter & Frank Hanra	IRL		0			0		0			0	12:32:12	16	30:26	1:22:58	0:11:19
11	4532	Tammie Smith & Sue Cleary &	IRL	0:04:17	3	21:22	5:00	18	0:42:21	6	28.35	2:51	10	0:32:32	10	6:30	1:27:00	0:15:21
12	4531	Clare O Shea & Helen Conna	IRL	0:05:47	13	28:54	3:08	10	0:46:14	12	25.96	2:06	5	0:29:54	9	5:58	1:27:07	0:15:28
13	4513	Paul O Connor & Aaron O Reil	IRL	0:04:09	2	20:43	3:07	9	0:44:14	11	27.13	2:13	6	0:35:41	12	7:08	1:29:23	0:17:44
14	4522	Dawn Olvera Smith & Helen-R	IRL	0:06:31	18	32:30	6:28	19	0:42:29	7	28.25	4:03	14	0:34:27	11	6:53	1:33:55	0:22:16
15	4538	Ursula O.neill & Loyola Lowry	IRL - none	0:07:19	20	36:34	6:49	20	0:38:51	3	30.89	2:56	11	0:43:22	14	8:40	1:39:16	0:27:37
16	4523	Ken Campbell & Linda Campb	IRL	0:05:44	12	28:37	2:30	1	0:56:01	18	21.42	3:53	13	0:35:45	13	7:08	1:43:50	0:32:11

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Results: Categories

Open: Relay (try-a-tri): Relay

Rank	RaceNo	Name	Nation+Club	Swim	#	min/km	T1	#	Bike	#	km/h	T2	#	Run	#	min/km	Time	Diff
DNF	4536	Lorraine Moran & Rosaleen Br	IRL	0:06:07	15	30:33	3:40	13	0:50:49	15	23.62	12:41	17		0			
DNF	4537	Hazel Doyle & Liz Nugent & P	IRL - n/a	0:06:22	17	31:49	3:46	14	0:50:24	14	23.81	12:47	18		0			
DNF	4526	Nick Jones & Bernadette Brad	IRL	0:04:21	4	21:41	3:05	7	1:02:52	20	19.09	6:29	15		0			
DNF	4518	Dorrie Browne & Michael Brow	MAD - NA	0:05:49	14	29:04	3:03	6	1:05:19	21	18.38	8:13	16		0			
DNF	4521	Sharon Roarke & Tj Doyle & M	IRL		0		10:23	21	0:55:19	17	21.70		0		0			
DNF	4528	Marese Gilhooley & Deirdre O	IRL	0:05:26	9	27:05	3:22	12	0:50:53	16	23.59		0		0			
DNF	4520	Caoimhe Doyle & Mel O Shea	IRL	0:06:14	16	31:06	4:48	17	1:01:33	19	19.50		0		0			
DNF	4517	David Butler & John Mcgann &	IRL		0			0		0			0		0			
DNF	4515	David Mcgourty & James Dunr	IRL - West Coast Wheelers		0			0		0			0		0			
DNF	4527	Orla Keenan & Siobhan Byrne	IRL - N/A		0			0		0			0		0			
DNF	4534	Brian O'neill & Micheal O'ho	IRL		0			0		0			0		0			